

Metallica – One

from the album "...And Justice for All" (1988)

1

written by James Hetfield & Lars Ulrich

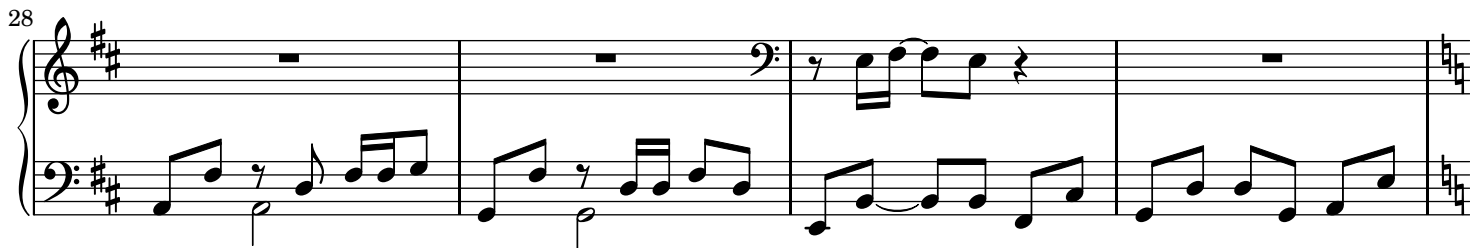
arranged by Vika Yermolyeva
(www.vkgoeswild.com)

Piano

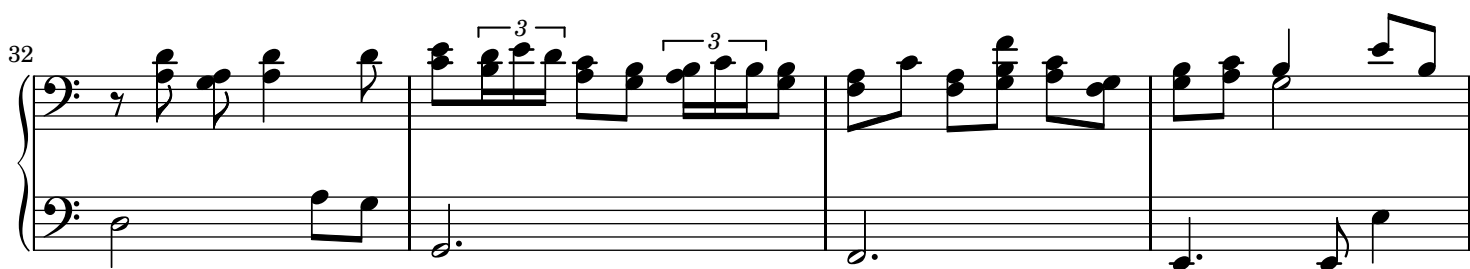
$\text{♩} = 100$ (approx. 7:04 min.)

The piano score for Metallica's 'One' is written for a grand piano. It begins in 4/4 time with a tempo of 100 beats per minute. The key signature is two sharps (F# and C#). The score is divided into systems of five measures each. The first system (measures 1-5) features a steady eighth-note bass line in the left hand and a treble staff with whole rests. The second system (measures 6-10) introduces a more complex bass line with some triplets and a treble staff with whole rests. The third system (measures 11-15) continues the bass line with more rhythmic variation, including a triplet in measure 14. The fourth system (measures 16-20) features a more active treble staff with eighth-note patterns and a bass line with some triplets. The fifth system (measures 21-25) concludes with a final bass line and a treble staff with whole rests. The score includes various musical notations such as eighth notes, quarter notes, half notes, and triplets, as well as dynamic markings like accents and slurs.

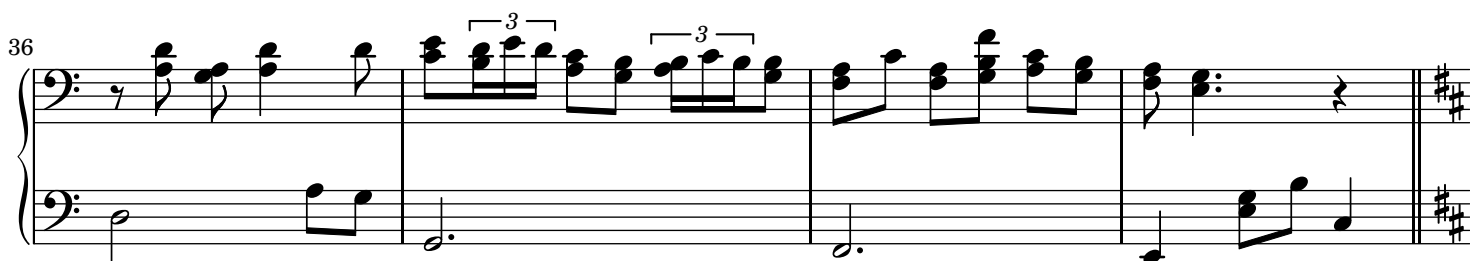
28



32



36



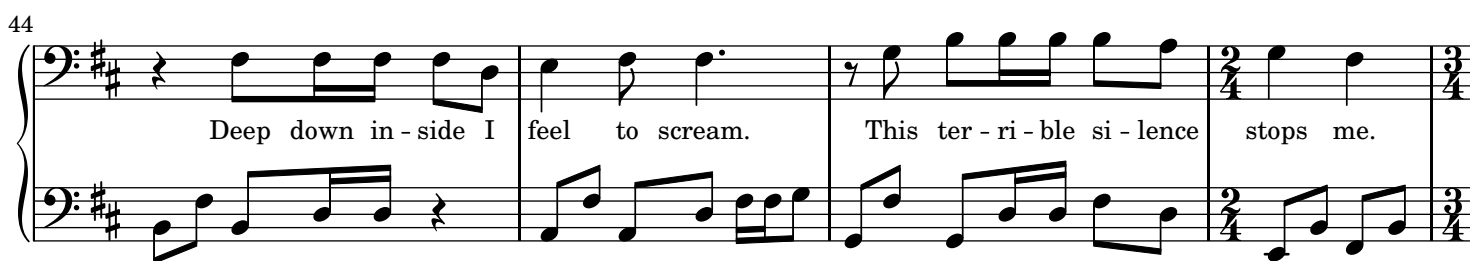
40

I can't re - mem - ber a - ny - thing. Can't tell if this is true or dream.



44

Deep down in - side I feel to scream. This ter - ri - ble si - lence stops me.



48

Now that the war is through with me, I'm wak - ing up, I can - not see



52

that there's not much left of me. Noth - ing is real but pain now.



56

Hold my breath as I wish for death. Oh please God, wake

58

me!

62

66

Back in the womb it's much too real. In pumps life that I must feel.

70

But can't look for - ward to re - veal. Look to the time when I'll live.

74

Fed through the tube that sticks in me just like a war - time nov - el - ty.

78

Tied to ma - chines that make me be. Cut this life off from me!

4
82

Hold my breath as I wish for death. Oh please God, wake

84

me!

87

91

94

97

Slightly faster (♩ = 104)

100

Now the world is gone, I'm just one. Oh God, help me!

102

Hold my breath as I wish for death. Oh please God, help

Even faster (♩ = 112)

104

me!

107

112

116

119

play 5 times

122

Dark - ness im - pris - on - ing me! All that I see, ab - so - lute hor - ror!

124

I can - not live! I can - not die! Trapped in my - self! Bod - y my hold - ing

126

cell! —

130

Land - mine has tak - en my sight! Tak - en my speech! Tak - en my hear - ing!

132

Tak - en my arms! Tak - en my legs! Tak - en my soul! Left me with life in

134

(hell!) 1st time only play 4 times

136

play 4 times

138

Measures 138-139. Treble clef: continuous eighth-note triplets. Bass clef: eighth-note triplets with eighth rests, marked with a '3' and a 'v'.

140

Measures 140-141. Treble clef: eighth-note triplets in measure 140, followed by eighth notes in measure 141. Bass clef: eighth-note triplets with eighth rests, marked with a '3' and a 'v'.

142

Measures 142-143. Treble clef: quarter notes and eighth notes. Bass clef: eighth-note triplets with eighth rests, marked with a '3' and a 'v'.

144

Measures 144-145. Treble clef: eighth-note triplets. Bass clef: sixteenth-note triplets, marked with a '6' and an accent (^).

146

Measures 146-147. Treble clef: eighth-note triplets. Bass clef: sixteenth-note triplets, marked with a '6' and an accent (^).

148

Measures 148-149. Treble clef: eighth-note triplets. Bass clef: sixteenth-note triplets, marked with a '6' and an accent (^).

150

Measures 150-151. Treble clef: eighth-note triplets. Bass clef: sixteenth-note triplets, marked with a '6' and an accent (^).

153

8

155

play 4 times

157

8

159

1, 3, 4

2.

161

8vb

play 4 times

163

8

166

play 3 times

169

8