SUPERVISOR'S USE ONLY

90975



Level 1 Health, 2016

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

9.30 a.m. Monday 28 November 2016 Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate in-depth understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate comprehensive understanding of issues to make health-enhancing decisions in drug-related situations.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

INSTRUCTIONS

Read the scenario below and on page 4, before answering the question in this booklet. Refer to the information given in the scenario, as well as your own knowledge, to demonstrate your understanding when answering (a) to (d).

QUESTION

(a)

Jack and George's Scenario

Jack is a Year 13 student who attends an all-boys school. He is a talented rugby player and the captain of the school's First XV rugby team. Jack takes his role very seriously, and is always someone who leads by example. He is viewed as a role model by other students.

The First XV have an intense rugby training programme, which requires them to train two times a week, and also to play a game every Saturday. The training sessions take a toll on a number of the players, especially George, who has been injured with a torn calf muscle for most of the season. George has started to become frustrated with the fact that he cannot train or play. This is annoying for him, as his goal is to attend university once he leaves school, and play in the top university rugby team.

Recently, George has made some new friends outside of the rugby team, who have been encouraging him to attend parties, and to drink alcohol on a regular basis. Last weekend, he felt peer pressured to smoke tobacco for the first time, to try to 'impress' his new friends.

Jack has noticed that George does not seem himself lately, and that George is distancing himself from the rest of the rugby boys. Jack has spoken to George and offered him support and encouragement to get him back onto the field.

The school has a rule that no students can drink alcohol or smoke tobacco during the season, and it makes all rugby players sign a school contract to that effect. However, George feels that because he is injured at the moment, this rule does not apply to him. He thinks if professional rugby players can drink while they are injured, then he should be able to as well.

George is currently being encouraged to try alcohol and tobacco because of a number of

influe	encing factors.					
(i)	Explain ONE personal influence on George's decision to try alcohol and tobacco.					

Explain ONE inte	erpersonal influen	ice on George's	decision to try	alcohol and toba	cco.
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Halfway through the rugby season, George decides to celebrate his 18th birthday by hosting a party. George sends an invite out on Facebook to a number of boys from school, and is hoping for a good turnout. Unfortunately, Jack is unable to go, as his sister's 21st birthday celebration is on the same evening.

George's party gets out of control quickly, as his parents have supplied some alcohol. One of George's new friends, Ben, also brings a few boxes of beer along.

During the party, Ben offers alcohol to George and his rugby friends, including some who are under 18. Ben tries to convince them to play drinking games too, telling them they are boring if they do not play. The rugby boys all say no to Ben, and go inside to watch a rugby game on TV instead. George decides to drink a beer with Ben outside.

After a while, the rugby boys decide to leave the party. Before they leave, they go outside to say goodbye to George, only to find him smoking tobacco and drinking with some of his new friends. The boys are completely shocked at what they have seen, and try to reason with George to stop, but he does not listen, and asks them to leave.

On Monday, George does not show up for school, or rugby training after school. Jack asks the other boys if they know where he is, and they tell him what happened on Saturday night at the party. Jack is now in a tricky situation. He considers George a friend, but it is unacceptable to Jack that George has broken the school code of conduct by drinking and smoking during the rugby season.

ii)	What has occurred as a result of this law being broken?
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Part (c) continues on the next page

Jacl	k has b	een told by friends who attended George's party that George was drinking and
		ack now has to make a decision about what he does with this information.
(i)		ify three different decisions Jack could make.
	(1)	
	(1)	
	(1)	
	(2)	
	(2)	
	(2)	
(ii)	(2)	
(ii)	(2)	
(ii)	(2)	

enhance both Jack and George's overall well-being .	U

Extra space if required.				
Write the question number(s) if applicable.				

QUESTION		write the question number(s) if applicable.	
QUESTION NUMBER	_		