PRIMARY ONE NOTES FOR NEWS TERM ONE

THEME 1: OUR SCHOOL

Week 2

Lesson 1

Definition of a school.

A school is a place where we go to learn.

> How I come to school.

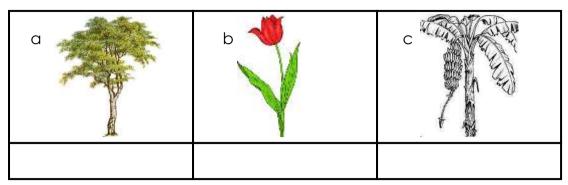
Whole class discussion about how children come to school. (Orally)

How do you come to school?	
I come to school by	
Or	
I come to school on	
Other people come to school	
С	d
Activity:	
Draw yourself coming to school	I.
	Ref:
	a) Comprehensive bk. 1 page 4
	b) MK Standard SST bk. 2 page 9
	c) Monitor bk. 2 page 49

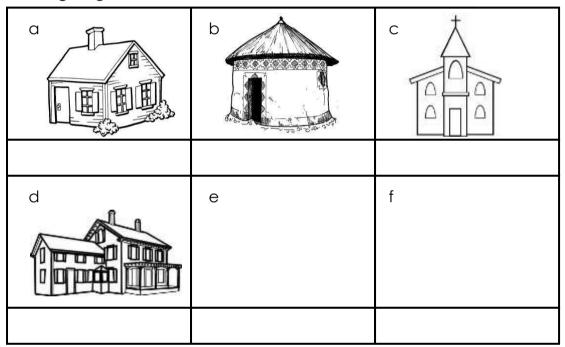
What things do you see on your way to school?

On my way to school I see

a. Plants e.g.

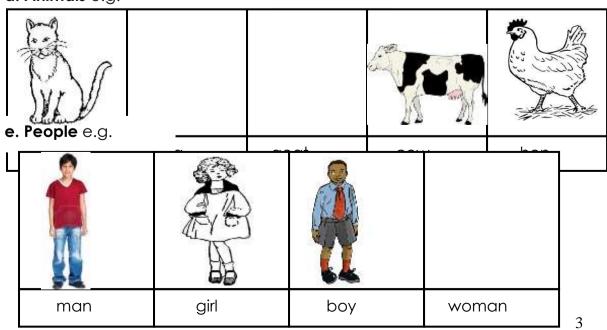


b. Buildings e.g.

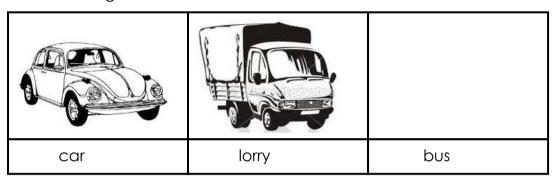


c. Other buildings are

d. Animals e.g.



f. Vehicles e.g.



Activity:

Draw name and colour three things you see on your way to school.



Activity

- 1. What is a school?
- 2. How do you come to school?
- 3.

Ref:

- a) Comprehensive SST bk. 1 page 5
- b) MK Standard SST bk. 1 page 3
- c) Monitor bk. 1 page 2
- d) Sharing our world SST bk. 1 page 3

Lesson 2

Dangers on the way to and from school What dangers do you find on your way to school? Road accidents

- Dogs bite us
- Insects sting us
- We can drown
- ❖ There is theft
- Kidnappers

Activity:

a'	Drav	w these	dangers	on the	way to	and	from sc	hool
\sim	,			•	,		• • •	

Snake bite	Insect bite	Dog bite	Motor accident

)	Draw, name and any danger on your way to school.							

Kidnapping

Ref:

- a) Comprehensive SST bk. 1 page 5
- b) MK Standard SST bk. 2 page 98 99
- c) Monitor bk. 2 page 50
- d) Sharing our world SST bk. 1 page

Solutions to the dangers we meet on the way to and trom school.

- Avoid moving alone.
- Do not stone dogs and insects like bees.
- Avoid getting gifts from strangers.
- Do not allow lifts from strangers.

Lesson 3

People in my class.

Name and stream of my class.

Names of the teachers in my class.

Pupils in my stream i.e. boys and girls. (oral)

- What is the name of your class?

My class is Primary one.

- What is your stream?

My stream is (Yellow, Purple, Blue, Green, Red)

- What is the name of your class teacher?

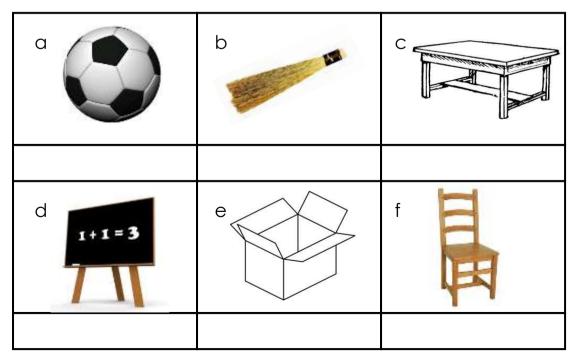
My class teacher is

The other teacher in my class is

Ref: Teachers' collection.

> Things we find in the classroom.

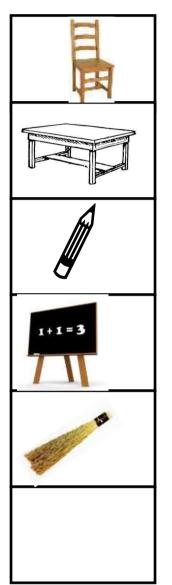
Name these things we find in the classroom.



Ref:

Uses of things we find in the classroom.

MK Standard SST bk. 2 page 36 Mk. English bk. 2 page 5



What do we use these things for in the classroom?

We sit on a chair.

I write from a table.

Tom uses a <u>pencil</u> to write.

My teacher uses <u>chalk</u> to write on the chalkboard.

A <u>broom</u> is used for sweeping the classroom.

We use a <u>duster</u> to clean the chalkboard.

(Practical work)

Ref: Monitor SST bk.2 page 14.

Lesson 4

People in our school.

We find these people in our school.

pupils guards
teachers head teacher
nurses Rector
cooks secretary
cleaners librarian

Ref:	a)	Com	prehe	nsive	SST b	k. 1	page	11-	-13

- b) MK Standard SST bk. 2 page 15 19
- c) Monitor bk. 1 page 39 40, Bk. 2 pages 49 50
- d) Sharing our world SST bk. 1 page 26 27

Work of people in our school.

What is the work of a....?

- Teachers teach children.
- Pupils lean
- Cooks cook / prepare and serve food.
- Nurses treat sick people (patients)
- Librarian lends out books
- Secretary types school work
- Guards / gatekeeper keeps the school safe (guards the school)
- Cleaners keep the school clean
- Bursar collects school money
- Head teacher heads the school

Ref: a) Comprehensive SST bk. 1 page 45-50

b) MK Standard SST bk. 2 page 15 - 19

c) Monitor bk. 1 page 9

Work places of people in our school.

Where do these people work from at school?

Person	place of work	Activity:
head teacher	office	Match people with their
teacher	classroom	places of work at school.)
librarian	library	
bursar	office	Ref:

Week 3

Lesson 1

School profile

Our school is Greenhill Academy Kibuli. It is found in Mosque zone along Mbogo road. It is found on Kibuli hill in Makindye division, Kampala district.

Greenhill is a mixed day and boarding with Nursery, Primary and Secondary schools.

It started in February 1994. Our school motto is **Extend your Horizons.**

The school uniform for girls is and

..... for boys.

The head teacher of our school is Mr. Steven Mwesigwa.

Ref: Teacher's collection

Lesson 2

Things in our school

- Buildings e.g classrooms, toilets, kitchen, offices, etc
- Play objects e.g balls, ropes, slides, etc.
- School symbols e.g school sign posts, school, badge etc
- Furniture like tables, chairs, desks, etc.

Questions

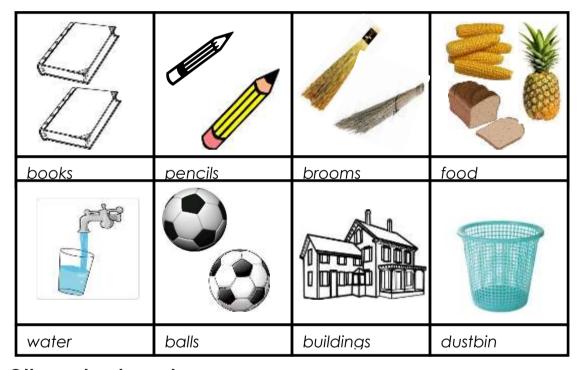
- Why do we need balls, kitchen, tables and chairs in a school?
- How is a sign post useful to a school?

School needs.

What are school needs?

These are things we need to use at school.

Examples of school needs.



Other school needs are:

classrooms	electricity
chairs	charts
table	rulers
duster	offices
toilets	guards
compound	secretaries
nurses	firewood
coaches	playground
teachers	school bus

(Oral activity on different uses of school needs)

Ref: a) Comprehensive SST bk. 2 page 23

b) MK Standard SST bk. 2 page 35

c) Monitor SST bk. 2 page 13

Lesson 3

School symbols

What are school symbols?

School symbols make a school different from other schools.

These are:

School uniform School address

School anthem School mission

School budge School prayer

School sign post School flag

Activity:

a) Name and colour these school symbols.



Lesson 4

- Uses of school symbols.
- > Uniforms make us look smart.
- The school motto guides us.

- > School sign post helps people to find /locate our school easily.
- > The school prayer helps us to respect God.
 - a) In which way is the school uniform useful to school children?
 - b) Which school symbol guides us?
 - c) The school symbol which helps people to find our school easily.
 - d) Which school symbol helps us to respect God.
 - e) When do we sing the anthems?
 - f) Name any three school symbols which are similar to national symbols.
 - g) Give the general importance of school symbols.
- > Features on a school budge.



What features do we find on our school budge?

There is

a book

crested crane

school motto

school name

The colours on the budge are

yellow

blue

white

and black

(Practical lesson)

Features on a school flag.

We find the following features on our school flag:

a) Colours – navy blue, yellow

white and light blue



What features do we find on our school flag?

Or

Name the features we find on our school flag.

Ref: a) Comprehensive SST bk. 2 page 23

- b) MK Standard SST bk. 1 page 72
- c) Monitor SST bk. 1 page 41
- d) MK Standard SST bk. 2 page 2-3

Week 3

Lesson 1

School Rules.

Why do we have school rules?

School rules help us to have discipline, respect for others and to avoid accidents in the school.

School Rules.

Do not fight

Do not shout in class

No going out without permission.

No stealing other people's property.

Keep the school property safe.

No coming to school late.

Ref:

Comprehensive SST bk 2 page 18

Monitor SST bk. 1 page 40

Lesson 2

Different activities done at school.

			200
reading	sweeping	playing	dancing
swimming	digging	mopping	dusting

-weeding -singing

-writing -watching video

-picking rubbish -listening to radio

Praying teaching

learning **Ref:** Comprehensive bk. 2 page 16 - 17

Comprehensive bk. 1 page 52 - 53

Monitor SST bk. 1 page 41

Mk. Standard SST bk. 2 page 73 - 74

Lesson 3

Keeping the school clean

1. How do we keep our school clean?

In groups children will do the following:

- -sweep the compound.
- -sweep the classroom.
- -weed flowers in the garden.
- -mop the classroom.
- -dust the chairs and tables.
- -clean the chalkboard.
- -Arrange the things in the classroom.

Ref: Comprehensive bk. 1 page 54

Understanding Pri. Sce. for Ug. page 17

Mk. Standard SST bk. 1 page 75

Sharing our World bk. 1 page 30

Lesson 4

Things we use to keep our school clean.

		A STATE OF THE PARTY OF THE PAR	
hoe	axe	broom	Slasher
(VVVV)			
rake	rag	water	soap

Activity:

Mention any other four things we use to clean our school?

Ref:

Mk. Standard SST bk. 1 page 75

Sharing our World bk. 1 page 30

Monitor SST bk. 1 page 28

Monitor SST bk. 2 page 20 - 21

Week 4

Lesson 1

THEME 2:

A HOME

A home is a place where people or animals live/ stay.

People in our home

Father

Mother

children

relatives

Monitor SST bk. 1 Page 1

Sharing our world bk. 1 Page 1	
Mk. Standard SST bk. 1 Page 1	
Comprehensive SST bk. 1 Page 1	
Roles of family members.	
Father	
He pays our school fees.	
He buys clothing for the family.	
He protects family members.	
He provides shelter for the family.	
He provides education for the children.	
mother	
She cares for the family.	
She buys and cooks food for the family.	
She provides medical care.	
She provides education for the children.	
She breast feeds the children	
She peels food.	
Draw one role of a parent	

Draw one role of a parent.

Children

Cooking food

Children help parents to mop, sweep, wash, cook, pound, milk, peel, grind and care for the young ones. *(and many others)*

Lesson 2

Family:

Def: A family is a group of people related by blood or marriage.

Types of families:

- a. Nuclear family
- b. Extended family

Nuclear family:

Members in a nuclear family are father, mother and their own children.

father	mother	children

An extended family:

A family with father, mother their own children and other relatives.

Grandmother	grandfather	cousin	aunt	uncle

Ref:

Monitor SST bk. 1 Page 11

Sharing our world bk. 1 Page 9

Lesson 3

Needs of a family

-land -food -medical care

-house -clothes -love

-education -water -security

Activity:

Draw, name and colour any four needs of a family.

food	water	shelter	clothing

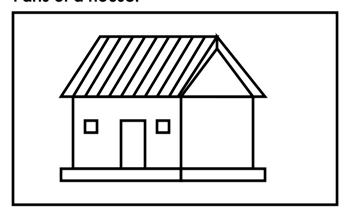
.

A house.

Def: A house is a building where people live.

Or a building in which we stay.

Parts of a house.



- 1) door
- 2) wall
- 3) roof
- 4) window
- 5) verandah
- 6) ventilator

Name parts of the house.

Ref: a) MK Standard SST bk. 1 page 6

b) Monitor SST bk. 1 page 11

c) MK Standard SST bk. 1 page 8

Lesson 4

Rooms in the house

- sitting room/living room
- bedroom
- dining room
- toilets
- kitchen
- bathroom
- store
- reading room

Things found in a sitting room/ dining room

chair	table	carpet	mat
radio	television	cupboard	flowers

Things found in a kitchen/store

	93		
plates	cups	saucepan	fork and spoon
charcoal	stove	knives	food

Things found in a bed room

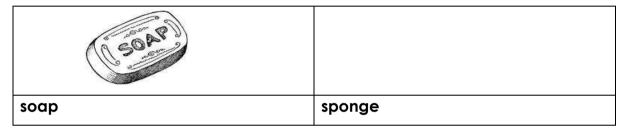
- bed
- mattress
- pillow
- bed sheets
- net
- bed cover
- blanket

Things found in a bath room

- basin
- soap
- sponge
- water
- bath tap
- towels

Activity

Draw and name any two things found in a bathroom.



Week 5

Lesson 1

Animals

Types of animals.

We have domestic animals and wild animals.

Domestic animals

We keep domestic animals at home.

Examples of domestic animals are:

Cow, cat, goat, rabbit, sheep, pig, donkey, horse, duck, turkey, hen etc

Draw these domestic animals

pig	cat	hen	rabbit

Wild animals

Wild animals stay in the bush, zoo, jungle, forest water etc.

Examples of wild animals

zebra	lion	snake	monkey

Other wild animals are:

leopard crocodile

cheetah frog

rhino elephant

kob lizard

Ref: Sharing our world bk. 1 page 22 – 23

Mk Standard SST bk. 1 page 57 – 59

Monitor SST bk. page 30 - 33

Lesson 2

Use of domestic animals

- 1) We get beef and milk from cows.
- 2) Cats chase and eat rats and snakes away from our homes.
- 3) Dogs guard our homes.
- 4) Donkeys are used for transport.
- 5) We get chicken and eggs from hens.
- 6) We sell domestic animals and get money.
- 7) An ox helps us to plough the garden. etc

Ref: Sharing our word bk. 1 page 22 – 23

Comprehensive SST bk. 1 page 42

Understanding Integrated science bk. 2 page 5 – 6

Monitor SST bk. 1 page 36

Animal homes

dog – kennel bird – nest

pig – sty cow – kraal

lion – den rabbit – hutch / burrow

man – house goat – pen / shed

fish – water sheep – pen

ants – anthill horse – stable

termites – anthill bee - hive

Animals and their young ones

dog – puppy bird – nestling

pig – piglet cow – calf

lion – cab rabbit – bunny

man – baby goat – kid

fish – fry sheep – lamb

butterfly – caterpillar horse – foal

frog – tadpole duck - duckling

hen - chick

Ref: Sharing our world bk. 1 page 22

Mk SST bk. 1 page 67 - 68

Animal movements.

People – walk / run

Cows – walk

Hens – walk

Fish – swim

Baby – crawls

Snake – glides

Caterpillar – wriggles

Dogs - run

Frog – jumps

Grasshopper - hops

Ref: Fountain Primary Science bk. 1 page 18 -19.
Understanding Integrated Science bk. 2 page 2

Lesson 3

A community.

What is a community?

A community is a group of people working together to achieve certain objectives.

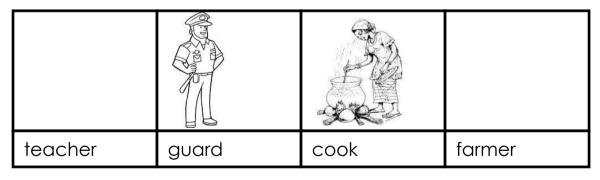
Different people who help us in the community in our community.

These are:

farmers, cobblers, teachers, tailors, builders, nurses, doctors cooks, carpenters, vendors, drivers, pilots, secretary, guards, bankers, cyclists, police, cleaners, dentist etc.

Activity:

Name these people who help us in the community.



Ref: Monitor SST bk. 2 page 42

Lesson 4

Activities done by defferent people in the community.

- 1) teaching
- 2) making and reparing shoes

- 3) sawing clothes
- 4) farming / growing crops / keeping animals
- 5) building
- 6) treating sick people / patients
- 7) cooking food
- 8) selling things
- 9) driving / transporting people and goods
- 10) flying aeroplanes
- 11) typing letters and exams
- 12) protecting people and their property
- 13) reveiving, keeping and giving out money
- 14) keeping law and order
- 15) modling
- 16) cleaning the environment
- 17) shaving hair
- 18) treating and removing teeth etc.

Ref: Monitor SST bk. 2 page 42

People and their places of work.

19) police – police station

traders – shops

vendors - markets

doctor / nurse - hospital, clinic

teachers – school

carpenter – workshop

barber – saloon

farmer – farm / garden

pilot – airport

cook - kitchen

Ref: Monitor SST bk. 2 page 42

week 6

Lesson 1

Needs of people in the community.

We need the following in the community:

1) roads	10)	clothes
2) schools	11)	water
3) churches	12)	houses
4) mosque	13)	love
5) hospitals	14)	land
6) medical care	15)	money
7) security		
8) transport		
9) education		

Activity:

Draw and colour these needs of people in the community.

Ref: Monitor SST bk.1 page 24 – 26

Mk SST bk. 1 page 46

Important features / places in our community.

These incluce:

schools Railway stations

Hospitals Clinics

Markets Hills

Banks Radio stations

Roads TV stations

Church Post offices

Mosque Police stations

Offices Recreation centers

Shops etc

Name these important places found in our community.

church	mosque	school
market	Police station	shop

Ref. sharing our world bk. 2 page 29

Comprehensive SST bk. 2 page 3

Lesson 2

Theme 4: <u>Human Body and Health</u>

1. Parts of the body

ears
mouth
arm
knee
chest
neck
chin
toes
hands
navel
fingers

head

Activity: Identify the parts on your body.

Ref: Understanding integrated Science book 1 page 1

Pentagram bk 1 page 4

Mk English book 2 page 114-116

Lesson 3

Main parts of the body

a)	Head	Parts of the body
		Hair
		Eyes
		Cheek
		Nose

	Ears
	Mouth
	Chin
b) Trunk	Parts of the trunk
	Neck
	Chest
	Belly
	Shoulder
	Navel
	breasts
c) Limbs	Parts of the Limb
	Elbow
	Palms
	Ankle
	Nails
	Toes
	Thigh
	Fingers

Lesson 4

Senses and sense organs

There are five sense organs.

These are:- eyes, nose, ears, skin, tongue.

Senses	organ	use
seeing		to see
	eye	
hearing		to hear

	ear	
tasting		to taste
	tongue	
smelling	nose	to smell
feeling	skin	to feel

Ref: Pentagram Basic Christian Religious Education book I page 6 – 7.

Week 7

Lesson 1

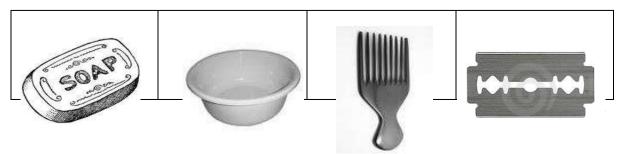
Personal Hygiene

Personal hygiene is the cleanliness of our body.

Items used in keeping our bodies clean.

- Sponge, comb, water, soap, basin, toothbrush, etc.

Draw and name four items used to keep our bodies clean.



soap	water	comb	razorblade

Ref: Understanding integrated Science book 2 page 12.

MK Primary English book 2 pages 16-17.

<u>Importance of Personal Hygiene</u>

We practice personal hygiene to:-

- -kill germs
- prevent bad body smell
- -remove dirt
- -prevent skin diseases
- to be smart
- to be healthy

Dangers of not practicing personal hygiene.

- We get tooth decay
- We get skin diseases
- We get germs and fall sick
- We get bad body

Lesson 2

Ways of keeping our bodies clean.

- -We wash our face.
- -We comb our hair
- -We cut our nails and hair short.
- -We brush our teeth
- -We bathe our body

(Practical lesson about ways of keeping our bodies clean)

Ref: Understanding Integrate Science book I pages 5-13.

MK Integrated Primary school book

Lesson 3

CHILDHOOD DISEASES (IMMUNISATION)

1. What is immunization?

Immunization is the giving of vaccine to a person to protect or prevent certain diseases.

Immunisable diseases

The state of the s	
polio	measles
Whooping cough	diphtheria
Whooping Coogn	alprimena

tetanus	tuberculosis

Lesson 4 Signs and symptoms of immunisable diseases

	Stiff muscles all over the body,	
Tetanus	Spasms when touched	
	New born baby stops sucking mother's breasts	
	Cough lasts long	
	Difficulty in breathing	
Tuberculosis	Loss of weight	
Whooping	Runny nose	
cough(pertussis)	Vomiting	
	Cough that lasts long	
	Gasp for breath	
Polio	Lame legs or hands (become thin)	
	Swollen neck	
Diphtheria	Sore throat	
	Difficulty in breathing	

Ref: Understanding Integrated Science book 2 pages 28 – 31.
Fountain Primary Science book 2 page 71

Week 8

Lesson 1

Other immunisable diseases

- -rabies
- -typhoid
- -yellow fever
- -Hepatitis B
- -Haemephilius influenza b

Importance of Immunisation

- -It reduces infant mortality rate.
- -It promotes good health.
- -It controls childhood diseases.