



SUMMER CAMP – Lochgoilhead

18th – 25th August 2012

Camp Information

Drop off time: 06.00 Saturday 18th August 2012 at the Hut. We will then load the kit onto the Van prior to leaving. We will have one van and two minibuses so please leave room when parking if they are not there already.

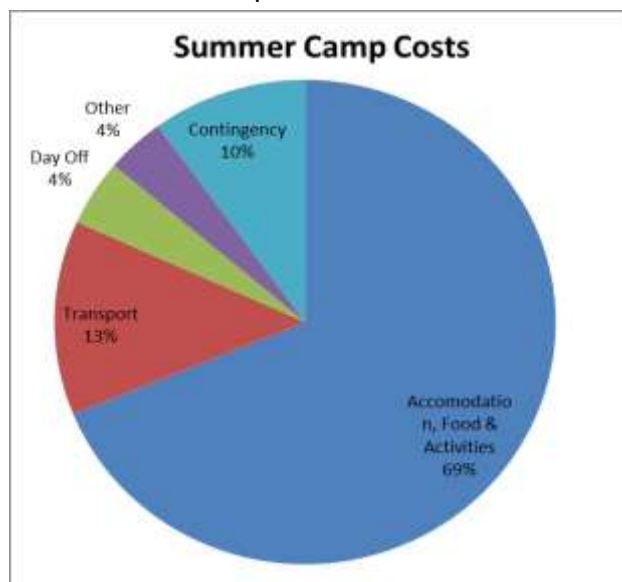
Please eat breakfast before arriving and bring a pack lunch or money for Lunch. We will be stopping at Service Stations on route. Dinner will be provided on arrival at the site.

Pick up time: We are aiming to be back at the Hut by 19.00 on the 25th. However, this is only approximate due to traffic over such a long journey. Parents will be updated with more accurate timings when we reach the M50. We will have breakfast before leaving site and be given a packed lunch. If you wish to buy lunch at the services you will be able to do so but must have your own money for this.

Camp Badge: A camp badge will be delivered to your house the week before we leave. This MUST be sewn onto your uniform before leaving for camp. For info on where badges should be positioned please see our [website](#).

Camp T-shirt: You will be given your camp T-shirt on arrival at the site. Any additional FreeSpirit Kit (Polo shirts or Hoodies) that you may have purchased will also be given to you on arrival at the camp. Any outstanding FreeSpirit neckers will be given out on the mini bus's early on Saturday.

Money: Below shows the breakdown of the camp cost.



The camp cost will cover all necessary costs for the duration of the camp.

There are limited things to spend money on in the village. There is a vending machine onsite for snacks.

Day Off - We will be off site at [Braehead Shopping centre](#) and neighbouring [Xscape](#) for one day. A pack lunch will be provided but Explorers may wish to bring some money to buy lunch out. We will be having dinner all together at an All you can eat Chinese buffet restaurant and has been included in the costs. Explorers will be able take part in the activities in Xscape but these are optional and therefore not included in the

camp cost. A rough idea of the cost of these are included below but please see their website for more details.

- Snow Zone from £14 for 1hour session
- Laser Station £5.99 for 20min session
- Crazy golf £6.00 for 18 holes

Contact & Emergencies: In an emergency we will contact parents directly. There is very limited mobile signal at the centre. If you need to contact us in an emergency please call Simon (Buff) 07866457207 (FreeSpirit ESU) or Jon 07766656490 (Dim Ddraig ESU). We will also be checking emails buff@frespiritesu.org.uk or jonhands26@hotmail.com and our updates will be posted on our [Camp blog](#). If you cannot reach us on the numbers given then the main centre number is 01301 703217 **please** only use this as a last resort.

We will ensure any Explorer who is due to be receiving their Exam Results will have access to a phone/internet to contact parents or schools as necessary.

Health: Permission to camp form, shooting permission and a health form must be completed prior to the camp.

If you have any Medical issues please ensure these are discussed with a leader prior to the camp. It is recommended that any medication needed is handed to a leader at the start of the camp. Please bring spare inhalers if asthmatic.

Valuables & Entertainment: As normal, we cannot take responsibility for any valuables you chose to bring on camp. We will be taking a laptop and projector for watching films and the Party iPOD. If you wish to bring DVDs to watch that's fine, but as with other valuables, they are your responsibility.

Kit: The Kit list available on our [website](#).

Activities: As we will be the only Explorer Scout group on site during our stay the centre has decided to tailor the activities to exactly what we want to do. We will meet with the centre's Activity Manager on our first night to decide.

Blog: Don't forget to check out the [Camp blog](#) and add some comments yourselves! Please get interactive with us!

If you have any queries regarding any of the information provided, or the camp, please contact Rosie 07792594353.

FreeSpirit Leadership Team