



KASADHA ABBEY
0772 509594

CLEANING CLOTHES



Steps of cleaning clothes

- **Sorting**
- **Soaking**
- **Washing**
- **Rinsing**
- **Wringing**
- **Drying**
- **Ironing**

Sorting



Sorting





Factors to consider when sorting clothes

- **The colour of the cloth**
- **The material of the cloth**
- **How dirty or clean the cloth is**
- **The size of the cloth**



Soaking





Soaking

Reasons for soaking

- **To dissolve dirt**
- **To make washing easier**



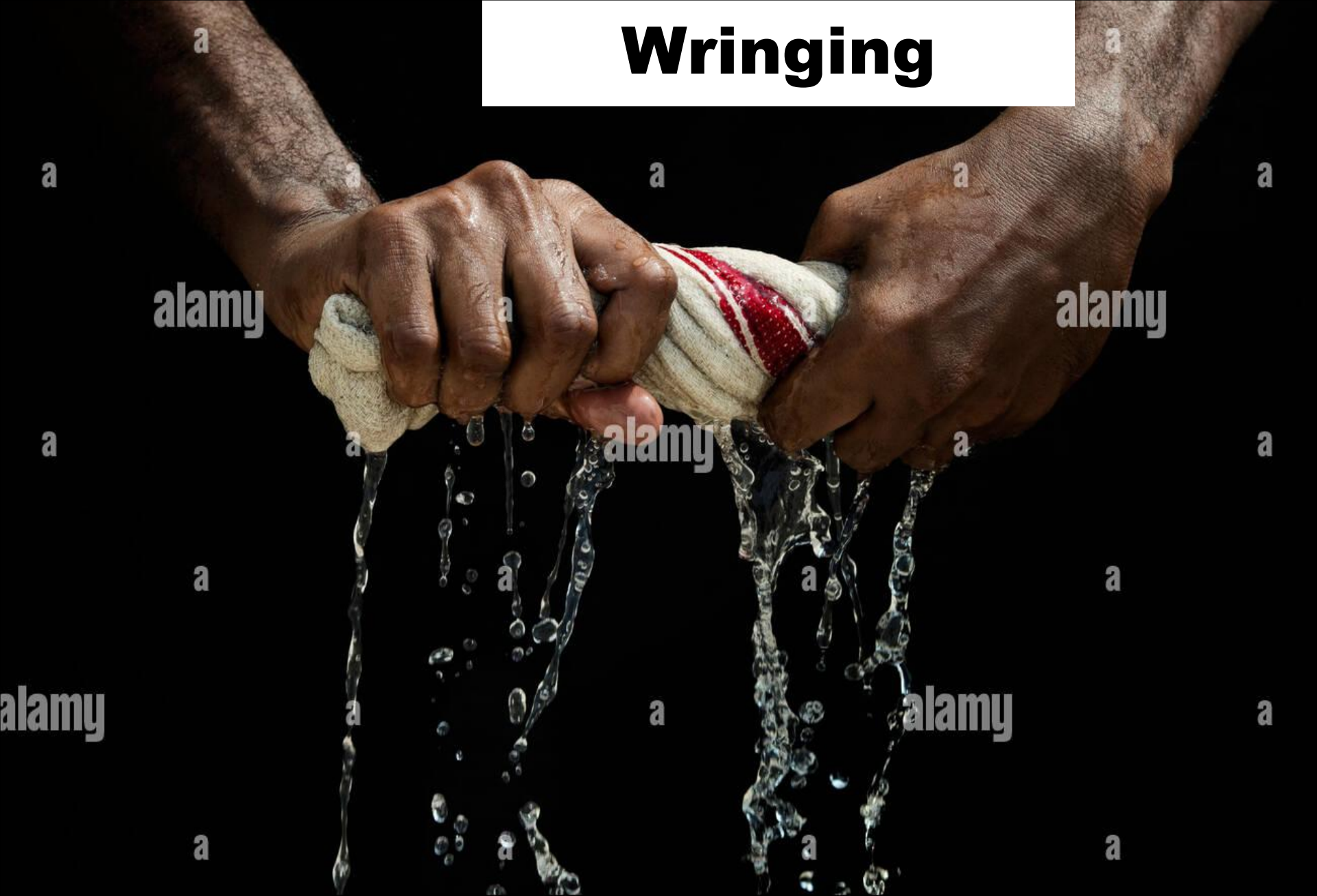
Washing

Rinsing





Wringing





Wringing



Wringing



Wringing



Drying



Ironing



Reasons for ironing

- **To kill germs**
- **To kill parasites like lice**
- **To remove folds**

Question

Give a reason why tailors iron clothes after sewing



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SANITATION



Sanitation is the general cleanliness of our environment

Elements of sanitation

- **Waste management**
- **Provision of clean and safe water**
- **Vector control**
- **Disease control**

provision of clean and safe water





Waste management





WASTE MANAGEMENT



Disease control



Vector control

ACTIVITY

- **Differentiate between sanitation and personal hygiene**
- **Write the 5Rs in full as used in waste management**
- **Besides waste management, name any other element of environmental sanitation**
- **Write down any one step in cleaning clothes**
- **What is flystrike ?**
- **What practice is carried out to control flystrike in livestock?**
- **Which eye disease is likely to affect smokers?**



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