Valid Perfect Square

Given a positive integer *num*, write a function which returns True if *num* is a perfect square else False.

Note: Do not use any built-in library function such as `sqrt`.

Example 1:

```
Input: 16
Returns: True
```

Example 2:

```
Input: 14
Returns: False
```

Credits:
Special thanks to @elmirap for adding this problem and creating all test cases.