

# RELIGIOUS EDUCATION

TEACHERS' HANDBOOK

## PRIMARY ONE LESSON NOTES



## TERM 1 2024

Name:

School:

STANDARD CURRICULUM

P.1 CLASS LESSON NOTES TERM I 2024

0775787978/0742845900

Enjoy Our  
Quality  
Services

# RE LESSON NOTES FOR PRIMARY ONE 2024

**THEME: DISCOVERING GOD'S GIFT TO ME.**

**Sub theme: I am part of God's creation.**

## **WEEK 2**

### **Lesson1**

1. Who I am?

My name is ..... (Children introduce themselves)

2. Meaning of names i.e.

Emmanuel means God is with us

Peter \_\_\_\_\_rock.

Grace \_\_\_\_\_peace.

Mugisha \_\_\_\_\_luck.

Mukisa \_\_\_\_\_ luck.

Ayebale-----thank you God

Ankunda\_\_\_\_\_God loves me

Ssanyu-----Joy

Kirabo\_\_\_\_\_gift

Irene \_\_\_\_\_ peace

### **Lesson2.**

**3. God knows each of us.**

\_God is our creator.

\_God knows each of us before we are born [Psalms139:13-15]

Question: What is the importance of having a name?

How did you get your name?

Psalms chapter 139(NB. some lines for reading).

**Ref. Pentagonagram book 1 page 182.**

## **WEEK 3**

### **Lesson 3**

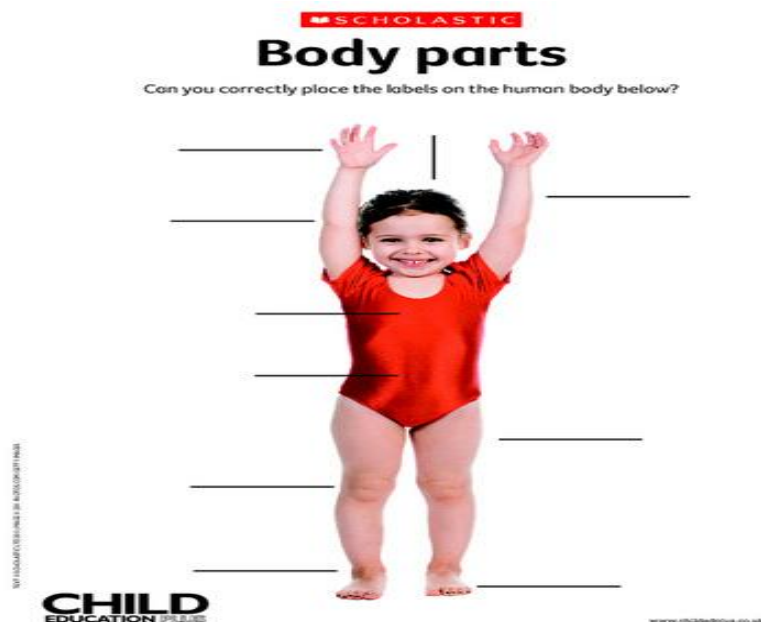
**Our bodies:**

**The parts of the body**

Eyes, nose, ears, mouth, legs, hands, feet, etc.

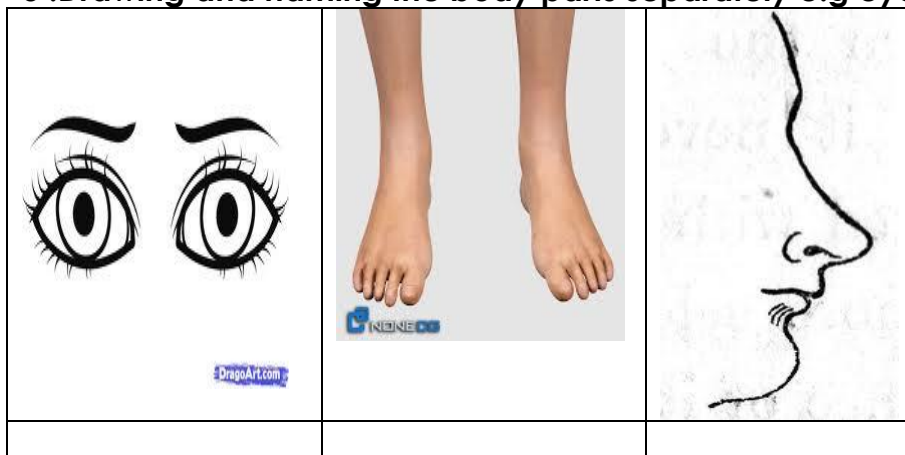
God gave me all the parts of the body.

Thank you God for giving me all my body parts.



## Lesson 4

3 .Drawing and naming the body parts separately e.g eyes,nose legs etc.



Ref. Pentagon book1 page 4.

Standard 1 CRE, page 1

**WEEK 4**

**Lesson5**

### Uses of our body parts.

Legs are used for walking and playing football

Hands are used for writing

Mouth is used for eating and speaking

Nose is used for breathing and smelling

Ears are used for hearing

Eyes are used for seeing

Teeth are used for biting and chewing food

Tongue is used for tasting

Skin is used for feeling

**Ref: Standard 1 CRE pg 1**

**Ref. pentagram book**

**Genesis 1:26-30**

## **Lesson 6**

### **How to keep my body parts clean.**

- \_ Bathing our body daily.
- \_ Brushing our teeth.
- \_ Combing our hair.
- \_ Cutting our nails short.
- \_ Cutting our hair short.
- \_ Clean my nose.

## **Week5**

### **Lesson7**

#### **Importance of keeping my body parts clean.**

- To be healthy (avoid diseases).
- \_To look smart.
- \_To prevent tooth decay.
- \_To prevent bad body smell.

**NB.** When we keep our body parts clean, we make God happy.

## **Lesson 8**

### **Senses and sense organs**

## **Week6**

### **Lesson9**

#### **Importance of personal hygiene**

- To prevent skin diseases
  - To look smart
  - To prevent bad body smell
- [Psalms 8:1-7]

#### **Things used in personal hygiene**

Sponge  
Soap  
Tooth brush  
Tooth paste  
Water  
Basin  
Comb  
Towel  
Razor blade

#### **Activity: Draw any four things used in personal hygiene**


## **WEEK7**

**Theme: Discovering God's gift to me**

**Sub theme: People found at school.**

## Lesson 10

### **Naming people found at school.**

Teachers, pupils/children cleaners, cooks, nurses, bursar, secretaries, guards ,parents, etc.

### **2. Importance/uses of these people at school.**

Teachers --teach children.  
Cooks \_ cook and serve food.  
Nurses \_ treat school children.  
Cleaners \_ clean the school.  
Bursar \_ collect school money.  
Secretaries \_ type letters and exams.  
Guards \_ provide/give security for the school.  
Friends \_ play and share with us.

**Ref. pentagram book 1 page 15 and 16**

**Ruth 1:1-12**

**Psalms 43:1**

## **WEEK7**

### **Lesson11**

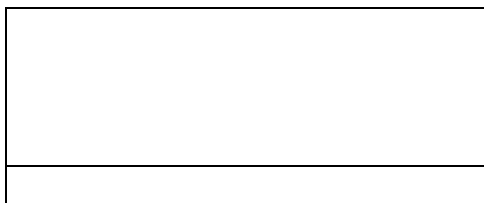
---

#### **How I can help other people.**

I fetch water for our neighbours.  
I take care for the sick.  
I wash the plates and cups.  
I help my friend with a pencil.

**Activity:** Draw your self helping someone

I help my mother to carry a baby.  
I help daddy to wash the car.  
I help my parents to sweep the house.



## **WEEK 8**

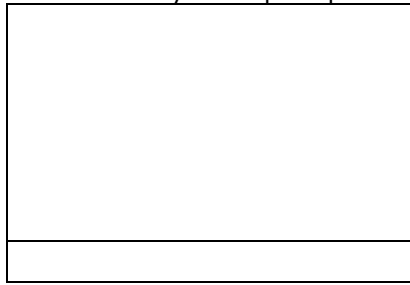
### **Lesson12**

**People found at home and those who visit us.**

#### **The gift of people at home.**

Mother, father, brother, sister, uncle, aunt, nephew, grandmother, grandfather, niece.  
I thank God for the gift of my parents, sisters and brothers, and other relatives.

**Activity:** Draw yourself with any two people at home.



**How the people at home help us.**

**Parents:**

**Father :**

- Heads the family
- He buys food
- He pays school fees

**Mother**

- Cooks food
- Cares for the young ones
- Grows crops

**Children**

- wash clothes
- sweep the compound
- fetch water

Ref:Pentagram Book 1 pg14-15

**Question**

As a child, what is your role at home?

**WEEK 8**

**Lesson 14**

**Ways of respecting people.**

Greeting people.

Listening to elders

Using polite language e.g sorry, thank you, excuse me, please etc.

Not using abusive language.

Going to school daily.

**N.B Discuss orally why parents/guardians need to be respected**

.

**Ref. Monitor SST book 1 page 15.**

**WEEK 9**

**Lesson15**

**Creation**

**Things created by God**

Plants

Animals

Stars  
Moon  
People  
Land  
etc

**God created all things in six days and rested on the seventh day.**

On the first day, God created light

On the second day, God created the sky.

On the third day, God created the earth, the sea, and the plants.

On the fourth day, God created the sun, the moon, and the stars.

On the fifth day, God created all the creatures which live in water and the birds.

On the sixth day, God created all the animals on land domestic and wild then human beings to rule over all this

Ref. CRE standard 1 page 4\_5.

**Pentagram book two page 18\_19.**

**Pentagram book two page 22\_31**

**Activity: Draw and name any two things created by God on different days.**


**Lesson16**

**Uses of God's creation.**

**uses of animals:**

Some give us food, security, company, and transport.

For study purposes/ we study about them.

**N.B** We have to care for God's creation.

**Activity:** Draw and name any three animals that are useful people


**How do we care for domestic animals?**

- By feeding them
- By treating the sic ones
- By loving them

**Ref. Pentagram book 1 page 23-\_26.**

## Lesson 17

### Uses of plants

#### Plants:

Some plants give us food.

Some plants give us fire wood and charcoal.

Flowers are used for decoration.

Some plants give us shade.

We get building materials like timber, poles, sticks, etc from plants.

We get local medicine from plants.

We get timber for furniture from some plants

#### Activity

Draw and name any two plants which give us food


#### How do we care for the plants?

By watering them

by weeding

By thinning

by

By mulching

b

Ref. Pentagram book one page 22-23.

## Lesson 18

---

### Other useful things created by God.

Sun, moon and stars

#### Importance of these things created by God

The sun gives us light and warmth.

The moon and stars give us light at night

## 2. Water

### Uses of water

For domestic use like cooking, washing, drinking, etc.

Some animals live in water like fish, frogs, crocodiles, etc.

Plants and animals need water for growth.

**Activity:** Draw and name three things which God created for light.

-----

Ref: CRE Book 1 page 4

God's creation makes our lives happy and healthy