

# MSM

## Beneficial for :

- Parasites and Candida
- Chronic fatigue
- Brain and memory
- Migraine and headaches
- Collagen and cartilage
- Skin

## Ingredients :

- Methylsulphonylmethane

**MSM**  
**60 capsules**



Natural supplements designed by a SCIO therapist for SCIO therapists



**BODY**  
**AEQUILIBRIUM**

**ENQUIRIES**

Whatsapp : Jannie @ (083) 487 5608  
Email : [info@bodyaequilibrium.co.za](mailto:info@bodyaequilibrium.co.za)

# X - SPASCOL

## Beneficial for :

- Swelling, cramps and bloating of stomach
- Abdominal discomfort and pain, back pain
- Sleep disturbance
- Urinary tract and acidity
- Spastic colon and constipation
- Liver

## Ingredients :

- Aloe ferox
- Hypoxis rooperol
- Disodium phosphate

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# GABA

## Beneficial for :

- Nervous system
- Muscles
- Stress and anxiety
- Brain
- Pancreas

## Ingredients :

- Gamma – Aminobutyric acid

**GABA**  
**60 capsules**



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# PROVIT LECITHIN

## Beneficial for :

- Memory and brain circulation
- Liver and Cholesterol
- Natural sleep
- Stress and moods
- Breaks down excess oils and aids with secretion of bile
- Energy and metabolism
- Immune

## Ingredients :

- Lecithin
- Multi Vitamin

## PROVIT LECITHIN 60 capsules



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# PEPPERMINT

## Beneficial for :

- Intable bowel syndrome (IBS)
- Heartburn and nausea
- Bacterial overgrowth in small intestine
- Inflammation of mouth and throat
- Liver and gallbladder

## Ingredients :

- Peppermint

**PEPPERMINT**  
**60 capsules**



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# BLADDER AND KIDNEY

## Beneficial for :

- Bladder and kidney infections
- Weak bladder
- Burning urination
- Kidney stones
- Yeast infections

## Ingredients :

- Cranberry
- Bearberry
- Goldenseal
- Ginger
- Echinacea
- Dandelion
- Marshmallow root
- Seamays

## BLADDER AND KIDNEY 60 capsules



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# SUTHERLANDIA

## Beneficial for :

- Immune and well being
- Stress, depression and anxiety
- Influenza and colds
- Chronic fatigue syndrome
- Asthma and bronchitis, lungs
- Pancreas and sugar level
- Auto – Immune disorder
- Acidity and appetite stimulant
- Temperature and imitability

## Ingredients :

- Sutherlandia

## SUTHERLANDIA 60 capsules



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# LIVER FORMULA

## Beneficial for :

- Liver and galbladder
- Indigestion
- Antioxidant
- Nausea

## Ingredients :

- Burdock root
- Ginger
- Dandelion
- Turmeric
- Celery

## LIVER FORMULA 60 capsules



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# X - MALABSORPTION

## Beneficial for :

- Indigestion
- Absorption
- Enzyme development
- Parasites and yeast infections
- Regulation of sugar levels
- Skin
- Energy
- Antioxidant

## Ingredients :

- Fulvic acid

## X – MALABSORPTION 60 capsules



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# ACTIVA B FORMULA

## Beneficial for :

- Anaemia
- Blood disorders
- Nerve and brain
- Depression
- Lack of energy
- Stress and anxiety

## Ingredients :

- B12
- Folic acid
- Sutherlandia
- Gaba

## ACTIVA B FORMULA 60 capsules



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## LUNG MED

### Beneficial for :

- Respiratory tract
- Symptoms of Bronchitis, Emphysema and Tuberculosis
- Lungvleanser and support
- Breathing distress and oxygen
- Colds and Influenza
- Mucus buildup

### Ingredients :

- Goldenseal
- Horehound
- Wild yam root
- Horsetail
- Liquorice
- Mullen leaves
- Meadowsweet
- Echinacea

## LUNG MED 60 capsules



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## MCCZ

### Beneficial for :

- Hair, nail and bones
- Cartilage
- Teeth
- Aches and pains
- Joints
- Temperature
- Anxiety and stress

### Ingredients :

- Magnesium amino acid chelate
- Calcium amino acid chelate
- 100% RDA vitamin C
- Zinc amino acid chelate

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## AMINO ACID

### Beneficial for :

- General brain function
- Concentration
- Memory and attention
- Stress and emotions
- Sleep
- Metabolism and energy
- Muscles

### Ingredients :

- L-Phenylalanine
- L-Lysine HCl
- L-Valine
- L-Threonine
- L-Arginine
- L-Tyrosine
- Zink Amino Acid Chelate
- L-Leucine
- L-Methionine
- L-Isoleucine
- L-Histidine
- Gaba
- L-Proline
- L-Alanine

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# X-GOUTTIES

## Beneficial for :

- Repair and rebuild damaged fibres
- Breaks down crystals which cause gout and arthritis
- Relieves inflammation and swelling on joints
- Kidney stones

## Ingredients :

- Chondroitin
- Hypoxis rooperole
- Disodium phosphate

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# L-TYROSINE

## Beneficial for :

- Thyroid
- Pituitary
- Adrenals
- Suppress appetite
- Reduce body fat
- Produce skin and hair pigments

## Ingredients :

- L-Tyrosine

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