This is the renewal equation

$$I(t) = R(t) \int_{0}^{\infty} \omega(\tau) I(t - \tau) d\tau$$

Assume that R(t) = R in the time period of interest

Then, check that the number of infected grows exponentially by substituting $I(t) = ke^{rt}$ into it

$$ke^{rt} = R \int_0^\infty \omega(\tau) ke^{r(t-\tau)} d\tau \to R = \frac{1}{\int_0^\infty \omega(\tau) e^{-r\tau} d\tau}$$

Assume that
$$\omega(\tau)\sim\Gamma(a,b)=\frac{b^a}{\Gamma(a)}\tau^{a-1}e^{-b\tau}$$
 , where $\Gamma(a)=\int_0^\infty t^{a-1}e^{-t}$

So,
$$R = \frac{1}{\int_0^\infty \frac{b^a}{\Gamma(a)} t^{a-1} e^{-b\tau} e^{-r\tau} d\tau} = \frac{1}{\int_0^\infty \frac{b^a}{\Gamma(a)} \tau^{a-1} e^{-\tau(r+b)} d\tau} \stackrel{\tau' = \tau(r+b)}{=} \frac{1}{\frac{b^a}{\Gamma(a)} \frac{1}{(b+r)^a} \int_0^\infty \tau'^{a-1} e^{-\tau'} d\tau'}$$

$$R = \frac{(b+r)^{\alpha}}{b^{\alpha}}$$

Fixed point of SIR models and exponential growth

$$\frac{dS(t)}{dt} = -\frac{\beta}{N}S(t)I(t)
\frac{dI(t)}{dt} = \frac{\beta}{N}S(t)I(t) - \gamma I(t)
\frac{dR(t)}{dt} = \gamma I(t)
\frac{dI(t)}{dt} = \gamma I(t) \left(R_0 \frac{S(t)}{N} - 1\right) \sim \gamma I(t) \left(R_0 - 1\right)$$

$$\frac{dI(t)}{dt} = \gamma I(t) \left(R_0 \frac{S(t)}{N} - 1\right) \sim \gamma I(t) \left(R_0 - 1\right)$$