**French Toast Custard**

3 eggs

2 egg yolks

1 teaspoon (**3g**) ground cinnamon

1/2 teaspoon (**3g**) fine sea salt

1.5 tablespoons (**23g**) light brown sugar

Pinch Fresh grated nutmeg

1/2 cup (**120ml**) heavy whipping cream

3/4 cup (**180ml**) whole milk