Survival Camp – Suggested Kit List

Warm sweater, jumper, sweatshirt, fleece	Full Waterproof's
T-shirt or thermals	Sleeping bag
Trousers (not jeans) and thermals	Ground sheet
Spare underclothes	Plate, bowl, bowl, mug and cutlery
Spare thick socks	Tea towel
Hike boots or strong shoes	Towel(s)
Training shoes	Torch and spare batteries
Orange survival bag / large plastic bag, bivi bag	Personal first aid kit
Penknife or similar, wire saw, trowel	Personal; washing requirements
1-2 old baked bean tins	Rucksack
Newspaper, Foil	Hammock & Tarp (Optional)
Candle, matches	
2-3 black bin bags	

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