



PRIMARY SEVEN C.R.E LESSON NOTES TERM III

TOPIC 5 : STRENGTHENED BY THE SPIRIT WE ACCEPT THE EVENTS OF LIFE.

SUCCESS AND FAILURE

- Success means achieving a desired goal.
- Failure is when one doesn't get what he / she aims at getting.

Causes of failure.

- Lack of faith in God
- Lack of self confidence
- Pessimism (believing that the worst can happen any time)
- Poor advice
- Illiteracy
- Pride

How to cope with success or failure.

- Concentrating on available privileges and chances.
- Fighting satan's temptation using God's words.

What Christians should view as success

- Harmony with God and fellow beings.
- Loving others
- Service for others
- Respect for God and other people
- Thinking more of others than ourselves.

What Christians should not view as success

- Money
- Popularity
- Prestige
- Wealth

Fear

- Fear is the feeling that something bad may happen.

Forms of fear

- Real fear – afraid at objects that can harm
- Imagined fear – general fear to fail
- Anxiety – state of being worried.

Causes of fear

- Being lonely
- Lack of confidence
- Death
- Embarrassment

Values of fear

- Helps us to avoid dangerous situations
- Makes us do tasks better
- Makes us respect those who can protect us
- Makes us to seek for God's help.

Biblical teachings on fear (mark 14 : 32 – 36 Joshua 1:5 – 9 Isaiah 41: 10 – 13 / 14)

- Always pray to God for strength and courage
- Have determination, confidence and obey God's commandments.
- Leave all our worries to God.

Emotions

- An emotion is a state of one's mind.

Examples of emotional feelings

- Sadness, Anger, fear, cheerfulness

How to control emotions

- Being patient
- Avoiding anger
- Avoiding revenge
- Being kind
- Believing in God in all situations.

TOPIC 9 PRAYING IN THE SPIRIT

- Communication is the sending and receiving of information.

How God communicates to us

- Through the bible
- Through visions
- Through prophets

- Through priests

How we communicate to God

- Through prayer
- A prayer is a special way of communicating to God.

Types of prayer

- Praise prayer
- Thanks giving prayer
- Confessional prayer
- Petition prayer
- Intercession prayer
- Liturgical prayer

Teacher to explain to learners

Importance of prayer

- Brings us closer to God
- Helps us to control our emotions
- Helps us talk to God
- Helps us find peace in times of stress and sorrow.

Reasons why people pray

- To thank God
- To praise God
- To confess our sins
- To ask for protection

Ways of praying

- Praying silently
- Praying loudly

Principles to follow during prayer

- Have faith
- Being humble before God
- Turn the whole mind to God (be focused)
- Present all your desires and needs.

When should a Christian pray

- When in need
- Any time
- During joy / sorrow

Jesus teaching on a prayer (Mathew 6:9 – 13)

- Jesus taught his disciples the Lord's prayer.

Teacher mentions what we ask for in the Lord's prayer

Lessons learnt from the Lord's prayer.

- To praise God
- To request God for our daily needs
- To ask God for forgiveness
- To ask God to protect us from evil
- To forgive others.

Reasons why Jesus prayed

- To get food (Luke 8:6)
- To forgive his enemies (Luke 23:33-34)
- To know God's will (Mathew 26:42)
- To ask for strength and courage (matt. 26:39)

Places where Jesus prayed from

- Gethsemane (matt 26:39-42)
- On top of the hill (Mark 6:46)
- At the grave yard (John 11:41 – 43)

TOPIC 10 GROWING IN THE SPIRIT

- Prayer in the early church
- Arrest of Peter and John (acts 4: 1 -4)
- Release at Peter from prison (acts 12: 1 -10)
- Peter resurrects Tabitha (acts 9: 36 – 41)
- Paul and Barnabas (acts 14:21 – 23)

Creeds

- Creeds are statements of Christian beliefs.
- Examples of creeds:
 - apostles creeds
 - Nicene creed
 - Athanasius creed

sections of creed

- God the father
- God the son
- God the Holy Spirit

Sacraments

- A sacrament is a symbolic religious celebration through which Christians believe that they receive God's grace.

Characteristics of sacraments

- Must have a material sign e.g wine, bread.

- Must have a system of giving (receiving)
- Must confirm the presence and power of Jesus.

Examples of sacraments

- Baptism
- Confirmation
- Holy matrimony
- Penance
- Holy order / ordination
- Anointing of the sick
- Holy Communion / Eucharist.

Holy Spirit and prayer

- The holy spirit gives people the power to:
 - Believe in God
 - Believe in God's teachings as written in the Bible.
 - Have knowledge and wisdom
 - Send our prayers to God
 - Become members of God's family through Baptism.

Holy Spirit in the church today

- A church is a group of Christian believers. The presence of the holy spirit in the church is called **New Pentecost**.
- The following scriptures show the presence at the Holy Spirit in believers.
 - Gal 3:14
 - Rom 8:9
 - 1 Cor. 6:17
 - Rom 8:14 – 17.
- **The New Pentecost**
 - Roman 12:6

END