

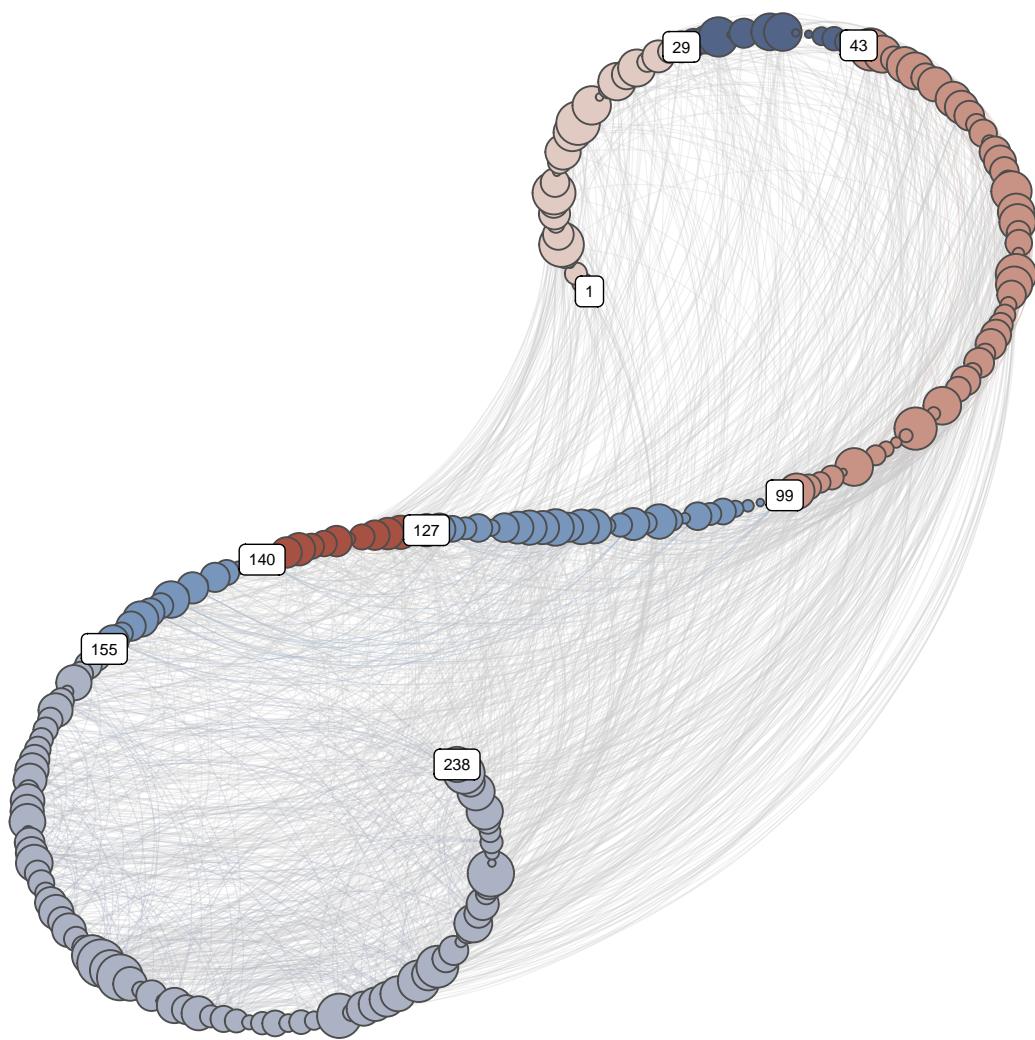
Phase of experiment [Mood]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)



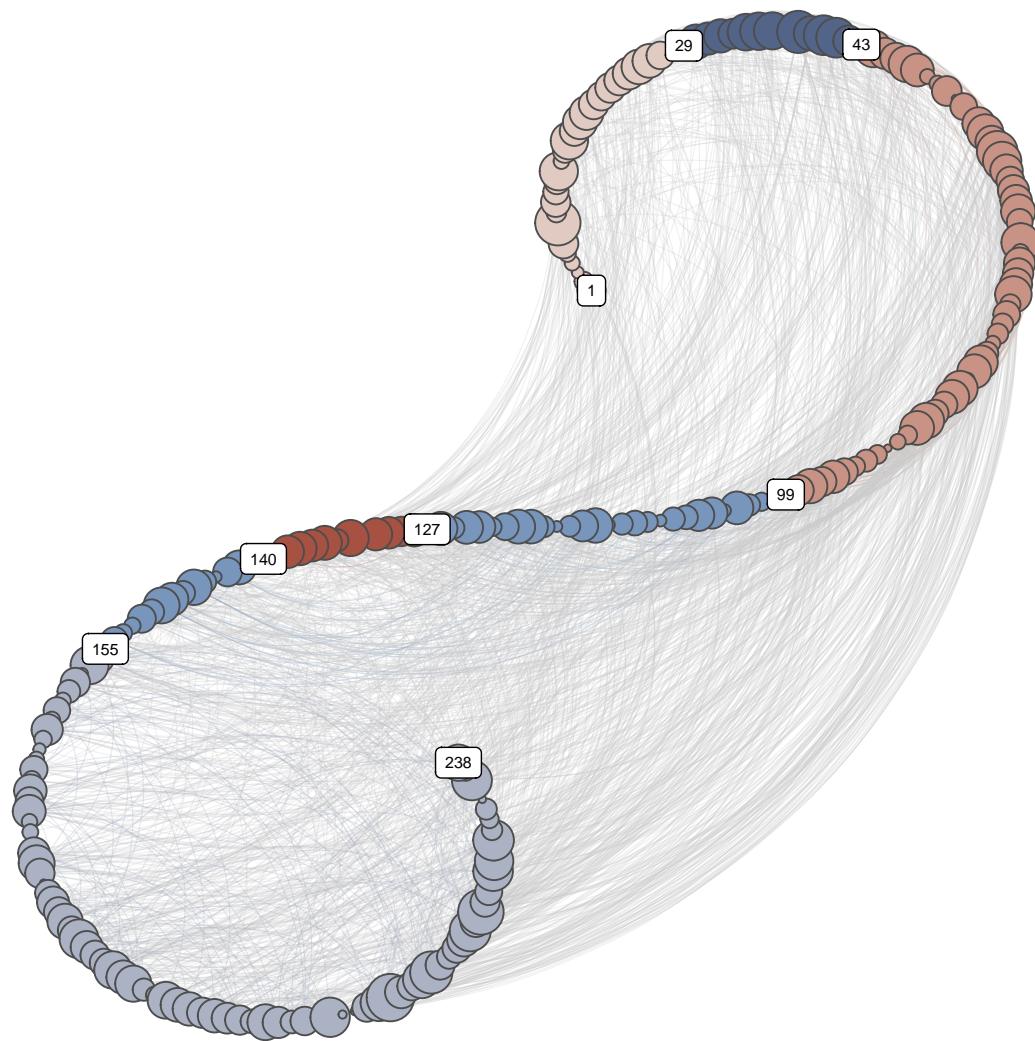
Phase of experiment [Physical]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)



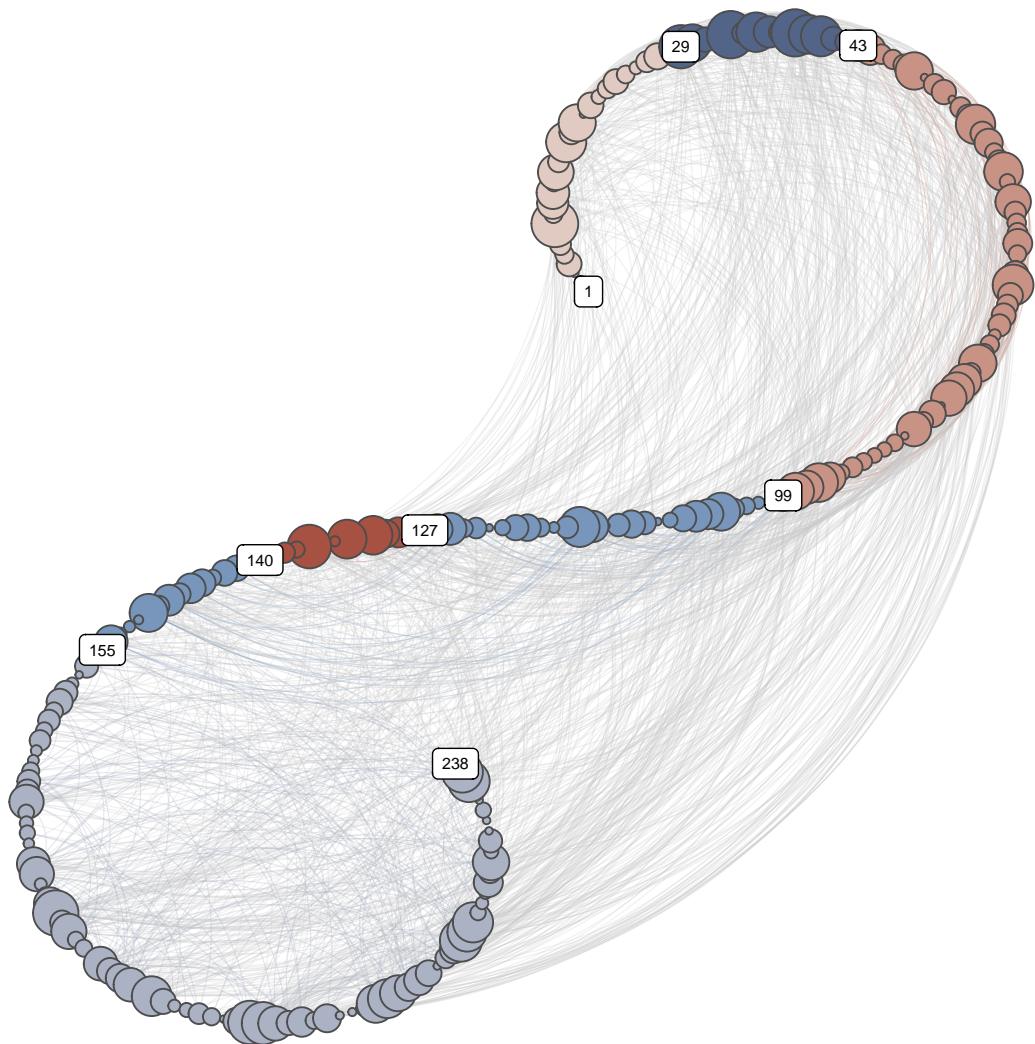
Phase of experiment [Self Esteem]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)



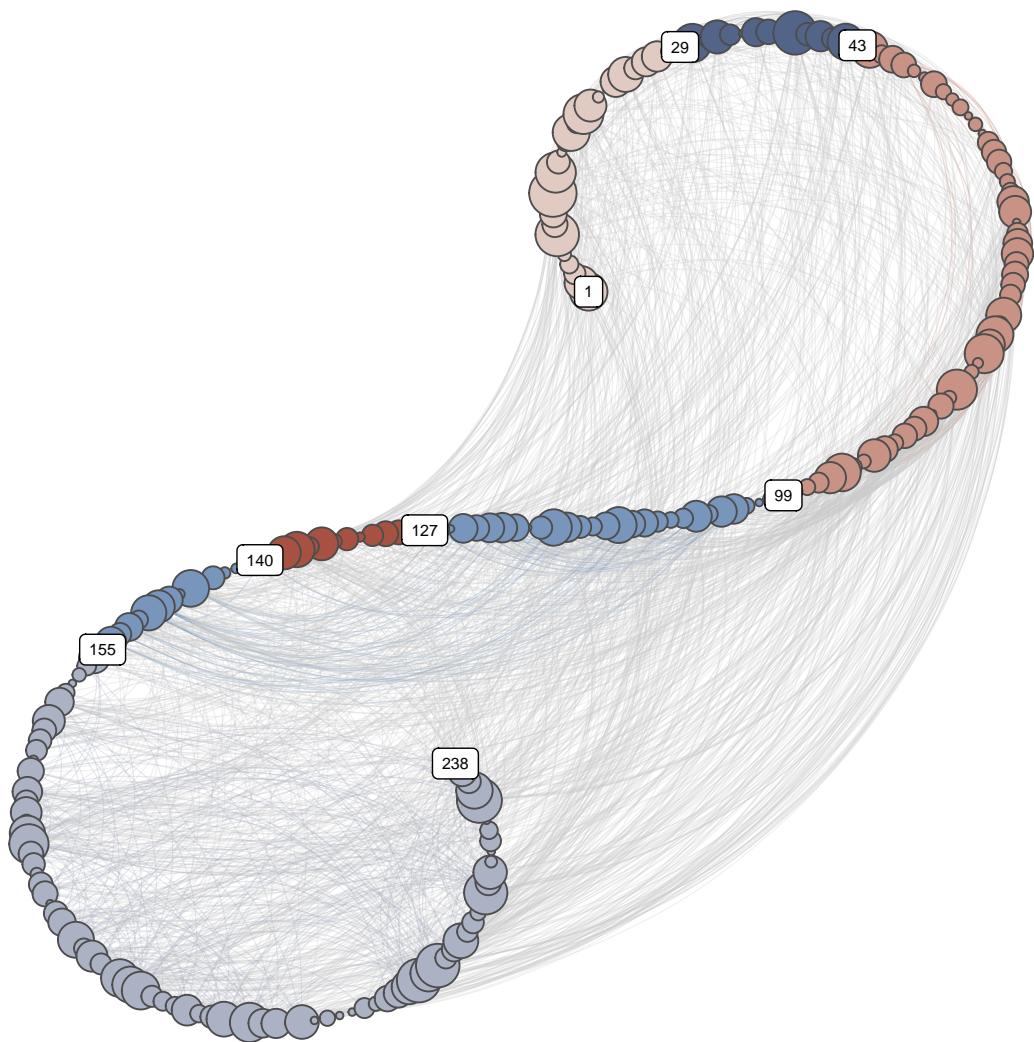
Phase of experiment [Mental Unrest]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)



Phase of experiment [Sleep]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)



Phase of experiment [Day]

- baseline assessment
- start double blind period
- start actual reduction
- post reduction (planned)
- critical transition
- post reduction (additional)

