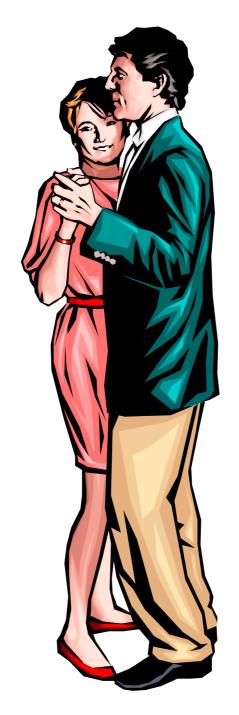
Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: http://www.xs4all.nl/~fghb/ballroom.htm or

http://move.to/stijldansen

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

Editors: Fred Bolder & Miranda Jager

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Dance-evenings

By: Fred Bolder

Most dance schools regularly have dance-evenings. These are mend to try everything you learned during your lessons. If you want to learn to dance very well, it is very important to go to the dance-evenings. If you learn a new step during your lesson, you have to dance it more than once if you want to dance it correctly and beautiful. During lessons, there is usually no time for that, but at a dance-evening you can try them as many times as you like. If the step does not go to well, you have all the time to try it again. I usually try to dance the entire song without doing the same step twice. I do not know enough steps yet to do this, but with some improvising you have a good shot at dancing a total song without doing the same thing twice. Another nice aspect of the dance-evenings is that you can try dancing with someone else. You will learn a lot from this, you will especially learn to lead and follow.

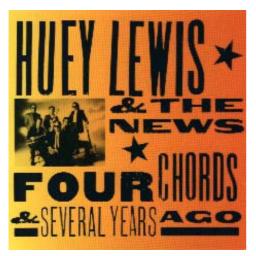
Most dancers who have just started are a little afraid to go to dance-evenings. This is because they have simple steps and the people that dance longer have more difficult steps. They are afraid they will look stupid, but they forget that everybody started that way. If there are only a few people on the dance floor they will not go, because then everybody will look at them. If the floor is crowded they are afraid for collisions. Well, if you keep thinking that way, you will never learn anything. Just go dancing, but stay at the sides and do not stand still to long. The more professional dancers will make sure they do not crash with you and they will just pass. This is also what is expected from someone who dances longer. Because they have more different steps, it is easier to avoid someone. If the floor is busy you should also take another dance-hold to avoid a crash. Standing still for just a little time if you see a crash coming looks more professional than just keeping on dancing. Some dance schools have special dance-evenings for starting dancers, so they will want to go to the normal dance-evenings within no time.

At the dance-evenings you should not try to explain complete steps, this is what the training evenings are for. Of course, a short explanation is no problem. Most dance schools have different dance-evenings for the youth and for the adults, because it is usually more crowded at the youth dance-evenings. The youth also likes different music than the adults. Music is a story by itself anyway, because nobody has the same taste in music. I think they play to much of the same music, but that is probably because most people only want to dance to the famous songs. I like other music as well, less famous music is usually music you will learn more from that from famous music. It is very important that the tempo of the songs is different. You can also go to a dance-evening of another dancing school. It is very much fun to see what kind of steps they learn. It depends on the dance school if you are allowed to bring people with you. At our dance school you are only allowed to bring people at the special summer swing evenings.

Huey Lewis & The News

By: Fred Bolder

If you like the jive then you have to buy this cd. A lot of songs on this cd are very suitable for dancing. The Cha Cha Songs are a little slow, but that is good for learning new figures.



Huey Lewis & The News

Four Chords & Several Years Ago

Dances: Jive en Cha Cha Cha

Price: 42,95 DFL

1Shake Rattle and Roll	Jive	37
2Blue Monday		
3Searching For My Love		
4(She's) Some Kind Of Wonderful		
5But It's Alright	Cha Cha Cha	29
6If You Gotta Make A Fool Of Somebody		
7Mother In Law	Cha Cha Cha	31
8Little Bitty Pretty One	Jive	43
9Good Morning Little School Girl	Jive	30
10Stagger Lee		
11She Shot A Hole In My Soul	Jive	29
12Surely I Love You	Jive	31
13You Left The Water Running		
14Your Cash Ain't Nothin' But Trash	Jive	36
15Function At The Junction	Cha Cha Cha	29
16Better To Have And Not Need	Jive	32
17Going Down Slow	Jive	45

The number indicates the tempo in bars per minute.

Folkloristic Dancing

By: Miranda

Every Dutch person knows the folkloristic dance of the Netherlands, but do they also know the dances from other countries? Once a year the Netherlands organizes in several cities festivals where people from a lot of different countries make their appearance to show the dance that belongs to their country. It is an international event with beautiful costumes and different sorts of dancing, from the folkloristic dance of the Netherlands till the one from Indonesia.



One of these events is being held in Odoorn (Drenthe) once a year, most in July or August. A list of countries who where present (and will be present in the future) during this festival are: Azerbeidzjan, Belgium, Bolivia, Brazil, Bulgaria, Centrafricaine, China, Colombia, England, Ethiopia, Indonesia, Kenya, Norway, Ukraine, Paraguay, Poland, Polynesia, Romania, Russia, Spain, Turkey, The Netherlands and Germany. The participants do not only show their dancing, but they also sell articles which are particular for their country on the market.

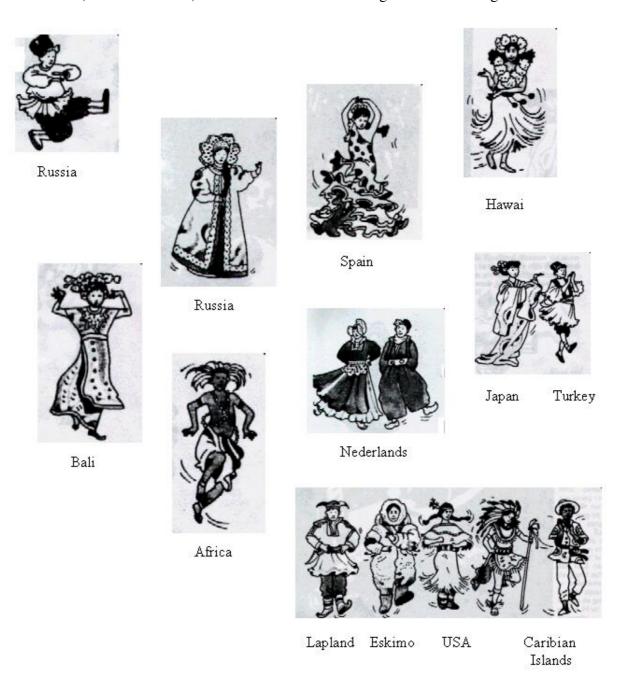
The dance festival 'Op Roakeldais' is also a festival, where many countries are present. This festival is also being held once a year, but not in Odoorn, but in Warffum (Groningen). This dance festival of beautiful colours, music and movement is also a cultural event where brother ship is of central meaning.

Every country has its own dance. If you look at the pictures at the end of this article, you can see the difference of the dances in movement and clothing (source pictures: Taptoe, 4 mei '85). The reason for dancing is very different, but everywhere around the world people dance! In India the 'rainmaker' dances to make the dry period go away and in Russia people dance to celebrate.

Some famous dances with their origan countries are: Reggae and Jamaica, Tango and Argentina, Cubia and Colombia, Rap and the USA, Cancan and France, Viennese Waltz and Austria, Merenque and Dominican Republic and the Rock & Roll and the USA.

Some dance forms are not particular for one country, for example Ballroom and Latin dancing, ballet or limbo dancing. Limbo dancing is dancing under a stick that is going lower and lower and only the sides of your feet may touch the ground. Limbo dancing under a burning stick is more dangerous.

Very often people try to break records in dancing, for example: The Dance-academy in Rotterdam (The Netherlands) tried to break the record long distance dancing in 1983.



овлеіль шітн чоць сомритев



It has been a long time ago that I wrote about my dance software. New figures are added regulary, but the software doesn't change often. I think it is almost complete. A few months ago I've added the bmpout command. You can download my dance software "DansCAD" at my site.

http://move.to/stijldansen or http://www.xs4all.nl/~fghb/ballroom.htm

This software is Freeware which means that it's free without limitations. You can also add your own figures. Read the previous dance magazines for more information about the software ore mail me fghb@xs4all.nl.

You can still download my other dance software "Dans", but "DanceCAD" is much better.

With DansCAD 1.10 you can export to the BMP-format. This is very handy if you want to make animations.

Choose "Export BMP" from the "File" menu or type "bmpout" at the command line.

Export the whole screen

Command: bmpout

Figure/Screen/Window <F>: *s* <*Enter*>

Filename: test <Enter>

Export a part of the screen

Command: bmpout

Figure/Screen/Window <F>: w <Enter>

Filename: *test <Enter>*

First corner: (pick the first corner of the area) Other corner: (pick the other corner of the area)

Export a whole figure

If a figure contains 25 steps, it will be written to the files 00000001.BMP t/m 00000025.BMP. Existing files will be overwritten without asking.

Command: bmpout

Figure/Screen/Window <F>: f < Enter>

Width <320>: (type the desired width followed by <*Enter*>) Height <200>: (type the desired height followed by <*Enter*>)

Writing to file 00000001.BMP Writing to file 00000002.BMP Writing to file 00000003.BMP

Ready

Tips for making gif animations

Export the whole figure to the BMP-format. Convert all BMP files to the GIF-format. You can do this very easily with the great viewer IrfanView. You can download this Freeware viewer from the site below. Choose "Batch Conversion" from the "File" menu.

http://www.irfanview.com/

Use "Microsoft GIF Animator" to make the animation. You can download it here:

http://www.keyscreen.com/KeyScreen(s)6/MicroGIFanimator.htm http://www.mrzone.com/freeware/microgif.html

Adjust the delay times. You can use the beat values from "DansCAD" as a reference. If you use a delay time of 500 msec for a beat value of 1, then with a beat value of $\frac{1}{2}$ you have to adjust the delay time to $\frac{1}{2}$ x 500=250 msec.

Messages

On this page you can add your messages for free. Send a mail to fghb@xs4all.nl.

Danspartner gezocht

Hoi! Ik ben een meisje van 15 jaar en ik ben 1.75m lang. Ik ben op zoek naar een danspartner om wedstrijden mee te gaan dansen. Ik dans topklasse 5. Ben jij een jongen die ook graag wil wedstrijddansen, en er ook voor wil gaan, dat houd in dat je serieus bent, maar ook plezier wil hebben. Reageer dan op mijn oproepje! Op weeda3@hetnet.nl.

Groetjes Randy

Te koop: Ballroomjurk



Hallo,

Ik heb een hele mooie donkerpaarse ballroomjurk te koop. De jurk heeft een slank model en maakt een dame zeer elegant. De jurk heeft 1 transparante mouw. De top zit vol met steentjes. De jurk kleedt zeer vrouwelijk en is een ster op de vloer. De jurk heeft maat 36 en is te koop voor f 1.750,-. De hoes krijg je er gewoon bij. Voor een foto of meer informatie mail je naar

crombacha@hetnet.nl.

Groetjes Anouk

Kijk voor grotere foto's op:

Fred Bolder's Ballroom Site http://move.to/stijldansen

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Te koop aangeboden

Blauw/paarse ballroomjurk maat 36/38 met lange mouwtjes en transparante bovenkant. Zo goed als nieuw. Vraagprijs: f. 2000,--

Kobaltblauw rokkostuum maat 45 voor slank postuur. Vraagprijs: f. 500,--

Voor foto's van beide in actie zie op de danssite van Fred Bolder

http://www.xs4all.nl/~fghb/ballroom.htm onder Afbeeldingen de foto's van Joris Harder en Miranda Jager.

Voor inlichtingen: 050-5492681 of 06-51586689



Danspartner gezocht



Hallo, ik heet Fred Bolder (30 jaar) en ik ben een fanatieke danser. Ik ga vaak bij wedstrijden kijken en het lijkt me heel leuk om hier ook aan mee te doen. Ik zoek een danspartner die dit ook wil. In de finale vind ik leuk, maar het dansplezier is voor mij het belangrijkste. Ik dans nu goud ster, maar vind het het niet erg om bij een lager nivo te beginnen. Als je meer over me wilt weten, lees dan het dansblad nummer 18 en/of kijk op mijn site http://www.xs4all.nl/~fghb/ballroom.htm. Als het je leuk lijkt om met mij wedstrijden te dansen en je woont in de buurt van zwijndrecht stuur dan een mailtje naar fghb@xs4all.nl.

Danspartner gezocht

Hallo ik ben marije en ben 15 jaar oud. Ik ga jammer genoeg verhuizen en daarom zoek ik een nieuwe danspartner in de omgeving van Roden. Ik zoek een serieuze danspartner die ook wedstrijden wil dansen. E-mail: van.seventer@12move.nl

Dame gezocht

Hallo, Ik ben Marc, ik ben 23 en ik dans nu 8 jaar, en vanaf brons ook al wedstrijden. Ik dans nu D-klasse maar mijn dame is gestopt. Dansen is mijn passie, dus ik wil nog steeds dansen. Ik woon in Purmerend (vlakbij Amsterdam). Mijn voorkeur gaat uit naar standaard. Ik wil na de NK weer beginnen met wedstrijden. Interesse mail me dan jscheerboom@chello.nl.

Groeten Marc

Danspartner gezocht

Hallo,

Ik ben een 16-jarige fanatieke meid uit Roermond (Limburg). Ik zoek een danspartner met een lengte vanaf 1.70m en een leeftijd van 16-22. Hij moet minstens 3 jaar danservaring hebben en een behoorlijke portie lef, omdat ik van mening ben dat dit een van de belangrijkste eigenschappen is die een danser moet bezitten.

Wanneer je dit denkt te hebben, neem dan contact met me op: vjmschmitz@hotmail.com.

Groetjes,

Vivienne

Barbara's favourite dance music

Quickstep

Bad boy - Gloria Estefan Verdammt Ich lieb dich - Matthias Reim Alles kan een mens gelukkig maken - René Froger Nah neh nah - Vaya Con Dios Close to you - Maxi Priest

Slow waltz

Three times a lady - Lionel Richie
If you don't know me by now - Simply Red
Are you lonesome tonight? - Elvis Presley
I wonder why - Curtis Stigers
At this moment - Marco Borsato

Tango

Olé Guapa - Malando Money, money, money - Abba Tanze mit mir in den Morgen - Gerhard Wendland Blue tango - James Last Kriminal tango - Hazy Osterwald

Slow foxtrot

Raindrops keep falling (on my head) - B.J. Thomas King of the road - Roger Miller

Viennese Waltz

Carribian blue - Enya Voice of spring - Strauss The second waltz - Adré Rieu

Cha Cha Cha

Killer - Adamski Fortune fairytales - Lois Lane Easy lover - Phil Collins Boogie Wonderland - Earth Wind & Fire Sugar Sugar - The Archies

Rumba

Sacrifice - Elton John Fields of gold - Sting Nobody knows - Tony Ridge Project No more Bolero's - Gerard Joling How deep is your love - Bee Gees

Jive

Great balls of fire - Jerry Lee Lewis When the rain begins to fall - Jermain Jackson & Pia Zadora Swing the mood - Jive Bunny The Locomotion - Kylie Minoque Hit the road jack - Buster Poindexter

Samba

Oye Mi Canto - Gloria Estefan Give it up - The Goodmen Crucified - Army of lovers Americanos - Holly Johnson Riding on a train - The Pasadenas

Paso Doble

Spanish Gipsy Dance

Showtime Dance Shoes

Showtime Dance Shoes was founded in Atlanta, Georgia over 30 years ago. Today we are by far the largest Ballroom Dance Shoe Company in the United States.

Availability from the world's finest manufacturers of hand lasted ballroom dance shoes: Dance Naturals of Italy, Freed of London, International Dance shoes and Supadance.

The largest selection anywhere, with over 20,000 pairs of shoes in inventory ready for immediate delivery to your home, work or dance studio....no waiting.

Experienced customer service staff on the phones to assist you in your selections. Our senior people have been with us for 15 years.

Modern computer system to help give you fast accurate answers about previous purchases, current availability, service and delivery which is unmatched in the industry.

We have the staff and resources to attend over 40 dance competitions every year. This gives you an unmatched opportunity to visit our booth for sizing and to select your shoes in person.

Thank you for your consideration.

Best Regards,
David DuVal
Showtime Dance Shoes
dduval@showtimedanceshoes.com
(800)433-5541

visit our website at: http://www.showtimedanceshoes.com/

Nice links

History of Modern Ballroom Dancing

http://linus.socs.uts.edu.au/~don/pubs/modern.html History of the Standard dances

History of Latin-American Dancing

http://linus.socs.uts.edu.au/~don/pubs/latin.html

History of the Latin dances

Dance Clip Art

http://www.dirtydancing.org/dance/Nets/dance/ClipArt/Index.html Dance clipart

Dance Routines

http://hometown.aol.com/sweetmelod/routines/routinesMain.html Download the video clips

DanceSport Unlimited

http://dancesportunlimited.com/

Dance shoes

Emily's Ballroom Shoes

http://www.ballroomshoes.bizland.com/

Dance shoes

Dancelife in the World

http://members.fortunecity.com/dancelife/

Download the MIDI files

Formatiedansen

http://www.formatiedansen.nl/

A lot of info about formation dancing

Rolf & Inez

http://www.rolfinez.nl

Dutch couple