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SUPERVISOR'S USE ONLY

91304



Level 2 Home Economics, 2012

91304 Evaluate health promoting strategies designed to address a nutritional need

9.30 am Friday 23 November 2012 Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL the questions in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–12 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

You are advised to spend 60 minutes answering the questions in this booklet.

INSTRUCTIONS

In this examination, you are asked to critically evaluate health-promoting strategies designed to address a nutritional need.

Read the scenario below and refer to it, and the resources in Resource Booklet 91304R, when answering the questions in this booklet.

Taranaki College Scenario

Students in a Year 12 Home Economics class at Taranaki College have been learning about the nutritional need for water, and the ways they could promote and encourage the consumption of water over alternatives. After conducting surveys with two Year 9 classes, and two Year 10 classes, they found that environmental (physical access), economic, and social factors, all affected how much water the students were drinking. Some students felt that it was simply just easier to buy a soft drink or energy drink on the way to school, or purchase a beverage from the canteen at lunchtime.

As a result of the surveys, the Year 12 class split into three groups, with each group devising a different health-promoting strategy to encourage the consumption of water in preference to other beverages.

Use page 4 to plan your ideas, and then begin your answers on page 5.

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PLANNING PAGE

Yo	ou may use this space to plan your answers to any parts of the questions.

QUESTION

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Refer to **Strategy A** on page 2 of the resource booklet when answering (a).

(a)	(i)	Describe how Strategy A would encourage teenagers at Taranaki College to consume more water.
	(ii)	Evaluate the effectiveness of Strategy A in relation to the following factors: • social (employment, social support, food, social gradient, and early life) • economic
		environmental (physical access). Include examples to support your answer.

Part (a) (ii) continues on the next page

er to S	Strategy B on page 3 of the resource booklet when answering (b). Describe how Strategy B would encourage teenagers at Taranaki College to consume more water.	
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Evaluate the effectiveness of Strategy B in relation to the following factors: • social (employment, social support, food, social gradient, and early life) • economic	
environmental (physical access).	
Include examples to support your answer.	
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Refer to **Strategy C** on page 3 of the resource booklet when answering (c). ASSESSOR'S USE ONLY Describe how Strategy C would encourage teenagers at Taranaki College to consume (c) (i) more water. (ii) Evaluate the **effectiveness** of Strategy C in relation to the following factors: social (employment, social support, food, social gradient, and early life) economic environmental (physical access). Include examples to support your answer.

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Refer to ALL of the resources in the resource booklet when answering (d). Justify which strategy would be the **most effective** in ensuring the teenagers at Taranaki (d) College consume more water to meet their nutritional needs. Challenge the effectiveness of all three strategies by comparing the limitations and benefits of each. Include detailed reasons to support your answer.

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Extra space if required.
Write the question number(s) if applicable.

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