

The heatmap displays the distribution of 10 categories across the days of the week. The categories are represented by colors: dark blue, light blue, yellow, orange, red, pink, purple, green, brown, and grey. The days of the week are listed on the x-axis: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday. The heatmap shows a clear pattern of activity, with many cells in the top half being dark blue or light blue, and the bottom half showing more varied colors like yellow, orange, and red.

