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## Anti-Racism, Growth, and Learning Resources

Please note that most of these resources have been gathered and shared by the [Oregon Association for Multicultural Counseling and Development](#). We have added additional resources to their list that may be of interest to faculty, staff, and students. We also encourage you to view their [acknowledgement statement of solidarity](#). We greatly value their work in our community and support their endeavors.

### Resources

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#### Helpful Resources

- [Anti-Racism Resources](#)
- [Anti-Racism Essential Reading Compiled by the Cultural Resource Centers](#)
- [The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement](#)
- [Video: Why “I’m not racist” is only half the story, by Robin DiAngelo](#)

#### Organizations and Training

- [Black Mental Health Symposium 2020](#)
- [AMCD Virtual Summit](#)
- [People’s Institute for Survival & Beyond](#)
- [The White Privilege Conference](#)
- [National Conference on Race and Ethnicity \(NCORE\)](#)
- [Power Rising Conference](#)
- [The Latinx Summit for Courageous Conversations](#)
- [National Queer and Trans Therapists of Color Network](#)
- [Free Racialized Trauma Course](#)
- [The Audre Lorde Project](#)
- [The Brown Boi Project](#)
- [Trans Women of Color Collective](#)

#### Books

- *Me and White Supremacy Workbook* by Layla F. Saad
- *Stamped from the Beginning: The Definitive History of Racist Ideas in America* by Ibram X. Kendi
- *More Beautiful and More Terrible: The Embrace and Transcendence of Racial Inequality in the United States* by Imani Perry
- *Why I’m No Longer Talking to White People About Race* by Reni Eddo-Lodge
- *Killing the Black Body* by Dorothy Roberts
- *Tears We Cannot Stop* by Michael Eric Dyson
- *The New Jim Crow* by Michelle Alexander
- *So You Want to Talk About Race* by Ijeoma Oluo
- *Between the World and Me* by Ta-Nehisi Coates

- *White Fragility: Why It's So Hard for White People to Talk About Racism* by Robin DiAngelo
- *The Racial Healing Handbook* by Anneliese A. Singh
- *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown
- *Racism Without Racists: Color-Blind Racism and the Persistence of Racial Inequality in America (5th Edition)* by Eduardo Bonilla-Silva
- *Eloquent Rage: A Black Feminist Discovers Her Superpower* by Brittney Cooper
- *Pushout: The Criminalization of Black Girls in School* by Monique W. Morris
- *Sister Outsider* by Audre Lorde
- *Beloved* by Toni Morrison
- *How to Be an Anti-Racist* by Ibram X. Kendi
- *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem
- *Black on Both Sides: A Racial History of Trans Identity* by C. Riley Snorton
- *Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race* by Beverly Daniel Tatum, PhD
- *The Fire Next Time* by James Baldwin
- *Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone* by Leticia Nieto