



## Sun Run 2012

6th - 8th July 2012

### THE COOLEST MIDSUMMER WEEKEND AT THE HOTTEST EVENT OF THE YEAR!

It all starts Friday evening with a THEMED PARTY with various bands, dancers, guest DJ's etc. Also at the Café Venue there will be live entertainment. Recuperate on Saturday watching top entertainment, jugglers, comedy acts, street theatre and live bands. Also participate in gladiator games, fairground rides, bouncy castles, bucking bronco, Euro bungee and a wide variety of sports and competitions – football, volleyball, netball, tug of war and of course for the energetic as Sunset approaches the famous Sun Run and Moon Run.

There are two routes which are circular starting from the site – the Sun Run is the more testing with the distance being a full marathon (26.2 miles) but for those who still wish to participate in a run, but cannot face the distance, there is the Moon Run which is 13 miles. Those not running can carry on partying with additional bands at the site while waiting to see the runners finish.

Nearly 2000 attend every year, so it is an ideal opportunity to meet new units and forge new friendships!

The event is fully catered and costs £33 (£37 after 04 June 2012) for the weekend. This includes all food and activities for the weekend. To guarantee a place on the weekend at the reduced rate, we will need your monies no later than 30 May 2012 to allow for the post.

You will need to find your own way to the venue and bring your own tents. We will be there from 19:00 on Friday night, and pick up will be 11:30 on Sunday Morning.

Please make sure you complete the permission and health forms available on the website.

Please also note the 2013 dates are 5th – 7th July 2013

### FreeSpirit Explorer Scout Unit

**Explorer Leader** Simon Fairless **Assistant Explorer Leaders** Richard Perry, Rosie Perry, Mike Gibbs, Cerys Hands, Rhys Jobbins  
**tel** 07010 711945 **email** info@freespiritesu.org.uk **web** http://www.freespiritesu.org.uk

### ScoutsWales

**Patron** HM The Queen **President** HRH The Duke of Kent **Founder** Robert Baden-Powell OM **Chief Scout** Lt Cdr (Hon) Bear Grylls RN  
Incorporated by Royal Charter Charity No. 522572



# BOOKING FORM



or go online!

Group \_\_\_\_\_  
 County \_\_\_\_\_  
 Leader \_\_\_\_\_  
 Appointment \_\_\_\_\_  
 Tel. No. \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Postcode \_\_\_\_\_  
 Email \_\_\_\_\_  
 Camping Qualification \_\_\_\_\_

(Remember to fill in your relevant permission forms)

No. of Sun Runners  
 No. of Moon Runners  
 No. of Non Runners  
 Minus Free Places  
 **TOTAL**   
 (@ £22.00 per place - £26.00 after 4th June 2012)

Full catering option  
 (@ £11.00 each) £   
 Plus Booking Fee £ 5.00

**TOTAL**

- Cheques payable to Sun Run.
- Amendments can be made when booking in at the event but no refunds given after 04/06/12.

How did you hear about it?

Have you entered before?

☐ Yes ☐ No

# PROGRAMME OF EVENTS

## FRIDAY 6TH JULY

12.00 Noon	Campsite Opens
6pm onwards	Register Units
7pm - 10pm	Euro Bungee/Entertainment
8.30pm	Themed Party With Live Bands, Dancers & DJ

## SATURDAY 7TH JULY

10.30am onwards	Entertainment Competitions, Sports Gladiator Games Euro Bungee Fairground Rides etc...
4pm	Competition finals
7pm	Start of Sun Run followed by start of Moon Run
8pm	Bar & Entertainment  Watch the Runners return - Entertainment in Cafe

## SUNDAY 8TH JULY

11am	Presentations
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# BOOK NOW DON'T MISS OUT!

# SUN RUN 2012



## EXPERIENCE

THE COOLEST MIDSUMMER WEEKEND FOR ALL OLDER MEMBERS OF  
SCOUTING AND GUIDING AT THE HOTTEST EVENT OF THE YEAR!

EXPLORER SCOUTS AND SENIOR SECTION GUIDES,  
SCOUT NETWORK, LEADERS, FELLOWSHIPS ETC

## 6TH - 8TH JULY

NOW FROM  
AGE 14 AND  
UPWARDS

WITH FULL  
CATERING!



THEMED PARTY

LIVE BANDS & DJ

ARENA SPECTACULAR

STREET THEATRE

INFLATABLE CITY

CLIMBING WALLS/BUNGEE

COMPETITIONS TO INCLUDE  
FOOTBALL • TUG-OF-WAR • VOLLEYBALL

SIMULATORS

2 OVERNIGHT RUNS OPTIONAL  
26.2 OR 13 MILE

& LOTS MORE ▶▶▶

# SUN RUN WEEKEND EXPERIENCE



A FUN PACKED WEEKEND FOR ALL FUN LOVING MEMBERS OF THE SCOUT AND GUIDE MOVEMENTS  
AGED 14 & UPWARDS. ENJOY THE COOLEST MIDSUMMER WEEKEND AT THE HOTTEST EVENT OF THE YEAR!

Don't miss out on what has become the largest party of its kind attracting thousands of Scouts and Guides from all over the country. The event will appeal to everyone - fit or not!

## Venue

The Sun Run is held at Rushbury Court Farm, Cleeve Hill, near Cheltenham, Gloucestershire, with its own permanent 16 acre site which has stunning views across the beautiful Severn Valley to the Malvern Hills.

## 2012 Runs Choice of 2 Routes

We have kept the same routes as last year both circular routes starting from site - the Sun Run is the more testing with the distance being a full marathon (26.2 miles) but for those who wish to participate in a run but cannot face the distance we have the Moon Run which is 13 miles.

The runs are as competitive as you make them, run or walk, skip or hop it's up to you!

INFO • ALL Checkpoints are radio controlled • Snacks, hot & cold drinks at checkpoints • Runners must wear reflective clothing and carry basic items of kit • Teams consist of a minimum of 3 and a maximum of 6 people.

An information booklet will be sent out for all participants on receipt of entry form and fees. This contains camp rules, permission forms, kit list etc. You can also find this information on our website.

Trophies are awarded for the fastest team in each category for SUN or MOON Run: If team members are not all in a category listed below the team will be "unclassified":

Overall -	Any team can win this award
Junior -	17 and under (Male/Female/Mixed)
Senior -	30 and under (Male/Female/Mixed)
Veteran -	31 and over
Group -	Time will be taken as the average of the first 6 members back from any one group/unit

## Sponsorship

We encourage all participants to collect sponsorship money for our Charity of the Year.

## Catering

We offer full catering, Friday - soup & roll, Saturday - cooked breakfast, lunch and evening meal before Sun Run, Sunday - cooked breakfast. Also on site we have a (nearly!) 24 hour cafe and bar in the evening.

## WEEKEND ACTIVITY

### This year's fun at the SUN RUN...

The fun starts as soon as you arrive!

Join in the sounds of our live bands at our very own THEMED PARTY NIGHT! As an extra alternative the cafe will also be featuring live entertainment throughout the night.

Throughout Saturday, you can enjoy our 'Glastonbury'. There will be venues for entertainment such as Live Bands, Street Entertainers, Arena Spectacular, Events, Craft stalls, Sport Competitions (Football; Volleyball; Tug-of-War) Gladiator Games, Climbing wall, Fairground Rides, Euro Bungee and much more! As dusk falls, we have the start of the **2012 SUN RUN** and **MOON RUN**.

For those less energetic the party continues with a Disco / Band where you can follow the progress of the races and then move on to the Cafe with Dale.

After a "good nights sleep" we have the presentations.

## FOR FURTHER INFORMATION...

Call: 01242 240736 (24 hour voice mail) or 01452 700998

Fax: 01242 240750 email: [info@sr-mc.org](mailto:info@sr-mc.org)

or write to Robert Stevens,  
212 Hatherley Road, Cheltenham, Glos. GL51 6ET.

Please send bookings to: Ann Haseler, Applegarth,  
Sappercombe Lane, Charlton Kings,  
Cheltenham, Glos. GL53 8LY.

Visit our website at: **[www.sr-mc.org](http://www.sr-mc.org)**  
HISTORY • PICTURES • VIDEO • KIT LIST • RULES ETC.

## HOW TO ENTER

Fill in the form overleaf. Please send it with your fees to the address below or book online.

### ENTRY FEES

**£22.00** (£26.00 after 04/06/12) - this includes site fees, all of the entertainment and the Sun/Moon Run for those participating.

**FULL CATERING OPTION:** This includes all meals provided throughout the whole weekend for an additional **£11.00**

**DISCOUNT FOR LARGER BOOKINGS:** Link up with other groups or units in your area for a discount. One free entry for every ten bookings, ie. the 11th, 21st, 31st etc. places are free.

Please send this form to:

Ann Haseler, Applegarth,  
Sappercombe Lane,  
Charlton Kings,  
Cheltenham GL53 8LY.

All enquiries to Robert Stevens (see 'further information' section in this leaflet).

We also organise an event for Scouts / Guides and Explorers / Senior Section Guides under 16 years old, **The Malvern Challenge**.

This takes place the weekend before **The Sun Run**.

**Arm Band No:****FOR OFFICE USE ONLY****Account Code:****SUN AND MOON RUN HEALTH & CAMP PERMISSION FORM 6<sup>th</sup> – 8<sup>th</sup> JULY 2012**

This form is to be completed by everyone attending and handed to your Leader to hand in when booking in on the Friday of the event. DO NOT POST IT TO US IN ADVANCE.

Surname

Forenames

Address

Post Code

Tel No

Group Name

National Health No.(If known)

D. of B.

/ /

Male Female

(delete)

Name of Doctor

Surgery Address

Surgery Phone Number (24 hour if possible)

[many have changed recently - please check]

- Approximate Date of last of last Tetanus injection
- If the above person has been in contact with any infectious diseases that you believe we should be made aware of, please contact the organisers prior to arrival.
- List any known allergies/sensitivities e.g. penicillin/elastoplast/foods

- Is the above person undergoing any current or recently had any medical treatment which the organisers should know about? YES / NO  
If yes please give details, include doctor or hospital.

- Does the above person suffer from asthma, chest complaint, hay fever, migraine, fits or faints, diabetes, nervous disorder, any other illness or disability.

- Please declare any other relevant information which you think the organisers should know about.

In the event of any serious accident please contact the following person who is contactable during the weekend

Name

Address (if different)

Post Code

Day Tel No.

Night Tel No

Relationship.

I understand that the Sun Run is a weekend of activities for members of the Scout and Guide Movements aged 14upwards. During the weekend there will be the opportunity to undertake Rifle target / laser clay shooting – if you do not wish your son/daughter to participate in these activities or they are restricted by virtue of Section 21 of the Firearms Act 1968 (which applies only to persons who have served a term of imprisonment or youth custody) please tick the box below. The organisers must formally disclaim any responsibility whatsoever for any loss, injury or loss of life during the weekend. The activities will be run under the rules of the Scout Association and those who are currently members of the Scout or Guide Movement will be covered in the normal way by their Association Insurance.

I and my son/daughter have read and will abide by the rules. I give permission for an Organiser/Leader to sign on my behalf any written form of consent required by the hospital authorities, if the delay required to obtain my signature was considered inadvisable by the Doctor concerned.

Participants Signature

I do not wish my son / daughter to participate in target rifle/laser shooting. ☐ (tick if applicable).

Parent/Guardian signature

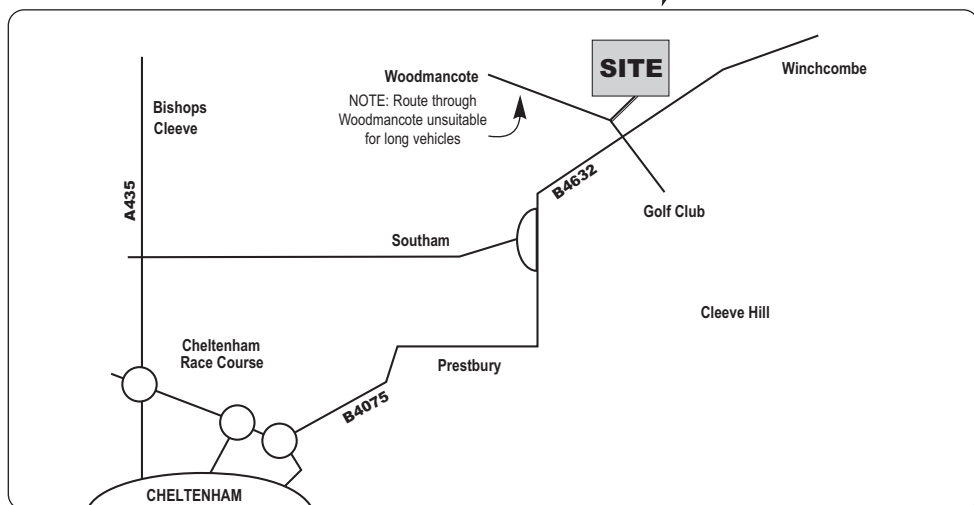
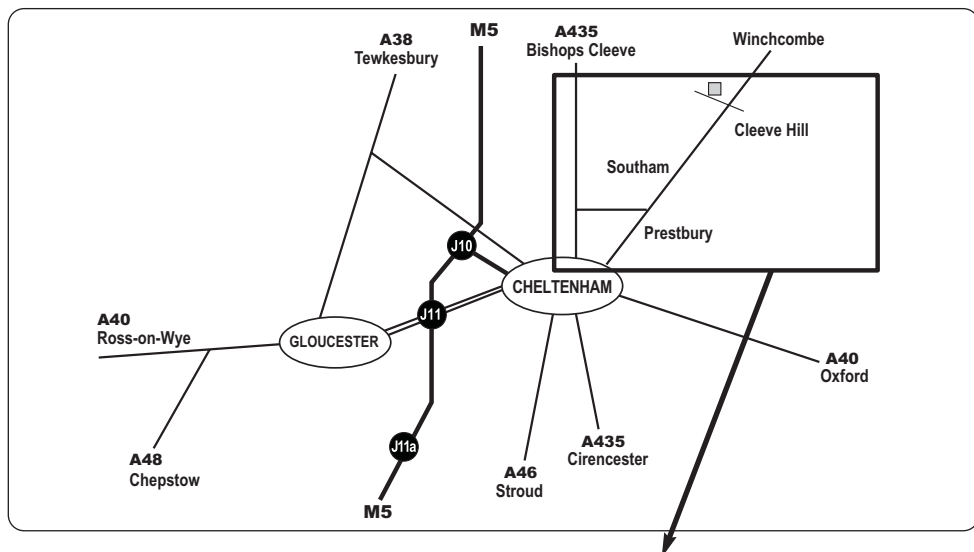
(if participant is under 18 on the weekend of the Sun Run)

Parent/Guardian Name

# SUN RUN & MALVERN CHALLENGE

## SITE DIRECTIONS

Rushbury House Farm, B4632 (was A46), Cleeve Hill, Cheltenham GL54 5AE  
G.R. SO 992 278



**FOLLOW YELLOW SIGNPOSTS "SR/MC"**

Any problems phone the SITE on **01242 676989** or SITE MOBILE **07966 531295**