TERM TWO – PRIMARY ONE LITERACY SCHEME OF WORK

LITERACY SCHEME OF WORK FOR PRIMARY ONE TERM TWO

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	L/AIDS	LIFE SKILLS	ACT	REF	REM
	1	Weather	Elements of weather	A learner, -Defines the term "weather". -Reads and spells words correctly. -Identifies the elements of weather. -Draws the elements of weather.	Weather. Weather is the daily condition of a place recorded for a short period of time. Elements of weather. These are things which cause changes in weather. They are: Sunshine, rainfall, clouds,, wind. Mist (cloud cover)	-Guided discovery -Observation -Question and answer.	A chart showing elements of weather	- Responsibilit yappreciation	-Defines the tern weather -Reading -Spelling -Writing -Drawing	Rs them. Lit 1 Text bk Pg56	
	2		Types of weather	A learner, Mentions the types of weather. -Reads and spells words correctly. -Matches elements to the types of weather. Draws the types of weather.	Types of weather. There are four types of weather i. Rainy weather ii. Cloudy weather iii. Sunny weather iv. Windy weather. v. Misty weather	-DemonstrationGuided discovery -Observation	A chart showing the types of weather	- AppreciationLogical thinking -Care and concern.	-Spelling -Reading -Drawing	Rs them. Lit. 1 Text bk pg 57	
WK	DP	THEME	SUB	COMPETENCES	CONTENT						1

	THEM	E						
			Rainy Cloudy			Sunny		
2	Things		Things used during rainy	-Observations	-A chart	-	-Reading	Rs
3	used during differentypes o weather	f missing letters.	weather. ✓ Rain coat ✓ Jacket ✓ Banana leaves ✓ Sweater ✓ Gum boots ✓ Umbrella ✓ Gloves ✓ Stockings Things used during cloudy weather. ✓ Sweater ✓ Jackets ✓ Scalf	-Guided discovery -Brain storming	showing different types of clothes and objects	Appreciation -Care and concern -Logical thinking.	spelling drawing	Them Lit 1 Text bk Pg 59 and 60
			Importance of things used to manage weather e.g sweaters					

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	L/AIDS	LIFE SKILLS	ACT	REF	REM
			THEME		Things used during sunny weather. Umbrella, sunglasses, hats, vests. How to manage rainy			SKILLS			
					weatherStay in doors -Carrying umbrella -Wearing heavy clothes.						
A	1		Activities done	-States activities done during	Activities done during windy weather.	-Guided discussion	A chart showing	- responsibility	-Reading	Rs	
1			during different weather	different weather conditions.	-Fly kites -Winnowing seeds.	-Observation	activities done during	-care	-Spelling	them Lit 1	
			condition s	-Fills in the missing letters.	Activities done during dry/sunny weather.	-Question and answer.	different types of weather.		-Writing	Text bk	
				-Reads, spells and pronounces words correctly.	-Drying clothesWashing clothes -Swimming.					For P.1	
					Activities done during rainy weather. ✓ Water harvesting ✓ Playing indoor games ✓ Planting crops ✓ -Digging to the garden.					Pg 66	

WK	DP	THEME	SUB	COMPETENCES	CONTENT	METHODS	L/AIDS	LIFE	ACT	REF	REM

		THEME					SKILLS		
		Types of	-Mentions the	Types of seasons.	-Guided		-Care and	-Reading	
7		seasons	types of seasons.	✓ Wet season ✓ Dry season	discovery		concern		
			-Identifies activities done in wet and dry season -Draws activities done in different seasons. -Reads, spells and pronounces words correctly	Wet season (rainy) This is the time when we get a lot of rain. Dry seasons. This is the time when we get a lot of sunshine. Examples of activities done in wet season. Planting Weeding Weeding Mulching Water harvesting Digging Making bricks. Activities done during dry season Watering plants Clearing land Dry crops	-Questions and answer	-Flash cards	-Logical thinking.	-Spelling	
	VV 41	E.C.	A 1	✓ Harvesting crops.	C: 1 - 1	D 1:	C -1C	D 1'	
3	Weather	Effects of weather	A learner, -Identifies the effects of rainy	Effects of rainy weather. What are effects? These are good and bad	-Guided discovery	-Reading	-Self awareness	-Reading	
			and sunny weather.	results of different seasons.	-Question and answer		-Critical thinking	-Spelling	
			weather.	Uses of rain.	aliswei		umking		
			-Reads and spells	-Rain provides us with			-Logical		
			words correctly.	water.			thinking		,
				-Provides water to plant to			-care and		,
				grow well			concern		

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	L/AIDS	LIFE SKILLS	ACT	REF	REM
					Dangers of much rainIt causes floodsToo much rain destroys plants and cropsToo much rain makes roads slipperyToo much rain washes away top soil. (soil erosion)						
	4			-Identifies dangers of too much sunshine -Tells the importance of sunshine -Reads, spells and pronounces words correctly	Dangers of much sunshine. -Much sunshine dries wells. -Much sunshine leads to droughts. -Much sunshine leads to death of animals. Uses of sun shine -Makes solar electricity -Dries seedsDries clothes. Dangers of cloudy weather. -We feel too cold on cloudy weather. -Causes accidents -Plane crushes.	-Observation -Guided discussion. -Brain storming	-Flash cards	- AppreciationSelf awareness -Critical thinking	-Reading -Writing -Spelling		

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	L/AIDS	LIFE SKILLS	ACT	REF	REM
					Importance of clouds -Nimbus clouds help in rain formationClouds keep the weather cool.						
	5	Weather	Wind	A learner, -Reads and spells words correctlyDefines wind -Mentions examples of things supported by windMentions games played with wind.	Wind. Wind is moving air. Examples of games which are supported or moved by wind. -Kite gameBallon game. Things supported by windBalloons -Fire -Birds -Boats -Paper -Thread Dangers of too much windIt may lead to plane crushesIt may destroy plants and cropsIt destroys houses and property. Importance of windWind is used for winnowingWind dries our clothesWind makes the weather cool	-Observation -Guided discussion -Brain storming	-Reading -Writing	-Appreciation -Logical thinking	-real object -Flash cards.		

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	LIFE SKILLS	L/AIDS	REF	REM
3	1		How to manage the effects of bad weather	-Reads and spells words correctly. -Identifies ways how to manage the bad effects of weather.	How to manage the effects of bad weather. -Clothing ourselves well in different types of weather. -Covering the garden with grass during rainy weather. Watering our crops during the dry season. -Planting trees to act as wind breaks. -Harvesting water during rainy season -Revision exercise about weather. -Theme test	-Guided discussion -Brain storming _Observation	-Reading	-Care and concern - Appreciation -Self awareness	-Flash cards.		
	2	Acciden ts and safety	Acciden ts at home	A learner, -Defines an accidentsIdentifies the accidents at homeNames the accidents at homeReads and spells words correctlyDraws the accidents at home.	An accident. -An accident is a sudden happening that may cause harm to the body. Examples of accidents at home. These are un expected happenings that may cause harm to the body while at home. They are poisonings fracture (broken bones) burns, cuts, strings, falls, bites, near drowning, electric shock.	-Guided discovery -Brain storming -Question and answer.	-Reading -Drawing -Spelling -Answering questions.	-Self awareness -Care and concern -Critical thinkingLogical thinking	A chart showing accidents at homeFlash cards	Rs them. Lit 1 Text bk For Prima ry one Pg 75	

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	LIFE SKILLS	L/AIDS	REF	REM
	3		Causes of accidents at home	-States the causes of accidents at homeReads, spells and pronounces words correctly.	Causes of accidents at homePlaying with firePlaying near fireClimbing treesPlaying with electric wires -Walking in bushy areasPlaying in waterPlaying with stones.	-Guided discovery -Questions and answer -Guided discussion.	-Reading -Writing -Spelling	-Care and concern -Being careful -Awareness	A chart showing accidents at home.		
	4		How to prevent accidents at home	-Stats the ways of preventing accidents at home. -Reads and spells words correctly. -Learns how to prevent accidents at home	Ways of preventing accidents at homeKeep the children away from fire and water. Avoid climbing treesAvoid playing with sharp objectsWear shoes in your feetDo not play with dogs -Play good games.	-Guided discovery -Questions and answer -Guided discussion	-Reading -Spelling -Filling in	-Awareness -Carefulness -Care and concern	-	Rs them Lit 1 Text bk For Prima ry one Pg 79 &80	
4	1	Accide nts and safety	Dangerou s objects at home	A learner, -Reads and spells words correctly. -Identifies the dangerous objectsDraws the dangerous objects	Dangerous objects at home. These are things which cause accidents at home e.g Knife, panga, sharp stones, razorblade, hoe, safety pin, medicine, gun, fire, paraffin, nail,	-Guided discovery -Questions and answer	-Reading -Writing -Drawing	-Awareness	-Care and concern - Real objects - Carefulne ss	Rs them Lit 1 Text bk For Pri. 1 Pg.74	

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
					Pin, poison, needle, axe, syringe						
	2		- Accident s on the way	-Reads and spells words correctly. -Identifies the dangerous things on the wayStates examples of accidents on the way to school and their causes.	Dangerous things on the way to schoolSpeeding vehicles -Stray animals e.g dogs, cats, cows, snakes, sharp stones, pot –holes -Dangerous insects e.g bees, wasps	-Guided discovery -Questions and answer	-Reading -Writing -Drawing	-Real objects	-Self awarenes s -Care and concern - Responsi bility		
	3			-Reads and spells words correctly.	Examples of accidents on the way to school. -Motor accident/car knock. -Piercing -Falls, snake bites, stings, dog bite -Cuts. Causes of accidents on the way to school ✓ Careless walking ✓ Over speeding ✓ Careless driving ✓ Playing on the road ✓ Playing with dogs ✓ Climbing trees ✓ Bad roads	-Question and answer -Guided discovery -Brain storming	-Reading -Spelling -Writing	-Flash cards	-Care and concern -Self awarenes s -Critical thinking -Responsi bility	Rs them Lit. 1 Text bk For Pri 1 Pg 76 and 79	

WK	DP	ТНЕМЕ	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
	4	Accide nts and safety	How to prevent accident on the way.	A learner, -Reads and spells words carefully/correctl yIdentifies ways of preventing accidentsFills in the missing letters correctly.	 ✓ Driving while drunk ✓ Walking bare footed ✓ Vehicles in bad mechanical ✓ Driving while talking on the telephone. How to control accidents on the way -Drivers should drive carefully. -Children should not walk bare footed. -Drivers should follow road signs. -Children should not clam trees. -Cross the road at zebra crossing -Let grown ups help children to cross the road. 	-Brain stormingGuided discovery -Question and answer	-Reading -Spelling -Answering question	A chart showing accidents	-Care and concern - Awarene ss - Responsi bility		
	5		Accident s at school	-Reads and spells words correctly -Identifies the common accidents at school and in class.	Common accidents at school and in class. These are un expected happenings that may cause harm to the body while at school e.g Fracture,, knocks, falls, burns, electric shock,	-Brain storming -Guided discover -Question and answer	-Reading -Drawing dangerous objects -Spelling.	-Real objects e.g razorblade pair of compass	- Responsi bility - Awarene ss		

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
				-Mentions the	Causes of accidents at						
				causes of accident	school						
				at school	-Playing rough games.						
					-Careless handling of hot						
				-Identifies the	food.						
				dangerous things at school	-Playing with sharp objects.						
					Dangerous things at						
				-Fills in the	school.						
				missing letters.	-Hot food						
				missing letters.	-Hot porridge						
					-Sharpening blades						
					-Razorblades						
					-Swings						
					-Pair of compass						
					-Hot tea.						
	1	Accide	How to	A learner,	How to control accidents	-Guided	-Reading	-Flash cards.	-Care and		
h		nt and	prevent	-Reads and spells	at school.	discovery.			concern		
J	_	safety	accidents	words correctly	-Avoid playing bad games.						
			at school		-Avoid playing with sharp	-Brain		-Real objects			
				-Identifies ways	objects.	storming	-Spelling		-		
				of controlling	-Avoid climbing trees.		words		Awarene		
				accidents at	-Avoid playing with fire and	-Questions			SS		
				school.	hot things.	and answer.	-answering				
					-Cover pit latrines		questions.				
				-Fills in the	-Play in safe places.	-Role play					
				missing letters.	Effects of accidents.				Responsi		
					Accidents lead to:-				bility.		
					✓ Death						
					✓ Lameness						
					✓ Loss of blood						
					✓ Pain from wounds						
					✓ Loss of body parts						
					✓ Illness						

First aid -Reads and spells words correctly. -Identifies the accident and the first aid given. -Demonstrates how to give first aid for the simple accidents. -Mentions the qualities of a good first aider. -Mentions the design of the broken bones using splints. -Mentions the design of the broken bone of the injured part. Electric shock – Give milk. Poisoning/drinking paraffin – Give milk Snake bite – Tie between the bitten part and heart, make small cuts around the suck tie parts put a black stones or suck the venom Near drowning – Push /press the navel and the chest cavity when the	WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
person is lying at the back. Nose bleeding – Pinch the	WK	2	THEME	THEME	-Reads and spells words correctly. -Identifies the accident and the first aid given. -Demonstrates how to give first aid for the simple accidents. -Mentions the qualities of a	First aid. First aid is the first help given to someone who has got an accident before taking him/her to hospital. A person who gives first aid is a first aider. Accident. First aid given. Cut- Wash the wound with clean water and plaster it. Fracture (broken bone) -Tie the broken bones using splints. Burns -Pour cold water on the injured part. Electric shock - Give milk. Poisoning/drinking paraffin - Give milk Snake bite - Tie between the bitten part and heart, make small cuts around the suck tie parts put a black stones or suck the venom Near drowning - Push /press the navel and the chest cavity when the person is lying at the back.	- demonstration -Question and answer Guided	-Reading -Spelling - Demonstrat	- Real objects ie	- Awarene ss - Logical thinking - Care and	REF	REM

WK	DP	THEME	SUB	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE	REF	REM
	3		ТНЕМЕ	-States the qualities of a good first aider and reasons why we give first aid.	Qualities of a good first aider. A good firs aider should be kind ✓ Sympathetic ✓ Knowledgeable ✓ Observant ✓ Quick Why do we give first aid. -To reduce pain -To save life -To stop bleeding	-Observation -Guided discussion -Brain storming	-Reading spelling -Writing	- Flash card	- Awarene ss - Care and concern		
	4		First aid box	-Defines a Casuality . -Defines a first aid box. -Identifies things found in the first aid box. -Draws things found in a first aid box.	-To promote recovery A casuality Causality is a person who has got an accident. A fist aid box This is a box where first aid things are kept. Things found in a first aid box. Panadol, gloves, bandage, razorblades, spirit, plaster, cotton wool, iodine, pair of scissors, soap	-Observation -Guided discussion -Brain storming	-Reading -Spelling -Writing -Drawing	A first aid box and real objects.	- Awarene ss -Care -Concern - Responsi bility.		

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	5	Living together	Types of families	A learner, -Defines a family. -Identifies the types of families -Mentions members found in each type of family. -Draws members found in each type of family.	A family. A family is a group of people related by blood or marriage. Types of families. 1. Nuclear family. A nuclear family is a family where we find father, mother, and their own childrenpeople who start a family. People found in a nuclear family. Father, Mother, Brother, Sister. 2. Extended family. This is a family where we find father, mother, children and their relatives. People found in an extended family. Father, aunt, grandmother, mother, niece, grand father, sister, nephew, uncle, brother, cousin.	- Demonstration - Question and answer	-Reading -Drawing -Spelling	A chart showing types of families	- Appreciation -Self awareness -Care and concern -Self motivation.		

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	4		Roles of	A learner,	Roles of different family	-Role play	-Reading	A chart			
h			different	-Reads and spells	members.			showing			
U	┸		family	words correctly.	Mother.	-Question and		people found			
			members		✓ Cooks food	answer	-Spelling	in a family.			
				-Identifies the	✓ Cares for the						
				roles of different	children	_					
				family members.	✓ Cleans the home.	Demonstratio					
					Fathers	n	-Answering				
					✓ Heads a family		questions				
					✓ Buys food	-Brain					
					✓ Buys clothes	storming					
					✓ Pays school fees						
					<u>Children</u>						
					✓ Fetch water						
					✓ Clean the compound						
					✓ Wash utensils.						
					✓ Mop the house						
					Simple permanent family (
					oral)						
		Living	Ways of	A learner,	Needs of a family	-Brain	-Reading	-Care	A chart		
	'	togethe	living	-Reads and spells	Needs are the things a	storming			showing		
	_	r	together	words correctly.	family requires in their day			-Concern	basic		
			in a		to day activities.		-Spelling		needs of		
			school	-Defines basic	Basic needs	-Question and		-	man.		
				needs.	These are things which man	answer		Appreciation			
					cannot live without.		-Writing				
				-Gives examples	They are:						
				of basic needs	Food, Water, Clothes,			-Awareness			
				and other needs.	Medical care, Shelter.	-Guided	-Drawing				
					Other needs	discussion.					
				-Draws and	These are needs man can						
				names the basic	live without e.g education,						
				needs.	love, security,						
					television, cars,						
					computers						

WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
	4			-Reads and spells	School activities.	-Question and	-Reading	-	A chart		
				words correctly.	These are things we do at	answer		Appreciation	showing		
	♣				school		-Drawing		activities		
-				-Mentions the		-Guided			done at		
				school activities	<u>Examples</u>	discussion	-Answering	-	school		
					Learning, reading,		questions	Responsibilit			
				-Draws activities	writing, singing,	-Guided		у	-		
				done at school	sweeping the classroom,	discovery	-Writing		Awarene		
					washing, playing,				SS		
					praying, swimming,						
					debating, cleaning						
		Living	Ways of	A learner,	Ways of living together in	-Guided	-Reading	-	-Care and		
	' /	togethe	living		a school.	discovery		Appreciation	concern		
	_	r	together a	-Reads and spells	We can live together by:		-Role				
			school	words correctly.	✓ Caring for others.		playing				
					✓ Helping others.	-Brain					
				-States the ways	✓ Sharing with others.	storming					
				of living together.	✓ Learning at school.						
					How do we care for others						
					at school?	-Role playing					
					-We help sick friends.						
					-We say sorry to friends in						
					pain.						
					-We take care of small						
					children.						
					-We pick and return lost						
					pencils and colours.						
					Have do we hale adhass 4						
					How do we help others at						
					school (Oral)						
					-We help teachers in						
					collecting books.						
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WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
					-We help teachers in collecting books.						
					-We help teachers to clean the chalkboard						
					-We clean teachers table.						
					Sharing at school (written) At school we share:-						
					Eats, drinks, pencils,						
					rubbers, rulers, tables,						
					benches, books,						
					Learning at school						
					(Written) At school we learn different						
					things,						
					-We learn how to read.						
					-We learn how to draw.						
					-We learn how to count.						
					-We learn how to write.						
					-We learn how to pray.						
	2	Living	School	A learner	School routine	-Guided	-Reading	-Awareness	-		
	3	togethe	routine	-Reads and spells	These are things usually	discussion.	C 11:		Responsi		
		r		words correctly.	dine at school they include: ✓ Attending	-Question and	-Spelling	- Appreciation	bility		
				-Identifies the	assemblies	answer		Appreciation			
				school routines.	✓ Singing anthems.	answei	-Writing	-Flash cards			
				sensor routines.	✓ Reciting prayers	_	, , iiiiiig	Trasii varas			
				-States the school	✓ Having meals	Demonstratio					
				rules and	✓ Cleaning the school	n	-Drawing				
				regulations.	✓ Attending lessons.						
				-States the class							
				rules.							

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					Our school motto Our school motto is "Discover the Hidden Treasure".						
					School rules. Examples of school rules are -Always do your home work and weekend work.						
					-Always speak EnglishAlways put on proper						
					school uniformAlways keep time						
					Class rules -Respect your teacherKeep the classroom clean						
					-Avoid noise making in class.						
					-Stealing is not allowed -Fighting is not allowed.						
	4	Living together	School routine	A learner, Sings the national schools' anthem.	The national schools' anthem (singing) We young women and men	-Group work -Question and answer	-Singing - Demonstrat	-Awareness	A chart showing the song.		
				Pronounces words correctly	of Uganda are matching along, the path of Education singing and dancing with joy together uniting for a better Uganda.		ing -Reciting	-Care	- Appreciat ion		
					W are the pillars of tomorrow's Uganda etc.						

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	5			-Sings the National anthem.	Singing the National anthem.	-Group work	-Singing	-Co- operation	A chart showing the		
				-Recites the words in the	Oh Uganda! May God up hold thee We lay our future in thy	-Recitation	-Reciting	- Appreciation	anthem		
				-Pronounces words correctly	hands United free for liberty Together will always stand. Stanza II and III.	-Guided discussion					
0	1			-Sings the school's anthem.	Singing the school anthem. Cornerstone Junior schools your future a bright, arise	-Group work	-Reciting -Singing	-Co- operation	A chart showing the		
O				-Pronounces the words in the school's anthem correctly.	and ride to your glory, with excellence and wisdom	demonstration	- Demonstrat	- Appreciation	school's anthem		
	<u> </u>			-Recites the	The schools' prayer.	-Recitation	-Reciting	-	A chart		
	2			-Pronounces the words correctly	Look at me oh God As my heart silent all To you all I turn For the sins I have committed	-Group work -Guided discovery		Appreciation -Concern	showing the schools' prayer.		
	3	Living togethe r	Ways of living together in the	A learner, -Identifies different ways of living together in	Things people do together in the communityCleaning well -Praying together	-Brain storming -Guided	-Reading -Writing	-	Appreciat ion -Co-		
			communi ty	the community. -Reads and spells words correctly	-Visiting the sickSharing food with neighboursBurial ceremonies (attending)	discovery	-Doing an exercise		operation -Care		
					-Weddings (attending						

-Attending partiesDigging together. Identifies the ceremonies in our community. A ceremony is when many people gather together for a reason. -Reading A chart showing Storming -Role Some -Role -Role -Role -Role -Role -Role -Awarene -Awarene			-Reading						
ceremonies in our community. A ceremony is when many people gather together for a reason. -Reads the words A ceremony is when many people gather together for a reason. -Guided discussion -Guided discussion Awarene			-Reading		-Digging together.				
-Mentions things we do at ceremony. This is when people get married. Baptism ceremony. This is when a child is baptized. Birth day party. This is a day when a remember the day when we were born. Naming ceremony This is when new born babics are given clan names Things we do at ceremonies. We eat -We sing -We dance -We enjoy Theme test	ss -Critical	some	-Role playing - Demonstrat	-Guided discussion -Role play -Question and	A ceremony is when many people gather together for a reason. Examples of ceremonies. Wedding ceremony. This is when people get married. Baptism ceremony. This is when a child is baptized. Birth day party. This is a day when a remember the day when we were born. Naming ceremony This is when new born babies are given clan names Things we do at ceremoniesWe eat -We sing -W dance -We enjoy	ceremonies in our community. -Reads the words correctly -Mentions things we do at		4	

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	5	Food and nutritio n	Examples of food	A learner, -Reads and spells words correctlyDefines food -Mentions the examples of food -Pronounces words correctlyIdentifies the sources of food.	Food Food is anything good to eat or drink. Examples of food we eat. Meat, Irish potatoes, millet, ground nuts, Matooke, sweet potatoes, beans, fish, yams, millet, cassava, rice Sources of food. This is where we get food from. Examples. Rivers, lakes, wells, garden, animals, plants, birds.	-Observation -Question and answer	-Reading -Spelling -Drawing -Writing	A chart showing examples of food -Real food	- Appreciat ion - Awarene ss -Care -Concern		
9	1			-Identifies examples of food and their sourcesReads and spells words correctly	Food from birds. Eggs, chicken, turkey Food from animals. Meat, mutton, beef, pork Food from insects Honey, grasshoppers, white ants. Food from lakes and rivers. Fish, salt, water Food from plants. Beans, maize, bananas, cassava etc.	-Observation -Question and answer -Bran storming	-Answering questions -Reading -Writing -Spelling	-Real samples of food	Appreciat ion Care Awarene ss.		

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	2		Classes of food	-Reads and spells words correctly.	Classes of food. There are 3 major classes of food.	-Brain storming	-Reading -Spelling	-Real samples of food	Care Awarene		
				-Identifies the classes of food.	1. Energy giving food (carbohydrates)	-Observation	-Drawing	1000	ss		
				-Defines the healthy giving	2. Healthy giving food (vitamins)	-Question and answer	-Writing		Appreciat ion		
				foodsGives examples	3. Body building food. (proteins)						
				of healthy giving foods.	(Lesson 2) Health giving foods						
					(vitamins) These are foods which protect our bodies against						
					diseases.						
					They are also called vitamins. Examples are fruits and						
					vegetables. Examples of fruits. ✓ Passion fruits						
					✓ Oranges ✓ Pine-apple						
					✓ Apples✓ MangoesExamples of vegetables						
					✓ Cabbage ✓ Dodo						
					✓ Tomatoes ✓ Nakati						

					✓ Egg-plant						
WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
	3	Food and	Classes of food	-Defines body building foods.	Body building food. These are foods which help	-Observation	-Reading	-Real samples of	- Appreciat		
		nutritio n		-Reads and spells words correctly.	our bodies to grow. They are also called	-Question and answer	-Spelling	food	ions		
				-Gives examples of body building food. -Draws examples of body building foods. -Defines energy giving food. -Gives energy giving food. -Gives examples of energy giving	rney are also called proteins. Examples are: Fish, chicken, milk, meat, eggs, pork, beans, ground nuts, peas, sim-sim Energy giving food (carbohydrates) These are foods which give us energy. Examples are: Cassava, Matooke, Maize, Posho, Rice, yams, Irish potatoes, sweet potatoes etc.	-Brain storming	-Drawing		-Care - Awarene ss		
	4	Food and nutritio n	Keeping food safe	foods. Importance of eating foodDefines safe food. -States different ways of keeping our food clean (safe)	Importance of eating food. -We eat food to get energy. -To grow. -To have life -To prevent diseases. What is safe food? Safe food is food which is free from germs. Ways we keep food safe -Covering food.	-Brain storming -Question and answer	-Reading -Spelling -Writing	-Real object -Fridge -Dishes -Pots -Water -Jerican	- Awarene ss -Care and concern - Responsu bility.		

					eating food.						
WK	DP	THEME	SUB THEME	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE SKILLS	REF	REM
					-Washing hands before preparing food.						
					-Keeping food in clean container.						
					-Washing fruits before eating them.						
					-Wash food before cooking it						
					Why do we cover food? -To protect it from flies and dust.						
					Why do we eat food from clean containers? -To keep away germs from the food.						
					Why do we wash fruits before eating? -To remove germ from them.						
	5	Food and nutritio n	d preservati on (ways of preservin	rvati vays -Defines preserving food. rvin (Food	Preserving food. These are ways of keeping	-Brain storming	-Reading	-Container	-Care		
					food for a long time without it going bad.	-Guided discussion	-Writing	-Water -Food	- Awarene ss		
			g food)	preservation)	Ways of preserving foodBy salting e.g meat -By freezing -By smoking	-Question and answer	-Spelling	-Fridge -Pot	- appreciati on		

WK	DP	THEME	SUB	COMPETENCES	CONTENT	METHODS	ACT	L/AIDS	LIFE	REF	REM
			THEME		-By Sun drying -By boiling				SKILLS		
					Why do we preserve food? So that the food does not go bad (get contaminated)						
					What makes food go bad? -Germs make food go bad.						
					Good eating habitsChew foodWash hand before eatingPray before you eatAvoid talking while eating.						