



# PARENT - CHILD ACTIVITY BOOK 1 BABY CLASS

## 3 - 4 YEARS



# English



THE REPUBLIC OF UGANDA

**PARENT - CHILD ACTIVITY  
BOOK 1  
TO SUPPORT REMOTE LEARNING  
BABY CLASS  
3 - 4 YEARS**



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## FOREWORD

Following the Outbreak of the CoVID-19 Pandemic, Government of Uganda closed all schools and other educational institutions to minimize the spread of the coronavirus. This has affected more than 36,314 primary schools, 3129

secondary schools, 430,778 teachers and 12,777,390 learners. The COVID-19 outbreak and subsequent closure of all has had drastically impacted on learning especially curriculum coverage, loss of interest in education

and learner readiness in case schools open. This could result in massive rates of learner dropouts due to unwanted pregnancies and lack of school fees among others.

To mitigate the impact of the pandemic on the education system in Uganda, the Ministry of Education and Sports (MoES) constituted a Sector Response Taskforce (SRT) to strengthen the sector's preparedness and response measures. The SRT and National Curriculum Development Centre developed print Home-Study Materials, radio and television scripts for some selected subjects for all learners from Pre-Primary to Advanced level. The materials will enhance continued learning and learning for progression during this period of the lockdown, and will still be relevant when schools resume.

The materials focused on critical competences in all subjects in the curricula to enable the learners to achieve without the teachers' guidance. Therefore effort should be made for all learners to access and use these materials during the lockdown. Similarly, teachers are advised to get these materials in order to plan appropriately for further learning when schools resume, while parents/guardians need to ensure that their children access copies of these materials and use them appropriately.

I recognise the effort of National Curriculum Development Centre in responding to this emergency through appropriate guidance and the timely development of these home study materials. I recommend them for use by all learners during the lockdown.

**Alex Kakooza**  
**Permanent Secretary**  
**Ministry of EDUCATION AND SPORTS**

## ACKNOWLEDGEMENT

National Curriculum Development Centre (NCDC) would like to express its appreciation to all those who worked tirelessly towards the production of home-study materials for Pre-Primary, Primary and Secondary Levels of Education during the COVID-19 lockdown in Uganda. The Centre appreciates the contribution from all those who guided the development of these materials to make sure they are of quality; Development partners - SESIL, Save the Children and UNICEF; all the Panel members of the various subjects; sister institutions - UNEB and DES for their valuable contributions.

NCDC takes the responsibility for any shortcomings that might be. The comments and suggestions may be communicated to NCDC through P.O. Box 7002 Kampala or email admin@ncdc.go.ug or by visiting our **website at <http://ncdc.go.ug/node/13>.**

**Grace K. Baguma  
Director,  
National Curriculum Development Centre**

## INTRODUCTION OF THE PARENT – CHILD ACTIVITY BOOK 1- BABY CLASS

**Dear parent/guardian,**

This parent - child activity book is intended to be used by working together with the child to do the activity.

Please read carefully and look at the pictures to guide you. The materials to use for activity is well indicated.

The following are the 15 activities in book 1:

S/N	ACTIVITY
1	Calling friends by their names and role playing acceptable behaviors to people I play with e.g taking turns
2	Using the nose to smell different things
3	Practice washing hands as a good eating habit
4	Sorting similar objects
5	Texture rubbing things
6	Identifying and telling my name age and sex
7	Sorting objects according to size
8	Demonstrating eating while not opening the mouth and washing hands as the good eating habits
9	Making collage from seeds
10	Listen to and imitating sounds of animals
11	Naming rooms in the house and associating them with their uses
12	Naming and tracing body parts
13	Naming and drawing shapes
14	Naming and matching the same objects at home
15	Naming and roleplaying acceptable behaviours while using an appropriate language and responding appropriately

**ACTIVITY 1:** Calling friends by their names & Role playing acceptable behaviors to people I play with e.g. Taking turns

## PARENTS/GUARDIAN SUPPORT

1. Go and see where your child is playing from.
2. Ask your child to name the friends she plays with

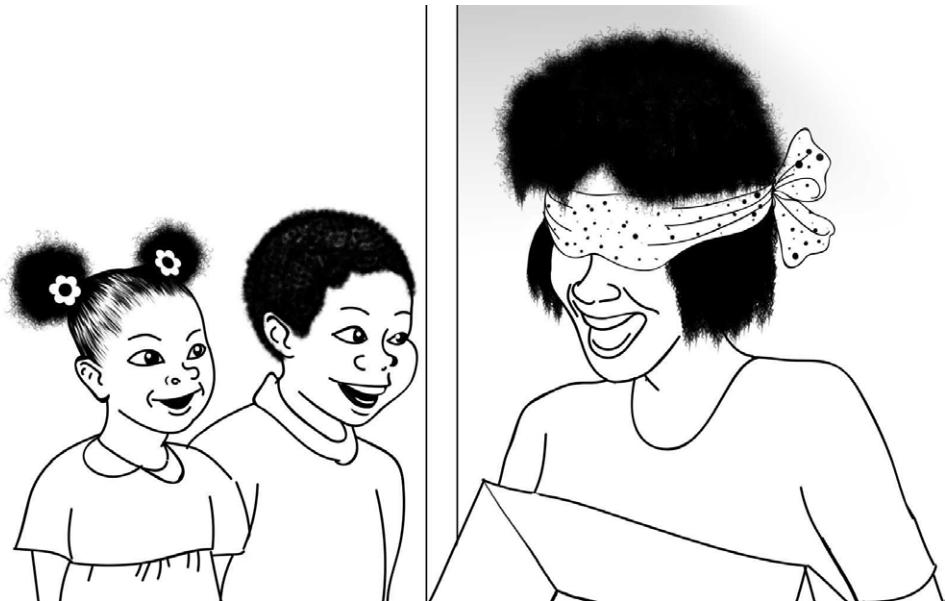
### Example

Jane

Suzan



3. Involve yourself in the play with children.



4. Encourage children to play well with others as they are taking turns.

### **Project Work.**

Make models of your friends you play with. (using?)

### **HEALTHY TIP**

***Wash your hands often with soap and water for At least 20 seconds especially after you have been in a public place, or after***

***blowing your nose.***

## ACTIVITY 2: Using the nose to smell different things.

### PARENTS/GUARDIAN SUPPORT

1. Show the nose on your body and tell a child "This is a nose"



2. Ask a child to show his/her nose and let her talk about its uses. Insert a picture of a child smelling on flowers, dirty toilet etc.



3. Collect things with different scents both good and bad e.g. flowers, Garbage, Vaseline, dustbin.



4. Ask a child to tell the scent of each item.

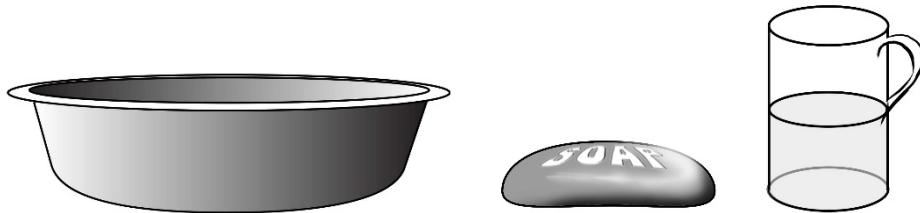
#### **HEALTHY TIP**

**Avoid touching your eyes, nose and mouth with unwashed hands.**

## ACTIVITY 3: Practice washing hands as a good eating habit

### PARENTS/GUARDIAN SUPPORT

1. Get the things we use to wash the hands and ask a child to name them.eg Clean water, soap, and basin.



2. Talk about washing hands before and after eating and demonstrate washing hands. Insert picture of a person washing hands.



3. Tell children the importance of washing hands.
4. Let the child to practice washing hands.

- 
- 5. Sing a song about washing hands. Wash wash your hands ever be clean.

### **HEALTHY TIP**

**Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other house members.**

## ACTIVITY 4: Sorting similar objects

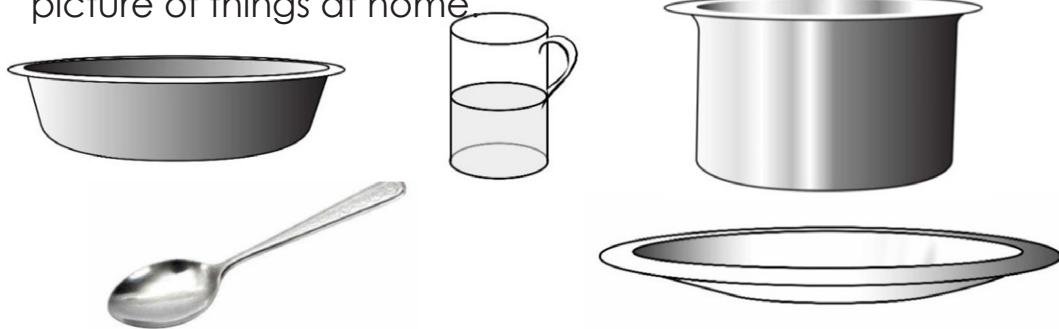
### PARENTS/GUARDIAN SUPPORT

1. Get different things you use at home and name them, with the child.

Examples, Cups, plates, basins, Spoon..



2. Help a child to sort things according to similarities e.g. Insert picture of things at home



3. Ask a child to sort similar objects without your help.

### HEALTHY TIP

***Put distance between yourself and other people outside your home.***

## ACTIVITY 5: Texture rubbing things

### PARENTS/GUARDIAN SUPPORT

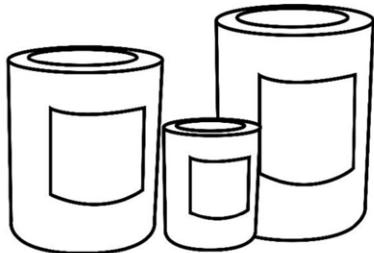
1. Collect things which can be used for texture rubbing

Example

- Bag
- Shoe soles with a design/slipper/sandal



- Tins



- Coins etc



2. Ask a child to name them

3. Get papers, Crayons, charcoal and dry cassava then show a child how to texture rub by rubbing the rough part.



4. Give material to a child to also do the texture rubbing.
5. Clean up the place after using it.

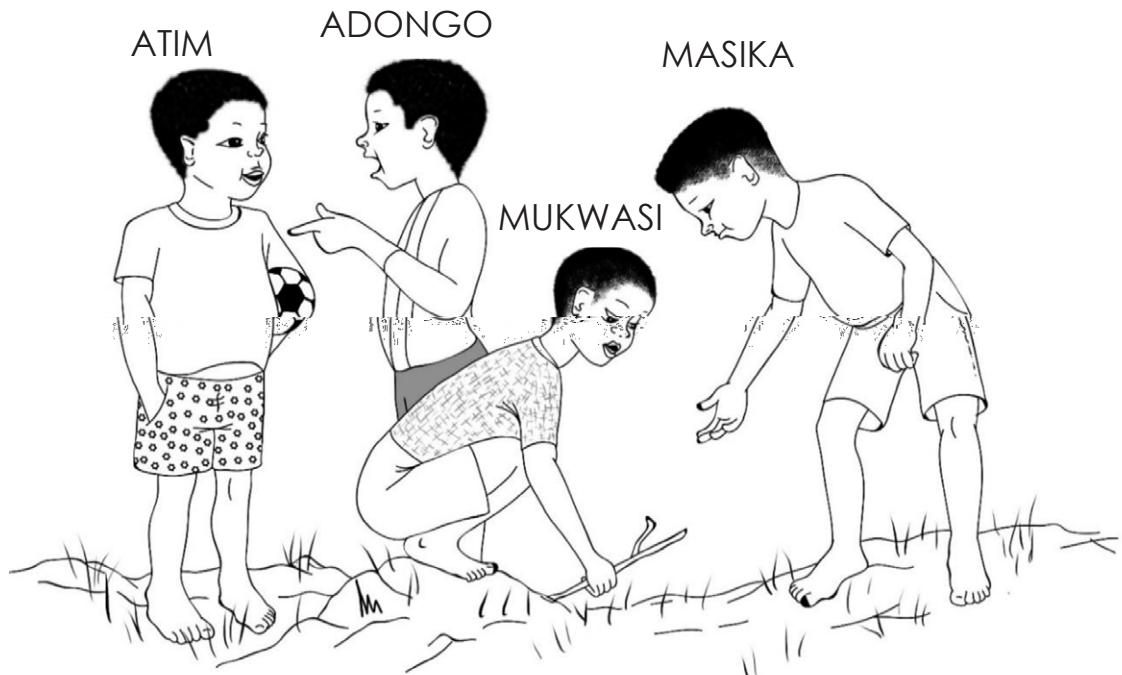
#### **HEALTHY TIP**

***Stay out of crowded places and a void mass gathering.***

## ACTIVITY 6: Identifying and telling my name age and sex

### PARENTS/GUARDIAN SUPPORT

Gather children of different sex at your home and let each child tell her/his name age and sex including you first. Insert pictures of children with a name on each. (Atim, Adongo, Mukwasi, Masika)



#### Example

My name is Kawogolo

I am 4 years old

I am a boy

2. Introduce a game identifying the sex. I will group children according to sex e.g.

Girls girls

Clap your hands

Boys boys

Jump jump

### **Project Work**

Draw and shade a girl

### **HEALTHY TIP**

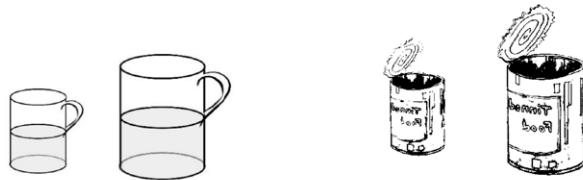
***Stay at least 6 feet from other people***

## ACTIVITY 7 Sorting objects according to size

### PARENTS/GUARDIAN SUPPORT

1. Collect objects of different sizes used at home with the child.

**Examples** Big and small cups, big and small tins, baskets etc.

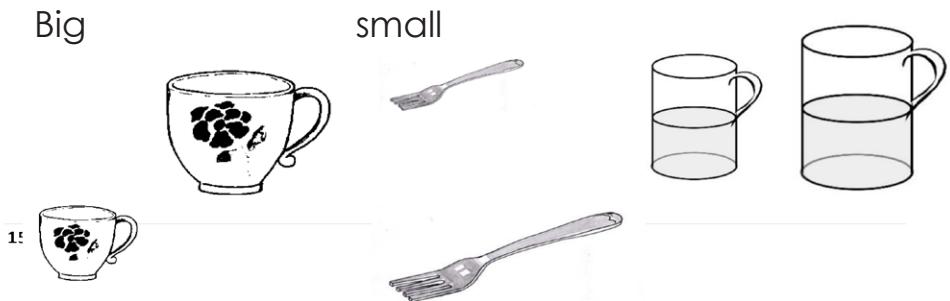


2. Ask a child to name them and let her compare their sizes.

**Examples:** Big Tin                      Small Tin



3. Give a child more objects and ask her to sort them according to size e.g.



**4. Recite the rhyme with the child**

A pot for water,

A pot for cooking big or small all are pots.

**Project work**

Model a big and small pot using.....

**Cover your mouth and nose with a mask/cloth when around others.**



## ACTIVITY 8: Demonstrating eating while not opening the mouth and washing hands as the good eating habits

### PARENTS/GUARDIAN SUPPORT

1. Ask a child to review the good eating habits discussed before e.g. Washing hands ask them we should wash why and the things we use to wash.



2. Bring food, let the child and the mother wash hands, and demonstrate to a child eating while closing the mouth as the good eating habit.



3. Practice with the child on how to eat well.
4. Always remind the child bout the good eating habits.

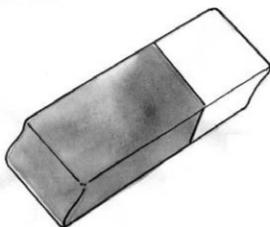
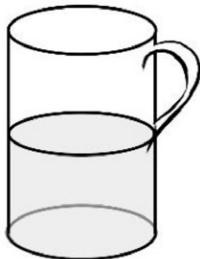
### **HEALTHY TIP**

**Clean and disinfect frequently touched surfaces daily.**

## ACTIVITY 9: Making collage from seeds e.g. Millet, rice, beans

### PARENTS/GUARDIAN SUPPORT

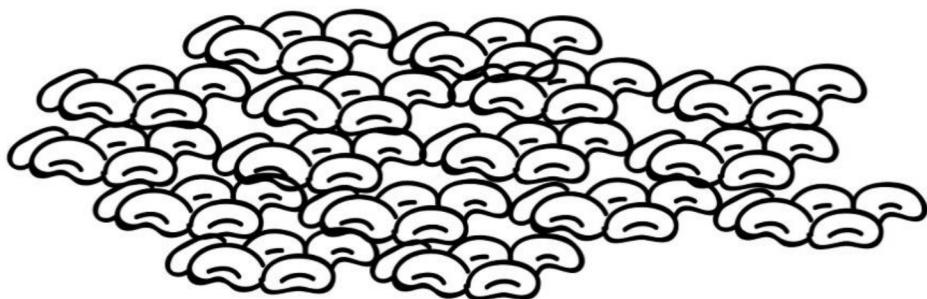
1. Get a picture of your choice and a child picks his or her choice e.g. A cup A ball



2. Collect different seeds with the child



3. Draw a picture and spread glue paste/cassava paste inside the picture
4. Spread the seeds inside the picture with the child and allow the seeds to stick on the paper.



5. Put them in the sun to dry

### **Project Work**

Collect a picture of your choice make collage

### **HEALTHY TIP**

***If surfaces are dirty, clean them***

## **ACTIVITY 10:** Listen to and imitating sounds of animals

### **PARENTS/GUARDIAN SUPPORT**

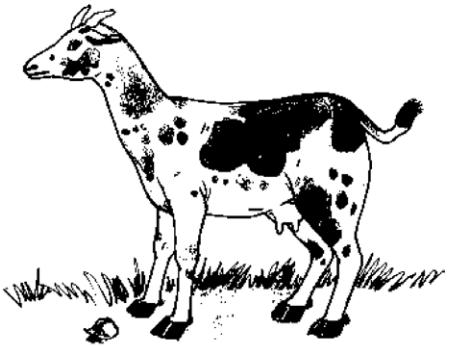
1. Show children different animals which live at home/in your area and guide them to name them.

**Examples** Insert pictures of animals

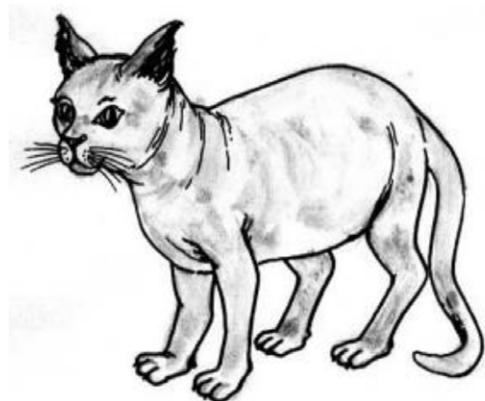
Cow



Goat.



Cat



2. Identify animals and their sounds by making animal sounds

Cow ----- Moo Moo

Goat ----- Mee Mee

Cat ----- Miaw Miaw

3. Ask a child to imitate the animal sounds. e.g. A cat says----

A cow says-----

4. Recite a rhyme about animal sounds e.g.

**COW COW COW**

Daddy has a cow

A big big cow

A cow says mooo

A cow has a rope

To keep it at home

**HEALTHY TIP**

**Be alert for symptoms. Watch out for fever, cough, shortness of breath or other symptoms of COVID-19**

## ACTIVITY 11: Naming rooms in the house and associating them with their uses.

### PARENTS/GUARDIAN SUPPORT

1. Go in your house or ask a neighbor to visit his/her house, Name room by room with the child.

#### Example

Sitting room, bedroom, and bathroom.



2. Ask the child to tell you how each room is used. Listen and guide the child accordingly

#### Example

A bedroom for sleeping in

A bathroom for bathing

A sitting room for sitting in

#### Project work

Get hard boxes and make your own house

### HEALTHY TIP

**Throw away used tissues/face masks/or wash and iron the clothed mask before using it again.**

## ACTIVITY 12: Naming and tracing body parts

### PARENTS/GUARDIAN SUPPORT

1. Show the different body parts to the child and guide him/her to name.

**Examples** Insert a picture of these body parts.

A nose



Eyes.



2. Ask a child to show you/ touch his/her body parts asked  
e.g. Nose,



3. Count the number of each body parts named e.g.
  - 2 Eyes
  - 1 Nose
4. Recite a rhyme about body parts e.g.  
My 2 eyes can look around look around my 1 nose can smell  
smell
5. Give a child a paper with a doted nose to join the dots and come up with a picture of a nose.

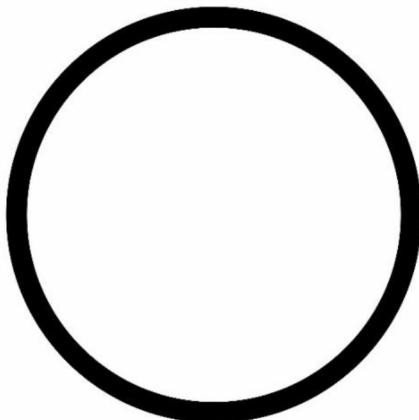
**HEALTHY TIP**

**Take your temperature if COVID-19 symptoms develop**

## **ACTIVITY 13:** Naming and drawing shapes.

### **PARENTS/GUARDIAN SUPPORT**

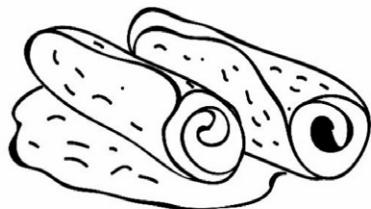
1. Bring a cut out of a shape e.g. circle show it to the child, describe it and name it.



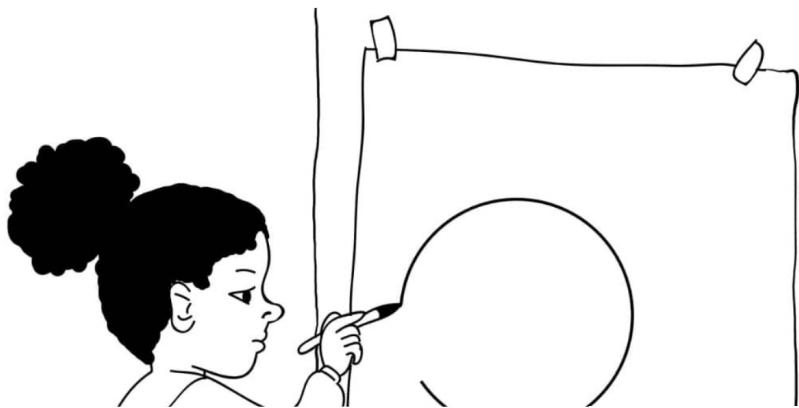
2. Collect things which are in a circular form with the child, ask her to name them with your help and talk about their shapes.

## Examples

Chapatti, Pancakes, Ball, Orange, plate etc.



3. Get a stick and practice drawing the shape on the floor or in a paper with a pencil.



4. Give children papers and crayons to practice drawing a circle.

### **Project Work**

Provide the child with clay and water to model a shape of a circle

### **HEALTHY TIP**

***The best way to prevent illness is to avoid being exposed  
to this COVID-19 virus***

**ACTIVITY 14:** Naming and matching the same objects at home

## **PARENTS/GUARDIAN SUPPORT**

1. Collect with the child things which are used at home and guide her to name them.

## Examples:

Insert a picture of things used at home.

## - Plates

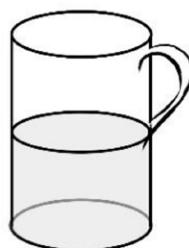
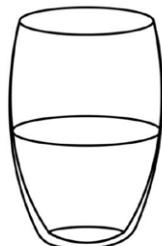
- Saucepan



- Glass



- Cup



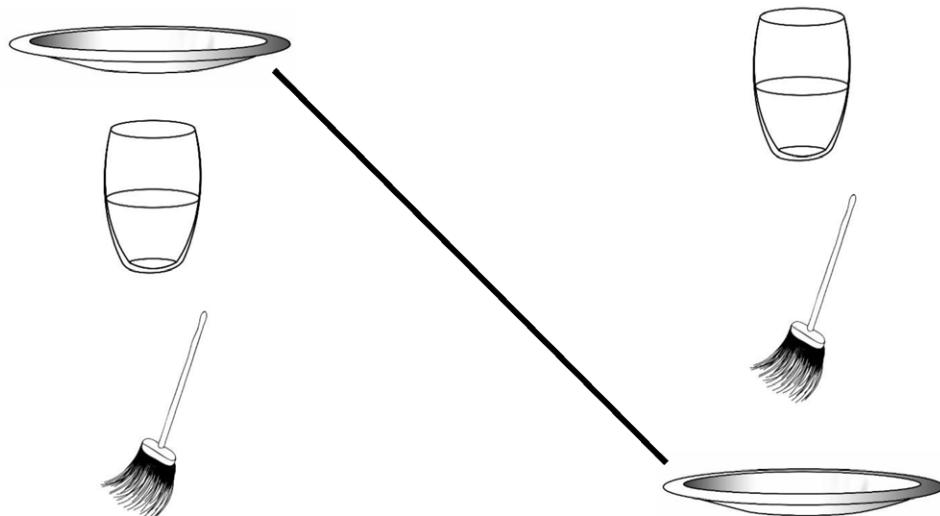
- Broom



2. Pick one object and ask a child to pick a similar object as yours



3. Draw pictures on paper and guide the child to match the same.



#### HEALTHY TIP

***Wash your hands often with soap and water for At least 20 seconds especially after you have been in a public place, or after blowing your nose.***

**ACTIVITY 15:** Naming and role-playing acceptable behaviors while using an appropriate language and responding appropriately.

**PARENTS/GUARDIAN SUPPORT**

1. Teach a child what to say.

**Example**

- When called you respond, Yes please Mummy, dad etc.
- When you are given something; You say thank you
- When you want to pass to go somewhere; You say excuse me, may I pass.



2. Create situations where a child can use the above acceptable behaviors and see whether she will practice them e.g.
  - I. Call her to see how she responds.
  - II. Give her something to eat and see what she will tell you.
  - III. Go to your bedroom then call her to see what she will do.

Observe and guide the child accordingly.

3. Let a child Role play the acceptable behaviors by creating situations where they can be applied.

### **HEALTHY TIP**

**Avoid gathering in groups because they are at a high risk to acquiring Covid19.**

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