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**ENGLISH** 

LANGUAGE

PAPER 1

July - August 2024

2 hours



# UGANDA MUSLIM TEACHERS' ASSOCIATION UMTA JOINT MOCK EXAMINATIONS – 2024

# UGANDA CERTIFICATE OF EDUCATION

### **ENGLISH LANGUAGE**

PAPER 1

#### 2 hours

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# INSTRUCTIONS TO CANDIDATES:

- This paper consists of two sections. A and B. It has four examination items.
- Answer three examination items in all.
- · Section A is compulsory.
- Answer one item from Section B.
- Answers to Section A must be written in the spaces provided.
- Any additional items answered will not be scored.

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#### Item 1.

Read the text.

It is common thinking among our people, that a hospital visit is not necessary, until one is sick. It is in fact, laughable among younger people that one has to go to the hospital unless they are seeking treatment. Some even believe that going to hospital when not sick equals to inviting disease into your healthy body.

Sudden deaths are on the rise and this makes **one** stop and wonder why seemingly young, healthy and very "full-of-life" people are alive **one** minute and dead the next! Fortunately, this can be taken as a lesson to start taking our health seriously by doing regular check-ups.

Modern medical care should put emphasis on these regular check-ups because they, among other things help in early detection of health issues, hence providing a window of opportunity for early detection of potential health concerns. Many health conditions including chronic diseases, exhibit subtle signs or symptoms in their initial stages.

Regular check-ups empower doctors to identify and address these issues before they escalate into more severe complications, improving the chances of successful treatment and management.

Investing in health goes beyond treating illnesses; it encompasses preventive measures that foster overall well-being. Regular check-ups enable doctors to assess risk factors, offer personalized health advice and recommend lifestyle modifications that can significantly reduce the likelihood of developing certain diseases. It is a proactive approach that empowers individuals to take control of their health.

Before you shun these general check-ups, you should bear in mind that it is only through them that one gets tailored healthcare plans. Each individual's health profile is unique. The check-ups allow doctors to develop personalized health care plans based on an individual's medical history, family background and lifestyle choices. This tailored approach ensures that medical interventions are precisely aligned with individual needs, optimizing the effectiveness of treatments and minimizing unnecessary procedures.

Medical check-ups encompass comprehensive evaluation of various health aspects, beyond immediate concern. From physical examination to laboratory tests, doctors can gain insights into an individual's health status including aspects such as blood pressure, cholesterol levels and organ function. This holistic assessment guides doctors in identifying potential health risks and charting a proactive course of action.

Regular medical check-ups establish a baseline for an individual's health metrics over time. This baseline allows doctors to monitor any changes or trends that might indicate the onset of health issues. It provides invaluable data for early intervention and course of correction, ensuring optimal health outcomes.

Investing in regular preventive medical check-ups can lead to substantial long-term cost saving. Detecting and managing health issues in their early stages often requires fewer intensive treatments and interventions, translating to reduced healthcare expenses in the long run. Moreover, it avoids financial burden associated with treating advanced-stage diseases.

In Uganda, where healthcare access and resources may pose challenges, prioritizing regular medical checkups is a proactive step towards safeguarding one's health. As doctors, our perspective underscores the pivotal role that preventative health care plays a role in enhancing the quality of life and ensuring a healthier future for individuals across the nation.

Like it or not, the investment in your health through regular preventive medical check-ups serves as a cornerstone of well-being. It empowers you to take charge of your health journey, enables early intervention and sets the stage for a life characterized by vitality and longevity.

Adapted from: The New Vision, October 30,2023.

#### Task

The area Local Council committee members have noted with concern that most people in your community rarely go for medical checkups. You have been selected to sensitize them. Write what according to medical checkups in about 135 words that your people will be glad to learn

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#### Item 2.

#### Read the text below.

The thief could not help shouting. In the sudden reaction, the bag of pears dropped from his shoulder and thudded on the ground. He stood still and watched. Mzee Musa heard the scream coupled with the thud from his fire place. What could this be? The only fall that could produce such a noise was the coconut he had along the hedge in the farm. Some fruits, surely were already dry and ready to fall. Should he stay back, some children might hear of the fall and rush out to collect the booty in spite of the heavy rain.

He collected his dog-eared straw hat from the peg on the wall, planted it squarely on his grey head and out he went into the wet weather. He climbed over the fence to save time, and soon found himself at the foot of the coconut tree. There were no foot prints on the cultivated ground. Certainly, it was not the coconut that fell. Was it the breadfruit? He began to survey the whole expanse of farms. Down at the left-hand corner was a heap that looked strange from the distance. Curiosity drove him to investigate it. All this time Mzee Musa kept still like a fruit.

As Mzee Musa drew nearer, the heap proved itself to be a raffia bag loaded with pears – his own pears – for the heap lay at the foot of his tree. A few pear fruits lay scattered also on the ground. He boiled with anger. This was the very tree he wanted to harvest that evening after the rain to sell in the market the following day. The money so realized would be used in replenishing his snuff-box which had run empty. He was always miserable without his snuff in the cold weather. That very morning, he used the tip of a feather to scrape out relics of snuff from the corners of his cubical snuff-box, and he enjoyed every particle of it. The rain drops would not allow him to look up in search of this rogue. By slanting his straw hat at an angle with his face, and by peering skywards, he saw a figure.

"A- ha! You are caught," Mzee Musa said. The boy replied by collecting one fruit and throwing it on the back of Mzee Musa.

"Come down and tell me what you are doing on top of the tree."

"Come up and tell me what you are doing down below there," the boy said, imitating Mzee Musa's cracked voice.

"You speak like that?"

- "And you speak like that," Ibra replied, mimicking the hot tongue that Mzee Musa had.
- "Come down I say."

"Come up I say."

Furious at this effrontery, Mzee Musa felt for a whip. He laid his hands on a stick which had been used in staking his fluted pumpkin but which the pumpkin had not climbed yet. Armed with this, he actually began to climb up the tree hoping to wage his battle there. His adversary kept on raining pears on his head, face, shoulders and back, in the hope that he would give up the ascent. But seeing that he was determined, the instinct of self-preservation dictated that he should increase the distance between them by climbing higher and higher. Crisis came when he got very near the tip of the tree at which point, should he go further, the branch would bend over and break, sending him crashing to the ground. That was a time to think hard. Just above his head was a nest of tailor and ants rendered inactive by the cold weather.

(Adapted from: More than Once by Clement Agunwa)

# Respond to the tasks below;

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- Markey and the second	and the second second second for the second and the second second second second second second second second se
"Come down	and tell me what you are doing on top of the tree," shouted Mzee
Musa. (Rewr	rite Mzee Musa's words without inverted commas.)
	s fruits are stolen before he can harvest them. Explain the best ways
fruit farmers	in your community can safeguard their farm products from thieves.

	If you were Mzee Musa and you caught Ibra stealing your fruits, explain what yould do to him?
	We understand people's characters by what they say, do or what others say about them. Describe the kind of person Ibra is as revealed in the text.
(1)	What lessons do you draw from what happens in the passage?
	SECTION B
	Either
tem 3	
esult,	school has been experiencing a water shortage for the past two weeks and as a students are threatening to riot. As the Water and Sanitation Prefect, write to the eacher addressing the students' concerns. (Use 250-300 words)
	Or
tem 4	
'ou a	re the president of a newly established club in your school and you have noted with
oncer	n that very few students are joining the club. Write to the general students' body

END

encouraging them to join. (Use 250-300 words)