

365 DAYS OF THANKING GOD

*Cultivating a
Heart of Thanksgiving
Everyday*



*Revised and
Expanded*

compiled and edited by

DANIELLA W HYTE

365 Days of Thanking God
Cultivating a Heart of Thanksgiving Everyday
(REVISED & EXPANDED)

Compiled and Edited by
Daniella Whyte

Other Books by Daniella Whyte

*The Girl God Wants: Sister-to-Sister Talk on Loving God, Living a Great Life,
and Enjoying It*

The Thanksgiving That Almost Wasn't

Letters to All Young Women
(co-authored)

Dear Papa: Letters to My Father
(co-authored)

365 Days of Thanking God: Cultivating a Heart of Thanksgiving Everyday (REVISED & EXPANDED)

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The Bible quotations in this volume are from the King James Version of the Bible.

This book is dedicated to God. I am thankful for the life You have given me.

To my father who is thankful for everything and who taught me to be the same.

INTRODUCTION

Thanksgiving has always been my favorite time of the year. Not only do I love the season, but I love the holiday spirit that fills people and the change of pace that takes place during this season. I look forward to this time of the year every year. Thanksgiving is also very special to me because I was born on Thanksgiving. Besides that, my family also celebrates the Thanksgiving holiday in a big way.

As the years have passed and one Thanksgiving after another has come and gone, I have begun to think about why Thanksgiving has been reserved to one day out of the year. I began to wonder why many people don't take the time to count the blessings of each day. As I pondered this question, I came to the realization that millions of people go through their life searching for the next big thing and trying to be the biggest or the best at everything, that they do not take the time to be thankful for the small, everyday blessings that God gives in life. If we would take the time to step aside each day and count the blessings that God has bestowed upon us, in His mercy and grace, I think we would be a much happier people.

The attitude and spirit of ungratefulness exists in every facet of life. Thousands of men and women are not thankful for the way God made them, so they try to change their physical features to try to make themselves more appealing to the world. Many young people are not thankful for the life and energy that God has given them, so they whittle away their time with slothfulness, purposelessness, and foolishness. Still many more people are not thankful for their positions in life so they try to move or change their position to what they think is better for them. I have been in grocery store lines where cashiers and customers do not say "thank you" to each other. Even some Christians are so busy trying to get to the "next level" or get to their "destiny" in life that they do not take the time to thank God for the place where He has them right now.

Many husbands and wives are not thankful for each other so they get divorced. Many children are not thankful for their parents so they rebel. Many students are not thankful for the opportunity to gain knowledge so they disrespect their teachers. Many governmental officials and authority figures in our communities are not thankful for the office that has been given to them, so they abuse it. Some pastors are not thankful for the flock that has been committed to their

pastors are not thankful for the flock that has been committed to their stewardship, so they take the money of the congregation and use the people's troubles for personal gain.

How difficult it must be for God to continue to bless a people who are so ungrateful? What if He decided to stop blessing this world? What if He chose to stop holding up the world in the palm of His hand? What if He didn't love His creation anymore and decided to pull back His life-giving hand from our bodies? We should be thankful that God is a longsuffering and compassionate God Who keeps on blessing us inspite of our ungratefulness.

I have come to realize that unthankfulness stems from a heart of pride. I say that because many people think that they are all powerful and that all they have and all they have accomplished is because of them and their hard work. Many of us feel as though we deserve what we have. We feel entitled to the good things that come to us and that we are too perfect for anything bad to happen to us. These are false notions of sinful human nature.

We should be humble and realize that everyday we live, and every good thing we do, is because of God's grace at work in the earth. I have realized that whatever good comes to me, comes from God, whatever bad comes to me, God has allowed it, and I choose to be thankful for both.

This book is not about the holiday called Thanksgiving. It is not about how to celebrate Thanksgiving. This book is a challenge to you to cultivate a heart of thankfulness to God and to the people He has placed in your life.

Contained in this book are things that I thank God for, Bible verses on being thankful, and quotations about thankfulness. Thankfulness is not about keeping a tradition. It is a matter of the heart. It should be an everyday occurrence. It should be a habit; it should be a way of life. It may seem as though it is small or insignificant to you, but it means a lot to God and to others. I pray that this book will encourage you and challenge you to be thankful for everything.

--Daniella Whyte
Dallas, TX

**Giving thanks always for all things unto God and the Father in
the name of our Lord Jesus Christ.**

Ephesians 5:20

**You simply will not be the same person two months from now
after consciously giving thanks each day for the abundance that
exists in your life. And you will have set in motion an ancient
spiritual law: the more you have and are grateful for, the more
will be given you.**

Sarah Ban Breathnach

3 Reasons to Be Thankful

God expects thanksgiving from His creation.

Psalm 100:4 says, "Enter into His gates with thanksgiving..." What kind of God would God be if He kept on blessing us, but He did not expect some praise in return? When we thank God for things He does for us everyday, He appreciates that. You might be saying, 'Well, I don't have a job' or 'My family is in trouble' or 'Someone close to me is seriously ill.' God understands all of that because He knew where you would be and what you would be doing right now before you were even born. The point is, inspite of everything else that is going on in our lives, if we are alive, we need to be thanking God.

Human beings react differently to thankful people.

Not only does God expect thankfulness, but human beings react differently to thankful people. If you do something for someone and he or she does not show appreciation to you, will you be more or less eager to do something else for that person the next time around? Thankfulness is a very simple concept; it is very elementary. Being thankful not only shows good manners, but a simple expression of thankfulness can go a long way. It makes other people feel wanted and appreciated and it can enhance our relationships.

We feel better about ourselves if we exhibit thankfulness.

Not only does God expect our thankfulness and praise and not only do other people appreciate our thankful attitude, but on the inside, we feel better about ourselves if we exhibit a thankful attitude and behaviour. Thankfulness is not just about words because words can be said without meaning. Thankfulness is about heart because everything that is done from the heart is sincere. Many of us can ask for what we want and oftentimes will get it. But if we are not truly thankful from the heart for what we already have, then we block our opportunities to obtain more.

I believe that contentment in life begins with having a thankful heart. Things change when we exhibit thankfulness and mean it. So, may I encourage you to let yourself be reminded of all the good (and the bad) things that have happened in your life. As an old hymn says, "Count them one by one." And you will soon realize that even if you aren't rich. even if you're not in the best situation. even if

because that even if you aren't rich, even if you're not in the best situation, even if you aren't popular or powerful, you and I have a lot to be thankful for.

A Challenge to Be Thankful

Everyday, think of one thing to thank God for, read a quote on being thankful, and read a verse from the Bible on thankfulness. Do this for 365 days straight. The Bible tells us to give thanks always; not just when we feel like it or when everything is going well. King David commanded the children of Israel in 1 Chronicles 23:30 to "stand every morning to thank and praise the Lord, and likewise at even." This is a great way to start and end your day. By choosing to be thankful for at least one thing a day, you will begin to cultivate a heart of thanksgiving everyday.

God bless!

DAY 1

I am thankful for salvation through Jesus Christ.

"We have received too much from God to allow ourselves opportunities for unbelief. We have received too many gifts and privileges to allow a grumbling, murmuring heart to disqualify us of our destiny. In contrast, the thankful heart sees the best part of every situation. It sees problems and weaknesses as opportunities, struggles as refining tools, and sinners as saints in progress."

Francis Frangipane

"Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him and bless His name."

Psalm 100:4

DAY 2

I am thankful for the hope of Heaven.

"Remember that not to be happy is not to be grateful."

Elizabeth Carter

"O give thanks unto the Lord; call upon His name: make known His deeds
among the people."

Psalm 105:1

DAY 3

I am thankful for God's faithfulness.

"When the Christian praises and gives thanks to God, this not only pleases God, but it enriches the Christian's life with joy. It is a reciprocating transaction between God and man."

Rick Warren

"Offer unto God thanksgiving; and pay thy vow unto the Most High."
Psalm 50:14

DAY 4

I am thankful for the love of God.

"Jesus is moved to happiness every time He sees that you appreciate what He has done for you. Grip His pierced hand and say to Him, 'I thank Thee, Saviour, because Thou has died for me.' Thank Him likewise for all the other blessings He has showered upon you from day to day. It brings joy to Jesus."

Ole Kristian O. Hallesby

"In everything give thanks: for this is the will of God in Christ Jesus concerning you."

I Thessalonians 5:18

DAY 5

I am thankful for the freedom to do what is right.

"Happiness is impossible without gratitude."

Dennis Prager

"Rooted and built up in Him, and stablished in the faith, as ye have been taught,
abounding therein with thanksgiving."

Colossians 2:7

DAY 6

I am thankful for the sacrifice of Jesus Christ.

"It is a rare person who, when his cup frequently runs over, can thank God instead of complaining about the limited size of his mug!"

Bob Russell

"Praise ye the Lord. O give thanks unto the Lord; for He is good: for His mercy endureth for ever."

Psalm 106:1

DAY 7

I am thankful for the power of prayer and the power of praying people.

"Thanksgiving is good, but 'thanksliving' is better."

Selected

"And He took the cup and gave thanks, and gave it unto them, saying, Drink ye all of it."

Matthew 26:27

DAY 8

I am thankful that God is always in control of everything.

"Learn the lesson of thanksgiving. It is due to God, it is due to ourselves. Thanksgiving for the past makes us trustful in the present and hopeful for the future. What He has done is the pledge of what He will do."

A. C. A. Hall

"Then they took away the stone from the place where the dead was laid. And Jesus lifted up His eyes, and said, Father, I thank thee that thou hast heard Me."

John 11:41

DAY 9

I am thankful for life.

"I asked for strength, and God gave me difficulties to make me strong. I asked for wisdom, and God gave me problems to solve. I asked for prosperity, and God gave me brain and brawn to work. I asked for courage, and God gave me dangers to overcome. I asked for love, and God gave me opportunities. I received nothing I wanted, I received everything I needed. My prayer has been answered."

Michael Job

"And when those beasts give glory and honour and thanks to Him that sat on the throne, who liveth for ever and ever, The four and twenty elders fall down before him that sat on the throne, and worship him that liveth for ever and ever, and cast their crowns before the throne."

Revelation 4:9-10

DAY 10

I am thankful that God has counted me worthy by putting me into the ministry.

"The careless soul receives the Father's gifts as if it were a way things had of dropping into his hand...yet he is ever complaining, as if someone were accountable for the problems which meet him at every turn. For the good that comes to him, he gives no thanks—who is there to thank? At the disappointments that befall him he grumbles—there must be someone to blame!"
George Macdonald

"And I thank Christ Jesus our Lord, who hath enabled me, for that He counted me faithful, putting me into the ministry."
I Timothy 1:12

DAY 11

I am thankful for peace that passeth all understanding.

"The failure to return thanks for definite blessings received is a manifestation of ingratitude that grieves Jesus Christ."

R. A. Torrey

"Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

Colossians 3:16

DAY 12

I am thankful for good health.

"Being thankful is not telling God you appreciate the fact that your life is not in shambles. If that is the basis of your gratitude, you are on slippery ground. Every day of your life you face the possibility that a blessing in your life may be taken away. But blessings are only signs of God's love. The real blessing, of course, is the love itself...We are not ultimately grateful that we are still holding our blessings. We are grateful that we are held by God even when the blessings are slipping through our fingers."

Craig Barnes

"I will sing unto the Lord because He hath dealt bountifully with me."

Psalm 13:6

DAY 13

I am thankful for music.

"Nothing is more honorable than a grateful heart."

Shakespeare

"First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world."

Romans 1:8

DAY 14

I am thankful for sunshine.

"The best things are nearest: breath in your nostrils, light in your eyes, flowers at your feet, duties at your hand, the path of God just before you."

Robert Louis Stevenson

"Whoso offereth praise glorifieth me: and to him that ordereth his conversation aright will I shew the salvation of God."

Psalm 50:23

DAY 15

I am thankful for purpose in life.

"You say, 'If I had a little more, I should be very satisfied.' You make a mistake. If you are not content with what you have, you would not be satisfied if it were doubled."

Charles Haddon Spurgeon

"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ."

Ephesians 5:20

DAY 16

I am thankful for a loving family.

"The soul must forget about understanding, and abandon itself into the arms of love, and His Majesty will teach it what to do next; almost its whole work is to realize its unworthiness to receive such great good and to occupy itself in thanksgiving."

Teresa of Avila

"By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name."

Hebrews 13:15

DAY 17

I am thankful for the death, burial, and resurrection of Jesus Christ.

"Too many of us are low-voiced and shallow-streamed in our gratitude."

Selected

"Ye also helping together by prayer for us, that for the gift bestowed upon us by the means of many persons thanks may be given by many on our behalf."

II Corinthians 1:11

DAY 18

I am thankful for the holiday and the spirit of Thanksgiving.

"God is glorified, not by our groans, but by our thanksgivings."

Anonymous

"Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime."

Daniel 6:10

DAY 19

I am thankful for shelter.

"Every virtue divorced from thankfulness is maimed and limps along the spiritual road."

Henry Ward Beecher

"I will give Thee thanks in the great congregation: I will praise Thee among much people."

Psalm 35:18

DAY 20

I am thankful for the gifts God has given me.

"Because we cannot see just what God is saving us from, we vent our foolish reproaches; if we could see this, we would often kneel down and thank God for certain trials as the richest of His mercies."

Selected

"We give thanks to God always for you all, making mention of you in our prayers."

I Thessalonians 1:2

DAY 21

I am thankful for wisdom.

"God is a great giver, let us be great in giving thanks."

Selected

"And Jesus took the loaves; and when He had given thanks, He distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would."

John 6:11

DAY 22

I am thankful for my pastor.

"We ought to give thanks for all fortune: if it is 'good,' because it is good, if 'bad' because it works in us patience, humility, and the contempt of this world and the hope of our eternal country."

C. S. Lewis

"And when He had thus spoken, He took bread, and gave thanks to God in the presence of them all: and when He had broken it, He began to eat."

Acts 27:35

DAY 23

I am thankful for the rain.

"Let the thankful heart sweep through the day and, as the magnet finds the iron,
so it will find, in every hour, some heavenly blessings."

Henry Ward Beecher

"Wherefore I also, after I heard of your faith in the Lord Jesus, and love unto all
the saints, Cease not to give thanks for you, making mention of you in my
prayers."

Ephesians 1:15-16

DAY 24

I am thankful for the storms of life.

"In the old Anglo-Saxon, to be 'thankful' meant to be 'thinkful.' Thinking of one's blessings should stir one to gratitude."

Unknown

"Sing unto the Lord, O ye saints of His, and give thanks at the remembrance of His holiness."

Psalm 30:4

DAY 25

I am thankful for a good heart.

"Being infinitely amazed, so do I give thanks to God, Who has been pleased to make me the first observer of marvelous things, unrevealed to bygone ages."

Galileo

"Rejoice in the Lord, ye righteous; and give thanks at the remembrance of His holiness."

Psalm 97:12

DAY 26

I am thankful for humility.

"While I would fain have some tincture of all the virtues, there is no quality I would rather have, and be thought to have, than gratitude. For it is not only the greatest virtue, but even the mother of all the rest."

Cicero

"O give thanks unto the Lord, for He is good; for His mercy endureth for ever."

Psalm 107:1

DAY 27

I am thankful for the ability to help others.

"God never promises to remove us from our struggles. He does promise, however, to change the way we look at them."

Max Lucado

"Thanks be unto God for His unspeakable gift."

II Corinthians 9:15

DAY 28

I am thankful for understanding people.

"If we pause to think, we'll have cause to thank."

Selected

"We give Thee thanks, O Lord God Almighty, which art, and wast, and art, to come: because Thou hast taken to Thee thy great power, and hast reigned."

Revelation 11:17

DAY 29

I am thankful for the ability to love.

"Gratitude... goes beyond the 'mine' and 'thine' and claims the truth that all of life is a pure gift. In the past I always thought of gratitude as a spontaneous response to the awareness of gifts received, but now I realize that gratitude can also be lived as a discipline. The discipline of gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy."

Henri J. M. Nouwen

"For this cause also, thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe."

I Thessalonians 2:13

DAY 30

I am thankful that life is not always smooth sailing and that some roses have thorns.

"Begin by thanking Him for some little thing, and then go on, day by day, adding to your subjects of praise; thus you will find their numbers grow wonderfully; and, in the same proportion, will your subjects of murmuring and complaining diminish, until you see in everything some cause for thanksgiving."
Priscilla Maurice

"I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin."
Romans 7:25

DAY 31

I am thankful that God has made every person unique and special.

"Gratitude is the least of the virtues, but ingratitude is the worst of vices."

Thomas Fuller

"But thanks be to God which giveth us the victory through our Lord Jesus Christ."

I Corinthians 15:57

DAY 32

I am thankful that I am not rich.

"A heart that does not have the true ability to be utterly and genuinely delighted and grateful at the simple gift given by a friend, will find it equally as difficult to be utterly delighted in the gifts given by the King."

Katherine Walden

"I thank Thee, and praise Thee, O thou God of my fathers, who hast given me wisdom and might, and hast made known unto me now what we desired of Thee; for Thou hast now made known unto us the king's matter."

Daniel 2:23

DAY 33

I am thankful for encouragement.

"Thanksgiving is a duty before it's a feeling."

Selected

"Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of His knowledge by us in every place."

II Corinthians 2:14

DAY 34

I am thankful for rebuke.

"Thanks begins with the thankful. It is not dependent upon anyone else. Speak it.

Give it. Live it."

William O. Vickery

"But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you."

Romans 6:17

DAY 35

I am thankful for unbroken promises.

"Though my mouth be dumb, my heart shall thank you."

Nicholas Rowe

"And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at His feet, giving Him thanks: and he was a Samaritan."

Luke 17:13-16

DAY 36

I am thankful for food to eat.

"Thanksgiving is a recognition of a debt that cannot be paid. We express thanks, whether or not we are able otherwise to reimburse the giver. When thanksgiving is filled with true meaning and is not just the formality of a polite 'thank you,' it is the recognition of dependence."

Billy Graham

"We are bound to thank God always for you, brethren, as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each other aboundeth."

II Thessalonians 1:3

DAY 37

I am thankful that I know that having a good heart is the most important thing,
and looks and material things are not.

"In spite of the many benefits God has blessed us with, how many times do we complain about little difficulties and trials? We lose sight of the big picture and fail to appreciate the really important things. Just as we cannot benefit from a wrapped gift under a Christmas tree until we open it, so gratitude can be seen as our way of opening the gift of God's love intended by all the small and big positive events of our lives."

Ronda De Sola Chervin

"I thank my God always on your behalf, for the grace of God which is given you
by Jesus Christ."
I Corinthians 1:4

DAY 38

I am thankful for faith.

"From a heart overflowing with gratitude, we will want to honour and glorify God by gratefully offering back to Him the many good gifts He has bestowed on us. We will not go to church to be entertained, to see 'what we can get out of it' for our own private gratification, but rather to praise and worship the triune God of grace and glory."

Anonymous

"I thank my God upon every remembrance of you."

Philippians 1:3

DAY 39

I am thankful that every day is a new day, full of wonder, grace, and opportunity.

"A thankful heart enjoys blessings twice—when they're received, and when they're remembered."

Selected

"We give thanks to God and the Father of our Lord Jesus Christ, praying always for you."

Colossians 1:3

DAY 40

I am thankful for America.

"Ingratitude is always a form of weakness. I have never known a man of real ability to be ungrateful."

Goethe

"But thanks be to God, which put the same earnest care into the heart of Titus for you."

II Corinthians 8:16

DAY 41

I am thankful that life is not about me.

"A thankful heart is not only the greatest virtue, but the parent of all other values."

Cicero

"Unto Thee O God, do we give thanks, unto Thee do we give thanks: for that Thy name is near Thy wondrous works declare."

Psalm 75:1

DAY 42

I am thankful to be on mission with God.

"All our discontents spring from the want of thankfulness for what we have."

Daniel Defoe

"Now therefore, our God, we thank Thee, and praise Thy glorious name."

II Chronicles 29:13

DAY 43

I am thankful that seasons of life change.

"It is easy to be thankful when we remember just how totally dependent upon
God we are."

Main St. Monitor

"He that regardeth the day, regardeth it unto the Lord; and he that regardeth not
the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for
he giveth God thanks; and he that eateth not, to the Lord he eateth not, and
giveth God thanks."

Romans 14:6

DAY 44

I am thankful for the promises of God in the Bible.

"Cultivate a thankful spirit! It will be to thee a perpetual feast. There is, or ought to be, with us no such thing as small mercies; all are great, because the least are undeserved. Indeed a really thankful heart will extract motive for gratitude from everything, making the most even of scanty blessings."

J. R. MacDuff

"For every creature of God is good, and nothing to be refused, if it be received with thanksgiving."

I Timothy 4:4

DAY 45

I am thankful for a friendly spirit.

"I imagine that it saddens the heart of God when we murmur and complain,
instead of being thankful after He's been so good to us."

Joyce Meyer

"I exhort therefore, that, first of all, supplications, prayers, intercessions and
giving of thanks, be made for all men."

I Timothy 2:1

DAY 46

I am thankful for a good education.

"Gratitude shouldn't be an occasional incident but a continuous attitude."

Selected

"Being enriched in every thing to all bountifulness, which causeth through us
thanksgiving to God."

II Corinthians 9:11

DAY 47

I am thankful that Jesus Christ paves the way for us each day.

"Gratitude as a discipline involves a conscious choice. I can choose to be grateful even when my emotions and feelings are still steeped in hurt and resentment. It is amazing how many occasions present themselves in which I can choose gratitude instead of a complaint. I can choose to be grateful when I am criticized, even when my heart still responds in bitterness. I can choose to speak about goodness and beauty, even when my inner eye still looks for someone to accuse or something to call ugly."

Henri J. M. Nouwen

"I thank God, whom I serve from my forefathers with pure conscience, that without ceasing I have remembrance of thee in my prayers night and day."

II Timothy 1:3

DAY 48

I am thankful even for sickness.

"The unthankful heart discovers no mercies; but the thankful heart will find, in every hour, some heavenly blessings."

Henry Ward Beecher

"It is good for me that I have been afflicted; that I might learn thy statutes."

Psalm 119:71

DAY 49

I am thankful for strength.

"The hardest arithmetic to master is that which enables us to count our
blessings."
Eric Hoffer

"Be careful for nothing, but in everything by prayer and supplication with
thanksgiving let your requests be made known unto God."
Philippians 4:6

DAY 50

I am thankful for Saturdays, Sundays, Mondays, Tuesdays, Wednesdays,
Thursdays, and FRIDAYS.

"We need deliberately to call to mind the joys of our journey. Perhaps we should
try to write down the blessings of one day. We might begin; we could never end;
there are not pens or paper enough in all the world."

George A. Buttrick

"Continue in prayer and watch in the same with thanksgiving."
Colossians 4:2

DAY 51

I am thankful for God's grace.

On the night I was robbed: "I thanked the Lord first because I was never robbed before; second, because although they took my purse they did not take my life; third, although they took my all, it was not much; and fourth, because it was I who was robbed and not I who robbed."

Matthew Henry

"It is a good thing to give thanks unto the Lord, and to sing praises unto Thy name, O Most High."

Psalm 92:1

DAY 52

I am thankful that one day, at a set time, I will go to Heaven to be with the Lord.

"That thing that is not coming to you may seem good. But either the timing is wrong, or from His position He can see that the future of it is bleak. I have always believed that people who thank God only for delivering them from what happened are just scraping the surface of praise. The real praise comes when you start thanking Him for what could have happened but didn't because of His swift grace!"

T. D. Jakes

"And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."

Colossians 3:15

DAY 53

I am thankful for the occasional embarrassment because every once in a while,
we need to be humbled.

"How many times do we miss God's blessings because they are not packaged as
we expected?"

Anonymous

"And she coming in that instant gave thanks likewise unto the Lord, and spake of
Him to all them who looked for redemption in Jerusalem."

Luke 2:38

DAY 54

I am thankful for thankful people.

"The most important prayer in the world is just two words long: 'Thank you.'"
Meister Eckhart

"I will offer to Thee the sacrifice of thanksgiving, and will call upon the name of
the Lord."
Psalm 116:17

DAY 55

I am thankful that I have a purpose in life.

"Oh what a happy soul am I although I cannot see, I am resolved that in this world contented I shall be. How many blessings I enjoy that other people don't. To weep and sigh, because I'm blind? I cannot and I won't."

Fanny Crosby

"I give thanks unto thee, O Lord, and sing praises unto thy name."

Psalm 18:49

DAY 56

I am thankful that I am surrounded by a great cloud of witnesses.

"Pride slays thanksgiving, but an humble mind is the soil out of which thanks naturally grows. A proud man is seldom a grateful man, for he never thinks he gets as much as he deserves."

Henry Ward Beecher

"To the end that my glory may sing praise to thee, and not be silent. O Lord my God, I will give thanks unto thee for ever."

Psalm 30:12

DAY 57

I am thankful for contentment.

"The optimist says, the cup is half full. The pessimist says, the cup is half empty.
The child of God says; My cup runneth over."

Anonymous

"So we thy people and sheep of thy pasture will give thee thanks for ever: we
will show forth thy praise to all generations."

Psalm 79:13

DAY 58

I am thankful for true justice.

"Ingratitude denotes spiritual immaturity. Infants do not always appreciate what parents do for them. They have short memories. Their concern is not what you did for me yesterday, but what are you doing for me today. The past is meaningless and so is the future. They live for the present. Those who are mature are deeply appreciative of those who laboured in the past. They recognize those who labour during the present and provide for those who will be labouring in the future."

Anonymous

"Let the heavens rejoice, and let the earth be glad; let the sea roar, and the fulness thereof. Let the field be joyful, and all that is therein: then shall all the trees of the wood rejoice."

Psalm 96:11-12

DAY 59

I am thankful that I can do all things through Christ which strengtheneth me.

"Blessings hemmed with praise will not unravel."

Anonymous

"Make a joyful noise unto the Lord, all ye lands."

Psalm 100:1

DAY 60

I am thankful for angels unawares.

"Receive every day as a resurrection from death, as a new enjoyment of life; meet every rising sun with such sentiments of God's goodness, as if you had seen it, and all things, new-created upon your account: and under the sense of so great a blessing, let your joyful heart praise and magnify so good and glorious a Creator."

William Law

"Sing unto him, sing psalms unto him: talk ye of all his wondrous works."

Psalm 105:2

DAY 61

I am thankful for help when I need it.

"Thanksgiving is the language of heaven, and we had better start to learn it if we are not to be mere dumb aliens there."

Arthur John Gossip

"Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!"

Psalm 107:8

DAY 62

I am thankful for goals to reach for in life.

"Some people always sigh in thanking God."
Samuel Johnson

"I thank my God, making mention of thee always in my prayers."
Philemon 1:4

DAY 63

I am thankful for opportunities.

"We prevent God from giving us the great spiritual gifts He has in store for us, because we do not give thanks for daily gifts. We think we dare not be satisfied with the small measure of spiritual knowledge, experience, and love that has been given to us...We pray for the big things and forget to give thanks for the ordinary, small (and yet really not small) gifts. How can God entrust great things to one who will not thankfully receive from Him the little things?"

Dietrich Bonhoeffer

"Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ."

Ephesians 1:3

DAY 64

I am thankful for the mind to strive to higher heights.

"God be thanked for that good and unspeakable gift. The gift unspeakable: His life, His love, His very self, in Christ Jesus."

Maltbie D. Babcock

"Thou art my God, and I will praise thee: thou art my God, I will exalt thee."

Psalm 118:28

DAY 65

I am thankful that even though I am not perfect, I am improving by the grace of God.

"Gratitude is a nice touch of beauty added last of all to the countenance, giving as classic beauty, an angelic loveliness, to the character."

Theodore Parker

"At midnight I will rise to give thanks unto thee because of thy righteous judgments."

Psalm 119:62

DAY 66

I am thankful for the whole armour of God.

"I want to be the most thankful man on the face of the earth."

Ben Furrow

"O give thanks unto the God of gods: for his mercy endureth for ever."

Psalms 136:2

DAY 67

I am thankful for those who endure to the end.

"Gratitude is a fruit of great cultivation; you do not find it among gross people."

Samuel Johnson

"I know that the Lord will maintain the cause of the afflicted, and the right of the poor. Surely the righteous shall give thanks unto thy name: the upright shall dwell in thy presence."

Psalm 140:12-13

DAY 68

I am thankful that Jesus is the reason for all seasons.

"To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven."

Johannes A. Gaertner

"O give thanks unto the God of heaven: for his mercy endureth for ever."

Psalm 136:26

DAY 69

I am thankful that all things work together for the good.

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

Oprah Winfrey

"Praise ye the Lord: for it is good to sing praises unto our God; for it is pleasant; and praise is comely."

Psalm 147:1

DAY 70

I am thankful that God loves the entire world and every single person in it.

"Blessed are those that can give without remembering and receive without forgetting."

Author Unknown

"Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God:
Who covereth the heaven with clouds, who prepareth rain for the earth, who
maketh grass to grow upon the mountains."

Psalm 147:7-8

DAY 71

I am thankful that God is not a respecter of persons.

"Difficulties are opportunities to better things; they are stepping stones to greater experience. Perhaps someday you will be thankful for some temporary failure in a particular direction. When one door closes, another always opens."

Author Unknown

"For what thanks can we render to God again for you, for all the joy wherewith we joy for your sakes before our God."

1 Thessalonians 3:9

DAY 72

I am thankful that as a Christian, I am more than a conqueror through
Jesus Christ.

"Gratitude is something of which none of us can give too much. For on the
smiles, the thanks we give, our little gestures of appreciation, our neighbors
build their philosophy of life."

A. J. Cronin

"To him who alone doeth great wonders: for his mercy endureth for ever."
Psalm 136:4

DAY 73

I am thankful that nothing can separate us from the love of God.

"Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation."

Brian Tracy

"Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks."

Ephesians 5:4

DAY 74

I am thankful that God is in control of my life.

"Every time we remember to say 'thank you', we experience nothing less than heaven on earth."

Sarah Ban Breathnach

"We accept it always, and in all places, most noble Felix, with all thankfulness."
Acts 24:3

DAY 75

I am thankful for hard work.

"Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life."

Christiane Northrup

"To him that by wisdom made the heavens: for his mercy endureth for ever."

Psalm 136:5

DAY 76

I am thankful that God hears and answers prayer.

"Gratitude helps you to grow and expand; gratitude brings joy and laughter into your life and into the lives of all those around you."

Eileen Caddy

"Saying, Amen: Blessing, and glory, and wisdom, and thanksgiving, and honour, and power, and might, be unto our God for ever and ever. Amen."

Revelation 7:12

DAY 77

I am thankful that Christianity is the simplest, but yet the most profound of all religions.

"He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has."

Epictetus

"Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened."

Romans 1:21

DAY 78

I am thankful for blessed assurance.

"If you can't be content with what you have received, be thankful for what you
have escaped."

Author Unknown

"And to stand every morning to thank and praise the LORD, and likewise at
even."

1 Chronicles 23:30

DAY 79

I am thankful for the opportunity to be a shining light in this dark world.

"If you concentrate on finding whatever is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul."

Rabbi Harold Kushner

"And Hezekiah appointed the courses of the priests and the Levites after their courses, every man according to his service, the priests and Levites for burnt offerings and for peace offerings, to minister, and to give thanks, and to praise in the gates of the tents of the LORD."

2 Chronicles 31:2

DAY 80

I am thankful for humor and laughter.

"If you haven't all the things you want, be grateful for the things you don't have
that you wouldn't want."

Author Unknown

"Let all those that seek thee rejoice and be glad in thee: let such as love thy
salvation say continually, The LORD be magnified."

Psalm 40:16

DAY 81

I am thankful that the direction of my life is planned by God's divine will.

"In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich."

Dietrich Bonhoeffer

"Neither say they in their heart, Let us now fear the LORD our God, that giveth rain, both the former and the latter, in his season: he reserveth unto us the appointed weeks of the harvest. Your iniquities have turned away these things, and your sins have withholden good things from you."

Jeremiah 5:24-25

DAY 82

I am thankful that God has the whole world in the palms of His hands.

"It is impossible to feel grateful and depressed in the same moment."

Naomi Williams

"And say ye, Save us, O God of our salvation, and gather us together, and deliver us from the heathen, that we may give thanks to thy holy name, and glory in thy praise."

1 Chronicles 16:35

DAY 83

I am thankful that life is a battle, and that because of the Lord, we are on the victory side.

"It isn't what you have in your pocket that makes you thankful, but what you have in your heart."

Author Unknown

"Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear."

Hebrews 12:28

DAY 84

I am thankful that I can count my blessings.

"Just a 'thank you' is a mighty powerful prayer. Says it all."

Rosie Cash

"Sing unto the LORD with thanksgiving; sing praise upon the harp unto our
God."

Psalm 147:7

DAY 85

I am thankful for what God has said 'No' to.

"Make it a habit to tell people thank you. To express your appreciation, sincerely and without the expectation of anything in return. Truly appreciate those around you, and you'll soon find many others around you. Truly appreciate life, and you'll find that you have more of it."

Ralph Marston

"Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms."

Psalm 95:2

DAY 86

I am thankful that life is not complicated.

"No one who achieves success does so without the help of others. The wise and confident acknowledge this help with gratitude."

Alfred North Whitehead

"I will praise the name of God with a song, and will magnify him with thanksgiving."

Psalm 69:30

DAY 87

I am thankful for breakthroughs when they are most needed and least expected.

"None is more impoverished than the one who has no gratitude. Gratitude is a currency that we can mint for ourselves, and spend without fear of bankruptcy."

Fred De Witt Van Amburgh

"I will bless the LORD at all times: his praise shall continually be in my mouth."

Psalm 34:1

DAY 88

I am thankful for life here on earth and the life to come in Heaven.

"People who live the most fulfilling lives are the ones who are always rejoicing at what they have."

Richard Carlson

"Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness; To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever."

Psalm 30:11-12

DAY 89

I am thankful for rainbows even when it doesn't rain.

"So often we dwell on the things that seem impossible rather than on the things that are possible. So often we are depressed by what remains to be done and forget to be thankful for all that has been done."

Marian Wright Edelman

"Grant thee according to thine own heart, and fulfil all thy counsel."

Psalm 20:4

DAY 90

I am thankful that even after I stopped growing physically, I continue to grow mentally and spiritually.

"The grateful mind is constantly fixed upon the best. Therefore it tends to become the best. It takes the form or character of the best, and will receive the best."

Wallace D. Wattles

"I will praise thee, O LORD, with my whole heart; I will shew forth all thy marvellous works."

Psalm 9:1

DAY 91

I am thankful that burdens are lifted at Calvary.

"The thankful receiver bears a plentiful harvest."

William Blake

"I will be glad and rejoice in thee: I will sing praise to thy name, O thou most
High."

Psalm 9:2

DAY 92

I am thankful that I do not take myself too seriously and that I can laugh at myself.

"God is in control, and therefore in EVERYTHING I can give thanks - not because of the situation but because of the One who directs and rules over it."
Kay Arthur

"And the four and twenty elders, which sat before God on their seats, fell upon their faces, and worshipped God."
Revelation 11:16

DAY 93

I am thankful that my life is not my own. It wasn't yesterday, it ain't now, and it never will be.

"There is a calmness to a life lived in Gratitude, a quiet joy."

Ralph H. Blum

"And all the angels stood round about the throne, and about the elders and the four beasts, and fell before the throne on their faces, and worshipped God."

Revelation 7:11

DAY 94

I am thankful that good always overcomes evil.

"There is always, always, always something to be thankful for."

Author Unknown

"At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes."

Matthew 11:25

DAY 95

I am thankful for memories.

"To educate yourself for the feeling of gratitude means to take nothing for granted, but to always seek out and value the kind that will stand behind the action. Nothing that is done for you is a matter of course. Everything originates in a will for the good, which is directed at you. Train yourself never to put off the word or action for the expression of gratitude."

Author Unknown

"O give thanks to the Lord of lords: for his mercy endureth for ever."

Psalms 136:3

DAY 96

I am thankful that I am made in the image of God.

"To live a life of gratitude is to open our eyes to the countless ways in which we are supported by the world around us. Such a life provides less space for our suffering because our attention is more balanced. We are more often occupied with noticing what we are given, thanking those who have helped us, and repaying the world in some concrete way for what we are receiving."

Gregg Krech

"Therefore will I give thanks unto thee, O LORD, among the heathen, and sing praises unto thy name."

Psalm 18:49

DAY 97

I am thankful for the gift of discernment.

"What if you gave someone a gift, and they neglected to thank you for it—would you be likely to give them another? Life is the same way. In order to attract more of the blessings that life has to offer, you must truly appreciate what you already have."

Ralph Marston

"And Mattaniah the son of Micha, the son of Zabdi, the son of Asaph, was the principal to begin the thanksgiving in prayer."

Nehemiah 11:17

DAY 98

I am thankful for forgiveness.

"When I started counting my blessings, my whole life turned around."

Willie Nelson

"And he appointed certain of the Levites to minister before the ark of the LORD,
and to record, and to thank and praise the LORD God of Israel."

1 Chronicles 16:4

DAY 99

I am thankful for God's hedge of protection that surrounds me.

"You simply will not be the same person two months from now after consciously giving thanks each day for the abundance that exists in your life. And you will have set in motion an ancient spiritual law: the more you have and are grateful for, the more will be given you."

Sarah Ban Breathnach

"Then I brought up the princes of Judah upon the wall, and appointed two great companies of them that gave thanks, whereof one went on the right hand upon the wall toward the dung gate."

Nehemiah 12:31

DAY 100

I am thankful that small things matter to God.

"You won't be happy with more until you're happy with what you've got."

Viki King

"Wherefore David blessed the LORD before all the congregation: and David said, Blessed be thou, LORD God of Israel our father, for ever and ever."

1 Chronicles 29:10

DAY 101

I am thankful that God continues to bless me so that I can continue to have something to be thankful for.

"Feeling gratitude and not expressing it is like wrapping a present and not giving it."

William Arthur Ward

"So stood the two companies of them that gave thanks in the house of God, and I, and the half of the rulers with me."

Nehemiah 12:40

DAY 102

I am thankful for joy unspeakable.

"We often take for granted the very things that most deserve our gratitude."

Cynthia Ozick

"But who am I, and what is my people, that we should be able to offer so willingly after this sort? for all things come of thee, and of thine own have we given thee."

1 Chronicles 29:14

DAY 103

I am thankful that I am part of God's master plan.

"There is no greater difference between men than between grateful and ungrateful people."

R.H. Blyth

"Stand up and bless the LORD your God for ever and ever: and blessed be thy glorious name, which is exalted above all blessing and praise."

Nehemiah 9:5

DAY 104

I am thankful that people and things in this world may be fleeting, but God and His Word are always the same.

"The greatest saint in the world is not he who prays most or fasts most; it is not he who gives alms, or is most eminent for temperance, chastity or justice. It is he who is most thankful to God."

William Law

"Then on that day David delivered first this psalm to thank the LORD into the hand of Asaph and his brethren."

1 Chronicles 16:7

DAY 105

I am thankful for people who care about me enough to tell me when I am wrong.

"There is not a more pleasing exercise of the mind than gratitude. It is accompanied with such an inward satisfaction that the duty is sufficiently rewarded by the performance."

Joseph Addison

"Give thanks unto the LORD, call upon his name, make known his deeds among the people."

1 Chronicles 16:8

DAY 106

I am thankful that there is no success gained without hard work and sacrifice.

"If you want to turn your life around, try thankfulness. It will change your life mightily."

Gerald Good

"O give thanks unto the LORD; for he is good; for his mercy endureth for ever."
1 Chronicles 16:34

DAY 107

I am thankful for loving parents who did not give me everything I wanted, but
gave me what I needed.

"We can only be said to be alive in those moments when our hearts are
conscious of our treasures."

Thornton Wilder

"But I will sacrifice unto thee with the voice of thanksgiving; I will pay that that
I have vowed. Salvation is of the LORD."

Jonah 2:9

DAY 108

I am thankful that the world did not start with me. It is comforting to know that many others have gone before.

"Grace isn't a little prayer you chant before receiving a meal. It's a way to live."
Attributed to Jacqueline Winspear

"I will praise the LORD according to his righteousness: and will sing praise to the name of the LORD most high."
Psalm 7:17

DAY 109

I am thankful that we live in a colorful and diverse world.

"If a fellow isn't thankful for what he's got, he isn't likely to be thankful for what he's going to get."

Frank A. Clark

"The LORD is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him."

Psalm 28:7

DAY 110

I am thankful for the glimpses of the glory of God that we get from nature.

"You say grace before meals. All right. But I say grace before the concert and the opera, and grace before the play and pantomime, and grace before I open a book, and grace before sketching, painting, swimming, fencing, boxing, walking, playing, dancing and grace before I dip the pen in the ink."

G.K. Chesterton

"To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever."

Psalm 30:12

DAY 111

I am thankful that God knows everything and is in control of the whole world.

"God gave you a gift of 86,400 seconds today. Have you used one to say 'thank you'?"

William A. Ward

"Open to me the gates of righteousness: I will go into them, and I will praise the LORD."

Psalm 118:19

DAY 112

I am thankful that everything will work out.

"There is no such thing as gratitude unexpressed. If it is unexpressed, it is plain, old-fashioned ingratitude."

Robert Brault

"I will praise thee: for thou hast heard me, and art become my salvation."

Psalm 118:21

DAY 113

I am thankful for the unsurpassable, incomprehensible mercy of God.

"Thanksgiving is nothing if not a glad and reverent lifting of the heart to God in honor and praise for His goodness."

Robert Casper Lintner

"And when he had taken the five loaves and the two fishes, he looked up to heaven, and blessed, and brake the loaves, and gave them to his disciples to set before them; and the two fishes divided he among them all."

Mark 6:41

DAY 114

I am thankful that when I pray, I don't bring God to my point of view, but He brings me to His point of view.

"There is no greater prayer than one of sincere heartfelt love, appreciation, and gratitude."

Jack Canfield

"Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

Colossians 3:16

DAY 115

I am thankful that God continues to bless millions of people with the same blessings.

"Got no check books, got no banks. Still I'd like to express my thanks—I got the sun in the morning and the moon at night."

Irving Berlin

"Oh how great is thy goodness, which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!"

Psalms 31:19

DAY 116

I am thankful that the truth always sets us free.

"O Lord that lends me life, Lend me a heart replete with thankfulness."

William Shakespeare

"They shall abundantly utter the memory of thy great goodness, and shall sing of thy righteousness."

Psalm 145:7

DAY 117

I am thankful for the ability to live life in a simple way.

"If I have enjoyed the hospitality of the Host of this universe, Who daily spreads a table in my sight, surely I cannot do less than acknowledge my dependence."

G.A. Johnston Ross

"Let all those that seek thee rejoice and be glad in thee: and let such as love thy salvation say continually, Let God be magnified."

Psalm 70:4

DAY 118

I am thankful for hope.

"Perhaps it takes a purer faith to praise God for unrealized blessings than for those we once enjoyed or those we enjoy now."

A. W. Tozer

"Save us, O LORD our God, and gather us from among the heathen, to give thanks unto thy holy name, and to triumph in thy praise."

Psalm 106:47

DAY 119

I am thankful for the peace that comes with surrendering my will to God's will.

"Thanksgiving is possible only for those who take time to remember; no one can give thanks who has a short memory."

Author Unknown

"Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!"

Psalm 107:31

DAY 120

I am thankful for the fruits of the Spirit.

"I thank God for my handicaps, for, through them, I have found myself, my work, and my God."

Helen Keller

"Glory ye in his holy name: let the heart of them rejoice that seek the Lord."
Psalm 105:3

DAY 121

I am thankful for God's Holy Word.

"If you suffer, thank God! It is a sure sign that you are alive."

Elbert Hubbard

"So we thy people and sheep of thy pasture will give thee thanks for ever: we
will shew forth thy praise to all generations."

Psalm 79:13

DAY 122

I am thankful that victory is ours through Jesus Christ.

"I have found, along with millions of others who have decided to be thankful, there is plenty in our lives to be thankful for, if we will just look for it."

Joyce Meyer

"Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him and bless His name."

Psalm 100:4

DAY 123

I am thankful that those who trust God will receive strength.

"Being thankful is one of the best ways I know to be successful in life."

T.D. Jakes

"Wherefore David blessed the LORD before all the congregation: and David said, Blessed be thou, LORD God of Israel our father, for ever and ever."

1 Chronicles 29:10

DAY 124

I am thankful for limitations.

"Would you know who is the greatest saint in the world: It is not he who prays most or fasts most, it is not he who gives most alms or is most eminent for temperance, chastity or justice; but it is he who is always thankful to God, who wills everything that God wills, who receives everything as an instance of God's goodness and has a heart always ready to praise God for it."

William Law

"O give thanks unto the Lord; call upon His name: make known His deeds among the people."

Psalm 105:1

DAY 125

I am thankful for new challenges.

"If you count all your assets, you always show a profit."

Robert Quillen

"Offer unto God thanksgiving; and pay thy vow unto the Most High."

Psalm 50:14

DAY 126

I am thankful for the opportunity to improve.

"Society as a whole, finds it rather easy to take, but terribly difficult to give thanks."

Donnie Martin

"In everything give thanks: for this is the will of God in Christ Jesus concerning you."

I Thessalonians 5:18

DAY 127

I am thankful for justification - being made righteous before God by the work of Jesus Christ.

"Gratitude should not be just a reaction to getting what you want, but an all-the-time gratitude, the kind where you notice the little things and where you constantly look for the good, even in unpleasant situations. Start bringing gratitude to your experiences, instead of waiting for a positive experience in order to feel grateful."

Marelisa Fábrega

"Rooted and built up in Him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving."

Colossians 2:7

DAY 128

I am thankful that God is reliable.

"Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes of which all men have some."

Charles Dickens

"Praise ye the Lord. O give thanks unto the Lord; for He is good: for His mercy endureth for ever."

Psalm 106:1

DAY 129

I am thankful for the ability to dream.

"God's goodness should drive us to our knees in gratitude."

Anne Graham Lotz

"And He took the cup and gave thanks, and gave it unto them, saying, Drink ye
all of it."

Matthew 26:27

DAY 130

I am thankful for treasures that are stored up in Heaven.

"Thank you, God for everything,
The big things and the small,
For 'every good gift comes from God,'
The Giver of them all."
Helen Steiner Rice

"Then they took away the stone from the place where the dead was laid. And Jesus lifted up His eyes, and said, Father, I thank thee that thou hast heard Me."
John 11:41

DAY 131

I am thankful for patience.

"The Thanksgiving season is a wonderful time to heighten your sensitivity to the blessings bestowed by God."

John MacArthur

"And when those beasts give glory and honour and thanks to Him that sat on the throne, who liveth for ever and ever, The four and twenty elders fall down before him that sat on the throne, and worship him that liveth for ever and ever, and cast their crowns before the throne."

Revelation 4:9-10

DAY 132

I am thankful for the power to do what pleases God.

"Things turn out best for people who make the best of the way things turn out."
John Wooden

"And I thank Christ Jesus our Lord, who hath enabled me, for that He counted me faithful, putting me into the ministry."
I Timothy 1:12

DAY 133

I am thankful for miracles.

"There are only two ways to live your life. One is as though nothing is a miracle.
The other is as though everything is a miracle."

Albert Einstein

"So stood the two companies of them that gave thanks in the house of God, and
I, and the half of the rulers with me."

Nehemiah 12:40

DAY 134

I am thankful for time.

"Gratitude is an offering precious in the sight of God, and it is one that the poorest of us can make and be not poorer but richer for having made it."

A.W. Tozer

"I will sing unto the Lord because He hath dealt bountifully with me."

Psalm 13:6

DAY 135

I am thankful that God gives strength to the powerless.

"We ought to give thanks for all fortune: if it is good, because it is good, if bad, because it works in us patience, humility and the contempt of this world and the hope of our eternal country."

C.S. Lewis

"First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world."

Romans 1:8

DAY 136

I am thankful that charity never fails.

"This one is so simple that we miss it. Why aren't we more grateful? There are many answers to that question, but this one is central: we aren't grateful because we've never asked God to give us a grateful heart. By nature we are covetous, greedy, grasping and unhappy. Left to ourselves, we will be just like that rich fool. Generosity isn't our natural impulse. We aren't born giving; we're born getting. Gratitude is not the inborn language of the heart."

Ray Pritchard

"Whoso offereth praise glorifieth me: and to him that ordereth his conversation aright will I shew the salvation of God."

Psalm 50:23

DAY 137

I am thankful that we can lay our burdens at the feet of the Saviour.

"When we bless God for mercies, we usually prolong them. When we bless God for miseries, we usually end them. Praise is the honey of life which a devout heart extracts from every bloom of providence and grace."

C.H. Spurgeon

"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ."

Ephesians 5:20

DAY 138

I am thankful that God has plans for me and every person in the world.

"Preoccupied with ourselves, we have lost the grace of being thankful. It is sad to live in a world where there is no one to thank because we have ourselves become the cause and source of all good things."

John Hannah

"By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name."

Hebrews 13:15

DAY 139

I am thankful for all the things God has taught me.

"Gratitude helps you focus on the good that is present in your life rather than being preoccupied with what's missing."

Valorie Burton

"Ye also helping together by prayer for us, that for the gift bestowed upon us by the means of many persons thanks may be given by many on our behalf."

II Corinthians 1:11

DAY 140

I am thankful for today.

"The more we express our gratitude to God for our blessings, the more he will bring to our mind other blessings. The more we are aware of to be grateful for, the happier we become."

Ezra Taft Benson

"Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime."

Daniel 6:10

DAY 141

I am thankful that Jesus is the resurrection and the life.

"If any nation ought to be thankful to God and grateful for His goodness, it ought to be America. If any people in America should be thankful to God and grateful for His goodness, it ought to be Christians, who are able to meet freely and fellowship together as the Body of Christ."

Terry Laughlin

"I will give Thee thanks in the great congregation: I will praise Thee among much people."

Psalm 35:18

DAY 142

I am thankful that sometimes God allows us to go through things so that He can get the glory.

"When a person doesn't have gratitude, something is missing in his or her humanity. A person can almost be defined by his or her attitude toward gratitude."

Elie Wiesel

"We give thanks to God always for you all, making mention of you in our prayers."

I Thessalonians 1:2

DAY 143

I am thankful that the Word of God stretches us and causes us to grow.

"Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings."

William Arthur Ward

"And Jesus took the loaves; and when He had given thanks, He distributed to the disciples, and the disciples to them that were set down; and like wise of the fishes as much as they would."

John 6:11

DAY 144

I am thankful that vulnerability actually shows strength, not weakness.

"If you want to turn your life around, try thankfulness. It will change your life mightily."

Gerald Good

"And when He had thus spoken, He took bread, and gave thanks to God in the presence of them all: and when He had broken it, He began to eat."

Acts 27:35

DAY 145

I am thankful for God's holiness.

"Everything we do should be a result of our gratitude for what God has done for us."

Lauryn Hill

"Wherefore I also, after I heard of your faith in the Lord Jesus, and love unto all the saints, Cease not to give thanks for you, making mention of you in my prayers."

Ephesians 1:15-16

DAY 146

I am thankful for valuable life lessons.

"Two kinds of gratitude: The sudden kind we feel for what we take; the larger kind we feel for what we give."

Edwin Arlington Robinson

"Sing unto the Lord, O ye saints of His, and give thanks at the remembrance of His holiness."

Psalm 30:4

DAY 147

I am thankful that as Christians, we can experience Heaven on earth.

"A thankful person is thankful under all circumstances. A complaining soul complains even if he lives in paradise."

Unknown

"Rejoice in the Lord, ye righteous; and give thanks at the remembrance of His holiness."

Psalm 97:12

DAY 148

I am thankful for sanctification - being saved from the power of sin.

"Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts."

David O. McKay

"O give thanks unto the Lord, for He is good; for His mercy endureth for ever."
Psalm 107:1

DAY 149

I am thankful for God's longsuffering.

"The depth and the willingness with which we serve is a direct reflection of our
gratitude."

Gordon T. Watts

"Thanks be unto God for His unspeakable gift."
II Corinthians 9:15

DAY 150

I am thankful for people who have vision.

"An evidence that our will has been broken is that we begin to thank God for that which once seemed so bitter, knowing that His will is good and that, in His time and in His way, He is able to make the most bitter waters sweet."

Nancy Leigh DeMoss

"We give Thee thanks, O Lord God Almighty, which art, and wast, and art, to come: because Thou hast taken to Thee thy great power, and hast reigned."

Revelation 11:17

DAY 151

I am thankful for Godly people.

"For if [a Christian] cannot thank and praise God as well in calamities and sufferings as in prosperity and happiness, he is as far from the piety of a Christian as he that only loves them that love him is from the charity of a Christian. For to thank God only for such things as you like is no more a proper act of piety than to believe only what you see is an act of faith. Resignation and thanksgiving to God are only acts of piety when they are acts of faith, trust and confidence in the divine goodness."

William Law

"For this cause also, thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe."

I Thessalonians 2:13

DAY 152

I am thankful for fulfillment in life.

"I find that the more willing I am to be grateful for the small things in life, the bigger stuff just seems to show up from unexpected sources, and I am constantly looking forward to each day with all the surprises that keep coming my way!"

Louise L. Hay

"I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin."

Romans 7:25

DAY 153

I am thankful for favor in the sight of God and others.

"An unthankful and complaining spirit is an abiding sin against God, and a cause of almost continual unhappiness; and yet how common such a spirit is. How prone we seem to be to forget the good that life knows, and remember and brood over its evil – to forget its joys, and think only of its sorrows – to forget thankfulness, and remember only to complain."

John Broadus

"But thanks be to God which giveth us the victory through our Lord Jesus Christ."

I Corinthians 15:57

DAY 154

I am thankful for strong, Godly leadership.

"I can no other answer make, but, thanks, and thanks."

William Shakespeare

"I thank Thee, and praise Thee, O thou God of my fathers, who hast given me wisdom and might, and hast made known unto me now what we desired of Thee; for Thou hast now made known unto us the king's matter."

Daniel 2:23

DAY 155

I am thankful for new beginnings.

"The problem with being thankful is not so much one of manners as it is of alertness to the facts, that is, simply having open eyes to what is true. And it is true that you and I deserve nothing good. No, more than that, we deserve everything bad – an eternity in hell."

Jim Elliff

"Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of His knowledge by us in every place."

II Corinthians 2:14

DAY 156

I am thankful for restoration.

"Thankfulness flows out of a heart that is rooted in Christ. If Christ is the Lord of our lives, we will live in Him, be built up in Him, and be strengthened in Him. Ultimately we will find ourselves overflowing with thankfulness to Him for all that He has done on our behalf."

Karl Graustein

"But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you."

Romans 6:17

DAY 157

I am thankful that I am going somewhere in life.

"As the Lord loveth a cheerful giver, so likewise a cheerful thanksgiver."

John Boys

"And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at His feet, giving Him thanks: and he was a Samaritan."

Luke 17:13-16

DAY 158

I am thankful for choices.

"Thankfulness to God is a recognition that God in His goodness and faithfulness has provided for us and cared for us, both physically and spiritually. It is a recognition that we are totally dependent upon Him; that all that we are and have comes from God."

Jerry Bridges

"But who am I, and what is my people, that we should be able to offer so willingly after this sort? for all things come of thee, and of thine own have we given thee."

1 Chronicles 29:14

DAY 159

I am thankful for honest people.

"Gratitude is riches. Complaint is poverty."

Doris Day

"We are bound to thank God always for you, brethren, as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each other aboundeth."

II Thessalonians 1:3

DAY 160

I am thankful to see other people do great things for God.

"A joyful approach to life has a lot to do with nurturing a heart of gratitude. When we become truly thankful for what we have, our eyes are opened to the positives that we can celebrate and embrace."

Michelle McKinney Hammond

"I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ."

I Corinthians 1:4

DAY 161

I am thankful that God is always there even before we realize we need Him.

"Can you see the holiness in those things you take for granted — a paved road or a washing machine? If you concentrate on finding what is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul."

Harold Kushner

"I thank my God upon every remembrance of you."

Philippians 1:3

DAY 162

I am thankful for those who persevere to the end.

"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

Unknown

"We give thanks to God and the Father of our Lord Jesus Christ, praying always for you."

Colossians 1:3

DAY 163

I am thankful for the joy that comes with seeing others saved.

"Gratitude changes the pangs of memory into a tranquil joy."
Dietrich Bonhoeffer

"But thanks be to God, which put the same earnest care into the heart of Titus for
you."
II Corinthians 8:16

DAY 164

I am thankful that the joy of the Lord is my strength.

"There is no better way to thank God for your sight than by giving a helping hand to someone in the dark."

Helen Keller

"Unto Thee O God, do we give thanks, unto Thee do we give thanks: for that Thy name is near Thy wondrous works declare."

Psalm 75:1

DAY 165

I am thankful that I can go to God about anything.

"If God asks that you bend, bend and do not complain. He is making you more flexible, and for this be thankful."

Terri Guillemets

"Now therefore, our God, we thank Thee, and praise Thy glorious name."
II Chronicles 29:13

DAY 166

I am thankful that God is a problem solver.

"When I first open my eyes upon the morning meadows and look out upon the beautiful world, I thank God I am alive."

Ralph Waldo Emerson

"He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks."

Romans 14:6

DAY 167

I am thankful for unanswered prayers.

"Given the amount of unjust suffering and unhappiness in the world, I am deeply grateful for, sometimes even perplexed by, how much misery I have been spared."

Dennis Prager

"For every creature of God is good, and nothing to be refused, if it be received with thanksgiving."

I Timothy 4:4

DAY 168

I am thankful for kind strangers.

"I will thank God for the day and the moment I have."

Jim Valvano

"I exhort therefore, that, first of all, supplications, prayers, intercessions and giving of thanks, be made for all men."

I Timothy 2:1

DAY 169

I am thankful for peaceful sleep.

"I need to start thanking God for everything even when nothing is wrong. I feel guilty when I call on Him only when I need him!"

Unknown

"Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God."

II Corinthians 9:11

DAY 170

I am thankful for the value God places on the human life.

"God never fails to bring about abundant living in those who receive His gifts
with confident gratitude."

Priscilla Shirer

"I thank God, whom I serve from my forefathers with pure conscience, that
without ceasing I have remembrance of thee in my prayers night and day."

II Timothy 1:3

DAY 171

I am thankful for every moment of life.

"Thanksgiving to God is an exuberant response to giving me HIS everything . . .
by giving Him MY everything."

Martha Kilpatrick

"It is good for me that I have been afflicted; that I might learn thy statutes."
Psalm 119:71

DAY 172

I am thankful for freedom.

"Some complain that roses have thorns—others rejoice that thorns have roses!"

Unknown

"Continue in prayer and watch in the same with thanksgiving."

Colossians 4:2

DAY 173

I am thankful for the blood that never loses its power.

"Real life isn't always going to be perfect or go our way, but the recurring acknowledgement of what is working in our lives can help us not only to survive but surmount our difficulties."

Sarah Ban Breathnach

"It is a good thing to give thanks unto the Lord, and to sing praises unto Thy name, O Most High."

Psalm 92:1

DAY 174

I am thankful that negatives can always be turned into positives.

"You may not have the perfect job, but you need to thank God that you have a job. Some people would love to have your job."

Hylton Davidson

"And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."

Colossians 3:15

DAY 175

I am thankful for the opportunity to learn

Giving thanks for abundance is sweeter than the abundance itself.

Rumi

"And she coming in that instant gave thanks likewise unto the Lord, and spake of Him to all them who looked for redemption in Jerusalem."

Luke 2:38

DAY 176

I am thankful that I have something to be thankful for.

"Thank God for clothes to wear;
For food to eat;
For people who care;
And for money under the car seat."
Daniel Whyte III

"Whoso offereth praise glorifieth me: and to him that ordereth his conversation
aright will I shew the salvation of God."
Psalms 50:23

DAY 177

I am thankful that nothing is impossible with God

Some people have a wonderful capacity to appreciate again and again, freshly and naively, the basic goods of life, with awe, pleasure, wonder, and even ecstasy.

Abraham Maslow

"I will offer to Thee the sacrifice of thanksgiving, and will call upon the name of the Lord."

Psalm 116:17

DAY 178

I am thankful for setbacks in life.

Gratitude bestows reverence, allowing us to encounter everyday epiphanies,
those transcendent moments of awe that change forever how we experience life
and the world.

John Milton

"I give thanks unto thee, O Lord, and sing praises unto thy name."

Psalm 18.49

DAY 179

I am thankful for second chances.

Appreciation can make a day, even change a life. Your willingness to put it into words is all that is necessary.

Margaret Cousins

"To the end that my glory may sing praise to thee, and not be silent. O Lord my God, I will give thanks unto thee for ever."

Psalm 30:12

DAY 180

I am thankful for the power of the Holy Spirit.

Gratitude is the return justly required from the objects of His beneficence; yet it is often withheld from our great Benefactor simply because His goodness is so constant and so abundant. It is lightly esteemed because it is exercised toward us in the common course of events. It is not felt because we daily experience it.

A.W. Pink

"Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!"

Psalm 107:8

DAY 181

I am thankful for difficult times.

"Saying thank you is more than good manners. It is good spirituality."

Alfred Painter

"I thank my God, making mention of thee always in my prayers."

Philemon 1:4

DAY 182

I am thankful for mistakes that help me become a better person.

"Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful."

Selected

"Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ."

Ephesians 1:3

DAY 183

I am thankful that God's faithfulness is continual.

"No duty is more urgent than that of returning thanks."

Author Unknown

"Thou art my God, and I will praise thee: thou art my God, I will exalt thee."

Psalm 118:28

DAY 184

I am thankful for rest and relaxation.

"True gratitude is an understanding that if you are not happy just as things are now, a big bonus check won't likely change anything for the better."

T.D. Jakes

"At midnight I will rise to give thanks unto thee because of thy righteous judgments."

Psalm 119:62

DAY 185

I am thankful for answered prayers.

"Were there no God, we would be in this glorious world with grateful hearts and
no one to thank."

Christina Rossetti

"O give thanks unto the God of gods: for his mercy endureth for ever."
Psalm 136:2

DAY 186

I am thankful for simple things in life.

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

John Fitzgerald Kennedy

"I know that the Lord will maintain the cause of the afflicted, and the right of the poor. Surely the righteous shall give thanks unto thy name: the upright shall dwell in thy presence."

Psalm 140:12-13

DAY 187

I am thankful that there is always somebody to help.

"Thank God every day when you get up that you have something to do that day which must be done whether you like it or not. Being forced to work and forced to do your best will breed in you temperance and self-control, diligence and strength of will, cheerfulness and content, and a hundred virtues which the idle will never know."

Basil Carpenter

"O give thanks unto the God of heaven: for his mercy endureth for ever."

Psalm 136:26

DAY 188

I am thankful for people who genuinely care.

"When our perils are past, shall our gratitude sleep?"

George Canning

"Praise ye the Lord: for it is good to sing praises unto our God; for it is pleasant;
and praise is comely."

Psalm 147:1

DAY 189

I am thankful for the feeling that comes after doing the right thing.

"Go to foreign countries and you will get to know the good things one possesses
at home."

Johann Wolfgang Von Goethe

"Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God:
Who covereth the heaven with clouds, who prepareth rain for the earth, who
maketh grass to grow upon the mountains."

Psalm 147:7-8

DAY 190

I am thankful for life experiences.

"Happiness is itself a kind of gratitude."

Joseph Wood Krutch

"For what thanks can we render to God again for you, for all the joy wherewith we joy for your sakes before our God."

1 Thessalonians 3:9

DAY 191

I am thankful for acceptance.

"Both abundance and lack exist simultaneously in our lives, as parallel realities. It is always our conscious choice which secret garden we will tend... when we choose not to focus on what is missing from our lives but are grateful for the abundance that's present — love, health, family, friends, work, the joys of nature and personal pursuits that bring us pleasure — the wasteland of illusion falls away and we experience Heaven on earth."

Sarah Ban Breathnach

"To him who alone doeth great wonders: for his mercy endureth for ever."

Psalms 136:4

DAY 192

I am thankful for gentleness and self-control.

"Many people who order their lives rightly in all other ways are kept in poverty by their lack of gratitude."

Wallace Wattles

"Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks."

Ephesians 5:4

DAY 193

I am thankful for each new day I am able to draw closer to God

"Whenever we are appreciative, we are filled with a sense of well-being and swept up by the feeling of joy."

M.J. Ryan

"We accept it always, and in all places, most noble Felix, with all thankfulness."

Acts 24:3

DAY 194

I am thankful that I am who I am and that I am not anybody else.

"An attitude of gratitude shows a lot about the character of a person. We should never have an attitude of entitlement, but we should have one that says, 'I know I don't deserve God's goodness, but I am sure grateful for it.'"

Joyce Meyer

"To him that by wisdom made the heavens: for his mercy endureth for ever."

Psalm 136:5

DAY 195

I am thankful that Jesus is always more than enough.

"Our gratitude to God is not meant to be measured out once a year around a dining room table. It is to be translated into genuine 'thanksgiving'."

Anne Graham Lotz

"Saying, Amen: Blessing, and glory, and wisdom, and thanksgiving, and honour, and power, and might, be unto our God for ever and ever. Amen."

Revelation 7:12

DAY 196

I am thankful for quietness.

"Hem your blessings with thankfulness so they don't unravel."

Author Unknown

"Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened."

Romans 1:21

DAY 197

I am thankful that death is simply a part of life.

"Gratitude consists of being more aware of what you have, than what you don't."

Unknown

"And to stand every morning to thank and praise the LORD, and likewise at even."

1 Chronicles 23:30

DAY 198

I am thankful to be in the right place at the right time.

"Who does not thank for little will not thank for much."

Estonian Proverb

"And Hezekiah appointed the courses of the priests and the Levites after their courses, every man according to his service, the priests and Levites for burnt offerings and for peace offerings, to minister, and to give thanks, and to praise in the gates of the tents of the LORD."

2 Chronicles 31:2

DAY 199

I am thankful that my strength is renewed everyday.

"Whatever our individual troubles and challenges may be, it's important to pause every now and then to appreciate all that we have, on every level. We need to literally "count our blessings," give thanks for them, allow ourselves to enjoy them, and relish the experience of prosperity we already have."

Shakti Gawain

"Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified."

Psalm 40:16

DAY 200

I am thankful that God's mercy endures forever.

"Out of the billions of people who make up this universe, God is interested in you...When you come to Him, you should draw near with a thankful heart, because you do not come in contact with a heavenly Father who speaks to the masses, but one who speaks to individuals. That should invoke your unlimited gratitude."

Charles Stanley

"Neither say they in their heart, Let us now fear the LORD our God, that giveth rain, both the former and the latter, in his season: he reserveth unto us the appointed weeks of the harvest. Your iniquities have turned away these things, and your sins have withholden good things from you."

Jeremiah 5:24-25

DAY 201

I am thankful that Jesus intercedes for us in Heaven.

"Is it not lamentable that men will never thank God for the countless blessings He confers upon them, and then remember Him only to complain of the evils which they have brought upon themselves, and which are never half so great as their misconduct deserves?"

John Broadus

"And say ye, Save us, O God of our salvation, and gather us together, and deliver us from the heathen, that we may give thanks to thy holy name, and glory in thy praise."

1 Chronicles 16:35

DAY 202

I am thankful for people who are willing to help.

"Memory...keeps gratitude fresh and...gratitude keeps faith fruitful."

Dale Ralph Davis

"Wherefore we receiving a kingdom which cannot be moved, let us have grace,
whereby we may serve God acceptably with reverence and godly fear."

Hebrews 12:28

DAY 203

I am thankful for those times when my heart is broken because it helps me mature.

"The six most important words: I admit I made a mistake. The five most important words: You did a good job. The four most important words: What is YOUR opinion? The three most important words: If you please. The two most important words: Thank You. The one most important word: We. The least important word: I."

Author Unknown

"Sing unto the LORD with thanksgiving; sing praise upon the harp unto our God."

Psalm 147:7

DAY 204

I am thankful that everyone is made in the image of God.

"A thankful heart is one of the primary identifying characteristics of a believer. It stands in stark contrast to pride, selfishness, and worry. And it helps fortify the believer's trust in the Lord and reliance of His provision, even in the toughest times. No matter how choppy the seas become, a believer's heart is buoyed by constant praise and gratefulness to the Lord."

John MacArthur

"Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms."

Psalm 95:2

DAY 205

I am thankful for the blessings that come with obedience

"Gratefulness is the key to a happy life that we hold in our hands, because if we are not grateful, then no matter how much we have we will not be happy -- because we will always want to have something else or something more."

David Steindl-Rast

"I will praise the name of God with a song, and will magnify him with thanksgiving."

Psalm 69:30

DAY 206

I am thankful for solutions and those who help to find them

"The moment one gives close attention to anything, even a blade of grass, it becomes a mysterious, awesome, indescribably magnificent world in itself."

Henry Miller

"I will bless the LORD at all times: his praise shall continually be in my mouth."

Psalm 34:1

DAY 207

I am thankful that we can intercede for others

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

Melody Beattie

"Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness; To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever."

Psalm 30:11-12

DAY 208

I am thankful for the difficult times since it makes me appreciate everything so much more.

"Gratitude is one of the greatest antidotes to complacency and mediocrity that I know. If you're aware of what you've been given, then you want to be a steward of these blessings, both to enjoy for yourself but also to bless others with."

T.D. Jakes

"Grant thee according to thine own heart, and fulfil all thy counsel."

Psalm 20:4

DAY 209

I am thankful that I don't have everything I desire.

"How wonderful it would be if we could help our children and grandchildren to learn thanksgiving at an early age. Thanksgiving opens the doors. It changes a child's personality. A child is resentful, negative—or thankful. Thankful children want to give, they radiate happiness, they draw people."

Sir John Templeton

"I will praise thee, O LORD, with my whole heart; I will shew forth all thy marvellous works."

Psalm 9:1

DAY 210

I am thankful for pain.

"Not what we say about our blessings, but how we use them, is the true measure of our thanksgiving."

W.T. Purkiser

"I will be glad and rejoice in thee: I will sing praise to thy name, O thou most High."

Psalm 9:2

DAY 211

I am thankful to be able to help those in need.

"We should not make a big deal out of little inconveniences or disappointments, but we should make a big deal out of little blessings, especially in our thoughts. Let us develop an attitude of gratitude and it will glorify God and give us a better quality of life."

Joyce Meyer

"And the four and twenty elders, which sat before God on their seats, fell upon their faces, and worshipped God."

Revelation 11:16

DAY 212

I am thankful for accountability.

"Gratitude is the sign of noble souls."

Aesop Fables

"And all the angels stood round about the throne, and about the elders and the four beasts, and fell before the throne on their faces, and worshipped God."

Revelation 7:11

DAY 213

I am thankful for courage.

"It is probable that in most of us the spiritual life is impoverished and stunted because we give so little place to gratitude. It is more important to thank God for blessings received than to pray for them beforehand. For that forward-looking prayer, though right as an expression of dependence upon God, is still self-centered in part, at least, of its interest; there is something we hope to gain by our prayer. But the backward-looking act of thanksgiving is quite free from this.

In itself it is quite selfless. Thus it is akin to love. All our love to God is in response to his love for us; it never starts on our side. 'We love, because he first loved us.'"

William Temple

"At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes."

Matthew 11:25

DAY 214

I am thankful for temperance.

"Gratitude is a vaccine, an antitoxin, and an antiseptic."

John Henry Jowett

"O give thanks to the Lord of lords: for his mercy endureth for ever."

Psalm 136:3

DAY 215

I am thankful for strength to endure.

"We can always find something to be thankful for, and there may be reasons why we ought to be thankful for even those dispensations which appear dark and frowning."

Albert Barnes

"Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him and bless His name."

Psalm 100:4

DAY 216

I am thankful that God gives power to those who are weak.

"It is delightfully easy to thank God for the grace we ourselves have received, but it requires great grace to thank God always for the grace given to others."

James Smith

"O give thanks unto the Lord; call upon His name: make known His deeds among the people."

Psalm 105:1

DAY 217

I am thankful for redemption.

"For hearts that are kindly, with virtue and peace, and not seeking blindly a
hoard to increase; for those who are grieving o'er life's sordid plan; for souls still
believing in heaven and man; for homes that are lowly with love at the board; for
things that are holy, I thank thee, O Lord!"

Walt Mason

"Offer unto God thanksgiving; and pay thy vow unto the Most High."

Psalm 50:14

DAY 218

I am thankful for peace on the inside.

"I have lived to thank God that not all my prayers have been answered."

Jean Ingelow

"In everything give thanks: for this is the will of God in Christ Jesus concerning you."

I Thessalonians 5:18

DAY 219

I am thankful for rest.

"For, after all, put it as we may to ourselves, we are all of us from birth to death guests at a table which we did not spread. The sun, the earth, love, friends, our very breath are parts of the banquet.... Shall we think of the day as a chance to come nearer to our Host, and to find out something of Him who has fed us so long?"

Rebecca Harding Davis

"Rooted and built up in Him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving."

Colossians 2:7

DAY 220

I am thankful for loyalty.

"God has a way of letting us save face and show gratitude to Him."

R.T. Kendall

"Praise ye the Lord. O give thanks unto the Lord; for He is good: for His mercy endureth for ever."

Psalm 106:1

DAY 221

I am thankful that if God is for me no one can be against me.

"And though I ebb in worth, I'll flow in thanks."

John Taylor

"And He took the cup and gave thanks, and gave it unto them, saying, Drink ye all of it."

Matthew 26:27

DAY 222

I am thankful that God is interested in every single person He made.

"All that we behold is full of blessings."

William Wordsworth

"Then they took away the stone from the place where the dead was laid. And Jesus lifted up His eyes, and said, Father, I thank thee that thou hast heard Me."

John 11:41

DAY 223

I am thankful for fullness of life.

"God has two dwellings; one in heaven, and the other in a meek and thankful heart."

Izaak Walton

"And when those beasts give glory and honour and thanks to Him that sat on the throne, who liveth for ever and ever, The four and twenty elders fall down before him that sat on the throne, and worship him that liveth for ever and ever, and cast their crowns before the throne."

Revelation 4:9-10

DAY 224

I am thankful for light to guide me in the darkest times of life.

"Every moment of every day -- from the rising of the sun to the setting of the same -- provides us an opportunity to cultivate a thankful heart."

Karla Dornacher

"And I thank Christ Jesus our Lord, who hath enabled me, for that He counted me faithful, putting me into the ministry."

I Timothy 1:12

DAY 225

I am thankful that God will never cease to exist.

"Give thanks for unknown blessings already on their way."

Native American Saying

"And I thank Christ Jesus our Lord, who hath enabled me, for that He counted me faithful, putting me into the ministry."

I Timothy 1:12

DAY 226

I am thankful that there is a mansion in Heaven awaiting me.

"Lord, 'tis Thy plenty-dropping hand
That soils my land,
And giv'st me for my bushel sowne
Twice ten for one.
All this, and better, Thou dost send
Me, to this end,
That I should render, for my part,
A thankful heart."
Robert Herrick

"I will sing unto the Lord because He hath dealt bountifully with me."
Psalm 13:6

DAY 227

I am thankful that God is so big that He includes all people of all races in His family.

"Want better health? Greater optimism? Resilience in tough times? All are proven products of regularly acknowledging the good things in life."
Deborah Norville

"First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world."
Romans 1:8

DAY 228

I am thankful for trouble.

"It is literally true, as the thankless say, that they have nothing to be thankful for. He who sits by the fire, thankless for the fire, is just as if he had no fire.

Nothing is possessed save in appreciation, of which thankfulness is the indispensable ingredient. But a thankful heart hath a continual feast."

W.J. Cameron

"Whoso offereth praise glorifieth me: and to him that ordereth his conversation aright will I shew the salvation of God."

Psalms 50:23

DAY 229

I am thankful for the possibility of tomorrow.

"On Thanksgiving Day we acknowledge our dependence."

William Jennings Bryan

"Giving thanks always for all things unto God and the Father in the name of our
Lord Jesus Christ."

Ephesians 5:20

DAY 230

I am thankful for the memories of yesterday.

"Thanksgiving is the holiday of peace, the celebration of work and the simple life... a true folk-festival that speaks the poetry of the turn of the seasons, the beauty of seedtime and harvest, the ripe product of the year - and the deep, deep connection of all these things with God."

Ray Stannard Baker

"By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name."

Hebrews 13:15

DAY 231

I am thankful for the purpose in today.

"Say thank you. It's the real secret to having the life you want!"

Deborah Norville

"Ye also helping together by prayer for us, that for the gift bestowed upon us by the means of many persons thanks may be given by many on our behalf."

II Corinthians 1:11

DAY 232

I am thankful that I am secure in Christ.

"Let us remember that, as much has been given us, much will be expected from us, and that true homage comes from the heart as well as from the lips, and shows itself in deeds."

Theodore Roosevelt

"Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime."

Daniel 6:10

DAY 233

I am thankful that I am secure in who I am.

"Thanksgiving comes to us out of the prehistoric dimness, universal to all ages and all faiths. At whatever straws we must grasp, there is always a time for gratitude and new beginnings."

J. Robert Moskin

"I will give Thee thanks in the great congregation: I will praise Thee among much people."

Psalm 35:18

DAY 234

I am thankful for freedom.

"Thou hast given so much to me,
Give one thing more, - a grateful heart;
Not thankful when it pleaseth me,
As if Thy blessings had spare days,
But such a heart whose pulse may be Thy praise."
George Herbert

"We give thanks to God always for you all, making mention of you in our
prayers."

I Thessalonians 1:2

DAY 235

I am thankful for the still, small voice of God.

"Practicing gratitude, acknowledging the blessings in your life, and making it a point to recognize those good things, will positively change your life."

Deborah Norville

"And Jesus took the loaves; and when He had given thanks, He distributed to the disciples, and the disciples to them that were set down; and like wise of the fishes as much as they would."

John 6:11

DAY 236

I am thankful for tranquility.

"For flowers that bloom about our feet;
For tender grass, so fresh, so sweet;
For song of bird, and hum of bee;
For all things fair we hear or see,
Father in heaven, we thank Thee!"
Ralph Waldo Emerson

"And when He had thus spoken, He took bread, and gave thanks to God in the presence of them all: and when He had broken it, He began to eat."
Acts 27:35

DAY 237

I am thankful for resolutions.

"For each new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends,
For everything Thy goodness sends."
Ralph Waldo Emerson

"Wherefore I also, after I heard of your faith in the Lord Jesus, and love unto all the saints, Cease not to give thanks for you, making mention of you in my prayers."
Ephesians 1:15-16

DAY 238

I am thankful for order in the world.

"Thanksgiving was never meant to be shut up in a single day."

Robert Caspar Lintner

"Sing unto the Lord, O ye saints of His, and give thanks at the remembrance of
His holiness."

Psalm 30:4

DAY 239

I am thankful for silence.

"He who thanks but with the lips
Thanks but in part;
The full, the true Thanksgiving
Comes from the heart."

J.A. Shedd

"Rejoice in the Lord, ye righteous; and give thanks at the remembrance of His
holiness."

Psalm 97:12

DAY 240

I am thankful to be standing on the promises of God.

"Thanksgiving, after all, is a word of action."

W.J. Cameron

"O give thanks unto the Lord, for He is good; for His mercy endureth for ever."

Psalm 107:1

DAY 241

I am thankful that Jesus' yoke is easy and His burden is light.

"Thanksgiving Day comes, by statute, once a year; to the honest man it comes as frequently as the heart of gratitude will allow. "

Edward Sandford Martin

"Thanks be unto God for His unspeakable gift."

II Corinthians 9:15

DAY 242

I am thankful that God gives power to the weak.

"Remember God's bounty in the year. String the pearls of His favor. Hide the dark parts, except so far as they are breaking out in light! Give this one day to thanks, to joy, to gratitude! "

Henry Ward Beecher

"We give Thee thanks, O Lord God Almighty, which art, and wast, and art, to come: because Thou hast taken to Thee thy great power, and hast reigned."

Revelation 11:17

DAY 243

I am thankful that God gives strength to the powerless.

"You will be happier, healthier, and better able to handle the stresses of daily life simply by saying thank you."

Deborah Norville

"For this cause also, thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe."

I Thessalonians 2:13

DAY 244

I am thankful that in God we can find new strength.

"So once in every year we throng
Upon a day apart,
To praise the Lord with feast and song
In thankfulness of heart."
Arthur Guiterman

"I thank God through Jesus Christ our Lord. So then with the mind I myself
serve the law of God; but with the flesh the law of sin."
Romans 7:25

DAY 245

I am thankful that in God we can run and not be weary.

"Thanksgiving Day is a jewel, to set in the hearts of honest men; but be careful that you do not take the day, and leave out the gratitude. "

E.P. Powell

"But thanks be to God which giveth us the victory through our Lord Jesus Christ."

I Corinthians 15:57

DAY 246

I am thankful that in God we can walk and not faint.

"If the only prayer you said in your whole life was, 'thank you,' that would suffice."

Meister Eckhart

"I thank Thee, and praise Thee, O thou God of my fathers, who hast given me wisdom and might, and hast made known unto me now what we desired of Thee; for Thou hast now made known unto us the king's matter."

Daniel 2:23

DAY 247

I am thankful that victory is mine through Christ.

"Silent gratitude isn't much use to anyone."

G. B. Stern

"Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of His knowledge by us in every place."

II Corinthians 2:14

DAY 248

I am thankful that the Lord's peace and joy cannot be taken away.

"Jesus once said that if human beings didn't praise and thank God, the stones of the earth would cry out in our place. That's how motivated the rest of the created world is to give thanks."

Sue Lutz

"But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you."

Romans 6:17

DAY 249

I am thankful that if I ask, I will get; and if I seek, I will find; and if I knock, the door will be opened.

"We are so taken up with the affairs of the present that we don't have time to give thanks for blessings of the past."

John A. Broadus

"And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at His feet, giving Him thanks: and he was a Samaritan."

Luke 17:13-16

DAY 250

I am thankful that the Bible is the Word of Truth.

"As we pause to thank Him for the blessings of the past year, we must not forget to thank Him for the lessons we have learned through our difficult times. We are not to be thankful for just the pleasant, easy things, but ALL things."

Millie Stamm

"We are bound to thank God always for you, brethren, as it is meet, because that your faith groweth exceedingly, and the charity of every one of you all toward each other aboundeth."

II Thessalonians 1:3

DAY 251

I am thankful that God leads all of us into truth.

"We tend to take all the gifts and pleasures and happiness and the joy without saying much to God. We take our health and strength, our food and clothing and our loved ones, all for granted; but the moment anything goes wrong we start grumbling and complaining and we say 'Why should God do this to me, why should this happen to me?' How slow we are to thank and swift to grumble."

Martyn Lloyd-Jones

"I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ."

I Corinthians 1:4

DAY 252

I am thankful that Jesus is the truth.

"True thanksgiving means that we need to thank God for what He has done for us, and not to tell Him what we have done for Him."

George R. Hendrick

"I thank my God upon every remembrance of you."

Philippians 1:3

DAY 253

I am thankful that our inner self is being renewed day by day

"Happiness cannot be travelled to, owned, earned, worn or consumed.
Happiness is the spiritual experience of living every minute with love, grace, and
gratitude."

D. Waitley

"We give thanks to God and the Father of our Lord Jesus Christ, praying always
for you."

Colossians 1:3

DAY 254

I am thankful that the Lord always goes before me.

"Greed grabs, Gratitude recieves."

Unknown

"But thanks be to God, which put the same earnest care into the heart of Titus for
you."

II Corinthians 8:16

DAY 255

I am thankful that the Spirit of God is life and peace.

"Thankfulness is the 'chief exercise of godliness' in which we ought to engage during the whole of our life. 'Gratitude is the heart... of the Christian life.'"

Unknown

"Unto Thee, O God, do we give thanks, unto Thee do we give thanks: for that Thy name is near Thy wondrous works declare."

Psalm 75:1

DAY 256

I am thankful that all of God's promises will be fulfilled.

"To be grateful is to recognize the love of God in everything He has given us--
and He has given us everything. Every breath we draw is a gift of His love,
every moment of existence is a grace, for it brings with it immense graces from
Him."

Thomas Merton

"Now therefore, our God, we thank Thee, and praise Thy glorious name."
II Chronicles 29:13

DAY 257

I am thankful that I am valuable to God simply because of who I am.

"Being thankful does not mean ignoring painful realities. It means bringing our trials to a God who loves us and sent His Son to be our Saviour."

Sue Lutz

"He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks."

Romans 14:6

DAY 258

I am thankful that a closed door is not the end but is a pathway to an open door.

"Our knowledge of God is perfected by gratitude: we are thankful and rejoice in the experience of the truth that He is love . . ."

Thomas Merton

"For every creature of God is good, and nothing to be refused, if it be received with thanksgiving."

I Timothy 4:4

DAY 259

I am thankful that even in the dark, God's light shines through.

"Gratitude can be a vaccine that can prevent the invasion of a disgruntled attitude. As antitoxins prevent the disastrous effects of certain poisons and diseases, thanksgiving destroys the poison of faultfinding and grumbling. When trouble has smitten us, a spirit of thanksgiving is a soothing antiseptic."

John Henry Jowett

"I exhort therefore, that, first of all, supplications, prayers, intercessions and giving of thanks, be made for all men."

I Timothy 2:1

DAY 260

I am thankful that we are children of God.

"In those times we yearn to have more in our lives, we should dwell on the things we already have. In doing so, we will often find that our lives are already full to overflowing."

Jim Stovall

"Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God."

II Corinthians 9:11

DAY 261

I am thankful that I am an heir of God and a fellow heir with Christ.

"Gratitude is the fairest blossom which springs from the soul."

Henry Ward Beecher

"I thank God, whom I serve from my forefathers with pure conscience, that without ceasing I have remembrance of thee in my prayers night and day."

II Timothy 1:3

DAY 262

I am thankful that God is a very present help in trouble.

"Thankfulness is God's idea."

Sue Lutz

"It is good for me that I have been afflicted; that I might learn thy statutes."

Psalm 119:71

DAY 263

I am thankful that the Lord's compassions don't fail.

"Seek to cultivate a buoyant, joyous sense of the crowded kindnesses of God in
your daily life."

Alexander MacLaren

"Be careful for nothing, but in everything by prayer and supplication with
thanksgiving let your requests be made known unto God."

Philippians 4:6

DAY 264

I am thankful that God sustains me.

"Gratitude is when memory is stored in the heart and not in the mind."

Lionel Hampton

"Continue in prayer and watch in the same with thanksgiving."

Colossians 4:2

DAY 265

I am thankful that the Lord is a shelter in the time of storm.

"The same suffering that reveals our weaknesses reveals God's strength, "for power is perfected in weakness" (2 Cor. 12:9). When we are least effective in our human strength and have only God's power to sustain us, then we are suitable channels through which His power flows. And so we should praise God for adversity because that's when His power is most evident in our lives. There is no one too weak to be powerful, but there are many too strong."

John MacArthur

"It is a good thing to give thanks unto the Lord, and to sing praises unto Thy name, O Most High."

Psalm 92:1

DAY 266

I am thankful that there is joy in hope.

"I would maintain that thanks are the highest form of thought, and that gratitude is happiness doubled by wonder."

G.K. Chesterton

"And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."

Colossians 3:15

DAY 267

I am thankful that we can be patient in trouble.

"Our favorite attitude should be gratitude."

Author Unknown

"And she coming in that instant gave thanks likewise unto the Lord, and spake of Him to all them who looked for redemption in Jerusalem."

Luke 2:38

DAY 268

I am thankful that we can remain in prayer to a God Who is always listening.

"The things we take for granted are dreams to many people."

Author Unknown

"I will offer to Thee the sacrifice of thanksgiving, and will call upon the name of the Lord."

Psalm 116:17

DAY 269

I am thankful that we can dwell in the House of God in our hearts every day.

"Thanksgiving gives effect to prayer, and frees from anxious carefulness by making all God's dealings matter for praise, not merely for resignation, much less murmuring. Peace is the companion of thanksgiving."

Author Unknown

"I give thanks unto thee, O Lord, and sing praises unto thy name."

Psalm 18:49

DAY 270

I am thankful that God will restore and refresh our weary souls.

"It must be an odd feeling to be thankful to nobody in particular. Christians in public institutions often see this odd thing happening on Thanksgiving Day. Everyone in the institution seems to be thankful 'in general.' It's very strange. It's a little like being married in general."

Cornelius Plantinga, Jr.

"To the end that my glory may sing praise to thee, and not be silent. O Lord my God, I will give thanks unto thee for ever."

Psalm 30:12

DAY 271

I am thankful that we have been raised up with Christ to sit in Heavenly places.

"Scripture's denial that our best works are sufficient in themselves to please God or to compensate for our weaknesses makes our spiritual desperation more acute and, thus, our appreciation of grace becomes more emphatic. Overwhelming gratitude for the spiritual deliverance our Savior alone provides will engender a humble and glad willingness to dedicate the strength of our lives to our Savior's glory."

Bryan Chapell

"So we thy people and sheep of thy pasture will give thee thanks for ever: we will show forth thy praise to all generations."

Psalm 79:13

DAY 272

I am thankful that I have a goodly heritage.

"I am not what I ought to be. I am not what I want to be. I am not what I hope to be in another world; but still I am not what I once used to be, and by the grace of God I am what I am."

John Newton

"Let the heavens rejoice, and let the earth be glad; let the sea roar, and the fulness thereof. Let the field be joyful, and all that is therein: then shall all the trees of the wood rejoice."

Psalm 96:11-12

DAY 273

I am thankful that there is a reward for the faithful.

"Forgive the song that falls so low, beneath the gratitude I owe."

William Cowper

"Make a joyful noise unto the Lord, all ye lands."

Psalm 100:1

DAY 274

I am thankful that God is our guide unto death.

"Gratitude is the most exquisite form of courtesy."

Jacques Maritain

"Sing unto him, sing psalms unto him: talk ye of all his wondrous works."

Psalm 105:2

DAY 275

I am thankful that Jesus has overcome the world.

"Joy is prayer. Joy is strength. Joy is love. Joy is a net of love by which you can catch souls. God loves a cheerful giver. She gives most who gives with joy. The best way to show our gratitude to God and the people is to accept everything with joy. A joyful heart is the inevitable result of a heart burning with love. Never let anything so fill you with sorrow as to make you forget the joy of the Christ risen."

Mother Teresa

"Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!"

Psalm 107:8

DAY 276

I am thankful that the Word of God is settled in Heaven.

"A man who possesses genius is insufferable unless he also possesses at least two other things: gratitude and cleanliness."

Friedrich Nietzsche

"I thank my God, making mention of thee always in my prayers."

Philemon 1:4

DAY 277

I am thankful that we can find the will of God through prayer.

"Gratitude to gratitude always gives birth."

Sophocles

"Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us
with all spiritual blessings in heavenly places in Christ."

Ephesians 1:3

DAY 278

I am thankful that God has given us everything we need to live a godly life.

"All our discontents about what we want appear to me to spring from the want of thankfulness for what we have."

Daniel Defoe

"Thou art my God, and I will praise thee: thou art my God, I will exalt thee."

Psalm 118:28

DAY 279

I am thankful for temperance.

"A state of mind that sees God in everything is evidence of growth in grace and a thankful heart."

Charles Finney

"At midnight I will rise to give thanks unto thee because of thy righteous judgments."

Psalm 119:62

DAY 280

I am thankful for diligence.

"There were ten lepers healed, and only one turned back to give thanks, but it is to be noticed that our Lord did not recall the gift from the other nine because of their lack of gratitude. When we begin to lessen our acts of kindness and helpfulness because we think those who receive do not properly appreciate what is done for them, it is time to question our own motives."

Leaves of Gold

"O give thanks unto the God of gods: for his mercy endureth for ever."

Psalm 136:2

DAY 281

I am thankful that nothing can harm me unless God allows it.

"Gratitude is the mother of all the virtues."

G.K. Chesterton

"I know that the Lord will maintain the cause of the afflicted, and the right of the poor. Surely the righteous shall give thanks unto thy name: the upright shall dwell in thy presence."

Psalm 140:12-13

DAY 282

I am thankful that there are always mountains after valleys.

"An ungrateful man is like hog under a tree eating acorns, but never looking up
to see where they come from."

Timothy Dexter

"O give thanks unto the God of heaven: for his mercy endureth for ever."
Psalm 136:26

DAY 283

I am thankful that there is always sunshine after rain.

"The worst moment for an atheist is when he feels grateful and has no one to thank."

Samuel Cavert

"Praise ye the Lord: for it is good to sing praises unto our God; for it is pleasant; and praise is comely."

Psalm 147:1

DAY 284

I am thankful for hope in the midst of crisis.

"It is the duty of all Nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to employ His protection and favor."

George Washington

"Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God:
Who covereth the heaven with clouds, who prepareth rain for the earth, who
maketh grass to grow upon the mountains."

Psalm 147:7-8

DAY 285

I am thankful that God reveals His wisdom in doing His best work in our lives at the best time for His purpose.

"Let us thank God heartily as often as we pray that we have His Spirit in us to teach us to pray. Thanksgiving will draw our hearts out to God and keep us engaged with Him; it will take our attention from ourselves and give the Spirit room in our hearts."

Andrew Murray

"For what thanks can we render to God again for you, for all the joy wherewith we joy for your sakes before our God."

1 Thessalonians 3:9

DAY 286

I am thankful that God is approachable.

"Foolish talking and jesting are not the ways in which Christian cheerfulness should express itself, but rather 'giving of thanks.' Religion is the source of joy and gladness, but its joy is expressed in a religious way, in thanksgiving and praise."

Charles Hodge

"To him who alone doeth great wonders: for his mercy endureth for ever."

Psalm 136:4

DAY 287

I am thankful that God is creative.

"Unto no duty are we more dull and untoward, than to the praise of God, and thanksgiving unto him; neither is there any duty whereunto there is more need that we should be stirred up."

David Dickson

"Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks."

Ephesians 5:4

DAY 288

I am thankful for the glimpses of Heaven that God gives on earth.

"That action is not warrantable which either fears to ask the divine blessing on its performance, or having succeeded, does not come with thanksgiving to God for its success."

Francis Quarles

"We accept it always, and in all places, most noble Felix, with all thankfulness."
Acts 24:3

DAY 289

I am thankful that sometimes God allows trouble and suffering to get our attention.

"This way of seeing our Father in everything makes life one long thanksgiving and gives a rest of heart, and, more than that, a gayety of spirit, that is unspeakable."

Hannah Whitall Smith

"To him that by wisdom made the heavens: for his mercy endureth for ever."

Psalm 136:5

DAY 290

I am thankful for closed doors.

"We would worry less if we praised more. Thanksgiving is the enemy of discontent and dissatisfaction."

Harry Ironside

"Saying, Amen: Blessing, and glory, and wisdom, and thanksgiving, and honour, and power, and might, be unto our God for ever and ever. Amen."

Revelation 7:12

DAY 291

I am thankful that God can use people who are not the most gifted, or talented, or biggest, or the best for His glory.

"The private and personal blessings we enjoy, the blessings of immunity, safeguard, liberty and integrity, deserve the thanksgiving of a whole life."

Jeremy Taylor

"Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened."

Romans 1:21

DAY 292

I am thankful for tranquility for it helps me not to be disturbed by trifling matters.

"Thanksgiving grabs your attention, shakes the cobwebs loose, and reminds you of all God's most precious gifts."

John MacArthur

"Therefore will I give thanks unto thee, O LORD, among the heathen, and sing praises unto thy name."

Psalm 18:49

DAY 293

I am thankful for order in life and in the universe.

"Courtesies of a small and trivial character are the ones which strike deepest in the grateful and appreciating heart."

Henry Clay

"And Mattaniah the son of Micha, the son of Zabdi, the son of Asaph, was the principal to begin the thanksgiving in prayer."

Nehemiah 11:17

DAY 294

I am thankful that I can make resolutions in life.

"Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well."

Unknown

"And he appointed certain of the Levites to minister before the ark of the LORD, and to record, and to thank and praise the LORD God of Israel."

1 Chronicles 16:4

DAY 295

I am thankful for unity.

"If you woke up this morning with more health than illness, you are more blessed than the millions who will not survive the week. If you have food in your refrigerator, clothes on your back, a roof over your head and a place to sleep, you are richer than 75 percent of the world. If you have money in the bank or in your wallet, you are among the top 80 percent of the world's wealthy. If you hold up your head with a smile on your face and are truly thankful, you are blessed because the majority can, but most do not."

Author Unknown

"Then I brought up the princes of Judah upon the wall, and appointed two great companies of them that gave thanks, whereof one went on the right hand upon the wall toward the dung gate."

Nehemiah 12:31

DAY 296

I am thankful that I can rest in Jesus Christ.

"From David learn to give thanks for everything. Every furrow in the Book of Psalms is sown with the seeds of thanksgiving."

Jeremy Taylor

"And say ye, Save us, O God of our salvation, and gather us together, and deliver us from the heathen, that we may give thanks to thy holy name, and glory in thy praise."

1 Chronicles 16:35

DAY 297

I am thankful that I can be fruitful and prosperous by obeying God's Word.

"God wants to see prayers that are filled with genuine praise and thanksgiving for what He has done in the past. He wants our hearts to be filled with awe and gratitude for His blessings. He wants us to set up memorials in our hearts testifying to the provisions He has given us."

Michael Youssef

"Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear."

Hebrews 12:28

DAY 298

I am thankful that God covers all His children.

"Praise lies upon a higher plane than thanksgiving. When I give thanks, my thoughts still circle around myself to some extent. But in praise my soul ascends to self-forgetting adoration, seeing and praising only the majesty and power of God, His grace and redemption."

Ole Hallesby

"Sing unto the LORD with thanksgiving; sing praise upon the harp unto our God."

Psalm 147:7

DAY 299

I am thankful that God is always with us.

"The height of devotion is reached when reverence and contemplation produce passionate worship, which in turn breaks forth in thanksgiving and praise in word and song."

R. Kent Hughes

"Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms."

Psalm 95:2

DAY 300

I am thankful that God is available for us when we need Him and when we think we don't.

"There should be a parallel between our supplications and our thanksgivings. We ought not to leap in prayer, and limp in praise."

Charles Spurgeon

"I will praise the name of God with a song, and will magnify him with thanksgiving."

Psalm 69:30

DAY 301

I am thankful that God is my strength and song.

“God is pleased with no music below so much as with the thanksgiving songs of relieved widows and supported orphans; of rejoicing, comforted, and thankful persons.”

Jeremy Taylor

“I will bless the LORD at all times: his praise shall continually be in my mouth.”

Psalm 34:1

DAY 302

I am thankful that I can do great things because of how great God is.

“Instead of complaining that God had hidden Himself, you will give Him thanks for having revealed so much of Himself.”

Blaise Pascal

“Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness; To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.”

Psalm 30:11-12

DAY 303

I am thankful that God blesses us to bless others.

“A man who is eating or lying with his wife or preparing to go to sleep in humility, thankfulness and temperance, is, by Christian standards, in an infinitely higher state than one who is listening to Bach or reading Plato in a state of pride.”

C.S. Lewis

“Open to me the gates of righteousness: I will go into them, and I will praise the LORD.”

Psalm 118:19

DAY 304

I am thankful that as Christians, we are heirs of the Kingdom of God.

“In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.”

Albert Schweitzer

“I will praise thee, O LORD, with my whole heart; I will shew forth all thy marvellous works.”

Psalm 9:1

DAY 305

I am thankful for the times God answers prayer with 'Wait'.

“We need to discover all over again that worship is natural to the Christian, as it was to the godly Israelites who wrote the psalms, and that the habit of celebrating the greatness and graciousness of God yields an endless flow of thankfulness, joy, and zeal.”

J.I. Packer

“I will be glad and rejoice in thee: I will sing praise to thy name, O thou most High.”

Psalm 9:2

DAY 306

I am thankful that all God's promises will come true.

“An active faith can give thanks for a promise, though it be not as yet performed; knowing that God's bonds are as good as ready money.”

Matthew Henry

“And the four and twenty elders, which sat before God on their seats, fell upon their faces, and worshipped God.”

Revelation 11:16

DAY 307

I am thankful that God's love for us is deep, wide, long, and high.

“Many favors which God gives us ravel out for want of hemming through our unthankfulness; for though prayer purchases blessings, giving praise keeps the quiet possession of them.”

Thomas Fuller

“And all the angels stood round about the throne, and about the elders and the four beasts, and fell before the throne on their faces, and worshipped God.”

Revelation 7:11

DAY 308

I am thankful that God takes care of those who are concerned about Him.

“We must devote, not only times and places to prayer, but be everywhere in the spirit of devotion; with hearts always set toward heaven, looking up to God in all our actions, and doing every thing as His servants; living in the world as in a holy temple of God, and always worshiping Him, though not with our lips, yet with the thankfulness of our hearts, the holiness of our actions and the pious and charitable use of all His gifts.”

William Law

“At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes.”

Matthew 11:25

DAY 309

I am thankful that God supplies all of our needs.

“How divinely full of glory and pleasure shall that hour be when all the millions of mankind that have been redeemed by the blood of the Lamb of God shall meet together and stand around Him, with every tongue and every heart full of joy and praise! How astonishing will be the glory and the joy of that day when all the saints shall join together in one common song of gratitude and love, and of everlasting thankfulness to this Redeemer!”

Isaac Watts

“O give thanks to the Lord of lords: for his mercy endureth for ever.”

Psalms 136:3

DAY 310

I am thankful that I am redeemed by the blood of Christ.

“Yes, give thanks for ‘all things’ for, as it has been well said, ‘Our disappointments are but His appointments.’”

A.W. Pink

“Therefore will I give thanks unto thee, O LORD, among the heathen, and sing praises unto thy name.”

Psalm 18:49

DAY 311

I am thankful that one day, death, sorrow, suffering, and pain will end.

“Be indifferent to emotion. If it is there, be thankful; if it is absent, go on doing the will of God, reckoning on Him, speaking well of Him behind His back, and, above all, giving no signs of what you are suffering, lest you be a stumbling block to others.”

F.B. Meyer

“And Mattaniah the son of Micha, the son of Zabdi, the son of Asaph, was the principal to begin the thanksgiving in prayer.”

Nehemiah 11:17

DAY 312

I am thankful that God will cast our sins into the sea.

“It's possible to be thankful wherever you find yourself.”

David Jeremiah

“And he appointed certain of the Levites to minister before the ark of the LORD,
and to record, and to thank and praise the LORD God of Israel.”

1 Chronicles 16:4

DAY 313

I am thankful for times I succeed and times I fail.

“If I succeed, I will give thanks. If I fail, I will seek His grace.”

Max Lucado

“Then I brought up the princes of Judah upon the wall, and appointed two great companies of them that gave thanks, whereof one went on the right hand upon the wall toward the dung gate.”

Nehemiah 12:31

DAY 314

I am thankful that I can be happy in trouble.

“How may we know that we are rightly thankful? When we are careful to register God's mercy... Physicians say the memory is the first thing that decays; it is true in spirituals.”

Thomas Watson

“Wherefore David blessed the LORD before all the congregation: and David said, Blessed be thou, LORD God of Israel our father, for ever and ever.”

1 Chronicles 29:10

DAY 315

I am thankful that true life consists of loving God and living for Him.

“The whole life of a Christian should be nothing but praises and thanks to God; we should neither eat nor sleep, but eat to God and sleep to God and work to God and talk to God, do all to His glory and praise.”

Richard Sibbes

“So stood the two companies of them that gave thanks in the house of God, and I, and the half of the rulers with me.”

Nehemiah 12:40

DAY 316

I am thankful that anyone with a bad beginning can have a good ending.

“Careful for nothing, prayerful for everything, thankful for anything.”

D.L. Moody

“But who am I, and what is my people, that we should be able to offer so willingly after this sort? for all things come of thee, and of thine own have we given thee.”

1 Chronicles 29:14

DAY 317

I am thankful that I can share what I have because God shared His Son for me.

“No matter what our circumstance, we can find a reason to be thankful.”

David Jeremiah

“Stand up and bless the LORD your God for ever and ever: and blessed be thy glorious name, which is exalted above all blessing and praise.”

Nehemiah 9:5

DAY 318

I am thankful for abundance.

“Choosing to be positive and having a grateful attitude is going to determine how you're going to live your life.”

Joel Osteen

“Then on that day David delivered first this psalm to thank the LORD into the hand of Asaph and his brethren.”

1 Chronicles 16:7

DAY 319

I am thankful for harmony.

“When it comes to life the critical thing is whether you take things for granted or take them with gratitude.”

G.K. Chesterton

“Give thanks unto the LORD, call upon his name, make known his deeds among the people.”

1 Chronicles 16:8

DAY 320

I am thankful for progress.

“He must be worse than an infidel that lacks faith, and more than wicked that has not gratitude enough to acknowledge his obligation.”

George Washington

“O give thanks unto the LORD; for he is good; for his mercy endureth for ever.”

1 CHRONICLES 16:34

DAY 321

I am thankful for a life that has meaning.

“If gratitude is due from children to their earthly parent, how much more is the gratitude of the great family of men due to our father in heaven.”

HOSEA BALLOU

“But I will sacrifice unto thee with the voice of thanksgiving; I will pay that that I have vowed. Salvation is of the LORD.”

JONAH 2:9

DAY 322

I am thankful that I can learn from experience.

“Keep your face to the sunshine and you cannot see a shadow.”

HELEN KELLER

“I will praise the LORD according to his righteousness: and will sing praise to
the name of the LORD most high.”

PSALM 7:17

DAY 323

I am thankful that I can be content being myself.

“There are three requisites to the proper enjoyment of earthly blessings: a thankful reflection, on the goodness of the giver; a deep sense of our own unworthiness; and a recollection of the uncertainty of our long possessing them. The first will make us grateful; the second, humble; and the third, moderate.”

HANNAH MORE

“The LORD is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him.”

PSALM 28:7

DAY 324

I am thankful that we all can be passionate about something.

“The climax of God's happiness is the delight He takes in the echoes of His excellence in the praises of His people.”

JOHN PIPER

“To the end that my glory may sing praise to thee, and not be silent. O LORD my God, I will give thanks unto thee for ever.”

PSALM 30:12

DAY 325

I am thankful that we are in a world that we can make better.

“Joy is the simplest form of gratitude.”

KARL BARTH

“Open to me the gates of righteousness: I will go into them, and I will praise the
LORD.”

PSALM 118:19

DAY 326

I am thankful that everything will eventually turn out well.

“To trust God when we have securities in our iron chest is easy, but not thankworthy; but to depend on him for what we cannot see, as it is more hard for man to do, so it is more acceptable to God.”

OWEN FELTHAM

“I will praise thee: for thou hast heard me, and art become my salvation.”

PSALM 118:21

DAY 327

I am thankful that purpose exists behind all pain and trouble.

“Gratitude to God makes even a temporal blessing a taste of heaven.”

WILLIAM ROMAINE

“And when he had taken the five loaves and the two fishes, he looked up to heaven, and blessed, and brake the loaves, and gave them to his disciples to set before them; and the two fishes divided he among them all.”

MARK 6:41

DAY 328

I am thankful that we can rejoice every day that God makes.

“To be always in a thankful state of heart before God is not to be considered a high plane of spirituality but rather the normal attitude of one who believes that
"all things work together for good to them that love God, who are called
according to his purpose."”

WILLIAM LAW

“Let the word of Christ dwell in you richly in all wisdom; teaching and
admonishing one another in psalms and hymns and spiritual songs, singing with
grace in your hearts to the Lord.”

COLOSSIANS 3:16

DAY 329

I am thankful that no circumstance is beyond God's help.

“That the Father and Son would love sinners that much is beyond our comprehension--but it ought to awaken a response of love and gratitude within our hearts that will change our lives forever!”

DAVE HUNT

“Oh how great is thy goodness, which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!”

PSALM 31:19

DAY 330

I am thankful for every year that I am able to live.

“The Bible tells us that whenever we come before God, whatever our purpose or prayer request, we are always to come with a thankful heart.”

DAVID JEREMIAH

“They shall abundantly utter the memory of thy great goodness, and shall sing of thy righteousness.”

PSALM 145:7

DAY 331

I am thankful for God's power.

“If we comprehend what Christ has done for us, then surely out of gratitude we will strive to live 'worthy' of such great love. We will strive for holiness not to make God love us but because He already does.”

PHILIP YANCEY

“Let all those that seek thee rejoice and be glad in thee: and let such as love thy salvation say continually, Let God be magnified.”

PSALM 70:4

DAY 332

I am thankful for God's laws and commands in this world.

“Our God is not made of stone. His heart is the most sensitive and tender of all. No act goes unnoticed, no matter how insignificant or small. A cup of cold water is enough to put tears in the eyes of God. God celebrates our feeble expressions of gratitude.”

RICHARD J. FOSTER

“Save us, O LORD our God, and gather us from among the heathen, to give thanks unto thy holy name, and to triumph in thy praise.”

PSALM 106:47

DAY 333

I am thankful for people who never give up.

“It is easy to be grateful for a bonus; it is character to be grateful for a salary.”

JACK HYLES

“Oh that men would praise the LORD for his goodness, and for his wonderful
works to the children of men!”

PSALM 107:31

DAY 334

I am thankful for God's marvelous works.

"I thank God for my handicaps, for, through them, I have found myself, my work, and my God."

HELEN KELLER

"Glory ye in his holy name: let the heart of them rejoice that seek the Lord."

PSALM 105:3

DAY 335

I am thankful for the ability to think.

“If you suffer, thank God! It is a sure sign that you are alive.”

ELBERT HUBBARD

“So we thy people and sheep of thy pasture will give thee thanks for ever: we
will shew forth thy praise to all generations.”

PSALM 79:13

DAY 336

I am thankful for the ability to use all of my senses.

“To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven.”

Johannes A. Gaertner

"Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him and bless His name."

Psalm 100:4

DAY 337

I am thankful for the ability to communicate.

“When I started counting my blessings, my whole life turned around.”

Willie Nelson

"Wherefore David blessed the LORD before all the congregation: and David said, Blessed be thou, LORD God of Israel our father, for ever and ever."

1 Chronicles 29:10

DAY 338

I am thankful for the gift of free will.

“We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.”

Fredrick Koeing

"O give thanks unto the Lord; call upon His name: make known His deeds among the people."

Psalm 105:1

DAY 339

I am thankful that I can do more than merely exist.

“Stop thinking gratitude as a by-product of your circumstances and start thinking of it as a world view.”

Bryan Robles

"Offer unto God thanksgiving; and pay thy vow unto the Most High."
Psalm 50:14

DAY 340

I am thankful for families that sacrifice and stay together.

“To live a life fulfilled reflect on the things you have with gratitude.”

Jaren L. Davis

"In everything give thanks: for this is the will of God in Christ Jesus concerning
you."

I Thessalonians 5:18

DAY 341

I am thankful that God smiles and heaven rejoices when lost people come to Jesus Christ.

“What you truly acknowledge truly is yours. Invite your heart to be grateful and your thank yous will be heard even when you don't use words.”

Pavithra Mehta

"Rooted and built up in Him, and established in the faith, as ye have been taught, abounding therein with thanksgiving."

Colossians 2:7

DAY 342

I am thankful for blessings that I don't deserve.

"My riches consist not in the extent of my possessions, but in the fewness of my wants."

Joseph Brotherton

"Praise ye the Lord. O give thanks unto the Lord; for He is good: for His mercy endureth for ever."

Psalm 106:1

DAY 343

I am thankful that God knows what we need before we ask... but He still wants to hear us ask.

“In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich.”

Dietrich Bonhoeffer

"And He took the cup and gave thanks, and gave it unto them, saying, Drink ye all of it."

Matthew 26:27

DAY 344

I am thankful that God keeps score in Heaven.

“I still miss those I loved who are no longer with me but I find I am grateful for having loved them. The gratitude has finally conquered the loss.”

Rita Mae Brown

"Then they took away the stone from the place where the dead was laid. And Jesus lifted up His eyes, and said, Father, I thank thee that thou hast heard Me."

John 11:41

DAY 345

I am thankful that even though God gives us presidents to lead our country, God is still in control.

Let's choose today to quench our thirst for the good life we think others lead by acknowledging the good that already exists in our lives. We can then offer the universe the gift of our grateful hearts.

Sarah Ban Breathnach

"And when those beasts give glory and honour and thanks to Him that sat on the throne, who liveth for ever and ever, The four and twenty elders fall down before him that sat on the throne, and worship him that liveth for ever and ever, and cast their crowns before the throne."

Revelation 4:9-10

DAY 346

I am thankful that blessings will overtake those who obey God.

“In our daily lives, we must see that it is not happiness that makes us grateful,
but the gratefulness that makes us happy.”

Albert Clarke

"And I thank Christ Jesus our Lord, who hath enabled me, for that He counted
me faithful, putting me into the ministry."

I Timothy 1:12

DAY 347

I am thankful that God gives us strength to struggle.

“Maybe being grateful means recognizing what you have for what it is.
Appreciating small victories. Admiring the struggle it takes to simply be
human...At the end of the day, the fact that we have the courage to still be
standing is reason enough to celebrate.”

Meredith Grey

"So stood the two companies of them that gave thanks in the house of God, and
I, and the half of the rulers with me."

Nehemiah 12:40

DAY 348

I am thankful for space to repent.

“He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has.”

Epictetus

"I will sing unto the Lord because He hath dealt bountifully with me."

Psalm 13:6

DAY 349

I am thankful that goodness and mercy follow us.

“The deepest craving of human nature is the need to be appreciated.”

William James

"First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world."

Romans 1:8

DAY 350

I am thankful that God is a present help in time of trouble.

“This one is so simple that we miss it. Why aren’t we more grateful? There are many answers to that question, but this one is central: we aren’t grateful because we’ve never asked God to give us a grateful heart. By nature we are covetous, greedy, grasping and unhappy. Left to ourselves, we will be just like that rich fool. Generosity isn’t our natural impulse. We aren’t born giving; we’re born getting. Gratitude is not the inborn language of the heart.”

Ray Pritchard

"Whoso offereth praise glorifieth me: and to him that ordereth his conversation aright will I shew the salvation of God."

Psalms 50:23

DAY 351

I am thankful for courage.

“When we bless God for mercies, we usually prolong them. When we bless God for miseries, we usually end them. Praise is the honey of life which a devout heart extracts from every bloom of providence and grace.”

C.H. Spurgeon

"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ."

Ephesians 5:20

DAY 352

I am thankful that God helps us in moments of weakness.

“Preoccupied with ourselves, we have lost the grace of being thankful. It is sad to live in a world where there is no one to thank because we have ourselves become the cause and source of all good things.”

John Hannah

"By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name."

Hebrews 13:15

DAY 353

I am thankful for all the things God has taught me.

“Gratitude helps you focus on the good that is present in your life rather than being preoccupied with what's missing.”

Valorie Burton

"Ye also helping together by prayer for us, that for the gift bestowed upon us by the means of many persons thanks may be given by many on our behalf."

II Corinthians 1:11

DAY 354

I am thankful for memories.

“The more we express our gratitude to God for our blessings, the more he will bring to our mind other blessings. The more we are aware of to be grateful for, the happier we become.”

Ezra Taft Benson

"Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime."

Daniel 6:10

DAY 355

I am thankful that we can worship God freely.

“If any nation ought to be thankful to God and grateful for His goodness, it ought to be America. If any people in America should be thankful to God and grateful for His goodness, it ought to be Christians, who are able to meet freely and fellowship together as the Body of Christ.”

Terry Laughlin

"I will give Thee thanks in the great congregation: I will praise Thee among much people."

Psalm 35:18

DAY 356

I am thankful that God's Word brightens our path in life.

"When a person doesn't have gratitude, something is missing in his or her humanity. A person can almost be defined by his or her attitude toward gratitude."

Elie Wiesel

"We give thanks to God always for you all, making mention of you in our prayers."

I Thessalonians 1:2

DAY 357

I am thankful for transformations.

“Thank God every morning when you get up that you have something to do that day, which must be done, whether you like it or not.”

James Russell Lowell

"And Jesus took the loaves; and when He had given thanks, He distributed to the disciples, and the disciples to them that were set down; and like wise of the fishes as much as they would."

John 6:11

DAY 358

I am thankful for change that makes us better.

“Most people return small favors, acknowledge medium ones and repay greater ones -- with ingratitude.”

Benjamin Franklin

"And when He had thus spoken, He took bread, and gave thanks to God in the presence of them all: and when He had broken it, He began to eat."

Acts 27:35

DAY 359

I am thankful for God's righteousness.

“Everything we do should be a result of our gratitude for what God has done for us.”

Lauryn Hill

"Wherefore I also, after I heard of your faith in the Lord Jesus, and love unto all the saints, Cease not to give thanks for you, making mention of you in my prayers."

Ephesians 1:15-16

DAY 360

I am thankful for good feelings that come from doing good.

"Do not spoil what you have by desiring what you have not; but remember that what you now have was once among the things you only hoped for."

Epicurus

"Sing unto the Lord, O ye saints of His, and give thanks at the remembrance of His holiness."

Psalm 30:4

DAY 361

I am thankful that as Christians, we can experience Heaven on earth.

“A thankful person is thankful under all circumstances. A complaining soul complains even if he lives in paradise.”

Unknown

"Rejoice in the Lord, ye righteous; and give thanks at the remembrance of His holiness."

Psalm 97:12

DAY 362

I am thankful God leads us into all truth.

“Gratitude is one of the least articulate of the emotions, especially when it is deep.”

Felix Frankfurter

"O give thanks unto the Lord, for He is good; for His mercy endureth for ever."
Psalm 107:1

DAY 363

I am thankful that God is still working on me.

“Now is no time to think of what you do not have. Think of what you can do with what there is. ”

Ernest Hemingway

"Thanks be unto God for His unspeakable gift."
II Corinthians 9:15

DAY 364

I am thankful every good gift that comes from above.

“Delight in the little things.”

Rudyard Kipling

"We give Thee thanks, O Lord God Almighty, which art, and wast, and art, to come: because Thou hast taken to Thee thy great power, and hast reigned."

Revelation 11:17

DAY 365

I am thankful that Jesus is coming back and one day, we will live with Him forever.

“It is not joy that makes us grateful; it is gratitude that makes us joyful.”
David Steindl-Rast

"For this cause also, thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe."

I Thessalonians 2:13

The Ultimate Thanks

HAVE YOU EVER GIVEN something to someone and they never thanked you for it? Many of us show this same ungratefulness towards God. God blesses us with gifts in many ways, we accept those gifts, and then forget all about the Giver.

In Luke 17:11-19, Jesus encounters ten lepers. He heals all ten of them, but only one really realizes the extent to which he had been healed and turns around to thank Jesus. Leprosy was a terrible disease. It was considered unclean and contagious. People who had leprosy back in Jesus' day were considered outcasts. They were kept in a secluded place away from the larger part of society, and were forbidden from seeing their families and friends. Since leprosy was incurable, those who had it often died alone.

The physical disease of leprosy is not unlike our spiritual condition. Leprosy only touches the body. But sin and its consequences go deeper to the heart and soul. Leprosy keeps those ridden with the disease separated from society, and likewise, sin keeps us separated from God.

When Jesus entered the lepers' village, they cried out to Him to have mercy on them and to heal them of their sickness. When Jesus saw their situation, He instantly felt their pain and healed them of their condition. Verse 14 of Luke 17 says, "And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed." As the lepers went to show themselves to the priests, they realized that as they were walking, they were healed.

While they obviously were excited about their healing, only one remembered where his healing came from. He did not continue on to the temple. He did not hurry to his family and show them that he was healed. He immediately turned around and went back to the Master, Jesus Christ. He fell down at Jesus' feet and thanked Him. Verses 15 and 16 state, "And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at his feet, giving him thanks: and he was a Samaritan."

Jesus was surprised that only the Samaritan returned to thank Him; none of the Jewish lepers did. Verses 17 and 18 read, "And Jesus answering said, Were there

not ten cleansed? but where are the nine? There are not found that returned to give glory to God, save this stranger." Only one of the ten lepers returned to show the gratitude and appreciation that Jesus Christ deserved.

My friend, just like the ten lepers were healed of their physical disease, you can be healed of your spiritual disease called sin. And just like the one leper returned to Jesus to say thanks, you, too, can have something to thank Jesus for as well. If you are sick of your sin and want to be healed and have the hope of spending eternal life with Jesus Christ in Heaven and have something to be thankful for every day on earth, allow me to show you how to be saved:

1. Accept the truth that God loves you so much that He sent His only Son, Jesus Christ, to die on Calvary and pay for your sins. "For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life." (Jesus Christ, John 3:16).

2. Accept the truth that you are a sinner, who has broken God's laws. Romans 3: 10, 23 says "As it is written, There is none righteous, no, not one..." "For all have sinned, and come short of the glory of God."

3. Accept the truth that there is a price for sin and that you are on your way to an eternal hell. The Bible says in Romans 6:23: "For the wages of sin is death..." Revelation 21:8 says, "But the fearful, and unbelieving, and the abominable, and murderers, and whoremongers and sorcerers, and idolaters, and all liars, shall have their part in the lake which burneth with fire and brimstone: which is the second death."

4. Accept the truth that Jesus is your only way to be saved from eternal punishment. "Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved" (Acts 4:12).

5. Confess the truth that Jesus Christ is Lord, and believe in your heart that Jesus Christ died for you, was buried and rose again to save you. The Bible states in Romans 10:9, 13: "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved." "For whosoever shall call upon the name of the Lord shall be saved."

If you believe with all of your heart that Jesus Christ loves you so much that He died for you, was buried, and rose on the third day, please pray this prayer:

Lord Jesus, I know that I am a sinner, deserving of hell. I do not want to go to hell, but rather, I want to live with you throughout eternity. Lord, I now believe with all of my heart that Jesus Christ died for me, was buried, and rose by the power of God. I confess you as my Lord and Saviour, right now. Please come into my heart and save my soul, this very moment. In Jesus Christ's precious name. Amen!

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