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SUPERVISOR'S USE ONLY

Tick this box if you  
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## Level 1 Health 2022

### 90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

Credits: Four

| Achievement  | Achievement with Merit  | Achievement with Excellence  |
|--|---|--|
| Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations. | Demonstrate in-depth understanding of issues to make health-enhancing decisions in drug-related situations. | Demonstrate comprehensive understanding of issues to make health-enhancing decisions in drug-related situations. |

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 90975R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (XXXX). This area may be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

**INSTRUCTIONS**

Refer to the scenario and resources in the resource booklet, as well as your own knowledge about **alcohol**, to answer all parts of the question.

Space for planning is provided below.

**PLANNING**

**QUESTION**

Read the scenario on page 2 of the resource booklet.

- (a) Identify THREE factors (personal, interpersonal, and societal) from the scenario, and explain how they could have influenced Alex's choices about drinking alcohol.

Personal factor: \_\_\_\_\_

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Interpersonal factor: \_\_\_\_\_

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Societal factor: \_\_\_\_\_

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(c) Explain how and why the misuse of alcohol could **negatively** impact on the well-being of teenagers like Alex and friends.

In your response:

- refer to Resource B and your own knowledge around alcohol
- consider the four dimensions of well-being and how they interconnect.

- (d) (i) Recommend TWO health-enhancing actions a school could use to educate students about alcohol safety.

Action (1): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Action (2): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- (ii) Which of these health-enhancing actions would be the most effective for improving the overall well-being of teenagers like Alex and friends?

Justify your choice by explaining:

- how the action would be health-enhancing for teenagers
- how the action influences the four dimensions of well-being, and how these interconnect.

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Extra space if required.  
Write the question number(s) if applicable.

QUESTION  
NUMBER

90975