

REVISED EDITION

SOUND AND READ

BOOK 1

A READING AND SPELLING GUIDE FOR BEGINNERS



$$\frac{x}{5} (5) = -10 (5)$$

$$x = -50$$

Eggs
10-20 days
5-6 mm

Larva
4-7 days
10-18 mm

A well written & explained
Book for revision
suitable for upper primary

MUNGAWI PETER

ALPHABET

CAPITAL LETTERS (PHONICS)

A B C D E F G
H I J K L M N
O P Q R S T U
V W X Y Z

SMALL LETTERS (PHONICS)

a b c d e f g
h i j k l m n
o p q r s t u
v w x y z

5

$$\frac{x}{5} (5) = -10 (5)$$

$$x = -50$$



10-20 days
5-6 mm

Larva
4-7 days
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CAPITAL AND SMALL LETTERS

Aa Bb Cc Dd Ee Ff Gg

Hh Ii Jj Kk Ll Mm Nn

Oo Pp Qq Rr Ss Tt Uu

Vv Ww Xx Yy Zz

A E I O U

a e i o u

u o e i a

READ THESE WORDS

an at as ass ask and
end egg elf elk ebb

in is it if ill ink
of on odd oil

us up un

Read "a" sound

a ba ca da fa
ga ha ja ka la
ma na pa ra sa
ta va wa ya za

Read "a" words then take dictation

an	bag	cat	dam
fat	gap	hat	jam
lap	man	nap	pan
rat	sat	tap	van
wax	yam		

MATCH THE PICTURES WITH
THEIR NAMES

bee cat fan hat man tan mat

Fill the gaps with "a" then
read the words

m_n	r_g	h_t
d_d	m_t	j_m
c_n	P_t	s_t
c_-P	c_t	r_n
h_m	t_-P	m_p
s_d	f_n	P_n

Let's read "a" sound

1. A cat has a rat.
2. A car has a fan.
3. A man has a map.
4. An egg is in a pan.
5. Ann has a cap.
6. A cat has a mat.
7. Dad has a van.
8. A pan is in a bag.
9. A man has a hat.
10. Dad has a bag.

Fill in the gaps with words that sound like

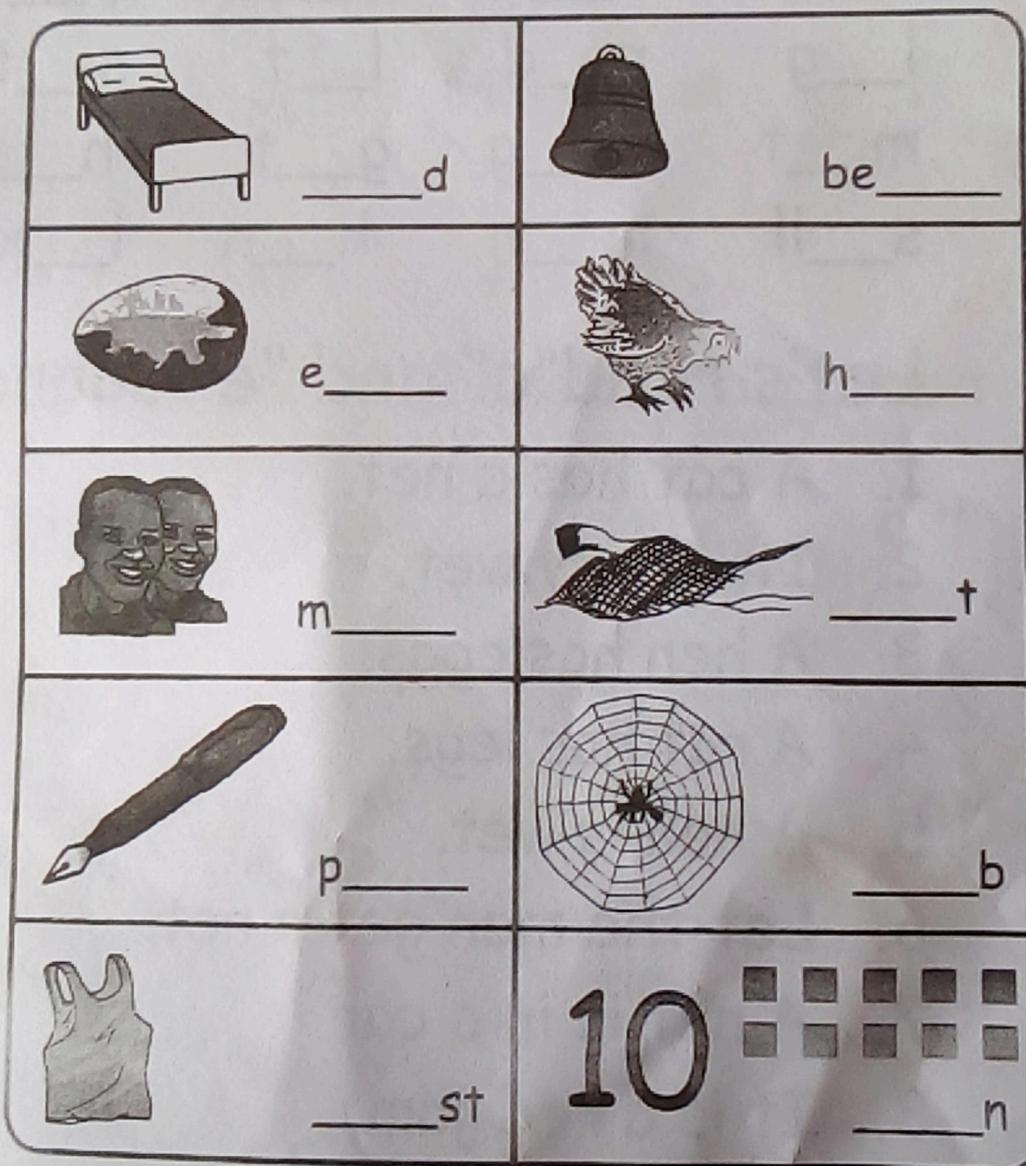
e	be	de	fe	ge
he	te	ke	le	me
ne	pe	re	se	te
ve	we	ye	ze	
	q	t	b	s

Read the words then take
dictation.

bed	den	elf	fed	get
hen	jet	keg	leg	men
net	pen	red	set	ten
vest	web	lex	yet	

MATCH THE PICTURES WITH THEIR NAMES

bed hen men wet pen ten vest
web egg bell



Fill the gaps with "e" then
read the words

f_e_ll d_e_n b_e_ll j_e_t
t_e_n w_e_t b_e_d p_e_n
l_e_g r_e_d l_e_t s_e_t
m_e_t b_e_g g_e_t n_e_st
s_e_ll m_e_n h_e_n l_e_x

Let's read "a" and "e" sounds

1. A cat has a net.
2. It is very wet.
3. A hen has eggs.
4. A rat has legs.
5. A hen is wet.
6. Let the men get a net.
7. A net is in a car.
8. It is a red jam.
9. A wet man has a net.

HTIW 23 "i" sound

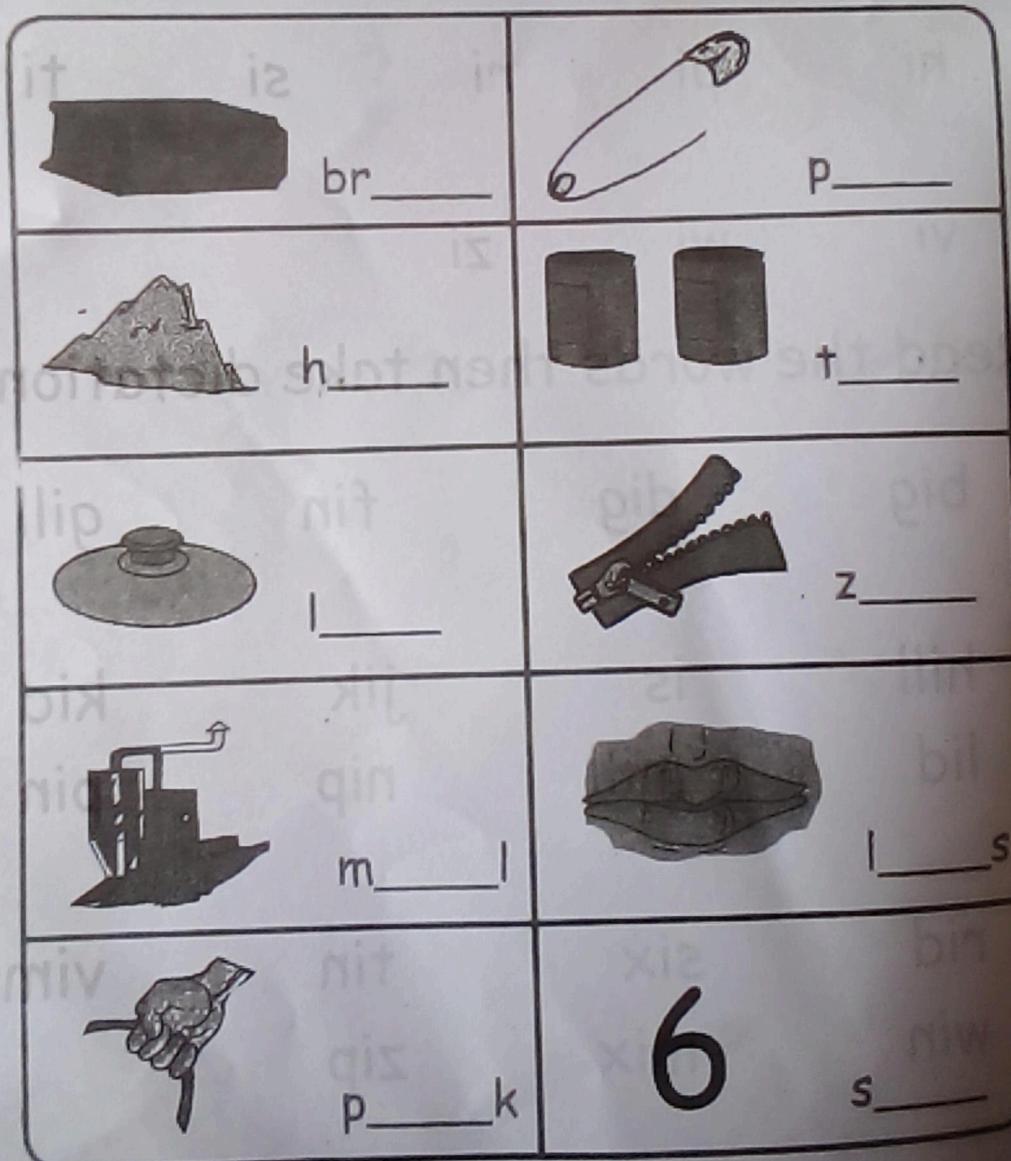
i bi di fi gi
hi ji ki li mi
ni pi ri si ti
vi wi zi

ds Read the words then take dictation

big	dig	fin	gill
hill	is	jik	kid
lid	mill	nip	pin
rid	six	tin	vim
win	mix	zip	

MATCH THE PICTURES WITH THEIR NAMES

hill pin six zip tins pick lips
lid mill brick



Fill the gaps with "I" then
read the words

h_m w_ll z_p h_s
f_n k_d b_g k_ss
b_t m_x s_x d_d
d_g v_m l_p s_t
k_ll s_p w_n m_ll

Let's Read "a" "e" "I" Sounds

1. A big rat is bad.
2. A cat has milk.
3. Get him a red zip.
4. A tin has a lid.
5. Let him in a van.
6. A cat can kill a rat.
7. It is a red net.
8. His car is very big.
9. Jill has six eggs.
10. Ben has a big bed.

"o" Sound

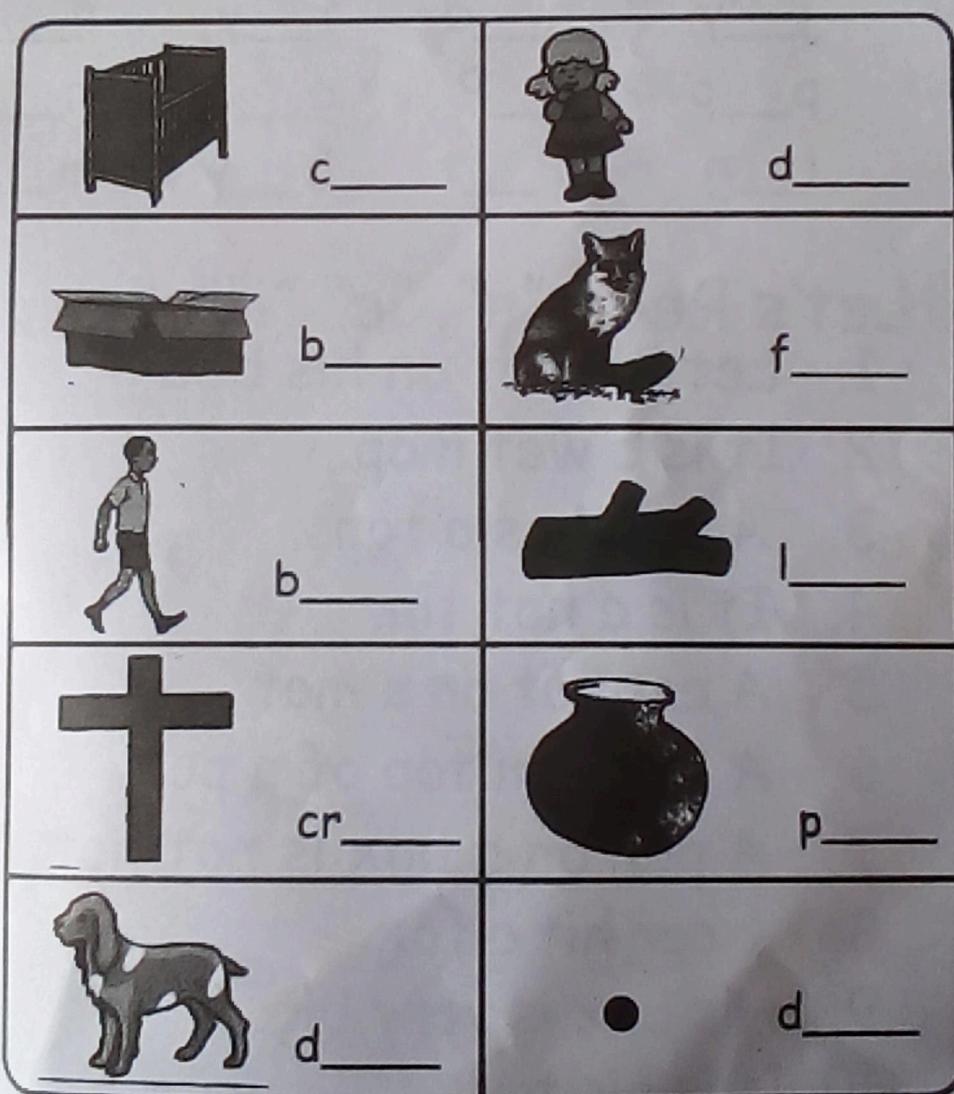
o	bo	co	do	fo
go	ho	jo	ko	lo
mo	no	po	ro	so
to	vo	wo	yo	

Read the words then take
dictation

boy	cot	dot	fox
got	hot	joy	log
mob	not	oil	pot
rot	sob	top	vold
won	box	yolk	

MATCH THE PICTURES WITH THEIR NAMES

boy cot dog pot log box fox
cross doll dot



Fill the gaps with "o" then read
the words

l__t	h__t	h__p	f__x
p__dr__	r__t	d__g	f__g
j__y	n__d	t__y	r__d
p__p	t__P	g__t	n__t
l__g	P__t	b__y	m__P

Let's Read "a", "e", "i", "o"

1. Let him sit on his bed
2. It is a wet mop.
3. A box has a top.
4. It is a hot tin.
5. A cat sat on a mat
6. A lid is on top of a pot.
7. A pan on a box is not hot.
8. A car hit a fox.
9. His box is very big.
10. It is his toy

"u" Sound

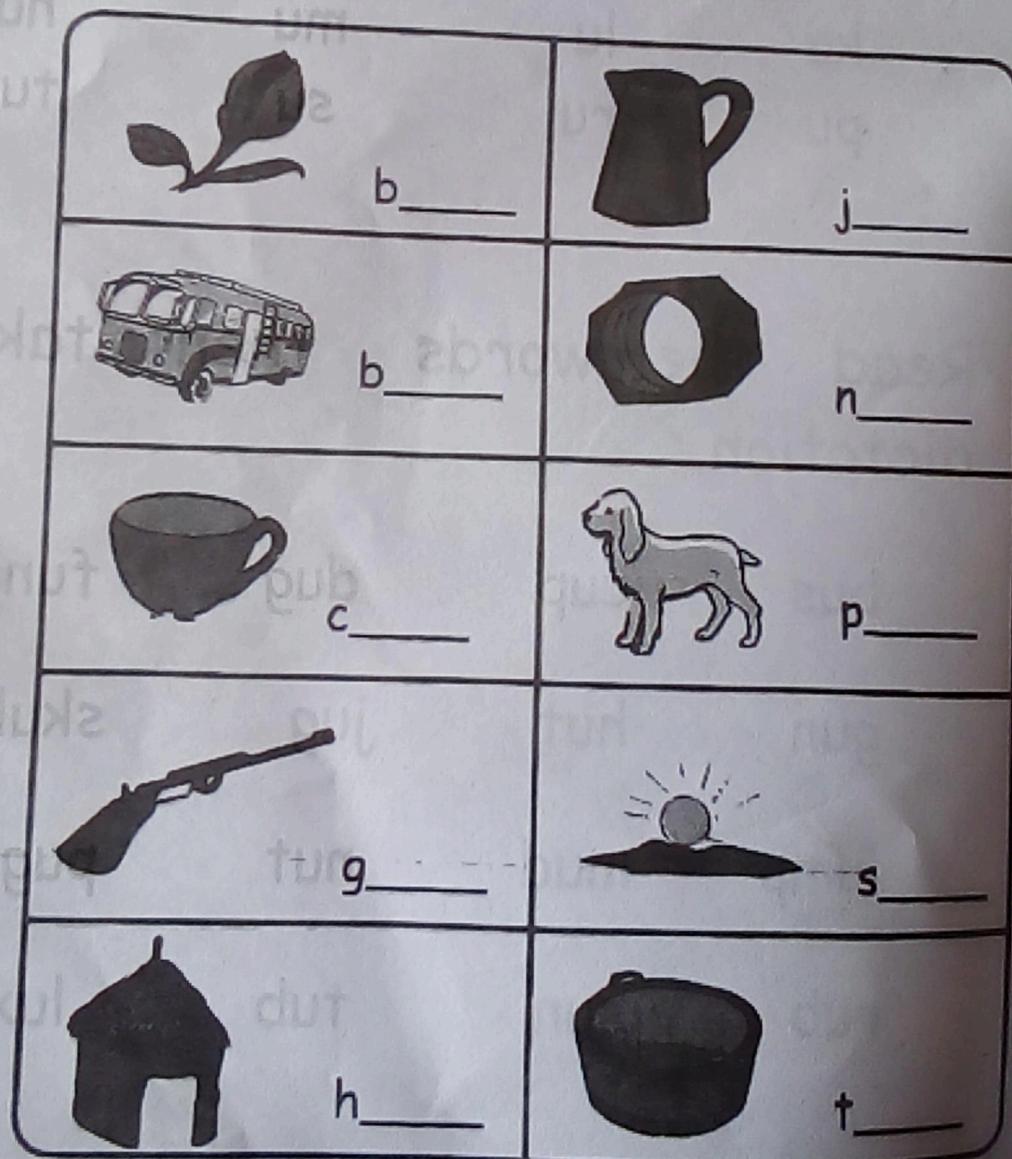
U	bu	cu	du
fu	gu	hu	ju
ku	lu	mu	nu
pu	ru	su	tu

Read the words then take
dictation.

bus	cup	dug	fun
gun	hut	jug	skull
lump	mud	nut	pug
rub	sun	tub	lux

MATCH THE PICTURES WITH THEIR NAMES

bus cup gun hut jug sun bud nut
tub pup



Fill the gaps with "u" then read the words

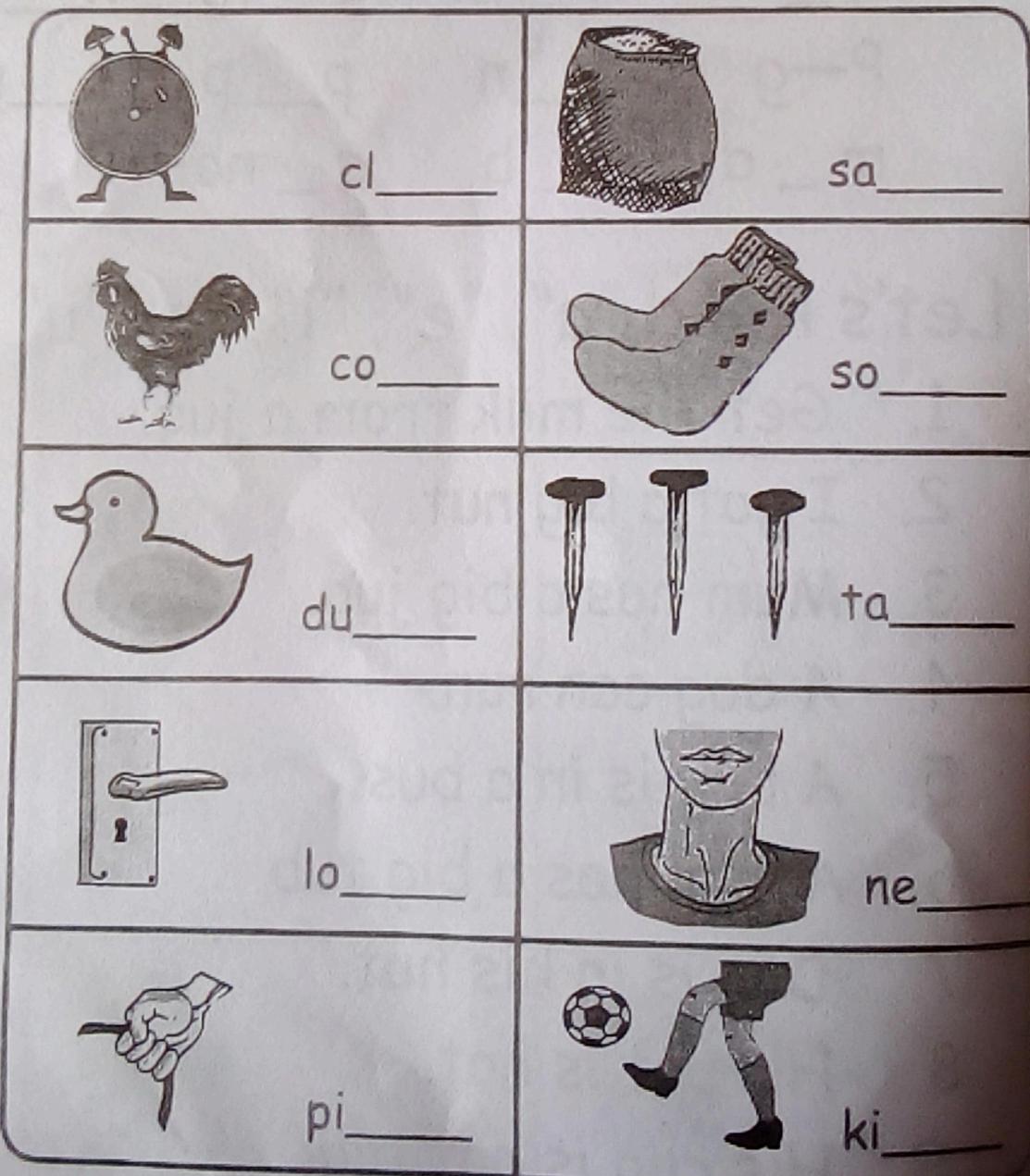
nut c _ t f _ ss b _ n b _ s
b _ t d _ ll g _ l l j - g
g _ n h _ m g _ m h _ t
P - g r _ n p _ p f _ n
m _ d t _ b s _ nc - P

Let's Read "a", "e", "i", "o" "u"

1. Get the milk from a jug.
2. I got a big nut.
3. Mum has a big jug.
4. A dog can run.
5. A boy is in a bus.
6. A man has a big tub.
7. Dan is in his hut.
8. His pot is hot.
9. His cup is not big.

MATCH THE PICTURES WITH THEIR NAMES

clock cock sock duck sack pick neck
kick lock tacks



"ck" say "k"

rack	neck	tack	tick
duck	tock	sack	rack
peck	lock	clock	pack
suck	back	kick	lick
luck	sock	hack	muck

Fill the gaps with "ck" then
read the words

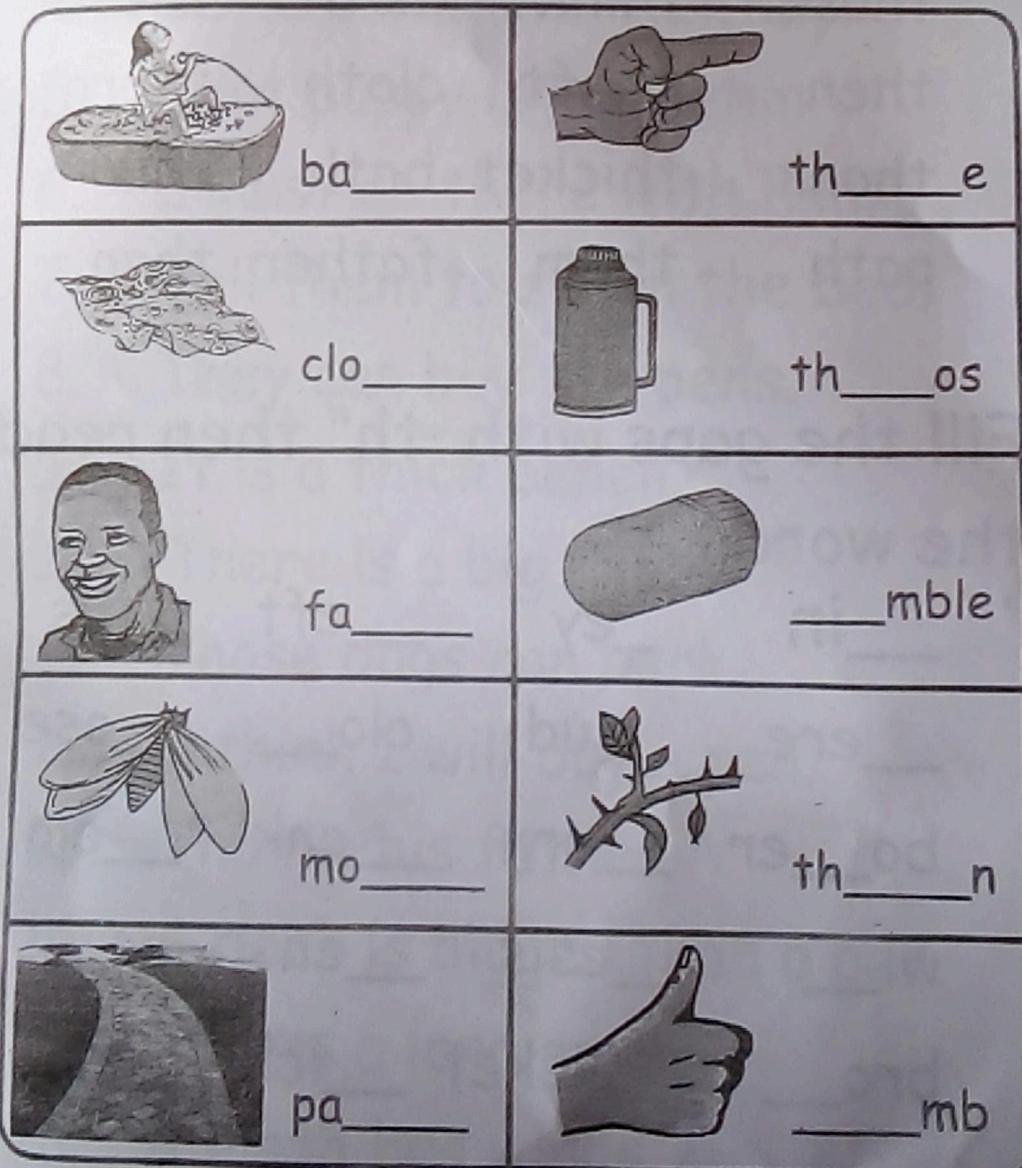
si__	mo__	ja__	ba__
wi__	ta__	ja__ et	ti__
do__	de__	mu__	pi__
mi__	flo__	ki__	pe__
thi__	ha__	clo__	li__

Let's Read "ck"

1. His back is bent.
2. Go and get a duck.
3. A duck has big eggs.
4. I will pick an egg.
5. It is not his sack.
6. Pack his cups well.
7. Pick his red mug
8. I am very sick.
9. It is ten O'clock.
10. It is a big rock.
11. A boy can kick a tin.
12. A man has a neck.
13. His door has a lock.
14. It is his sock.

MATCH THE PICTURES WITH THEIR NAMES

path father moth thumb thorn
thimble bath cloth thermos there



Read these words then take
dictation

TH-th

that	thick	thus	wither
those	think	moth	thesis
then	theft	cloth	thorn
thank	thicket	bath	this
path	them	father	than

Fill the gaps with "th" then read
the words

_in	_ey	_eft	_us	
_ere	_ud	clo_	_ose	
bo_	er	or	nk	_em
wi_	es	en	pa_	
bro_	icket	ick	an	

Let's Read "th"

1. The cat is black.
2. That is a dog.
3. His thumb is hurt.
4. Get a pen from that boy.
5. That puppy is very thin.
6. I must go there with him.
7. Tell them to sit on the bed.
8. They can buy ten pens.
9. It is a thick pencil.
10. There is a big thorn.
11. Those dogs can bark.
12. I think I will buy a pen.
13. That is his father.
14. A desk is bigger than a pen.
15. This is a long path.
16. A moth has wings.

Silent "R" "r"

Read these words then take
dictation

barn	ark	lard
farm	burst	hurt
hard	corn	burn
darn	first	harm
dark	bird	cord
fork	form	curl
turn	garb	card
lark	girl	part
tart	hark	park
pork	lord	mark
tarn	torn	port.

Fill the gaps with "r" then read the words.

pa_ty ba_n po_k bu_n
po_t ta_t so_t la_d
su_f hu_t fo_k ha_m
da_k co_d da_n cu_l
ha_d ca_d fa_m he_d

Let's Read Silent "r"

1. I want six forks.
2. Pigs give us pork.
3. So and buy seven cards.
4. The farm has bananas.
5. The lark can sing well.
6. His card is the best.
7. I will go to the party.
8. The dog can harm him.
9. This sum is not hard.
10. His barn has a lot of yams.

Revise

Read and take dictation

back	bell	doll
damp	bent	cost
pack	disk	lost
best	dock	fond
send	fast	dust
text	fist	duck
hiss	gift	jump
will	hand	hunt
milk	join	just
lift	lock	suck
hill	loft	wink
desk	tank	left

Revision

Fill the gaps with "a", "e", "I", "o
"u""

then read the words.

p <u> </u> ck	b <u> </u> ck	h <u> </u> nd	t <u> </u> nk
b <u> </u> st	s <u> </u> nd	b <u> </u> ll	b <u> </u> nt
h <u> </u> ss	w <u> </u> ll	m <u> </u> lk	g <u> </u> ft
d <u> </u> ck	j <u> </u> in	l <u> </u> ft	d <u> </u> ll
d <u> </u> st	h <u> </u> nt	d <u> </u> ck	j <u> </u> mp

Read these sentences.

1. I will go very fast.
2. His doll is the best.
3. That is the cost of this pen.
4. The dog can hunt a cat.
5. This is a lost pen.
6. The lock is not there
7. The milk is in a jug.
8. There is a lot of dust.
9. I must go to bed.
10. This lift is not fast.

Read these words then take dictation

Fill
the

BL__bl

black	blend	blank
bless	bliss	bland
block	blister	blink
blunt	blacken	blish
blast	bled	blot
blanket	blizzard	bluff

—a
—o
—a

)
Fill
—ie
—o
—c

Re

1.
2.

3.
4.
5.

6.
7.

8.
9.

BR-br

brass	broken	brag
brick	bring	bran
brim	bracket	brand
brink	broke	brisk
brunt	bricks	broth

Fill the gaps with "bl" then read the words

bl

blanket

bolt

bank

black

bind

boss

bed

block

Fill the gaps with "br"

sick

both

woke

band

brass

bring

ink

bag

Read these sentences

1. There is a black cat.
2. His blanket is torn .
3. The bricks are for his house.
4. The blind man is sick.
5. That is his block.
6. His axe is blunt.
7. If you mix copper and zinc you will get brass.
8. The man drank the broth.
9. He marked his pig with a brand.

Read these words then take
dictation

CR-cr

cross

craft

crib

crisp

crag

crop

cramp

crest

cripple

crab

crocus

crisis

crack

croft

crock

cress

cricket

crust

CL-cl

clap

cleft

clad

class

cloth

clamp

clan

clerk

clank

clasp

clumsy

classic

cliff

clever

clinic

clip

clam

clock

clod

client

clog

clot

cluster

club

cluck

clink

click

club

cling

clump

Fill the w

Fill t

CL cr

Fill the gaps with "cr" then read the words.

—isp —est —op —oss
—ab —oft —ack —aft

Fill the gaps with "cl"

—iff —oth —ub —ass
—ap —an —oth —inic
—uck —eft —ot —ock

1. The boys clapped their hands.
2. There is a clock on the table.
3. She went to the clinic in the morning.
4. He is in class six.
5. The man with the cross is hungry.
6. He wants to help that cripple.
7. There is a crack on the floor.
8. His farm has a lot of crops.
9. Some people eat crabs.

Read these words then take
dictation

DR dr

dress	dragon	draper	drug
drill	dram	drift	drunk
drink	drama	drip	drab
drum	drank	drop	draft
drag	drastic	dross	dregs

Fill the gaps with "dr" then read
the words

_op	_aft	_ift
_um	_agon	_ip
_am	_ug	_oss
_aper	_ink	_ug
_ank	_ill	_amd
_unk	_ess	_ab

Read

1. My
2. Th
3. Th
4. Th
5. Th
6. Sh
7. Th
8. A
9. Th
10. Th
11. Pe
12. Th
13. Th
14. Th

DR dr

Read these sentences

1. My dress is torn.
2. The baby can drink milk.
3. The man with a drum is happy.
4. The draper sells clothes.
5. The girl dropped the glass and it broke.
6. She wants to draft the letter first.
7. This tap drips all day long.
8. A dragon fly has wings.
9. The little girl dragged the big doll along the road.
10. The boy drank tea in a cup.
11. People drunk tea at the wedding party.
12. That glass has only dregs in it.
13. The doctor gave a drug to the patient.
14. The dross was seen after ten days.

Read the words then take dictation

FR-fr

frill	franc	frost
from	fret	frank
frantic	frock	frisk
frog	fritter	frolic
front	froze	froth

Fill the
the wo
_a
_i
_c
_c
_c

Fill th

flat	flap	flock
flag	flatten	flags
flank	fling	flask
flax	florin	fleck

FL fl

Fled	florist	flick
flint	fluster	flog
flop	flutter	florid
fluff	flatter	flit

Read

1. Th
2. Th
3. Th
4. Ou

Fill the gaps with "fr" then read the words

__antic	__ock	__om
__isk	__et	__ill
__og	__anc	__itter
__ank	__oze	__ont
__ost	__oth	__olic

Fill the gaps with "fl"

__orid	__ap	__eck
__uff	__orin	__ax
__int	__atter	__orist
__ag	__utter	__ock

Read these sentences

1. That man comes from Tanzania.
2. The man sat at the beach front.
3. They are playing on a flat field.
4. Our national flag has four colours.

Read these words then take
dictation

GR-gr

gran	grammer	grass
grab	gravity	graft
gram	groin	grand
grant	grub	grasp
grid	gruff	grill
grim	grove	grin
grip	grips	grit
gross	grimly	grunt

GL- gl

glass	glen	glad
gland	glint	glib
glory	glutton	gloss
glum	glow	glut

take

ass

raft

and

asp

ll

n

t

unt

Fill the gaps with "gr" then read
the words

_ass _and _ill

_oss _ammer _in

_ant _am _uff

_ip _aft _ab

Fill the gaps with "gl"

_um _en _oss

_ass _int _ib

_ad _utton _ut

_ow _and _ory

Read these sentences

1. The frog is in the long grass.
2. The bad monkey grabbed the banana from the little girl
3. The milk in the glass is for you.
4. I am very glad to see you.
5. Trusted people will see the glory of God.

Read these words then take
dictation

PR pr

press
prick
pram
present
prim
prison
project

predict
printer
prism
problem
product
progress
proper

prop
protest
prank
prig
print
prod
profit

PL pl

plant
planet
plot
pluck
plum
plump
plastic

plots
plumber
platform
plaster
planter
plans
plods

plan
plank
plod
plug
plus
plumb
plenty

Fill the gaps with "pr" then read the words

__am	__oduct	__ig
__ank	__oblem	__ess
__oject	__ogress	__ick
__op	__ism	__esent

Fill the gaps with "pl"

__ug	__aster	__an
__us	__astic	__ot
__ump	__anter	__anet
__enty	__ant	__urn

Read these sentences

1. My books are in a plastic bag.
2. The garden has plenty of bananas.
3. I want to plant some trees.
4. She sold the dress for a profit.
5. The boy is present but the girl is absent.

Read these words then take dictation

TR-tr

trip	trump	tramp
track	tropic	tract
traffic	tricky	tram
trap	transit	trek
tress	treble	trend
trick	tremble	trim
truck	triple	trust
trunk	trapper	truss
trot	trinket	triplet
transmit	trumpet	trespass

TR tr

Fill the gaps with "tr" then read
the words

__ek __ust __uck __ack
__end __P __unk __ick
__amp __uss __affic __ess
__act __im __ap __iple
__im __ot __opic __umpet

Read these sentences

1. Red traffic light says "stop".
2. The men want to trap the lion.
3. He tricked his father to get a pen.
4. They had to trek for many days as there were no cars.
5. The boys were hungry after the long trip.
6. I trust that you will pass the tests.
7. The donkey trotted along the road.
8. The triplets babies are well.
9. The men cut the tree trunk.

Read these words then take
dictation

Y say i

sun-sunny	sally	berry
hill-hilly	flurry	sorry
doll-dolly	groggy	happy
dust-dusty	gritty	carry
fun-funny	stubby	dizzy
luck-lucky	flabby	hurry
frost-frosty	grizzly	stuffy
bunny	lorry	holly
teddy	penny	poppy
granny	marry	jelly

ke

Fill the gaps with "y" then read
the words

doll_ grann_ marr_ kitt_
funn_ berr_ sorr_ carr_
dizz_ hill_ frost_ dust_
luck_ penn_ lorr_ jell_
popp_ sunn_ tedd_ doll_

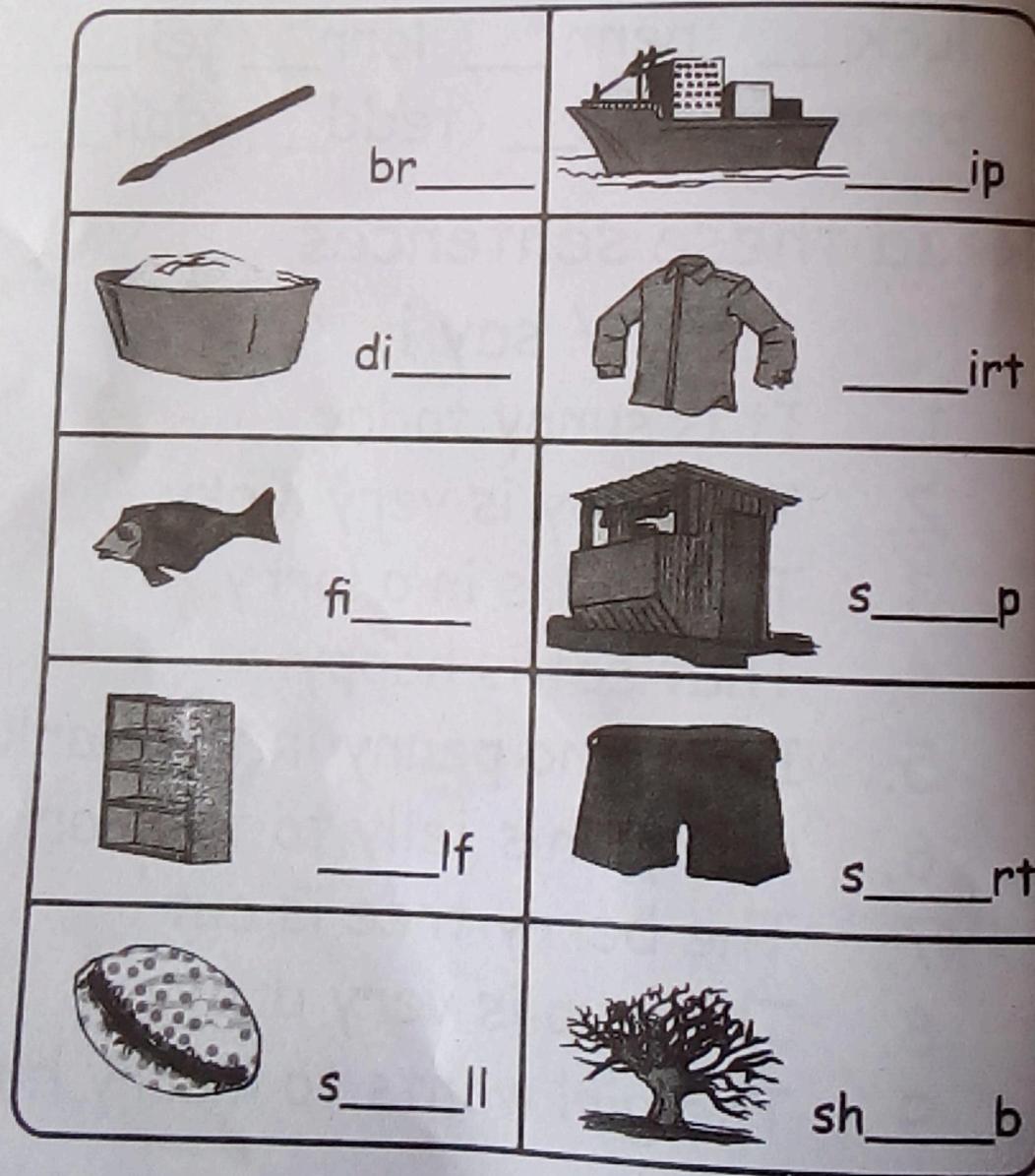
Read these sentences

y say i

1. It is sunny today.
2. This boy is very lucky.
3. The bag is in a lorry.
4. That cat is happy.
5. I have no penny in the bank.
6. Carry this jelly to the car.
7. The berry tree is cut.
8. This cup is very dusty.
9. The girl wants to marry him.

MATCH THE PICTURES WITH THEIR NAMES

fish shop brush shelf shell ship dish
shirt short shrub



Read these words then take
dictation

Sh

sha	she	shi	sho	shu
shall		shell		shift
sham		shelf		ship
sharp		shed		shrink
shaft		fresh		dish
rash		shop		wish
gash		shot		shrub
mash		shock		shrunk
shut		short		shut
shutter		hush		crush
brush		flash		smash

Fill the gaps with "sh"

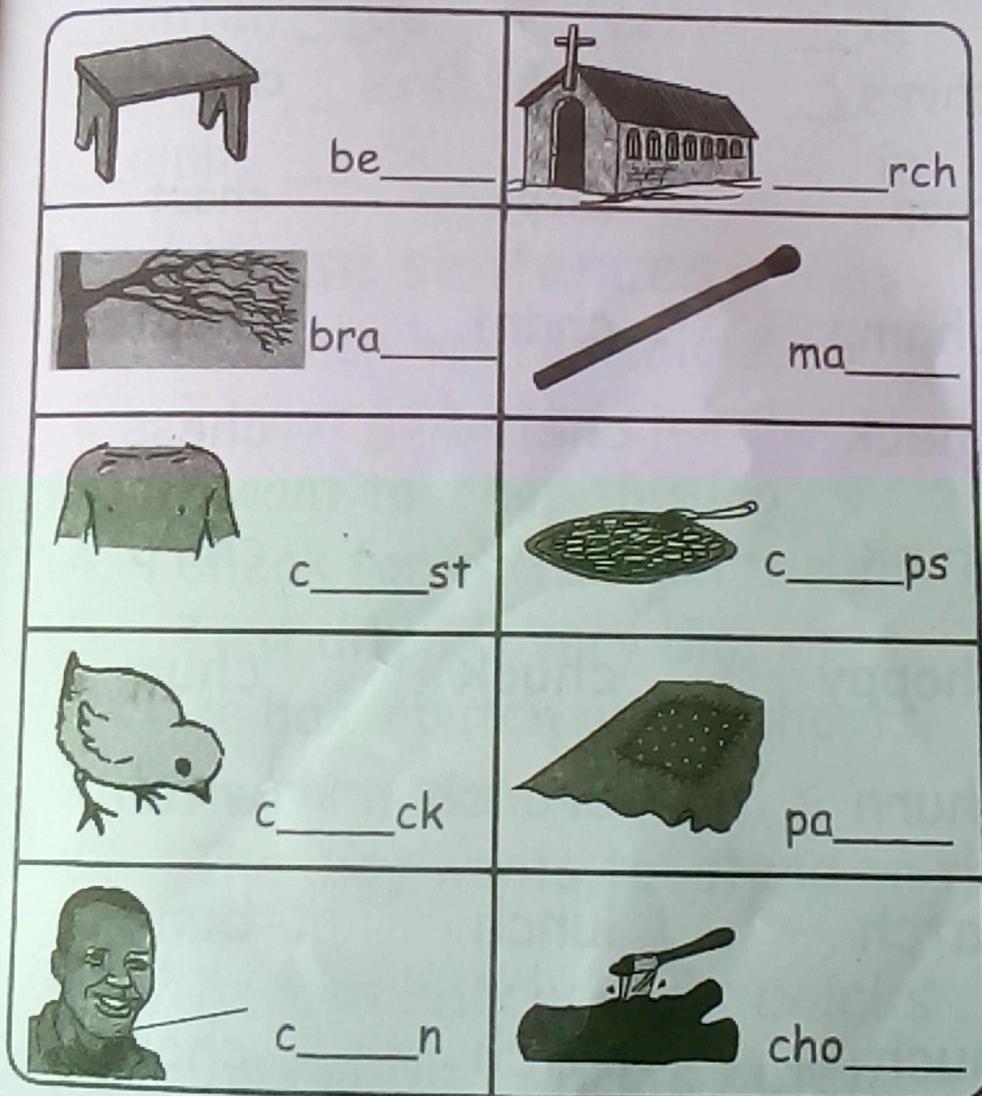
wi__ __ot di__ sma__ __op
__ock __rink __ift cru__ f re__
__ort __runk ra__ __utter
__ed hu__ __ut ga__ __am
__elf fla__ __ip __all __aft
__ell __rub bru__ ma__ __arp

Read these sentences all

1. The mug is on the shelf.
2. I shall go with him.
3. The ship is moving very fast.
4. The mango is fresh.
5. Go to the shop and buy a pen.
6. The big dish is broken.
7. Did sara brush the shelf?
8. Get in and shut the door.
9. Go and sit by the shrubs.
10. I wish I was a king.

MATCH THE PICTURES WITH THEIR NAMES

chin chick church chest branch
match patch bench chips chop



CH

Read these words then take
dictation

cha che chi cho chu

chin chick church

chap chop chest

champ chant chapter

check cherry chess

chink chip chirp

choppy chuck chum

churn branch witch

catch lunch bunch

much patch chart

Fill the
the w

pat

in

apt

bran

am

Read

1.

2.

3.

4.

5.

6.

7.

8.

9.

10

ch

Fill the gaps with "ch" then read the words

pat_	_oppy	hut_	_ick
in	bun	_ur_	wit_
_apter	_op	_erry	_in
bran_	_ess	lun_	_est
_amp	_ick	_ant	_ip

Read these sentences

1. The hen has ten chicks.
2. I must go to the church.
3. I want to chop this log.
4. Check for the bag on the shelf.
5. That ditch is very big.
6. He has a patch on his shorts.
7. Give him more chips.
8. The boy wants to stand on the bench.
9. The hen hatched six chicks.
10. The rabbit is in its hutch.

Wh

Read these words then take
dictation

Whip	what	where
Whiff	whack	when
Which	wharf	whether
whim	whimper	whiz
whiskers	whirl	whim
whisk	whisper	
whin	whist	whistle

Who

1. Who is that?
2. That is the girl who was sick.
3. The girl who was sick is my sister

why

1. Do you know why I am sad?
2. Why are you so sad?
3. I can't tell you why I am sad

take

WATCH THE CULTURES WITH "WH"

Fill the gaps with "Wh" then read
the words

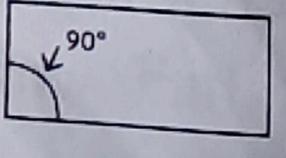
_iz	_ich	_iskers	_irl
_ip	_en	_isk	_ist
_iff	_imper	_istle	_arf
_im	_ack	_isper	_ether
_at	_inny	_ere	

Read these sentences.

1. What is in that box?
2. Where is his tin?
3. Which dress did you buy?
4. A cat has long Whiskers.
5. The girl who whispers is sick.
6. When will you go there?
7. Ask him whether he wants a banana.

MATCH THE PICTURES WITH THEIR NAMES

lungs king ring string wing
swing oblong tongs sling sing

	ki _____		to _____
	lu _____ s		wi _____
	ri _____		sw _____
	sl _____		si _____
	str _____		ob _____

NG

Read these words then take
dictation

tongs	lungs	long
ring	sing	oblong
pang	rang	dung
ding-dong		sting
throng	fangs	wing
sing	tongs	strong
song	string	bring
bang	sung	hung
sang	swing	king
fling	hang	dabbing
dangle	gang	slang
packing	selling	gaping.

NG

fill the gaps with "ng" then read
the words

oblo_	lu_s	stri_	sti_
thro_	ra_	lo_	stro_
di__do_to_s		so_	sa_
ba_	wi_	du_	ga_

Read these sentences

1. The king is in his car.
2. The boys use the swing to play.
3. The boys can sing a song.
4. The wasp can sting.
5. The box is very strong.
6. This string is not long.
7. They sang a bad song.
8. Bring the bell and ring it.
9. My mother wants to buy a ring.

Silent "e"

"e" at the end is silent

Read these words then take
dictation

middle	simple	scuttle	cattle
fiddle	dimple	candle	dazzle
paddle	rattle	mangle	battle
riddle	jumble	waggle	raffle
saddles	scramble	little	bramble

Fill the gaps with V then read
the words

jumbl__	scuttl__	middl__	raffl__
fiddl__	littl__	riddl__	saddl__
Simpl__	cattl__	scrambl__	paddl__
Mangl__	dazzl__	dimpl__	battl__
waggl__	candl__	brambl__	rattl__

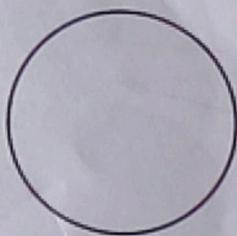
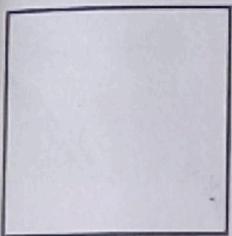
Silent "e"

Read these sentences

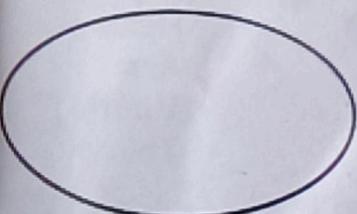
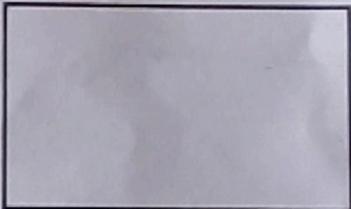
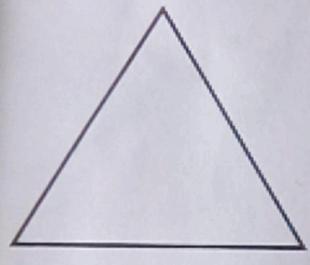
1. The little boy is very clever.
2. The candles are in a packet.
3. The girl in the middle is dirty.
4. This sum is very simple.
5. This riddle is hard for me.
6. My raffle ticket got lost.
7. The boy paddled his boat in the water.
8. My mother went to buy my saddles.
9. The man shut the cattle, in the shed.
10. That woman's cheeks can form dimples.
11. My Mother cooks scrambled eggs.
12. They battled against a strong wind.

SHAPES

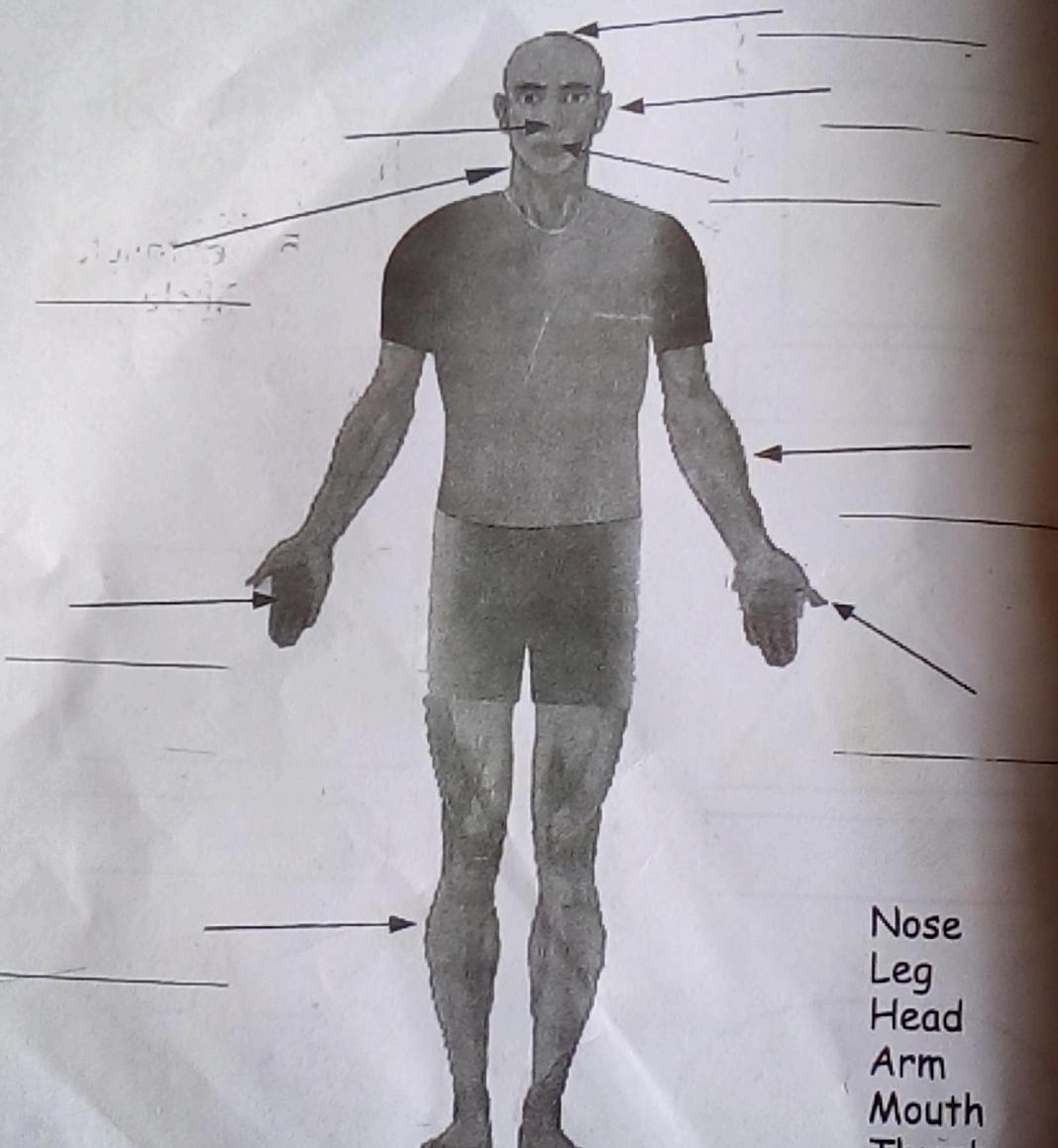
WRITE THEIR NAMES



1. Triangle
2. Oval
3. Star
4. Square
5. Rectangle
6. Circle



PARTS OF THE BODY FILL THE GAPS



Nose
Leg
Head
Arm
Mouth
Thumb
Neck
Handa
Ear

WHAT ARE THEY?

They are _____



pencils, dogs, cows, tables, books, chairs, goats, boys, chicks, bells.