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SUPERVISOR'S USE ONLY

91300



Level 2 Home Economics, 2012

91300 Analyse the relationship between well-being, food choices and determinants of health

9.30 am Friday 23 November 2012 Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Analyse the relationship between well-being, food choices and the determinants of health.	Analyse, in depth, the relationship between well-being, food choices and the determinants of health.	Comprehensively analyse the relationship between well-being, food choices and the determinants of health.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should answer ALL parts of the question in this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–12 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

You are advised to spend 60 minutes answering the question in this booklet.

Access to healthy food, social gradient, and social support are three determinants of health that influence an individual's food choices. These determinants of health are **interconnected**, and affect an individual and society's well-being. The determinants can have **positive or negative** consequences on ALL FOUR DIMENSIONS of well-being:

- physical well-being/taha tinana
- mental and emotional well-being/taha hinengaro
- social well-being/taha whānau
- spiritual well-being/taha wairua.

INSTRUCTIONS

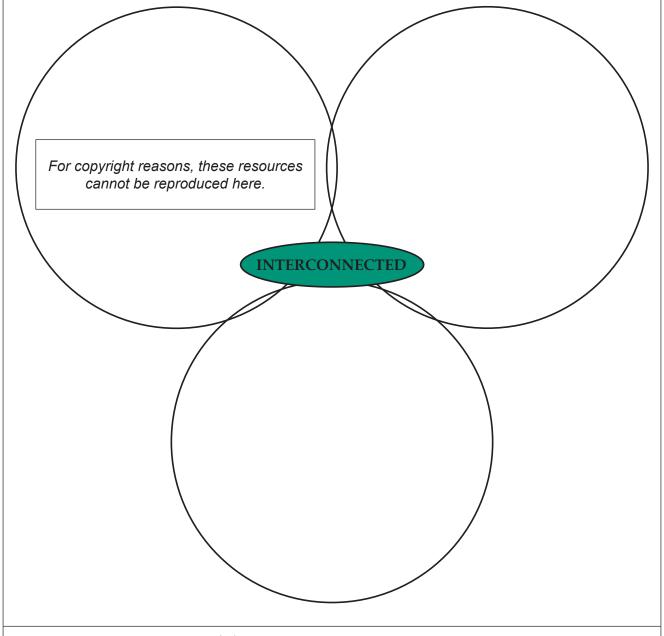
There are TWO parts to the question in this booklet, (a) and (b). Answer BOTH parts of the question, comprehensively analysing the relationship between well-being, food choices, and the three determinants of health named above. Use your own knowledge and the diagram on page 3 to help you plan your ideas on page 4, and then begin your answers to the questions on page 5.

Physical well-being/ taha tinana

Mental and emotional well-being/ taha hinengaro

Social gradient is a continuum based on socio-economic status. Research shows that individuals higher on the social gradient have better health than those lower down.

Access to healthy food is crucial – a nutritious diet is essential to good health.



Social support based on friendships, as well as support and participation in the community, have a large impact on an individual's health.

Social well-being/ taha whānau Spiritual well-being/ taha wairua

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PLANNING PAGE

Use this space to plan your answers to any part of the question, considering what you have learnt during the year, as well as the diagram on page 3.	

QUESTION

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- (a) For EACH of the three named determinants of health, explain **how** the determinant **impacts** on **people's food choices**.
 - (i) Determinant: Access to healthy food

Explain how the ability/inability of people to access healthy food affects their food choices.	
Include at least TWO detailed examples to support your answer.	For copyright reasons, this resource cannot be reproduced here.

(ii)

Determinant: Social gradient		ASSESSOF USE ONL
Explain how social gradient affects people's food choices.	For copyright reasons,	
Include at least TWO detailed examples to support your answer.	this resource cannot be reproduced here.	
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(iii)

Determinant: Social support		A
Explain how social support affects people's food choices.	For convright reasons	
Include at least TWO detailed examples to support your answer.	For copyright reasons, this resource cannot be reproduced here.	

nclude deta	gilad examples to support your answer, and consider the relevant	
dimensions	ailed examples to support your answer, and consider the relevant of well-being from page 2.	
Determinan	t:	

(b)	Interconnections between the determinants of health impact on the food choices and well-being of individuals, as well as the society in which they live. Explain, in detail, how the interconnections of the three determinants of health named on page 3, affect New Zealanders, AND New Zealand society.		

USE ONLY

QUESTION NUMBER	l	Extra space if required. Write the question number(s) if applicable.	AS U
NUMBER	'		

Acknowledgements

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