2

91304



SUPERVISOR'S USE ONLY

## Level 2 Home Economics, 2014

# 91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 pm Friday 21 November 2014 Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

#### You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–11 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

#### **INSTRUCTIONS**

In this examination, you are asked to critically evaluate three health-promoting strategies designed to address a nutritional need.

**Health promotion** is: "The process of enabling people to increase control over, and to improve their health".

A quote from the World Health Organisation's Ottawa Charter, 1986.

Three models for health promotion that can be used to achieve effective health action are:

- 1. Behaviour change
- 2. Collective action
- 3. Self-empowerment.

Use this information, as well as the scenario and strategies in **Resource Booklet 91304R**, when answering (a)–(c).

In your answers, discuss:

- how each strategy can help individuals and groups of people to improve their health
- who is involved in the strategy, and their part in the change
- the attitude and values of the community involved in the strategies
- the models of health promotion.

Space for planning your answers has been provided on page 3.

PLANNING	ASSESSOR'S USE ONLY

### **QUESTION**

ASSES	SOR'S
USE C	NLY

(i)	Describe how this strategy would encourage New Zealanders to prepare and serve
( )	nutritious, tasty food to their families.
/::\	Evaluate the official area of this strategy is relative to the following factors.
(ii)	<ul><li>Evaluate the effectiveness of this strategy in relation to the following factors:</li><li>social support</li></ul>
	• economic
	environmental (physical access).
	Consider who is involved in the strategy when including examples to support your answer.

ASSESSOR'S USE ONLY

Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	
Discuss the limitations and the benefits of this strategy, considering the values of the people involved.	

<ul> <li>(ii) Evaluate the effectiveness of this strategy in relation to the following factors: <ul> <li>social support</li> <li>economic</li> <li>environmental (physical access).</li> </ul> </li> <li>Consider who is involved in the strategy when including examples to support your answer.</li> </ul>	(i)	Describe how this strategy would encourage New Zealanders to prepare and serve nutritious, tasty food to their families.
<ul> <li>social support</li> <li>economic</li> <li>environmental (physical access).</li> </ul> Consider who is involved in the strategy when including examples to support your		
<ul> <li>social support</li> <li>economic</li> <li>environmental (physical access).</li> </ul> Consider who is involved in the strategy when including examples to support your		
<ul> <li>environmental (physical access).</li> <li>Consider who is involved in the strategy when including examples to support your</li> </ul>	(ii)	social support
		<ul> <li>environmental (physical access).</li> <li>Consider who is involved in the strategy when including examples to support your</li> </ul>

		ASSESSOR'S USE ONLY
(iii)	Discuss the limitations and the benefits of this strategy, considering the attitudes and values of the people involved.	

	lustify which of your chosen strategies from (a) and (b) would be <b>more effective</b> in ensuring hat New Zealand families plan, prepare, and eat nutritious, tasty food to meet their nutritional needs.
	Challenge the effectiveness of your two chosen strategies, considering the models of health promotion listed on page 2 of this booklet.
ı	nclude detailed reasons to support your answer.

ASSESSOR'S USE ONLY

	Extra space if required.
DUESTION	Write the question number(s) if applicable.
QUESTION NUMBER	

NIESTION	I	Write the	nce if requir	ed. if applicable	<b>)</b> .		ASSESSOR'S USE ONLY
QUESTION NUMBER							