

NAMAGUNGA PRIMARY BOARDING SCHOOL

PRIMARY SIX RELIGIOUS EDUCATION TERM 1 2021/2022

SET 4

ADOLESCENT, GROWTH AND DEVELOPMENT.

Growth.

This is an increase in size, weight and height of an individual.

Development.

This is the increase in quality of the body, mind and behaviour of an individual.

Forms of growth and development.

a) Physical growth and development.

This refers to an increase in the body size, weight, height and quality of the body, mind and behaviour.

b) Social growth and development.

This is when an individual begins to be attracted to the opposite sex.

c) Emotional growth and development.

This is the stage when an individual develops feelings.

This is the stage when an adolescent begins to rebel against authority.

d) Intellectual/mental growth and development.

This is the stage when an individual develops her reasoning skills.

This is when an individual begins making independent decisions.

Characteristics of adolescence.

a) Physical characteristics.

Boys	Girls
Body becomes muscular.	Body becomes smooth and shapely.
Voice deepens and Adam's apple appears.	The voice becomes mellow. (soft and attractive)

They grow taller, bigger and shoulders widen.	Hips grow wider and breasts develop.
Beards, pubic hair, hair in the armpits develops.	Pubic hair and hair in the armpits develop.
Genitals grow bigger and start producing semen.	Reproductive organs mature and start monthly menstruation.

b) Social characteristics.

Boys	Girls
Boys develops strong feelings towards the opposite sex.	Girls develops sexual feelings towards the opposite sex.
They become sensitive and sexually active.	Feelings and desires become stronger.
They change their lifestyle such as engaging in risky and aggressive behaviour.	They form peer groups. Close associates.
They face storm and stress that comes with social matters.	They face storm and stress that comes with social matters.

c) Mental characteristics.

Boys	Girls
They begin thinking independently.	They think logically.
Their reasoning capacities and ability to argue out issues develop.	They begin to reason discriminatively about what they hear or see.

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