



New Patient Questionnaire

The following questionnaire has been designed to provide us with the information needed to better assess your health. Please take your time in answering each question and provide as much information as possible.

Your Information

Name: _____ Date of Birth: _____

Name of Person completing this Form: _____ Today's Date: _____

What are your current biggest concerns regarding your health? _____

Tell Us About Yourself

How long have you been living in Toronto?	
How far did you study in school?	
What faith (if any) do you follow?	
What sort of work have you done?	
What are your current activities?	
Are you currently married or have a partner?	
Do you have any children? If so, how many and where are they located?	
What type of residence do you live in?	
Do you live with anyone else?	
Have any of your friends or relatives died recently?	
Are you having any financial difficulties?	
Please describe any CCAC (Home Care) or other community support services (i.e. meals on wheels, etc) you may be currently receiving.	

Patient Name: _____

Planning For The Future

	Yes	No	Comments
Have you appointed a durable power of attorney for healthcare or financial decisions?	<input type="checkbox"/>	<input type="checkbox"/>	
If you were unable to make your own healthcare or financial decisions, who would you trust to make these decisions on your behalf?	Name of Person: _____ Relationship: _____ Address: _____ Telephone: _____		
Have you established any advance directives with regards to cardiac resuscitation, mechanical ventilation, feeding tubes, or other medical interventions that your doctor should know about?	<input type="checkbox"/>	<input type="checkbox"/>	

Your Medical History

Have you had any of the following conditions?	Yes	No	Comments
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	
Memory Problems	<input type="checkbox"/>	<input type="checkbox"/>	
Chronic Obstructive Pulmonary Disease (COPD) or Asthma	<input type="checkbox"/>	<input type="checkbox"/>	
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	
Osteoporosis/Broken Bones	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	
Eye Diseases (Glaucoma, Macular Degeneration or Cataracts)	<input type="checkbox"/>	<input type="checkbox"/>	
Other (please list)			

Patient Name: _____

List Any Surgeries You Have Ever Had

Type	Date	Hospital

Do You Have A History of Any Psychiatric or Mental Health Issues?

Type	Comments

List All Hospitalizations You Have Had Within The Last 5 Years

Type	Date	Hospital

List your Primary Care/Family Doctor and other Specialists You See

[illegible]

Patient Name: _____

My Medications (Please list all current medications, over the counter drugs and vitamins/supplements you take)

Name	Dose	When Taken

*Please bring all bottles and blister packs of current medications, over the counter drugs and vitamins to your visit.

Allergies (Please list any medication allergies you have)

Drug	Reaction

Patient Name: _____

Health Maintenance

	Date	Yes	No	Comments
Has your cholesterol been checked?		<input type="checkbox"/>	<input type="checkbox"/>	
Has your bone mineral density been measured?		<input type="checkbox"/>	<input type="checkbox"/>	
Have you had a sigmoidoscopy or colonoscopy?		<input type="checkbox"/>	<input type="checkbox"/>	
Has your stool been checked for blood?		<input type="checkbox"/>	<input type="checkbox"/>	
Vaccinations				
Do you take the annual flu shot?		<input type="checkbox"/>	<input type="checkbox"/>	
Have you received the pneumonia vaccine?		<input type="checkbox"/>	<input type="checkbox"/>	
When was your last tetanus shot?		<input type="checkbox"/>	<input type="checkbox"/>	
Have you been received the shingles/ zoster vaccine?		<input type="checkbox"/>	<input type="checkbox"/>	
Personal Habits				
Do you engage in any exercise?		<input type="checkbox"/>	<input type="checkbox"/>	
Do you follow a special diet?		<input type="checkbox"/>	<input type="checkbox"/>	
Do you drink any alcohol?		<input type="checkbox"/>	<input type="checkbox"/>	
Do you smoke?		<input type="checkbox"/>	<input type="checkbox"/>	
Did you ever smoke?		<input type="checkbox"/>	<input type="checkbox"/>	
For Women				
When was your last mammogram/breast examination?				
When was your last pelvic exam/pap smear?				
Have you ever taken hormones (i.e. estrogen)?		<input type="checkbox"/>	<input type="checkbox"/>	
For Men				
When was your last prostate exam?				

Patient Name: _____

Functional Assessment

	Yes	No	Comments
Have you recently had an eye exam?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you wear glasses?	<input type="checkbox"/>	<input type="checkbox"/>	
Have you recently had a dental exam?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you wear dentures?	<input type="checkbox"/>	<input type="checkbox"/>	
Have you recently had your hearing checked?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you use hearing aids?	<input type="checkbox"/>	<input type="checkbox"/>	

Do You Have Problems With Any of the Following Activities?

	Yes	No	Comments
Getting out of bed or a chair	<input type="checkbox"/>	<input type="checkbox"/>	
Walking	<input type="checkbox"/>	<input type="checkbox"/>	
Incontinence (leakage of urine or feces)	<input type="checkbox"/>	<input type="checkbox"/>	
Bathing yourself	<input type="checkbox"/>	<input type="checkbox"/>	
Dressing yourself	<input type="checkbox"/>	<input type="checkbox"/>	
Feeding yourself	<input type="checkbox"/>	<input type="checkbox"/>	
Doing your own cooking	<input type="checkbox"/>	<input type="checkbox"/>	
Doing your own cleaning	<input type="checkbox"/>	<input type="checkbox"/>	
Taking your medications	<input type="checkbox"/>	<input type="checkbox"/>	
Using the telephone	<input type="checkbox"/>	<input type="checkbox"/>	
Driving a car	<input type="checkbox"/>	<input type="checkbox"/>	
Using public transportation	<input type="checkbox"/>	<input type="checkbox"/>	
Doing your own shopping	<input type="checkbox"/>	<input type="checkbox"/>	
Managing your own finances	<input type="checkbox"/>	<input type="checkbox"/>	

Family History (Please list any major medical conditions that run in your family)

Patient Name: _____

Do You Have Any of the Following Concerns?

	Yes	No	Comments
A recent change in weight?	<input type="checkbox"/>	<input type="checkbox"/>	
Any episodes of falling?	<input type="checkbox"/>	<input type="checkbox"/>	
Problems with dizziness?	<input type="checkbox"/>	<input type="checkbox"/>	
Feeling sad or depressed?	<input type="checkbox"/>	<input type="checkbox"/>	
Any trouble sleeping?	<input type="checkbox"/>	<input type="checkbox"/>	
Problems with your hearing?	<input type="checkbox"/>	<input type="checkbox"/>	
Problems with your vision?	<input type="checkbox"/>	<input type="checkbox"/>	
Problems with teeth/dentures?	<input type="checkbox"/>	<input type="checkbox"/>	
Chronic cough?	<input type="checkbox"/>	<input type="checkbox"/>	
Chest pain, discomfort or heaviness?	<input type="checkbox"/>	<input type="checkbox"/>	
Shortness of breath?	<input type="checkbox"/>	<input type="checkbox"/>	
Constipation, diarrhea or change in bowel habits?	<input type="checkbox"/>	<input type="checkbox"/>	
Any problems with passing urine, leakage, or trouble starting your stream?	<input type="checkbox"/>	<input type="checkbox"/>	
Any problems with sexual function?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have any other symptoms or health concerns, which have not been mentioned on this form?	<input type="checkbox"/>	<input type="checkbox"/>	

Thank you for completing this form. The information you have provided will assist in your assessment.

If you do not have access to a fax, please bring these documents with you to your first appointment.

Your first appointment has been scheduled on _____.