


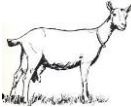





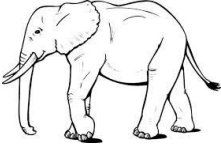




OUR ENVIRO NMENT	Comm on animals	<p style="text-align: center;">Lesson 1</p> <p><u>Common animals</u> Read and spell : domestic, wild, animals, rabbit , elephant</p> <p><u>Domestic animals</u> Domestic animals are animals which are kept at home</p> <p><u>Examples of domestic animals</u></p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>cow</p>  </div> <div style="text-align: center;"> <p>sheep</p>  </div> <div style="text-align: center;"> <p>pig</p>  </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>goat</p>  </div> <div style="text-align: center;"> <p>rabbit</p>  </div> <div style="text-align: center;"> <p>dog</p>  </div> </div> <p><u>Wild animals</u> Wild animals are animals which live in the bush. Some wild animals are kept in the zoo.</p> <p><u>Examples of wild animals</u></p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>lion</p>  </div> <div style="text-align: center;"> <p>snake</p>  </div> <div style="text-align: center;"> <p>Monkey</p>  </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>elephant</p>  </div> <div style="text-align: center;"> <p>zebra</p>  </div> <div style="text-align: center;"> <p>antelope</p>  </div> </div> <p><u>Activity</u></p> <ol style="list-style-type: none"> Fill in the gaps to make a correct word. C__w g__at z__br__ m__nk__y _____ are animals kept at home Write any three examples of domestic animals. _____ _____ Animals which live in the bush or zoo are called _____ List any two examples of wild animals. _____ _____ Why is a cow called a domestic animal? _____
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Lesson 2

Read and spell

Piglet , kitten , tadpole , duckling

Animals and their young ones

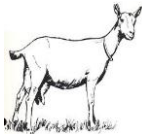
Cow



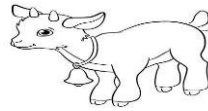
calf



goat



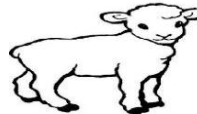
kid



Sheep



lamb



cat



kitten



frog - **tadpole**

duck - **duckling**

Pig - **piglet**

eagle - **eaglet**

elephant - **calf**

Activity

1. Listen and write

Lion tadpole owl puppy

2. Write the young ones of the following animals

Cow _____

Pig _____

Sheep _____

3. Write the name for the young one of a lion.

4. A goat is to a kid as a _____ is to a duck.

5. Match animals below to their young ones

Animal

Elephant

Dog

Monkey

Bird

Young one

baby

nestling

calf

puppy

Lesson 3

Read and spell

Wriggling, gliding, slithering ,trailing

Movement in animals and birds

Reasons why animals move from one place to another

- ✓ Looking for food,
- ✓ Looking for water,
- ✓ Looking for shelter,
- ✓ Looking for protection
- ✓ Looking for their young ones.

How animals move

Fish -	swimming
Caterpillar –	wriggling
Grasshopper -	hopping /flying
Snake -	slithering/ gliding
Snail -	trailing
Dog –	running
frog -	leaping
bird -	flying
crocodile –	crawling

Activity

1. Listen and write

Movement, caterpillar, snake, flying

2. Name the animal that moves by swimming

3. How do insects move from one place to another?

4. Match animals to the way they move.

Snail	flying
Person	wriggling
Eagle	trailing
Caterpillar	running / walking

5. Give two reasons why animals move from one place to another.

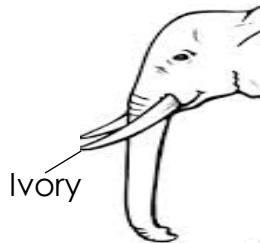
Lesson 4

Read and spell

transport, skin, hides, ivory

Uses of animals

- ✓ Some animals provide us with meat
- ✓ Some animals are used as pets
- ✓ Some animals are used for transport
- ✓ Some animals provide skins and hides
- ✓ Rhinos and elephants provide man with ivory and tusks



Activity

1. Listen and write.

Provide, ivory, pets, tusks

2. Write down any three uses of animals to people.

i) _____

ii) _____

iii) _____

3. Name the important thing people get from elephants.

4. Why do some people keep dogs in their homes?

5. How is a donkey useful to man?

6. List down three things man can get from a cow

i) _____

ii) _____

iii) _____

7. Name the animal which some people keep to feed on rats at home.

Lesson 5

Read and spell

Feathers, tourists, decoration, ostrich



Uses of birds

- ✓ People get eggs from some birds.
- ✓ We get meat from some birds.
- ✓ Feathers are used for decoration
- ✓ Birds like ostriches that are kept in the zoo attract tourists
- ✓ Some birds are kept as pets like parrot

Work to do

1. Name any one bird that is kept in the zoo.

2. Identify the products we get from birds drawn below

3. List
down
any two

birds which give people eggs.

i) _____ ii) _____

4. How are ostriches useful to people?

5. Why do some people keep peacocks?

6. Identify any two birds kept as pets

i) _____ ii) _____

Lesson 6

Read and spell

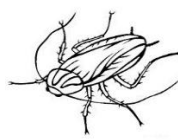
Cockroach , butterfly , mosquito , termites

Examples of common insects in our environment

House fly



cockroach



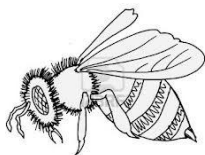
Mosquito



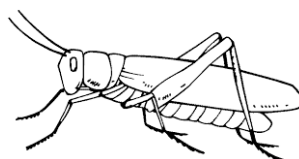
butterfly



bees



grasshopper



Characteristics of insects

- ✓ Insects have three main body parts. (head , thorax, abdomen)
- ✓ Insects have six jointed legs. (3pairs of legs)
- ✓ Insects breathe through spiracles.
- ✓ Insects have two pairs of wings
- ✓ Insects have compound eyes

Activity

1. Read and write in your book

Thorax, termites, cockroach, abdomen

2. How many main body parts does a housefly have?

3. Name the three main body parts of an insect.

4. What do insects use for breathing?

down any four common insects in the environment.

i) _____

ii) _____

iii) _____

iv) _____

5. List

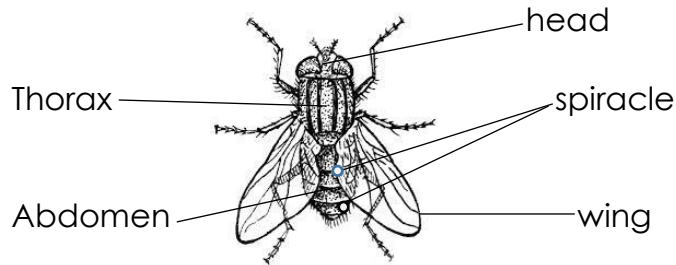
6. Draw and name any two common insects that you know.

Lesson 7

Read and spell

Thorax, abdomen, spiracles, cockroach

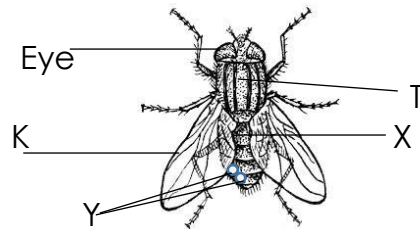
Parts of an insect



Note: A spider is not an insect because it has eight legs and two main body parts

Activity

1. Name the parts of an insect drawn below.



a) Name the parts marked T and X

T _____

X _____

b) How is part K useful to an insect?

c) How many pairs of legs does the above insect have?

d) Give two reasons why a spider is not an insect

i) _____

ii) _____

e) Mention the part on the above diagram that an insect uses for breathing?

OUR ENVIRO NMENT	Comm on insects	<p><u>Lesson 8</u></p> <p>Read and spell termites , moths, bees , white ants</p> <p><u>Examples of useful insects.</u> Bees, butterflies, termites, moths, white ants, grasshoppers</p> <p><u>Importance of insects</u></p> <ul style="list-style-type: none"> ✓ Some insects like grasshoppers and white ants are edible (eaten) ✓ Some insects pollinate flowers. ✓ Insects like bees make honey and wax for us. ✓ We can sell insects and get money. ✓ Termites add manure to the soil. <p><u>Activity</u></p> <p>1. listen and write edible, pollinate, termite, provide</p> <p>2. List down four examples of useful insects to people i) _____ ii) _____ iii) _____ iv) _____</p> <p>3. How are grasshoppers useful to people? _____</p> <p>4. Why do some people keep bees? _____</p> <p>5. Name any three insects which pollinate flowers i) _____ ii) _____ iii) _____</p> <p>6. Identify the insect that pollinates flowers at night _____</p> <p>7. Draw a butterfly in the space below</p> <div data-bbox="594 1337 1247 1619" style="border: 1px solid black; height: 134px; width: 402px; margin: 10px auto;"></div>
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OUR ENVIRO NMENT	Comm on insects	<p>Lesson 9</p> <p>Read and spell cockroaches, bees, wasps , mosquitoes</p> <p>Harmful insects These are insects which are dangerous to people.</p> <p>Examples of harmful insects Bees, locusts, termites, mosquitoes, house flies, cockroaches.</p> <p>Dangers of insects</p> <ul style="list-style-type: none"> ✓ Insects like locusts spoil crops. ✓ Some insects like bees and wasps sting us ✓ A female anopheles mosquito spreads malaria ✓ Cockroaches spread diseases. ✓ Termites eat the roots, stems and leaves of plants ✓ Mosquitoes and black ants bite us. <p>Activity</p> <p>1. Read the words below to your parents. Spread , germs , dangerous, anopheles</p> <p>2. List down any four examples of harmful insects. i) _____ ii) _____ iii) _____ iv) _____</p> <p>3. How are locusts harmful to crop farmers? _____</p> <p>4. Why is it dangerous to keep bees near a school? _____</p> <p>5. Name the insect which spreads malaria germs. _____</p>
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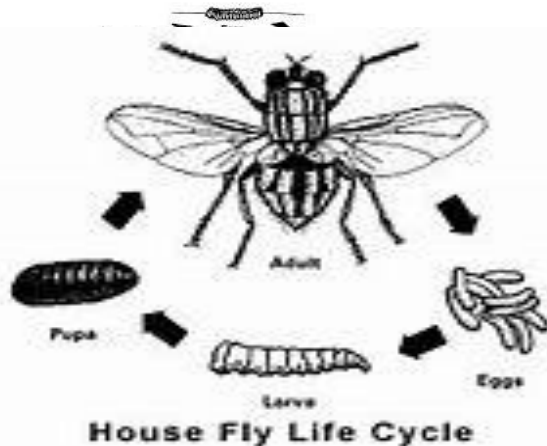
Lesson 10**Read and spell**

larva, pupa, adult, complete

Life cycle of a housefly.**Life cycle** means stages of growth.A **housefly** undergoes four stages of growth namely.

Eggs → larva → pupa → adult

This is called a complete life cycle or complete metamorphosis

Note: Pupa stage is the **dormant** stage**Activity**

1. What name is given to the first growth stage of a housefly?

2. What does the word "life cycle" mean?

3. How many stages does a housefly undergo?

4. Name the dormant stage in the life cycle of a housefly.

5. Draw the larva stage of a housefly.

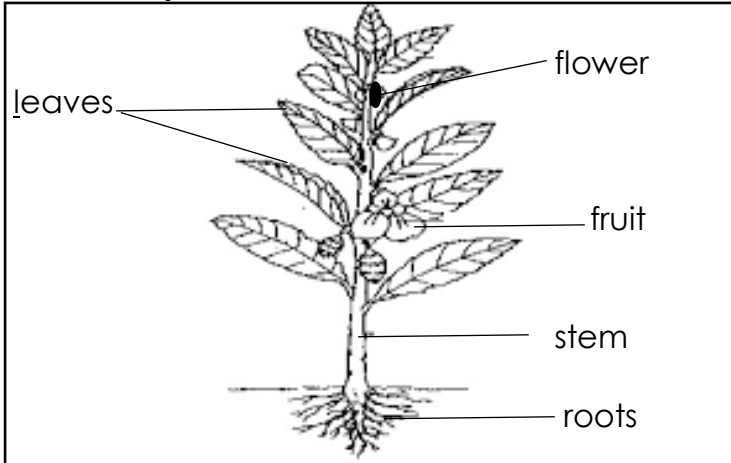


**OUR
ENVIRO
NMENT**

**Comm
on
plants**

Lesson 11
Common plants
Read and spell
roots , flower, fruit, leaves

Parts of a plant



Activity

1. Draw a plant and show the following parts
Fruit, flower, roots, stem, leaf



2. Name the parts of the plant which grows inside the soil.

3. Name the part of a mango plant that we eat.

Lesson 12

Read and spell

Jackfruit, maize, cassava, groundnuts

Useful plants

These are plants which are helpful to people

Examples of useful plants

Sugarcane plant



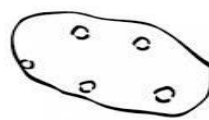
Maize



Cassava plant



Yam



Bean plants



Irish potato plant



Uses of plants

- ✓ Some plants are eaten as food
- ✓ Some plants provide shade to people
- ✓ Animals feed on plants
- ✓ Some plants are burnt to make charcoal
- ✓ Some plants provide timber.
- ✓ Plants are used as wind breaks around peoples' homes.
- ✓ Some plants are used for decoration.
- ✓ Flowers from some plants are used to make perfumes.

Activity

1. Identify one plant that gives us fruits

2. Name any four examples of useful plants

i) _____ ii) _____

iii) _____ iv) _____

3. Give any three uses of plants to people

i) _____

ii) _____

iii) _____

4. Why do many people grow maize in their gardens?

5. Draw these useful plants

Banana plant	Tomato plant	Maize plant

Lesson 13

Read and spell

Cactus , thorns, sisal, pierce

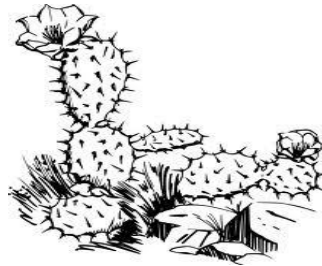
Harmful plants

Harmful plants are plants which are dangerous to people.

Examples of harmful plants

-Cactus

-Thorn apple



- Spear grass

- Sisal

-Water lily

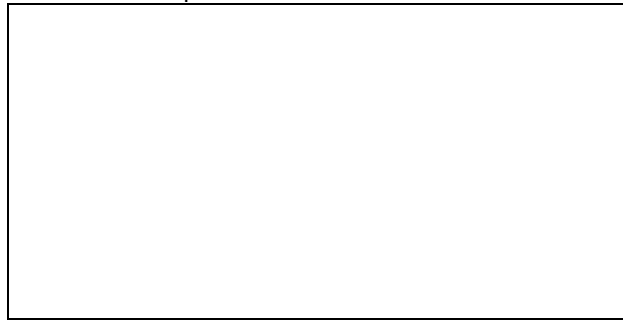
Dangers of harmful plants

- ✓ Some plants are poisonous when eaten
- ✓ Some plants have thorns which pierce people
- ✓ Some plants contaminate water

Activity

1. Name two plants that can pierce us

2. Give two examples of harmful plants
i) _____
ii) _____
3. Mention any two dangers of some plants
i) _____
ii) _____
4. _____ plants which are dangerous to people.
5. Draw a cactus plant



Lesson 14

Read and spell

Fertilized, mature, ovule, develop

SEEDS

A **seed** is a fertilized mature ovule.

Examples of seeds

Maize seed	soya bean seed
Bean seed	eggplant seed
Groundnut seed	onion seed

Activity

1. Identify any one group of seeds that we always eat at school

2. List down any four examples of seeds
i) _____ ii) _____
iii) _____ iv) _____

3. Draw the seeds given below

Bean seeds	Maize seeds

Lesson 15

Read and spell

Stage, growth, develop, germinate

Stages of plant growth

- ✓ Some plants like cassava and sugarcane develop from stems
- ✓ some plants like ground nuts, beans, maize and soya grow from seeds
- ✓ Some plants like bananas and yams grow from suckers.

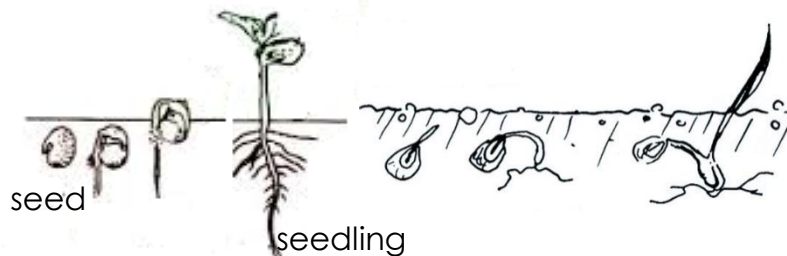
A seedling

This is a young plant that grows from a seed.

Germination

This is the growing of seed embryo into a young plant.

Stages of plant growth



Activity

1. Which stage of growth gives us food?

2. How do we call a young plant in the garden?

3. What is germination?

4. Draw a seedling of a bean plant.



Lesson 16

Read and spell

Conditions, warmth, sunlight, seedling

Conditions for plant growth

- soil - sunlight
- air - warmth
- water

Activity

1. complete the words below

S _il wa _mth a _r

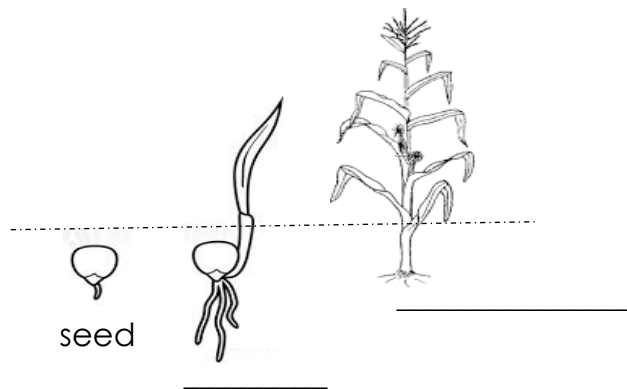
2. What do seeds become when they germinate?

3. List down any four conditions needed by plants to grow well.

i) _____ ii) _____

iii) _____ iv) _____

4. Name the stages of growth of a maize plant shown below



**THINGS
WE
MAKE**

**Things
we
make
in the
commu
nity**

Lesson 17

Read and spell

Materials, strings, ropes,

Examples of play materials

-Strings

-ropes

-mats

-sand

-sticks

- balls

- dolls

- clay



ball



rope



mat



swings



doll

Activity

1. Which play material do we use for skipping?

2. List down any three examples of play materials found at school

i) _____

ii) _____

iii) _____

3. Draw these play materials

Doll	Mat	Swings	rope

4. Which play material do we use for skipping?

**THINGS
WE
MAKE**

**Things
we
make
in the
commu
nity**

Lesson 18

Read and spell the words below

kitchen ladle saucepan mortar

Things we make and use in a home

Things we use in the kitchen



Stove



plate



ladle



pot



sauce pan



pestle

and mortar

uses of things found in the kitchen

- ✓ A pot is used for keeping water and cooking food
- ✓ A ladle is used for serving sauce
- ✓ A saucepan and a stove are used for cooking
- ✓ Mortar and pestle are used for pounding.
- ✓ We serve food in the plates.

Activity

1. Fill in the missing letters

L__dle p__t __to__e __lat__

3. Name any three things used in the kitchen

i) _____

ii) _____

iii) _____

4. Give one importance of a pot at home

5. List down any two things used for cooking in a kitchen

i) _____

ii) _____

5. Draw these things used in the kitchen

ladle	plate	stove

**THINGS
WE
MAKE**

**Things
we
make
in the
commu
nity**

Lesson19

Read and spell

mattress , pillow , bed , mosquito net

Things we use in the bedroom

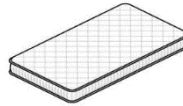
Read and spell names of things used in the bedroom

bed pillows mattress

bed sheet mosquito nets



Bed



mattress



pillow

Uses of things found in the bedroom

- ✓ Bed sheets are for covering our bodies at night
- ✓ Mattresses are for us to sleep on.
- ✓ Mosquito nets protect us from mosquito bites
- ✓ Pillows help to raise our heads when we are sleeping.

Activity

1. Fill in the missing letters to complete the given words

Pill__w b__d co__ering pro__ect

2. Name and three things we use in the bedroom

i) _____

ii) _____

iii) _____

3. Why do people need bed sheets in their homes?

4. Read and draw

Pillow	Bed	Mattress

**THINGS
WE
MAKE**

**Things
we
make
in the
commu
nity**

Lesson 20

Read and spell

cushion, television, refrigerator

Things we use in the sitting room



Chair



table



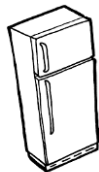
mat



cushion



Television



Refrigerator

Uses of things found in the sitting room

- ✓ A mat is for sitting on
- ✓ Television is for watching news and films
- ✓ Chairs are for sitting on
- ✓ Tables are for putting on food and other things
- ✓ A fridge is for keeping food safe

Activity

1. Name any four items we use in the sitting room

i) _____ ii) _____
iii) _____ iv) _____

2. Give the importance of the items below in a home.

3.



4. Mention any one importance of television in a home.

5. Give one reason why some homes do not have televisions

**THINGS
WE
MAKE**

**Things
we
make
in the
commu
nity**

Lesson 21

Read and spell the words below
Ornaments , footwear , trouser , skirt

Things we use for wearing.



Boots



sandals



shoe



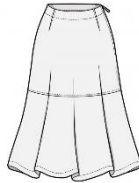
shirt



Trouser



dress



skirts



necklace



hat

Activity

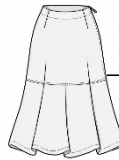
1. List down any two examples of clothes for women

i) _____

ii) _____

2. Name the things we wear drawn below.





2. Why do people wear clothes?

3. Identify any two examples of footwear.

4. Mention the type of weather managed by wearing a hat.

THINGS WE MAKE

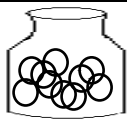
Material
Is used
for
making
things
and
their
sources

Lesson 22

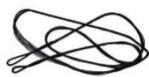
Read and spell

Beads strings leather fibre

pictures of materials we use for making things



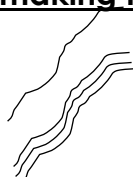
Beads



strings



clay



sisal



Straws



palm leaves



sticks

Activity

1. Name the material used for making the following items.

Pot _____ mat _____ rope _____


2. Read and draw materials used for making things

Straws	Beads	Clay

3. Name any two things we make using palm leaves

i) _____ ii) _____

4. Name one garden material used for making balls

THINGS WE MAKE	Materials used for making things and their sources	<p><u>Lesson 23</u></p> <p>Read and spell the words Bush swamp shop market</p> <p>Materials we get from the swamps; -clay -papyrus -grass – palm leaves</p> <p>Materials we get from the shop/ supermarkets -strings -beads -straws</p> <p>Materials we get from the bush or garden -Sisal -banana fibre -reeds -sticks - grass</p> <p><u>Activity</u></p> <p>1. Use the picture below and answer the questions that follow</p> <p>a) Name the material used for making the item drawn .</p> <div style="text-align: center;"></div> <p>b) Give one source of material used for making the item above</p> <p>_____</p> <p>2. Give any two materials we get from the bush</p> <p>i) _____ ii) _____</p> <p>3. Match the items to their sources</p> <table border="1"><tr><td>Straws</td><td>bush</td></tr><tr><td>Palm leaves</td><td>swamp</td></tr><tr><td>Sisal</td><td>market / shops</td></tr></table>	Straws	bush	Palm leaves	swamp	Sisal	market / shops
Straws	bush							
Palm leaves	swamp							
Sisal	market / shops							

THINGS WE MAKE	Importa nce of things we make	<p><u>Lesson 24</u></p> <p>Read and spell the words beauty culture purpose earn</p> <p>Uses of things we make at home, school and community</p> <ul style="list-style-type: none">✓ We use some things for playing-Some things are sold to get money✓ Some are used to identify culture✓ They are used for learning purposes.✓ Some add beauty to us✓ A pot can be used to keep water✓ Some are used for decoration <p><u>Activity</u></p> <p>Listen and write Cultural generate decoration</p> <p>2. Mention any four uses of things we make</p> <p>i) _____</p> <p>ii) _____</p> <p>iii) _____</p> <p>iv) _____</p> <p>3. Match the things below to their uses</p> <table><tr><td>Ornament</td><td>For playing</td></tr><tr><td>Pot</td><td>For beauty</td></tr><tr><td>Mortar/ pestle</td><td>For keeping water</td></tr><tr><td>Balls</td><td>For pounding</td></tr></table>	Ornament	For playing	Pot	For beauty	Mortar/ pestle	For keeping water	Balls	For pounding
Ornament	For playing									
Pot	For beauty									
Mortar/ pestle	For keeping water									
Balls	For pounding									

TRANSPORT IN OUR COMMUNITY

Means and uses of transport in our community

Lesson 25

Read and spell

Transport bicycle Bus cart

Means of road transport

Means of transport are things we use for moving from place to another.

Examples

-Taxi - camel -donkey -motor cycle



Bus



bicycle



Car



lorry

Road transport is the commonest type of transport in in our community.

Activity

1. Fill in the missing letters

L__rry b__s b__c__cl__

2. Name two means of road transport you know.

3. Mention the commonest type of transport in our community.

4. Draw the means of road transport given below

Car	Bicycle	Bus

5. Name any two animals used for transport

i) _____

ii) _____

TRANSPORT IN
OUR
COMMUNITY

Means
and
uses of
transport
in our
community

Lesson 26

Read and spell

Yacht canoe ferry boat

Means of water transport



Canoe



yacht



ship



boat

Water transport is the **cheapest** type of transport but also the **slowest**.

Activity

1. Mention any three means of water transport

i) _____

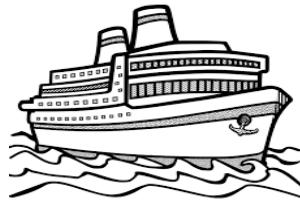
ii) _____

iii) _____

2. Name the type of transport below



3. Identify the means of water transport below





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4. Mention the type of transport used on lakes

**TRANSP
ORT IN
OUR
COMMU
NITY**

**Means
and
uses of
transpo
rt in our
commu
nity**

Lesson 27

Read and spell

aeroplane jet parachute air balloon helicopter

means of air transport



Helicopter



aeroplane



air balloon



rocket

Air transport is the **quickest** type of transport. It is used for traveling longer distances

Activity

1. Name the type of transport used to travel over longer distances

2. Mention two means of air transport

i) _____ ii) _____

3. Read and draw the means of air transport

rocket	aeroplane

**TRANSP
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OUR
COMMU
NITY**

**Means
and
uses of
transpo
rt in our
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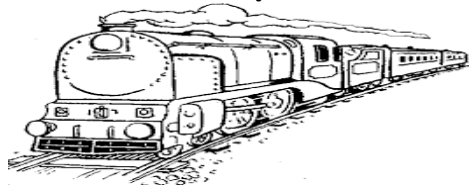
Lesson 28

Read and spell the words

train , railway , tram, carrying

Means of railway transport

A **train** is the major means of railway transport



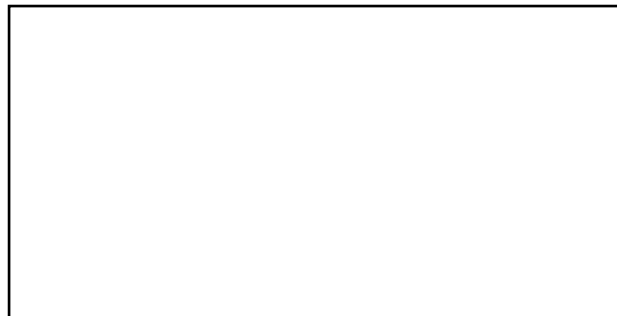
A train

Uses of transport

- ✓ For carrying people
- ✓ For carrying food
- ✓ For carrying water
- ✓ For carrying animals
- ✓ For employment

Activity

1. Draw a train as a means of railway transport



2. Give two uses of transport

i) _____
ii) _____

3. Why do some people buy cars in their homes?

Lesson 29

Read and spell the words
traffic , observe , path , mechanical

Safe ways of using the road.

- ✓ Walk in single line
- ✓ Stop on the side of the road, look right, look left and right again, if there is no car coming, then cross the road.
- ✓ Drive cars in good mechanical conditions
- ✓ Use foot paths also called pavements while walking on foot.
- ✓ Observe road signs and follow them
- ✓ Find safe places to cross the road like zebra crossing.



Activity

1. Mention any two examples of traffic rules
 - i) _____
 - ii) _____
2. Give any four safe ways of using the road
 - i) _____
 - ii) _____
 - iii) _____
 - iv) _____

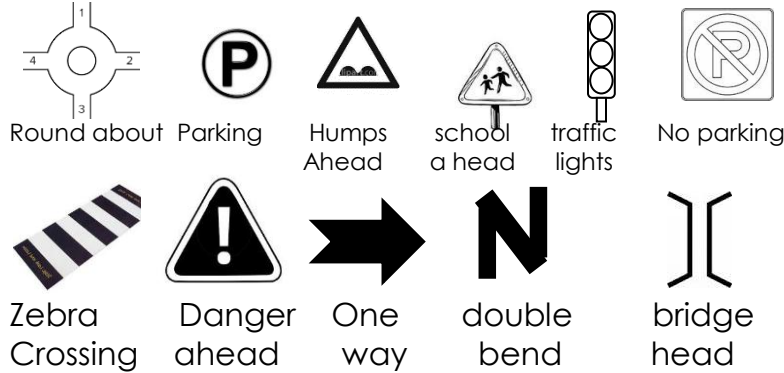
Lesson 30

Read and spell the words

Bridge , light , zebra crossing, humps

Road signs

These are things which guide people when using the road

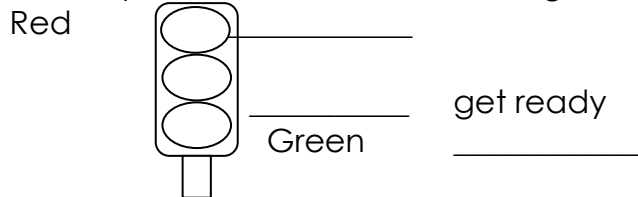


Activity

1. Draw these road signs

Zebra crossing	No parking	School ahead

2. Complete the colours of traffic lights with their meaning



3. Mention the place from where should pedestrians cross a busy road.

4. Give one importance of road signs to road users.

5. Why are humps put along busy roads in town areas?

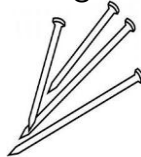
TRANSPORT IN OUR COMMUNITY	Road safety	<p><u>Lesson 31</u> Read the words below throwing dumping junction</p> <p><u>Unsafe ways of using the road</u></p> <ul style="list-style-type: none"> ✓ Driving cars in dangerous mechanical conditions ✓ Driving while drunk ✓ Playing on the road ✓ Speeding of cars ✓ Cross the road at a junction, bend and between parked cars ✓ Throwing objects on roads ✓ Dumping rubbish on roads ✓ Over loading vehicles <p><u>Activity</u></p> <ol style="list-style-type: none"> 1. Fill in the missing letters to complete the given words correctly D_mp_ng ob_ects sp_ _ ding 2. Mention any four unsafe ways of using the road <ol style="list-style-type: none"> i) _____ ii) _____ iii) _____ iv) _____ 3. Why is it dangerous to drive while drunk? _____ 4. List any three objects people throw on moving cars <ol style="list-style-type: none"> i) _____ ii) _____ iii) _____ 5. What should be done to vehicles with dangerous mechanical conditions? _____
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Lesson 32

Read and spell the words below
Electric , land-mines , disposal , pot-holes

Examples of dangerous things on the road;

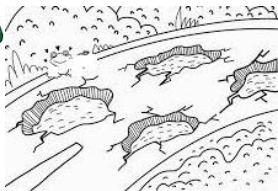
- nails
- pot- holes
- Broken bottles
- Water passages
- Falling rocks(landslides)
- broken electric wires
- water
- land-mines



Nails



broken bottle



Pot-holes

Activity

1. Name any three examples of dangerous objects on the road
2. What should be done to the roads with potholes?
3. Draw and name three examples of dangerous objects on the road?

Lesson33

Read and spell the words

Lollipop wardens police

Examples of people who help in traffic

-Teachers

-Policemen/ women

-Parents

- Lollipop men

-wardens



Policeman



Parents

Activity

1. List down any three groups of people who help in controlling traffic

i) _____

ii) _____

iii) _____

2. Draw and name any two examples of people in our community who help in controlling traffic.

ACCIDENTS AND SAFETY	Causes of accidents in our community	<p><u>Lesson 34</u> Read and spell Poison , behavior , violence , sudden</p> <p><u>Accidents</u> An accident is a sudden happening that causes harm to the body.</p> <p><u>Causes of common accidents in our community</u> -Poor housing - domestic violence -Fire -Irresponsible behavior -Poison -Medicine -Vehicles -Sharp objects</p> <p><u>Activity</u> 1. Give one danger of leaving young children to play with fire. 2. Why should you keep sharp objects out of your home compound? 3. Draw a tin for medicine at home 4. Give three causes of accidents in a home.</p>
ACCIDENTS AND SAFETY	Management of accidents	<p><u>Lesson 35</u> Read and spell the words alarm , bandage , hospital</p> <p><u>Ways of managing accidents</u> ✓ Reporting to parents ✓ Rushing the victims to the hospital ✓ Good feeding ✓ Taking medicine given by the doctor ✓ Using a bandage well ✓ Making an alarm</p> <p><u>Activity</u> 1. Mention any four ways of managing accidents i) _____ ii) _____ iii) _____ iv) _____ 2. What should a P.2 boy do when bitten by a big snake? _____ 3. Give one way of managing wounds _____ _____</p>

ACCIDENTS AND SAFETY	Management of accidents	<p><u>Lesson 36</u></p> <p>Read and spell climbing , speeding , obeying</p> <p><u>Ways of preventing accidents</u></p> <ul style="list-style-type: none"> ✓ Avoid climbing tall trees ✓ Avoid playing on the road ✓ Drive cars in good mechanical conditions ✓ Clearing bushes around our homes ✓ Avoid driving while drunk ✓ Keep medicine out of reach of children ✓ Obeying traffic rules/ road signs ✓ Avoid speeding vehicles ✓ Children should stay away from hot things <p><u>Activity</u></p> <ol style="list-style-type: none"> 1. Mention any four ways of preventing accidents <ol style="list-style-type: none"> i) _____ ii) _____ iii) _____ iv) _____ 2. Write one good habit that can help to keep away snakes from our homes _____ 3. Why should medicine be kept far away from children? _____ _____ 4. Why are very young children not allowed to cook food at home? _____ _____
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ACCIDENTS AND SAFETY	First aid concept	<p><u>Lesson 37</u> Read and spell the words casualty applying shock circuit</p> <p><u>First aid</u></p> <p>First aid is the immediate help given to a casualty.</p> <p>A casualty is a person who has got an accident.</p> <p><u>Examples of first aid</u></p> <ul style="list-style-type: none"> ✓ Applying cold pad or cold water on burns ✓ Disconnect the circuit in case of electric shock. ✓ Pinch the nose and breathe through the mouth when there is nose bleeding. ✓ Drinking a lot of cold milk / unboiled eggs when there is poisoning <p><u>Activity</u></p> <p>1. _____ is the immediate help given to a casualty.</p> <p>2. How do we call a person who has got an accident?</p> <p>_____</p> <p>_____</p> <p>3. Give any two examples of first aid.</p> <p>i) _____</p> <p>ii) _____</p>
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Lesson 38

Read and spell these words

component, scissor, razorblade, gauze

First aid box

A **first aid box** is a box where first aid tools are kept.

First aid kit

-First aid kit are items/ tools used for giving first aid

First aider.

Is a person who is trained to give first aid

Components of a first aid box

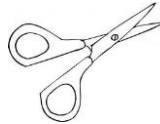
These are things found in a first aid box and are used for giving first aid.



Spirit



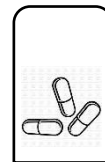
Razorblade



Scissor



syringe



tablets



Gauze



Plaster



gloves



Bandage

Activity

1. What is a first aid box?

2. _____ are things used for giving first aid

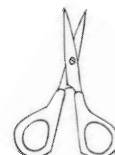
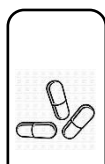
3. Name any three components of a first aid box.

i) _____

ii) _____

iii) _____

4. Name these first aid tools drawn below



ACCIDENTS AND SAFETY	First aid concept	<p><u>Lesson 39</u></p> <p>Read and spell the words</p> <p>tying , wound , plaster , injection</p> <p><u>Uses of items found in a first aid box</u></p> <p>Bandage --for holding cracked or broken parts</p> <p>Spirit --For disinfecting wounds</p> <p>Tablets -- For reducing pain</p> <p>Gloves -- for wearing when giving first aid</p> <p>Plaster --For covering injured part</p> <p>Gauze -- For protecting injured parts</p> <p>Scissor -- For cutting other first aid tools</p> <p>Syringe -- For giving injections</p> <p><u>Activity</u></p> <p>1. Give the uses of the following items in a first aid box</p> <p>Gauze_____</p> <p>Plaster_____</p> <p>2. Match items below to their uses</p> <table><tr><td>Spirit</td><td>For holding injured parts</td></tr><tr><td>Tablets</td><td>For disinfecting wounds</td></tr><tr><td>Scissor</td><td>Used to reduce pain</td></tr><tr><td>Bandage</td><td>Cuts other first aid tools</td></tr></table>	Spirit	For holding injured parts	Tablets	For disinfecting wounds	Scissor	Used to reduce pain	Bandage	Cuts other first aid tools
Spirit	For holding injured parts									
Tablets	For disinfecting wounds									
Scissor	Used to reduce pain									
Bandage	Cuts other first aid tools									