

## PAIN ASSESSMENT IN ADVANCED DEMENTIA (PAINAD)

P3 – C –

REVIEWED ON : JUN 2022 REVIEWED BY: S PALTRIDGE

CONSUMER PROFILE					
FIRST NAME		DATE OF BIRTH			
SURNAME					
MEDICAL DX					

	0	1	2	Score
Breathing Independent of Vocalisation	Normal	Occasional laboured breathing. Short period of hyperventilation	Noisy laboured breathing. Long period of hyperventilation	
Negative vocalisation	None	Occasional moan or groan. Low-level speech with negative or disapproving quality	Cheyne-Stokes respirations. Repeated troubled calling out. Loud moaning or groaning. Crying.	
Facial expression	Smiling, or inexpressive	Sad. Frightened. Frown.	Facial grimacing	
Body language	Relaxed	Tense. Distressed pacing. Fidgeting.	Rigid. Fist clenched. Knees pulled up. Pulling or pushing away. Striking out.	
Consolability	No need to console	Distracted or reassured by voice or touch	Unable to consol, distract or reassure	
			Total	

Completed by:	Signature	Date
		/ /

The PAINAD measures pain in noncommunicative residents and is based on a five items. The range of scores is 0–10 (0 being no pain).