



# QUARANTÄNE HELD\*INNEN

**We are all humans.  
We help each other in times of crisis.  
Be a part of it.**

## **How does quarantaenehelden.org (Quarantine Heroes) work?**

QuarantineHeroes (quarantaenehelden.org) is a platform that brings people together - those who need support together with heroes who can offer help - whether it's for a grocery run, basic errands, performing a concert from their balcony, or just checking in. On our platform you can post a request for help if you are unable to leave home, are in quarantine, or are at a high risk of illness. Helpers or heroes can also register on the platform, and receive notifications when someone in their neighborhood needs assistance. By providing this free online forum, people in need can easily find support from heroes just around the corner, and we can create a movement of solidarity while flattening the curve and preventing the spread of COVID-19.



**I NEED HELP**



**I WANT TO HELP**

## **REGISTER NOW!**

**Become a Quarantine Hero  
and contribute to your community!**

**Scan me!**



**[www.quarantaenehelden.org](http://www.quarantaenehelden.org)**

E-Mail [help@quarantaenehelden.org](mailto:help@quarantaenehelden.org)

Social Media [quarantaenehelden](https://www.quarantaenehelden.org)