

**Item 1.****The Rough copy****THE IMPORTANCE OF REGULAR MEDICAL CHECK-UPS**

Regular medical check-ups help in early detection of health issues.

They empower doctors to identify and

Address many health issues/conditions before

Improving the chances of successful treatment and management.

Regular check-ups enable doctors to assess risk factors,

Offer personalized health advice

And recommend lifestyle modifications.

It is a practice approach that empowers individuals to take control of their health.

They enable one to get tailored healthcare plans, allows doctors to develop personalized health care plans

Ensure that medical interventions are precisely aligned with individual needs

Optimizing the effectiveness of treatment and

Minimizing unnecessary procedures.

Through medical check-ups, doctors can gain insights into an individual's health status / encompass comprehensive evaluation of various health aspects.

And this guides them in identifying potential risks

And charting a proactive course of action.

They establish a baseline for an individual's health metrics overtime

Which provides invaluable data for early intervention

And course of correction.

Regular preventive medical check-ups lead to substantial long-term cost saving/avoid financial burden associated with treating advanced stage diseases.

Regular check-ups are a proactive step towards safeguarding one's health.

**The Fair Copy;****THE IMPORTANCE OF REGULAR MEDICAL CHECK-UPS**

Regular medical check-ups help in early detection of health issues. They empower doctors to identify and address many health issues before they escalate into more severe complications, improve

the chances of successful treatment and management. Regular check-ups enable doctors to assess risk factors, offer personalized health advice and recommend lifestyle modifications. They enable one to get tailored healthcare plans, ensure that medical interventions are precisely aligned with individual needs, optimizing the effectiveness of treatment and minimizing unnecessary procedures. Through medical check-ups, doctors can gain insights into an individual's health status and this guides them in identifying potential risks and charting a proactive course of action. They establish a baseline for an individual's health metrics overtime which provides invaluable data for early intervention and course of correction. Regular preventive medical check-ups lead to substantial long-term cost saving and are a proactive step towards safeguarding one's health. ( 145 words)

### **Guidelines to scoring summary writing.**

**The following is the rubric upon which scoring of this summary will be.**

**An indented paragraph with;**

13 and above well-presented responses = 03

7-12 well-presented responses = 02

2-6 well-presented responses = 01

00 -1 response = 00

No response/ Incorrect or Wrong response = 00

No title scores, Maximum 2 scores

No subject scores, maximum 1 score.

No subject, but has a title, treat as normal.

Outlined ideas, 1 score.

No punctuation at all, 0 scores

Use of commas throughout, 1 score

(follow the rule of the commas in a sentence)

Word limit 140 words ie slightly less / more

Block paragraph minus one mark (-1)

Wrong title minus one mark

**NB: Please follow all the other rules that govern summary writing while scoring. E.g**  
separating words = award 00 for a particular idea.

Missing hyphen = award 00



S/N	RESPONSE DETAILS	SCORES
	<b>Meaning</b> He searched for/looked for/reached for a stick/cane/ traced for a rod	One correct response 01 Incorrect or no response 00
	<b>Grammar</b> Mzee Musa shouted at/ordered/told/asked him to go down and tell him what he was doing on top of the tree.	One grammatically correct response 01 Incorrect or no response 00
	<b>Farmers can safeguard their farm products through the following measures.</b> Fence around their farms using barbed wire Collaborate with law enforcement bodies by reporting any cases of theft. Hire security guards where necessary Rear dogs that can easily alert them in case of intruders. Use surveillance cameras and alarm systems where possible.	1 correct response 01 score Incorrect or no response 00 score
	If I were Mzee Musa, I would; Report him to his parents/local authorities for disciplinary action Guide /counsel/warn/advise/caution him against stealing Call the police to arrest him (Ibra) <b>NB: Award 00 for any response that suggests beating of Nweke</b>	1 correct response -- 01 score Incorrect or no response-- 00 score
	<b>Character of Ibra</b> He is cunning/artful -carefully takes refuge without being noticed by Mzee Musa when he keeps still like a fruit up in a tree He is disrespectful/ rude/insolent/ill-mannered - he throws a fruit at Mzee Musa /he mimics Mzee Musa /he refuses to come down when Ijeka asks him. He is naughty/ mischievous/ a troublemaker etc	Learner states and explains/illustrates one correct trait 01 score Learner fails to state any trait or gives irrelevant ones or no response= 00 score Learner only states a trait 00 score Learner states a correct trait and gives a wrong explanation -- 00 score
	<b>Lessons</b> A thief has forty days - Ibra is caught when he least expects it One reaps what they sow Evil is ultimately punished	One relevant and well explained lesson 01 score Irrelevant or incorrect or no lesson -- 00 score

People should apologize when caught doing wrong instead of causing more trouble  
Farmers should put measures to protect their farm products from thieves  
Award 00 for any lesson that starts with I learn to or I learn not to...

Lesson without an explanation=00  
Relevant lesson with wrong explanation =00

## SECTION B WRITING

### ITEM 3:

#### Expected Response/text

- Official/ formal letter of complaint
- An e-mail

#### Scoring

F. Format

C. Content

S. Spelling

T. Tense

P. Punctuation

SC. Sentence construction

V/R. Vocabulary/ Register

#### Scores

F	C	S	T	P	SC	V/R
03	03	01	01	01	01	01

(F) Format		Scores			
		03	02	01	00
Official/ Formal letter	Addresses (Senders and Receivers)	Any 5-8	Any 3-4	Any 1-2	None
	Date Salutation Subject Paragraphing Complimentary clause Signature Name				
E-mail		03	02	01	00
	Senders E-mail (From:) Receivers E-mail (To:)	Any 5-8	Any 3-4	Any 1-2	None

Date  
Subject  
Paragraphing  
Complementary clause  
Signature  
Name

### CONTENT:

**Expected ideas.**

Reference to the scenario- how long the water shortage has taken

Why they are writing

Cause of the water shortage

Effects of the water shortage

What should be done to solve the problem

**Expected Ideas:**

**Scores**

Any 4-5 ideas = 03

Any 2-3 ideas = 02

Any 1 idea = 01

No idea = 00

### LANGUAGE:

Spelling	<b>Error count</b> Less than 5 errors = 1 score 6 and above errors = 00 Score
Tenses	<b>Error Count</b> Less than four errors = 1 score 5 and above errors = 00 score
Punctuation	<b>Error count</b> Less than 5 errors = 1 score 6 and above errors = 00 score
Sentence construction	<b>Error count</b> Less than 5 errors = 1 score 6 and above errors = 00 score
Vocabulary/ register	<b>Merit Count</b> Use of 3 apt vocabulary/ register = 1 score Less than 3 or absence = 00 score

**Elaboration of V/R**

Complain

Concern



Thrilled  
announce  
Join  
Benefit  
Participate  
Dedicated  
Opportunity  
Share  
Look forward  
presence

**BREVITY:** If the number of words is less than half the required number, adjust the error score, 3 and above 00 score

**NOTE: THE SCORING GUIDE CAN BE COORDINATED FURTHER TO INCLUDE POSSIBLE ANSWERS.**

**END**