



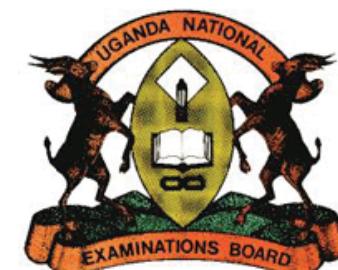
THE REPUBLIC OF UGANDA

**Ministry of Education and Sports**



# **Primary Two**

## **SELF STUDY MATERIALS**



# HUMAN BODY AND HEALTH

Parts of the body and their function

# MATHEMATICS

Dear learner, you are welcome for today's activity.

You will;

Count up to 400

read number names 100-105

write number names 100-105

You will need; straws, stones, leaves, plastic bottle tops, sticks; a pencil and an exercise book.

Sing the parts of the body rhyme to people at home;

**Head, shoulders, knees and toes**

**Knees and toes, knees and toes**

**Head, shoulders, knees and toes**

**Eyes, ears, nose and mouth**

Use counters and count numbers 1–400

Fill in missing numbers. 50, \_\_\_\_\_ 150,  
200, \_\_\_\_\_ 300, \_\_\_\_\_ 400

Read number names 100-105

100 103

101 104

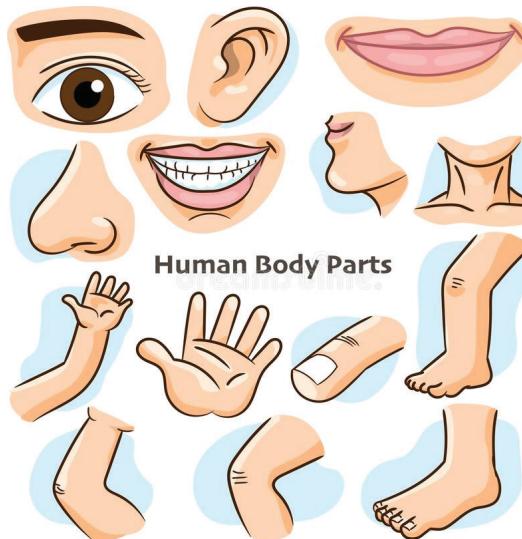
102 105

# LITERACY

Dear learner, you are welcome! In this activity you are going to talk about parts of body and their functions. You will:

- read words, sentences and short stories about parts of the body
- draw pictures of different parts of the body
- write words and sentences related to body parts

You will need a pencil and a book



Look at the picture. What can you see?

## Read these words

head shoulder eyes ears nose  
mouth leg

Make a sentence

This is my head

Make 3 words with letter sounds l and g

leg ....., ....., .....

## Now practise writing letters and words

L l L l L l L l

G g G g G g

Lule has long legs.

## Draw a picture

leg	head	mouth
eye	ear	



### Ali breaks his arm

Ali escapes from home. He goes to play football with his friends. As he plays, he falls down. He breaks his arm. All his friends run away except Peter. Peter takes Ali home.

Mother is very angry. She wants to beat Ali. Father asks her to forgive him. They take Ali to the doctor. The Doctor puts the bandages the arm. Ali cannot write. Ali cannot wash his clothes. He feels a lot of pain.

### Now answer these questions

1. What happens to Ali?
2. Who takes Ali home?
3. Why do you think Ali's friends ran away?
4. If you are Ali's mother, what do you do to him?

In your free time, draw four pictures of Ali's story.  
Write a word or sentence for each picture.

### Key message:

**Remind everybody at home to wash hands with soap and clean water all the time.**

# ENGLISH

## Introduction

Dear learner, you are welcome to this lesson about the parts of the body and their function.

You are going to;

1. Mention the parts of the body
2. Make sentences
3. Match the same words
4. Read sentences
5. Write words

Get an exercise book, a pen, pencil and a rubber.

### Step 1

**Touch the body part and say the sentence. Make sure you have washed your hands very well before touching the face.**

### For example

1. Show me your nose.  
**This is my nose.**
2. Show me your fingers.  
**These are my fingers.**
3. Show me your eyes.  
**These are my.....**
4. Show me your legs.  
**These are my.....**
5. Show me your ears.  
**These are my.....**
6. Show me your toes.  
**These are my.....**
7. Show me your stomach.  
**This is my.....**

## Step 2

Read these words.

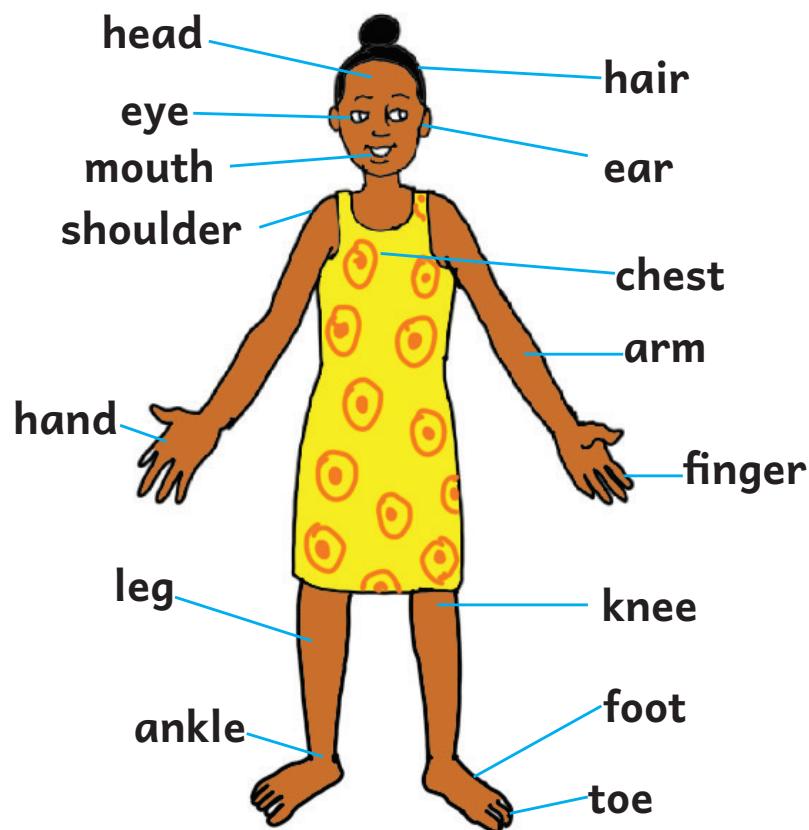
Legs, eyes, fingers, stomach, head, toes.

## Step 3

Use the structure; How many eyes has he got?

He has got 2 eyes.

Different parts of the body



Fingers, toes, stomach, leg, head, eyes, nose, hand, ear

Look at the picture and answer the questions

1. How many fingers has she got?

She has got.....

2. How many toes has she got?

She has got.....

3. How many legs has she got?

She has got .....

4. How many stomachs has she got?

She has got.....

5. How many eyes has she got?

She has got.....

6. How many heads has she got?

She has got.....

## Step 4

Match the same

Fingers	head
Toes	stomach
Legs	eyes
Stomach	legs
Eyes	toes
Head	fingers

## Step 5

Read the sentences

1. She has two legs

2. She has ten fingers

3. She has two eyes

4. She has ten toes

## Step 6

Write these words

Fingers	toe	stomach	leg
Nose	eyes		

## Step 7

Recite this rhyme

Head , shoulder, knees and toes

Knees and toes

Knees and toes

Head, shoulder, knees and toes,

Eyes, ears, nose and mouth

Activity:

Draw a picture and name the different parts of the body.

Eyes      nose      toes      fingers

**legs      stomach**

**You will show the work to your teacher when you go back to school**

**105                  One hundred five**

**103                  One hundred**

**101                  One hundred three**

## SANITATION

Dear learner, you are welcome for today's activity.  
You are going to;

- **count up to 400**
- **read number names 100-120**
- **write number names 100-120**
- **subtract 2 digit numbers vertically**

Get; straws, stones, leaves, plastic bottle tops, sticks; a pencil and an exercise book.

**Sing a hygiene song: Obuyonjo nga bulungi x3**

**Businga obujama**

**English;(Cleanliness is good x3**

**It is better than being dirty)**

**Use stones, bottle tops and sticks.**

**Count numbers up to 400**

**Read number names**

- 100-----One hundred  
 101-----One hundred one  
 102-----One hundred two  
 103-----One hundred three  
 104-----One hundred four  
 105-----One hundred five

**Fill in the missing numbers**

106-----108----- 110-----112-----114-----106  
 ----- 119 -----

**Match numbers;**

- |            |                         |
|------------|-------------------------|
| <b>100</b> | <b>One hundred One</b>  |
| <b>104</b> | <b>One hundred two</b>  |
| <b>102</b> | <b>One hundred four</b> |

**ASSIGNMENT: Subtract numbers.**

**33-25                  72-16                  88-11                  77-12**

**Wash hands with soap many times to chase corona virus away**

## LITERACY

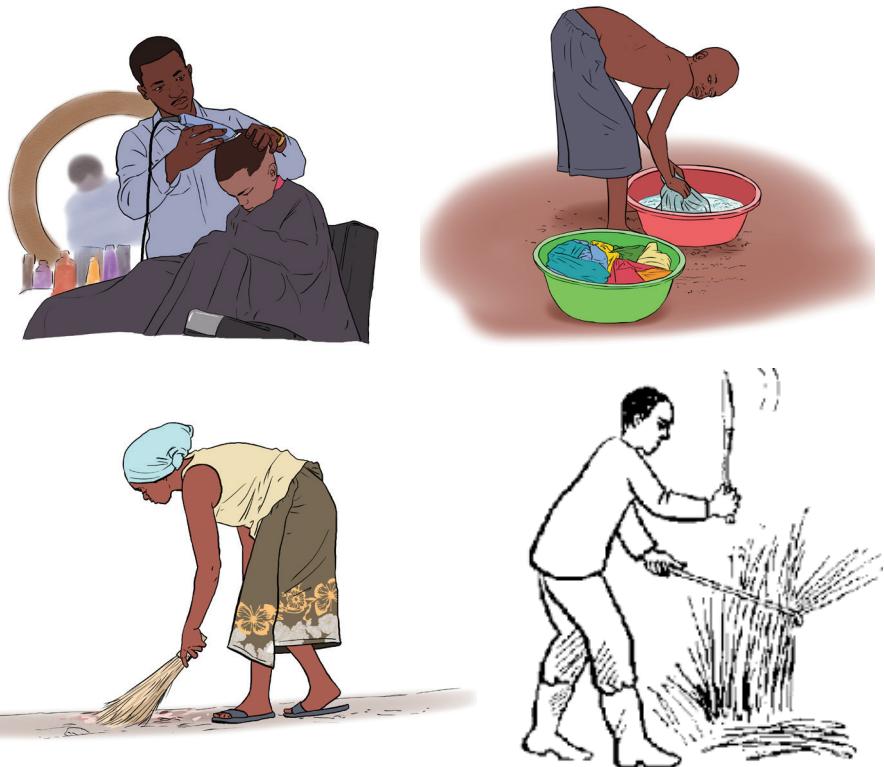
Dear learner, you are welcome to this activity. You are going to talk about sanitation. Sanitation is keeping the environment clean and healthy.

In this activity you will:

- **read words, sentences and short stories about sanitation**
- **draw pictures about sanitation**
- **write words and sentences about sanitation?**

**Get a pencil and a book**

Look at the picture. What can you see?



## Read these words

bloom      hoe      slasher      brush      panga

## Join the parts to make correct sentences

We use a bloom  
**to sweep the compound.**

We use a brush  
**to scrub the bathroom.**

We use a b slasher  
to slash the compound.

We use a hoe  
**to dig around the house.**

We use a panga  
to clear the bush.

## Make 3 words with letter sounds m and t

**mat ....., ...., .....**

## Now practise writing letters and words

M m      M m  
T t      T t

M m  
T t

**Jane mops the house.**

## Draw a picture

bloom  
brush  
Hoe  
slasher  
panga

## Read the story and answer the questions

Keeping the home clean



**In Mr. Mukasa's family, everybody keeps the home clean.**

**Mrs. Mukasa slashes the compound. Nalule cleans the house and the compound. Ali fetches water. Father washes utensils.**

## Now answer these questions

1. What does Mrs. Mukasa do?
2. Who cleans the house?
3. Why do you think it is important to smoke the latrine?
4. . What other activity do you do to keep your home clean which is not in the story?

In your free time, you will draw four pictures to show the way you keep your home clean. On each picture write a word or a sentence.

## Key message:

**Remind everybody at home to wash hands with soap and clean water all the time.**

# ENGLISH

## Introduction

Dear learners, you are welcome to this lesson on sanitation. You are going to;

- Recite a rhyme
- Use structure I..... every day.
- Read the words
- Circle the different words
- Write the words
- Complete the sentences



**Get an exercise book, a pen, pencil and a rubber**

### Step 1

*Stand up and recite this rhyme*

I am going to sweep, the dirt away  
I am going to sweep – the dirt away  
I am going to sweep – the dirt away  
Sweep, sweep, sweep.

### Step 2

Use I..... to answer the question

#### Example;

What do you do every day?

I sweep everyday



#### Picture 1.

What do you do every day?

I ..... the house every day.

#### Picture 2.

What do you do every day?

I ..... my teeth everyday

#### Picture 3.

What do you do every day?

I..... water everyday

#### Picture 4.

What do you do every day?

I ..... plates everyday

#### Picture 5.

What do you do every day?

I ..... clothes everyday

## Picture 6.

What do you do every day?

I ..... the compound every day

## Picture 7.

What do you do every day?

I ..... water every day

## Step 3

Read these words

Sweep      brush      boil

Clean      wash      slash

## Step 4

Circle the word which is different

For example;

sweep    wseep    sweep    sweep

boil    boil    obil    boil

brush    brush    brush    shrub

clean    clean    nclea    clean

wahs    wash    wash    wash

slash    slash    salsh    slash

sweep    sweep    pswee    sweep

## step 6

match the correct word

I wash      the compound every day.

I brush      water every day.

I clean      my clothes every day.

I sweep      plates every day.

I boil      my teeth every day.

I slash      the house every day.

Activity: Write 5 words on the activities you do at home.

Make 5 sentences using.

"I ..... every day.

## step 5

write these words

clean

slash

boil

brush

sweep

wash

# PERSONAL HYGIENE

## LITERACY

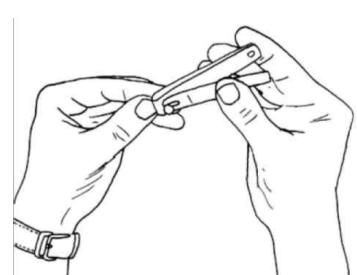
Dear learner, you are welcome. You are going to talk about personal hygiene. Personal hygiene is a way of keeping the body clean and preventing diseases.

In this activity you will:

- read words, sentences and short stories about the parts of the body
- write a short story about your body parts

Get a pencil and a book

Look at the pictures. What can you see?



**Read and mime the actions**

washing clothes      brushing teeth  
combing the hair      cutting finger nails

**Read the sentences**

1. I comb my hair every day.
2. I brush my teeth every day.
3. I often wash my clothes.
4. I often cut my finger nails.

**Make 3 words with letter sounds c and n**

**cut ....., ....., .....**

**Now practise writing letters and words**

C c

C c

C c

N n

N n

N n

**Cate can cut her nails.**

**Draw a picture**

comb

tooth brush

soap

water

razor blade

**A dirty boy**



There is a dirty boy in our class. His name is Messy. He does not wash his clothes. He does not comb his hair. He does not bathe. He does not brush his teeth. He does not play. He does not sing. He does not share with others. He is always alone. All children in our

class do not like him. He is sad all the time.

### So early in the morning

#### Now answer these questions

1. What is the name of the boy in the story?
2. Why is bad not to bathe?
3. If you are in my class, how can you help this boy?
4. What can happen if you do not brush the teeth?

In your free time, draw four pictures of different things we must do to keep clean and healthy. You can write a word or sentence on each of your pictures.

#### Key message:

Remind everybody at home to wash hands with soap and clean water all the time.

#### Step 2

Use, "I use a ..... to .....

What do you use tooth paste for?

#### Example

I use tooth paste to clean my teeth.

Get an exercise book, a pencil and a rubber



## ENGLISH

### Introduction

Dear learner,

You are welcome to this lesson on personal hygiene. You are going to;

- Recite a rhyme
- Make sentences using I use..... to
- Read words
- Fill in the missing letter
- Read the sentences

#### Step 1

##### Recite the rhyme

This is the way

I comb my hair

I comb my hair

I comb my hair

This is the way

I comb my hair

1. What do you use a tooth brush for?

I use a ..... to .....

2. What do you use a comb for?

I use a ..... to .....

3. What do you use a brush for?

I use a ..... to .....

4. What do you use soap for?

I use ..... to .....

5. What do you use a sponge for?

I use a ..... to .....

6. What do you use water for?

I use ..... to .....

### **Step 3**

#### **Read the words**

Brush      tooth brush

Comb      sponge

Clean      water

Tooth paste

**I wash my face**

**So early in the morning**

2. This is the way

**I brush my teeth**

**I brush my teeth**

**I brush my teeth**

**This is the way**

**I brush my teeth**

**So early in the morning**

### **Step 4**

#### **Fill in the missing letter**

Co---b

Cle---n

\_ oap

Bru---h

To---th

Wa----er

Tooth    \_ aste

3. This is the way

**I comb my hair**

**I comb my hair**

**I comb my hair**

**This is the way**

**I comb my hair**

**So early in the morning**

### **Step 5**

#### **Read these sentences**

1. I use a toothbrush to brush my teeth
2. I use a comb to comb my hair
3. I use a sponge to wash my body
4. I use soap to clean the things
5. I use toothpaste to brush my teeth
6. I use water to clean the things

#### **Activity:**

#### **Draw and name the following**

Comb,    toothbrush,    soap,    sponge,    water

#### **Make sentences using each of the words**

**You will share your work with the teacher when you go back to school.**

**Key Message: Greeting while shaking hands is good. BUT AVOID SHAKING HANDS while greeting to avoid getting infected.**

### **Step 6**

#### **Recite this rhyme**

1. This is the way

**I wash my face**

**I wash my face**

**I wash my face**

**This is the way**

# SYMPTOMS OF CORONAVIRUS DISEASE 2019

**Patients with COVID-19 have experienced mild to severe respiratory illness.**

**Symptoms\* can include**

**FEVER**

**COUGH**

**SHORTNESS  
OF BREATH**

**Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.**

**\*Symptoms may appear 2-14 days after exposure.**