

THE METROPOLITAN

The Metropolitan State University Student Newspaper

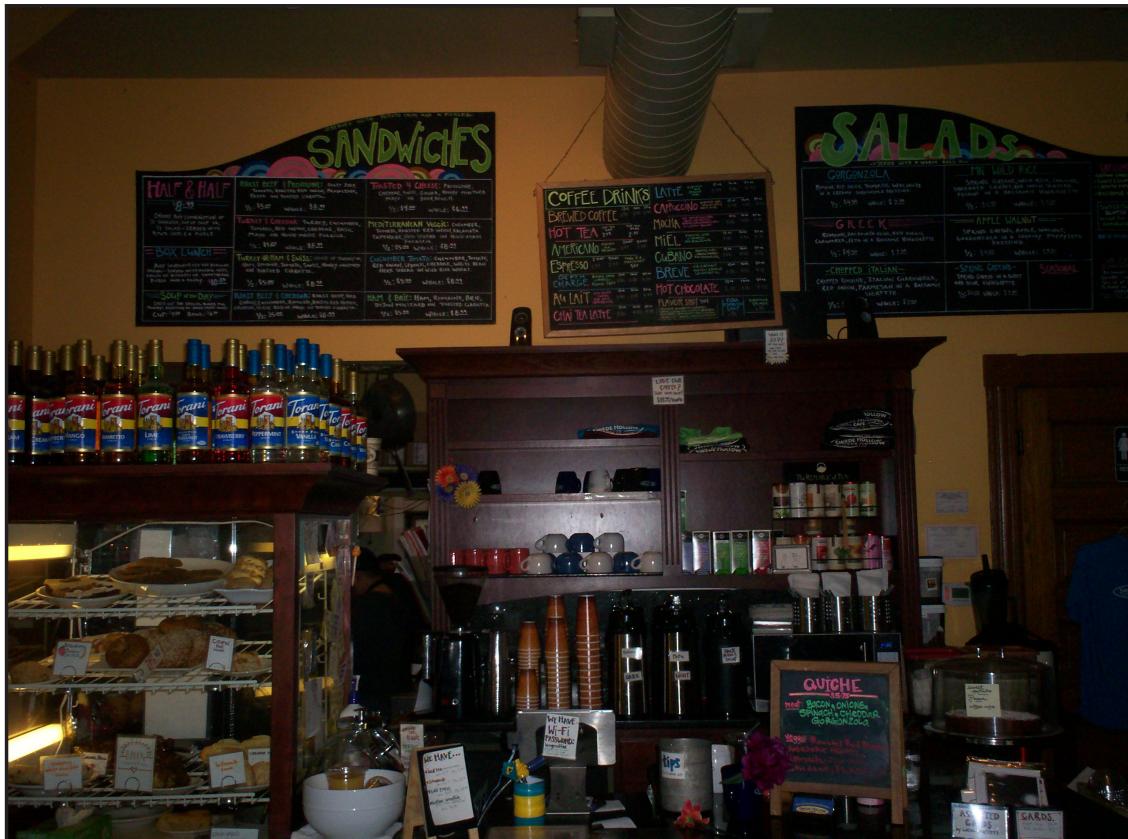
Business Highlight: Swede Hollow Café

BRAYDEN MANN
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Just a little bit up the street from Metro lies a small shop that remains a contradiction: an awning that feeds into a side yard that blends into the street, but the shop would feel somewhat hollow without it; a part of an historic building, but without the blue and yellow awning, it may go unnoticed when one passes by.

Inside lies a small store where the main room could hold perhaps 25 people at most. It is absolutely packed. "After all," said Julie Lewis, a local resident, "they don't just sell coffee. The food and environment sells themselves." Swede Hollow Café is the little shop that never fails to impress.

Founded in 1997, it was placed in Dayton Bluff's Stutzman building, which blends into the surrounding 7th street aesthetic in breathtaking fashion. It may seem obvious how it acquired its name, with Swede Hollow Park located behind



Scott Lindell

the building, one could call it legacy by association. But to assume that the environment and surrounding area are the reason for its suc-

cess is an obvious mistake.

The food is spectacular. Along with a reliable cup of coffee that always seems to impress, the

specials of the day allow for the cooks to stretch their creative capabilities while simply creating great

[SEE SWEDE HOLLOW CAFE ON PAGE 8](#)

You and Your Summer 2016 Bucket List

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Summer is here! The weather is warm, and the sunshine is out. Longer days are on the horizon. It's time for you to put your socks away and get out those flip-flops. Many exciting adventures and fantastic moments await you. It's your chance to create lasting memories that you will recall for years. This year's summertime could be your best yet.

Sometimes this season goes by too quickly, though. And, if you are like me, today's technology provides a sidetrack from exploring new possibilities. Modern inventions, such as streaming and smartphones, can divert attention away from real-life experiences. This year, however, you don't have to feel regrets over missed opportunities.

A 2016 Summer Bucket List could help you plan a great summer. This list has a powerful propensity

to make your aspirations come true. You can place your list in a place where you will see it every day. It will help you visualize your summer's outcomes and feel inspired. This list can feature dates and deadlines for a sense of urgency.

Spend Time Outdoors

As I compile my Summer Bucket List, many fun activities come to mind. Summer is a great time to enjoy the outdoors with family and friends. From beaches to forest preserves, Minnesota is abundant with nature. Around our Saint Paul campus, for instance, there are several parks within walking distance. These places are ideal for hiking or biking—and picnics too. This summer, I will explore Indian Mounds Park.

Find a New Experience

If outdoor scenery is not your preference, there are

plenty of indoor attractions to see. The Science Museum of Minnesota may be a consideration for you. This July, the Museum will present Mummies: New Secrets from the Tombs and two Omnitheater shows—National Parks Adventure and Jerusalem. In August, I will go to the Minnesota History Center for the first time. Their exhibit, Minnesota's Greatest Generation, offers true stories from people that lived during the Depression and World War II.

Complete a Project

Besides enjoying recreational activities, I intend to be productive. Is there a chore that you have been putting off for some time? Maybe you have something to build or create. Personally, I have procrastinated on a few assignments. When writing these duties on paper, I feel anxious. By completing these projects, I can eliminate anxiety and

gain a sense of accomplishment.

Learn Something New

With a summer full of events, a person can find meaning through self-improvement. Reading is an excellent way to acquire new knowledge. It can also help you improve a skill. On my Bucket List, I have set a goal to learn a new software program. This act will help me prepare for the upcoming school year and beyond. What useful information would you like to find?

Speaking of useful information, I hope you found this article helpful. The content may be appealing, but the actions you take with it will be invaluable. What are your hopes and dreams this summer? What is on your 2016 Summer Bucket List? Will you seize the summer?

Interview with new President, Ginny Arthur

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The search is over for the next president of Metropolitan State. Devinder Malhotra's service as interim president, since 2014, will come to an end on July 1 when Virginia (Ginny) Arthur will be appointed as the university's new president.



Arthur came to Metro State in 2012 when she took over the position of provost and vice-president of academic affairs, which has now transitioned into executive vice-president. Previous to that, from 2009-2012, Arthur served as associate provost for faculty affairs at the University of Northern Iowa (UNI); from 1985-2009, Arthur served at the College of St. Benedict/St. John's University in several capacities, including professor of management, Management Department chair, and vice chair and chair of the joint faculty assembly.

When the position opened up at Metro State, Arthur was actually quite happy working at UNI. But, she considered the position with the helpful persuasion of an acquaintance. "Someone who knew Metro State pretty well encouraged me to apply, saying it seemed like such a match for what I think about higher education and what I want it to accomplish," Arthur said. "And when I learned more about [Metro State], I agreed, this is a great match for me." Arthur summed it up as such, "I've always been very in-

[SEE NEW PRESIDENT ON PAGE 8](#)

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The submission deadline for the
August Issue is July 10, 2016.

Summer Fun

Summer Jobs: Endless Opportunities

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Summer is officially here, which means several things: extra daytime, warm weather, and businesses are hiring seasonal employees. This is a great time to drop the books and make some cash. Having a summer job is a great way to test out a field you're interested in or pursue a hobby.

My first summer job was a seasonal position working at Macy's in the cosmetics department. I had always been interested in makeup, skincare products, human biology, and business. This summer job shaped my future in a wonderful way. Because of this experience I decided to attend Aveda and establish myself in the beauty industry. For over a decade I worked under world renowned hair stylists, helped open and run spas/salons and write customer service manuals and corporate materials. My summer job led me to future employers. I still keep connections from that job to help find leads for new employment.

One way to find a job you love is to think about the places you frequent, or items and activities you enjoy. If you are tech savvy, maybe applying at the Microsoft or Apple store would be a good fit. If you enjoy it, applying for regular part-time positions may be an option. Places like these offer great discounts and, if hired on as a regular employee (even as part-

time), they can offer educational assistance.

If you are strong and don't mind physical activity, places like PepsiCo, UPS, Federal Express, and many more are hiring for overnight shifts for seasonal employees doing more physical jobs. This can be a good way to get in shape and make some cash.

For those of you who love the outdoors and don't mind a little sun, places like Home Depot, Menards, Bachman's and landscaping companies are a great way to learn about business and gardening. In addition, if you enjoy the work you can move around in larger retail companies and learn about different departments. This allows room to network and meet new people.

My husband (and a fellow Metro State student) met me while he worked his first summer job at Dairy Queen. It was love at first ice cream cone—I mean sight. He won my heart with some soft serve. You never know who you are going to meet at a summer job or where it will lead you. But you will gain experience to put on your resume, hopefully meet new friends, and earn some extra spending money.

Have a wonderful summer!

Searching...Seeking Fireworks

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We were driving around searching for a fireworks show. It was the Fourth of July. With our spur-of-the-moment decision, my girlfriend and I hoped to witness the Independence Day celebration. In the distance, we could see brilliant flashes of light. Would these magnificent sparks bring us to the desired location?

"Seek and Destroy", a well-known Metallica song, played in the background. As we traveled, the lyrics became "searching...seeking fireworks." We were determined to find the ultimate fireworks show and witness the awe-filled display. Finally, we made it to our destination—or did we?

As we got out of our vehicle, we noticed that most people were getting into theirs. It was a huge disappointment. The experience, however, gave us insight on what to do. This year, we will be more prepared to have an enjoyable fireworks experience—and so can you. The appropriate information can help you plan.

Research Fourth of July fireworks shows

Since many cities have firework shows at different times during the summer, it is important to find out if your town has one this Independence Day. If not, you will have to travel. Some websites can provide you with event addresses. They can also help you verify their dates and times.

Plan your trip.

You can use your research information to arrange your night. For instance, you can use Mapquest to determine how much time you will need. It can also help you get there on time and have an opportunity for a bathroom break. If possible, you could organize your day around the performance. Your night could include a pre-show dinner or picnic in the area. By getting to your destination early, you could avoid



Photo Courtesy of Morgue File (Gundina)

traffic and save time finding a parking spot.

Bring your supplies.

Besides transporting others to the fireworks, you could bring a few supplies. A folding chair or blanket will make you more comfortable. Snacks and water will help you stay replenished and hydrated. Insect repellants will prevent you from getting bitten by mosquitoes and other bugs. A working flashlight may also be useful.

Enjoy the show!

The fireworks celebration on the Fourth of July comes once a year. It's a special summertime event. This night is an occasion to honor our country's traditions and patriotic values. It's also fun, entertaining and free! Hopefully, your Fourth of July, whatever you do, will be enjoyable.

Summer Fun

Try Bike Commuting

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When I started my college career at Minneapolis Technical and Community College, I did not have much money. My funds would go towards gas or money for a bus pass (which was still hard for me to afford). So my husband put together a bike out of parts he found in dumpsters—he has been known to find free bikes on the side of the road or cheap parts on Craigslist.

On my Frankenstein bike I commuted to school for spring and summer semesters. I saved about \$100 on a bus pass per semester and worked out every day. Since then I have upgraded to a newer nicer bike, gotten better bike lights, and become savvy on where to find bike paths.

If you are considering taking up bike commuting this summer, please consider the following tips:



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-Wear a helmet—According to The American Association of Neurological Surgeons, 85,389 cycling accidents resulted in concussions or brain damage in 2009. If you fall, a helmet will protect you.

-Light up the streets—Bike lights and reflectors are a must. It is best to have a bright

white headlight for the front and a red light for the back. I normally find red reflective bike lights at events like Open Streets and random art fairs; Metro Transit typically gives them out at events for free.

-Follow the laws—Riding a bike is much like driving a car. It is important to signal

for turns, ride in the correct lanes, and obey traffic signs and lights. Read more here: bikemn.org/education/minnesota-bicycle-laws.

try out a Nice Ride; learn more at: niceridemn.org.

Have fun, get active and have a great summer biking.

-Look up directions—Sometimes GPS won't always take you the safest route. Try to have a bike map handy.

-Plan ahead and consider not riding in bad weather—It is wise to have a light rain jacket in case of light rain, but if heavy storms are in the forecast, driving or taking the bus is safer.

Safety Reminder: Please wear a helmet.

"...85,389 cycling accidents resulted in concussions or brain damage in 2009."

Biking is a great way to commute, exercise, and build community. You can even receive discounts at places like Mississippi Market and Summit Brewery through Bicycle Benefits. You can find more information at their website: bicyclebenefits.org. If you don't own a bike and would like to try cycle commuting,

10 for \$10

METROPOLITAN EDITORS

The tantalizingly good weather in late spring has been a distraction for everyone trying to finish up school projects, but we'll all soon have time to release our pent-up desire to break free from academia. However, whether you're graduating or not, you probably don't want to blow a lot of money on recreation.

Here are a few things around the Twin Cities that the Metropolitan staff is going to take advantage of this summer. Sure, you can do a number of these things all year, but if you're like us, you were too busy, tired, or guilt-ridden ("I really should write this paper now") to enjoy them.

Since the University draws students from 24 counties, we've included a couple destination attractions. In other cases, we hope to inspire your own localized version of this list.



Scott Lindell

Flat Earth Brewery (688 Minnehaha Avenue East, Saint Paul, Minnesota 55106)

<http://www.flatearthbrewing.com/>

The Twin Cities is now home to at least a dozen independent breweries that have taprooms and sell growler, but we wanted to highlight Flat Earth (see article) because it's been around a while and is near Metropolitan State.

Other taprooms include the nearby Sidhe brewing on Payne Avenue as well as Surly, Insight Brewing, 612 Brew, Dangerous Man and a host of others that can make for an interesting tour (as long as you designate a driver!). Pints and flights at taprooms are typically less than at bars or restaurants, and each brewery seems to have its own distinct atmosphere.

Live Theater and Shows

Evening classes and work obligations prevent many students from exploring the Twin Cities thriving theater scene. At one point, we had more theaters per capita than anywhere outside of NYC.

Although people think of the Guthrie Theater and the evening gowns and formal wear that seem to accompany high ticket prices, there are many small companies doing great (and sometimes experimental) work in dozens of smaller venues.

Summer Fun —

10 for \$10

Huge Improv Theater (3037 S. Lyndale Avenue, Minneapolis)

<http://www.hugetheater.com/>



As the name suggests, Huge Improv Theater hosts a lot of unscripted comedy. Many of the ongoing weekly performances have the same format but different performers (both well-known and up-and-coming), giving the audience a taste of their signature styles. Shows range from the all-stars performing "Show X" on Mondays to the "Space Jam" open stage on Thursday to an array of performers on weekends.

Of course, you never know how improv is going to turn out, but it

Mounds Theatre (1029 Hudson Road, Saint Paul)

<http://www.moundstheatre.org/>



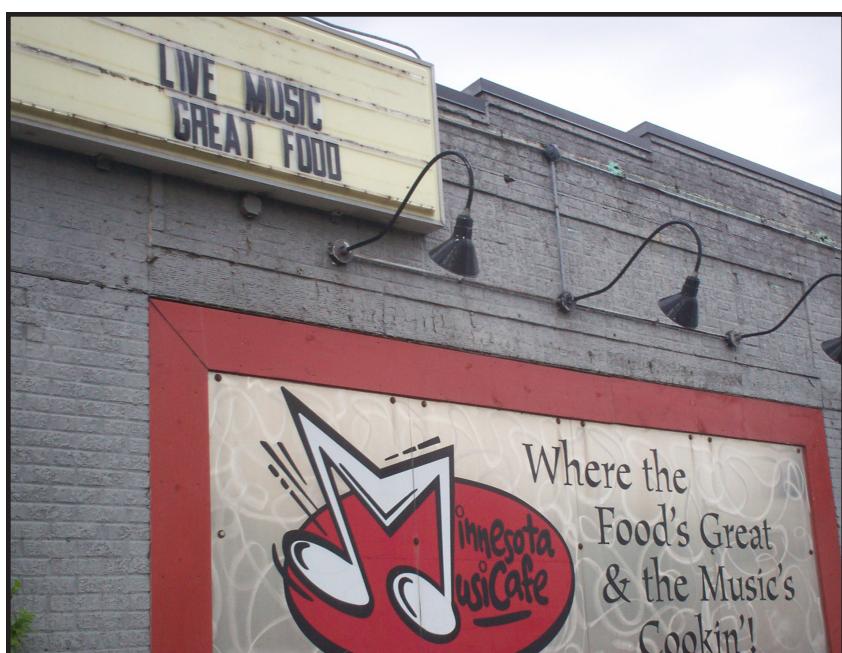
Where else can you regularly see family-friendly wrestling, local comedians, burlesque shows, a psychobilly concert and live radio shows—and "A Klingon Christmas Carol"? The Mounds Theatre in the heart of Dayton's Bluff on St. Paul's East Side—that's where.

This hidden gem of a venue is a refurbished movie house from the 1920s. Performers sometimes incorporate the art deco vibe into their performances.

The variety of events is by design, as executive director Jessica Johnson said, and providing a place for smaller scale, niche acts is one of the theater's goals. Of course, they also bring in companies and plays

The Minnesota Music Café (449 Payne Avenue, Saint Paul)

<http://minnesotamusiccafe.com/>



Concerts are the other type of live show you can enjoy with impunity after being freed from the shackles of your syllabi and deadlines.

If you're like me, you've driven past the Minnesota Music Café on your way to class dozens of times and thought about stopping in if you weren't running late. However, it is a good place to go after an evening class because that's when things really ramp up.

True to its name, the Minnesota Music Café has concerts seven days a week. Their bookings lean toward blues, R & B, and funk, but they also feature some rock bands. Check their listings, enjoy a

Como Zoo and Park (1225 Estabrook Dr, St Paul)



<http://www.comozooconservatory.org/>

In the scope of conservation in Minnesota, Como Zoo has been the institution. No other zoo or conservation center has been as accessible to the public or with such a wide scope. Although donations are always accepted, as well as memberships, general admission to the zoo has always been free. With the wide variety of species and an iconic botanical garden, the zoo has been one of the most reliable attractions in the state.

Other paid services include the amusement park and an on-site restaurant.

Summer Fun

10 for \$10

Ice Cream:

I scream, you scream, we all scream for affordable desserts. Open year round, Izzy's and Grand Ol' Creamery—both off of Grand Ave. in St. Paul, and Sebastian Joe's off of Hennepin Ave. in Minneapolis, offer some of the best desserts in the Twin Cities. These aren't your great grandparents' ice cream shops—nor are they your standard 31 flavors shop.

Some flavors may be a little experimental and out there, but you probably won't be disappointed—your wallet sure won't.

Museums:

Minneapolis Institute of Art (MIA); Walker Art Center; Weisman Art Museum; Minnesota History Center



The Twin Cities has a plethora of museums and historical societies, which are either free or largely discounted for students with school IDs; MIA and the Weisman are free all the time. While the Minnesota History Center and the Walker may cost money, the former has free attendance on Tuesdays from 5-8 p.m. and the latter has free attendance every Thursday night after five as well as the first Saturday of the month—but, with a student ID, the Walker's attendance is always \$9.

Movies in the Park:

<https://www.thrillist.com/events/minneapolis/twin-cities-outdoor-movie-calendar-2015-free-summer-film-screenings-twin-cities>

Movies, parks, and picnics: a trio for a Minnesota summer for anybody wanting to stretch their legs and then proceed to sit down for two hours. Over the summer months, both Minneapolis and St. Paul feature free movies open to the public. Depending on the park and depending on the day, the movies are different, but typically are family friendly—always double check just to be sure!

Twin Cities Parks

<http://www.metrocouncil.org/parks.aspx>



The Twin Cities has one of the most extensive public parks programs in the entire country. Minnehaha Falls, Fort Snelling Park, and Como Park remain some of the largest in the area. But for Eastside St. Paul, Phalen Park remains the most varied and notable.

Saint Paul Saints Baseball:

<http://saintsbaseball.com/>

With a brand new stadium and an overwhelmingly successful homecoming season, the Saints have the wind behind them going into their 2016 season. The old Midway stadium may have been a fan favorite, but the new CHS Field in the heart of Lowertown, right down the street from Metro State's main campus, is absolutely dynamic. With tickets as low as \$5 and handout items virtually every week, a day at the game is—ahem—a home run.

Wabasha Caves

<http://www.wabashastreetcaves.com/>

Everything needed for a pre-1950s night, "The Caves," as it is known in the Twin Cities' swing dance circles, has strong connections to mafia dealings in St. Paul's underground catacombs. "It has a strong ambience," said Metro student and "Rhythm and Swing" dancer Brittany Jacks. With swing dance night every Thursday featuring various jazz orchestras, and bands being \$8 and tours starting at \$6, the caves serve as an easy way to experience one of St. Paul's most interesting historical aspects.

Tech Check

Avoiding Malware by Hardening Your System

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Today's computer age is one of threats. Scammers want to steal your credit card information, hackers want to corral your computer into giant botnets whose purpose is to shutdown websites, and "ransomware"—spyware that deletes information but offers to give it back if you pay up—is running increasingly rampant, infecting even hospitals and police stations. IT departments are keeping busy staying up-to-date with all these different types of "malware" (malicious software), but most people unfortunately don't have an entire IT department keeping their own personal computer safe.

In the last issue of The Metropolitan, Levi King did a fantastic job of explaining how malware installs itself through "attack vectors," and suggested a number of important ways you can eliminate these. In this issue, I would like to suggest a handful more that will help ensure you never fall prey to a computer infection again.

Install EMET (Windows Only)

One of the least-known yet most-helpful tools for hardening your system (assuming it is a Windows system) is Microsoft's Enhanced Mitigation Experience Toolkit, or EMET. While initially intended only for system administrators, EMET is now available as an easy-to-install consumer package that adds several additional security precautions to Microsoft Windows. These features all

work together to reduce the "attack surface" that common malware uses to infect your system, akin to how flu shots preemptively "patch" weak parts of your body against the flu. In EMET's case, it specifically "patches" common programs (like Adobe Flash and Google Chrome), reducing the ways these programs can be used as an attack vector.

To install EMET, you must:

- Download it from the Microsoft Download Center (go to microsoft.com/emet, and click "EMET 5.5" on the right)

- Run the downloaded program, "EMET Setup.msi"

- When asked, choose "Use Recommended Settings"

At this point, EMET will have "patched" several common programs, but will leave many others untouched. To patch the remaining programs:

- From the Start Menu, open "EMET GUI"

- At the top-left of the opened window, click "Import"

- Three files should be listed. Of them, open "Popular Software.xml"

That's it! EMET will now have hardened applications ranging from

Google Chrome to Skype to iTunes. One caveat does remain, however—some programs may no longer work as expected with EMET installed. While I very rarely experience an issue, EMET will stop some legitimate programs from working correctly. If this happens, you may wish to uninstall EMET, or add an exception for that program, which you can do from the EMET GUI window by clicking "Apps."

Read What You're Installing

For about five years, it has been very common for perfectly legitimate software to ask you to install additional malware. Java, for instance, despite being owned by software behemoth Oracle, will offer to install the "Ask Toolbar." Now, the Ask Toolbar isn't malware, and many people install it voluntarily, but many people also end up installing it simply because they didn't read what Java offered. Other programs will similarly ask you to install extras, but these will be far more malicious in nature. You should always read what extras a program is offering, and decline them if they don't sound like something you'd want to install.

(Why would legitimate programs offer to install malware? It helps pay the developers' bills.)

Stay Updated

Malware often installs itself by exploiting holes in other software you've already installed. For instance, holes in Chrome or Firefox

may allow webpages to install malware on your system, or holes in Adobe Reader may allow PDF documents to do the same. Often, software makers aren't aware of these holes until they're being exploited, but will patch them very quickly afterwards.

As a result, one of the best ways to stop "drive-by" malware is by keeping your software updated. Today, most software will update itself automatically, but some will still ask if you want to update, and your answer should always be "yes."

Relatedly, if you're one of the few people still on Windows XP, your computer is probably swimming in malware, and if you're running versions of Microsoft Office older than and including 2007, you should be extra careful about opening unknown documents. All of these products stopped being supported by Microsoft years ago.

Use Common Sense

Finally, the best way to prevent infections is simply to use common sense. Don't run programs you downloaded from shady parts of the internet, and understand that every time you install something, you're potentially installing malware. Be careful, and you'll probably avoid an infection.

Mann About Town

An open letter to the Metropolitan State food vendors

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On a college student's budget, the options around Metro are pretty limited. Sure, one of the best steak houses in the entire state is less than a block away, but students fit the ramen to burgers motifs more fittingly than the burgers to steak. So, obviously, that's disqualified.

Even with that little qualifier in mind, I feel like vendors and I need to have a little heart to heart: man to artery clogging businesses, because the food situation at the St. Paul campus and Midway Center is at best concerning, at worst dire. I say that with very little hyperbole.

"Where life and learning meet," a slogan that looms over my head as I walk in front of Burger King, doing my best to convince myself to eat a meal that would make my stomach punch me so hard from the inside that my jaw would shatter like glass.

It's a shame that I have to convince myself to do

so. But, when my other viable options for food are a coffee shop that closes by 3 p.m., a sandwich shop that closes before night classes get out, two pizza places that challenge how often one can eat pizza, charbroiled "Play-Doh" burgers, and assorted vending machines for such an occasion where I want to eat unhealthy corn and processed flour snacks, the decision comes down to two choices: charbroiled "Play-Doh" or don't necessarily get the chance to eat at all.

Even if "Food for Thought," the free food shelf on the St. Paul campus, is a great option, it perplexedly came close to being moved off campus recently. Even if one of the proposed locations was only a few blocks away from campus, it's difficult for me to believe that uprooting a low-cost program for the sake of progress is really the solution that comes naturally.

"Where life and learning meet," the slogan reads above me as I type this. It's difficult for me to really take that to heart, given the topic.

I only reflect on the slogan because with "Food for Thought" being apparently contentious enough to justify entertaining the idea of getting rid of one of Metro's most consistent food supplies for students, the sentiment of the motto has a somewhat hollow ring to it. But, maybe I'm not giving enough credit. In the new student center, there is a brand new cafeteria stocked with state-of-the-art equipment that will cook accessible, ready food when it ope—

Oh wait, it hasn't opened yet. It's incredible to think about how the Metro student culture is both unique to MnSCU as well as one of the university's most apparent issues. For food vendors of different schools, such as Lancer for example, a reliable culture of students regularly eating on campus is not only measured, but expected.

In Metro's case, there is inconsistency of student

MANN ABOUT TOWN FROM 6 population staying on campus to justify both the money and effort. Consequently, for a vendor to come to the main campus, a larger deposit is required in the contract to offset the risk.

The business perspective is pretty straightforward. When looking at how hunger affects students, it's worth noting that this has a probable effect on the collective academic achievement of

the university. That's part of what makes the situation turn from concerning to dire: for a campus that reflects such cultural and economic diversity, the university has an obligation to bring affordable, accessible and quality food to its students.

Yes, an obligation; not a packet of sympathy nor a blind eye in fear of investment, but an obligation.

But I'm sure a solution will be found sooner than

later. I don't bring this up to say there is a lack of consideration, but it is worth noting an old cliché: something about roads and good intentions. Good intentions aren't necessarily rational. Consider this food for thought—seriously, no pun intended—as a hopeful cautionary commentary going into the next formal school year.

Just keep in mind that in order for the "college's living room" to succeed, it needs a kitchen.

Letter to the Editors

Student Loan Debt is a Result of a Flawed Funding System

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Yep, the debate over college funding has devolved into this: bickering over slightly reducing the interest rates of student loans. In February, Minnesota Senators Amy Klobuchar and Al Franken were among the lawmakers on Capitol Hill trying to make things marginally easier by allowing college students to refinance their student loans at a slightly lower interest rate.

According to Sam Brodey, the D.C. correspondent for Minnpost, the average Minnesota graduate has \$31,000 in loans to pay off. Over a typical 10-year-payment schedule, the interest alone would total \$7,200. The proposal on the table is to lower the interest on student loans from 4.29 to 3.86 percent. This would save a Minnesota graduate \$720 over those 10 years.

This modest attempt to move back the dial, which is a long way off from Bernie Sanders's call for free higher education, was met with fierce resistance from Republicans and conservative think tanks. Their reasons are shockingly asinine. Per Brodey, many conservatives view the proposal as an election-year stunt designed to gin up anger and motivate young people to vote.

John Kline, MN-CD 2, the retiring Republican who chairs the House Committee on Education and the Workforce has well-documented ties to for-profit higher education industry, sat on the fence and said a balance helping students and not burdening taxpayers.

Andrew Kelly of the American Enterprise Institute basically said relief to students was too little to make a difference and that the proposal is flawed because rich people will also benefit, according to Brodey's article (which I am summarizing in the most caustic fashion possible). Funny thing is this: These are the same arguments Republicans and conservatives have used for decades when they supported defunding colleges in the first place.

First, minimization. The tuition increases were always framed in terms of beer money, condoms, lattes, Flappy Bird, dating apps or whatever else made college students sound like petty jerks at the time.

Remember, these relatively small increases have been occurring every budget cycle for decades. But, like lobsters not realizing they were being boiled to death, students, parents and the American public adjusted to the incremental change and accepted it as normal.

Second, the plan isn't targeted enough, and rich people will benefit. True this is an across the board proposal, but ironically, conservatives like Kelly used the same argument in favor of raising tuition. Just as rich people would benefit from lower tuition, conservatives have long favored raising tuition (so that colleges could act like a business and use rich people's tuition as a revenue stream) and then making college affordable through massive financial-aid programs for low-income students and minorities.

Take if from this chucklehead who had full access to a Lexis database as night janitor—those massive financial-aid programs never come to fruition.

Raising tuition under the Republicans' vaunted "high-tuition, high-aid model" was purported to make colleges more efficient as they fought for the funding attached to each and every student. Instead, it has resulted in skyrocketing tuition and the proliferation of less-than-awesome for-profit colleges chasing student loan funds. (And to a lesser extent, very reputable private colleges have been able to raise their tuition because many better-to-do families take advantage of the tax breaks allowed by 529 accounts, which are basically IRAs for college.)

For some reason, conservatives like the AEI's Kelly only seem to

care about targeting funds for low-income people and minorities when they want to derail a proposal. (This is a very common tactic. Think of all the politicians who champion more funding for bus transit only when they want to thwart funding for light-rail projects.)

Finally, Kline's fence-sitting under the pretense of looking out for the taxpayer is a flaming bag of doggie-doo. Kline is 68 and earned his bachelor's degree in 1969. The standard argument for years has been that no tax dollars should fund individual choices. However, in order to even get an entry-level position, going to college is not optional.

Another supposed watchdog for the taxpayer is former Minnesota Governor Tim Pawlenty, who started at the University of Minnesota in 1980 – when tuition was \$500 a year.

Let me repeat that -- \$500 a year at the state's premiere land-grant university. Today, Metropolitan State's tuition is the lowest for Minnesota universities at \$7,491 a year. Minimum wage in 1980 was \$3.00 per hour and is currently \$9.00 per hour.

So, do a little math and roll your eyes the next time a politician like the 50-something Pawlenty (a son of a truck driver!) tells a bootstraps story about how he sucked it up and worked his way through college.

Even though a savings of \$72 a year in loan interest will only allow me to buy one more burrito a month, it's a step in the right direction. For me, it's more important to think about why such a paltry move has garnered so much adamant opposition.

Probably because this incremental approach is exactly how conservatives and Republicans got tuition to go up so much in the first place.

Editor's Quote:

"Not a wasted word. This has been a main point to my literary thinking all my life."

— Hunter S. Thompson

Interview with President Ginny Arthur (cont.)

NEW PRESIDENT FROM 1

terested in education as a means of changing society and as being a place that promotes social justice and equity, and it seems to me that that's just the essence of what Metro State does."

The journey of Arthur's arrival in the academic world, and in the land of Minnesota, has several twists and turns. The youngest of six children, Arthur was born and raised in Ticonderoga, a small, rural town in up-state New York. In fact, she sees similarities here, "It was a rural area with a lot of lakes, so, in a way, northern Minnesota reminds me of home." After high school, Arthur earned her bachelor's degree in economics and business from Syracuse University, and then attended American University Washington College of Law (WCL) in Washington, D.C., from where she holds a law degree—called a juris doctor.

Upon completion of one year of law school, Arthur traveled to London, England, for a summer study program at the London School of Economics. It was here that she met Tom

Haluska, who was to become a key turn in her life's course. Arthur returned to the nation's capital for her second year of law school, and Tom to his native Minnesota—he was born and raised in northeast Minneapolis—for his final year. The two stayed in touch and, before long, they realized their relationship was much more than just a summer romance. They were married in 1980, which was also when Arthur moved here, finishing her last year of law school at the University of Minnesota. (They have two daughters, one son, and two grandchildren for Arthur to spoil.)

Once graduated, Arthur worked a few years in various capacities, at a national accounting firm, a law firm, and as an in-house consultant for Piper Jaffray. But, something seemed amiss. "I never really felt fulfilled," Arthur said. "So I went to a career counselor, and after two meetings she said, 'I really think you're an educator at heart, and you should think about that,'" she added. Taking this advice, in 1985 Arthur did a trial one-year term as a faculty member at St. Benedict/St.

John's—with the blessing of the president of Piper-Jaffray, who said she could come back if she didn't like it. As it turned out, she did like it. "It was a no-risk thing for me," Arthur said, "So I went, and I absolutely fell in love with teaching at the college level, and so I stayed for 24 years," she added.

Arthur taught a variety of classes within the Management Department at St. Benedict/St. John's, including human resource management, business law, employment law, and labor relations. Along with some colleagues, Arthur also designed a simulation class called the Organizational Leadership Program, which she helped run for about 15 years. Within this program, students set up their own company groups and ran them just like a real company, designing such things as marketing and manufacturing plans, HR systems, and various operations.

Arthur and the other teachers would create different challenges for the "management teams" of students to solve together; this exposure was very effective in preparing the students for

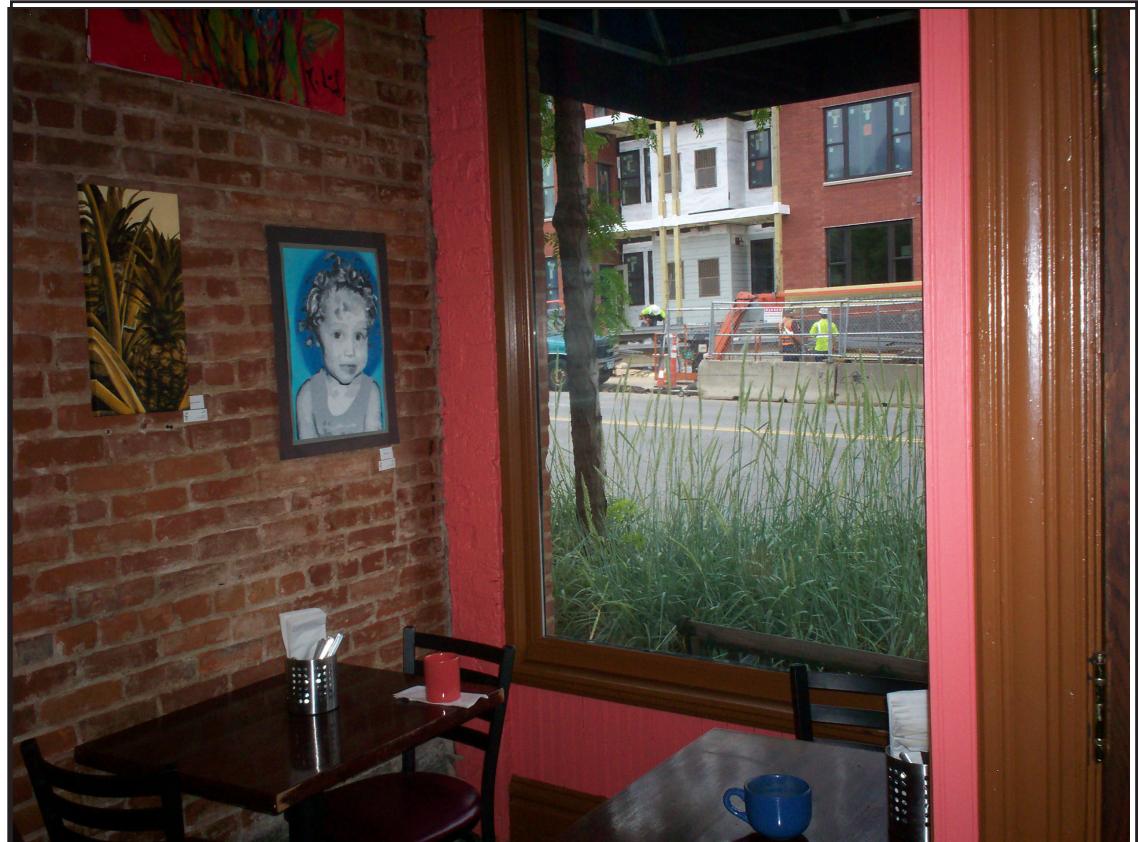
what it was like in a real workplace. "I felt I was always destined for Metro State," Arthur said, reflecting on this past program. "That's such a Metro kind of thing to do, giving students these types of experiences. As an educator, I have always been interested in that idea of giving students a practical experience that allows them to apply the theories they're learning in their classes, and that's the essence of what we do at Metro State; so I think my philosophy matches up well."

Arthur sees a bright future when discussing her goals for the university, "I think that Metro State is really poised to grow, and to fill the need expressed by MnSCU of increasing the number of people with baccalaureate degrees in the Twin Cities," she said (this is one of several needs conveyed within MnSCU's "Charting the Future Initiative"). "We also have some very good graduate programs, and more people are going on looking for graduate degrees," Arthur added. "There's also a lot of people who haven't finished their degrees, and we are an institution designed to

help people do that." Arthur also sees diversity as one of Metro State's strengths, "We are a very diverse institution, with 42% of our students coming from communities of color," she said. "We have a group of people who are so committed to serving students who, often times, have a lot of challenges. We want to find ways to make it possible for them to get the education that they need and want. We [Metro State] are uniquely positioned to help close those achievement and opportunity gaps for people and our community," Arthur added.

Looking at the big vision, "I want Metro State to be an institution that people say, 'That's a great choice for me and I want to be there,'" Arthur said. "Metro State offers really excellent educational opportunities, with strong faculty and good advisers. This is a great place for people to come and get their education, and I want more people to know that and want to come here."

Swede Hollow Café (cont.)



Scott Lindell

SWEDE HOLLOW CAFE FROM 1

food at an affordable price. When one considers how frequently they're able to cycle through daily specials in order to keep everything fresh, the preparation this requires combined with affordability becomes all the more impressive.

The food quality, cost and

convenience makes for one of the more viable food options in the immediate area of Metro. That's the key: the quality of the food finds a balance between being ostensibly foodie bait, but not so highbrow that it averts the gaze of any students that are likely to visit the shop.

While the point of Swede Hollow Café's setting and lo-

cation were largely emphasized a few paragraphs up, it's strongly needed when considering the blend of affordable pricing with higher quality. The setting reinforces the product: something that has a lot of talent on display while still being incredibly humble while giving a strong sensibility to the product they want to provide.

The Metropolitan is hiring

The Metropolitan is looking for new staff members and writers.

The following staff positions may be open in August 2016: business manager.

The Metropolitan pays non-staff member contributors \$45 per article.

Please contact editor Brayden Mann at yb6938yy@metrostate.edu if you are interested.