

All Night, night hike - Saturday 22nd/23rd Nov

A night's walking / team building activities in the Black Mountains.

Please meet at the Hut in Cwmbran at 9pm SHARP.

Full walking activity kit will be required –

- Walking boots/socks

- Activity trousers (no jeans)

- Micro fleece or similar base layer t shirts/jumpers

- Full waterproofs (top and trousers)

- Hat/gloves

- Packed food / sweets / hot drink / spare jumper in a day sack

- torch

- survival bag

- sleeping bags

- spare clothes in separate bag to change into at end

Please bring signed Permission Form

Pickup will be back at hut at 10am Sunday morning

Emergency Numbers:

Simon 07866 457207; Mike 07814 893517; Rhys 07917203295; Cerys 07811 322048

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Name:

Will be attending the All Night, night hike Sat 23rd.

Signed:

Contact mobile number during the walk: