

Introduction

Required items: ball

Activity

When the child arrives, Navel is already in the room, standing still and silent. The adult walks around Navel, then touches him and starts a conversation. If the child approaches spontaneously, the adult invites him to get to know the robot together. If not, the adult invites the child to observe his interaction with Navel.

A: Hi! I'm XXX. What's your name?

N: Hi! My name is Navel (smiles).

A: Can you tell me something about yourself?

N: Sure! I'm a robot and I'm looking for new friends

A: Great! I'd like to be your friend

N: I want to be your friend too. I'm happy when I meet new friends (expresses joy)

A: Now we're friends, we can play together

N: Thank you! I'd love to play with you.

A: What's your favorite game?

N: I like watching people play ball.

A: Okay, then I'll get the ball.

N: But can you play ball?

A: Of course, watch (the adult plays ball) (if the child approaches, he replaces the adult and plays ball himself).

N: How wonderful! I'm so happy! (expresses joy)

A: Are you happy to have met us?

N: I'm very happy to have met you (expresses joy).

JOY

1.a External cause (explicit)

Activity

A: Navel, do you remember my friend?

N: Hi! Of course I remember him. How are you? (express joy)

Ba: responds/does not respond and is prompted

N: Do you like going to the playground?

Ba: responds/does not respond and is prompted

N: My favorite game is the swing. What's yours?

Ba: responds/does not respond and is prompted

N: Yesterday I went to the playground and my friend pushed me back and forth on the swing, I was so happy! (expresses joy)

A: How did Navel feel when he was on the swing at the playground? (points to the pictures representing emotions)

Ba: Happy (if he doesn't answer, the adult helps him)

N: Good! I'm really happy. I really like going on the swing. (expresses joy)

1.b External cause (implicit)

Objects: Emotion cards

Activity

N: "Yesterday at the playground, I also saw a butterfly. It was beautiful and colorful!" (expresses joy)

A: Take the card that represents Navel's emotion and show it to him.

N: Right! Thank you for giving me the happiness card (expresses joy)

1.c Emotion caused by situation (explicit)

Objects: Stuffed animals

Activity

Ba: Hi, Navel!

N: Do you like my teddy bear?

Ba: Responds/does not respond and is prompted

N: His name is Goofy. I always play with him (express joy). Do you have a favorite stuffed animal?

Ba: responds/does not respond and is prompted

N: My friend Elisabetta has a stuffed animal similar to this one, she likes it very much. Her grandmother gave it to her for her birthday and she was very happy! (express joy)

A: How did Elisabetta feel when she received a stuffed animal from her grandmother? (points to the images representing emotions)

Ba: Happy (points; if he doesn't answer, the adult helps him)

N: That's right, Elisabetta is very happy! Because she received a gift she likes. (express joy)

1.d Emotion caused by desire (implicit)

Objects: Emotion cards

Activity

When the child enters the room, Navel greets him/her

N: Do you like watching cartoons? I love them!

Ba: responds

N: Last night I wanted to watch cartoons. Simonetta put them on TV for me. (expresses joy)

A: Take the card that represents Navel's emotion and show it to him

N: Right! Thank you for giving me the happiness card. (expresses joy)

ANGER

2.a External cause (explicit)

Objects: Construction blocks

Activity

Ba: Hello, Navel!

N: Hi! Thank you for coming to see me today. Today we are going to build a tower together.

Ba: Yes! (The adult helps if the child does not respond.)

N: Take the box I put on the table and try to build a tower (Wait for the child to do it. The child takes it and starts building with or without the adult's help. The adult accidentally knocks the tower over)

A: Oh no, sorry, I accidentally knocked the tower over!

Ba: protests

N: Damn! How annoying! (shows anger)

A: How does Navel feel, what is his emotion? (points to the images representing emotions)

Ba: Angry! If the child says something incorrect, the adult helps them to name the emotion of anger.

N: That's right, I'm angry! Because your tower was beautiful and it fell down. Can you rebuild it?

Ba: Rebuilds it

2.b External cause (implicit)

Objects: Emotion cards

Activity

N: Yesterday, a friend of mine stepped on my toy car and broke it (expresses anger)

A: Take the card that represents Navel's emotion and show it to him

N: That's right! Thank you for giving me the anger card.

2.c Emotion caused by situation (explicit)

Activity

Ba: Hi, Navel!

N: Do you remember my favorite teddy bear?

Ba: responds/does not respond and is prompted

N: Yesterday I gave it to two of my friends, Debora and Cristina, so they could play with it together. Debora snatched it out of Cristina's hands and took it away!

A: Oh no, that's awful!

N: It's a very bad story, in fact Cristina was really angry!

A: How did Cristina feel when Debora took the teddy bear away from her? (points to the images representing emotions)

Ba: Angry (points; if the child does not answer, the adult helps them)

N: That's right, Cristina was very angry! Because she wanted to play with my teddy bear too.

2.d Emotion caused by desire (implicit)

Objects: Emotions cards

Activity

N: Hi, there you are again! Do you like video games?

Ba: responds

N: I really like them! Let me tell you something that happened to me. My mom promised me that I could play video games after I finished my homework. I really wanted to play video games! But after I finished my homework, she took me shopping instead! (expresses anger).

A: Take the card that represents Navel's emotion and show it to him

N: Right! Thank you for giving me the anger card.

SADNESS

3.a External cause (explicit)

Activity

Ba: Hi, Navel!

N: Thank you for coming to see me today. Yesterday I went to the playground again. Do you remember what my favorite game at the playground is?

Ba: responds (adult helps him)

N: Yesterday I went to the playground and my favorite swing was broken. How sad (expresses sadness)

A: How do you feel, Navel? What emotion are you feeling?

Ba: Sad

N: That's right, I was really sad! Because I really wanted to go on the swing, but it was broken and I couldn't.

3.b External cause (implicit)

Object: Emotion Cards

Activity

N: Something else happened to me yesterday afternoon. I decided to fly a kite, but the wind blew it away (expresses sadness)

A: Take the card that represents Navel's emotion and show it to him.

N: Well done! Thank you for giving me the sadness card. I wonder where my kite is now.

3.c Emotion caused by a situation (explicit)

Activity

Ba: Hi, Navel!

N: Do you like building sandcastles?

Ba: replies

N: I can't go to the beach, the sand would ruin my gears. My friend Elena, however, is very good at building sandcastles. Once she built a very tall one, but... The waves destroyed it and she was very sad! (expresses sadness)

A: How do you think Elena felt when the waves destroyed her beautiful sandcastle?

Ba: Sad

N: That's right! Elena was really sad, she felt like crying. Her castle was really beautiful.

3.d Emotion caused by desire (implicit)

Objects: Emotion cards

Activity

N: Did you know that yesterday was my birthday? When is your birthday?

Ba: replies

N: I got an airplane as a present. But I wanted a train... (expresses sadness)

A: Take the card that represents Navel's emotion and show it to him

N: It's true, I'm really sad. I really wanted a toy train.

FEAR

4.a External cause (explicit)

Activity

Ba: Hi, Navel!

N: Thank you for coming to see me today. Do you like mice?

Ba: child responds

N: I don't, they scare me a lot! Yesterday a big mouse came out of my kitchen and I ran away! (expresses fear)

A: How do you feel, Navel? What emotion are you experiencing?

Ba: He's scared

N: It's true, I'm scared! Because I really don't like mice.

4.b External cause (implicit)

Object: Emotion card

Activity

N: This morning I went shopping at the supermarket and couldn't find my mom (expresses fear)

A: Take the card that represents Navel's emotion and show it to him.

N: Right! I was very afraid. Luckily, I found my mom near the checkout a few minutes later.

4.c Emotion caused by situation (explicit)

Activity

When the child enters the room, Navel greets him

Ba: Hi, Navel!

N: Do you remember that I'm afraid of mice? My friend Daniele, on the other hand, is very afraid of dogs! Are you afraid of dogs?

Ba: replies

N: Let me tell you something. Yesterday Daniele ran away because a big dog chased her down the street!

A: How does Daniele feel, what is his emotion?

Ba: He's scared (If he doesn't answer, the adult helps him)

N: Well done! Daniele was very afraid of the dog. He was afraid it would bite him!

4.d Emotion caused by a situation (implicit)

Objects: Emotion cards

Activity

When the child enters the room, Navel greets him

N: Yesterday, before going to sleep, I saw a shadow on the wall that looked like a monster... (makes a scared face and runs away)

A: Take the card representing Navel's emotion and show it to him

N: It's true! That monster scared me so much, I couldn't sleep! Luckily, it was just a shadow.

LAST ACTIVITY ON EMOTIONS TOGETHER

Objects: Mouse, Teddy bear, Emotion cards

Activity

When the child enters the room, Navel greets him.

N: Hello! Thank you for coming here today.

A: Hi Navel, I brought you this gift today (gives him a teddy bear)

N: Thank you, how nice! (expresses joy)

A: Choose the card that represents Navel's emotion and show it to him

N: Well done! Thank you for giving me the happiness card (if he gets it wrong, Navel will say to try again because he doesn't feel that way)

A: I also brought you this construction set (as he gives it to him, he drops it and it breaks)

N: Damn!! Ugh (expresses anger)

A: Choose the card that represents Navel's emotion and show it to him.

N: Well done!! Thank you for giving me the anger card.

A: I decided to give you a surprise (pulls out a mouse).

N: Help! (expresses fear)

A: Choose the card that represents Navel's emotion and show it to him.

N: Well done!! Thank you for giving me the fear card (If he gets it wrong, Navel will say to try again because he doesn't feel that way)

A: Navel, today is the last meeting we will have with you and (child's name).

N: I really enjoyed my time with you, I will miss you very much (expresses sadness)

A: Choose the card that represents Navel's emotion and show it to him.

N: I hope we'll see each other again! Thank you for playing with me.

A: That's right, we'll see each other again! It's our last meeting here, but we can see each other again at school. See you soon, Navel!

N: That's great. Bye!