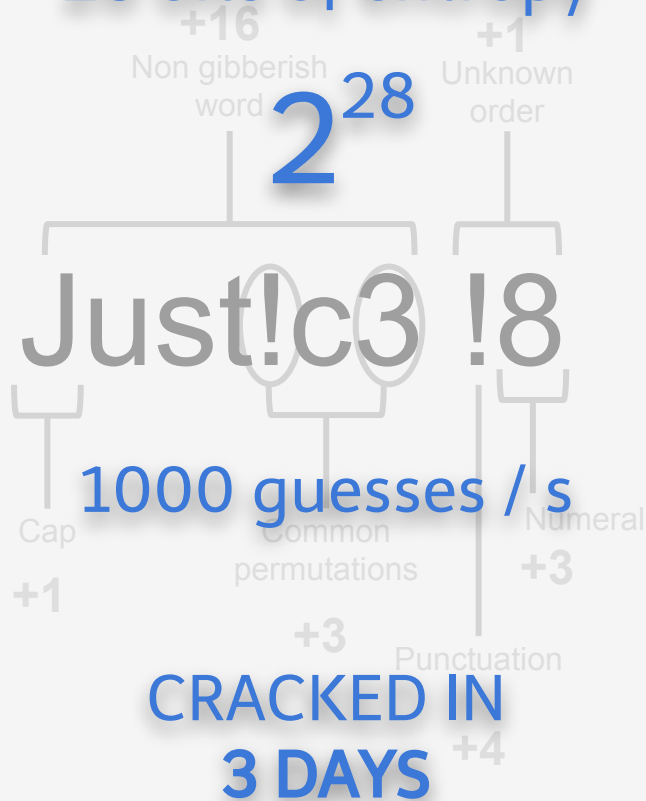


BEST PRACTICE – PRIORITY

**Make
a Few
Strong
Passwords**

28 bits of entropy



44 bits of entropy

2^{44}



ESTIMATED STRENGTH OF CURRENT
GOVERNMENT-GRADE CRACKERS
(AS OF 2014)

350

**billion
guesses
per second**

LESSONS TO LEARN

Sentence-long

Unique

Random

Extra special characters

BEST PRACTICE

**Use
A Password
Manager**

Recommended

LastPass...



BEST PRACTICE

Learn to Check Suspicious Emails

Subject: Urgent
Date: Sat, 2 Dec 2017 20:14:10 +0100
From: Alberto <alberto@gmail-r.com>
To: Anna <anna@gmail.com>

Hi their
I think I have some REALLY explosive news about
the governor. Check out the evidence in the file
attached now!

-Alberto

Subject: Hello
Date: Sat, 2 Dec 2017 20:14:10 +0100
From: Alberto <alberto@gmail.com>
To: Anna <anna@gmail.com>

Hi there,
I found this about you on Facebook.

I can't believe you would do such a thing:

www.facebook-net.com/shkhdkihjh36767

-Alberto

FirefoxFileEditViewHistoryBookmarksToolsWindowHelp

Sun Feb 26 10:16 AMHisham

https://www.facebook.tk.com/

By clicking or navigating the site, you agree to allow our collection of information to improve your experience on our site. See our Cookies Policy for more details and to learn about available controls: Cookies Policy.

Email or Phone

Password

Log In

Forgot account?

Connect with friends and the world around you on Facebook.

See photos and updates

from friends in News Feed.

Share what's new

in your life on your Timeline.

Find more

of what you're looking for with Facebook Search.

Sign Up

It's free and always will be.

First name

Last name

Mobile number or email

Re-enter mobile number or email

New password

Month

Day

Year

Why do I need to provide my birthday?

Female

Male

By clicking Sign Up, you agree to our Terms and that you have read our Data Policy, including our Cookie Use. You may receive SMS Notifications from Facebook and can opt out at any time.

Sign Up

Create a Page for a celebrity, band or business.

English (US)NederlandsFryskPolskiTürkçeDeutschFrançais (France)العربيةEspañolPortuguês (Brasil)Italiano

+

FAKE

<https://www.facebooklogin.com/>



https://www.facebook.com/NOT-SAFE-DO-NOT -CLICK

UNSAFE

?

<http://www.facebook.com/login>

Connect with friends and the world around you on Facebook.



See photos and updates from friends in News Feed.



Share what's new in your life on your Timeline.



Find more of what you're looking for with Facebook Search.

Sign Up

It's free and always will be.

First name

Last name

Mobile number or email

New password

Birthday

Month

Day

Year

Why do I need to provide my birthday?

☐ Female ☐ Male

By clicking Sign Up, you agree to our Terms and that you have read our Data Policy, including our Cookie Use. You may receive SMS Notifications from Facebook and can opt out at any time.

Sign Up

Create a Page for a celebrity, band or business.

English (US) Nederlands Frysk Polski Türkçe Deutsch Français (France) العربية Español Português (Brasil) Italiano +

Sign Up	Log In	Messenger	Facebook Lite	Mobile	Find Friends	People	Pages	Places	Games	Locations
Celebrities	Marketplace	Groups	Moments	Instagram	About	Create Ad	Create Page	Developers	Careers	Privacy
Cookies	Ad Choices	Terms	Help							



Analyze suspicious files and URLs to detect types of malware
including viruses, worms, and trojans.

FREE

File

URL

Search



Search or scan a URL



By using VirusTotal you consent to our [Terms of Service](#) and [Privacy Policy](#) and allow us to share your submission
with the security community. [Learn more.](#)

http://login.logins-verify.com

Google

Change your password

Enter a new password for [redacted]. We highly recommend you create a unique password - one that you don't use for any other websites.

Note: You can't reuse your old password once you change it.

[Learn more about choosing a smart password.](#)

Current password


Don't know your password?

New password

Confirm new password


Change Password Cancel

← ↻ ⓘ dropboxsupport.servehttp.com/?rid=... #identifier



Get the best Dropbox experience on-the-go, for free!

Sign in to Dropbox




Sign in

☐ Stay signed in [Forgot password?](#)

Dropbox Account for everything

[About Dropbox](#) [Privacy](#) [Terms](#) [Help](#)

 English (United States) ▼

Credit: The Citizen Lab



From: "Google Warning" <no-reply@support.googlemail.com>
Date: [REDACTED]
Subject: Unexpected sign-in attempt, secure account with this message
To: [REDACTED]
Cc: [REDACTED]

googlemail.com



[REDACTED]@gmail.com

Hi [REDACTED]

We recently prevented several Log-in attempts to your Account: [REDACTED]

Log-in attempt info:

Location: The Iran

IP Address: 95.79.35.17

If this wasn't you

Please review your Account Activity page at Account Security to see if anything looks suspicious. Whoever tried to Log-in to your account knows your credentials information; we recommend that you change them right away.

If you do not recognize this Log-in attempt, someone else might be trying to access your account. You should reset your credentials information immediately.

[Reset password](#)

Sincerely,
The Google Accounts team

This email can't receive replies. For more information, visit the [Google Accounts Help Center](#).

You received this mandatory email service announcement to update you about important changes to your Google product or account.



PRIORITY

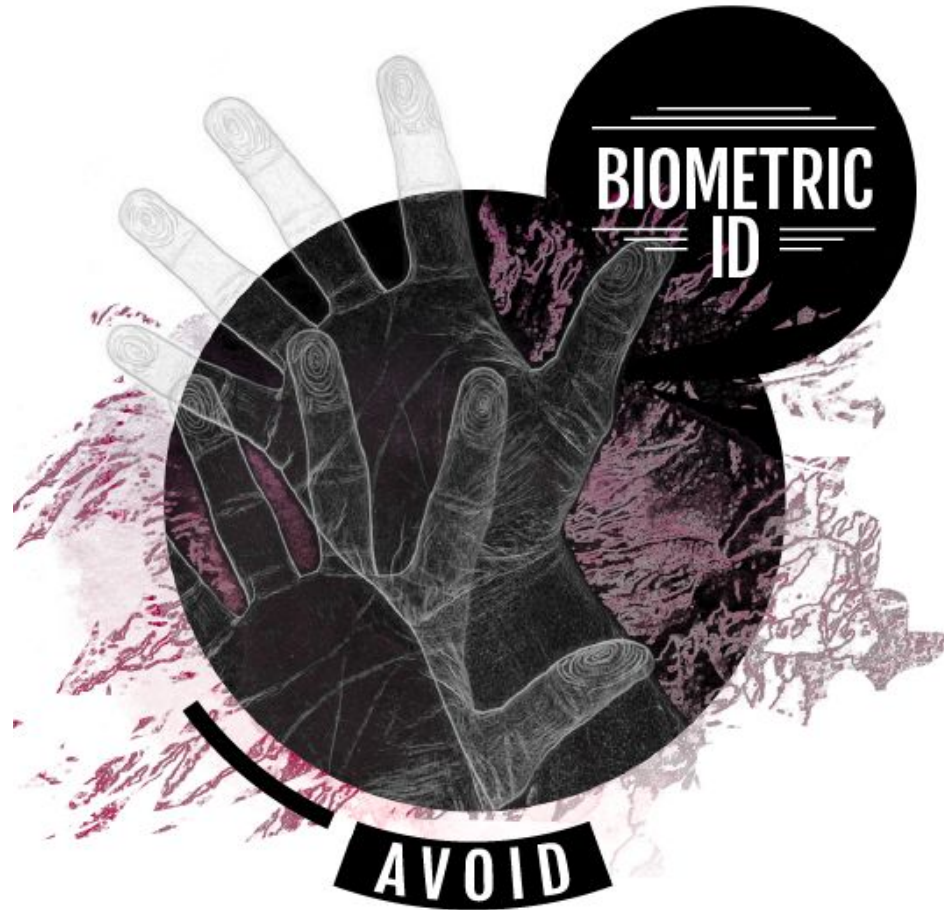
Enable Multi-Factor Authentication

FREE





Credit: AccessNow.org





MENTAL CHECKLIST

Software is trusted

OS is up-to-date

Firewall is on

AV is on

Recommended

Comodo.com antivirus

> Instructions:

pad.riseup.net/p/justice



BEST PRACTICE

Install Apps From Official Store

FREE

Recommended



FREE



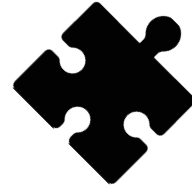
Recommended



FREE

QUICK AND EASY

Install the Right Browser Add-ons



FREE



Privacy Badger

uBlock Origin





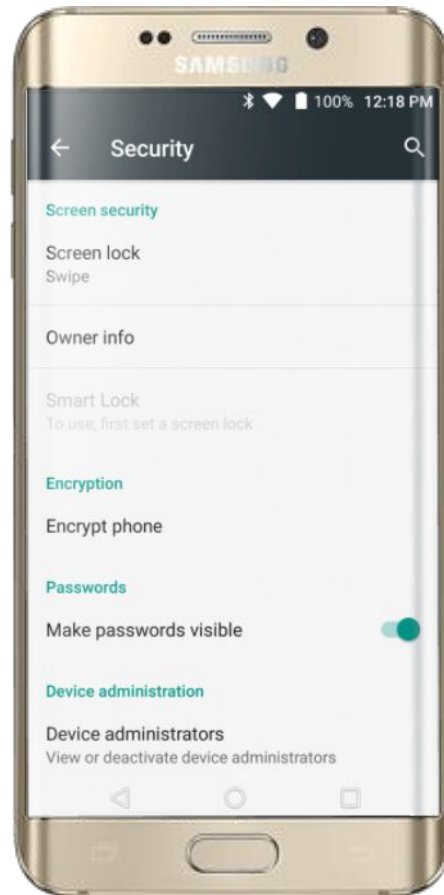
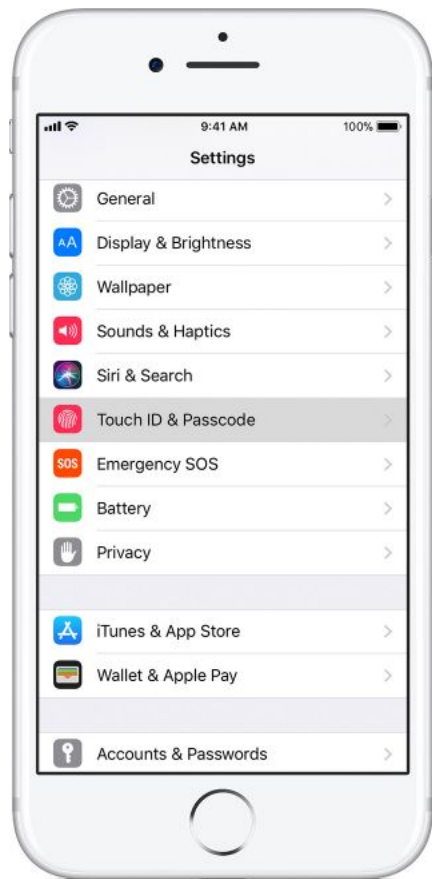
HTTPS://
EVERYWHERE



BUILT-IN OPTIONS

Encryption of data at rest

4S+



FREE

**Check
Your Accounts'
Privacy**



security.google.com

Security

Settings and recommendations to help you keep your account secure

We keep your account protected

The Security Checkup gives you personalized recommendations to secure your account



[Get started](#)

Signing in to Google



Password

Last changed Nov 28, 2016



2-Step Verification

 On



App passwords

None





Security Checkup



No issues found



Recent security activity

No events in 28 days



2-Step Verification

2-Step Verification is on



Third-party access

2 apps with low-risk access to your data



Your devices

2 recently used devices

apple.com/privacy/manage-your-privacy/



Privacy

[Our Approach to Privacy](#) [Manage Your Privacy](#) [Transparency Report](#) [Our Privacy Policy](#)

Here's how to manage your privacy.


We've worked hard to design tools to help you maintain your privacy. Here you'll learn how to keep your devices, data, and Apple ID secure, along with how to avoid phishing scams and how to control what you share and with whom.

[Secure your devices](#) ⌵

[Secure your Apple ID](#) ⌵

[Be aware of what you're sharing](#) ⌵

Facebook “Checkup”

1. Click  at the top of any page on Facebook
2. Select Privacy Checkup



fb.com/security-checkup



Stay Secure on Facebook

Let's look at 3 ways to make your account even more secure.



Log Out of Unused Apps

You're logged in to Facebook from 2 browsers and apps that you haven't used in over a month.

[Review Logins](#)



Get Login Alerts

We can let you know if your account is logged in to from an unrecognised device or browser.

[Turn On Alerts](#)



FREE



FREE



Find My iPhone





PEBKAC