

The specific cause of liposarcoma is still unknown. Clinically, it can be first noticed particularly in the extremity in an area of recent trauma where the patient may find a mass, however the cause and effect are quite likely purely coincidental. Liposarcoma generally is attributed to a change in some of the genes that are normally present in fat cells. A series of abnormalities in these genes (mutations or DNA alterations) can lead to malignant changes characterized by uncontrollable growth. Liposarcoma is a soft tissue sarcoma, affecting approximately 2000 individuals each year in the United States. It affects men more than women, and more specifically middle-aged men ranging from 50 – 65 years of age. Children are rarely diagnosed, but when liposarcoma does occur in children, it is usually during adolescence. There is no specific ethnicity in which liposarcoma is more common. Certain risk factors have been shown to predispose individuals to developing soft tissue sarcomas, such as liposarcoma, including: prior radiation, familial cancer syndromes, damage to the lymph system, and long term exposure to certain toxic chemicals such as vinyl chloride, a chemical used to make plastic. There are other diseases that can present very similarly to liposarcoma. Lipoma is a non-cancerous (benign) tumor that can look similar to liposarcoma but it is usually softer and feels like a mass directly below the skin rather than in deeper parts of the body. A lipoma cannot transform into a liposarcoma. Other soft tissue tumors, such as undifferentiated pleomorphic sarcoma, lipomatous hemangiofibroma, non-lipogenic sarcoma and gastrointestinal stromal tumors, can also look similar to liposarcoma when initially evaluated under a microscope.