

# NEAR DROWNING



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# NEAR DROWNING





**This is when a person becomes unconscious due to failure to breathe because the lungs are filled up with water**



# **Places where near drowning can occur**

- **Swimming pools**
- **In lakes**
- **In rivers**
- **Wells**
- **At dams**
- **Bathtubs filled with water**
- **Uncovered tanks having water**
- **Fish ponds**

# Swimming pools





River Pools  
CATCH THE WAVE

# Wells





# Bathtubs

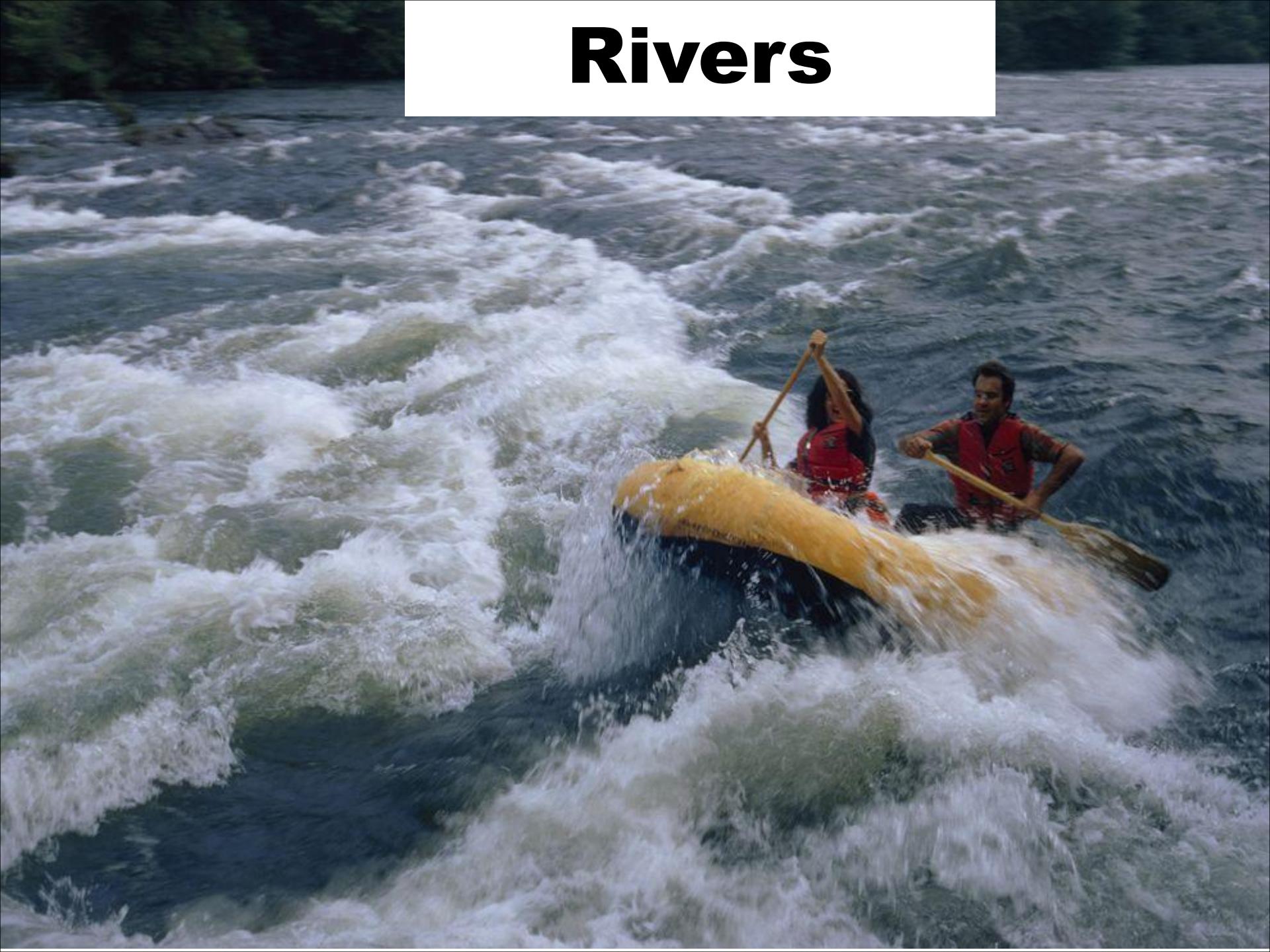




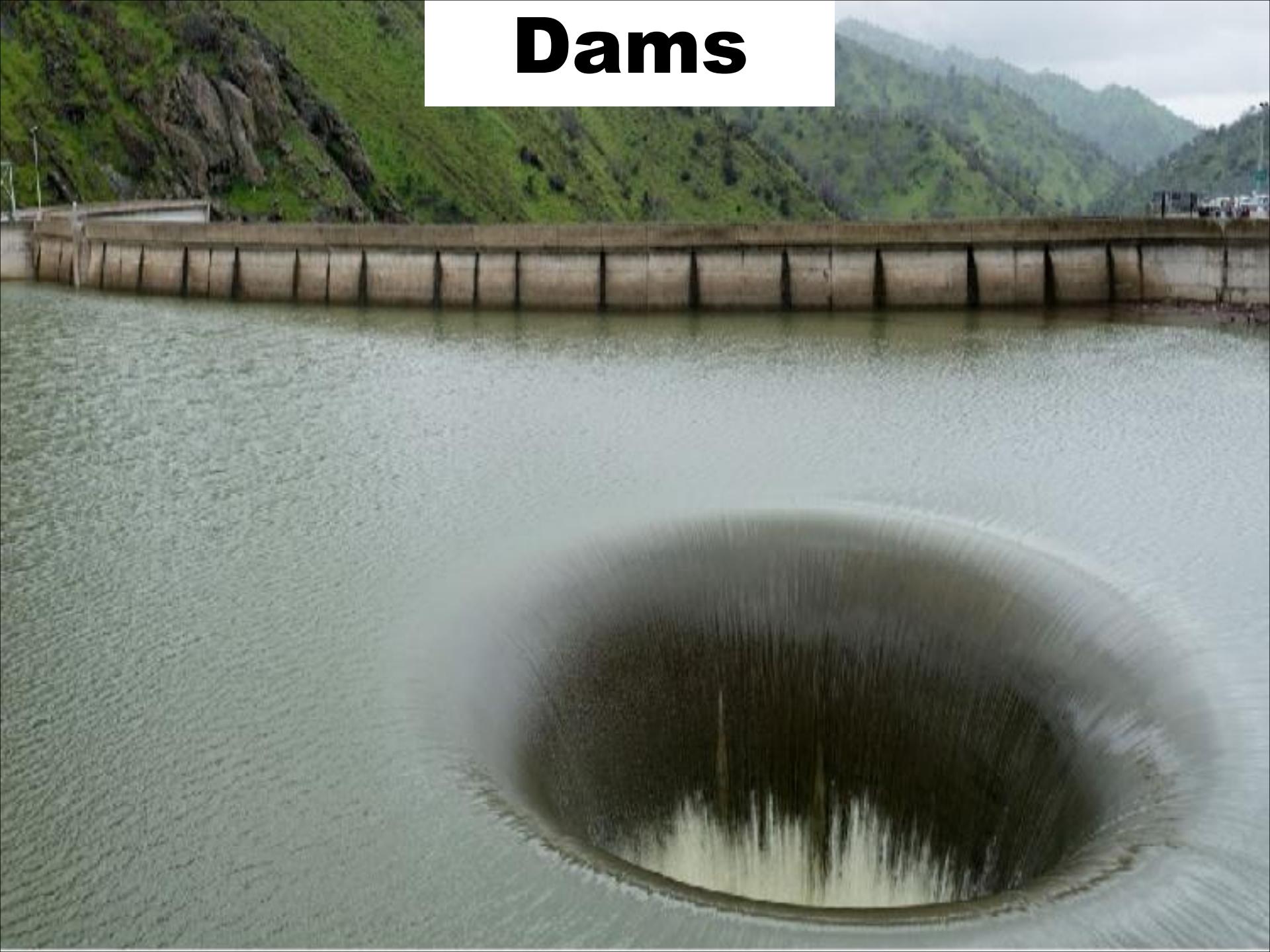
# Lakes



# Rivers



# Dams





# Water tanks



# Fish ponds



# **ACTIVITY**

- **What is near drowning?**
- **Mention any three places where near drowning may occur at home?**
- **Write in full**
  - I. ABC (as used in first aid)**
  - II. ABC (as used in family planning)**

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# FIRST AID FOR NEAR DROWNING

# Remove the victim from water



# **This must be done by a skilled person**



**In the absence of a skilled rescuer,  
shout for help**



# Shout for help



**2. Lay the person on their back and perform chest compressions**



# Perform chest compressions



### 3. Perform rescue breathing



# **Rescue breathing**



**This is also referred to as a giving a kiss of life**



**Before giving a kiss of life, ensure that  
the airways are open**

#### **4.Call for a medical worker or take the victim to the hospital**





# PREVENTION OF NEAR DROWNING

# **Prevention of near drowning**

- **By wearing a life jacket when travelling on water.**
- **By putting lifeguards around swimming pools to supervise swimming**
- **By using a lifebelt where necessary**
- **By covering water tanks properly.**
- **By joining swimming classes to acquire swimming skills.**
- **Bathtubs should not be left with water.**
- **By fencing fish ponds.**

# **Swimming pools should have lifeguards**



A person wearing a bright orange sleeveless vest stands by a swimming pool. The word "LIFEGUARD" is printed in large white capital letters across the center of the vest. A black strap with a buckle secures the vest at the waist. The person is also wearing a red fanny pack with a black strap. In the background, the blue water of the pool is visible with lane lines, and a white building with windows and a red roof is in the distance.

LIFEGUARD

# **Water tanks must be properly covered**



# Acquiring swimming skills





# **By wearing a life jacket**





YAMAHA  
200

# **By using a lifebelt**





# **By fencing fish ponds**



**Bathtubs should not be left with  
water after use.**



**Drowning is when a person dies due to failure to breathe because the lungs are filled up with water**



**NB**



**There is no first aid for drowning because  
the victim is already dead**

# **ACTIVITY**

- **Give a difference between drowning and near drowning**
- **What is the importance of the following in reference to near drowning**
  - I. A lifebelt
  - II. A lifeguard
  - III. A kiss of life
- **Why isn't it necessary to give first aid to a drowned victim?**

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