

## Summer Camp August 2012 - Lochgoilhead, Scotland



FreeSpirit Explorers are travelling to the west of Scotland to the Lochgoilhead National Activity Centre for our annual summer camp. Set amidst magnificent West Highland scenery, the centre offers the Scout Association a fantastic programme of activities on water and land. Virtually all are carried out within walking distance of the centre, so more time is spent participating, not travelling. All activities are supervised and taught to the highest standards by qualified and enthusiastic staff.

We will be making use of their dormitory accommodation which includes bunkhouse style rooms with 4-8 beds per room. Pillows and pillowcases are provided, but a sleeping bag is required.

## **Activities on offer include:**

- Sailing
- Kayaking
- Open Canoes
- Bell Boats
- Power Boating
- Rock Climbing & Abseiling
- Burn Run

- Hill Walking
- Target Archery
- Orienteering
- Problem Solving & Teamwork
- Climbing Wall
- Mountain Biking
- Jacob's Ladder









The maximum cost including all food and transport will be £350, although we are aiming to reduce this with some fundraising throughout the year.

If you want to join us, please bring a deposit of £75 with you on our first week back in September.

Check out the link below for more info on this exciting centre.

www.lochgoilhead.org.uk