

P.6 R.E LRSSON NOTES FOR TERM I

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CREATED ME

CONTENT: UNIQUENESS MY UNIQUENESS AS A CHILD OF GOD

New words

- *Unique*
- *Uniqueness*
- *Different*
- *Appreciation*
- *Adolescence*
- *Emotional*
- *Intellectual*
- *Reference*
- *Adolescent*

Uniqueness means being special in your own way or how different you are from others. (In different aspects)

God created each one of us differently. The world has more than 6000 million people. But each one of us is unique .this means that each person is quite different in appearance and character.

Psalm 139:13 – 16 reveals to us the uniqueness that God has given us or the need to appreciate it.

He made us together in our mother's womb

We are fearfully and wonderfully made

There are 2 major classes of uniqueness

1. Physical uniqueness
2. Social uniqueness

Physical uniqueness

This refers to how special our bodies are in reference to others

It may also refer to the difference in the individual body make up.

Examples of body or physical differences / uniqueness

- Difference in body size - (big fat and small)
- Difference in skin colour – (light skinned / dark / chocolate)
- Difference in height (tall or short)

- Difference in body parts / sex – female and male
- Difference in adolescent stage (growth and age)

How to understand and appreciate my uniqueness more.

Adolescence

This is the period between childhood and adulthood.

An adolescent is a person between 12 and 20 years of age.

- Adolescents always grow fast in height and size and they experience many more body changes
- They also experience many social, emotional and intellectual changes

Examples of body changes in adolescent

a) Physical changes

- Both girls and boys develop pubic hair.
- Girls begin to menstruate
- Girls breasts begin to enlarge
- Boys develop deep voices
- Boys become muscular.

b) Social changes

- Develop desires to relate with the different sex (boys and girls)
- Join peer groups / *Develop interests to hang out with peers*

c) Emotional changes

- They become moody and uncontrollable
- They become short tempered easily
- They hate counsel from elders

d) Intellectual changes

- They increase in their reasoning
- They acquire a desire to discover more (adventurous)

Evaluation

Exercise

1. Define uniqueness
2. What is creation?
3. State the stages of God's creation and what was created on the different days.
4. Mention the last creation God made before resting.
5. Give 2 major classes of uniqueness
6. Give 2 examples of physical uniqueness

7. What is adolescence?
8. Briefly identify 5 things that make you unique from others.
9. Give 2 changes which occur in bodies of adolescents both boys and girls.

Boys

.....

.....

Girls

.....

.....

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIANS ON THE WAY

SUB THEME: TYPES OF UNIQUENESS

CONTENT: SOCIAL UNIQUENESS.

SOCIAL UNIQUENESS – basically refers to the differences we hold in character and behavior in comparison to others.

Examples of social uniqueness

- | | |
|----------------------------|------------------------|
| • Intelligence | • Selfishness |
| • Skillfulness | • Dramatic |
| • Joyfulness / cheerful | • Generous |
| • Being quiet or talkative | • Strong |
| • Being kind | • Sorrowfulness / sad |
| • Being reserved | • Patience |
| • Being helpful | • Difference in talent |
| • Hardworking | • Being wise / clever |

Revision on creation

Creation of man and the uniqueness of man from other creatures

- Man was created in the image of God / likeness.

- Man has the ability to think and reason
- He was given power to rule over all creation.

Reasons why man was created

- To take care of God's creation
- To worship God

Stages of creation

<i>Day 1</i>	<i>Light and dark</i>
<i>Day 2</i>	<i>Sky</i>
<i>Day 3</i>	<i>Land and seas</i> <i>Vegetation</i>
<i>Day 4</i>	<i>Moon, stars and sun</i>
<i>Day 5</i>	<i>Water, fish, birds</i>
<i>Day 6</i>	<i>Animals, man</i>
<i>Day 7</i>	<i>He rested</i>

Man's disobedience / how did man disobey God.

- Man disobeyed God by eating the forbidden fruit or from the tree of knowledge of good and evil.

Consequences of sin to Adam.

- He was chased out of the Garden of Eden.
- He was to work hard in order to get what to eat.

Eve

- To give birth in pain / suffer labour pains.
- The woman's off springs would be enemies of these of the snake
- Her desire will always be for the man.

Snake

- Cursed to eat dust
- It was to become an enemy to man
- Crawl on its belly.

Evaluation

1. List down any four physical differences between an adolescent girl / boy.
2. Identify 3 social differences that people may have
3. Identify 2 effects of man's disobedience to mankind today.

The unique talents that we hold differently

New words

- ***Talent***
- ***Weakness***
- ***Creation***
- ***Failure***
- ***Unpleasant***

A talent is a natural gift / special abilities given to us by God.

These are the unique abilities that people have and they are also looked as strength

Examples of talents include.

- Singing
- Jumping
- Playing football
- Running fast
- Being an artist
- Dancing e.t.c

Ways of overcoming weaknesses

- Prayer
- Reading the Bible
- Helping others

Weakness

A weakness is a strong liking for something which might have unpleasant effects

Naturally all human beings have weaknesses

Examples of weakness that people have.

- Greed
- Anger
- Jealousy
- Fear
- Pride
- Selfishness
- Laziness
- Gluttony

Weakness once practiced may lead to bad results.

They may lead to

- *Conflicts*
- *Misunderstanding*
- *Wars and fights*
- *Death*
- *Any other unpleasant behavior*

As Christians we should pray to God to help us overcome our natural weaknesses.

The source of these weaknesses from the sin our grandparents Adam and Eve

Strength

- Every human being has something they are strong in, different from others

How to develop talents

- Through practice

Examples of strength people have

-
-

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: RELATIONSHIP BETWEEN OTHERS

CONTENT: RELATING WITH OTHERS WITH CONSIDERATION AND RESPECT.

New words.

- *Respect consideration.*
- *Relationship guardian island independence.*

FAMILY LEVEL.

There is a saying that “No man is an island” this means no human being can live independently on earth without relating with other people.

Whether one is rich or poor, sick or healthy, young or old he/ she needs to relate with other people.

There are many different people / groups of people we have relationships with or we need to relate with.

These include:-

1. Parents / guardians
2. Teachers

3. Fellow children / friends at school.
4. Workmates
5. Relatives
6. The needy people.

Relating with parents or guardians

These are the first people we normally relate with in life.

- A guardian – is a person responsible to take care of a child in the absence of the parents
e.g. after the parents are dead or living far a way from the child.

Things that God wants us to do for our parents / guardians.

- To respect them
- To serve them especially in their old age.
- Obeying them.

The word of God commands us to obey and honour our parents' Eph 6:13(read this passage).

- Loving them

Things that God wants our parents to do for us.

1. To love us
2. To care for us
3. To guide us as we grow up.

Evaluation

Exercise

1. Give four groups of people whom we should relate with
2. Who is a guardian?
3. Give four things which we should do for our parents or guardians
4. Give 3 things that God wants our parents to do for us.
5. Mention any four ways in which you relate with other people.

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: RELATIONSHIP BETWEEN OTHER PEOPLE AND MYSELF

CONTENT: RELATING WITH OUR RELATIVES, FRIENDS OR FELLOW CHILDREN.

New words

➤ ***Relative***

➤ ***Understanding***

➤ ***Sharing***

➤ ***Discrimination.***

- Our families are made up of brothers, sisters, grandparents, uncles, aunties, cousins. All these are people to whom we are related by blood and we call them relatives
- We should relate with our relatives through avoiding bad practices.

Examples of bad practices we should avoid towards our relatives.

- Hatred - despising people
- Pride - discrimination
- Jealousy

Good ways through which we should relate with our relatives

- By loving them
- By being kind to them
- Through loyalty or by being loyal and truthful to them
- By being trustworthy
- Being generous (sharing with them)

2 cor 9:12

Relating with our friends or fellow children

Normally all children relate with other children.

These ways include:

- Through working together
- Through regular talks
- Through walking together.
- Through playing together
- Through learning from each other.

In order to relate well with other children you need to have some good qualities, these are;

1. Understanding others
2. Being able to forgive
3. Being loyal
4. Openness
5. Sharing facilities, meals play materials
6. Being trustworthy

Relating with the needy people.

Needy people are those people who require our special attention.

Examples of needy people.

- The elderly
- The disabled people e.g. the lame, the blind, dumb and deaf.
- The sick
- The young children
- The pregnant women.

Evaluation exercise

1. Why isn't man an island?
2. Which bad habit should one avoid when dealing with relatives?
3. Why is it important to relate with our fellow friends.
4. Who is a needy person?
5. Give 3 examples of needy persons.
6. Give four ways how you can relate with other children.
7. Describe 2 activities you can carry out in order to help
 - a) Sick people
 - b) Disabled people
 - c) Young children

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: HOW TO BE HELPFUL AND CONSIDERATE TO OTHERS

CONTENT: HOW TO BE CONSIDERATE TO OTHERS / COMMUNITY

New words:

Consideration means:-

Always thinking of other people's feeling and wishes careful not to hurt them

Honesty means:-

Being trustful/ truthful or always telling the truth.

In the society we live in, we are all different in one way/ another

Major attributes in which we differ include:

Age, sex, talents, ability, experiences, interests, weakness and strength

- All the above differences / special attributes make all of us special and useful to society.
 - Society is made up of different group of people, with which we live and should show consideration and respect these are:
 - The poor,
 - disabled,
 - young
 - Elderly.
- Each one of us has a contribution to make in society our different abilities are used differently to develop our society has many areas of need in which we can make a contribution.
 - Politics
 - Health
 - Education
 - Economic development
 - Helping the needy
 - Church ministry and different people make different contribution you can't combine to all.
- As we live with each other we should be considerate of one another despite our many differences some so good better than others we should learn to live along with others peacefully.
- Before God all of us are equal we should therefore live/ be considerate and respectful to all other people.

Respect – *valuing/admiring someone for their good qualities / achievements in society.*

Respect means a polite feeling of admiration for somebody due to their good qualities or achievements or having a polite feeling towards somebody due to her qualities or achievements.

We can show respect and consideration to others by:

We can show respect and consider others by;

- By being kind to others
- By being honest
- By being polite
- By being mindful of others
- By wishing others well.

- We need to take Jesus' example he respected and appreciated all people without discrimination-poor, prostitutes, sinners, lame, small children. We should have a positive attitude towards people.

Positive attitude:- is having a good feeling about something.

Having a positive attitude towards other people “*reading and comprehending* the story of Byaruhanga and the shop keeper”

Lessons learnt from the story quest about the story.

Major aspects in which people differ

- | | |
|-------------|---------------------------|
| - Age | - Interests |
| - Sex | - Experiences |
| - Talents | - Weaknesses and strength |
| - Abilities | |

Exercise

1. What is respect?
2. Which kind of people needs to be respected?
3. Name 2 groups of people who need to be given special consideration in the society.
4. Name 4 aspects in which human being differ.

Questions about the story

1. What shows that Byaruhanga was not considerate?
2. What shows that Byaruhanga never respected the old lady?
3. Why was Byaruhanga unable to continue with school?
4. How did Byaruhanga get to know of the job?
5. What lesson do you learn from Byaruhanga's story?

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: HOW TO BEHAVE MORE RESPONSIBLY AS A YOUTH

CONTENT: DEVELOPING A POSITIVE ATTITUDE TOWARDS WORK

Consideration

Positive attitude

Professional

Voluntary

Youth

- A positive attitude is having a good feeling about something.
- A youth is a person who is between 18 and 30 years (according to the Uganda law)
- Work is any useful or productive activity that requires / involves use of energy.

Through work we are able to support our lives and make contributions to society

- Society requires different services from each one of us

Examples of work that we do.

Work can be categorized in the following forms

- Professional skilled work
- Having enough ability knowledge to do something.
- Unskilled work
- Voluntary work

Examples of each form of work

- **Professional**
 - Doctors
 - Teachers
 - Nurses
 - Lawyers etc
- **Unskilled work (manual work)**
 - *Carrying heavy loads/ luggage*
 - *Car washing*
 - *Cleaning people's houses/ compounds*
 - brick layers etc

Voluntary work can be both skilled or unskilled.

Reasons why people work.

- To earn a living
- To produce food
- To make their societies better places to live in.
- To help the needy
- God expects us to work and to help the poor

Some youth's attitude towards work.

The youth should always take opportunity to work not only doing office jobs but also manual jobs e.g. farming, carpentry, building, brick making, e.t.c.

In order to work responsibly or develop a good attitude towards work we need to.

Points to remember when developing a good attitude towards work. Living responsibly

- We need to respect all kinds of work
- We need to work hard, honestly and responsibly
- We need to treat our fellow employees well
- We need to respect our employers
- We need to acknowledge that whatever we do is God's plan for us

We glorify God through work it pleases God when we work

Youth in Uganda today despise some types of work, others hate work.

- Many youth hate work
- They also despise some types of work e.g brick making even domestic work
- Youth should not only expect to do office work but also manual work.

God also expects us to work.

In the bible Paul encouraged us to work.

He says – in 2 Thessalonians 3:10 “whoever does not work must not eat”

- All people have to work rich poor young old educated and un educated
- God was the first worker we note in the bible he created the world in 6 days.
- Jesus after going up also worked, preached God's words, healed the sick and disabled.
- Work is for our own good, our families and the communities we live in.

The value of work

This means the worth/ importance of work. We work to:-

- To get money
- It enables us to serve others
- It enables us to take care of God's creation
- Its for learning purposes
- It brings self fulfillment
- We work for enjoyment / kills boredom
- Work earns us respect in the society
- Work reduces our dependence on other people

Exercise

1. Who is a youth?
2. What is work?
3. List down 4 types of work people do.
4. Why shouldn't we look down upon any type of work?
5. Which jobs are not asked by the youth?
6. What does St. Paul say about work?

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THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: FORMS, CAUSES AND EFFECTS OF SUFFERING

Suffering: *This is to experience something bad / painful*

- To suffer is to experience or to be subjected to something bad or unpleasant.
- Suffering is part and parcel of our lives – all human beings have suffered at one point in their lives young, old, rich or poor.
- Suffering began when Adam and eve sinned against God. When God created the world everything was pleasant and good.
- Suffering makes people to do evil things

GENERAL EFFECTS OF SUFFERING

Examples of evil things done by people who suffer

- Stealing

- Visiting witch doctors
- Committing suicide
- Prostitution
- Killing others / murder

Forms of suffering

- Mental suffering
- Physical suffering
- Emotional suffering
- Spiritual suffering
- Social suffering

Physical suffering

- This is suffering which directly affects our bodies
- It may affect the eyes, legs, arms and the internal body organs

Causes

- Hunger
- accidents
- Beating
- wars
- Piercing object
- Hard labour
- Torture

Effects

The above causes of suffering may make our bodies to:

- Swell
- Bleed
- Get deformed
- Injured
- Stunted

The above kinds of suffering can be cured by medicine after diagnosing

Exercise

- What is suffering
- Which people are blamed for man's suffering
- Give 3 forms of suffering
- Give 2 effects of physical suffering

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THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: FORMS, CAUSES AND EFFECTS OF SUFFERING

b) Emotional suffering

Emotions are strong feeling that people possess.

- This type of suffering arises from one's mind.

Causes of emotional suffering

- Misunderstandings
- Loss of property
- Loss of loved one
- Failure / setbacks
- Mental torture
- Worries
- Discomfort
- Fear
- Difficulties

Effects of emotional suffering

- Emotional suffering can result into physical suffering e.g. stomach ulcers, skin rashes, mental breakdown
- It brings sadness
- It brings anger
- Stress
- Depression
- Irritation

Evaluation

Exercise

1. What is emotional suffering?
2. Give 2 factors that can cause emotional suffering
3. Give 3 results of emotional suffering

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: FORMS OF SUFFERING

CONTENT: SPIRITUAL SUFFERING

- Spiritual suffering is a form which affects one's soul

It is caused by disobedience to God

- When a person disobeys God he/she becomes a sinner
- Sin spoils God's relationship with man
- Adam and eve went through suffering because they disobeyed God

State the consequences of the disobedience to Adam Eve and servant.

Effects of spiritual suffering

- Fear
- Unhappiness
- Eternal death

c) MENTAL SUFFERING

- This is brought about by mental illness.

Causes

- Accidents
- Diseases
- Drug abuse
- Witch craft

INDICATORS OF MENTALLY ILL PEOPLE

- Speaking in an odd way to themselves
- Walking naked
- Throwing stones to people
- Eating from dust bins

WAYS OF DEALING WITH MENTALLY ILL PEOPLE

- By treating them through rehabilitation centers
- By praying for them

d) SOCIAL SUFFERING

This is suffering that is brought about by one's relationship with others

FACTORS THAT CAUSE SOCIAL SUFFERING

- Discrimination
- Imprisonment
- Rejection
- Neglect
- Death of loved ones
- Misunderstanding
- Conflicts

Evaluation

Exercise

1. Define spiritual suffering
2. Give the major causes of spiritual suffering
3. How did Adam and eve disobey God
4. Give 2 results of spiritual suffering
5. Give the major cause of mental illness
6. Give 2 ways in which you can help mentally sick people.
7. Give 2 causes of social suffering

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: ECONOMIC SUFFERING

This is suffering brought due to lack of financial resources.

Results of economic suffering

- Failure to buy food
- Failure to educate children
- Failure to provide medical care
- Failure to buy clothes to children
- Failure to construct a permanent house
- Lack of money leads to poverty
- It needs to physical, social and emotional suffering
- Poverty makes one fail to meet even the basic needs i.e

- Buying food
- Educating children
- Getting medical care
- Buying clothes for the children
- Putting up a permanent bone

How individual suffering affects other people.

- People who suffer physically affect others because of the continuous need to attend to them e.g the lame.
- Economically suffering people over depend on others
- Socially suffering people will always look for alternative ways to get attention or to be accepted in society e.g. orphans will go to the streets, and they may also resort to stealing people.
- People suffering emotionally are normally difficult to deal with; they are always moody not friendly and fight others.
- A spiritually suffering person affect through their sin, thief will steal people's property, a murder will kill others.

General causes of suffering.

- Wars
- Diseases / sickness
- Death of loved ones
- Natural disasters e.g. drought, famine ,floods
- Poor child upbringing
- Poverty
- Disobedience

Exercise

1. What is suffering?
2. Write down any four forms of suffering?
3. Identify any one example of physical suffering
4. Why is illness a form of physical suffering
5. What kind of suffering is a gloomy person likely to go through
6. How does a person suffering spiritually affect others

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: ECONOMIC SUFFERING

In our life we depend on one another for a living simply because we do different work and have different talents. Any failure by one individual to do his work or even does it poorly such irresponsibility of one person can cause a lot of people in the community to suffer.

The following stories teach us how personal irresponsibility can lead to the suffering of others

1. The story about Opio the careless boy
2. The story about the irresponsible failing accountant.

Lessons learnt from the stories.

- Personal irresponsibility can cause suffering to our self
- Personal irresponsibility can cause suffering to other people
- We need to think before we act.

Exercise

1. Why do we depend on one another
2. In the story of Opio the careless boy ,why had the people of Gulu left their homes to stay in the camp
3. How was Mrs. Okello irresponsible
4. How was Opio irresponsible
5. What irresponsible act did the factory accountant do?
6. How did the accountant's irresponsibility affect the workers?
7. How did the accountant's suffer due to his irresponsibility
8. What advice would you give to the accountant?

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HIV / AIDS

Stands for Human Immuno – Deficiency Virus the virus that cases a disease called AIDs

- HIV kills the while blood cells, the cells that protect the body against infections caused by viruses or bacteria.
- These infections lead to lack of Immunity. These blood cells form a bigger part of the immune system of the body when they are killed, the body becomes immune deficient.

It becomes unprotected or defenceless against all sorts of diseases.

- As the body becomes defenceless many diseases attack it. The many signs and symptoms of such diseases are what form a syndrome.

Exercise

- Write HIV in full
- What are the major causes of HIV / AIDs?
- How can one avoid contracting the above mentioned disease?
- What is a malpractice?
- How can we avoid elective malpractices?
- Write any two effects of elective malpractice.

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Other forms of suffering

HIV/AIDS as a form and cause of suffering

- Aids has no cure so when people contract it it's a permanent effect on their health.
- Aids affect the young, through mother to child transmission, the youth through careless leaving and the old through unfaithfulness.

Causes

- It's transmitted through having unprotected sex with an infected person.
- Use of unsterilized sharp instruments that has been used by an infected person.

Effects of Hiv/ Aids

- It leads to loss of parents and loved ones.
- Creates orphaned children who may live without support.
- It causes poverty in families.

How to avoid it.

- By not having unprotected sex through use of condoms.
- Abstaining from sex, avoiding early sexual practices.
- Avoiding use of any sharp instruments.
- By being faithful to your partner.

Election malpractices as a form and cause of suffering.

An election is democratic way of choosing a leader

People continue their rituals and choose leaders of their liking.

Democratic leadership when people in a country have the right to choose their own leaders.

- In most cases elections are meant to be free and fair, but this is never the case.
- People engage in malpractices through rigging votes for their favorite candidates not considering abilities and prospects that person may have for the position.
- These elections follow a particular guideline
- If the rules are not followed malpractice happens.

Effects of election malpractices

Malpractices may lead to:-

- A malpractice is that action that breaks the law or rules governing an election in order to gain an advantage for oneself.
- They happen when one wants to cheat elections.
- When rigging takes place those who feel cheated refuse to accept the outcomes and a war may break out causing different effects.
- Election of incompetent leaders causing suffering to the people.
- Brings corrupt leaders into leadership and these selfishly use the country's resources causing underdevelopment hence making the nation to suffer.
- Capable leaders are not given chance to lead.
- War may break out
- People are displaced from their homes
- Property and life may be lost

Evaluation

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Other forms of suffering

Teenage pregnancies as a form and cause of suffering.

This refers to the early pregnancies acquired by girls at premature ages below 20 years.

- It's a form of suffering since those are still children and their bones are not ready to carry babies hence causing:-
 - Early death
 - Diseases
 - Early motherhood among other things
 - School drop outs

- Pregnancy is largely a result of a holy marriage . When teenage girls engage in pre-marital sex they can end up pregnant.

How to avoid it

- Through abstaining from early sex.
- Using condoms if one cannot avoid it.
- Staying in school.
- Listening to advice from parents and elders.

Evaluation:-

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: HOW JESUS SHARED IN THE SUFFERING OF OTHERS

- Human suffering started the day Adam and eve ate the forbidden fruit.
- When God realized this he gave them so many punishments
- He chased them out of the garden of Eden
- Adam had to work hard for food
- Eve had to deliver in pain
- Enmity between man and some creatures e.g. snakes

GOD'D SALVATION PLAN FOR MANKIND

- But out of God's great mercy and love for mankind ,he sent his only son Jesus Christ to save us
- Jesus had to be born in human flesh so that people would accept and believe in him. Jesus came to earth to save us from our sins.

BIBLICAL FACTS THAT SHOWS THAT JESUS WAS HUMAN

- He was born (Mat 1:18-24)
- He was tempted (Mt 4:1-11)
- He got tired and needed to rest (john 4:6)
- He wept when he lost his friend Lazarus (John 11:35)
- He was angered by the traders who were doing business in his father's temple (Mt 21:12)
- He feared death and asked God to save him (Mt 26:39)

- He died (Mt 27:30)
- He became hungry (Mt 21:18)

WAYS IN WHICH JESUS SHARED IN THE SUFFERING OF OTHERS

Since Jesus was human he shared in the suffering of others too:

Jesus died that our sins may be forgiven

He took our place and paid for all our wrong doing that he may have life.

1. When he sympathized with some people e.g the woman who was going to be stoned to death after committing adultery (John 8:1 – 11)
 - The woman had been put to public shame and was yet to be killed but Jesus saved her life
2. Jesus wept on losing his friend called Lazarus (John 11:35)
3. He visited and ate food with sinners who had been looked at as outcast by society (Luk 19:6 - 10) e.g. Zaccheus.
4. When he responded positively to the sinner who had been crucified with him i.e. “today I promise you, you will be with me in paradise” (Luk 23:41 – 43) when we suffer we lose hope. Jesus too was sorrowful, worried and afraid but Jesus shared in our suffering to show us that suffering do not mean end of one’s hope

Exercise

1. When did suffering begin?
2. What suffering did Adam and Eve go through?
3. Why did Jesus undergo suffering?
4. List down 4 forms of suffering Jesus underwent
5. What happens to our hope when we suffer?

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THEME: CHRISTIAN ON THE WAY

SUB THEME: EVIL AND SUFFERING

CONTENT: HOW TO SHARE IN THE SUFFERING OF OTHERS

WAYS IN WHICH WE CAN SHARE IN THE SUFFERING OF OTHERS

- Suffering is part and parcel of our lives, all of us at one point go through suffering, and it started with Adam and Eve’s disobedience in the Garden of Eden.

- Through Jesus concern for others we learn to share in the suffering of others with strength and courage

DIFFERENT WAYS IN WHICH WE CAN SHARE IN THE SUFFERING OF OTHERS

- By praying for those who are suffering
- By nursing people who are suffering
- By giving them material assistance
- By offering guidance and counseling to those who are suffering
- By providing medical care and treatment
- By advocating for and protecting the rights of others who are being denied justice

Evaluation

1. How suffering did come into the world?
2. Why did Jesus share in the suffering of others
3. How can you help the people suffering below
4. People in a war situation in foreign country
5. A person who has lost a mother
6. A pupil who has lost a pen.

Acting responsibility to prevent social skills

We have learnt that suffering is for all of us and from Jesus' example we have seen that we have to help / share in the suffering of others.

Through sharing and helping those are suffering in society, we are able to prevent many social evils

E.g. jealousy .prostitution, theft, pride, neglect, curding, drug abuse, fighting and rebellions

Practical lesson on a project aimed at helping suffering people in our community

- The class monitor will chair meeting to help identify suffering people in the community

E.g. poor roads, poor wells, bushes near homes e.t.c

Select a day to go out and help the person.

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CALLS HIS PEOPLE

CONTENT: THE NEED FOR A REDEEMER

After the sin of disobedience by Adam and eve suffering dominated the world.

A redeemer is a person who saves someone from the power of evil

To redeem is to save some one from the power of evil

Christ as a way of restoring broken relationship

- Adam and eve committed the original sin by disobeying God.
- Adam and eve and their off springs lost fellowship with God
- As descendants of Adam and eve we have also lost God's love and have therefore been born in sin
- All people should therefore seek to restore their relationship with God, but man cannot do this alone, they cannot restore the lost relationship
- God sent his son Jesus Christ to restore the broken relationship through to death on the cross.
- Jesus' death paid the price for our sins and through repentance to him we can reach God again.

GOD CALLS HIS MESSENGERS

A messenger is a person who delivers messages

A messenger from God is a person who delivers God's message to the people.

God called different messengers to take his messages to both the faithful and unfaithful people

Some messages who received God's message included

Abraham

Joshua

John the Baptist

Moses

Prophets like Hosea, Jeremiah and Isaiah

Most of the above messengers were sent to make a way for the savior

Prophets; a prophet is a person sent by God to teach and give God's message to the people.

A prophet can also be a person who predicts (foretells) the future and it comes true.

WAYS THROUGH WHICH GOD CALLS HIS MESSENGERS

1. Through visions e.g. Isaiah
2. Through direct communication e.g. Abraham and Joshua
3. Through God's angels (Gabriel and John the Baptist)
4. Through the burning bush - Moses

Evaluation

Exercise

1. Which people committed the original sin
2. Who is a redeemer?
3. Why was Jesus sent to earth?
4. Who is a messenger?
5. Who is a prophet?
6. Give 3 ways through which God calls his messengers.

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CALLS HIS PEOPLE

CONTENT: THE CALL OF ABRAHAM GEN 12:1 – 4

Introduction

In the Old Testament we see God's faithfulness to people but they continued being unfaithful to him

God called different people with a desire to use their words to restore his lost relationship with mankind. He called them as a sign of his love for mankind.

People who received God's call to make a way for the savior

God calls Abraham (Gen 12:1 -9)

- He was called at a time when the world was full of pagans and sinners
- God chose Abraham to be the father of the nation
- Which would prepare the world for the coming of the savior (redeemer)
- Abraham was called by God to leave his Land and go to the land that God would show him.
- Abraham agreed to leave his father's land and did whatever God told him to do.

GOD MADE MANY PROMISES TO ABRAHAM

These include;

- He promised him many d descendants like the stars in the sky Gen. 16 : 4
- He promised great blessings to Abraham's people
- He promised him land. 7 - 11
- He promised him death at a good old age.
- *He promised him a great name*

ABRAHAM DEMONSTRATED HIS FAITH TO GOD WHEN?

- He agreed to leave his homeland to go to the land and would show him
- He agreed to sacrifice his only son Isaac.
- He accepted to be circumcised at an old age.

WHY ABRAHAM IS REFERRED TO AS THE GRANDFATHER OF ALL BELIEVERS

- Abraham had strong faith in God. 15 :6 - 22

Lesson learnt from Abraham

- We learn to have faith and to be faithful to God
- We learn to act in obedience

The call of Moses exodus 3:1 – 20

God continued renewing his promises to Abraham through calling many other messengers and sending them to his people, these included Moses

God calls Moses Exodus :3

- After God had heard the cry of his people Israel who had been carried into bondage in Egypt.
- He sent Moses to deliver his people from oppression and to lead them to Canaan the Promised Land.
- Moses was on Mt. Sinai also known as Mt Horeb when he was called by God, looking after the flock of his father in law Jethro. It was tending sheep and he saw a burning bush that was not consumed.
- Moses was told to tell God's people that God had seen their suffering and heard their cry and had decided to rescue them
- He reminded that he was the God of their father's Abraham Isaac and Jacob
- Moses was hesitant but God gave him Aaron his brother to speak on his behalf. Moses accepted and did God's work.

Exercise

1. In which way did God call Moses?
2. The plagues God gave to the Egyptians
3. Why did God send plagues?
4. What happened to the Egyptians at / as / what was the last plague?
5. How did the Israelites able to cross the red sea?
6. On which mountain did Moses die? Deut. 34: 1 – 8
7. Why did he fail to enter the promised land?

REASONS WHY MOSES WAS CHOSEN TO LEAD GOD'S PEOPLE

Israelites to the Promised Land

- He was courageous / brave
- He was obedient / faithful and respectful
- He knew the Hebrew language and how to speak to the people.
- He knew the geography of Egypt since he had lived there before.

Evaluation

Exercise

1. List any four messengers of God in the bible.
2. Why did God call Abraham
3. How did Abraham demonstrate his faith?
4. How did God call Moses?
5. Why was Abraham called the grandfather of all believers
6. Give one promise God gave to Abraham.
7. What punishments did God give to pharaoh to release the children of Israel?
8. Write down the 10 contributions that God gave to Moses.

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CALLS HIS PEOPLE

CONTENT: GOD CALLS JOSHUA (Joshua 1:1 – 9)

- Although Moses delivered God's people from Egypt he did not reach the Promised Land.
- Moses died on the way because he disobeyed God Deut 32:48 – 52
- Joshua was chosen to lead the Israelites into the Promised Land.
- Joshua led them across R. Jordan into the Promised Land.

God calls Gideon (Judges 6:11 – 16)

- Gideon was a brave and mighty young man whom God called at a time when the Israelites were being defeated by the tribe of the medianites
- He was a son of Joash and one day when he was threshing wheat, an angel of the lord came and sat under a nearby tree.

“The lord is with you brave and mighty man”

- Gideon complained before the angel of God why he failed to rescue them yet they heard about him as a mighty God.
- The angel assured Gideon of God’s presence and how he was determined to help them.
- By God’s help Gideon defeated the medianites.

The call of John the Baptist (Mat 3:1 – 12)

- He was the last messenger to prepare a way for the coming of Jesus the messiah / savior
- He was a son of Zachariah and Elizabeth
- He preached to people to repent and be baptized for the forgiveness of their sins
- The coming of John the Baptist had been foretold by Isaiah the prophet (Isa 40:1-5)
- He lived a simple life in the desert
- He wore clothes made of camel’s hair, his food was locusts and honey
- His message was “turn away from your sins because the kingdom of God is near”/ repent and be baptized for the forgiveness of your sins.
- All the people who repented were baptized by John the Baptist in R. Jordan

Evaluation

Exercise

1. Who led the children of Israel to the promised land after the death of Moses
2. What was the name of the Promised Land?

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CALLS HIS PEOPLE

CONTENT: OTHER MESSAGES THAT GOD CALLED

- a) Jeremiah – preached a message of hope and the new covenant Jer (1:1 – 7)
- b) Ezekiel – preached about God’s judgment (Ezekiel 1:1 – 3)
- c) Hosea – he preached forgiveness and hope for God’s people (Hosea 1:1 – 11)
- d) Isaiah – he preached the coming of the messiah (Isaiah 6:1 – 13)
- e) Jonah – was called to go and preach to the people of Nineveh to tell them to repent to avoid the impending destruction.(Jonah 3:1 – 13)

DATE	CLASS	SUBJECT	NO OF PUPILS	TIME

THEME: CHRISTIAN ON THE WAY

SUB THEME: GOD CALLS HIS PEOPLE

CONTENT: SPECIFIC MESSAGES FROM GOD

These are messages we specifically receive from the bible as we read it we:

- *It is through the bible that we* communicate with God through reading the bible.
- We listen to God speaking to us through the bible messages *that were written*
- Listening to them or reading the word of God through the messages written by his messengers help us to.
- It gives us peace and love for God and his people
- It helps us to know things that are *beyond our understanding.*
- It gives us wisdom, courage and strength
- It helps us to learn the truth about God and Jesus
- It guides us to the right path of salvation
- The promise of a savior
- *It helps us to lead righteous Godly lives*

WAYS OF ACCEPTING JESUS OUR SAVIOUR IN OUR LIVES / RESPONSE TO GOD'S WORD

We have learnt that we need Jesus in our daily lives let us look at the different ways of accepting Jesus Christ our savior.

- By repenting and asking for forgiveness of our sins through Jesus Christ (the bible says that all of us have sinned Rom 3:23, sin is punishable by death luke 13:3)
- Through loving one another (the bible reminds us that whoever loves a child of God 1 John 4:7)
- By living right, through leading Godly lives in actions and minds
- Through seeking the guidance of the holy spirit daily
- Through believing and putting our faith in Jesus Christ
- By accepting that we are sinners and that we need forgiveness

Exercise

1. Why did God send Jesus to earth?

2. How can one acquire eternal life?

The message that Mary received

- The angel from heaven called Gabriel was sent by God to Mary in the city of Galilee named Nazareth.
- She was a virgin engaged to get married to her husband Joseph the descendant of David.
- The angel gave her the message “rejoice, favoured one, the Lord is with you, blessed of the message but the angel encouraged her to be afraid because she was favoured by God.
- She wondered how this would happen and the Angel assured her that the Holy Spirit would come upon her and she would conceive a son whom she will name Jesus.

