

MICHAEL KEFALAS

Registered Nurse | 07497746598

◦ DETAILS ◦

07497746598
mk3987@aol.com

◦ HOBBIES ◦

Reading , Gaining new skills through
online courses and bootcamps, Gym
, Movies , Music , Traveling.

◦ LANGUAGES ◦

Greek,

English

Italian

Dutch; Flemish

French

PERSON PROFILE

Registered Nurse with 6+ years of nursing experience , 3+ years of experience as a Deputy Manager.I managed to build a strong relationship with the families of our residents and to deliver high quality care. Outgoing and detail-oriented, proficient at building and maintaining professional relationships. In the past while i was undertaking my studies i had worked as a bartender/manager in numerous bars. This type of work enhanced my communication skills as i came in contact with different people and cultures at an early stage of my life.Having a total of 8+ years of experience in food preparation and bartending,certified by Flo Cafe.Communications major seeking to leverage my interpersonal skills to provide a friendly, and fun atmosphere for the customers.

BRIEF EMPLOYMENT HISTORY

Registered Nurse at Larchwood Cams Ridge Nursing Home, Portsmouth

September 2019 — Present

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Assess the needs of individuals, families.
- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Carefully documented patient care and progress.
- Aimed to continually grow and learn as a Nurse.

Clinical Lead Nurse at Gorseway Nursing Home Agincare, Hayling Island

February 2019 — May 2019

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.
- Assess the needs of individuals, families.
- Observe nurses and visit patients to ensure proper nursing care.

Registered Nurse/Deputy Manager at Brookvale Healthcare Edenvale Nursing Home, Waterlooville

September 2016 — January 2019

- Monitor, record and report symptoms or changes in the condition of patients.
- Maintain accurate, detailed reports and records. - Record patients' medical information and vital signs.
- Order, interpret and evaluate diagnostic tests to identify and assess a patient's condition.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.

- Monitor all aspects of patient care, including diet and physical activity.
- Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.
- Medication Administration, Auditing Medications and Environment.
- Supervision of staff managing the rota and pay-roll.
- Greet and register guests.
- Maintain client databases.
- Answer inquiries pertaining to hotel policies and services, and resolve clients' complaints.
- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Provided a level of care in accordance with NMC (Nursing and Midwifery Council)

Support Health Care Worker at Elite Care Services & DayWebster Agencies, Portsmouth

August 2015 — August 2016

- Observe patients' attendance, progress, attitudes, and accomplishments and record and maintain information in client records.
- Encourage patients and attend to their physical needs to facilitate the attainment of therapeutic goals.
- Manage interdepartmental infection control and equipment security.
- Evaluate the living skills and capacities of physically, developmentally, or emotionally disabled clients.
- Instruct patients and families in work, social, and living skills, the care and use of adaptive equipment, and other skills to facilitate home and work adjustment to disability.
- Accompany patients on outings, providing transportation when necessary.

Registered Nurse at Zorgzuster Salland, Deventer Netherlands

May 2020 — May 2020

A year of experience practicing nursing abroad, currently in the Netherlands. I was attending school to boost my Dutch and part-time i was working as a nurse in the community with English speaking clients.

- I had to identify the needs of each client and I was trying to understand the day to day tasks of people with different culture.

Also skills that i obtained during my time as a Nurse in the Netherlands include:

- Treated patients with the utmost care and respect.
- Remained compassionate and sensitive to patients and families at all times.
- Carefully documented patient care and progress. I have managed to attend school during weekdays to achieve certificate and understanding in the Dutch Language, as this is the main language spoken in the Netherlands. People that i worked with understood that i am still learning Dutch and were very supportive through my time there.
- Aimed to continually grow and learn as a Nurse.
- Followed directions well and took self-directed action when necessary.

Nursing Professional at Kosmas o Aitolos Nursing Home, Athens Greece

June 2012 — May 2014

2+ years of experience after i achieved a Bachelor Degree in Nursing in a care home setting.

- I enhanced my previous skills and gained new ones. Skill obtained:
- Critical Thinking

- Service Orientation
- Coordination and Customer Service.
- Monitoring Patients.

Bartender at Flo Cafe, Aigli Lobby, Hotel Corfu Mare Bar/Restaurant, Athens Greece

2004 — June 2014

While i was in High School and University even couple of years later i was working in different Bar-Restaurants to gain experience working with people and catering. Some of the employers i worked for included on the description. My main responsibilities back then include:

- Check the weekly stock of drinks and food. Checking daily the stock for out of date products (if any) and managing to reduce the risk of bar/restaurants loss
- Maintain good communication with the customers as managing staff to deliver high quality products
- Attending training yearly
- I was keeping my self trained and up to date, i was attending yearly bar tending competitions.
- I managed back then to speak 5 different languages as i was coming in contact with different cultures and people. Languages to include Greek(Fluent),English(Fluent),French(Basic),Dutch(Basic),Italian(Intermediate)



EDUCATION

Bachelor in Nursing , Technological Education Institute of Athens, Athens Greece

February 2006 — February 2012

- BN (HONS) Bachelor in Nursing
- With A 2:1 = B (60%-70%)



COURSES

Concept Art Basic to Advance, Gnomon School of Visual Effects LA (USA)

2014

Moving and Handling Trainer of the Trained Course, Trainer Courses Ltd

June 2017