

"Goodpasture syndrome is a rare autoimmune disorder characterized by inflammation of the filtering structures (glomeruli) of the kidneys (glomerulonephritis) and excessive bleeding into the lungs (pulmonary hemorrhaging). Autoimmune syndromes occur when the body's natural defenses (antibodies) against invading or ""foreign"" organisms begin to attack the body's own tissue, often for unknown reasons. Symptoms of Goodpasture syndrome include recurrent episodes of coughing up of blood (hemoptysis), difficulty breathing (dyspnea), fatigue, chest pain, and/or abnormally low levels of circulating red blood cells (anemia). In many cases, Goodpasture syndrome may result in an inability of the kidneys to process waste products from the blood and excrete them in the urine (acute renal failure). In some cases of Goodpasture syndrome, affected individuals have had an upper respiratory tract infection before the development of the disorder. The exact cause of Goodpasture syndrome is not known. A diagnosis of Goodpasture syndrome may be suspected based upon the identification of characteristic physical findings (e.g., pulmonary hemorrhaging and glomerulonephritis). The diagnosis may be confirmed by the identification of the presence of anti-glomerular basement membranes antibodies in the body. In some cases, affected individuals may exhibit blood (hematuria) and/or protein (proteinuria) in the urine."