

## P.5 SCIENCE SCHEME OF WORK TERM III

## **TOPICAL BREADOWN**

### **THEME: MANAGING CHANGES IN THE ENVIRONMENT**

#### **TOPIC 1: TYPES OF CHANGES IN THE ENVIRONMENT**

- **Types of changes**
- Biological changes
- chemical changes
- Physical changes
- **Biological changes**
- Characteristics
- Examples of biological changes in plants and in animals
- **Chemical changes**
- **Characteristics of chemical changes**
- Examples of chemical changes
- **Physical changes**
- Characteristics of a physical change
- Examples of physical changes
- Changes in the states of matter
- **Effects of different changes in the environment**
- **Ways man manages the different changes**

### **THEME: SCIENCE IN HUMAN ACTIVITIES AND OCCUPATION**

#### **TOPIC 2: KEEPING GOATS, SHEEP AND PIGS**

- **The external parts of a goat**
- **Reasons why people keep goats**
- **Breeds of goats**
- Milk breeds and their characteristics
- Breeding
- The gestation period
- **Methods of grazing**
- Free range (herding)
- Tethering
- Paddocking
- Zero grazing
- Advantages and disadvantages of different methods of grazing goats
- **Keeping sheep**
- The external features of a sheep
- Reasons why people keep sheep
- Defining some of the terms used in keeping sheep
- Docking
- Lambing
- Shearing
- **Local breeds of sheep**
- Black head Persian
- Massai sheep
- Somali sheep
- **Exotic sheep**
- Breeding in sheep
- Gestation period (same as in goats)

- **Diseases in goats and sheep**
- Pneumonia, foot rot, foot and mouth disease, nagana, coccidiosis
- Their causes, spread, signs and symptoms, prevention and control
- **Piggery**
- Defining common terms used in piggery
- Piggery, utter, sow, piglet, hoof trimming, farrowing
- Identifying the types of pigs
- Exotic pigs, local pigs and their characteristics
- Examples of exotic breeds of pigs
- **Systems for keeping pigs**
- Extensive –advantages and disadvantages
- Intensive -advantages and disadvantages
- **Why house pigs**
- **Features of a good sty**
- **Care for pigs**
- Feeding
- Types of feeds
- castration
- Hoof trimming
- Tooth clipping
- deworming
- **Diseases of pigs**
- The causes, spread, signs and symptoms of different diseases of pigs.
- Prevention and control of the diseases.
- Factors one should consider when starting a livestock farm.
- **Record keeping**
- Types of records
- **Importance of record keeping**
- **Advantages of food taboos**
- **Disadvantages of food taboos**
- **Food consumption patterns in Uganda**
- central
- Western
- Eastern
- Northern

## **THEME: HUMAN HEALTH**

### **TOPIC 2: FOOD AND NUTRITION**

- **Review of food values and their deficiencies**
- **Breast feeding**
- **Advantages of breast feeding the baby**
- **To mother**
- **To the family**
- **Bottle feeding**
- **Advantages and disadvantages of breastfeeding**
- To baby
- To mother
- **Vulnerable groups of people**
- **Examples of vulnerable groups of people.**
- Traditional customs and food taboos
- **Food taboos**
- Forbidden foods
- Examples of food taboos

## **THEME: HUMAN HEALTH**

### **TOPIC 2: PRIMARY HEALTH CARE**


- This is the Essential Health Care where individuals families and communities come together to solve their health problems.
- **Elements of PHC**
- Health Education
- Food and Nutrition
- Immunisation
- Maternal and child Health Care
- Control of communicable diseases
- Environmental sanitation
- **Principles of PHC**
- Availability and affordability
- Should be acceptable
- Suitable for solving problems of people in the community.
- Ensures health for all individuals, families and all people in the community
- **Responsibilities of an individual**
- Maintain personal hygiene e.g.
- Keeping your environment clean
- **Responsibilities of family**
- Balanced diet
- Maintain family hygiene
- Immunisation of all members
- **Responsibilities of community**
- Health centres
- Protect water sources
- Repairing roads
- Rehabilitation centres
- Suitable life styles and good health practices
- living in a way that reduces the chances of getting a disease
- **Examples**
- Balanced diet
- body exercises
- Adequate rest
- washing clothes and bed sheets
- **Good health practices**
- caring for others
- reporting health problems
- Health parades
- Health committee
- Gardening, child to child
- **People with special needs**
- **How to care for people with special needs**


# PRIMARY FIVE SCIENCE SCHEME OF WORK TERM III 2023

**LEARNIG OUTCOME:** The learner is able to demonstrate basic knowledge and simple skills for managing changes in the environment.

W K	P D	THE ME	TOPI C	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
1		COMPLETION OF TERM II SYLABUS											
2	1 & 2	MAN AGIN G CHN AGE S IN THE ENVI RON MEN T	TYPE S OF CHA NGE S IN THE ENVI RON MEN T	Biolo gical chang es	-defines the term environment, change -identifies the types of changes -defines a biological change -give examples of biological	The learner; -uses sentences to describe biological changes -Gives examples -reads, pronounces -spells -recites	<b>TYPES OF CHANGES IN THE ENVIRONMENT</b> Environment- things around us. Types of environment - physical & biological Change to become different or make something different <b>Types of changes</b> -Biological changes -chemical changes -Physical changes <b>Biological changes</b> These are changes that take place in living things Characteristics -Examples of biological changes in plants and in animals	discussi on  explanat ion  guided discover y	critical thinking  creative thinking  problem solving  self esteem   empathy	Defining terms -Identifying types of change -Defining a biological change -giving examples of biological changes	Chalk board illustra tions	P.7 Curriculum page 41  Mk SCI 5  Comp SCI 5  Fountain SCI 5  Plants in the environme nt	

W K	P D	THE ME	TOPIC	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
2	3 & 4	MAN AGING CHANGES IN THE ENVIRONMENT	TYPES OF CHANGES IN THE ENVIRONMENT	<b>Chemical changes</b>	-defines chemical changes -identifies the characteristic of chemical changes -gives examples of chemical changes in the environment	The learner; - spells new words. - reads sentences about chemical changes. -tell stories about chemical changes	<b>Chemical changes</b> This is a change that is irreversible and there is a new substance formed <b>Characteristics of chemical changes</b> -examples of chemical changes Rusting, burning wood, a fuel to ash, decomposition	experimentation	critical thinking  creative thinking  effective communication  problem solving	-defining chemical changes -Identifying the characteristics of chemical changes -Gives examples of chemical changes in the environment	Paper s match sticks nails c/board illustrations	P.5 curriculum Mk SCI 5 Metals  Comp SCI 5  Fountain SCI 5	
2	5 & 6  1 & 2			<b>Physical changes</b>	The learner; -defines a physical change -mentions the characteristics of a physical change -gives examples of physical change	The learner; -explores and draws conclusions about physical changes -tells stories about physical changes - reads words and sentences about physical changes.	<b>Physical changes</b> This is a change where there is no new substance formed and is reversible. -characteristics of a physical change -examples of physical changes -> changes in the states of matter -> landslides ->earth quakes -> placement faulting	discussion  guided discovery  experimentation  project on	critical thinking  creative thinking  effective communication  problem solving	-Describing the physical changes -mentioning the characteristics of a physical change -giving examples of a physical change.	Source of heat Water in a kettle Bottle with cold water	P.5 curriculum page 42 Mk SCI 5  Fountain SCI 5  Comp. SCI 5  Environment	
3	3 & 4			<b>Effects of different project in the environment</b>	The learner; -explains the effects of the various changes to animals and plants. -gives ways in which man can manage the different	The learner; writes words and sentences about how man can handle different changes in the environment	<b>Effects of different changes in the environment</b> -increase in size -increase in temperature -mountain formation - Rain formation -Displacement of people <b>Ways man manages the different changes</b> -digging trenches	project on	self esteem  empathy	Giving ways in which man can manage the different changes in the environment	Chalk board illustrations	P.5 curriculum page 42 MK SCI 5  Fountain SCI 5  Comp. SCI 5	

					changes in the environment		-evacuation -afforestation -Body care and guidance					Our environment	
<b>LO: The learner is able to demonstrate scientific knowledge and skills necessary for keeping bigger animals and to start and manage animal keeping project.</b>													
W K	P D	THE ME	TOPIC	S/TOPIC	COMPETENCES		CONTENT	METHOD S/TECHNIQUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	RE M
					SUBJECT	LANGUAGE							
3	5 & 6	SCIENCE IN HUMAN ACTIVITIES AND OCCUPATIONS	KEEPING GOATS SHEEP AND PIGS	Goat keeping	The learner; -draws and labels the external parts of a goat. -states reasons why people keep goats	The learner; -writes, draws reads, spells the new terms in goat keeping.	<b>The external parts of a goat</b>  <b>Reasons why people keep goats</b> -meat, milk, skins, manure, social function	project on  project on  discussion  explanation	effective communication  decision making  critical thinking	-Drawing and labeling the external parts of a goat  -stating reasons why people keep goats	Chart project of goats  Goat	P.5 curriculum page 44 Textbooks  Mk SCI 5  Fountain SCI 5	
4	1 & 2			Breeds of goats	The learner; identifies the breeds of goats -states the gestation period of a goat. -states the signs of heat in goats	The learner; describes the breeds of goats -pronounces -spells -recites some lines about goats	<b>Breeds of goats</b> -milk breeds and their characteristics -milk breeds and their characteristics Breeding -The gestation period of a goat 5 months -signs of heat in goats	guided discovery think pair share		Identifying the breeds of goat -stating gestation period of a goat -Identifying signs of heat in goats	Chalk board illustrations Goats pictures	P.5 curriculum page 44 Mk SCI 5 Fountain SCI 5 Comp. SCI 5	
4	3 & 4			project of grazing goats	The learner; -states the systems and methods of grazing goats	The learner; uses sentences to give the advantages and disadvantages of the system of grazing	<b>Methods of grazing</b> -Free range (herding) -tethering -paddock -zero grazing -Their advantages and disadvantages			Stating the systems and methods of grazing goats	The goat at school	P.5 curriculum page 44 Mk Sci 5 Fountain SCI 5 Comp SCI 5	

W K	P D	THE ME	TOPIC	S/TOPIC	COMPETENCES		CONTENT	METHOD S/TECHNIQUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
4	5 & 6	SCIENCE IN HUMANS AND OCCUPATION	KEEPING GOATS SHEEP AND PIGS	Sheep	The learner; -draws and identifies the external features of sheep	The learner; -reads, spells names parts of a sheep	<b>Keeping sheep</b> The external features of a sheep  -Reasons why people keep sheep -Defining some of the terms used in keeping sheep -docking -lambling -shearing	guided discussion       project ion   brain storming	effective communication  decision making  critical thinking	Drawing and naming the external features of a sheep	Pictur e in text books  Chart  Chalk board illustrations	P.5 curriculum page 44  MK SCI 5  Comp SCI 5  Fountain SCI 5	
	1 & 2			Breeds of sheep	The learner; -gives examples of i)local breeds of sheep ii)exotic breeds of sheep -states the gestation period of a sheep.	The learner; -tells stories about sheep - spells new words - reads sentences about breeds of sheep.	<b>Local breeds of sheep</b> -Black head Persian -Maasai sheep -Somali sheep <b>b)Exotic sheep</b> -merino -Romney marsh -corriedale, Hampshire down Breeding- (Same as in goats) Gestation period (same as in goats)			Giving examples of i)local sheep ii) exotic sheep -> Stating the gestation of sheep.	Chalk board illustration	P.5 curriculum page 44  MK SCI 5  Science Comp. SCI 5  Fountain SCI 5	
	3 & 4			Diseases in goats and sheep	The learner; identifies the common diseases attack sheep and goats	The learner; - discusses the causes, signs/symptoms preventive	<b>Diseases in goats and sheep</b> Pneumonia, foot rot, foot and mouth disease, nagana, coccidiosis			Identifying the causes, signs/symptoms Preventive measures of	Chalk board illustrations	P.5 curriculum page 44	



					-identifies the causes, spread -suggests ways of prevention and control	measures of diseases in sheep	-Their causes, spread signs and symptoms, prevention and control			diseases in sheep and goats			
W K	P D	THE ME	TOPIC	S/TOPIC	COMPETENCES		CONTENT	METHOD S/TECHNIQUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	RE M
					SUBJECT	LANGUAGE							
5	5 & 6	SCIENCE IN HUM AN ACTIVITIES AND OCCUPATIONS	KEEPING GOATS SHEEP AND PIGS	Piggery	The learner; -defines the terms used in piggery -piggery, litter, sow farrowing, piglet, hoof trimming -identifies the types the pigs	The learner; - reads, spells draws -names the types of pigs	<b>Piggery</b> Defining common terms used in piggery -piggery, utter, sow, piglet, hoof trimming, farrowing -Identifying the types of pigs Exotic pigs, local pigs and their characteristics Examples of exotic breeds of pigs Large white, land race wassex, saddle bade	guided discussion  discovery  explanation  project on	effective communication  decision making  critical thinking	-Defining the terms used in piggery -Identifying the types of pigs	Chalk board illustration	P.5 curriculum page 44  Mk SCI 5  Fountain SCI 5  Comp. SCI 5	
	1 & 2			Systems of keeping pigs	The learner; -names the systems used in keeping pigs -states the advantages and disadvantages -states the reasons why people house pigs -identifies the features of a good sty	The learner; - writes words and sentences about systems of keeping goats.	<b>Systems for keeping pigs</b> -extensive –advantages and disadvantages -Intensive-advantages and disadvantages <b>Why house pigs</b> -To protect them from harsh weather -to prevent them from straying <b>-Features of a good sty</b> -dry and warm -slanting floor -well ventilated	project ion		-Naming the systems used in keeping pigs -stating the advantage and disadvantages -stating reasons why people keep pigs -stating the features of a good sty	Chalk board illustration	P.5 curriculum page 44  Mk SCI 5  Fountain SCI 5  Comp. SCI 5	
6	3 & 4			Caring for pigs	The learner; states and defines the activities done	The learner; - explains how we can care for pigs	<b>Care for pigs</b> - Feeding – Types of feeds -castration -Hoof trimming -Tooth clipping			States and defines ways of caring for pigs		P.5 curriculum page 44	

					when caring for pigs		-deworming						
W K	P D	THE ME	TOPI C	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
6	5 & 6		KEEPING GOATS SHEEP AND PIGS	Diseases of pigs	The learner; -identifies the diseases that attack pigs -state the causes spread, signs /symptoms and prevention/control	The learner; - spells new words - writes sentences about piggery projects	Diseases of pigs i) Anthrax ii) foot rot iii) swine fever iv) Foot and mouth disease v) pneumonia v) Hog cholera, piglet anaemia  The causes, spread, signs and symptoms -prevention and control of the diseases	effective communication  decision making  critical thinking	guided discovery  discussion  explanation	Identifying the diseases that attack pigs -stating the causes, signs/symptoms, prevention and control	Chalk board illustration	P.5 curriculum page 44-45  Mk SCI 5  Comp. SCI 5  Fountain SCI 5	
	1 & 2			Starting a piggery project	The learner; -mentions the points one should consider when starting a livestock farm -defines record keeping farm records -identifies the types of farm records -states the importance of record keeping	The learner; - spells new words - writes sentences about piggery projects.	Factors one should consider when starting a livestock farm. Land, labour, capital, market <b>Record keeping</b> *Types of records -health -breeding -inventory -production <b>Importance of record keeping</b> -show profits and losses -Farmers fairly taxed -Farmers plan for the farm	effective communication  decision making  critical thinking	guided discovery  discussion  explanation	-Mentioning the points one should consider before starting a livestock farm -Defining record keeping -farm records	Chalk board illustration	P.5 curriculum page 45  MK SCI 5  Comp. SCI 5  Fountain SCI 5  Examples of records (sample)	
LO: The learner is able to use scientific knowledge about food and nutrition for proper growth and development.													
7	3 & 4	HUMAN HEALTH	FOOD AND NUTRITION	Review of food values and	The learner; -identifies the food values. -gives their importance	The learner; explains the importance of the food values and	FOOD AND NUTRITION	effective communication	discussion  explanation	-identifying the food values -curing their importance	Chalk board illustrations	P.5 curriculum page 46  Mk SCI 5	

W K	P D	THE ME	TOPI C	S/TOP IC	COMPETENCES		CONTENT			METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE									
7	4	HUMAN HEALTH	FOOD AND NUTRITION	Their deficiencies	-mentions the deficiency diseases	gives the deficiency  recite rhymes about food	Carbohydrates	Provide energy	Marasmus	decision making  critical thinking	illustration  observation  brain storming	-mentions their deficiency diseases	Real objects	Fountain SCI 5  Comp. SCI 5  Foods	
							Mineral salts								
							Iodine	Muscle development	Goitre						
							Iron	Formation of blood	Anaemia						
							Vitamin A	Eye sight	Night blindness						
							Vit B	Good nerves	Beriber						
							Vit C	Healthy gums	Scurvy						
7	5 & 6	HUMAN HEALTH		Breast feeding	The learner; -defines breast feeding -gives the advantages of breast feeding to i) baby ii) mother iii) family	The learner; - spells new words  sings songs about breast feeding	<b>Breast feeding</b> -Breast feeding is when the baby sucks breast milk from the mothers breast. <b>Advantages of breast feeding the baby</b> -provides antibodies -at the required temp -Provides nutrients -clean <b>To mother</b> -improves nutrition -cheap, saves time -delays next pregnancy <b>To the family</b> - cheap, delays next pregnancy	effective communication  decision making  critical thinking	discussion  explanation  illustration  observation	-Defining breast feeding -giving the advantage of breast feeding to a) baby b) mothers	Feeding bottles  Milk	P.5 curriculum page 46  Mk SCI 5  Fountain SCI 5  Comp. SCI 5			
8	1 & 2		Bottle feeding	The learner; -defines bottle feeding -gives the advantages of	The learner; role plays bottle feeding	<b>Bottle feeding</b> -This is when a baby is fed on cow milk using a bottle. <b>-Advantages and disadvantages</b>			-defining bottle feeding -giving the advantage and disadvantages	Drinking bottle	P.5 curriculum page 46  MK Sci 5				

W K	P D	THE ME	TOPIC	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
8	1 & 2	HUMAN HEALTH	FOOD AND NUTRITION	<b>Bottle feeding</b>	bottle feeding to baby and mother -gives disadvantages of bottle feeding to baby mother	The learner; - spells words writes sentences about vulnerable groups of people	ii) To baby iii) To mother	discussion  explanation	effective communication  self awareness	of bottle feeding	Chalk board illustration	Fountain SCI 5	
8	3 & 4			<b>Vulnerable groups of people</b>	The learner; -defines vulnerable groups of people -gives examples of vulnerable groups of people and the main foods they need	The learner; - spells words - writes sentences about vulnerable groups of people	<b>Vulnerable groups of people</b> -These are groups of people who are easily hurt due to lack of a balanced diet. <b>Examples of vulnerable groups of people.</b> *Breast feeding mothers and their babies *Pregnant mothers- (their foods) *The weaning babies *The sick /invalid /convalescent *the elderly	discussion  explanation  guided discovery  brain storming	effective communication  self awareness  creative thinking  self esteem	-Defining vulnerable groups of people -Giving examples of vulnerable groups of people	Chalk board illustrations	P.5 curriculum page 47  Mk SCI 5  Fountain SCI 5  Comp. SCI 5	
8	5 & 6			<b>Food taboos</b>	The learner; -gives examples of traditional customs about food -defines food taboos and gives examples	The learner; -explains the different food taboos and traditional customs about food. -tells stories about food taboos	Traditional customs and food taboos -Rewarding one who helps in harvesting with food -One kneels when peeling food. <b>Food taboos</b> -Forbidden foods Examples of food taboos -Moslems don't eat pork Catholics don't eat beef		critical thinking  problem solving	Giving examples of traditional custom about food -defining food taboos -giving examples	Samples of food	P.5 curriculum page 47  MK SCI 5  Fountain SCI 5  Comp. SCI 5	

W K	P D	THE ME	TOPI C	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
9	1 & 2	HUMAN HEALTH	FOOD AND NUTRITION	Food consumption pattern	The learner; -gives the advantages and disadvantages of food taboos -discusses the food consumption patterns in Uganda	The learner; -dramatises food taboos -tells stories about food taboos	<b>Advantages of food taboos</b> *They create respect for food and culture *They help to conserve some plants and animals in the environment *they reduce extinction for some organisms <b>Disadvantages</b> - Malnutrition <b>Food consumption patterns in Uganda</b> - central Western Eastern Northern	discussion  explanation  guided discovery  observation  dramatisation	self awareness  self esteem  empathy  problem solving  critical thinking	-Giving the advantage and disadvantages of food taboos -Discussing food consumption patterns in Uganda	Chalk board illustration	P.5 curriculum page 47	
<b>LO: The learner is able to apply knowledge of the elements and principles of PHC for an improved quality of life.</b>													
9	3 & 4	HUMAN HEALTH	PRIMARY HEALTH CARE	Elements of P.H.C	The learner; -writes PHC in full -explains what primary health care is -identifies and explains the elements of PHC	The learner; describes what PHC is, its elements and its principles -learner explains how	<b>PRIMARY HEALTH CARE</b> -This is the Essential Health Care where individuals families and communities come together to solve their health problems. 2) Elements of PHC *Health Education *Food and Nutrition *Immunisation *Maternal and child Health Care *control of communicable diseases *Environmental sanitation	discussion  explanation  guided discovery  observation  dramatisation	self awareness  self esteem  empathy  problem solving  critical thinking  decision making	-writing PHC in full  -Explaining what PHC is -Identifying the elements of PHC	Chalk board illustration	P.5 curriculum page 49 Mk SCI 5  Comp. SCI 5  Fountain SCI 5  Our environment	
9	5 & 6			Principles of PHC	The learner; -identifies and explains the principles of PHC	The learner; - uses sentences to explain the principles of PHC -sings songs about PHC	<b>Principles of PHC</b> i)Availability and affordability ii) Should be acceptable iii)suitable for solving problems of people in the community.	role play		-Explaining the principles of PHC	Chalk board illustration	P.5 curriculum page 49 Mk SCI 5	

							iv)Ensures health for all individuals, families and all people in the community	gallery walk				Comp SCI 5 Fountain SCI 5	
W K	P D	THE ME	TOPI C	S/TOP IC	COMPETENCES		CONTENT	METHOD S/TECHNI QUES	IND. OF L/SKILLS & VALUES	ACTIVITY	IMS	REF	R E M
					SUBJECT	LANGUAGE							
10	1 & 2	HUMAN HEALTH	PRIMARY HEALTH CARE	Activities in PHC	The learner; - mentions and explains the activities in PHC a)individual b)family c)community	The learner; -sings songs -recites poems about health	<b>Responsibilities of an individual</b> -Maintain personal hygiene e.g. -Keeping your environment clean <b>Responsibilities of family</b> -balanced diet -Maintain family hygiene -immunisation of all members <b>Responsibilities of community</b> -Health centres, -protect water sources -Repairing roads, -rehabilitation centres	discussion	self awareness  empathy  problem solving	-identifying the roles of individuals families and communities in PHC	Chalk board illustration	P.5 curriculum page 49  Comp. SCI 5  MK SCI 5  Fountain SCI 5	
	3 & 4			Suitable life styles	The learner; identifies the suitable life styles and good health practices	The learner; -sings -recites rhymes about healthy lifestyles	Suitable life styles and good health practices -living in a way that reduces the chances of getting a disease <b>Examples</b> -Balanced diet -body exercises -Adequate rest -washing clothes and bed sheets	discussion	self awareness  empathy	-Identifying the suitable life styles and good health practices	Chalk board illustration	P.5 curriculum page 49  Mk SCI 5  Comp. SCI 5  Fountain SCI 5	
	5 & 6			Good health practices	The learner; - mentions and explain good health practices	The learner; -role play -reciting	<b>Good health practices</b> -caring for others -reporting health problems -Health parades -Health committee	explanation	problem solving	-mentioning the good health practices	Chalk board illustration	P.5 curriculum page 49 MK SCI 5	
			PRIMARY HEALTH CARE		The learner; - mentions and explain good health practices	The learner; -role play -reciting	-Gardening, child to child	guided discovery	critical thinking  decision making	mentioning the good health practices	Chalk board illustration	Comp. SCI 5 Fountain SCI 5	
11	1	HUMAN HEALTH	People with special needs	The learner; identifies people with special needs -gives ways of caring for people with special needs	The learner; -writes words, sentences about caring for people with special needs -tells stories -recites poems	<b>People with special needs</b> -The sick -the elderly' -the disabled (PWD) -The young <b>How to care for people with special needs</b> -medication -protection -nutrition -hygiene	-identifying people with special needs -Giving ways f caring for people with special needs			Chalk board illustration	P.5 curriculum page 49  Mk SCI 5  Comp. SCI 5  Fountain SCI 5		
11		REVISION AND END OF TERM III EXAMINATIONS 2023											

