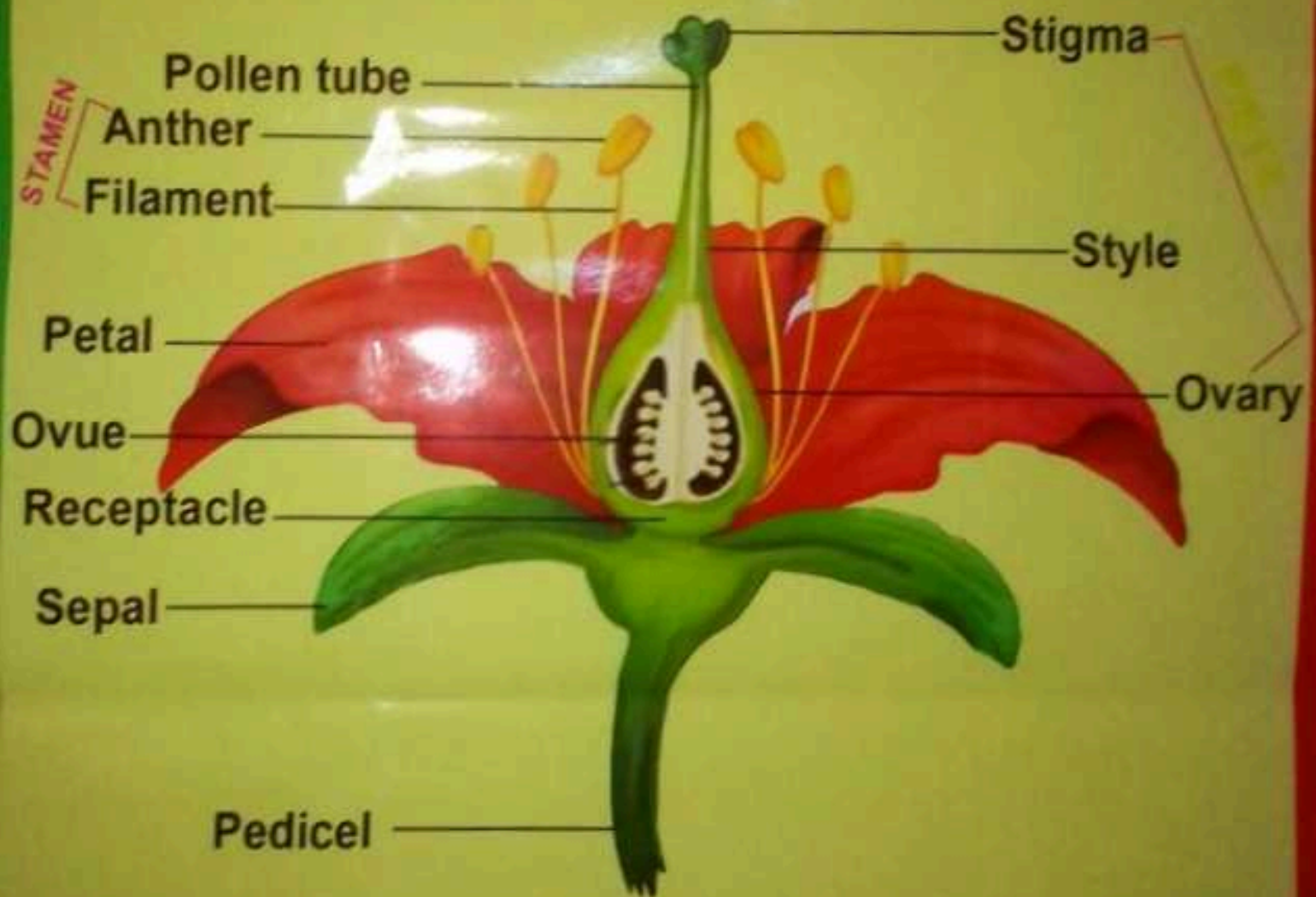


# FISH

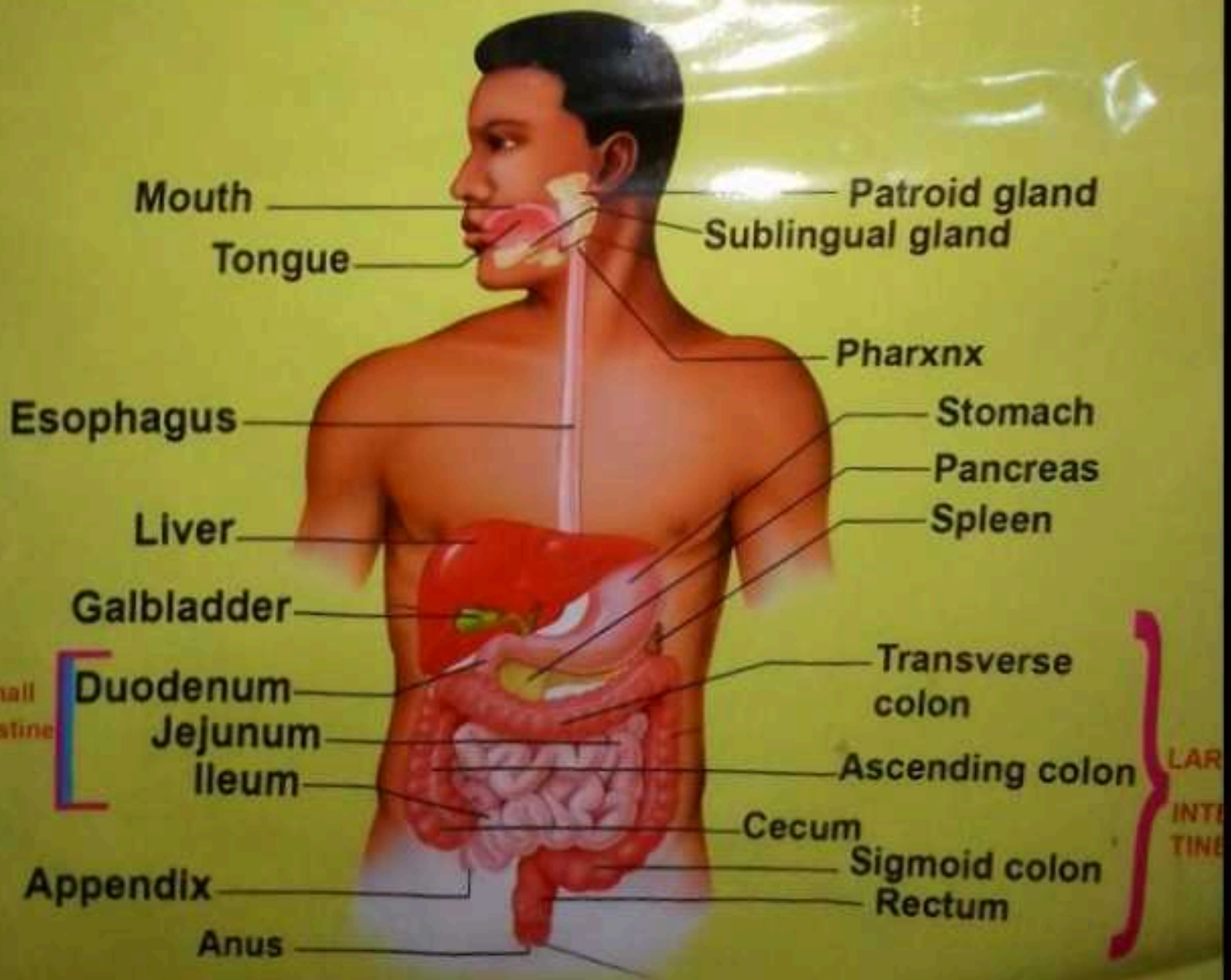


# FLOWER



THE RECEPTACLE

# THE DIGESTIVE SYSTEM

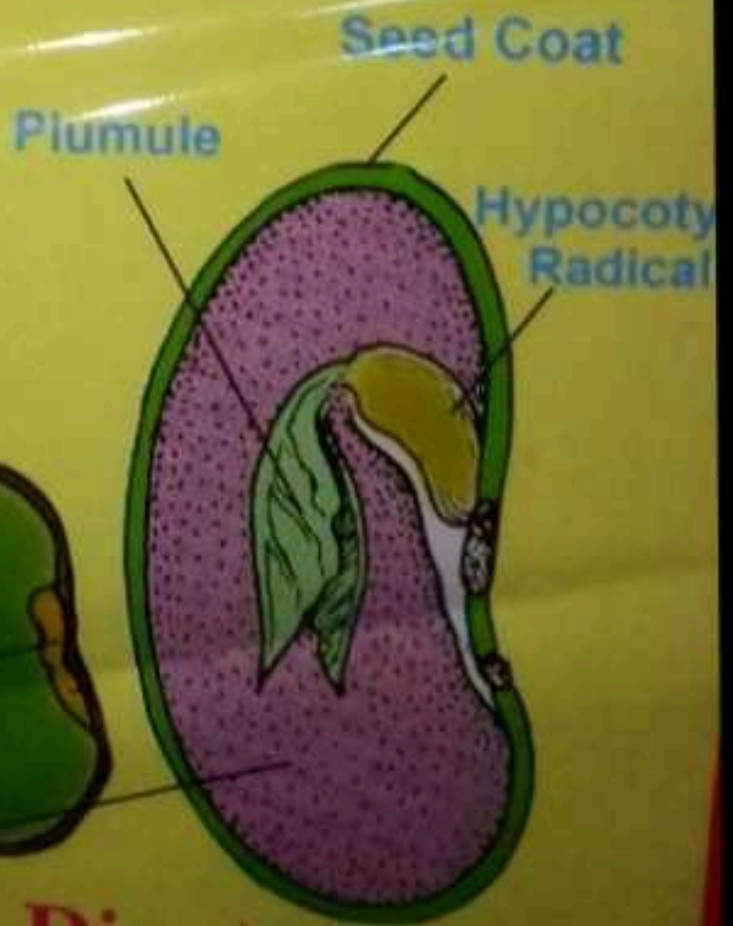




# SEEDS



**Monocot**

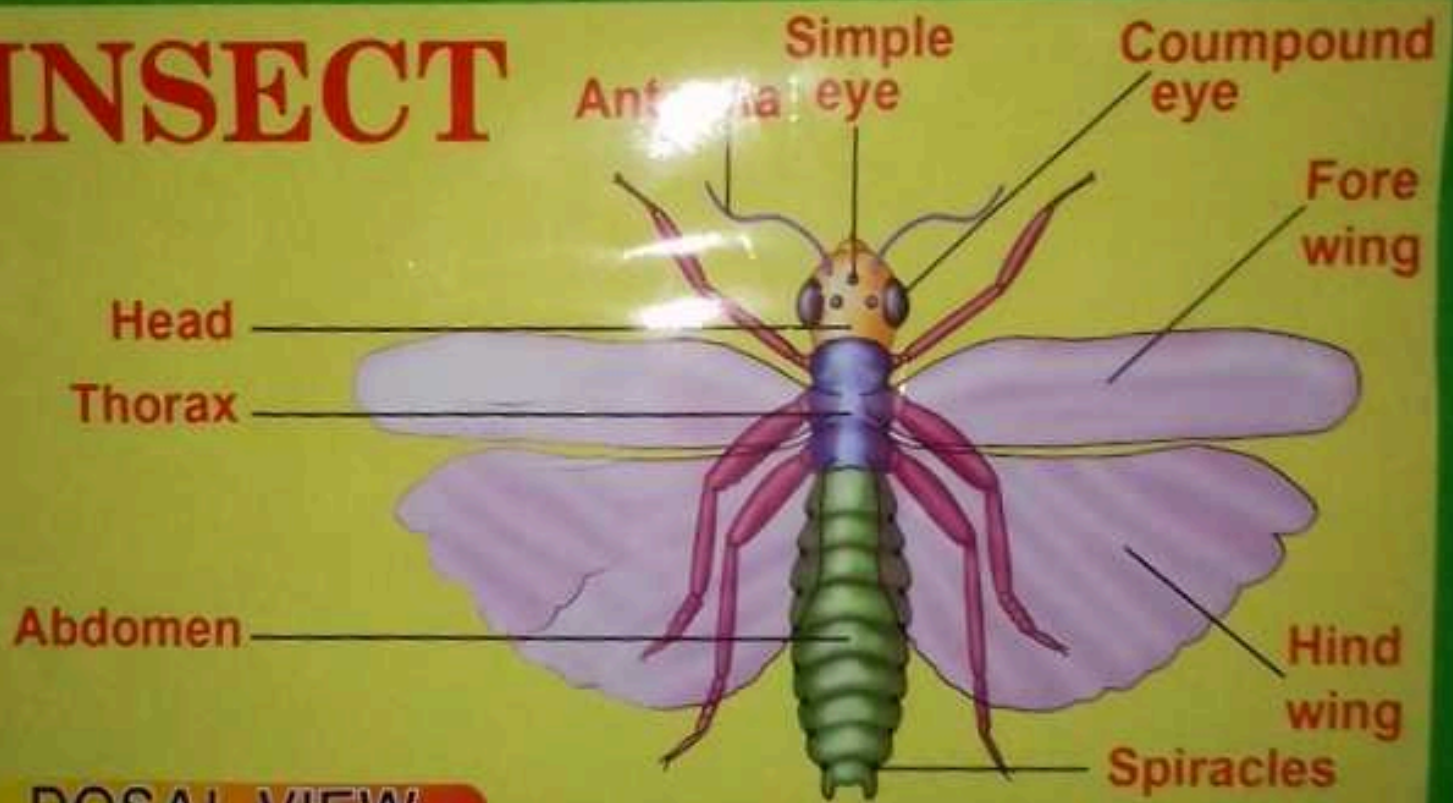


**Dicot**

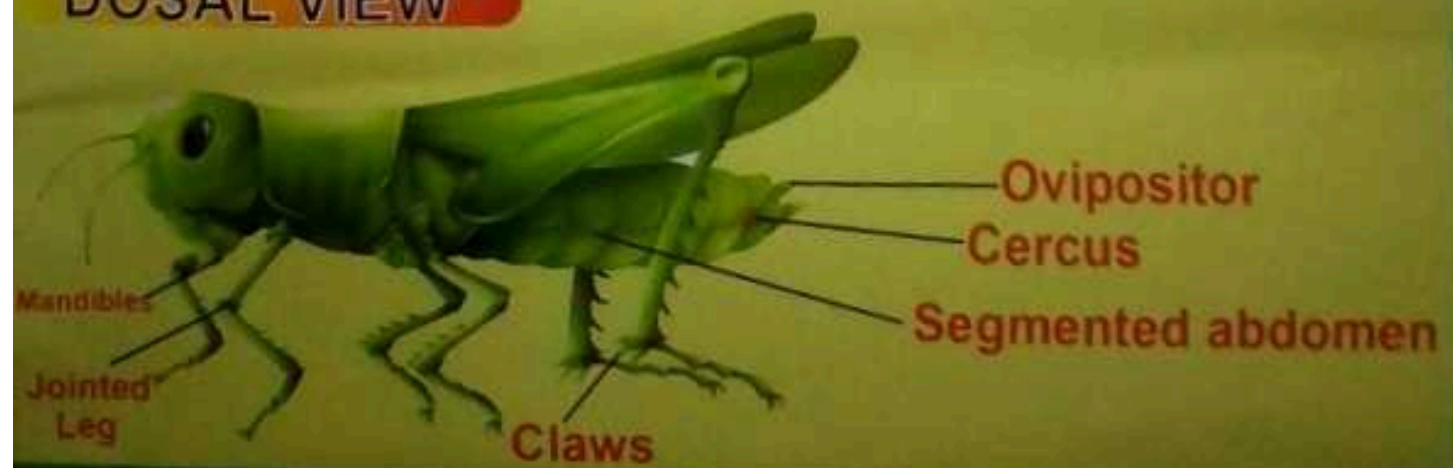
Hilum

Cotyledon

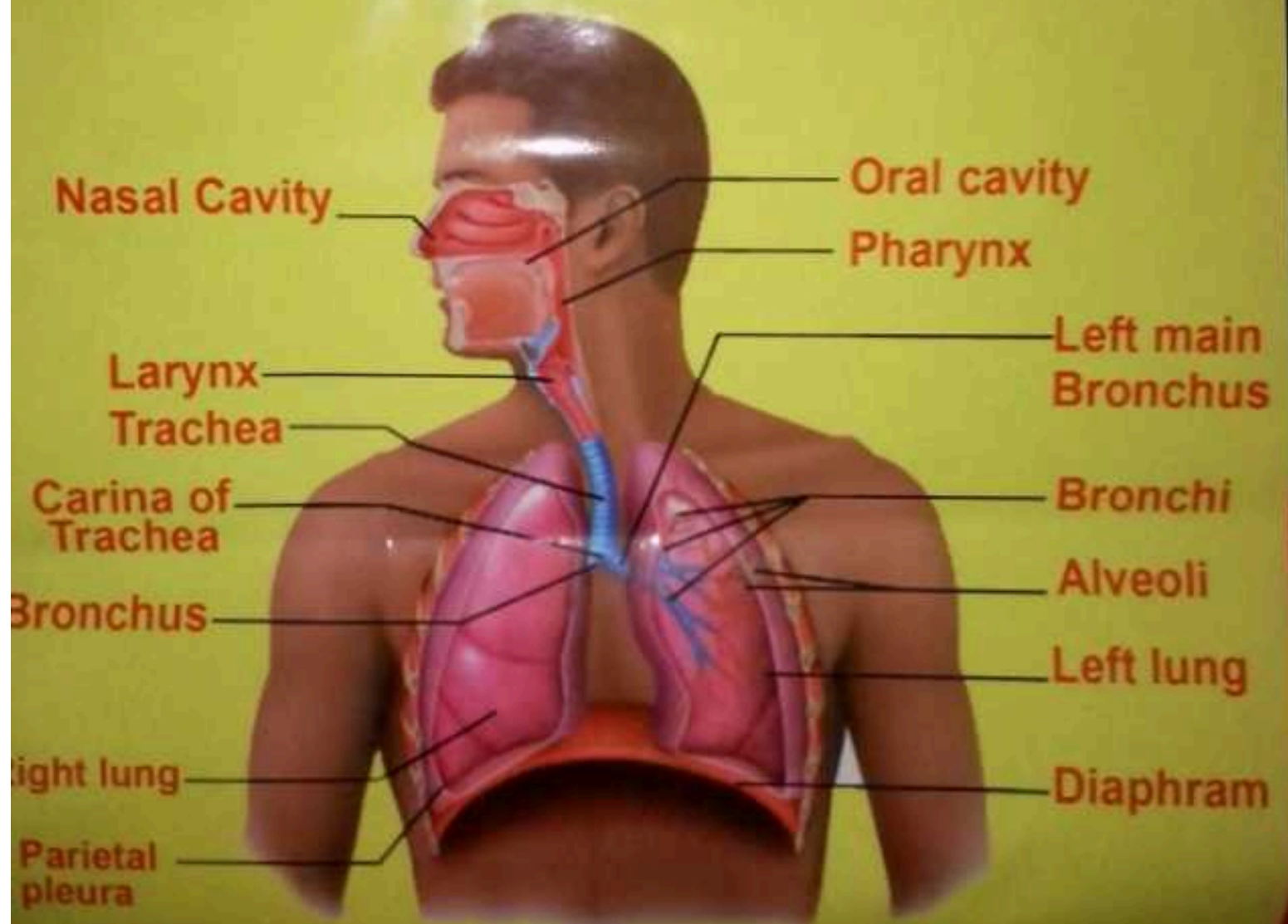
# INSECT



## DORSAL VIEW



# THE RESPIRATORY SYSTEM





# FRUITS

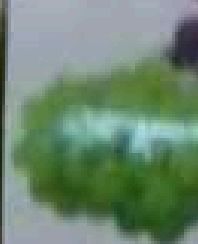
Banana



Apple



Grap



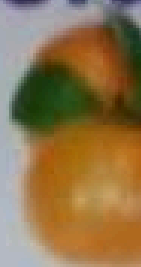
Groundnut



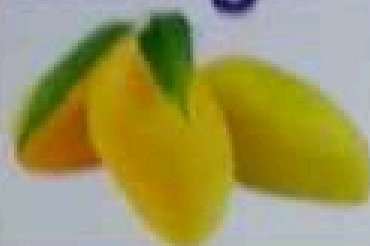
Coconut



Ora



Mango



Corn



Pe



Mandarin



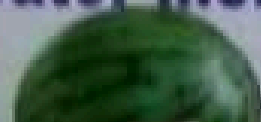
Cashew



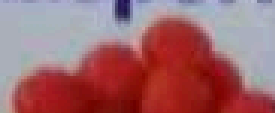
Le



Water melon



Raspberry



Pinea



**ES: Organ meats, Eggs, Nuts  
Whole Grain**

**SOURCES: Table of  
Fish, Eggs**

# HUMAN SKELETON





# VEGETABLE

**Tomato**



**Onion**



**G**



**Potatoes**



**Beans**



**Pe**



**Lettuce**



**Celtuce**



**Sor**



**Celery**



**Pok choy**



**Escarole**



**Pumpkin**



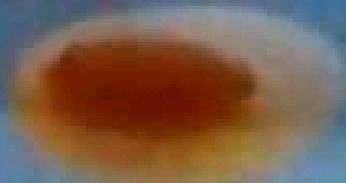
**Spin**



# VITAMINS

## Vitamin A

For good vision



**SOURCES:** Organ meats, Cheese, Egg Yolk, Yellow, Fruits, Green vegetables

## Vitamin B1 (Thiamine)

For energy

**SOURCES:** Legumes, Products, Milk, Egg

## Vitamin B2 (Riboflavin)

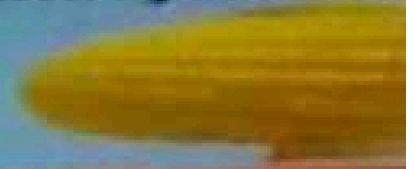
Aids digestion



**SOURCES:** Organ meats, Milk, Eggs, Whole Grain, Vegetables

## Vitamin B6 (Pyridoxine)

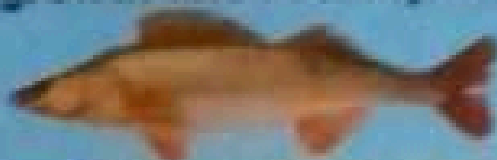
Protects against disease



**SOURCES:** Red meats, Liver, Whole Grain

## Vitamin B12

For growth and development



**SOURCES:** Organ Meats, meats, Milk, Cheese Eggs, Fish

## Vitamin D

For strong teeth

**SOURCES:** Eggs, Milk, Fish, Vitamin D

## Vitamin C (Ascorbic Acid)

For healthy gums and bones



**SOURCES:** Green Vegetables, Potatoes, Melons, Citrus Fruit

## Folic Acid (Folate)

Assists building of protein

**SOURCES:** Green Vegetables, Grains, Legumes

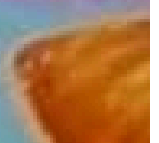
## Vitamin E

For protection of body cells



## Niacin (Nicotinic Acid)

Essential for healthy skin



# MINERAL

## Calcium

For strong teeth and healthy bones



**SOURCES:** Milk, Broccoli, Cabbage, Oysters, Salmon

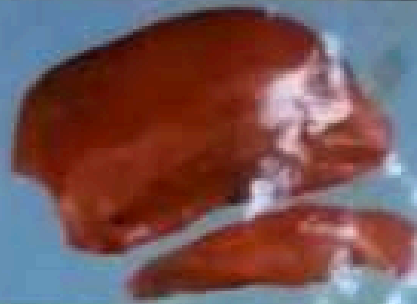
## Chlorine

## Fluorine

Protects against demineralization

**SOURCES:** Fish, Fruits, Foods

## Copper



**SOURCES:** Liver, Shellfish, Nuts, Legumes, Whole Grains

## Iodine

Aids in synthesizing hormones of the thyroid glands



**SOURCES:** Iodised Salt; Sea food.

Formation of blood cells

**SOURCES:** Organ meat, Legumes,

## Magnesium

For bone growth and energy



**SOURCES:** Legumes, Nuts, Whole Grains, Vegetables, Fruits

## Potassium

Regulates fluid balance

**SOURCES:** Meat, Potatoes, Fruits, Vegetables

## Phosphorus

For nerve and muscle function



## Zinc

Aids digestion, body functions

## **TYPES OF TEETH**



**Incisor**



**Canine**



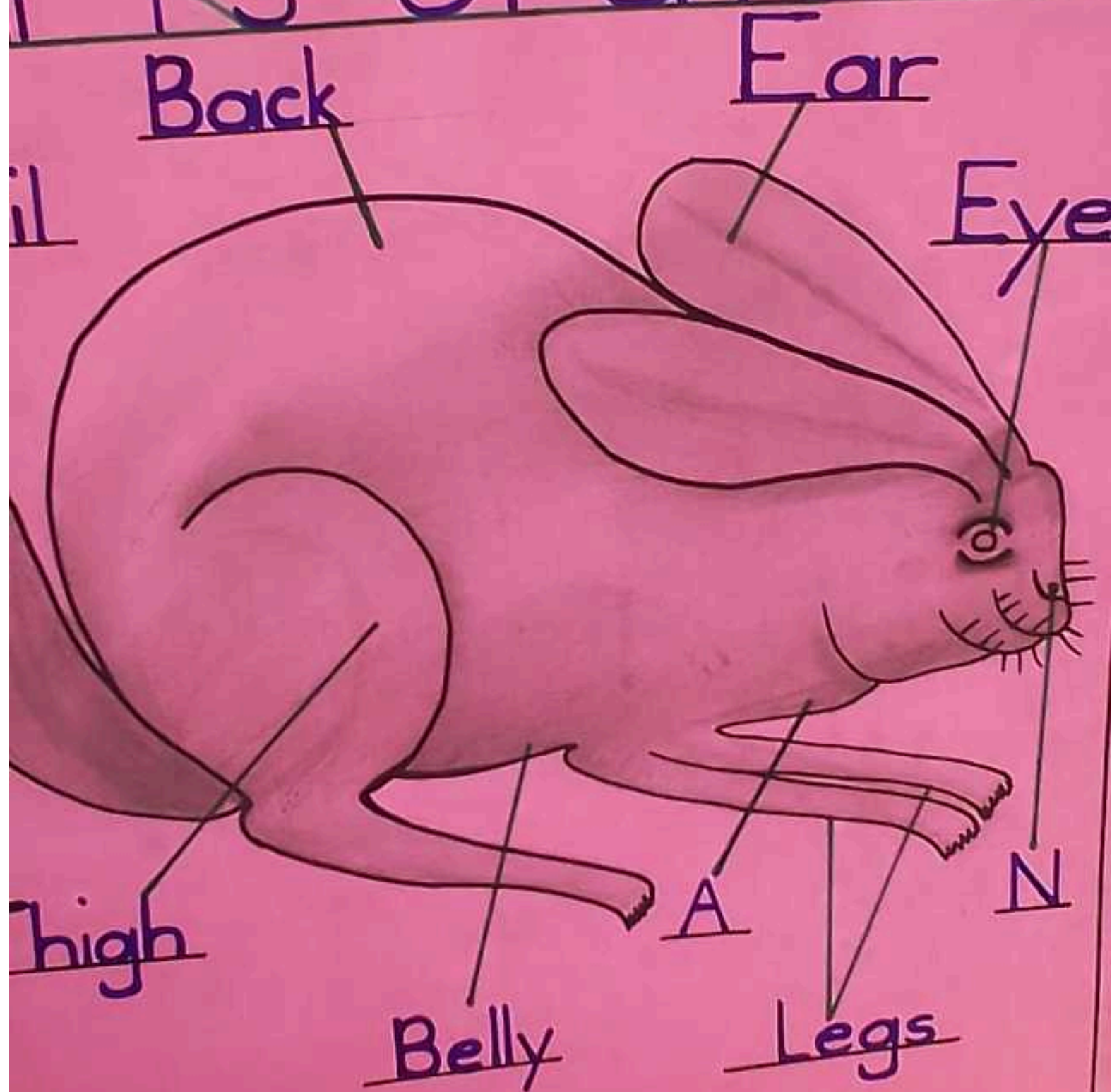
**Premolar**



**Molar**



# Parts of a rabbit



Qn: these parts;