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PHYSICAL  
EDUCATION  
2024  
2 ¼ hours



## B.PETER'S ACADEMIC PLATFORM

### END OF TERM THREE PHYSICAL EDUCATION S.3

Theory

**2 hours 15 minutes**

#### **INSTRUCTIONS TO CANDIDATES:**

*This paper consists of **two** sections: A and B.*

*Answer only **two** items from section **B**.*

*Section **A** has **two** compulsory items.*

*Answer **four** examination items in all.*

*Any additional item (s) will **not** be scored*

*All answers **must** be written in the answer booklet(s) provided.*

*A good handwriting is **recommendable**.*

**Turn Over**

## **SECTION A:**

Answer **both** items in this section.

### **Item 1**

Peter is a good footballer in ABCD SS. Many stakeholders including villagers wish to see him on the pitch. Although local media broadcasts many times the matches, peter does not appreciate it and seems not to see any opportunity in his engagement in sports. Since Mr. Murungi the sports teacher refuted to include peter on a bursary scheme, Peter no longer sees any advantage in engaging in sports. He has even taken an extra mile to assert that apart from wining the friendly games of the school, there is no other competition of benefit to him.

**Task:** Address Peter's issues in a letter.

### **Item 2**

In Uganda, there is a community where there are rampant wrangles and disputes resulting from the land grabbing tendencies and some ethnic discrimination. In some cases, some people have lost their lives as a result of the endless disputes. However, it has been observed from other areas that physical education and sports have been used to unite disagreeing parties of a particular community. The district sports officer has been contacted by the district chairperson to establish how sports can be used as an avenue to restore peace in the community.

### **TASK:**

If you are tasked by the sports officer for an advice, prepare a write-up of your advice.

## **SECTION B:**

Answer only **two** items from this section.

### **Item 3**

The Ministry Of Health Officials came to a nearby school in your village and reported that there is an increase in the number of students with Body Mass Index (BMI) of 29 and above from 2.3% to 10.4% (by MOH) and others weigh over 120kg, because of this, it

has been identified that the health of students is deteriorating due to a sedentary lifestyle. This has left them with weaker bodies, muscle and joint pain, and are always sleeping on the school compound. However, the sports teacher of the school took a step and trained them for one day and then organized a Galla for a number of games and sports to check for their preparedness and made the following observations;

Many students could not catch the ball thrown them by their teammates, Many failed to make passes reach the identified target, Many could get tired easily and asked for substitutions, They could take a lot of time to reach the ball and others totally failed to reach it, They could easily fall down when dodged by a colleague.

The ministry also identified that students are always seen eating biscuits, yoghurt, chapattis, and other sugary foods which cannot sustain them, promote a health living and promote proper functioning of the whole body.

Based on the above issues, the ministry is worried and concerned. As a selected physical education pioneer of your village.

**Task:**

Make an article/letter that will be used by the ministry to change attitudes of such students and improve their performance in a number of physical activities.

**Item 4**

In your school neighboring community, the special interest groups have reported to the Ministry Of Education and Sports (MOES) that it is mostly the high school boys that participate in sports especially during holidays denying them an opportunity to use the available sports facilities and equipment based on various reasons. In order to fully promote talents in the area, one needs to address these issues so as to make everyone comfortable. They also reported that this community is under developed with problems such as pick pocketing, quarrels, theft, drug abuse and fights among youths, and these are due to their political, social and religious differences. This made the Ministry officials to secure 40 million shillings to curb down such problems so that harmony is brought among the youths without any disruptions. Though the youths did not have knowledge on how to end such, as one of the physical education scholars in the area, you disagreed with what the officials did and said that engaging in sports activities is the only motive to end this.

This made the minister scared, worried and concerned about the above issues and; Requested you as a physical education scholar in the community to,

**Task:**

Make a write up that she will use to change ways of the youths and develop talents of the special interest groups and the community as a whole.

**Item 5**

Due to the limited resources for use during the engagement in sports, a number of community members may end up having less involvement in sports. Limited access to sports by some people is based on a number of reasons and this has affected the talent identification and development programs in the various communities where the vice exists. From research, it's established that society is not aware of this vice and its impact, yet it's disastrous. As an expert, you would wish to open the eyes of the society before the effect increases.

**TASK:**

Prepare a write-up that you can present over a radio talk-show, if you are invited to address the issue.

**END**