



**PARENT - CHILD
ACTIVITY BOOK 2
TO SUPPORT REMOTE LEARNING
TOP CLASS
5-6 YEARS**

2



ENGLISH

PARENT - CHILD ACTIVITY
BOOK 2
TO SUPPORT REMOTE LEARNING
TOP CLASS 5 - 6 YEARS

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FOREWORD

Following the Outbreak of the CoVID-19 Pandemic, Government of Uganda closed all schools and other educational institutions to minimize the spread of the coronavirus. This has affected more than 36,314 primary schools, 3129 secondary schools, 430,778 teachers and 12,777,390 learners. The COVID-19 outbreak and subsequent closure of all has had drastically impacted on learning especially curriculum coverage, loss of interest in education and learner readiness in case schools open. This could result in massive rates of learner dropouts due to unwanted pregnancies and lack of school fees among others.

To mitigate the impact of the pandemic on the education system in Uganda, the Ministry of Education and Sports (MoES) constituted a Sector Response Taskforce (SRT) to strengthen the sector's preparedness and response measures. The SRT and National Curriculum Development Centre developed print Home-Study Materials, radio and television scripts for some selected subjects for all learners from Pre-Primary to Advanced level. The materials will enhance continued learning and learning for progression during this period of the lockdown, and will still be relevant when schools resume.

The materials focused on critical competences in all subjects in the curricula to enable the learners to achieve without the teachers' guidance. Therefore, effort should be made for all learners to access and use these materials during the lockdown. Similarly, teachers are advised to get these materials in order to plan appropriately for further learning when schools resume, while parents/guardians need to ensure that their children access copies of these materials and use them appropriately.

I recognise the effort of National Curriculum Development Centre in responding to this emergency through appropriate guidance and the timely development of these home study materials. I recommend them for use by all learners during the lockdown.



Alex Kakooza

**Permanent Secretary
Ministry of Education and Sports**

ACKNOWLEDGEMENT

National Curriculum Development Centre (NCDC) would like to express its appreciation to all those who worked tirelessly towards the production of home-study materials for Pre-Primary, Primary and Secondary Levels of Education during the COVID-19 lockdown in Uganda.

The Centre appreciates the contribution from all those who guided the development of these materials to make sure they are of quality; Development partners - SESIL, Save the Children and UNICEF; all the Panel members of the various subjects; sister institutions - UNEB and DES for their valuable contributions.

NCDC takes the responsibility for any shortcomings that might be. The comments and suggestions may be communicated to NCDC through P. O. Box 7002 Kampala or email admin@ncdc.go.ug or by visiting our website at <http://ncdc.go.ug/node/13>.



Grace K. Baguma
Director,
National Curriculum Development Centre

INTRODUCTION OF THE PARENT – CHILD ACTIVITY - BOOK 2 –TOP CLASS

Dear parent/guardian,

This parent - child activity book is intended to be used by working together with the child to do the activity.

Please read carefully and look at the pictures to guide you. The materials to use for each activity is well indicated.

The following are the 15 activities in book 2:

S/N	ACTIVITY
1	Role-playing practicing good health habits
2	Planting, watering plants, caring for seedlings and plants
3	Expresses him/herself by telling his/her name, age, sex, birthday, singing and dancing
4	Counting, reading and writing numbers from 1-10
5	Coloring in a closed space and joining dots using lines
6	Naming people in a family and their relationship
7	Role- playing how to protect him/herself from

	dangerous things at home
8	Listening to the story about effects of bad and good smell
9	Counting, reading and writing numbers from 11 to 15
10	Making letter sounds of letters
11	Naming different age levels of people at home and how he/she should care for them
12	Singing a song about clean environment and making a broom
13	Talking about how many different parts of the body he/she has
14	Counting, reading and writing numbers from 15 to 20
15	Naming objects and reading simple words

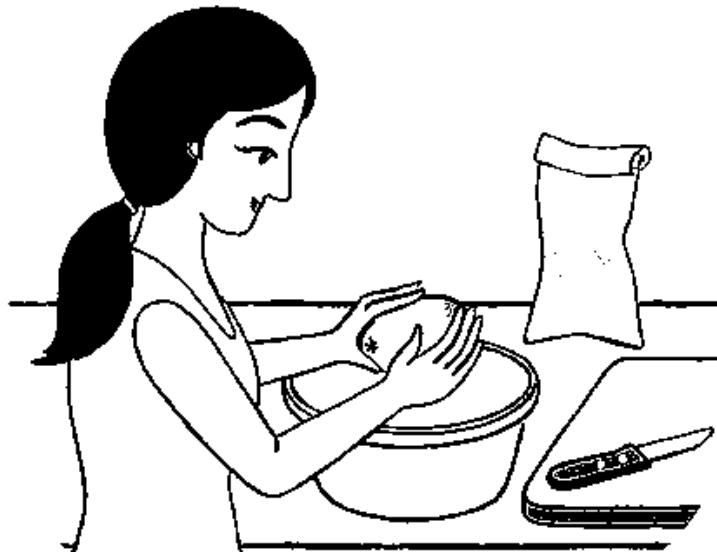
ACTIVITY 1: Role – playing practicing good health habits.

PARENTS/GUARDIAN SUPPORT

1. Teach a child good eating habits by showing him/her what is done before eating food.
2. Tell the child that he/she should eat warm food either cooked/roasted.



3. Show a child what is done before eating a fruit like a mango, guava, an orange/apple. Such a fruit should be washed well with clean water before eating it.



4. Teach the child other good table manners like; sitting properly while eating food.



A person should not talk while eating.

Put little food in the mouth.

Do not chew the food while opening the mouth widely.

Do not drink water/juice when there is still food in the mouth.

5. Put soap and clean water at the washing station near the toilet/latrine for washing hands after visiting the toilet. Show a child how it is done.



6. Tell the child to do the given good health habits every day.

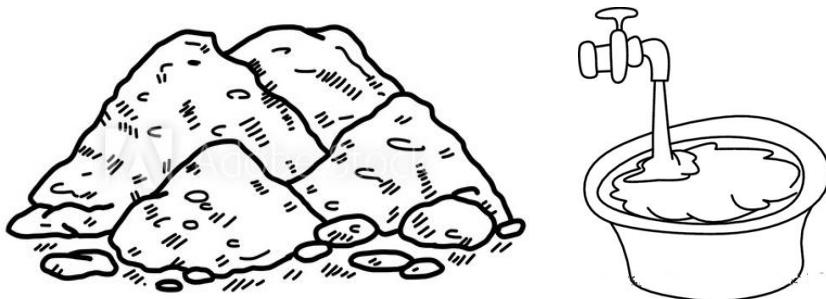
HEALTH TIP:

Wash your hands before and after eating food.

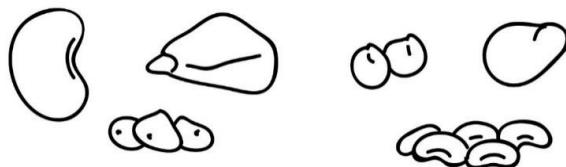
ACTIVITY 2: Planting, Watering plants, caring for seedlings and plants.

PARENTS/GUARDIAN SUPPORT

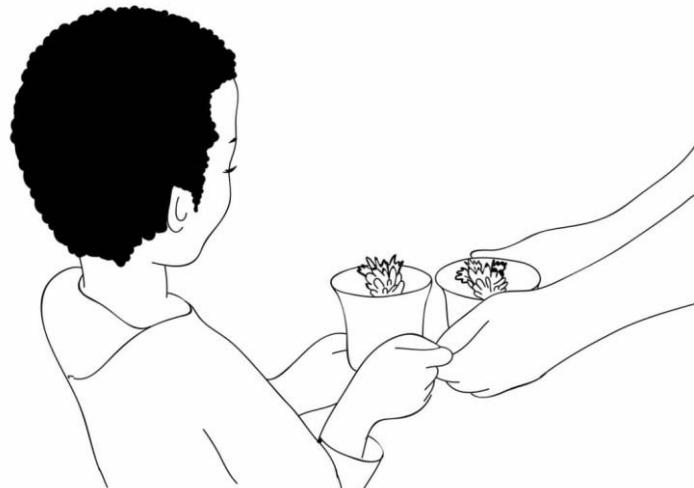
1. Ask the child what plants need in order to grow. Help the child to say them. These are soil, water, sunlight and air.



2. Show the child different seeds (maize, beans, peas, millet and groundnuts). Let the child see and touch the seeds.



3. Get a project work for the child. Ask the child to get seeds of her/his choice. Prepare a small garden with a child/get a tin put in small holes at the bottom of the tin and put soil.



4. Help the child to plant the seeds of his/her choice in the small-prepared garden/tin.



5. Tell the child to care for the seedlings by watering them every day in the evening/morning.
6. Tell the child to water the plants (flowers & trees) in the compound either in the evening/morning during dry season.



HEALTH TIP:
Keep the home clean.

ACTIVITY 3: Expresses him/herself by telling his/her name, age, sex, birthday, singing and dancing

PARENTS/GUARDIAN SUPPORT

1. Teach the child how to express him/herself by telling his/her full name, sex, age, birthday. Tell the child her/his full name, sex, age and birthday so that he/she can express him/herself correctly.

2. Listen to the child expressing him/herself properly

My name is _____.

I am a _____.

I am _____ years old.

My birthday is on _____



Tom talking to Sarah.

My Name is Tom, I have two sisters

3. Sing a song as you dance while the child is listening and observing. Tell the child to sing a song of his/her choice and dance.



HEALTH TIP:

Sneeze using a handkerchief and wash it every day.

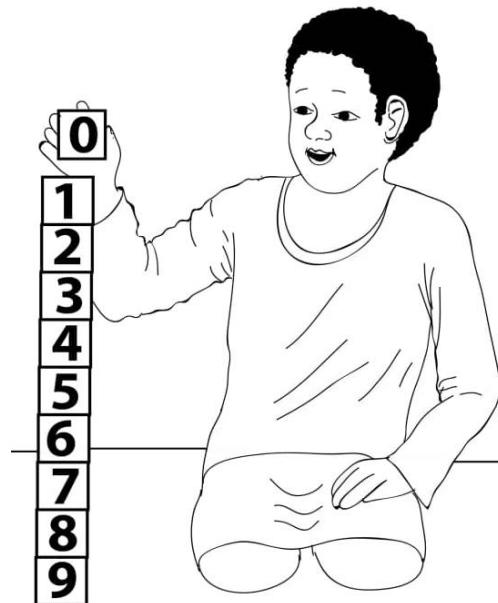
ACTIVITY 4: Counting, Reading and writing numbers from 1 to 10

PARENTS/GUARDIAN SUPPORT

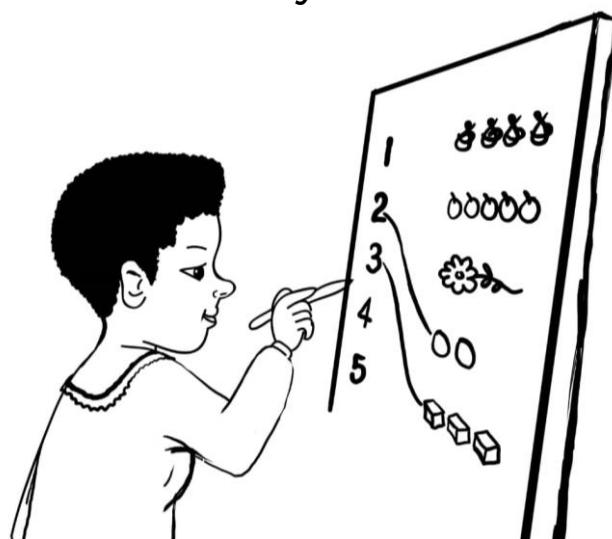
1. Get counters like stones, sticks, bottle tops, leaves. Get one type of counters and use them to teach the child.



2. Show the child number symbols written on cards. Let the child read them after you.



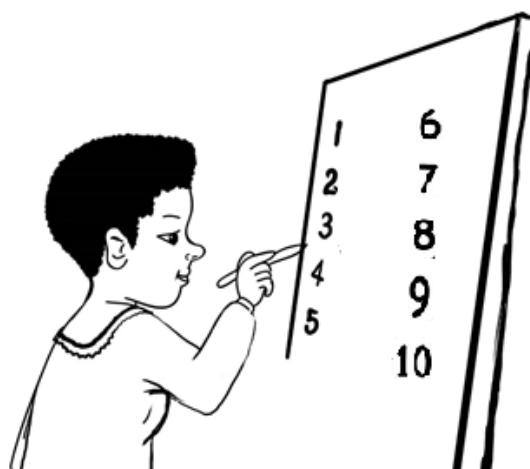
3. Count the objects and tell the child to match them with the correct number symbol.



4. Say the number symbol and tell the child to pick it from the many cards and put it up.



5. Give a book and pencil to a child to write number symbols from 1 to 10 in ascending order as you see how he/she writes. Thank the child for the number symbol he/she writes well.



6. Tell the child to continue practicing counting numbers from 1 to 10 using different counters.

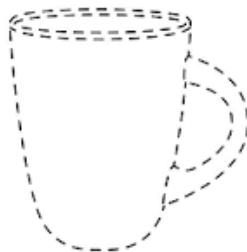
HEALTH TIP:

Cover your mouth with a handkerchief when coughing or cough below the elbow.

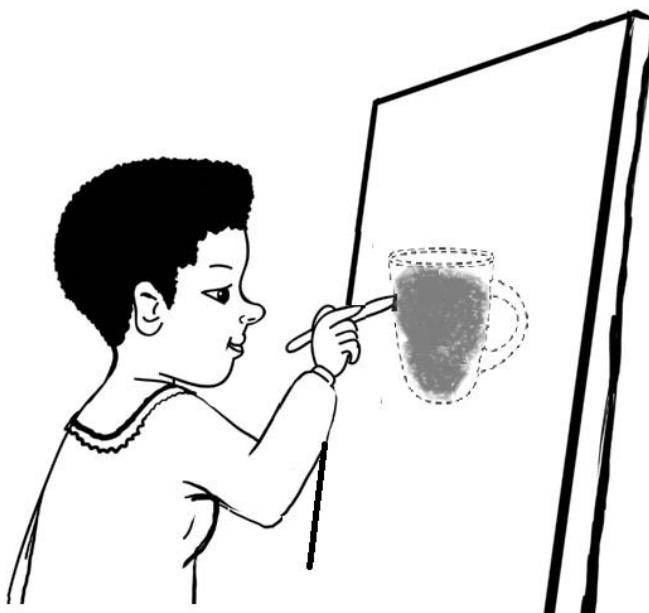
ACTIVITY 5: Coloring in a closed space and joining dots using lines.

PARENTS/GUARDIAN SUPPORT

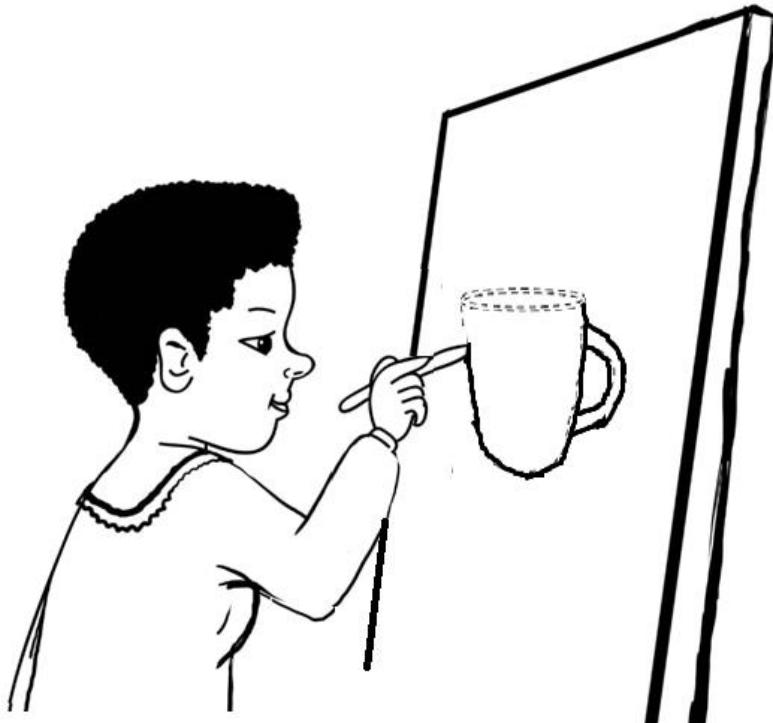
1. Draw an outline of an object at home on a paper.



2. Give a child coloured pencil/crayons/charcoal to colour within the outline then, ask a child to name the object he/she has come up with.



3. Form a picture using dots.
4. Tell the child to join the dots using a pencil/crayon/charcoal. Ask a child to name the object formed.



HEALTH TIP:
**Avoid touching your eyes, nose and
mouth with dirty hands.**

ACTIVITY 6: Naming people in a family and their relationship.

PARENTS/GUARDIAN SUPPORT

1. Ask the child to name people in his/her family.
2. Tell the child how she/he is related to members in the family; mother, father, brother, sister, grandfather, grandmother, aunt, uncle and cousin.
3. Get a family/individual photograph and ask a child to name the people in the photograph and how is related to them.



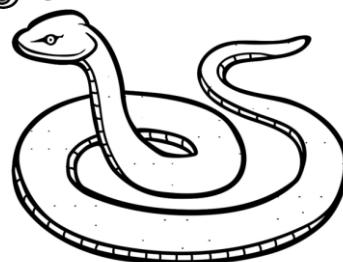
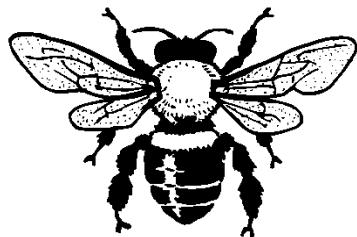
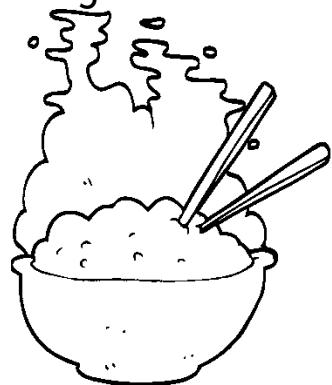
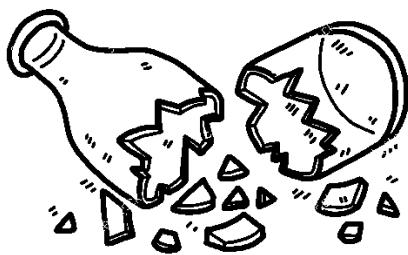
4. Teach the child a rhyme about people in the family.
Say it and thereafter, the child shall join you. ***Father, mother, sister, brother are the people I see, I see. Aunt, uncle and cousin are the people I see I see. Grandfather and grandmother, I love you all.***

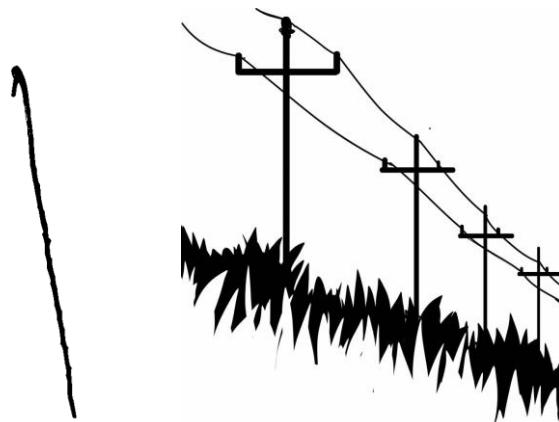
HEALTH TIP:
Stay home, stay safe!

ACTIVITY 7: Role-playing how to protect him/herself from dangerous things at home.

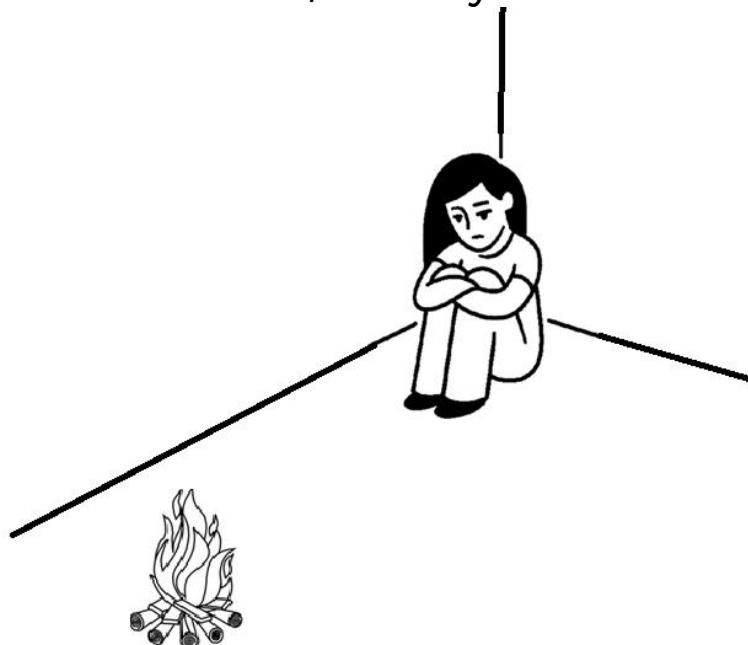
PARENTS/GUARDIAN SUPPORT

1. Help the child to mention dangerous things at home.





2. Show the child how he/she should protect him/herself from dangerous thing at home. Tell the child to do what you have told her/him as you monitor that child.



HEALTH TIP:

Do not play with dangerous things at home.

ACTIVITY 8: Listening to the story about effects of bad and good smell.

PARENTS/GUARDIAN SUPPORT

1. Tell a child a story about good and bad smell.

One day, mummy fried chicken. She put onions and tomatoes to get a good smell. By then we had many rats in our home. Daddy told mummy to give him left-overs of chicken so that he puts them on the rat trap under the bed. After three days mummy smelt a dead rat and started vomiting. Daddy checked under the bed, oh,oh,oh what a bad smell this is ! Daddy saw two dead rats on the trap .He removed them and took them out of the house.

2. Ask the child oral questions about the story;
 - Which thing had a good smell in a house?
 - What danger happened to mummy after smelling a dead rat?
3. Get different things, which smell good (ripe mango, Vaseline) and those that smell bad (dirty clothes,

rubbish pit). Let the child smell them and tell whether they smell good or bad.



- Play a guessing game with the child. Bring things of different smells like onion, ripe pineapple/passion fruit and roasted groundnuts.



Put them in a box. Blindfold the child. Let child pick one thing from the box, smell it and tell what it is.

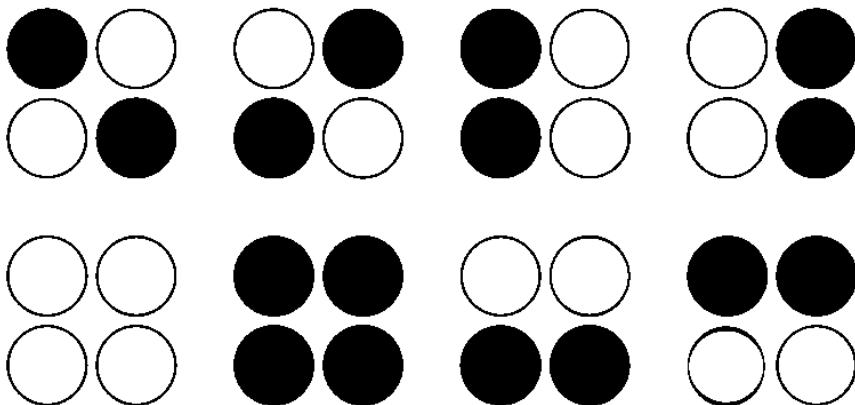


HEALTH TIP:
Keep yourself clean.

ACTIVITY 9: Counting, reading and writing numbers from 11 to 15.

PARENTS/GUARDIAN SUPPORT

1. Get sticks, stones, straws, bottle tops, leaves and seeds to use as counters in the lesson.

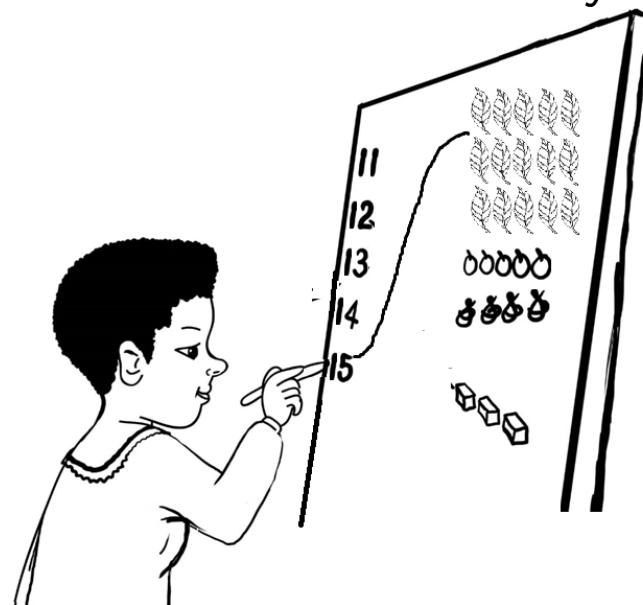


2. Count numbers from 1 to 15 while clapping with the child.
3. Show number cards to the child. Help him/her to read the number symbols written on.

Put emphasis on numbers from 11 to 15.



4. Put 15 leaves at the side. Tell the child to count them and match them with a correct number symbol.



5. Give a child a book and a pencil to write numbers from 11 to 15. Clean up the area you have worked from.



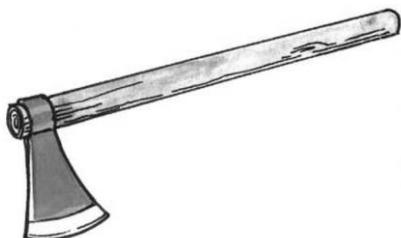
HEALTH TIP:

Throw rubbish/used tissues in the rubbish bin/rubbish pit.

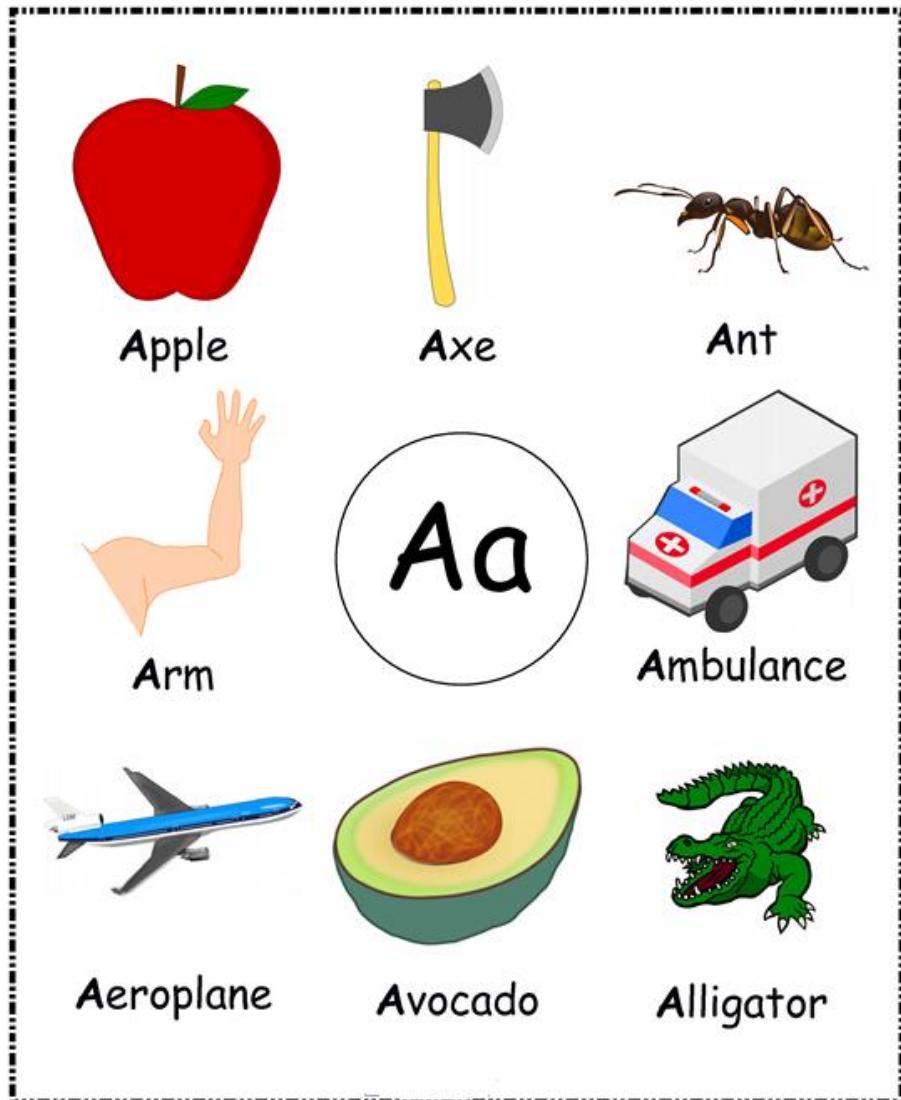
ACTIVITY 10: Making sounds of letters.

PARENTS/GUARDIAN SUPPORT

1. Tell the child a story line of sound a. *Three children were sitting under a mango tree eating mangoes. One of them felt something moving on his arm. He looked at it and said a,a,a,<ant > and pushed it away using a hand.*
2. Sound letter /a/ while doing the action of pushing an ant away from the arm using a hand.
3. Show the child other objects that have names beginning with sound a. Objects like apple, axe, and ankle.



4. Teach the child how to read the words putting emphasis on the first letter sound.



HEALTH TIP:

Wash your hands with water and soap after

visiting the toilet/latrine.

ACTIVITY 11: Naming different age levels of people at home and how he/she should care for them.

PARENTS/GUARDIAN SUPPORT

1. Show the child different age levels of people at home.



2. Ask the child how she/he can care for people of different age levels at home.

Babies:

- Carrying them when they cry

- Singing for them.
- Playing with them.



Children:

- Playing with them
- Helping them to do some work.
- Sharing play materials with them.



Adult:

- Helping them to do home activities like washing, cleaning the home.



Old:

- Accompanying them to go to many places.
- Fetching water for them.
- Helping them to carry luggage.



HEALTH TIP:

Use clean water and soap to wash your hands every day.

ACTIVITY 12: Singing a song about clean environment and making a broom.

PARENTS/GUARDIAN SUPPORT

1. Sing a song about clean environment while the child is listening and observing. Put actions for the child to enjoy the song. Sing it twice.

Clean, clean the environment*2

Sweep, mop and slash the bushes around.

Clean, clean the environment *2

Sweep, mop and pick the rubbish around.

Clean, clean the environment.

2. Teach the child a song.



3. Show the child the hard and soft brooms. Let him/her see, touch and feel. Ask the child to get one broom of his/her choice.
4. Give the child project work for making a broom. Give the child materials to use when making a broom. Teach him/her how to make a broom she/he has liked.



HEALTH TIP:
Keep the home clean.

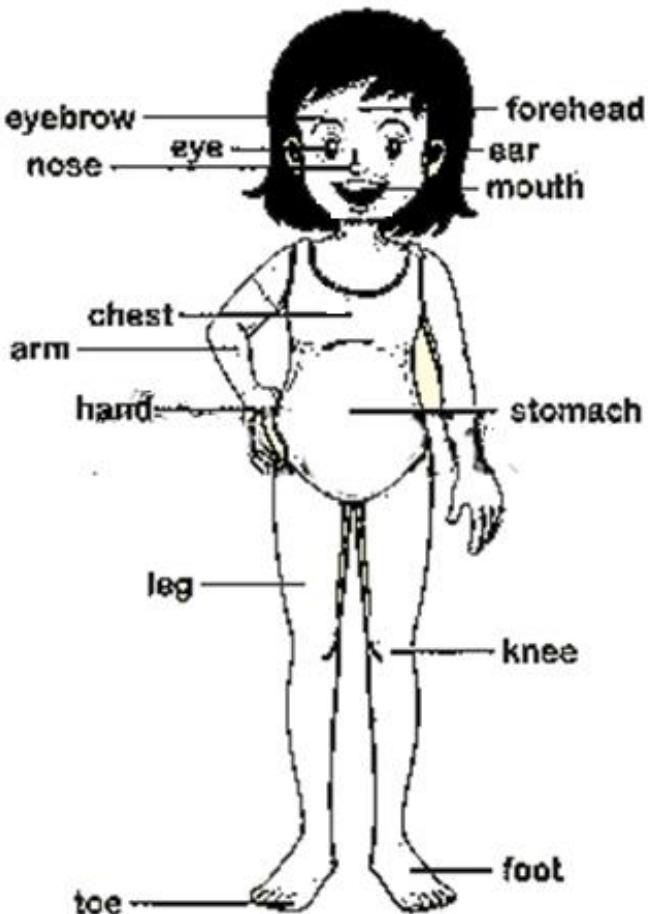
ACTIVITY 13: Talking about how many different parts of the body he/she has.

PARENTS/GUARDIAN SUPPORT

Ask the child to touch parts of the body you mention like;
PARENT : Touch the nose.

- CHILD : My nose
PARENT : Touch the ears.
CHILD : My ears
PARENT : Touch the mouth
CHILD : My mouth
PARENT : Touch the legs
CHILD : My legs
PARENT : Touch the toes
CHILD : My toes
PARENT : Touch the feet
CHILD : My feet
PARENT : Touch the head
CHILD : My head.

Ask the child to mention number of similar parts of the body he/she has as; I have two eyes, I have one head, I have ten fingers.



Teach the child a poem about parts of the body. Say it twice and the child shall join you after.

I have one head

I have one mouth

I have one nose

Two eyes, two ears

Two hands, two feet

Two arms, two legs

Ten fingers, ten toes

I have some hair on top of my head.

I am glad that God made me.

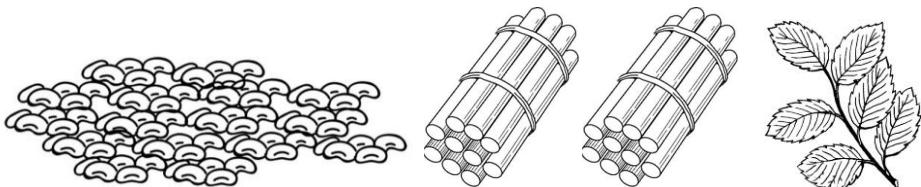
HEALTH TIP:

Bathe and brush your teeth every day.

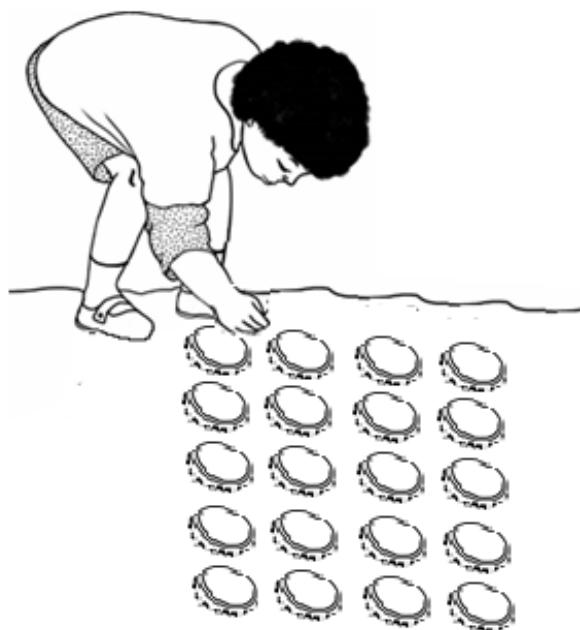
ACTIVITY 14: Counting, reading and writing numbers from 15 to 20.

PARENTS/GUARDIAN SUPPORT

1. Collect different objects like sticks, bottle tops, leaves, seeds, straws, stones to be used as counters in the lesson.



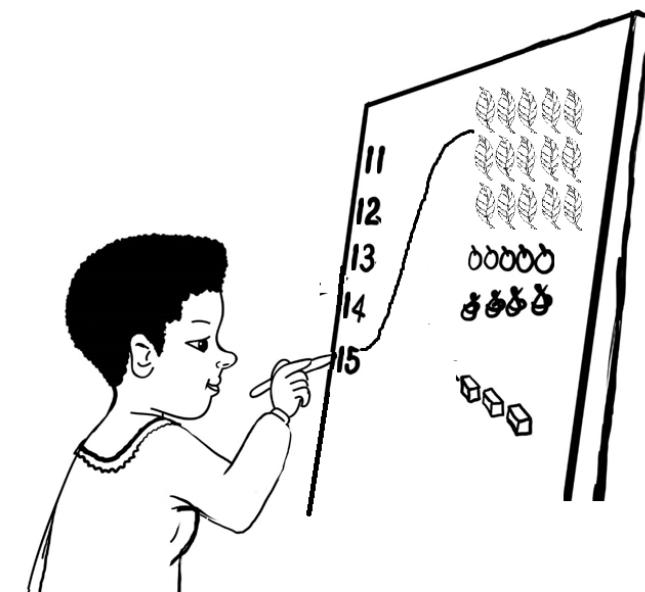
2. Count numbers from 1 to 20 with the child while using objects.



3. Show the child number cards to read from 15 to 20.



4. Count 20 objects and tell a child to match them with the correct number card. Let also a child count 16 objects and a parent matches them with a correct number card.



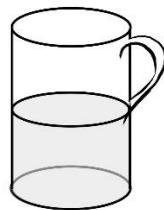
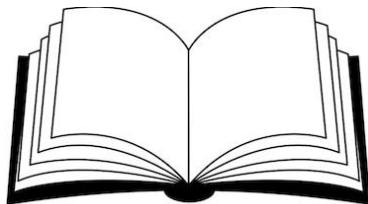
5. Give a child a book and a pencil to write numbers from 15 to 20. Help the child where she/he fails to write the number correctly.

HEALTH TIP:
Keep your body clean.

ACTIVITY 15: Naming objects and reading simple words.

PARENTS/GUARDIAN SUPPORT

1. Get a book, cup, pencil and a tin. Let the child look at the objects, touch and feel.



2. Get word cards and match them with the objects one by one
3. Teach the child how to read them by putting emphasis on the first letter sound for each word.

b-oo-k = book

t-i-n = tin

p-e-n-ci-l = pencil

c-u-p = cup

4. Put up an object and tell the child to pick a word card having the name of that object.



5. Pick a word, tell the child to pick a word card with the same word, and reads it.

HEALTH TIP:
Drink boiled water.



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