3

SUPERVISOR'S USE ONLY

91465



Level 3 Health, 2015 91465 Evaluate models for health promotion

9.30 a.m. Monday 16 November 2015 Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence		
Evaluate models for health promotion.	Evaluate, in depth, models for health promotion.	Evaluate, perceptively, models for health promotion.		

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91465R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

INSTRUCTIONS

Read **Resource Booklet 91465R** before answering the question in this booklet.

Refer to the resource material and the information given in the scenario below, as well as applying your own understanding of aspects of models for health promotion as they relate to being smokefree, when answering (a) and (b).

Scenario: A Smokefree School is More Than a Sign on the Gate

You are a Year 13 student attending Lang Beach High School. Your Health class has been studying health promotion and has been examining The Health Promotion Agency (HPA) of New Zealand's *Smokefree Schools Project*.

A debate has developed in your Health class about Lang Beach High School's claims to be "smokefree", when in fact there are a number of examples that suggest otherwise. Students smoke on the playing fields, several staff members have a cigarette in their cars during breaks, a number of the workmen building the new school gymnasium smoke during their breaks, and there are always a number of cigarette butts on the ground outside the school library after it has been used by a community group in the evenings.

At present, the school has the following strategies in place to ensure that the school environment is smokefree:

- 1. Quitline posters are pinned up around the school.
- 2. Health teachers provide lessons around the dangers of smoking.
- 3. The Lang Beach High School smokefree policy is stapled on the wall in the public reception area of the office.
- 4. Smokefree signs are pinned up near all the entrances to the school.
- 5. The school counsellor has pamphlets for giving up smoking on a stand outside her office.
- 6. The school nurse is available to offer advice and help to give up smoking.
- 7. A "rehabilitation" programme is enforced if you get caught smoking, which involves running around the school field and creating a PowerPoint presentation about the dangers of smoking.
- 8. The staffroom has "NO SMOKING" signs up on the wall.

The students in your Health class have decided it is time to take some action to improve the well-being of the school community by developing a "Smokefree Health Promotion Plan" that can be presented to the principal. Your class hopes that if their plan is implemented, Lang Beach will be a truly smokefree school, and that this will result in the improved well-being of all those within the school community.

QUESTION

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Read and refer to **Resource C** on page 3 of the resource booklet, which outlines three models for health promotion that your team could use to base their campaign on, when answering (a) and (b).

(a) Explain how the different models for health promotion are represented in the smokefree strategies **currently in place** at Lang Beach High School.

In your answer:

explain the advantages and disadvantages of the models currently represented

•	draw conclusions about their effectiveness for improving well-being				
•	discuss the likelihood of the school becoming completely smokefree as a result of the				
	models currently represented.				

Part (a) continues on the next page

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(b)	Explain what other health promotion strategies could be included in the "Smokefree Health Promotion Plan" to be presented to the Lang Beach High School Principal.				
	Your explanation should evaluate which models and supporting documents are represented in your strategies, and how these strategies would lead to the improved well-being of the whole school community.				

Part (b) continues on the next page

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