

MICHAEL KEFALAS

Registered Nurse | 07497746598

◦ DETAILS ◦

07497746598
mk3987@aol.com

◦ HOBBIES ◦

Reading , Gaining new skills through
online courses and bootcamps, Gym
, Movies , Music , Traveling.

◦ LANGUAGES ◦

Greek,

English

Italian

Dutch; Flemish

French

👤 PROFILE

Registered Nurse with 6+ years of nursing experience , 3+ years of experience as a Deputy Manager.I managed to build a strong relationship with the families of our residents and to deliver high quality care. Outgoing and detail-oriented, proficient at building and maintaining professional relationships. In the past while i was undertaking my studies i had worked as a bartender/manager in numerous bars. This type of work enhanced my communication skills as i came in contact with different people and cultures at an early stage of my life.Having a total of 8+ years of experience in food preparation and bartending,certified by Flo Cafe.Communications major seeking to leverage my interpersonal skills to provide a friendly, and fun atmosphere for the customers.

📁 EMPLOYMENT HISTORY

Registered Nurse at Larchwood Cams Ridge Nursing Home, Portsmouth

September 2019 — Present

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Assess the needs of individuals, families.
- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Carefully documented patient care and progress.
- Aimed to continually grow and learn as a Nurse.

Clinical Lead Nurse at Gorseway Nursing Home Agincare, Hayling Island

February 2019 — May 2019

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.
- Assess the needs of individuals, families.
- Observe nurses and visit patients to ensure proper nursing care.

Registered Nurse/Managers Assistant at Brookvale Healthcare Edenvale Nursing Home, Waterloo

September 2016 — January 2019

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records. - Record patients' medical information and vital signs.
- Order, interpret and evaluate diagnostic tests to identify and assess a patient's condition.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.

- Monitor all aspects of patient care, including diet and physical activity.
- Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.
- Medication Administration, Auditing Medications and Environment.
- Supervision of staff managing the rota and pay-roll.
- Greet and register guests.
- Maintain client databases.
- Answer inquiries pertaining to hotel policies and services, and resolve clients' complaints.
- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Provided a level of care in accordance with NMC (Nursing and Midwifery Council)

Support Health Care Worker at Elite Care Services & DayWebster Agencies, Portsmouth

August 2015 — August 2016

- Observe patients' attendance, progress, attitudes, and accomplishments and record and maintain information in client records.
- Encourage patients and attend to their physical needs to facilitate the attainment of therapeutic goals.
- Manage interdepartmental infection control and equipment security.
- Evaluate the living skills and capacities of physically, developmentally, or emotionally disabled clients.
- Instruct patients and families in work, social, and living skills, the care and use of adaptive equipment, and other skills to facilitate home and work adjustment to disability.
- Accompany patients on outings, providing transportation when necessary.

Registered Nurse at Zorgzuster Salland, Deventer Netherlands

May 2020 — May 2020

A year of experience practicing nursing abroad, currently in the Netherlands. I was attending school to boost my Dutch and part-time i was working as a nurse in the community with English speaking clients.

- I had to identify the needs of each client and I was trying to understand the day to day tasks of people with different culture.

Also skills that i obtained during my time as a Nurse in the Netherlands include:

- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Carefully documented patient care and progress. I have managed to attend school during weekdays to achieve certificate and understanding in the Dutch Language, as this is the main language spoken in the Netherlands. People that i worked with understood that i am still learning Dutch and were very supportive through my time there.
- Aimed to continually grow and learn as a Nurse.
- Followed directions well and took self-directed action when necessary.

Nursing Professional at Kosmas o Aitolos Nursing Home, Athens Greece

June 2012 — May 2014

2+ years of experience after i achieved a Bachelor Degree in Nursing in a care home setting.

- I enhanced my previous skills and gained new ones. Skill obtained:
- Critical Thinking

- Service Orientation
- Coordination and Customer Service.
- Monitoring Patients.

Bartender at Flo Cafe, Aigli Lobby, Hotel Corfu Mare Bar/Restaurant, Athens Greece

2004 — June 2014

While i was in High School and University even couple of years later i was working in different Bar-Restaurants to gain experience working with people and catering. Some of the employers i worked for included on the description. My main responsibilities back then include:

- Check the weekly stock of drinks and food. Checking daily the stock for out of date products (if any) and managing to reduce the risk of bar/restaurants loss
- Maintain good communication with the customers as managing staff to deliver high quality products
- Attending training yearly
- I was keeping my self trained and up to date, i was attending yearly bar tending competitions.
- I managed back then to speak 5 different languages as i was coming in contact with different cultures and people. Languages to include Greek(Fluent),English(Fluent),French(Basic),Dutch(Basic),Italian(Intermediate)



EDUCATION

Bachelor in Nursing , Technological Education Institute of Athens, Athens Greece

February 2006 — February 2012

- BN (HONS) Bachelor in Nursing
- With A 2:1 = B (60%-70%)



COURSES

Concept Art Basic to Advance, Gnomon School of Visual Effects LA (USA)

2014

Moving and Handling Trainer of the Trained Course, Trainer Courses Ltd

June 2017



REFERENCES

Panagiota Rozakea from Gracewell Of Fareham

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Avraam Melidis from Pharmacy Boots

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