

Day 1: Practice Exercises

Exercise 1: Letter Writing

Given Time: 20 min

Dear Chloe.

I hope you are well. I am planning to go to the park this Saturday. My family will come too. We will play games and eat snacks. It will be a nice day outside. Would you like to join us?

Please let me know soon. We can meet at 10 AM.

Exercise 2: Note-taking/Summarization

Given Time: 20 min

Use strong passwords for accounts. Do not share personal details with strangers. Be careful what you click on. Ask an adult if something looks strange.

Do not meet people you only know online. Keep your computer software updated. Think before you post anything. Always be kind to others online.



Exercise 3: Creative Storytelling

Given Time: 20 min

One sunny morning, a squirrel sat on my fence. It looked at me with bright eyes. Suddenly, it said, "Good morning!" I was very surprised.

The squirrel told me its name was Nutmeg. Nutmeg liked to collect shiny things. It showed me a small, silver coin.

We became good friends that day. Nutmeg visited me often.

Exercise 4: Factual Description

Given Time: 20 min

A bicycle is a vehicle. It has two wheels. You pedal with your feet. The handlebars help you steer. Brakes help you stop safely. You can ride it on roads or paths.

It is good for exercise. Bicycles do not use fuel. They are quiet and fun. You need a helmet to be safe.



Exercise 5: Persuasive Argument

Given Time: 20 min

Helping others makes the world better. It shows kindness and care. When you help, you feel good too. Small acts of help can mean a lot.

You can help a friend with homework. You can help clean up a park. Helping others builds strong communities. It makes everyone happier. It teaches us to be selfless.