

Recreation, festivals and holidays

12.1: Recreation activities at home and school

Recreation refers to how we spend our free time.

Recreation activities are activities people do for enjoyment in their free time or leisure time.

Examples of recreation activities



acting/drama



reading



singing



playing football



making crafts



dancing

Other examples include:

- Playing netball
- Playing basketball
- Swimming
- Watching movies
- Sleeping
- Reading story books, newspaper, magazines

- Telling stories
- Doing physical exercises
- Listening to music
- Camping



places where people go for recreation



beach



garden



game park



theatre



stadium



children's park

Other places include:

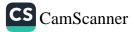
- video halls
- hotels
- river banks
- gym

o zoos

- 💧 restaurants 🌢
- forests
- churches and mosques



٥	Using educational messages like straight talk, young , and PIASCY messages
) - -	Presidential I - Initiative on A - AIDS S - Strategy for Communication to Y - Youth Inples of PIASCY Messages are;
	AIDS kill Stay safe Avoid gifts
•	Say no to sex
	Aviod bad touches
	Exercise 10.7
1.	Write any two ways of child protection.
	(a) (b)
2.	Write PIASCY in full?
	P
	Α
- Alexander	S
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	V V
A	Oh
J.	Give any four example of PIASCY Message.
	(a) (b)
	(b)(c)



Importance of promoting peace and security

Peace and security will lead to;

- Development of an area.
- Having freedom of the
- Love for one another.
- Promotion of trade
- Free movement of people and goods.
- Proper physical growth & development.
- Respect for one another.
- Promotion of safety in the society.

Things we use to keep peace and security.

1. Draw and name

Bible	Quran	Tear gas	Shield
Baton	Pistol	Knife	Gun
Spear	Stick	Bow and arrow	Camera







3)		(0)		
c)	-	(d)		
	people who	promote pe	ace & securit	у.

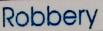
3: Effects/dangers of insecurity

nsecurity

security is when people are not safe from danger.

hings which show insecurity







Fighting



Voilence

)thers include: Wars, quarreling, kidnapping, rebellion.

eople who cause insecurity

iheives, kidnappers, murderers, idlers, robbers, witches, rebe

Causes of insecurity

Poverty

Violence

Fighting

- Mob justice
- Teasing

Theft

- Rebellion
- Idleness

Hunger