

ORDINARY LEVEL

S.2, S.3 & S.4 BIOLOGY - Abridged curriculum

BIOLOGY

KEY CHANGES	JUSTIFICATION		
SENIOR 2			
All S.1 topics moved to S.2 except	These topics had not been covered		
introduction to biology	before students went for lock down		
	except Introduction to biology.		
All topics S.2 topics were maintained			
Some learning outcomes from topics like	concepts from these learning		
Cells, Flowering plants, Five Kingdom	outcomes is;		
System of Living Organisms, insects,	Embedded in other learning		
Soil, Nutrition and Transport were left	outcomes.		
out.	Already known from primary		
	level.		
	Not relevant to the abridged		
	curriculum.		
SENIOR 3			
All S.2 topics moved to S.3 except soil.	These topics had not been covered		
	before students went for lock down		
	except soil.		
All S.3 topics were maintained			
Some objectives from topics like	Content/concepts from these		
nutrition, transport, gaseous exchange,	objectives is;		
respiration and locomotion, were left out.	• Embedded in other objectives.		
	Already known from primary		
	level.		

	Not relevant to the abridged	
	curriculum.	
SENIOR 4		
All S.3 topics moved to S.4 except	These topics had not been covered	
gaseous exchange.	before students went for lock down	
	except gaseous exchange.	
All S.4 topics were maintained		
Some objectives from topics like	Content/concepts from these	
transport, locomotion, growth and	objectives is;	
development, genetics and evolution,	• Embedded in other objectives.	
reproduction and interrelationships were	Already known from primary	
left out.	level.	
	Not relevant to the abridged	
	curriculum.	

SENIOR TWO BIOLOGY - ABRIDGED CURRICULUM

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
S2	Cells	a. life processes are common to all	· In pairs, learners observe plants and	· Listen and observe as
	(10 periods)	living things, but they are	animals, and identify characteristics	learners demonstrate
		manifested differently in different	that show that organisms are living.	orally or by completing a
		organisms	Identify, research on and record the	comparison table that
		b. know and understand the structure	seven characteristics of living things.	they understand how
		and functions of a typical animal cell	· Observe prepared slides of plant and	animals and plants carry
		and plant cell	animal cells, draw cells and identify	out nutrition, respiration,
		c. understand the structure of	similarities and differences.	movement, excretion,
		specialized cells in terms of their	· Draw and label the animal and plant	growth and reproduction,
		functions in an organism	cell as seen under a light	and how they show
		d. understand levels of organization in	microscope.	sensitivity.
		organisms (cell, tissue, organ,	· Research on the functions of the	· Listen to learners
		system, organism)	parts in a plant and animal cell, and	explaining why a
			annotate labels on cell diagrams	machine such as a
			accordingly.	moving vehicle is a not a
			· Draw examples of specialised cells	living organism.
			in animals and plants. Identify and	Listen and observe as
			explain the similarities and	learners explain orally or

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			differences between the cells.	in writing:
			In groups, learners brainstorm,	• similarities and
			research on and list the different	differences between
			types of cells, tissues, organs and	plant and animal cells
			systems in the human body. Devise	• structure and
			creative ways of explaining the five	functions of cells, parts of
			levels of organization (from simple	cells and some
			to complex) to the class.	specialised cells
				• different levels of
				organisation and their
		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		importance in large
				organisms
				• Observe group
				simulations showing the
				organ systems that need
				to work together when a
				person is:
				• dancing
				• eating

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
				writing a story
				• Teacher involves
				class members in peer
				assessment and
				discussion of how groups
				could improve the quality
				of simulations.
				• Evaluate quality of
				learners' illustrations
				relating to each activity
				mentioned above.
	Five Kingdom	a) know examples of organisms belonging	· Learners use pictures (and possibly	· Observe learners in
	System of Living	to Kingdom Monera, Kingdom	microscope slides) as well as lists of	groups as they develop
	Organisms	Protoctista and Kingdom Fungi	group characteristics to identify	and use identification
	(15 periods)	b) understand the value of	organisms as belonging to the	keys.
		microorganisms in food-making	following groups: Monera/bacteria,	· Listen to learners'
		processes	Protoctista, Fungi, Plantae, and	conversations and ask
		c) identify three characteristics (cell	Animalia.	probing questions to
		structure, mode of feeding, and	· In groups, learners construct simple	check their

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		photosynthetic pigment) of organisms	identification keys for grouping the	understanding.
		in Kingdom Plantae	organisms in the pictures, share	· Observe and listen to
		d) know examples of organisms from	their keys with other groups, and	group presentations.
		each of the following categories:	then use them to identify other	Evaluate quality of
		vascular & non-vascular, angiosperms	examples of organisms belonging to	products such as keys,
		& gymnosperms, monocots & dicots in	the same groups.	tables, experiment
		Kingdom Plantae (No drawings	· In groups, learners research on and	reports, diagrams, and
		required)	make summary write- ups on the	drawings.
		e) identify and describe the common	use of bacteria and fungi in the	
		observable characteristics and give	production of yoghurt, cheese, bread	
		examples of organisms from phylum	and alcohol.	
		Arthropoda including its classes (No	· In groups, learners research on the	
		drawings required)	common characteristics and	
		f) Identify and describe the common	differences between examples of	
		observable characteristics (types of	members of the kingdom Plantae	
		teeth, temperature regulation, habitat,	belonging to the following	
		reproduction, and gas exchange) and	categories: vascular/non-vascular,	
		give examples of organisms from the	angiosperms/gymnosperms,	
		phylum Chordata and its classes. No	monocots/ dicots. Groups choose	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		details of the reproduction process	the format to use to present their	
		should be given	findings (tables, drawings or more creative methods)	
			· Groups construct simple keys to	
			place plants in the correct category.	
			· In groups, learners research the	
			common characteristics of	
			arthropods and differences between	
			members of the classes of	
			arthropods. Groups choose the	
		X (O,	format to use to present their	
			findings (tables, drawings or more	
			creative methods)	
			· Groups construct simple keys to	
			place animals in the correct	
			category.	
			· In groups, learners research the	
			common characteristics (see list in	
			learning outcomes) and differences	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			between examples of members of	
			the five main classes of the phylum	
			Chordata: fish, amphibians, reptiles,	
			birds, and mammals. Groups choose	
			the format to use to present their	
			findings (tables, drawings or more	
			creative methods)	
	Insects	a. Identify the observable external	In pairs, use a hand lens to	· Observe pairs carrying
	(08 periods)	features of a housefly, cockroach, bee,	observe a housefly, cockroach, bee,	out activities and check
		and butterfly (No details of mouth	and butterfly; paying specific	that they identify the
		parts required)	attention to the following	parts listed; create an
		b. Appreciate the useful and harmful	structures:	appropriate comparison
		effects of a housefly, cockroach, bee,	• head (mouth parts, antennae,	table; draw and label
		and butterfly	eyes, hair)	correctly; construct keys
		c. Know the different methods of	• thorax (wings, halters, hairs,	that work.
		controlling the harmful stages of a	strips, legs and the different	· Listen to pairs'
		housefly, cockroach, and butterfly	segments)	conversations and
			• abdomen	monitor understanding

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			Pairs create a suitable table and	and progress towards
			record observations; comparing	learning outcomes.
			each of the insects.	Evaluate quality of
			Draw the insects provided, label	products of each activity.
			the structures listed above and	
			annotate drawings to explain the	
			functions of the structures.	
			Pairs construct a dichotomous	
			key for any four of the insects listed	
			above.	
		2 4 O	Pairs research on the different	
			methods of controlling the harmful	
			stages of a housefly, cockroach,	
			mosquito, and butterfly. They	
			produce a presentation advising the	
			class on how to control these	
			populations.	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
	Flowering	a. Know the external parts of a typical	In pairs, learners draw and label	· Observe pairs carrying
	Plants	flowering plant.	the parts of a whole mature	out activities, and check
	(10 periods)	b. understand how the structures of	dicotyledonous and	that they interpret
		monocotyledonous and	monocotyledonous plant.	specimens and identify
		dicotyledonous roots, stems, leaves,	• In groups, learners compare the	functions correctly.
		flowers, and fruits suit their functions	structural features (root system, leaf	· Listen to pairs'
		c. Classify leaves	venation, leaf shape, leaf attachment	conversations and
			to stem, and flower colour) of a	monitor understanding
			whole herbaceous dicotyledonous	and progress towards
			plant and whole monocotyledonous	learning outcomes.
		X 4 Q.	plant. Learners record their	· Monitor individuals' and
			observations and present them to	groups' contributions to
			the class	whole class discussion.
			• In groups or as a whole class,	Evaluate quality of
			learners discuss how the structures	products from activities.
			observed in the two plants carry out	
			their functions. Annotate the	
			drawings made above to explain	
			how each structure is suited to its	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			function.	
			In pairs, learners draw and label	
			the parts of the flower.	
			• In groups or as a whole class,	
			learners discuss how each part of	
			the flower is suited to its function,	
			and annotate the drawing made	
			above to explain how.	
			In groups learners classify	
			leaves using observable	
		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	characteristics and construct a	
			dichotomous key for not more than	
			four leaves.	
			 Pairs observe a bean seed and a 	
			tomato or other fruit, and write down	
			the similarities and differences.	
			Learners present their findings.	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
	PHYSICAL AND	a) determine soil constituents and	· In pairs or groups, learners observe	· Observe pairs/groups as
	CHEMICAL	identify their properties (u, s)	three different soil samples – clay,	they examine soil
	PROPERTIES OF	b) understand that different soil	sand and loam, and:	samples.
	SOIL	samples have different properties:	- examine the dry soil samples	· Listen to conversations
	(12 periods)	water retention, drainage, capillarity	- shake the samples in water and	and ask questions to
		and pH; learners conduct	allow them to settle to show	gauge and deepen
		experiments to investigate these	different layers/ particle sizes.	learning.
		properties (u, s)	Pairs/groups record their	· Evaluate products:
		c) understand the importance of air	observations relating to the	records of
		and water in soil to other living	following characteristics:	characteristics of each
		organisms (u)	- the colour of each soil sample	soil type.
			- the texture of each soil sample	· Observe groups and
			- the size of particles in each soil	pairs carrying out
			sample	activities. Check that
			· Task groups of learners to design,	they plan investigations
			perform and report on investigations	that will give
			to show: retention, drainage and	meaningful results.
			capillarity in loam, clay, and sandy	· Listen to pairs'
			soils. The report for each experiment	discussions and monitor

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			should follow scientific methods.	understanding and their
			· In pairs, learners determine the pH of	progress towards
			a soil sample and discuss the	learning outcomes. Ask
			significance of their findings.	probing questions to
			Group Project	promote critical thinking
			Aim: To investigate whether crop	and deepen learning.
			growth is different in different soil	· Evaluate quality of
			types.	products from activities:
			Design and carry out an experiment	reports of investigations;
			using 20 annual plants (fast growing	conclusions relating to
		X (0.	legumes) in soils with different	impact of different
			percentages of contents; e.g. high	properties on quality of
			clay content or high sand content.	soil; explanations of the
			Remember to make sure to design a	impact of soil types on
			fair test, controlling variables; e.g. the	crop yield and reasons
			amount of water and light the plants	for it.
			receive. Observe the plants and record	
			their appearance and the yield of the	
			crop. From your observations deduce	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			which type of soil is best for the chosen	
			plants, and suggest why. Record	
			conclusions.	
	SOIL EROSION	a) know the features of fertile soil (k)	· In groups, learners discuss	· Through listening to
	AND	b) understand the process of and	conclusions from Topic 2 and agree	group discussions, or
	CONSERVATION:	factors leading to soil erosion (u)	on a list of the features of fertile soil.	through whole class
	CAUSES,	c) understand the causes of reduced	Present their conclusions to the	discussion, gauge
	EFFECTS, AND	soil fertility and describe methods of	class.	whether all learners
	PREVENTION	soil conservation (u, v)	. In groups, learner's research on the	understand the features
	(10 periods)	d) outline the processes involved in the	causes of soil erosion and the impact	of fertile soils, the causes
		nitrogen cycle (u)	erosion has on communities.	and
			Produce a short presentation to	impact of soil erosion,
			show the types and the possible	and the steps taken to
			impact.	increase fertility and
			. In groups, learners discuss what	reduce erosion
			steps farmers and gardeners in their	· Observe groups carrying
			locality take to maintain the fertility	out activities and check
			of their soils. Then research and	they communicate

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			write a report on the different	effectively and work as
			methods used to maintain soil	teams so that everyone
			fertility and conserve soil in the	is learning and
			following regions of Uganda:	developing skills
			- Lake Victoria basin	· Listen to pairs'
			- Kigezi highlands	conversations and
			- Karamoja region	monitor their progress
			· In groups, learners carry out	towards learning
			research into soil organisms that are	outcomes. Intervene as
			called decomposers. Produce a short	appropriate to deepen
		X (O.	presentation/drama to explain why	learning
			they are so important.	· Observe groups
			· In groups, learners use labelled	interacting and intervene
			cards to role play and explain the	as appropriate to steer
			nitrogen cycle.	research and project
			· In groups, learners design and carry	planning so that learning
			out an investigation to show the	outcomes are achieved
			presence of microorganisms in root	Evaluate quality of
			nodules, soils and compost. Present	products: presentations

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			their findings to the whole class and	and reports
			compare with other groups	
			Group Project : Design, perform and	
			write a report on an investigation	
			into the formation of compost in a	
			compost bin. Report on the process	
			of composting, how fast different	
			materials decompose, any	
			organisms (decomposers) that seem	
			to be involved in the process, and	
		X 4 Q.	anything else significant or	
			interesting.	
	NUTRITION	a) identify the food nutrients, their	In groups or pairs, learners carry	· Observe groups and
	TYPES AND	sources, and importance to humans	out tests on foods such as potato,	pairs carrying out
	NUTRIENT	(u)	egg yolk, milk, groundnuts, and	activities. Check they
	COMPOUNDS	b) perform food tests for various	pineapple to determine what main	carry out tests and
	(06 periods)	nutrients (only quality testing	food nutrients they contain.	research effectively, and
		required) (s)	 In groups or as a whole class, 	plan experiments that
		c) appreciate the concept of balanced	learners discuss, research and	will give valid results.

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		diet in relation to age, sex, and an	report on:	· Listen to pairs'
		individual's activity (u, v)	- the meaning of the term	discussions and monitor
		d) appreciate the causes and effects of	'balanced diet' and what this	understanding and
		nutrient deficiency in humans	might mean for a baby, a	progress towards
		including diseases related to	child, an adult woman and	learning outcomes. Ask
		malnutrition (u, s)	adult, an athlete, and an	probing questions to
		e) identify the major plant mineral	inactive person. They record	deepen learning
		nutrients (N, P, K, Mg, Ca, S, Mg),	their conclusions.	· Evaluate quality of
		their role, and the symptoms of	- the likely effects of an	products from activities:
		deficiencies (u)	imbalanced diet	reports and conclusions
		2 4 0	In groups, learners design and	from tests and
			perform an experiment to compare	investigations;
			the growth of a plant in distilled	presentations, and
			water and pond water and/or other	explanations.
			water rich in nutrients. Learners use	
			scientific method to write a report.	
			In groups, learners research on the	
			uses of N, P, K, Mg, Ca, S and Mg to	
			plants and the effects of deficiencies.	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			Groups present their findings to the	
			class (illustrated, if possible), with	
			examples of leaves in good health,	
			and showing deficiencies found in	
			the locality.	
	NUTRITION IN	a) understand the meaning of	In pairs or groups, learners	Listen to discussion
	GREEN PLANTS	autotrophic and heterotrophic	discuss, research on and document:	and ask probing
	(08 periods)	nutrition (k)	- the meaning of autotrophic and	questions to promote
		b) derive the meaning of the term	heterotrophic nutrition	critical thinking and
		photosynthesis and understand	- why autotrophs are the	guide learners towards
		the process (u, s)	providers of all food	learning outcomes.
		c) perform experiments to	- the origin and meaning of the	• Observe pair and
		investigate the factors that affect	term photosynthesis	group activities to
		the rate of photosynthesis (s, gs)	- the equation for photosynthesis	monitor development of
		d) appreciate the structures and	and its implications regarding	practical skills,
		adaptations that enable a leaf to	what plants need for	effectiveness of
		carry out the process of	photosynthesis	experiment designs, and
		photosynthesis (k, u)	In groups, learners design and	accuracy of models.
	· ·		carry out experiments to show the	• Evaluate products:

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			need for carbon dioxide, light and	conclusions from
			chlorophyll, during photosynthesis.	discussion and research;
			Learners produce a formal report at	reports on experiments,
			the end of the experiments that	findings about leaf
			includes the following: title,	structure, and 3D leaf
			question, prediction, materials,	models.
			procedure, record/analysis of	
			results, and conclusion. Groups	
İ			present their report to the rest of	
			the class	
		X (0.	• In groups learners examine	
			diagrams, photographs or	
İ			microscope slides of sections	
1			through a leaf and discuss how the	
İ			structure is adapted so that cells can	
			obtain the water, carbon dioxide,	
			light, and energy they need.	
			• Groups share findings and	
			through whole class discussion	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			agree on conclusions	
			Group Project: Develop a simple 3D	
			model of the internal structure of a	
			leaf using locally available materials	
	NUTRITION IN	a) understand the role of enzymes in	• In groups, learners research on	• Observe groups
	MAMMALS	influencing life processes; and	and discuss the effects of enzymes	carrying out research
	(11 periods)	appreciate that the working of	on chemical reactions, list the	and experiments to
		enzymes may be affected by different	properties of enzymes, and the	check that engagement
		factors (No details of lock and key	names and functions of some	in skills development
		mechanism required) (u, s)	enzymes, that work in the human	and experiment designs
		b) conduct experiments on and explain	digestive system.	is appropriate for
		the effects of pH and temperature on	Produce a presentation to explain	achieving learning
		enzyme activity (s, gs)	findings.	outcomes. Steer learners
		c) know and identify different types of	• In groups, learners design and	towards learning
		mammalian teeth, and relate their	carry out an experiment to	outcomes if necessary
		structure and position in the jaw to	determine the effect of one factor	Listen to, and engage
		diet (k, u, s)	(pH or temperature) on enzyme	in group conversations
		d) understand the importance of oral	activity. Share findings with other	and ask probing
		hygiene, and describe good practice	groups and develop understanding	questions to check and

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		in caring for teeth and gums in	of the effect of pH and temperature	guide progress towards
		humans (u, v)	on enzyme activity. Check findings	learning outcomes.
		e) appreciate the structure of the	against established science theory.	• Evaluate quality of
		different parts of the mammalian	• In pairs, learners observe a	products: findings on
		alimentary canal, and its role in the	molar, canine, pre-molar and incisor	role of enzymes;
		digestion of food (k, u)	tooth and identify:	explanation of effect of
		f) understand how the end products	• the common structural features	pH and temperature on
		of digestion are absorbed and	of each of the teeth in a mammal	the rate of reaction;
		assimilated (u)	• the adaptations of each type of	clarity of drawings;
			tooth to its function	accuracy and creativity
		X 4 Q.	• Learners make an accurate	of presentations;
			labelled drawing of each tooth and	drawings; guide and
			state the magnification.	dental formulae;
			• In pairs, learners share	experiment reports,
			experience and research on reasons	simulations, mind
			for, and methods of ensuring dental	maps/spider diagrams,
			hygiene as well as consequences of	descriptive reports
			poor hygiene. Produce a short good	
			practice guide.	

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		The learner should be able to:		STRATEGY
			• In pairs, learners research on	
			and write the dental formula for a	
			herbivore, a carnivore and an	
			omnivore.	
			• In pairs, learners observe an	
			unlabelled chart and, through	
			discussion and research, identify	
			and name the parts of the	
			alimentary canal and associated	
			organs, labelling the parts and	
		X 4 Q.	adding their functions	
			• Guide groups of learners to	
			design a controlled experiment to	
			determine what substances are	
			digested in the mouth:	
			 include the hypothesis 	
			• describe the experimental	
			design	
			indicate the control group(s)	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			describe the results of the test	
			In groups, learners simulate the	
			process of digestion, its products	
			and their absorption using either:	
			• labelled cards with names of	
			parts of the alimentary canal and	
			different food types	
			strings of beads that can be	
			linked and unlinked	
			role play (holding hands to form	
		X (O.	long chain molecules,	
	TRANSPORT IN	a) investigate the different ways in	· In pairs, learners observe a tea bag in	Observe pairs and
	PLANTS	which materials move into, though,	a clear glass container of still warm	groups carrying out
	(13 periods)	and out of cells (s	water for a period of five minutes,	activities. Check that
		b) know how the root hair is adopted	then discuss and explain their	they understand how to
		for absorption of water and mineral	observations. Whole class discussion	use resources effectively,
		salts (u)	leads to understanding of the process	take due account of prior
		c) understand the processes of	of diffusion.	learning, use research
		transpiration and translocation (u)	. In groups, learners use scientific	skills well, and plan valid

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		d) conduct experiments on and	process skills to design and carry	experiments.
		understand the factors that affect	out an experiment to show the	• Listen to pair and
		transpiration (s, u)	effect of solutions of different	group discussions,
			concentrations on raw unshelled	monitor progress
			eggs and raw potatoes.	towards learning
			Groups discuss and draw	outcomes and ask
			conclusions to explain their results.	questions to help
			Individuals write reports at the end	learners develop skills
			of the experiment that include the	and deepen
			following: title, question, prediction,	understanding.
		X 4 Q.	materials, procedure, record /	• Evaluate quality of
			analysis of results and conclusion.	products from activities:
			Groups present their work to the	report on root hairs;
			rest of the class.	transpiration diagram;
			· In groups, learners discuss and	Translocation, and
			research the meanings of diffusion,	investigations of
			osmosis and active transport, as well	conditions affecting
			as the circumstances in which each is	transpiration rates
			involved in the entry and exit of	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			substances to and from cells. Groups	
			present conclusions in a comparison table	
			· In pairs, learners use a drawing	
			and look at germinated seedlings	
			to explain how the root hair is	
			adopted for absorption of water	
			and mineral salts. Pairs prepare a	
			report to share with the class.	
			Through whole class discussion,	
		X (O.	learners agree on the correct	
			explanation, and record it in notes	
			and or diagrams.	
			· In pairs, learners consider what they	
			know about leaf structure, transport	
			vessels in stems, roots and root hairs,	
			and connect their learning to explain	
			how the process of transpiration	
			takes place. Individuals produce an	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			annotated diagram to explain the	
			process.	
			· In pairs or groups, learners research	
			on the need for, and the meaning of,	
			translocation in plants. Share	
			findings with the class before	
			learners go on to explain in notes	
			and diagrams.	
			In groups, learners use scientific	
			process skills to design and carry	
		X (O,	out experiments to investigate how	
			wind, temperature, and light	
			intensity affect the rate of	
			transpiration. Groups consider the	
			significance of their findings for	
			farmers and growers, and report	
			their findings and conclusions to the	
			class.	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
	TRANSPORT IN	a) understand the principle of the	• In pairs, learners use cubes of	
	ANIMALS	surface area to volume ratio (s)	different dimensions to calculate the	
	(14 periods)	b) know the need for a transport	surface area to volume ratios of the	
		system, and identify the components	cubes, then discuss and explain the	
		involved in the transport system in	biological significance of calculated	
		mammals (k)	ratios.	
		c) describe the structure of the	• In pairs, learners discuss what	
		heart and how it functions (u, s)	they already know about the	
		d) understand how structure of	components of their circulatory	
		blood vessels are related to their	systems.	
		function by comparing arteries, veins	• In pairs, learners discuss the	
		and capillaries (u, s)	structure and function of the heart,	
		e) identify the major functions of	referring to diagrams and a model.	
		blood, and relate the functions to the	Pairs share their thoughts in groups	
		components of blood (u, s)	or whole class discussion.	
		f) understand the causes and	Learners draw and label the parts	
		prevention of diseases associated	of a mammalian heart adding clear	
		with the heart (high blood pressure,	notes relating to function.	
		coronary heart disease and stroke)	• In groups, learners design a	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
		(u, v)	model, visual aid, animation or	
		g) understand the importance of	drama to illustrate blood	
		knowledge of blood groups for blood	flow/circulation in the human body	
		transfusion	and present to the class.	
		(k, u)	• In pairs, learners research on	
		h) appreciate the role of blood in the	structures of arteries, capillaries and	
		defence of the human body (u)	veins, and produce tables, models or	
		k) appreciate the function of the	diagrams to show how structure is	
		lymphatic system in maintaining a	related to function in each case.	
		healthy body (u)	• In pairs, learners research on	
		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	components of blood and their	
			functions and produce a table	
			summarising their findings to share	
			with the class.	
			· Organise learners to visit a health	
			facility to find out about the causes	
			and prevention of high blood	
			pressure, coronary heart disease,	
			and stroke. Learners write a report	

Class	Topic	LEARNING OUTCOMES	SUGGESTED LEARNING ACTIVITIES	SAMPLE ASSESSMENT
		The learner should be able to:		STRATEGY
			on the causes and their prevention.	
			· Learners watch a video clip or listen	
			to a talk from blood bank personnel	
			to find out the importance of blood	
			transfusion and the possible risks	
			involved. In pairs, learners complete	
			a short report on the benefits and	
			risks of transfusions, including	
			compatible blood groups.	

SENIOR THREE BIOLOGY -ABRIDGED CURRICULUM

Class	Sub-Topic	SPECIFIC OBJECTIVE	CONTENT	TEACHING AND
				LEARNING
				STRATEGIES
S3	Topic: Soil			
	Soil erosion	Outline features of a fertile soil.	• Features of a fertile soil.	 Discussion on soil erosion,
	and	• Explain soil erosion.	• What soil erosion is	types, effects and
	conservation;	• Name the types of soil erosion.	• Types and effects of soil erosion on	prevention.
	causes, effects	Explain soil exhaustion and leaching.	soil fertility.	 Field work to observe areas
	and	Name and describe methods of soil	Soil exhaustion and leaching.	affected by soil erosion.
	prevention.	conservation.	Methods of soil conservation: good	• Discussion and
	(09 periods)		farming practices, mixed cropping,	demonstration of soil
			mulching, contour farming,	conservation methods.
			terracing, strip cropping and	
			application of fertilizers.	
	Living	Draw and describe the nitrogen cycle.	· Role of bacteria in the nitrogen	• Discussion on role of
	components	 Draw and explain the carbon cycle. 	cycle	bacteria in nitrogen cycle.
	of soil, carbon		· Carbon cycle.	Illustrate carbon cycle
	and nitrogen			
	cycle and			
	water cycle.			

(04				
periods)				
Topic: Nutritio	n in Plants and Animals			
Nutrient	· Name food nutrients and their uses in	•	Food nutrients, their uses,	Discussion on uses of different
Compounds	the body.		sources, deficiencies and their	nutrients, their deficiencies
(07	· Describe food deficiencies and their		prevention.	and prevention.
periods)	prevention			Practical on food tests.
	· Conduct food tests for various nutrients.		Food tests for: proteins, fats, starch,	• Discussion on enzyme
	· List the properties of an enzyme.		Vitamin C, reducing and non-	properties and factors that
	· Name factors that affect enzyme		reducing sugars.	affect them.
	activity.	•	Properties of enzymes	• Discussion on enzyme
	· Conduct experiments on enzyme	•	Factors that affect enzyme activity.	properties and factors that
	activity.			affect them.
				 Practical on enzyme
				reactions.
Nutrition in	Describe the structure and function of	•	Structure and shape of	• Demonstration of
Animals	teeth.		mammalian teeth	different types of teeth
(06	Describe the care for teeth in humans.	•	Care of teeth in humans	and care.

Dorioda)	Light the newto of the alimentary gangle		Alimantawy tract of a mammal		Discussion on functions of
Periods)	List the parts of the alimentary canal.	•	Alimentary tract of a mammal	•	
	Name the organs associated with the	•	.Function of each part of the		different types of teeth in
	canal and give their functions.	i	alimentary canal/tract.		different animals.
	Describe the process of digestion and its	•	Processes of ingestion, digestion,	•	Practicals on drawings of
	products.	Í.	absorption, assimilation		teeth
	• Explain how the end products of	Ī		•	Illustration of alimentary
	digestion are absorbed and assimilated.	Ī			canal and functions
		Ī		•	Discussion on digestion,
					absorption and
					assimilation
Nutrition in	Define photosynthesis.	•	Factors that affect the rate of	•	Discussion on the process
green plants	List factors that affect photosynthesis.		photosynthesis.		of photosynthesis, its
(09 periods)	• State the site of photosynthesis in a leaf.	•	Leaf adaptations for photosynthesis.		products and their
	• List adaptations of a leaf to carry out the	•	Products of photosynthesis and		importance, and leaf
	process of photosynthesis.	1	their importance to plants and		adaptations.
	State products of photosynthesis and	1	animals.	•	Guided discussion on
	their importance.	•	Major plant nutrient elements		plant nutrients.
	Name major plant nutrients for normal	1	(culture experiment)	•	Practical on factors that
	growth.	•	Experiments on factors affecting		affect the process of
	• Demonstrate the necessity for carbon	i	rate of photosynthesis; light, carbon		photosynthesis.
	dioxide, light and chlorophyll for	L	dioxide (CO ₂) and chlorophyll.		

Topic: Tran	photosynthesis. • Demonstrate that oxygen is given off during photosynthesis. sport		
Transport in	Explain the need for a transport system	 Need for transport system. 	 Discussion on the need for
Animals	List structures involved in transport in	 Use of surface area to volume ratio. 	transport system,
(12 periods)	animals.	 Heart structure and function. 	structures involved in
	 Describe the structure of the heart and how it functions. Explain the differences between arteries, veins and capillaries. Describe the major functions of blood. State components of blood and their function. Explain the importance of knowledge of blood groups for blood transfusion. Define immunity. State the types of immunity. 	 Blood circulation and its functions. 	transport in animals and their functions Use of surface area to volume ration in relation to transport. Discussion on blood groups, Immunity and HIV. Brain storm on the importance of the different types of immunity.

Transport in	Explain how the root hair is adopted for	• Adaptations of the root hair for • Discussion on osmosis,
Plants	absorption of water and mineral salts.	absorption of water and mineral diffusion and turgor
(12 periods)	Explain what active transport is and its	salts. pressure and their
	importance.	Active transport. importance.
	Define the terms; osmosis, diffusion and	• Diffusion, osmosis and turgor • Guided discussion on
	turgor pressure.	pressure. active transport.
	Explain the terms; flaccid, turgid, wilting	• Experiments on osmosis and • Demonstration of osmosis
	and shriveling.	diffusion. and diffusion using
	Explain how materials move into and	Movement of materials within a experiments. Discussion
	within the whole plant.	plant. on transpiration and its
	Conduct an experiment on osmosis and	importance.
	diffusion.	Guided discussion on
	Define transpiration.	factors that affect
	Describe the various factors that affect	transpiration
	the rate of transpiration.	Transpiration and factors affecting • Experiments on
		it. transpiration.
		• Discussion on plant
		storage organs and their
		importance.
Topic: Resp	iration	1

Gaseous	Explain the need for gaseous exchange	 Properties of gaseous exchange 	• Discussion on need for
Exchange	systems in different animals.	surfaces.	gaseous
(12 periods)	Describe essential features of an efficient	• Breathing mechanism in humans.	Exchange surfaces and
	respiratory surface.	• Analyse the nature of inhaled and	their characteristic
	• Explain the mechanism of gaseous	exhaled air.	features in different
	exchange in mammals.	• Role of stomata in gaseous	organisms.
	Conduct experiments on mechanism of	exchange.	Demonstration of some of
	breathing		the respiratory organs
	Explain the relationship between plants	(10)	such as gills in fish,
	and animals in relation to respiration		tracheal system in
	and photosynthesis.		insects.
			Discussion on breathing
	X (O.		mechanism in humans
			Practical work on analysis
			of inhaled and exhaled
			air
Aerobic	State the substrate and products of	Chemical oxidation in the cell.	 Discussion on aerobic
Respiration	chemical oxidation of food in a cell.	• Practical activities – heat generation	respiration.
(03 periods)	Show the process of respiration in an	during respiration, analysis of	• Guided discussion on site
	equation form.	breathed in and exhaled air.	and products of aerobic
	Define aerobic respiration.		respiration.

	State the site and importance of aerobic	•	Experimentation on heat
	respiration in living organisms.	CX	generation and nature of
	• Demonstrate heat generation during		inhaled and exhaled air.
	aerobic respiration.		
Anaerobic	Define anaerobic respiration	Definition of anaerobic respiration. •	Discuss anaerobic
Respiration	• State the importance of anaerobic	Practical on anaerobic respiration	respiration, where it takes
(04 periods)	respiration.		place and its importance.
	Demonstrate fermentation in yeast.		Practical on fermentation
			in yeast.
Topic: Excreti	ion and Homeostasis		
Excretion in	Define excretion.	Definition of excretion.	Discussion on excretion
Lower	• Explain the concept of osmoregulation.	Concept of osmoregulation.	and osmoregulation.
organisms	X (0.		
(01 period)			
Excretion in	Name plant waste products.	• Plant waste products: Carbon	Discussion on excretion in
Plants	• Explain the role of stomata in getting rid of	dioxide (CO2), Oxygen (O2), water,	plants; waste products
(01 period)	water vapour and carbon dioxide.	resins, tannins, latex	and forms in which they
	• Explain how plants get rid of other waste	• Special methods of getting rid of	are eliminated.
	products.	waste products by plants.	• Guided discussion on
	 Explain how some waste products of plants 	Useful plant waste products	useful plant waste
	are useful to humans.		products

Excretion in	
Animals	
(07 periods))

- Draw and label the parts of the urinary Urinary system. system.
- Describe the structure of mammalian kidneys.
- Explain how kidneys function in getting rid of waste products from the body.
- Describe how the lungs get rid of excess heat, water and carbon dioxide from the body.
- Explain how urea is formed in the liver and eliminated.
- Define homeostasis.
- Explain the role of the kidney in osmoregulation.
- Explain how the liver regulates blood sugar level in the human body.
- List other functions of the liver.
- Conduct an experiment to find out presence of sugar and albumen in urine sample.

- Structure and function of mammalian kidnev.
- Role of kidnev the in∙ osmoregulation
 - Lungs and their role in∙ temperature regulation and excretion of water and carbon dioxide.
 - Role of the liver in formation and elimination of urea.
 - Role of the liver in maintaining. internal environment.
 - Practical test for glucose and albumen and dissection of a mammal to show position of kidneys (by teacher)

- Demonstration on position / location of kidneys in a mammal.
- Discuss role of kidneys in osmoregulation.
- Guided discussion excretory wastes by the lungs, and their elimination from the body.
- Practical approach
 - Discussion on formation of urea and its elimination.
- Guided discussion on the importance of maintaining internal environment
- Practical: test for components of urine e.g. glucose and albumen

Topic: Co-ordi	Topic: Co-ordination in Plants and Animals				
Reception and	• Explain the term irritability, stimulus	•	Definition of irritability, stimulus	•	Discussion on different
Response in	and response.		and response.		types of stimuli and
Plants	Name the different types of stimuli and	•	Nastic response.		responses.
(03 periods)	the corresponding receptor organs.	•	Tropic responses.	•	Guided discussion on the
	Explain what a nastic response is and its	•	Chemical control of responses in		importance of irritability.
	importance in organisms.		plants.	•	Field work to study nastic
	Define a tropism.	•	Experiments on nastic and tropic		responses.
	List the types of tropisms.		responses.	•	Guided discussion on
	• Explain phototropism, geotropism and	•	Use of other plant hormones e.g.		gibberellins.
	hydrotropism using real life examples.		Gibberellins.		
	Explain what auxins are and their role in	•	• Comparison of auxins and		
	plant growth.		gibberellins.		
	Conduct an experiment on effect of				
	auxins on plant growth.				
	Give the uses of other plant hormones				
	such as gibberellins.				
Reception,	Define a tactic response.	•	Tactic response in animals.	•	Discussion on nature of
response and	List the types of tactic responses using	•	Types of tactic responses (photo,	ta	ctic responses and their
behavior in	suitable examples.		chemo, moisture, temperature,	im	iportance.
animals	• Explain the importance of tactic		touch)	•	Experiment on tactic

(02 periods)	responses to the organism.	Importance of tactic responses. responses.
	Demonstrate tactic responses using on	Practical activity.
	earthworm or fly larvae/maggot / wood	
	louse.	
Chemical	Define a hormone.	• Definition of a hormone. • Discussion on endocrine
Coordination	• List the names and locations of	• Endocrine glands – names, location glands their location, the
in vertebrates	endocrine glands.	and functions. hormones they secrete
(02 periods)	Name the hormones produced by the	• Hormones produced by endocrine and the different
	endocrine glands.	glands functions of the
	• Explain the effects of the various	Role of pituitary gland. hormones.
	hormones in the human body.	• Comparison of hormones and • Guided discussion on role
	Explain how the pituitary gland controls	enzymes of pituitary gland.
	the other endocrine glands.	
Nervous	Define a neurone.	• Nerve Cell (neurone) structure, • Discussion on nerve cells,
coordination	Define the term stimulus, effector and	function and types. receptors and effectors.
in a mammal	receptor.	• Structure and function of nerve. • Discussion on parts of the
(06 periods)	Describe the structure and function of a	Parts of nervous system (central nervous system and their
	nerve cell.	and peripheral nervous system) functions.
	Describe the different types of nerve	Types of reflex actions (simple and
	cells.	conditioned reflexes)
	Describe the direction of the nerve	Reflex arc.

	1	
	impulse from receptor to effector.	 Practical activity – knee jerk,
	Describe the parts/divisions of the	blinking of eye, and Pavlov
	nervous system and the organs	experiment.
	associated with each division.	
	• Describe the structure and general	
	functions of the brain and spinal cord.	
	Describe the path of a reflex arc	
	Explain the difference between simple	
	and conditioned reflexes.	
	Demonstrate a knee jerk, blinking of eye	
	as examples of reflex actions.	
	• Describe Pavlov's experiment on	
	conditioned reflex.	
Receptor	List the physical and chemical stimuli.	Types of stimuli (physical and • Guided discussion on
organs in	 List the various receptor organs. 	chemical) physical and chemical
mammals	Name the various parts of the human	Receptor organs in a mammal stimuli, and receptor
(06 periods)	eye.	Structure and function of the organs in a mammalian
	Explain the function of each part of	mammalian eye. body
	the human eye.	• Accommodation of the eye, eye • Discussion on structure
	• Explain how the eye views near and	defects and their corrections. and function of the
	far objects.	• Structure and function of a mammalian eye,
L	I.	<u> </u>

	 Name the eye defects and their 	mammalian ear.	accommodation, eye
	causes.	 Causes of deafness 	defects and correction
	 Explain how the eye defects can be 	Structure and functions of the	• Discussion on structure
	corrected.	skin.	and function of the ear.
	 List the various parts of the human 	• Role of skin in regulation of body	• Discuss structure and
	ear.	temperature and sensing of	function of the skin in
	 Explain the function each part of the 	pressure.	relation to sensitivity.
	human ear.		
	Explain causes of deafness.		
	 Name various parts of human skin 		
	and their function.		
	 Explain the role of the skin in 		
	regulating body temperature and		
	sensing of pressure.		
Topic: Locomotion i	n Animals		
Locomotion in	Define locomotion.	Definition of locomotion	Discussion on the need for
a mammal	State the types of skeletons and their	 Need for locomotion 	locomotion in animals.
(15 periods)	function.	• Types of skeletons.	• Guided discussion on
	• List the functions of the mammalian	 Definition of a joint 	types of skeletons and
	skeleton.	• Types of joints and their	their functions.

Define a joint.	functions	• Demonstration of the
• Describe the structure of a joint.	Antagonistic muscles and their	various types of
• Describe the different types of joints.	function	skeletons.
• Explain the functions of the joints.		Discussion on types of
Explain what antagonistic muscles are.		joints, their location and
Explain the functioning of antagonistic		functions.
muscles.		

SENIOR FOUR BIOLOGY - ABRIDGED CURRICULUM

CLASS	SUB-TOPIC	SPECIFIC OBJECTIVE CONTENT	TEACHING AND
			LEARNING
		X (O,	STRATEGIES
	Topic: respiration		
S.4	Aerobic	State the substrate and products	ical oxidation in the cell. • Discussion on
	Respiration	of chemical oxidation of food in a • Pract	ical activities – heat aerobic respiration.
	(03 periods)	cell. gener	ration during respiration, Guided discussion
		Show the process of respiration analy	sis of breathed in and on site and
		in an equation form. exhal	ed air. products of aerobic
		Define aerobic respiration.	respiration.
		State the site and importance of	Experimentation on

	aerobic respiration in living		heat generation
	organisms.	CX	and nature of
	• Demonstrate heat generation		inhaled and
	during aerobic respiration.		exhaled air.
Anaerobic	Define anaerobic respiration	• Definition of anaerobic•	Discuss anaerobic
Respiration	State the importance of anaerobic	respiration.	respiration, where
(04 periods)	respiration.	• Practical on anaerobic	it takes place and
	• Demonstrate fermentation in	respiration	its importance.
	yeast.		Practical on
			fermentation in
			yeast.
Topic: Excretion and I	lomeostasis		
Excretion in	Define excretion.	Definition of excretion.	Discussion on
Lower organisms	• Explain the concept of	• Concept of	excretion and
(01 period)	osmoregulation	osmoregulation.	osmoregulation.
Excretion in	Name plant waste products.	Plant waste products: Carbon	• Discussion on
Plants	• Explain the role of stomata in	dioxide (CO2), Oxygen (O2),	excretion in
(01 period)	getting rid of water vapour and	water, resins, tannins, latex	plants; waste
	carbon dioxide.	Special methods of getting rid	products and
	• Explain how plants get rid of other	of waste products by plants.	forms in which

	waste products.	Useful plant waste products	they are
	• Explain how some waste products	CX	eliminated.
	of plants are useful to humans.		 Guided discussion
			on useful plant
			waste products.
Excretion in	Draw and label the parts of the	Urinary system.	Demonstration on
Animals	urinary system.	Structure and function of a	position / location
			,
(07 periods)	• Describe the structure of		of kidneys in a
	mammalian kidneys.	• Role of the kidney in	mammal.
	Explain how kidneys function in	osmoregulation	Discuss role of
	getting rid of waste products	Lungs and their role in	kidneys in
	from the body.	temperature regulation and	osmoregulation.
	Describe how the lungs get rid of	excretion of water and	Guided discussion
	excess heat, water and carbon	carbon dioxide.	on excretory
	dioxide from the body.	• Role of the liver in	wastes by the
	Explain how urea is formed in the	formation and elimination	lungs, and their
	liver and eliminated.	of urea.	elimination from
	Define homeostasis.	• Role of the liver in	the body.

	 Explain the role of the kidney in osmoregulation. Explain how the liver regulates blood sugar level in the human body. List other functions of the liver. Conduct an experiment to find out presence of sugar and albumen in urine sample. maintaining environment. Practical – test for glucose and albumen and dissection of a mammal to show position of kidneys (by teacher) 	Practical approach Discussion on formation of urea and its elimination. Guided discussion on the importance of maintaining internal environment Practical: test for components of urine e.g. glucose and albumen
Topic: Co-ordination in	Plants and Animals	
Reception and	31	Discussion on
Response in	stimulus and response. stimulus and response.	different types of
Plants	Name the different types of	stimuli and
(03 periods)	stimuli and the corresponding • Tropic responses.	responses.
	receptor organs. • Chemical control of responses•	Guided discussion
	Explain what a nastic response is in plants.	on the importance
	and its importance in organisms. • Experiments on nastic and	of irritability.

	Define a tropism.	tropic responses.	• Field work to study
	List the types of tropisms.	Use of other plant hormones	nastic responses.
	• Explain phototropism,	e.g. Gibberellins.	• Guided discussion
	geotropism and hydrotropism	• Comparison of auxins and	on gibberellins.
	using real life examples.	gibberellins.	
	Explain what auxins are and their		
	role in plant growth.		
	Conduct an experiment on effect		
	of auxins on plant growth.	10	
	Give the uses of other plant		
	hormones such as gibberellins.		
Reception,	Define a tactic response.	Tactic response in animals.	• Discussion on
response and	List the types of tactic responses	• Types of tactic responses	nature of tactic
behavior in	using suitable examples.	(photo, chemo, moisture,	responses and
animals	Explain the importance of tactic	temperature, touch)	their importance.
(02 periods)	responses to the organism.	• Importance of tactic	• Experiment on
	Demonstrate tactic responses	responses.	tactic responses.
	using on earthworm or fly	Practical activity.	
	larvae/maggot / wood louse.		

Chemical	• Define a hormone. • Definition of a hormone. • Discussion on
Coordination	• List the names and locations of • Endocrine glands – names, endocrine glands
in vertebrates	endocrine glands. location and functions. their location, the
(02 periods)	• Name the hormones produced by • Hormones produced by hormones they
	the endocrine glands. endocrine glands secrete and the
	• Explain the effects of the various • Role of pituitary gland. different functions
	hormones in the human body. • Comparison of hormones and of the hormones.
	• Explain how the pituitary gland enzymes • Guided discussion
	controls the other endocrine on role of pituitary
	glands. gland.
Nervous	• Define a neurone. • Nerve Cell (neurone) • Discussion on
coordination	• Define the term stimulus, effector structure, function and types. nerve cells,
in a mammal	and receptor. • Structure and function of receptors and
(06 periods)	• Describe the structure and nerve. effectors.
	function of a nerve cell. • Parts of nervous system • Discussion on parts
	• Describe the different types of (central and peripheral of the nervous
	nerve cells. nervous system) system and their
	• Describe the direction of the • Types of reflex actions functions.
	nerve impulse from receptor to (simple and conditioned
	effector. reflexes)
	Describe the parts/divisions of Reflex arc.

	the nervous system and the • Practical activity – knee jerk,
!	organs associated with each blinking of eye, and Pavlov
	division. experiment.
!	
!	
	general functions of the brain and
	spinal cord.
	Describe the path of a reflex arc
	Explain the difference between
	simple and conditioned reflexes.
	Demonstrate a knee jerk, blinking
	of eye as examples of reflex
	actions.
	Describe Pavlov's experiment on
	conditioned reflex.
Pagantar	List the physical and chemical Types of stimuli (physical • Guided discussion)
Receptor	
organs in	stimuli. and chemical) on physical and
mammals	• List the various receptor • Receptor organs in a chemical stimuli,
(06 periods)	organs. mammal and receptor
	Name the various parts of the Structure and function of organs in a
	human eye. the mammalian eye. mammalian body
	• Explain the function of each • Accommodation of the eye, • Discussion on

	part of the human eye.	eye defects and their	structure and
	 Explain how the eye views 	corrections.	function of the
	near and far objects.	 Structure and function of a 	mammalian eye,
	 Name the eye defects and their 	mammalian ear.	accommodation,
	causes.	 Causes of deafness 	eye defects and
	 Explain how the eye defects 	 Structure and functions of 	correction
	can be corrected.	the skin.	• Discussion on
	 List the various parts of the 	 Role of skin in regulation of 	structure and
	human ear.	body temperature and	function of the ear.
	 Explain the function each part 	sensing of pressure.	• Discuss structure
	of the human ear.		and function of the
	 Explain causes of deafness. 		skin in relation to
	 Name various parts of human 		sensitivity.
	skin and their function.		
	• Explain the role of the skin in		
	regulating body temperature		
	and sensing of pressure.		
Topic: Locomotion in A	nimals		

Locomotion in	Define locomotion.	Definition of locomotion	• Discussion on the
a mammal	• State the types of skeletons and	 Need for locomotion 	need for
(15 periods)	their function	 Types of skeletons. 	locomotion in
	• List the functions of the	 Definition of a joint 	animals.
	mammalian skeleton.	 Types of joints and their 	Guided discussion
	Define a joint.	functions	on types of
	Describe the structure of a joint.	 Antagonistic muscles and 	skeletons and
	• Describe the different types of	their function	their functions.
	joints.		• Demonstration of
	• Explain the functions of the		the various types
	joints.		of skeletons.
	• Explain what antagonistic		Discussion on types
	muscles are.		of joints, their
	• Explain the functioning of		location and
	antagonistic muscles.		functions.
Topic: Growth and Deve	elopment in Plants and Animals		
Growth in	 Define the terms: growth and 	 Definition of growth and 	• Discussion on
plants and	development.	cell division.	growth and role
animals	Draw and label the internal	Seed structure	of mitosis.
(06 periods)	and external parts of a seed.	• Conditions necessary for	• Practical on

•	Explain seed dormancy.	germination.	germination.
•	List the factors / conditions	 Seed dormancy, causes and 	• Explanation on
	necessary for seed	how to break it.	seed dormancy
	germination.	• Regions of elongation in	and its causes.
•	Conduct experiments on for	roots and stems.	• Explanation on
	conditions necessary for seed		cell division and
	germination		enlargement
•	List causes of seed dormancy.		
•	Explain how seed dormancy		
	can be broken.		
•	State the importance of seed		
	dormancy.		
•	Explain how growth is brought		
	about by cell		
•	division and cell enlargement		
	in organisms		
	Conduct experiment on plant		
	growth over time and plot a		
	growth-time graph on the		
	growth observed.		

Development	• Explain the process of • Secondary growth of stem	• Discussion on
in plants and	secondary growth of stems in in dicot plants.	secondary
animals	dicot-plants. • Germination in a monocot	 growth and how
(05 periods)	• Define the term and dicot seeds.	it is brought
	metamorphosis. • Metamorphosis in insects	about.
	• Explain the difference between (cockroach and butterfly)	• Observe and
	complete and incomplete • Stages of development in	record stages of
	metamorphosis. amphibians and mammals.	• germination in
	• Describe the stages of • Measurement of weight of	dicot and
	development in an amphibian human baby for a given	• monocot seeds.
	and a mammal. period of time.	 Projects on stages
	• Record observations on • Practical activities	of insects growth
	growth of human baby by Growth in a baby	and development.
	weight for a period of 4Use of health card.	
	months using a health card.	
Topic: Reproduction in	Plants and Animals	
Asexual	Define asexual reproduction. Asexual reproduction.	• Discussion on a
Reproduction		sexual
in lower		reproduction in
organisms		lower organisms.

(01 periods)		
Asexual	Define vegetative reproduction Concept of vegetative	• Discuss
Reproduction in	• List plant structures used in reproduction in plants	vegetative
plants (vegetative	vegetative reproduction. Stem tubers and bulbs	reproduction in
reproduction)	• Explain vegetative • Suckers and rhizomes and	plants.
(04 periods)	reproduction using leaves of their parts.	 Guided
	Bryophyllum • Corms and its parts.	discussion and
	• Draw and label vegetative • Practical activity on	explanation on
	reproductive organs. drawing and labelling of	stem tubes, bulbs,
	Explain how stem cuttings are vegetative parts.	suckers, rhizomes
	used to produce new plants.	and corms.
	Describe the procedures used	• Brain storm on
	in budding, marcoting, layering	advantages and
	and grafting to produce new	Disadvantages of
	plants.	vegetative
	Explain the importance of	reproduction
	artificial propagation with	
	regard to crop production.	

Sexual Reproduction in lower organisms (01 period)	Define sexual reproduction.	Definition of sexual reproduction.	 Discussion on sexual reproduction in lower organisms
Sexual reproduction in animals. (05 Periods)	Describe the menstruation	 Sexual reproduction in a mammal: Male reproductive organs. Female reproductive organs. Menstruation cycle. Fertilization and development of embryo in humans. Role of the placenta during pregnancy. Birth of the young and parental care. Method of birth control. 	and female reproductive parts and explanation on their functions. • Guided discussion on menstrual cycle and secondary sexual characteristics. • Discussion and explanation on fertilization and development of embryo

	and effective	ness.	•	Causes an	d mode	of r	methods	of	birth
	State what ST	`Ds are.		transmission	1.	0	control.		
	State the cause	se of HIV/AIDS.	•	Signs and	symptoms	of•	Discuss	the dif	ferent
	• Explain tl	ne mode of	-	each STDs.			types of		
	transmission	of STDs and STIs.	•	Prevention	of STDs a	ndS7	ΓDs, cause:	s, preve	ention
	• Describe sign	ns and symptoms		HIV/AIDS.		ar	nd		
	of each STD.					cc	ontrol.		
	• List prevent	ive measures for				•	Observa	tions	on
	each disease	(STD)				st	ages of an		
						in	sect in lab	oratory	7.
Sexual	• Describe t	ne process of	•	Fertilization	and formati	on	• Explana	ition	on
Reproduction	fertilization.			of fruit and s	seeds.	f	formation	of fruit	s and
in Plants	• Explain the	formation of fruit	•	Differences	between fru	its	seeds.		
(05 periods)	and seeds.			and seeds		•	Discuss	ion or	n the
	• Explain how	a fruit differs from	•	Definition of	f fruit and se	ed f	fruit and se	eed	
	a seed.			dispersal		•	dispers	al, a	agents
	• Explain	the economic	•	Methods of	fruit and se	edi	involved	and	its
	importance o	f flowers.		dispersal.		i	importance	e.	
	• Explain fr	uit and seed	•	Importance	of fruit a	nd	Brainsto	orm oi	n the
	dispersal.			seed dispers	al.	a	adaptation	s of fru	it and
	• Describe me	thods of fruit and	•	Agents of f	fruit and se	ed	seed for dis	spersal	

	seed dispersal	dispersal.	Practical on drawing
	List the agents of fruit and seed	Adaptations of fruit and	of fruits and seeds to
	dispersal.	seeds for dispersal by	show the adaptations
	State the adaptations of fruits	various agents.	they have for dispersal.
	and seeds that aids their	• Practical activity on	
	dispersal.	flowers, fruits and seeds.	
	Explain the importance of fruit		
	and seed dispersal.		
	Draw and label fruits and		
	seeds showing their		
	adaptations for dispersal.		
Topic 11: Genetics and	Evolution		,
Mitosis and	Describe the process of mitosis	Mitosis and meiosis	• Discussion on
meiosis and	• Describe the process of	 Comparison of mitosis and 	differences between
their importance	meiosis.	meiosis.	mitosis and meiosis.
	Explain the significance of both	Significance of mitosis and	Brain storm on the
(04 periods)	1 3		
(04 periods)	types of cell division.	meiosis.	importance of each
(04 periods)		meiosis.	importance of each type of cell division

Genetics and	• Define genetics. • Definition of genetics. • Discussion and
Monohybrid	• Explain Mendel's Monohybrid • Mendel's Monohybrid ratio explanation on genetics
Inheritance	ratio. • Heredity through Mendel's and Mendel's work.
(04 periods)	• Work out Mendel's law of • Demonstration on
	Monohybrid ratio. Independent segregation. how to arrive at
	• Explain the mechanism of • Definitions of dominance, monohybrid ratio.
	heredity. recessive, homozygous, • Explanation of the
	• Explain the terms dominance, heterozygous, phenotype, genetic terms.
	recessive, homozygous, genotype and their • Discussion on
	heterozygous, phenotype and respective ratios. dominance and co-
	genotype, hybrid, test cross. • Incomplete dominance or dominance
	• Construct a punnet square co-dominance and its cause • Field trips to
	(crosses) to explain genotypes • Co-dominance in blood Agricultural Colleges /
	of offsprings. groups, sickle cell trait. Institutions.
	• Explain co-dominance. • Role of principles of • Discuss the
	Explain co-dominance in blood heredity in plant and advantages of
	roups, sickle cell anaemia. animal breeding. hybridization.
	• Explain the role of heredity in • Hybridization and its
	producing the desired varieties importance.
	of plants and animals.
	• Explain the advantage of

	hybridization (cross breeding)
Sex	• List the differences between • Chromosome, • Discussion or
determination	autosomes and sex • Genes and DNA. chromosomes, genes
and hereditary	chromosomes. • Sex chromosomes. and DNA.
diseases	• Explain the terms • Sex determination in • Explanation on sex
(06 periods)	chromosome, gene and DNA. humans. determination in
	• Compare the chromosome • Sex linked traits. humans.
	number of a body cell, a sperm • Hereditary diseases e.g. • Brainstorm
	and an egg (ovum) hemophilia, sickle cell. hereditary sex linked
	Name the types of sex cells traits
	produced by a male and
	female.
	• Explain the 50:50 ratio of male:
	female in a population.
	State the heredity diseases and
	sex inked traits.
Mutation,	Define the term mutation. Definition of mutation Discussion
variation and	Explain the causes of mutation. Causes of mutation. mutation, types and
evolution	• Explain the term variation. • Definition of variation. causes

(06 periods)	• Explain continuous and • Causes of variations. • Brain storm on
	discontinuous variation. • Definition of evolution variation, types and
	 Name types of variation. Theory on origin of life.
	• Explain the causes of variation. • Natural selection. • Experimentation on
	Define evolution. Factors that cause natural variation
	• Explain natural selection and selection. • Discussion on origin
	factors that favour it. • Role of mutation, natural of life and natural
	• Demonstrate continuous and selection and adaptive selection.
	discontinuous variation using changes in evolutionary • Explanation on the
	plotted graphs based on changes. role of mutation,
	certain characteristics such as • Practical on continuous natural selection in
	height and sex. and discontinuous evolutionary changes
	variation in class e.g.
	height, weight, sex, tongue
	rolling etc.
	Evidence of evolution
Topic 12: Inter-Relatio	aships
Food chains	Define ecology Definition of ecology Explanation of
and food webs	• Explain the terms • Concept of ecology and ecosystem
(08)	

	interrelationship,	interrelationship.	• Explanation of
•	population, producer,	• Components of the	concept of
	consumer, decomposer and	ecosystem.	interrelationship in
	community.	 Food chain and food web. 	ecosystems.
•	Explain the terms habitat,	• Ecological pyramids:	• Field work and
	niche, prey, predator, carrying	pyramids of Numbers,	observation of the
	capacity and ecosystem.	biomass and energy.	different ecosystems.
•	State the different types of	• Methods of quantitative	• Discussion on food
	ecosystems. Explain what a	sampling;	webs, food chains and
	food chain is.	When and how to use such	ecological pyramids.
•	Explain what a food web is.	methods	• Review methods of
•	Give an example of food web in		quantitative sampling
	illustrated diagrams.		and their use.
•	Explain the various trophic		
	levels in a food chain.		
•	Explain the pyramid of		
	numbers, pyramid of biomass		
	and energy.		
	Explain the process of energy		
	flow in the food chain and food		
	web.		

	List the appropriate methods		
	used to collect plants and	c×	
	animals in a habitat.	X	
	 Use the methods to collect and 		
		7 0	
	identify organisms in habitat.		
Changes in	Define the term population.	 Definition of population 	• Discussion on
Population	• Describe characteristics of a	• Characteristics of a	population, its
(09 periods)	population.	population.	characteristics and
	• State factors that affect	Factors that affect human	factors that affect its
	population growth.	population growth.	growth.
	 Interpret population growth 	 Population growth and 	• Discussion on
	curves.	growth curves.	competition and
	• List factors that affect human	• Competition; Types of	types.
	population growth.	competition.	• Explanation on
	• Explain how plants and	 Adaptations of plants and 	adaptations of plants
	animals are adapted for the	animals for various	for various
	different types of ecosystems	ecosystems.	ecosystems.
	Explain the term competition	• Factors that enable plants	• Brain storm on
	• Distinguish between	and animals to inhabit new	succession and its
	interspecific and intra –	areas.	stages.
	specific competition.	Succession and its stages.	• Practical work on

	State factors that enable plants	Practical activity.	succession on a
	and animal to colonize new	CX	cleared piece of land.
	areas.		
	• Explain what succession		
	means.		
	• Study and report the		
	succession of a well cleared		
	piece of land.		
Associations	• Explain symbiosis.	Definition of Symbiosis and	• Discussion on
in organisms	 Name organisms that exhibit 	texamples	symbiosis and types.
(09 periods)	symbiosis.	Parasitism, parasites and	• Explanation on
	• Explain parasitism.	types.	parasitism.
	• List characteristics of parasites	• Characteristics of parasites.	Brain storm on
	and types.	 Adaptations of parasites to 	parasites, types and
	• List adaptations of parasites	various environments.	their characteristics.
	and methods of controlling	• Methods of parasite	 Discussion on cause,
	them.	control.	mode of transmism
	 Outline measures to control 	• Tapeworm, its life cycle	signs and symptoms
	tapeworm	and effects on the host.	and control of
	• Infestation.	• Malaria, cause, mode of	malaria.
•		transmission, signs and	• Explanation of the

	1 ()	
	mode of transmission of symptoms and con-	ntrol term commensalism.
	malaria parasite. measures.	 Discuss infection of
	 Name signs and symptoms of Commensalism, 	its the tomatoes by the
	malaria meaning and examples	blight fungus.
	 Outline control measures for Tomato blight fungus 	and • Practical work to
	malaria. its effects.	study associations
	• List signs of presence of • Practical activity –	field between organisms
	tomato blight fungus study to find out som	ne of in the locality
	 Explain how the tomato blight the associations between 	ween
	is controlled. living organisms.	
Humans and	• List human activities that • Human activities	- • Group
natural	adversely affect the natural agriculture, lumbe	ering, discussions on
environment	environment. stone quarrying, sw	vamp human activities
(06 periods)	Name the natural resources. reclamation, char	rcoal • Discussion on
	• Describe conservation making and fuel v	wood natural resources
	methods for natural resources. collection.	• Brainstorm on
	State what pollution is? Natural resources	methods of
	 State types of pollution. Methods of conservation 	on of conserving
	 List different types of natural resources. 	natural resources.
	pollutants. • Importance	of • Discussion on
	conservation of na	tural pollution,

• Describe the effects of	rosources such as water	pollutants and
• Describe the effects of	resources such as water,	ponutants and
pollutants on the environment.	land, water forest and wild	effects on living
• Explain methods of pollution	life.	organisms and
control.	 Pollution and examples of 	environment.
	pollutants.	• Field study to
	• Effects of pollutants to	identify polluted
	human life and the	areas in the
	environment.	locality.