

MY FRIENDS, MY LIFE



"A friend is someone who helps you up when you're down, and if they can't, they lay down beside you and listen."

Friendship is the condition of sharing a friendly relationship. A friend is a person who shares a natural liking, understanding, and interest with you; he or she may or may not be a member of the same family. Your friend could be a very promising asset which no amount of money can buy. So, always keep good friends that you will learn something from. Those who hold their friends in good esteem and treat them with respect gain

many defenders that support them against their enemies. True friendship requires sympathy, empathy and honesty even in the hardest situations.

Keep this in mind;

A friend of mine narrated to me an experience that I will never forget; finding that weaver birds were destroying his newly growing rice, a farmer one evening set a net in his field to catch the destructive birds. When he went to examine the net next morning he found a number of weaver birds and also a beautiful white stork.

"Release me," cried the stork, "because I have eaten none of your rice, nor have I done you any harm. I am a poor innocent stork, as you may see - a most humble bird. I....." But the farmer cut him short. "All this may be true enough, I dare say, but I have caught you with those that were destroying my crops, and you must suffer with the company in which you are found!!"

Dear students, learn that also when it comes to people, they are judged by the company they keep. The presence of your mind demands that you make wise and thoughtful decisions. Often, these decisions involve choosing others as friends - and all of us would like to choose good friends. They say "you can judge a man by the company he keeps". Our characters and life in general will be shaped under the influence of our friends. When we are choosing our friends we should look for some basic values such as honesty, respect, integrity, morality, tolerance. Decide not to choose as your friends those guys who join easily with gangs, evil doers, smokers, drug addicts, and all such groups

Friendship is a wonderful thing and is very important for personal growth and success. True friends encourage each other to do right things, support each other to walk on the right path and correct each other when they do wrong. If one chooses to be a friend of criminals, he or she should expect one day to end up in jail. Immoral, dishonest people give us nothing but sorrow. A true friend respects your freedom of doing right things.

So after choosing your good friends, what must you keep in mind in order to maintain them?

There once was a little boy who had a bad temper. His Father gave him a bag of nails and told him that every time he lost his temper, he should try not to hurt people with his actions or words. Instead, he must hammer a nail into the back of their house's fence.

The first day the boy had driven 37 nails into the fence. Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually reduced. He later discovered that it was easier to hold his temper than to drive those nails into the fence....

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father commended him for that great achievement. He then suggested that the boy should now pull out one nail for each time that he was able to hold his temper. The day came when the young boy was finally able to tell his father that all the nails were gone.

The father took his son by the hand and led him to the fence. He said, "You have done well, my son. Let's now take this lesson; look at the holes in the fence. The fence will never be the same. When you do or say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound will still be there. A verbal wound is as bad as a physical one."

Friends and loved ones are indeed a very rare jewel. They make you smile and encourage you to succeed. They lend an ear, they share a word of praise, and they always want to open their hearts to you. Water your relationships with kindness... and they will grow. So be careful what you do and say...! And you won't chase friendships away.

SAND AND STONE

A story is told that two friends were walking through a desert. During some point of the journey, they had an argument, and one friend slapped the other in the face. The one who got slapped was hurt, but without saying anything, he wrote in the sand: "TODAY MY BEST FRIEND SLAPPED ME IN THE FACE."

They kept on walking until they found an oasis, where they decided to cool themselves. The one, who had been slapped, got stuck in the mud and started drowning, but the friend saved him. After the friend recovered from the near drowning situation, he wrote on a stone: "TODAY MY BEST FRIEND SAVED MY LIFE."

The guy who had slapped and saved his best friend asked him, "After I hurt you, you wrote in the sand and now, you write on a stone, why?"



The other friend replied: "My teacher told me that when someone hurts you, write it down in sand where winds of forgiveness can easily erase it away. But, when someone does something good for you, you must engrave it in stone where no wind can ever erase it."

Learn to write your hurts in the sand, and to carve your benefits in stone.

Simple TO DO exercise

Write this on a paper; "To have good friends, you must be a good friend."

Ask your siblings, parents, or other people at home to explain that statement and to tell why they either agree or disagree with it.

Ask them to think of ways that good friends treat each other. List their answers on the same paper and compare their list with the list below:

Good friends listen to each other.

Good friends don't put each other down or hurt each other's feelings.

Good friends try to understand each other's feelings and moods.

Good friends help each other solve problems.

Good friends give each other compliments.

Good friends can disagree without hurting each other.

Good friends are dependable.

Good friends respect each other.

Good friends are trustworthy.

Friends are our truest treasures.
Because friends accept us for who we are, we gain the confidence to dream great dreams—and to make them real.

Do not spend this Corona Virus Lockdown without checking on your friends through calls, WhatsApp, Facebook, and the like.



S T A Y H O M E, S T A Y S A F E.