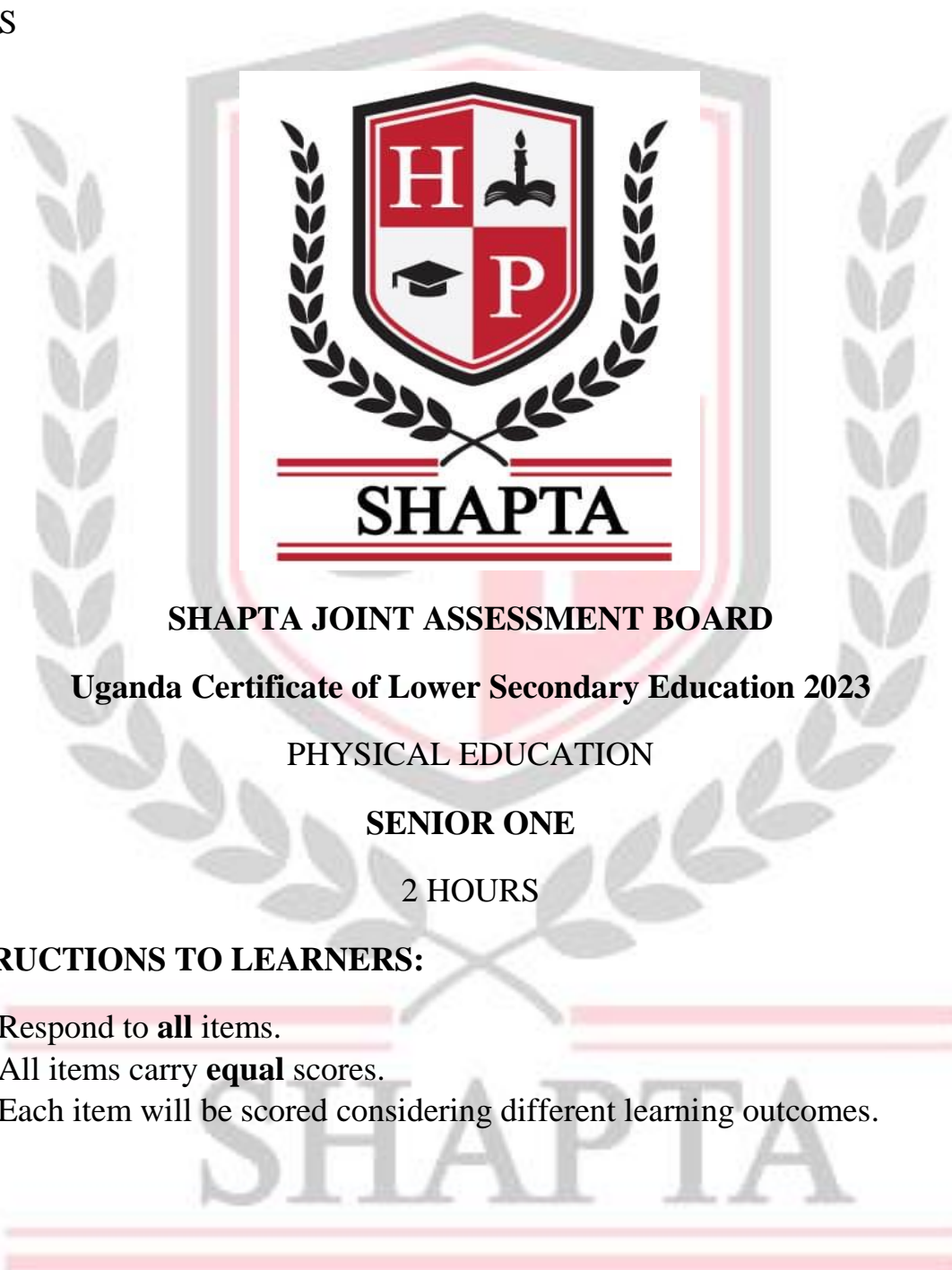


PHYSICAL EDUCATION

NOVEMBER.2023

2 HOURS



**SHAPTA JOINT ASSESSMENT BOARD**

**Uganda Certificate of Lower Secondary Education 2023**

**PHYSICAL EDUCATION**

**SENIOR ONE**

**2 HOURS**

**INSTRUCTIONS TO LEARNERS:**

- Respond to **all** items.
- All items carry **equal** scores.
- Each item will be scored considering different learning outcomes.

### **CASESTUDY/SCENARIO**

1. Your friend was riding a bicycle on his way to school; suddenly he knocked a goat and fell badly. You reached the scene and found that he was unable to talk. He was also bleeding from the Nose.

#### **TASK:**

As a senior one learner, prepare and demonstrate the actions would you take in order to save your friend's life?

### **CASESTUDY/SCENARIO.**

2. On your sports day, senior learners of your school were observed being set for 800m and 500m races on a track. Unfortunately, they did not know what to do upon being commanded by the starter. They were then taken for a relay race where they still got confused.

#### **TASK:**

In your opinion as senior one learner, demonstrate how they should have executed the running events

### **CASESTUDT/SCENARIO**

3. Your class netball team will playing against the senior one class of your neibhuring school next week. Unfortunately, your team coach is sick. As a captain of the class team you are required to engage the teams in a practice session as you wait for the coach to recover.

#### **TASK:**

As a captain, prepare and demonstrate the activities that you intend to practice during the session

**END**