

## HEALTH COUNSELOR

**Date :** 6th February, 2025  
**JOB TITLE:** HEALTH COUNSELOR  
**DEPARTMENT:** HEALTH  
**SUPERVISOR:** HEALTH ADMINISTRATOR  
**JOB TYPE :** FULL TIME  
**LOCATION:** TORORO

### About H4KI

Hope 4 Kids International is a non-government organization (NGO), Non- partisan, not a profit making organization, Non-denominational, registered in the Republic of Uganda with the aim of restoring hope to children and families affected by extreme poverty and disease, through their four pillars of Hope: Dignity, Health, Joy & Love.

### JOB OVERVIEW

The health counsellor will provide comprehensive mental health counselling and therapeutic services to both students and members of the community, addressing a wide range of emotional, psychological and behavioural issues. This role will support the organisations mission to improve the mental and emotional well-being of individuals through direct counselling services, community outreach and preventive education. The counsellor will work collaboratively with other healthcare professionals, administrators and community partners to promote holistic health and wellness.

### MAJOR DUTIES AND RESPONSIBILITIES INCLUDE BUT NOT LIMITED TO:

#### 1. Counselling Services

- Provide individual, group and family counselling for students and community members dealing with mental health issues, including but not limited to anxiety ,depression ,trauma, stress and relationship difficulties
- Conduct assessments, develop treatment plans and provide evidence-based therapeutic interventions in a confidential and culturally sensitive manner.
- Facilitate crisis intervention when needed, providing immediate support and connecting individuals with appropriate resources.

#### 2. Student Support

- Offer counselling tailored to the specific needs of students and pupils addressing academic, social and personal challenges.
- Collaborate with school staff, faculty and administrators to identify and support students who may benefit from counselling services.
- Assist students in developing coping skills, enhancing resilience, and promoting academic success through mental wellness.

#### 3. Community Engagement:

- Provide counselling and mental health services to community members, including underserved populations in a manner that respects diverse backgrounds and promotes inclusivity.
- Conduct outreach efforts to raise awareness of available mental health services and encourage access to counselling.
- Participate in local health promotions, community medical camps and workshops to educate the community on mental health topics and reduce stigma.

**4. Collaboration and Referrals:**

- Work closely with other health professionals (doctors, social workers, nurses etc) to ensure integrated care for clients.
- Make referrals to appropriate external agencies, resources or specialists as needed for additional services or support.
- Maintain up to date knowledge of local community resources, including healthcare services, housing and employment assistance to support holistic care.

**5. Documentation and Reporting**

- Maintain accurate, confidential, and timely records of counselling sessions, assessments and treatment plans in accordance with the professional ethics and in line with the organisational guide lines.
- Prepare reports on client progress, outcomes and program effectiveness as requested by management or stakeholders.
- Monitor and track treatment progress and outcomes, adjusting care plans as necessary.

**6. Professional Development**

- Stay current with the latest research, techniques and best practises in counselling mental health and wellness.
- Attend relevant training sessions, conferences and workshops to maintain techniques and enhance professional skills.
- Maintain confidentiality with high level of professionalism.

## QUALIFICATIONS

- At least Diploma in counselling, social work, community psychology or any related field.
- A certificate in public health is an added advantage.
- Minimum experience of 3 years actively providing counselling services, prefferably working with both youth and adult populations in educational and community health settings.
- Experience in crisis intervention and working with diverse populations is highly preferred.
- High skills with knowledge of various therapeutic modalities, motivational interviewing.
- Compassionate, empathetic and non-judgmental approach to care.
- Knowledge of community resources and referral networks.
- Proficiency in maintaining electronic health records software and familiarity with relevant privacy regulations.

## WORKING CONDITIONS.

- Full-time position with a flexible schedule that may include some evenings or weekends to accommodate client needs.
- Some travels may be required for community visits especially in our other school branches in and outside Tororo according to the need.

## HOW TO APPLY

All suitably qualified and interested candidates should send one merged PDF with a cover letter, academic documents, national Identity card, a CV with 3 referees preferably from your former place of work to [careersug@h4ki.org](mailto:careersug@h4ki.org) (Subject Line: "**Health Counselor Application**"-First Name, Last Name). Deadline for receiving application will be on **21<sup>st</sup> February, 2025**. Due to the volume of applications received, we will only be responding to shortlisted candidates.