# **OSEB EDUCATIONAL CONSULT-KAMPALA**

2024



Teachers' Handbook

# P.3 LESSON NOTES



# **TERM 1 2024**

**ENJOY OUR QUALITY SERVICES** 

Name:

Class:

# STANDARD CURRICULUM



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**QUALITY WORK** 

# OSEB EDUCATIONAL CONSULT PRIMARY THREE

# RELIGIOUS EDUCATION LESSON NOTES FOR TERM 1(2024)

WEEK1: Lesson 1

THEME 1: CHRISTIANS GROW IN JESUS

TRADITIONS/ CUSTOMS

1. What are customs?

Customs are traditional practices in a society.

#### 2. Examples of traditional customs in our society

- Greeting.
- Naming twins.
- Bowing down before kings.
- Paying bride price.
- Having last funeral rites.
- Dressing
- Welcoming visitors at home.

# 3. People who teach us customs include:

- Parents
- Teachers
- Pastors
- Elders
- Grand parents

#### Activity

- 1. What term is used to mean the traditional practices of a society?
- 2. Name two traditions among the Baganda
- 3. Draw and colour yourself performing any one custom at home.

#### WEEK1: Lesson 2

# Importance of customs in our society

#### (a) Greeting;

- Creates friendship
- Sign of respect
- Makes people feel happy.

### (b) Paying bride price/wealth;

- Sign of thanks you to the girl's family.
- Sign of responsibility.
- To stabilize marriage.

# (c) Naming children;

- For identification
- Creates unity among clan members.

#### (d) Welcoming visitors;

- To show respect.
- To create friendship.

# (e) Mourning for the dead;

- Way of showing sorrow.
- Sign of love for the dead.

# Activity

- 1. Name any two customs at school.
- 2. Why we greet one another?
- 3. What do you do when you receive a visitor?

# WEEK2: Lesson 1

# **Customs in the Christian family**

1. Christian customs help to unite us in God's family

# 2. Examples of Christian customs;

- Attending church services.
- Baptism (John 1:29-34)
- Confirmation
- Holy marriage
- Fasting during lent period.

- announce of the sick section of the sick section and the sick section of the sect
  - Praying before a meal.
  - Paying tithes and offertories.

#### 3. What is the importance of baptism in Christian family?

- To wash away the original sin.
- To bring us into God's family.

#### **Activity**

- 1. Name any two Christian customs.
- 2. Which custom helps a man and woman to be husband and wife?
- 3. Why do we pay tithes and offertories?
- 4. Draw, name and colour any one Christian custom.

WEEK2: Lesson 2

Other customs we meet

1. Each society has its own customs e.g.

The Baganda bow down before their Kabaka

- 2. Why should we respect other people's customs?
- To fit in every society.
- To live happily with other people.
- To learn the behavior of other people.

# **TOPICAL TEST**

- 1. What are customs?
- 2. Give two examples of customs in your society
- 3. Why do Baganda women and girls kneel while greeting?
- 4. Mention any two Christian customs?
- 5. Of what importance is baptism to a Christian?
- 6. In which place did Jesus attend the wedding ceremony?

WEEK3: Lesson 1

#### LEADERSHIP

#### Read;

Eph 4:11-13 Mark9:33-35

# 1. What is leadership?

Leadership is a position of guiding or managing others

#### 2. Who is a leader?

- -A person given a responsibility of guiding others.
- -A leader is a person who guides or manages others.

#### 3. Examples of leaders include:

- president
- A head teacher
- Classteachers
- Head prefect

- Class prefects
- Pastors
- Bishops
- Kings

# 4. Qualities of a good leader

#### 1 Tim3:1-7

- Should lead by example.
- Should be a good listener.
- Should make good decisions.
- Should be kind
- Should not be God-fearing.
- Should be patient.

# **Activity**

- 1. Who is a leader?
- 2. Give any two characteristics of a good leader.
- 3. Who heads a church?

#### WEEK3: Lesson 2

# Levels of leadership in our society

- At different levels and places, we have different leaders

These include:

# (a)At family level;

- Father
- Mother

# (b)At school level;

- Head teacher
- Deputy head teachers

- Heads of department
- Class teachers
- Prefects etc

#### (c)At church level;

#### Read;

Eph 4:11-13

- Bishops
- priests
- Reverends
- Pastors
- Deacons and ushers

#### (d)At community level;

- L C 3 Chairperson at the sub-county level
- L C 2 Chairperson at the parish level
- L C 1 chairperson at the village level

#### (e)At clan level

- Clan head
- Lineage head
- Family heads

# **Activity**

Mention any two leaders at school.

Who heads a family?

WEEK4: Lesson 1

# 1. Examples of leaders in the Old Testament

- Abraham
- Moses
- Joshua

- Samuel
- Ruth
- Kings like David, Solomon etc

# A). ABRAHAM AS A LEADER

Gen 12:1-5

Gen22

- 1. Abraham's wife was Sarah.
- 2. They lived in a country called Haran (Ur).
- 3. God told Abraham to leave his homeland and go to another land.
- 4. Canaan was the new land God promised Abraham.

- 5. **Isaac** was the son God gave to Abraham and Sarah.
- 6. God asked Abraham to sacrifice his only son, Isaac.



7. When Abraham obeyed, God made him the grandfather of all nations.

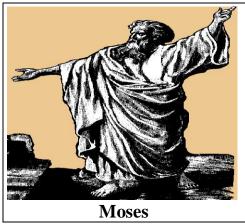
#### **Activity**

- 1. Who was the wife of Abraham?
- 2. Which land was promised to Isaac?
- 3. Why did God ask Abraham to sacrifice his son?

WEEK4: Lesson 2

b).MOSES AS A LEADER OF GOD

#### Exodus 3



- 1. Moses was a shepherd before he became a leader.
- 2. God first appeared to Moses on Mt Sinai in form of a burning bush.
- 3. Moses was told lead the Israelites from Egypt to the Promised Land.
- 4. He led the Israelites out of Egypt across the **Red sea**.
- 5. Moses died on the way because he disobeyed God.
- 6. He was buried on **Mt Nebo**.

# **Activity**

- 1. Who led the Israelites out of Egypt?
- 2. Name the water body which was crossed by the Israelites from Egypt.
- 3. In which form did God first appear to Moses?
- 4. Why didn't Moses reach the Promised Land?

WEEK5: Lesson 1

#### JOSHUA AS A LEADER OF GOD

Joshua1:1-3



- 1. Joshua succeeded Moses.
- 2. He led the Israelites across **River Jordan** to the Promised Land.
- 3. The Promised Land was called **Canaan.**

#### 4. Qualities of leaders in the Old Testament

- They were God-fearing.
- They were obedient
- They were faithful.
- They wear brave.

# **Activity**

- 1. Who lead the Israelites to the Promised Land?
- 2. Name the river which was crossed by the Israelites to the Promised Land.
- 3. What was the name of the Promised Land?
- 4. Give any two qualities of leaders in the Bible.

WEEK5: Lesson 2

#### **JESUS AS A LEADER**

Read;

Mark10:13-15 John2:13-16



- 1. How was Jesus Christ a good leader?
  - Jesus was a servant of all people.
  - Jesus treated all people fairly.
  - He was humble.
  - He was loving and caring.
  - He was obedient to the law.
  - He was God fearing.

- 1. Give two ways in which Jesus was a good leader.
- 2. What lesson do we learn from Jesus?
- 3. Mention any two qualities of a bad leader.
- 4. Draw and show Jesus with the little children

WEEK6: Lesson 1

#### **MESSENGERS OF GOD**

# How God speak to us

Isaiah6:1-10 1Sam13:1-21

- 1. Mention the ways how God speaks to us
  - Through reading the Bible
  - Using prophets, priests, pastors etc
  - Through dreams
  - Through visions
- 2. Who is a prophet?

A prophet is a messenger of God.

# 3. Examples of prophets in the Bible

- John the Baptist
- Isaiah
- Jeremiah
- Elijah
- Noah

- Joel
- Moses
- Amos
- Micah
- Ezekiel

# 4. Qualities of people chooses to be his messengers

- They are faithful
- They are trustworthy
- They are obedient

- They are not proud
- They humble

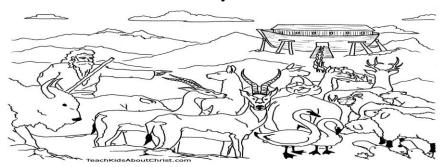
- 1. List any two way how God can speaks to us.
- 2. Who is a prophet?
- 3. Mention any three prophets in the Bible.

WEEK6: Lesson 2

#### **NOAH AS A MESSENGER**

#### Gen 6:1-8

- 1. God told Noah to build the big boat called **the Ark**.
- 2. The Ark saved Noah, his family and other creatures from the flood.



- 3. It flooded for 40 days and nights
- 4. The names of Noah's sons were:
  - a. Shem
  - b. Ham
  - c. Japheth
- 5. Noah's ark rested on Mountain Ararat.

# Activity

- 1. Who built the ark?
- 2. For how long was the flood in Noah's time?
- 3. On which mountain did the Ark rest?

WEEK7: Lesson 1

# Angels as God's messenger

#### Read:

Luke1:26-38

1. Who are angels?

Angels are heavenly messengers of God.

2. Angel Gabriel brought the message to Mary about the birth of Jesus Christ.



#### **Activity**

- 1. How is an angel different from a prophet?
- 2. Which angel brought the good news to Mary?
- 3. What do we learn from virgin Mary?

WEEK7: Lesson 2

Messages about Jesus from God's messengers

#### (a)Prophet Isaiah (Isa 53)

- He talked about the coming of Jesus.
- He said that Jesus would suffer on behalf of Christian.
- That Jesus would be beaten, wounded and killed.

# (b) **Prophet Micah** (Micah 5:2)

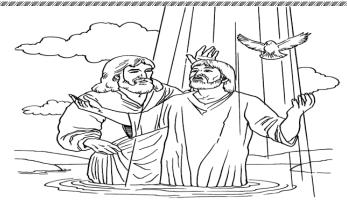
He said that Jesus would be born in the town called **Bethlehem**.

# (c) **Prophet Zechariah** (Zech 9:9)

• He also said that Jesus would go to Jerusalem on a donkey. ( a colt)

# $(d) \ \textbf{John the Baptist}$

- He was the last prophet in the Bible
- He prepare for the coming of Jesus Christ.
- He baptized Jesus at River Jordan.



JESUS' BAPTISM

- 1. Which prophet said that Jesus would beat and killed?
- 2. In which town was Jesus born?
- 3. Who baptized Jesus?
- 4. Name the river where Jesus was baptized.

#### WEEK:8 Lesson 1

#### **SORROW AND JOY IN LIFE**

#### **LENT**

Read;

Matt6:16-18

1. What is lent?

Lent is the fasting period for Christians.

- 2. Lent period lasts for forty (40) days.
- 3. Christians begin their lent on Ash Wednesday.

# 4. Reasons why Christians fast

- To repent of their sins
- To strengthen their faith
- To get blessings

# 5. What should a Christian do during lent?

- Repenting his/her sins
- Forgiving others
- Praying to God
- Reading the Bible

# **Activity**

1. What do we call the fasting period for Christians?

- 2. When do Christians begin fasting?
- 3. Mention any three things a Christian should not do during lent.
- 4. Why do Christians fast?

WEEK:8 Lesson 2

#### Jesus' stay in the wilderness

#### Read;

Luke 4:1-12

- 1. Jesus was in the wilderness for 40 days and nights.
- 2. He was fasting and praying.
- 3. He was tempted by devil or Satan.



# **Temptations given to Jesus**

- a) To turn the rock (stone) into bread.
- b) To bow down and worship the devil.
- c) To fall down from the highest point of the temple.

# **Activity**

- 1. For how long was Jesus in the wilderness?
- 2. Who tempted Jesus?
- 3. Mention any one temptation given to Jesus.
- 4. What should we do when we are tempted?

WEEK: 9 Lesson 1

#### THE HOLY WEEK

#### Read;

Mark 14 & 15

1. What was known as the **Holy week**?

It was the week in which Jesus died for our sins.

#### 2. What happened during the Holy Week?

#### a)Palm Sunday (John 12:9-19)

Jesus entered Jerusalem riding a donkey.

#### b)Holy Thursday

Jesus had the last supper with his apostles.

#### c) Good Friday

Jesus was crucified/nailed on the cross.

#### d) Easter Sunday

Jesus resurrected or rose from the dead.

# **Activity**

# Match the following correctly.

<u>A</u> <u>E</u>

Palm Sunday -Jesus rose from the dead.

Good Friday -Jesus entered Jerusalem on a donkey.

Easter Sunday -Jesus had his last supper.

Holy Thursday -Jesus was crucified.

#### WEEK:9 Lesson 2

#### THE LAST SUPPER

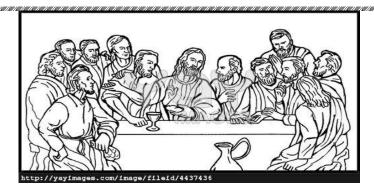
#### Read;

Luke 22:14-23

1. What was the Last Supper?

This was the last meal Jesus had with his apostles.

- 2. Jesus had the last supper on the **Holy Thursday**.
- 3. They used bread and wine during the Last Supper.
- 4. The **bread** represented the **body** of Jesus Christ.
- 5. The **wine** represented the **blood** of Jesus Christ.



5. Christians today celebrate the Lord's Supper through the **Holy Communion or Holy Eucharist**.

#### **Activity**

On which did Jesus have his Last supper? Name the two things that were used during the Last supper? What do the following represent during Holy Communion?

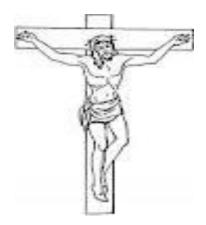
- a. the bread
- b. the wine

WEEK:10 Lesson 1

#### JESUS' CRUCIFIXION AND DEATH

#### Read;

Matthew 27; 32-53 Luke 22:14-9-23



- 1. **Judas Iscariot** betrayed Jesus while **Simon Peter** denied him 3 times.
- 2. Jesus was crucified on Good Friday.
- 3. He was crucified on the cross at a place called **Golgotha**.
- 4. What happened at Jesus' death on the cross?

- There was total darkness (an eclipse) from noon.
- The temple curtain tore into two pieces.
- There was an earth quake.
- The graves opened.
- The holy people rose up.
- **5. Joseph of Arimathea** buried the body of Jesus.

- 1. On which day was Jesus crucified?
- 2. Name the apostle who betrayed Jesus Christ.
- 3. Why is Joseph of Arimathea remembered in the Bible?
- 4. Identify any one event which happened at Jesus' death?

WEEK: 10 Lesson 2

#### **JESUS' RESURRECTION**

#### Read;

Luke 24:1-12



- 1. Jesus rose from the dead on **Easter Sunday**.
- 2. He re-appeared to Mary and the apostles.
- **3. Thomas** doubted the resurrection of Jesus Christ.
- 4. Jesus went to heaven on **Ascension Day**.
- 5. Why Jesus' death and resurrection is important to us?
  - Our sins were forgiven.
  - Christians got power over Satan, sin and death.

• Christians have hope for life after death (eternal life).

# **Activity**

- 1. Why is Easter Sunday important to Christians?
- 2. What showed that Jesus had resurrected?
- 3. Name the apostle who doubted Jesus' resurrection.
- 4. On which day did Jesus return to heaven.

THE END