

## COMPETENCE BASED CURRICULUM SCHEME OF WORK

**TERM:** ..1, 2024 **SCHOOL:** ..... **CLASS:** ..S-2. **SUBJECT:** ....PHYSICS. **TEACHER:** .....

WEEK	PERIODS	THEME	TOPIC	SUB TOPIC	LEARNING AREA	COMPETENCY	LEARNING OUTCOME	METHODOLOGY	TEACHING AND LEARNING AID	COMMENT				
1	06	MECHANICS AND PROPERTIES OF MATTER	WORK, POWER AND ENERGY	WORK	<ul style="list-style-type: none"><li>• THE MEANING OF WORK</li><li>• FACTORS THAT DETERMINE THE AMOUNT OF WORK DONE</li><li>• WORK DONE BY AN INCLINED FORCE</li><li>• INSTANCES WHERE NO WORK IS DONE</li></ul>	THE LEARNER UNDERSTANDS AND USES THE RELATIONSHIP BETWEEN ENERGY, WORK DONE AND POWER IN THE OPERATION OF SIMPLE MACHINES	THE LEARNER SHOULD BE ABLE TO: <ul style="list-style-type: none"><li>• KNOW THE DIFFERENT SOURCES OF ENERGY AND THAT OF ALL THE SOURCES, THE SUN IS OUR MAJOR SOURCE OF ENERGY.</li><li>• KNOW THAT ENERGY CAN BE CHANGED FROM ONE FORM TO ANOTHER AND UNDERSTAND THE LAW OF CONSERVATION OF ENERGY.</li><li>• UNDERSTAND THE POSITIVE AND NEGATIVE EFFECTS OF SOLAR ENERGY.</li><li>• UNDERSTAND THE DIFFERENCRE BETWEEN RENEWABLE AND NON RENEWABLE ENERGY RESOURCES WITH RESPECT TO UGANDA.</li><li>• KNOW AND USE THE RELATIONSHIP BETWEEN WORKDONE, FORCE AND DISTANCE MOVED.</li><li>• UNDERSTAND THAT POWER IS THE RATE OF DOING WORK.</li><li>• UNDERSTAND THAT AN OBJECT MAY HAVE ENERGY DUE TO MOTION OR POSITION AND CHANGE BETWEEN KINETIC ENERGY AND POTENTIAL ENERGY.</li><li>• UNDERSTAND THE MEANING OF MACHINES AND EXPLAIN HOW MACHINE SIMPLIFY WORK.</li><li>• UNDERSTAND THE PRINCIPLE BEHIND THE OPERATION OF SIMPLE MACHINES.</li></ul>	<ul style="list-style-type: none"><li>• GROUP DISCUSSION</li><li>• GROUP RESEARCH</li><li>• QUESTION AND ANSWER</li><li>• DEMONSTRATION</li><li>• PROBLEM SOLVING</li><li>• QUIZ</li><li>• SIMULATION</li><li>• OBSERVATION</li><li>• EXPERIMENTATION</li><li>• PROFECT</li><li>• BRAIN STORMING</li></ul>	<ul style="list-style-type: none"><li>• LIBRARY RESOURCE</li><li>• PICTURES</li><li>• PROJECTOR</li><li>• DICTIONARY</li><li>• MANILA PAPER</li><li>• INTERNET</li><li>• LIBRARY RESOURCE</li><li>• PICTURES</li><li>• PROJECTOR</li><li>• PENDULUM BOB</li><li>• STRINGS</li><li>• METRE RULE</li><li>• LADDER</li><li>• WEIGHING SCALE</li><li>• WOODEN PLANK</li><li>• TAPE MEASURE</li><li>• STONES</li><li>• STRONG THREAD</li><li>• PULLEYS</li><li>• NUTS</li><li>• BOLTS</li><li>• CAR JACK</li><li>• WOODEN PLANKS</li><li>• MARKERS</li></ul>					
2	02													
	04				POWER		<ul style="list-style-type: none"><li>• THE MEANING OF POWER</li><li>• COMPARING RATE OF DOING WORK</li><li>• ESTIMATING THE POWER OF A HUMAN BEING AND THAT OF A MACHINE</li></ul>				<ul style="list-style-type: none"><li>• PICTURES</li><li>• PROJECTOR</li><li>• PENDULUM BOB</li><li>• STRINGS</li><li>• METRE RULE</li><li>• LADDER</li><li>• WEIGHING SCALE</li><li>• WOODEN PLANK</li><li>• TAPE MEASURE</li><li>• STONES</li><li>• STRONG THREAD</li><li>• PULLEYS</li><li>• NUTS</li><li>• BOLTS</li><li>• CAR JACK</li><li>• WOODEN PLANKS</li><li>• MARKERS</li></ul>			
3	02						ENERGY	<ul style="list-style-type: none"><li>• THE MEANING OF ENERGY</li><li>• SOURCES OF ENERGY</li><li>• DIFFERENT FORMS OF ENERGY</li><li>• THE PRINCIPLE OF CONSERVATION OF ENERGY</li><li>• MECHANICAL AND POTENTIAL ENERGY</li><li>• ENERGY TRANSFORMATIONS</li><li>• HARVESTING ENERGY</li></ul>						
	04													
4	06						MACHINES	<ul style="list-style-type: none"><li>• THE MEANING OF A MACHINE</li><li>• MECHANICAL ADVANTAGE AND VELOCITY RATIO OF A SIMPLE MACHINE</li><li>• EFFICIENCY OF A SIMPLE MACHINE</li><li>• TYPES OF SIMPLE MACHINES</li><li>-LEVERS</li><li>-PULLEY SYSTEMS</li><li>-INCLINED PLANES</li><li>-WHEEL AND AXLE</li><li>-GEARS</li><li>-SCREWS</li><li>-WEDGES</li></ul>						
5	06													
6	06													
7	04													
	02			ACTIVITY OF INTEGRATION (WORK POWER AND ENERGY)										

WEEK	PERIODS	THEME	TOPIC	SUB TOPIC	LEARNING AREA	COMPETENCY	LEARNING OUTCOME	METHODOLOGY	TEACHING AND LEARNING AID	COMMENT
8	06	MECHANICS AND PROPERTIES OF MATTER	THE TURNING EFFECT OF FORCES, CENTRE OF GRAVITY AND STABILITY	MOMENT OF A FORCE	<ul style="list-style-type: none"><li>• CENTRE OF GRAVITY</li><li>• THE MEANING OF MOMENT OF A FORCE</li><li>• THE RESULTANT MOMENT</li><li>• THE PRINCIPLE OF MOMENTS</li><li>• APPLICATION OF THE PRINCIPLE OF MOMENTS</li></ul>	THE LEARNER UNDERSTANDS AND USES THE RELATIONSHIP BETWEEN ENERGY, WORK DONE AND POWER IN THE OPERATION OF SIMPLE MACHINES	THE LEARNER SHOULD BE ABLE TO: <ul style="list-style-type: none"><li>• UNDERSTAND THE TURNING EFFECT OF FORCES AND ITS APPLICATIONS.</li><li>• UNDERSTAND AND APPLY THE CONCEPT OF CENTRE OF GRAVITY.</li></ul>	<ul style="list-style-type: none"><li>• GROUP DISCUSSION</li><li>• GROUP RESEARCH</li><li>• QUESTION AND ANSWER</li><li>• DEMONSTRATION</li><li>• PROBLEM SOLVING</li><li>• QUIZ</li><li>• SIMULATION</li><li>• OBSERVATION</li><li>• EXPERIMENTATION</li><li>• PROFECT</li><li>• BRAIN STORMING</li></ul>	<ul style="list-style-type: none"><li>• LIBRARY RESOURCE</li><li>• PICTURES</li><li>• PROJECTOR</li><li>• DICTIONARY</li><li>• MANILA</li><li>• PAPER</li><li>• INTERNET</li><li>• LIBRARY RESOURCE</li><li>• PICTURES</li><li>• PROJECTOR</li><li>• THREADS</li><li>• MASS HANGERS OF DIFFERENT MASS</li><li>• HALF METRE RULE</li><li>• PLASTICINE</li><li>• SLOTTED MASSES</li><li>• SPRING BALANCE</li><li>• RETORT STAND</li><li>• WEIGHING SCALE</li><li>• OPTICAL PINS</li><li>• MARKERS</li></ul>	
9	06				<ul style="list-style-type: none"><li>• PARALLEL FORCES IN EQUILIBRIUM</li><li>• COUPLES</li></ul>					
10	06									
11	04			<ul style="list-style-type: none"><li>• THE CONCEPT OF EQUILIBRIUM AND STABILITY</li><li>• CONDITIONS FOR A BODY TO BE IN EQUILIBRIUM</li><li>• TYPES OF EQUILIBRIUM</li></ul>	EQUILIBRIUM AND STABILITY					
	02	ACTIVITY OF INTEGRATION (THE TURNING EFFECT OF FORCES, CENTRE OF GRAVITY AND STABILITY)								
12	END OF TERM 1 ASSESSMENT									

**REFERENCE:**

1. A.F. ABBOT (1989), PHYSICS, 5<sup>TH</sup> EDITION HEINEMAN EDUCATIONAL PUBLISHERS, ENGLAND.
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5. L.E FOLIVI AND A GODMAN (1992), NEW CERTIFICATE PHYSICS, NEW EDITION, LONGMAN, ENGLAND.
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7. NELKON M (1990) PRINCIPLES PF PHYSICS, 8<sup>TH</sup> EDITION, LONGMAN PUBLISHERS
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9. WIKIPEDIA ONLINE ENCYCLOPEDIA
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12. <https://researchguides.case.edu/physics>.
13. <https://scienceeducatorsuganda.com>.

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