LITERACY II LESSON NOTES FOR P.1 TERM I

Theme: Our school

Def. A school is a place where we go to learn.

How I come to school
Whole class discussion about how (they)
Children come to school. (orally)
I come to school by car
I come to school on foot etc

Activity

Draw your self coming to school

Things on the way to school

Plants e.g. trees, grass, flowers, banana plants etc Buildings e.g houses, shops, schools, churches, banks etc Vehicles e.g. cars, buses, motor cycles etc Animals e.g. birds, cows, goats, cats, hens, dogs etc Roads

Activity

Draw, name and colour three things on your way to school

Dangers on the way to school

Car knocks, dog bites, thieves, kidnappers, snake bites, drowning, electric shock and insect stings.

Activity

Draw and colour the dangers on the way to school

People in my class

Name and stream of class

Names of the teachers in the class

Children in the class e.g. boys and girls

Number of children the class

Boys girls

1	1
2	2
3	3
4	4
5	5

Things found in the classroom and their use

Chalkboard	tables	broom	bags
Charts	class rulers	pencils	books
Duster	shelves	wall clock	ruler
Tables	chalk	nature table	

Activity

Draw and name four things in your classroom

Uses of the things in the classroom

Fill in with the correct words.

We use tables for writing from
Chairs are for sitting on
Teachers use chalk to write on the chalkboard
John uses a pencil to write in his book.

We put rubbish in the waste paper basket
We use brooms to sweep our classrooms
Mat, doormat, rags, duster etc

People in our school

Naming the people found in our school.

Headmaster nurses pupils cleaners cooks

Guards administrator matrons librarians

Drivers secretaries bursar watchman

The name of our class teacher is ______

The name of our head teacher is ______

Name and colour these people in our school

Nurse	Teacher	Guard	cooks

Work of people in our school

Teachers – teach children

Cooks - prepare and serve food

Pupils – learn in class

Nurse – care for the sick people.

Secretaries – type letters, homework and examinations

Librarian – lend school books to teachers and pupils/ takes care of school books

Cleaners - clean the school

Guards – protects school property

Work places of people in school

Teachers classroom

Cooks kitchen
Librarian library
Headteacher office
Nurses sickbay
Secretaries office
Bursar office

Activity

Draw and name three people and their places of work

School needs

School needs are things we use at school e.g classrooms, toilets, chairs, tables, compound, chalk, plants, pencils, charts, water, food, books ruler, broom, teachers, electricity, dustbins, waste paper basket, medical care (nurse), security.(guard).

Activity

Draw and name three school needs

Uses of school needs

- a) Classrooms to protect us against bad weather and to study from it.
- b) Pencils we need pencils for writing with
- c) Teachers we need teachers to teach children.
- d) Waste bins- we need waste bins for putting in rubbish
- e) Chairs We need chairs for sitting on
- f) Food We need food to feed on

Activity

Draw yourself using a pencil

Symbols of the school

School symbols are things which make a school different from others.

These are

School uniform, school motto, school flag, school badge, school sign post, school name,

Activity

Name and colour these school symbols

School uniform	School badge	School flag

Uses of school symbols

Symbols tell people about our school.
Uniforms make us look smart and different
The school motto encourages us to work hard
Sign post helps people to find our school easily.

School rules

Do not fight

Do not shout in class

Do not got out without permission

Do not steal

Keep the school property safe

Keep the compound clean

Do not come to school late

Different school activities

Writing

Reading

Sweeping

Weeding

Dancing

Playing

Singing

Watching games

Digging

Listening to radio

Watering plants

Activity

Draw these activities done at school.

a) dancing

b) reading

c) sweeping

Keeping the school clean

How do we keep our school clean?

By sweeping the compound and classroom

By slashing the compound

By weeding flower gardens

By mopping the classroom

By dusting the tables and chairs

By picking rubbish and putting in the waste bins

By burning rubbish

By cleaning the chalkboard.

Arranging the things in our classroom Proper use of the toilets Flashing toilets Removing cob webs

Things we use to keep our school clean

Brooms	slashers	hoe	axe	water	rag
waste bins	rake	soap		basins	

Activity

Drawing and naming any three things we use to keep our school clean.

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THEME OUR HOME

Def; A home is a place where people or animals live./ A home is a place where we live.

Things which make up a home

Buildings, people, plants, animals, compound, garden, toilet/latrine, dishrack, bathroom, kitchen, stored/granary, rubbish/dustbin

Uses of things found in a home

Kitchen, toilet, rubbish pit, dish rack Things which a clean home must have.

Latrine or toilet, dustbin or rubbish pit, kitchen, bathroom, dish rack

Family

Def. A family is a group of people related by blood or marriage.

Types of families

Nuclear family extended family

Nuclear family						
It is a family with fathe	er, mother and their ow	n children.				
, and the second						
Draw and name members in a nuclear family						
Extended family						
It's a family with father, mother, children and other relatives.						
Members of an extended family Mother, father, children, relatives examples of relatives, uncle, aunt, niece, nephew, grandfather, grandmother, cousin.						
Needs of a family Land, houses, education, food, clothes, love and care, shelter, medical, security, land.						
Basic needs Food, shelter, clothes, water,						
Draw and name four needs of a family						

Uses of family needs

Food – to feed on.

Houses – for shelter

Clothes – for wearing/ covering the body parts.

Land- for growing crops, grazing animals, building houses.

Ways of getting family needs

We grow crops in the garden

We buy food from the market, supermarket and shops.

Houses

We build houses

We buy or rent houses

Clothes

We buy clothes

Education

We get education from school

Roles of family members

<u>Parents</u>

Pay school fees

Buy clothes for the family

Pay bills eg water bills, electricity bills.

Care for the family members i.e. medical care, security and cook food for us

Provide shelter for the family

Roles of children

Children help to wash utensils, clothes

Children clean the houses

Children help in the garden

Children clean the compound

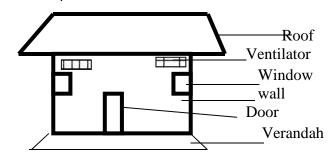
Children fetch water.

Children cook food

Children help in caring for young ones

A house

Def. A house is a building where people live. Name parts of the house.



Rooms in the house

Sitting room

Kitchen

Bed room

Bathroom

Dining room

Toilets

Store

Reading rooms

Things found in the sitting room

Chairs, radio, tables, television, cupboard, carpet, doormats, table, table mats

Things found in a dining room

Tables, chairs, cupboard

Things found in kitchen

Plates, cups, saucepan, dishes, spoons forks, knives, baskets, jerry cans, trays, jugs, leddle, flasks, mugs, kettles, glasses

Things found in the bed room

Bed sheets, mattresses, bed, blankets, pillow, mosquito nets

Things found in the bathroom

Basin brush bucket sponge water towel soap vim etc.

Activity

Draw and name any four things found in a kitchen

Types of houses

There are two types of houses.

These are temporary houses and permanent houses

Temporary houses

These are houses built using weak building materials

Examples of weak building materials

Grass, mud, reeds, sticks, banana fibres

Examples of temporary houses are unipot, hut, tent, kiosk, mud house

Permanent houses

Examples of permanent houses are flats, bungalow

These are houses built using strong building materials

Examples of strong building materials

Cement, iron bars, iron sheets, timber, tiles, sand, bricks, blocks

Activity

Draw and name any three weak building materials.

Draw and name any two permanent houses

Uses of a house

- 1. We sleep in a house
- 2. A house protects us from the rain
- 3. A house protects us from strong wind
- 4. A house protects us from too much sunshine
- 5. A house gives us warmth
- 6. A house protects us from dangerous animals.
- 7. A house protects our property.

Building materials

Def: These are things we use to build houses.

Examples of building materials

Grass, wood, mud, stones, sticks, reeds, blocks, poles, tiles, banana fibres, timber, bricks, strings, cement, cow dung, nails.

Weak building materials

These are used to build temporary houses

Examples are: cow dung, mud, banana fibres, reeds, grass, sticks, poles

Strong building materials

These are used to build permanent houses

Examples are: sand, bricks, or blocks, iron sheets, iron bars, nails, timber, cement, stones, tiles etc.

Sources of building materials

Stones quarry

Sand lake side/swamp

Grass bush
Timber forest
Reeds bush
Bricks swamp

Iron sheets - factory

Cement - cement factory
Nails - from the factory

Iron bars - factory
Tiles - factory

Activity

1.	Draw	and	name	any	four	building	materials
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Write the materials got from these sourc	sources	these s	rom '	gor	materials	tne	write	2.
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Bush	 factory
swamp	 forest

Activity

- 3. Draw and name any permanent house
- 4. Draw and name any two temporary houses.

ANIMALS

Types of animals

- a) Domestic animals
- b) Wild animals

Domestic animals

Def: Domestic animals are the animals we keep at home.

Examples of domestic animals

Cats, cow, rabbits, horses, pigs, goats, hens, donkey, ducks, turkeys etc

Wild animals

These are animals that stay in the bush, rivers, lakes, oceans and forests.

Examples of wild animals

Leopard tiger lion zebra elephant frogs snakes donkey etc

Places where wild animals live

Forests, bush, grass, game parks, zoo, jungles, water

Uses of domestic animals

We use donkeys to carry things

A dog guards our homes

A cat chases rats away from our homes.

We get beef and milk, horns, cow dung and skins from cows

We get pork from pigs

We get mutton and wool from sheep.

We sell some domestic animals to get money

We get eggs from hens, ducks and turkeys.

Draw these things got from domestic animals

Eggs	Milk	Meat

Meat got from different animals.

Pork is got from pigs Mutton is got from sheep Fillet is got from fish Chicken is got from a hen Beef is got from cows

Animals homes

A dog stays in kennel

A pig stays in a sty

A lion stays in a den

A man stays in a house

A fish stays in water

Ants and termites stay in an ant hill

A bird stays in a nest

A cow stays in a kraal/byre

A rabid stays in a hutch

A sheep stays in a fold.

A horse stays in a stable

A bee stays in a hive

A spider stays in a spider web

A goat stays in a shed

Animal young ones

Dog puppy
Pig piglet
Duck duckling

Cow calf
Cat kitten
Lion cub
Elephant calf

Sheep lamb Bird nestling

Fish fry

Rabbit bunny People baby

Butterfly caterpillars

Hen chick Frog tadpole

Horse foal

Animal sounds

A dog barks
A duck quacks
A sheep/goat bleats
A snake hisses
A cat mews

A bird whistles/sings

A bull bellows
An elephant trumpets

A lion roars
A frog crocks
A donkey brays
People cry / talk
A hen clucks
A horse neighs

cries

Animal movement

A baby

People walk
Cows walk
Hens walk
Elephants walk
Birds fly

Fish swim

A frog hops / jumps

A baby crawls

A snake/snail glides / slithers

A caterpillar wriggles

A dog runs / walks

A crocodile/baby/ crawls

lizard

COMMUNITY

Def; Community

Different people in our community

A community is a group of people living and working together.

Examples of people in our community

Teachers, doctors, nurse, builder, farmer, tailor, cooks, carpenter, vendors, driver, cobbler, pilots, police, secretary, police, cyclists, guards, banker

Activity

Draw, name and colour these people in our community

Activities done by people in the community

Teaching, treating, building, growing crops, and keeping animals, making furniture, buying and selling things. Driving cars, lorries, buses, taxis, making shoes, cutting hair, sawing clothes, tying, keeping law and order

People in our community and their places of work

Teachers school

Doctors hospital, clinics

Builder workshop, work site

Traders shop

Police police station

Vendors market
Carpenter workshop
Farmer garden
Pilot airport

Needs of people in our community

Food shelter water shelter roads

Security medical care land

Important places in our community

Schools, hospitals, market, shops, religious places, roads, hills

Draw and name these things found in our community

Church	Mosque	Roads	Hospitals

THEME IV: THE HUMAN BODY AND HEALTH

Sub theme: Parts of the body

Head neck hands finger ears

chest navel toes eyes arms skin

mouth stomach knee

Senses and sense organs

We use eyes to see

We use ears to hear

We use nose to smell

We use the skin to feel

We use the tongue to taste

Activity

Match the sense organs with their senses

Nose hearing
Tongue smelling
Skin seeing
Ears tasting
Eyes feeling

Personal hygiene

Personal hygiene is the keeping of the body clean.

Things we use to carry out personal hygiene

Sponge sandals razorblade water

toothbrush toothpaste tooth pick scissors

Ears buds nail cutter comb towel basin

Importance and ways of keeping the body clean

Why do we keep the body clean?

- To avoid or prevent diseases
- To avoid bad body smell
- To avoid bad breathe
- To be clean or smart
- To remove dirt

Activity

- 1. Why do we brush our teeth?
- 2. How do we keep our hair clean?
- 3. Why do we iron clothes?

Ways of keeping our bodies clean

- we wash our face
- we comb our hair
- we cut our finger nails short
- we bathe our body
- we cut our toe nails short

Common diseases at school and at home

malaria chicken pox cough

dysentery flu diarhoea

mumps

Causes of common diseases and spread

Germs causes diseases

- eating bad/ dirty food
- failure to use toilets well

Prevention of common diseases

- keeping our homes clean and free from disease vectors
- covering our food.
- Proper waste rubbish dispersal
- Washing our fingers/ hands before eating
- Ironing clothes
- Using toilets/latrines

Childhood disease (immunisable diseases)

What is immunization?

Immunization is the giving of vaccine to a person to protect or prevent certain disease

Examples of immunisable diseases

Measles tuberculosis
Tetanus diphtheria

Polio whooping cough

Hepatitis B influenza

Other immunisable diseases are

- Typhoid
- pnemonia

Signs and symptoms of immunisable diseases

Tetanus Measles

- stiff muscles all over the body - red eyes influenza measles

- runny nose - sore mouth

- runny nose

Whooping cough

- runny nose
- cough

Tuberculosis

- coughing for a long time
- loss of weight
- hard to breath

Polio

- lame legs or hands become thin
- weak and thin legs or hands.

Diphtheria

- swollen neck
- sore throat
- Finds it hard to breath

Other immunisable disease

Typhoid Pneumonia Hepatitis B

Importance of immunization

- it reduces on infant deaths
- it promotes good health
- it controls childhood diseases

LESSON NOTES FOR LITERACY II P.1 TERM II

THEME: WEATHER

Weather is the change in the atmosphere of a given place at a particular time.

Elements of weather (weather makers)

Sunshine

Rainfall

Cloud cover

Wind

Uses of elements of weather

Sunshine

The sun is the main natural source of heat, light and energy

Uses of the sun

- the sun gives light
- the sun helps our clothes to dry
- the sun gives us heat
- the sun gives us vitamin D
- the sun helps our seeds to dry
- the sun helps our seeds to grow

Dangers of too much sunshine

- Too much sun shine dries our plants
- Too much sunshine dries water sources
- Too much sunshine causes too much heat
- Too much sunshine kills animals
- Too much sunshine causes drought

Rainfall

Rain is the main natural source of water

Uses of rain

- rain give us water
- it makes the soil soft for digging
- it helps plants to grow well
- if fills wells, streams, lakes, swamps, and rivers

Uses of rain water

- we use water for cooking
- we use water for bathing

- we use water for watering plants
- we use water for washing clothes
- we use water for mopping
- we use water for drinking
- we use water for washing utensils.

Places where rain water collects

Ponds, rivers, lakes, soil, rivers, wells, sea, pools etc.

Dangers of rain

- too much rain causes floods
- too much rain kills animals
- too much rain spoils roads
- too much rain destroys plants
- too much rain kills people
- too much rain destroy houses

Wind

Wind is the moving air.

Uses of wind

- wind dries our clothes
- wind helps kites to fly and aeroplanes
- wind helps boats to sail
- winds helps in winnowing seeds

Dangers of wind

- strong wind causes storm
- strong wind destroys our houses
- strong wind destroys crops
- strong wind carries away top soil
- wind spread diseases for example flu, measles.

Clouds

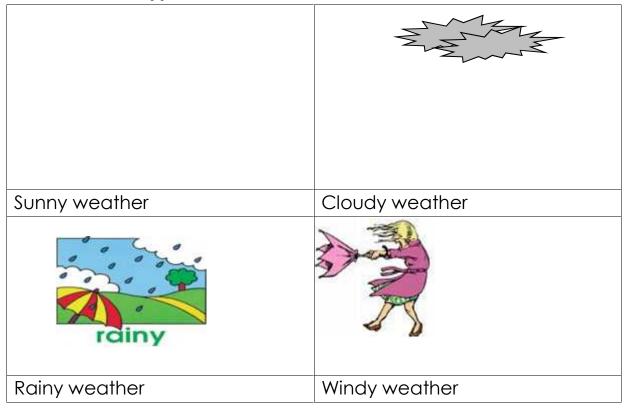
Uses of clouds

- we get rain from clouds
- clouds cool the earth when they cover the sun
- clouds create shade

Nimbus clouds give us rain

Types of weather

There are four types of weather



Managing different weather changes Things we use on a rainy day

Umbrella gumboots hat

Rain coat banana leaves

Things we use on a sunny day

Umbrella sandals hat

Things we use on a cloudy day

Sweater jacket

Activities done in different types of weather Sunny weather

- harvesting crops
- watering crops
- preparing plants
- preparing the garden
- drying seeds

Windy weather

- winnowing

Rainy weather

- planting seeds
- weeding (moving unwanted plants from the garden)
- pruning (removing excess branches from the garden)
- thinning (removing excess plants from the garden
- water harvesting

These are tools things used in the garden.

Garden tools

Basket	hoe	rake

Watering can trowel Slasher

axe panga wheelbarrow

Uses of garden tools

- watering can for watering plants
- an axe for chopping
- a rake collecting rubbish
- a hoe digging
- a basket carrying food
- a slasher for slashing
- a panga for cutting small trees
- a wheelbarrow for carrying manure and rubbish.
- A trowel for transplanting.

Seasons

These are periods when farmers carry out different activities

Types of seasons

Dry /sunny seasons Wet/ rainy season

Dry season

Harvesting
Drying seeds
Watering
Preparing gardens

Wet season

Weeding Pruning Thinning

THEME: ACCIDENTS AND SAFETY AT HOME

An accident is a sudden danger that hurts our bodies

Common accidents

Burns fire

Stings Falls

scalds

Cuts

Drowning

Poisoning bites

Electricity shock

Bites – dogs, snake, dog

pierces

Things that cause accidents at home

razor blades pin thorn
broken bottles hoe coin
snakes safety pin spear
cars iron sheets spear

- knife sharp stones

- electricity

- medicine

causes of accidents at home

- climbing trees
- playing with electric wires
- playing with fire
- playing with sharp objects
- playing with dangerous animals

common accidents on the way to school

- bites
- knocks
- stings
- cuts
- kidnappers
- falls
- drowning

Causes of accidents on the way to school

- over speeding cars
- playing on the road

- playing with dangerous objects
- playing in the bush
- over loading
- bad driving
- mad people
- playing with dangerous animals

Safety on the road

- road signs: These are things which guide us on the road.

Examples of road signs

- zebra crossing
- traffic lights
- humps a head
- round about
- school a head/children crossing
- bridge
- parking
- no parking
- danger a head
- no entry
- the teacher will draw the road signs

How to prevent accidents on the road

- avoid playing on the road
- don't stand near or behind a parked car.
- Use a zebra crossing on a busy road.
- Look at the traffic lights
- Wait for the traffic officer to help you

People who walk along the road are called pedestrians.

How to cross a busy road

When crossing the road look right, look left, right again if the road is clear then you cross.

Accidents at school

- falling
- cuts and injuries
- burns
- electric shock
- fracture
- drowning
- falling in latrines/septic tank
- nose bleeding
- climbing trees and walls
- playing with sharp objects
- playing with electricity
- playing in un safe places

Ways of preventing accidents at school

- don't run carelessly
- avoid bad plays
- don't push your friends
- avoid climbing trees and walls
- playing in safe places
- don't run with hot food
- don't touch or step on open electric wires
- don't play with sharp objects

Effects of accidents

- lameness
- blindness
- sickness
- death

Theme III: Living together at home, school and community

Family

Def; A family is a group of people related by blood, marriage or adoption.

Types of families

Nuclear family Extended family

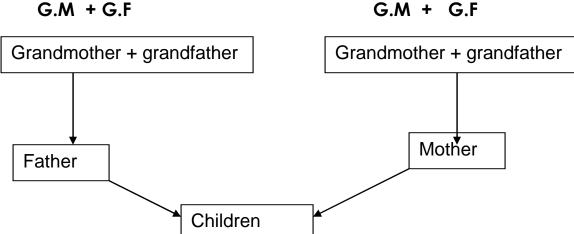
Examples of relatives

- uncle
- aunt
- grandmother
- grandfather
- cousins
- nephew
- niece

FAMILY RELATIONSHIP

Family tree

G.M + G.F



Ways of living together in a home

- by helping each other
- by playing together
- by sharing
- by eating together

- by working together

Ways of living together in a school

- by praying together
- by sharing
- by working together
- by helping one another
- by obeying rules
- by listening to the trees

Living together in the community Ways of living together in a community

- by cleaning roads
- by cleaning wells
- by helping each other
- by obeying rules
- by sharing

Ceremonies we do together in the community

- Weddings
- Introduction ceremonies
- Confirmation
- Burial ceremonies
- Funeral rites
- Birthday
- Baptism
- Initiation
- Circumcision
- Twins- Kato, Wasswa, Babirye, Nakato

Theme IV: Food and nutrition

Food is something good we eat or drink

Examples of food

Rice sugarcane
Millet irish potatoes

sweet potatoes cow peas

mangoes beans fish oranges pineapple cabbage

pumpkin

the teacher will enable the pupils see, touch and feel the different types of food.

Sources of food

lakes / rivers super markets

garden farms market swamps plants shops

Theis the main source of food.

Food got from animals

Milk eggs pork beef chicken mutton

Food got from plants

Beans potatoes pineapples

Cassava cow peas rice

Pumpkins sugarcane mangoes oranges

Uses of food

- for strength
- for growth
- for health
- for energy

Ways of keeping of food safe

- By covering food
- By washing

- By salting
- By smoking
- By cooking
- By sun drying
- By refrigerating
- By tinning

Why do we keep food safe?

- To prevent rotting
- To avoid diseases
- To avoid germs
- To keep it for future use.

P.1 TERM III

NEWS LESSON NOTES THEME: TRANSPORT AND COMMUNICATION

Transport is the movement of goods and people from one place to another.

Types of transport

- road transport
- railway transport
- water transport
- air transport

Defn: Things which move us from one place to another.

means of transport means of road transport

- cars
- bicycles
- lorries
- motorcycles
- donkeys
- camels
- carts
- horses

means of water transport

- ship submarine

- boat yatch

- ferry

- canoes

means of air transport

- aeroplane jet

- rocket helicopter

- paracute

- airbaloon

Means of railway transport

- train
- tram

Uses of transport

- to carry people
- to carry food
- to carry animals
- to carry building materials
- to carry water

Places where we find different means of transport

Aero plane – airport
Taxi - Taxi Park
Motorcycles – stage
Ship - port / harbour
Bus – Bus Park
Train - railway station

People who move different means of transport

Pilots – aeroplane, helicopter Captain – ship, Driver – car, lorries, buses Cyclist – bicycles, motor cycles Riders – camels, donkeys, horses,

The commonest type of transport is road transport The quickest type of transport is air transport An aeroplane is the quickest mean of transport

Examples of road users

Pedestrians, passangers, drivers, cyclists, riders

Pedestrians:

Are the people who walk on foot along the side of the road.

Cyclists:

Are the people who ride bicycles and motor cycles

Passengers:

Are people who travel by bus, taxi, car, train or aeroplane.

THEME: THINGS WE MAKE

Things we make at home and at school using local materials are called crafts

Examples of things we make /crafts

- Mats
- Baskets
Balls
Drums
Stools
Hats
Hats
racks
kites
tables
puppets
table cloth
Winnowers
door mat.

Dolls Toys Pots Ropes Bags etc

Materials we use and their sources

Materials sources

Reeds forest, bush, garden

Banana fibres garden
Sisal sisal plant
Payrus swamp
Clay swamp

Raffia palm trees
Palm leaves palm trees
Banana stalk banana plant
Sticks forest / bush
Wood forest / bush

Importance of things we make. Why we make crafts?

- for domestic use i.e. sitting on, cooking, carrying things, keeping water etc
- for playing with
- for selling and getting money
- for decoration
- for wearing
- for teaching and leaning

Ways of making crafts:

By modeling Tie and dye Knitting Weaving

Materials we use and crafts made.

- clay – pots, flowers pots, vase

- banana fibres - ropes, mats, balls

- sisal - ropes

palm leaves – mats, hats, bagssisal - ropes, door mats

- papyrus - winnowers

- sticks - stools

- timber / wood - tables, chairs, desks, bench

- banana stalks - baskets

THEME: OUR ENVIRONMENT

sub Theme: Components of the environment what is environment

environment are things around us.

Components of the environment / things which make up the environment

- people
- plants
- rivers
- stones
- lakes
- soil
- animals
- roads
- land
- air
- insects
- birds

Groups

Living

Non living

non living things in the environment

non living things are things which do not have life

examples of non living things

tables

chairs

beds

blackboards

stones

pencil

pens

boxes

books

Cars

Desks

Water

Hats

Baskets etc

Things which non living things do not do

They do not move

They do not grow

They do not feed

They do not breath

They do not reproduce

Living things

Living things are things which have life

Examples of living things

People

Plants

Insects

Animals

Birds

Main groups of living things

Plants

Animals

Examples of plants

Banana plants

Maize plans

Cassava plants

Mango plants

Bean plants

Examples of animals

Cows

Goats

Sheep

Flowering plants

Flowering plants are plants which bear flowers

Examples of flowering plants

Banana plants

Orange plants

Bean plants

Apple plant

Sweet potato plants

Sun flower plant

Maize plants

Coffee plants

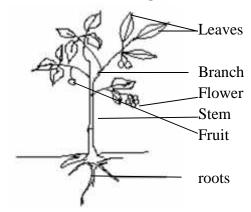
Cotton plants

Pumpkin plants

Soya bean plants

Tomato plants

Parts of a flowering plant



Parts of flowering plants

- flower
- fruits
- branches
- stem
- roots

NB: There are three main parts of a plant namely;

- leaves
- stem
- roots

uses of plants

- plants provide medicine
- plants provide food
- plants provide firewood
- plants provide timber
- plants provide building materials
- plants provide flowers
- plants provide shade.

How to care for plants

- by weeding removal of unwanted plants from the garden
- by watering
- pruning removal of excess branches from a plant.
- by mulching covering of the garden with dry materials
- by thinning removal of excess plants.

A young plant is called a seedling.

SUB THEME: WATER
Sources of water
The main source of water is rainfall
Other sources of water

- lakes
- springs
- rivers
- swamps
- streams
- oceans
- seas
- wells
- boreholes

uses of water

- for washing
- for drinking
- for bathing
- for mopping
- for watering plants
- for cooking

uses of things in our environment

- plants gives us food, buildings materials, medicine etc
- animals provide transport, food, protection etc
- houses and trees provide shelter

activities that spoil our environment

- cutting down trees
- building in swamps
- brick making
- poor methods of farming
- hunting
- releasing bad smoke to the environment
- burning bushes
- poor rubbish disposal
- overgrazing of animals
- over harvesting of sand
- leaving uncovered holes

How we protect the environment

- mulching
- by watering plants
- by planting trees
- proper rubbish disposal
- water harvesting
- proper use of available resources
- covering holes.

THEME: PEACE AND SECURITY

Peace is living in harmony without fighting and quarrelling with one another.

Security is living with protection and freedom

Factors that promote peace and security at home

- love
- obedience
- caring / helping
- good health
- good relationships
- respect
- good feeding
- protection
- reporting wrong doers
- protection i.e.
 - o keeping dogs at home
 - o locking doors and windows
 - o sharing
 - o working together.

People who promote peace and security at home

- parents
- guards
- elders
- relatives
- children
- maids

Factors that promote peace and security at school

- follow the school rules
- loving one another
- obedience
- helping others

- sharing with others
- protection
- listening to teachers and friends
- observing children's rights and responsibilities

People who promote peace and security at school

- teachers
- prefects
- nurses
- guards
- cooks
- matrons
- children

People who keep peace and security in our community

- elders
- guards
- parents
- teachers
- army
- police
- LC local council
- LDU Local Defense Unit
- Religious leaders like pastors, Imam, Sheikhs etc.

How to promote peace and security in our community

- by solving problems (conflicts)
- reporting bad people
- providing security
- loving and respecting others
- obeying rules

Importance of peace and security

(Why do we keep peace and security?)

- to promote love
- to promote safety

- to live in harmony
- to care for others.

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People who promote peace and security at school

- teachers
- prefects
- nurses
- guards
- cooks
- matrons
- children

Causes of insecurity in our homes

- stealing
- poverty
- violence
- defilement
- poor relationship
- fighting
- diseases
- lack of food
- child neglect
- isolation
- poor houses
- drinking alcohol
- quarrelling

Causes of insecurity in our school

- stealing
- fighting
- teasing
- not respecting others
- not obeying rules and regulations

How to prevent insecurity

- helping others
- listening to elders
- following school rules
- loving one another
- not stealing
- not teasing others
- not stealing