



THE BARTHEL ADL INDEX

P3 – C –

REVIEWED ON : JUN 2022
REVIEWED BY: S PALTRIDGE

CONSUMER PROFILE

FIRST NAME		DATE OF BIRTH	
SURNAME			
MEDICAL DX			

ACTIVITIES					SCORE
Feeding	0 = unable	5 = needs help cutting, spreading butter, etc. requires modified diet			
Bathing	0 = dependent	5 = independent			
Grooming	0 = needs help with personal care	5 = independent face/hair/teeth/s having			
Dressing	0 = dependent	5 = needs help but can do about half unaided	10 = independent		
Bowels	0 = incontinent	5 = occasional accident	10 = continent		
Bladder	0 = incontinent	5 = occasional accident	10 = continent		
Toilet Use	0 = dependent	5 = needs some help	10 = independent		
Transfers	0 = unable, no sitting balance	5 = major help(one or two physical) can sit	10 = minor help (verbal or physical)	15 = independent	
Mobility	0 = immobile or < 50 meters	5 = wheelchair independent	10 = walks with help of one person	15 = independent with aids	
Stairs	0 = unable	5 = needs help	10 = independent		
TOTAL (0 – 100)					

Completed by

Signature

Date

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