



# SECONDARY HISTORY AND POLITICAL EDUCATION TEACHERS ASSOCIATION

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## ENGLISH HOLIDAY PACKAGE

### SECTION A

#### 1. Read the following text and respond to the task that follows.

Did you know that cigarette smoking can make men impotent and therefore make them fail to fulfill their conjugal obligations in marriage, and make women unable to conceive or give birth to premature, underweight or stillborn babies?

Dr. Victoria Mukasa, a public health specialist, says that cigarette smoking, besides causing cancers and heart diseases, also brings about impotence and barrenness to men and women respectively. She says the cigarette smoke contains more than 4000 chemicals and approximately 60 carcinogens (cancer causing agents). These include nicotine which she says is responsible for constricting and narrowing down blood vessels in the human body hence causing inadequate supply of blood to various parts of the body including reproductive organs.

‘For example,’ she says, ‘erection needs sufficient supply of blood to the man’s reproductive organ (penis), so the inadequate supply of blood could affect the ability to erect and eventually lead to impotence.’

Besides, she adds that cigarette smoking also damages the sperms and when a wife of a smoker conceives, the likelihood of the foetus being abnormal is high. Dr. Mukasa says effects on women are worse as they find it difficult to conceive and if one conceives, the likelihood of miscarrying is higher as compared to non-smokers.

She explains that women smokers normally give birth to low weight babies of 2.5 kilograms and that such babies may not survive as compared to those born at the standard weight of three to four kilograms. ‘Nicotine constricts blood vessels and hence inadequate blood reaches the placenta, meaning that there are less blood nutrients to the fetus hence inadequate growth or death,’ she explains.

According to Mukasa, these health risks could also be passed onto passive smokers through exposure to cigarette smoke.

‘The chances of contracting smoke-related diseases are still there. People react differently to the same exposure. While one person may get infected out of the same exposure, another may not,’ she explains.

In addition to impotence and infertility, Dr. Mukasa reveals that of all the cancers reported in hospitals, majority are related to cigarette smoking or tobacco chewing. These include cancers of the nose, tongue, lungs, throat, stomach, pancreas, big colon, rectum, anus, kidney and bladder as the most common cases in men. In women, uterine, breast and cervical cancers are commonplace.

Dr. Sylvester Onzivua, an anatomical and forensic pathologist at Mulago referral hospital says that there is a progressive increase in the number of people diagnosed with cancers at the hospital. However, he cautions that there was no scientific research conducted to establish whether this has any connection with cigarette smoking, though he admits that in other countries, this, to a larger extent, is linked to smoking.

‘We don’t have concrete scientific data to link the increasing cases of cancer to cigarette smoking. Basically, we have not been targeting that data. But cancers of the mouth, tongue, lips, lungs and esophagus are on the increase,’ he says, adding that, ‘these have been scientifically proven elsewhere in the world to be related to cigarette smoking.’

He also says that respiratory diseases, which are also related to cigarette smoking, follow malaria among diseases affecting people in the country. Dr. Mukasa says that cigarette smoke causes heart diseases, narrows blood vessels especially in the heart thus causing inadequate flow of blood to other organs of the body.

It also causes gradual loss of hair and solidification of eye lenses (cataracts) which eventually leads to blindness. She explains that all these diseases are common among active smokers though, with constant exposure, even passive smokers can get them.

**Task:**

Having read the text, explain the side effects of cigarette smoking to your colleagues that might not have knowledge about it in about 100 words.

**ROUGH COPY**

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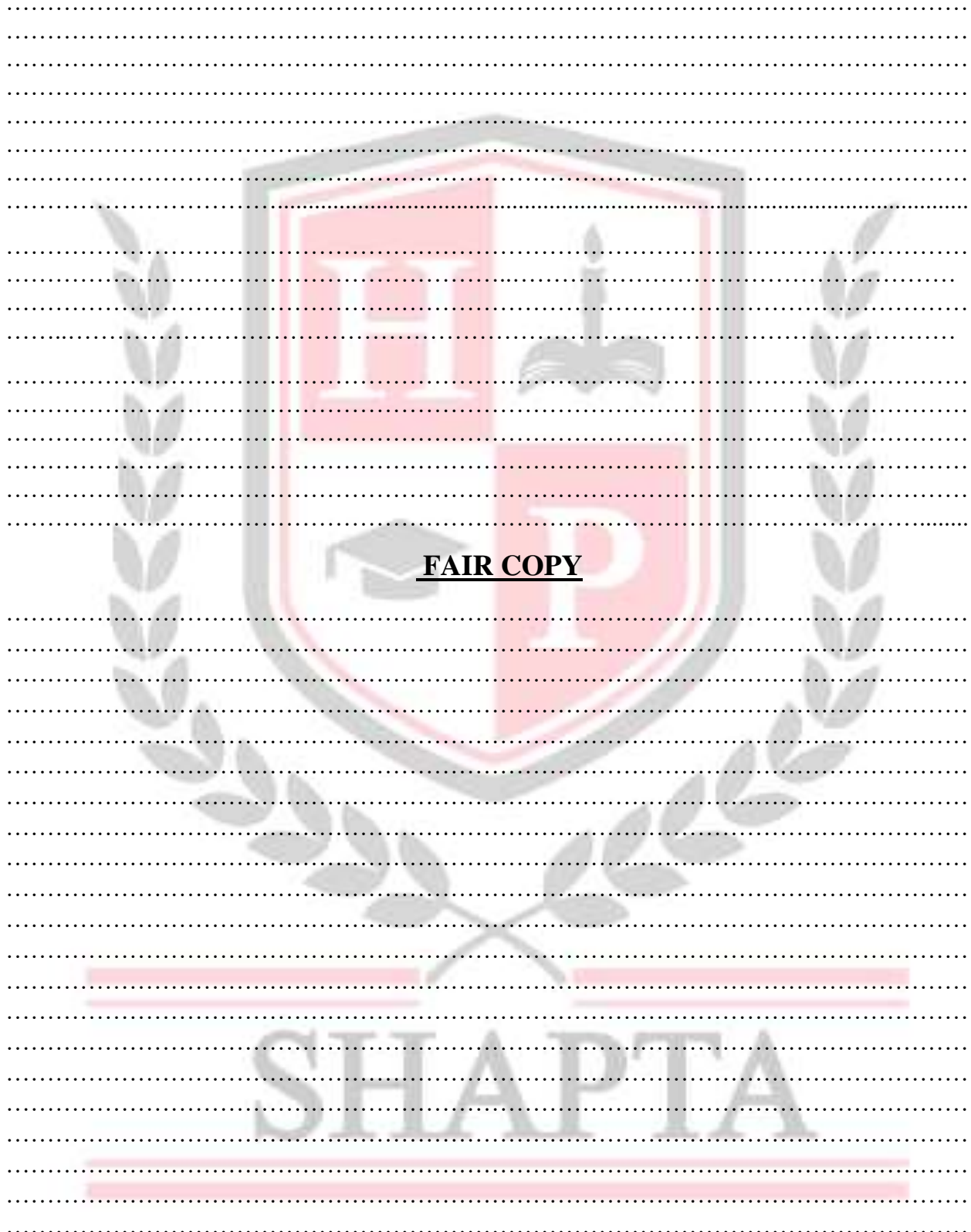
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## 2. Read the text below and respond to the tasks that follow.

### A Fight at the Food Stall

A nasty fight erupted at the shopping center this morning. I watched it all and I thought it was rather silly and sad. Why should two grown-up human beings fight like Cockerell in public over a little matter which they can settle through a simple discussion?

Anyway, it all started when Okecho, the bicycle mechanic, walked up to Nabirye's roadside food stall and ordered a chapati. He gave Nabirye a one-thousand-shilling note and she gave him the chapati. When Okecho asked for his change, Nabirye gave him four hundred and fifty shillings. Okecho could not believe it. He expected change for five hundred shillings.

"What do you mean?" he asked Nabirye.

"The price has gone up to five hundred and fifty shillings each," said Nabirye simply.

"When did you raise the price? Why didn't you tell us?" asked Okecho angrily.

"Well, I am telling you now," retorted Nabirye. "Where would I find the time to go telling everyone about the price changes?"

"Why didn't you put up a public notice? You thief," bellowed Okecho fiercely.

"You will not rob me in broad daylight."

"I am not a thief," Nabirye Shouted back. She tightened the knot on the wrapper around her waist and looked Okecho straight in the eye. "You have no right to come here and call me a thief, when I am going about my business" Shouted Nabirye. If you do not want my chapati, just give it back and take your lousy money."

Okecho threw the chapati straight into Nabirye's face. The two exchanged insults and finally a fight broke out between them.

Within a short time, people had gathered around them. They separated Okecho and Nabirye and tried to calm them down. Nabirye and Okecho kept yelling insults at each other.



Eventually, Mbabazi, the Chairperson of the Market Traders Association, was called. She asked everyone to be calm so that they could resolve the conflict in reasonable manner.

"First," said Mbabazi, "how did this whole thing begin?"

It was not easy to get a clear picture of what exactly had happened. Nabirye insisted that Okecho had attacked her without any provocation. Okecho, on the other hand, just kept saying that Nabirye was trying to steal from him.

The people around started to take sides supporting either Nabirye or Okecho. Mbabazi patiently listened to the arguments from each side.

After a while, she said, "I am glad we are discussing this matter rationally. Maybe if Nabirye and Okecho had talked over their differences, this unfortunate fight would not have taken place."

"Madam," said Icuma the barber, "these two were tearing at each other like wild cats. I think they should both be disciplined."

"That may be important, Icuma," answered Mbabazi, "but I think reconciliation and amicable understanding is what Nabirye and Okecho need right now."

Finally, it was agreed that Mbabazi and a few fellow traders would help Nabirye and Okecho resolve their differences in privacy of Mbabazi's shop. The crowd dispersed as the team headed to Mbabazi's shop.

**Respond to each of the following tasks on this text.**

a) Tell the chairperson what Nabirye said to Okecho resulting in a fight.

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b) "Think twice before you act." How does this statement fit in the message of the text?

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c) Character is told by what some does and from one's behavior. With reference to the text above, describe the kind of person that Okecho is.

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d) We always attach emotions towards people depending on what they do to us. In reference to the above, explain the feelings you have for Nabirye.

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e) In all that we do, we have something new we learn. From Nabirye, Okecho's saga new things do you from the text.

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f) "Everyone is entitled to their opinion," people say. As a person who has read the text above, what's your comment on the saga?

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## **SECTION B**


**3.** It has been realised that many students are visiting the school sickbay and reporting similar symptoms and this has left the entire school in fear. As a Health prefect, you have been tasked to investigate what could be causing sickness. Write to the teacher in charge of Health detailing the findings and what you think should be done.


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**END**



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## BIOLOGY PACKAGE

### Item 1

In recent years, the government has put efforts to keep the environment safe from destruction by human beings. One of the ways through which it has done so is through civic education. Last Monday, the Mbale district environmental officer was on a radio holding an education session about environmental conservation. When Jalia tuned in to listen she only heard the last statement made by the environmental officer. The only words she heard were, 'when we do that, we shall be able to conserve the swamps which are very vital for the good of man'. She was however unable to know what the environmental officer meant by the statement. She regretted why she had not tuned in earlier.

Task.

Design a message to help Jalia understand the meaning in the last statement made by the environmental office.

### Item 2

A few months before the Non-aligned Movement Summit (NAM) in Kampala Uganda, the top government officials were concerned that the city was not looking as good as they intended it to be. They cited the lack of adequate green cover which made the place less attractive. It is also recommended by NAM member countries that cities should have green cover to provide fresh air for the people that live there. Some areas were still bare due to the previous road renovations. They appointed a committee which was tasked to make the place green in a shortest possible time. One of the members suggested that asexual means can be used to achieve the goal faster than sexual means of reproduction. The committee has approached you for help.

Task.

Help the committee to understand the best asexual methods to use and the possible plants that can be used for making the area green in a short time.

### Item 3

Mr. Kamoli is a farmer who keeps both rabbits and Fish on the same piece of land. He employed a caretaker for the animals because he is a lays not around to take care of them himself. However, the caretaker he employed is a chain smoker. He also takes less care for the fish. Sometimes he forgets to prevent runoff into the fish pond. Dirty rain water with suspended particles ends ups into the fish pond. Last week, some of his fish died. Mr. Kamoli became puzzled.

#### Task

Write a recommendation letter to Mr. Kamoli explaining to him the cause of the situation on his farm and hoe he can go about it.

### Item 4

Your school football team for football competitions. Some of the footballers refused to eat claiming that the food makes them heavy and too lazy during the match. Other footballers ate food rich in a recommended level of carbohydrates before the match. After the first half, the footballers who ate the food were still energetic and did not complain of weakness. The ones t5hat had refused to eat anything were very weak and did not continue with second half.

#### Task

Explain the steps that occurred in the bodies of footballer who ate carbohydrates that enabled them keep energetic.

### Item 5

Kiibi is a drunkard. He drinks from a bar far from his home. Last evening he was coming from the bar staggering and met a snake along a swamp near his home. He tried to get a stone to hit the snake but he was too weak to target it. Eventually, the snake escaped.

#### Task


Describe the sequence of coordination events that occurred from the time he saw a snake to the time he threw a stone. What are the likely effects of kiibi's behavior and how can you advise him?


**END**





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## CHEMISTRY PACKAGE

### Item 1

The world suffer from global warming and greenhouse effects due to mismanagement of carbon cycle by human being. This has become a global issue that calls for every one's contribution if the world is to be a better place for human being since global warming has resulted into climatic changes with effects on the operation of human being. As a chemistry learner, you are required to sensitize your community about this global challenge

### TASK

Sensitize the community about the global warming and greenhouse effect, in your sensitization message clearly reflect on the meaning of global warming and greenhouse effect, how human being mismanaged carbon cycle resulting into global warming and greenhouse effect and solution to global warming and greenhouse effect.

### Item 2

Salts are very important in our everyday lives as some of them are used in medicines, add taste to our food. Many of these salts can be prepared in the laboratory.

### TASK

- Suggest three ways in which salts can be prepared.
- Ammonium chloride is an example of the salts prepared from the laboratory. When it was dissolved in water and the solution tested, it was found to be acidic. Explain why the solution was acidic.
- State three other applications of salts in your community.

### Item 3

Lira city is known for its good climate, good security entertainment and businesses. However, hard water continues to be a challenge in the city. The residents in the city use a lot of soap when washing and bathing. This has greatly affected their economy on a daily basis. As a chemistry learner, you have been invited by the area MP on a radio station in lira to help and teach the residents on how to make hard water soft using any physical method that can remove both permanent and temporary hardness

#### TASK.

Write a paper that you will use over the radio during your presentation. The presentation should clearly reflect the materials needed, procedures followed and results or conclusion

### Item 4

Human beings respond to the cut from razorblade in different ways, some respond by crying and do not go to the hospital, some by crying and going to the hospital while some don't cry and neither do they go to the hospital. This too happens with elements on the periodic table. As a chemistry learner, you are required to demonstrate that elements also respond differently when subjected to similar conditions.


#### TASK


Demonstrate with the help of word equations how potassium, sodium and magnesium respond differently when in contact with water.

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## PHYSICS PACKAGE

Answer **all** items from this section

### Item 1

There is a parent project in your school to construct two rectangular pit latrines. One at the girls 'wing and another at the staff quarter's wing. However, the Board of Governors and the school administration have failed to agree on the choice of materials to use in construction.

#### TASK

Using the knowledge and skills learnt in "mechanical properties of materials" Suggest the choice of materials you would advise the school board to use in the construction of the latrines

### Item 2

Your uncle operates one of the largest supermarkets in Hoima city. However he has been having some challenges especially theft of his goods in his supermarket.

#### TASK

Using the knowledge of reflection of light, what advice would you offer him to overcome such losses due to theft of his goods?

### Item 3

A heap of weed of mass 3 Tonnes is moving towards the turbines at the Jinja power station. A group of engineers needs to use a machine operating at 20 KW for five minutes to remove the weed from the river and place it at the bank which is 15 M above the river.

- Determine the efficiency of the machine.
- Comment on the efficiency of the machine.

#### Item 4

On a hot day, a student dropped three ice cubes at  $-6^{\circ}\text{C}$  in a jug of water at room temperature. If the final temperature of the mixture after all the ice has melted was  $16^{\circ}\text{C}$

- a) Sketch a temperature-time graph for the ice.
- b) Describe the key features of your graph in (i) above.

#### Item 5

A certain family stays near the marram road and a school. Every day, the family receives dust raised by moving vehicles from the road and the bad smell from the school pit latrines. In the morning hours, the dust is not so much and the smell from the pit latrine is not so much either. But these conditions worsen around midday on hot sunny days. The family is disgusted by these conditions. They don't know the cause of these conditions.

#### TASK

- a) As a physics learner, what would be the causes of the above conditions?
- b) Evaluate the possible ways of solving the above problem in the scenario?

#### Item 6

In a certain country, a Television reporter was reporting live near the ocean about the high tides during night time. Viewers in another country were watching the live broadcast of the news bulletin during day time. The viewers wondered how it could be day and night at the same time, and how the event in one country could be watched live on TV in another country.

#### TASK

As physics learner, how would to help the viewers to understand;


- (a) The possibility of it being day in one place and night in another place.
- (b) The occurrence of High Ocean tides.
- (c) How an event in one place can be broadcast live in another country.


**END**





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## MATHEMATICS PACKAGE

### Item 1

Your classmates are arguing whether to produce Sausages(S), or Popcorns (P), or cakes(C) or daddies (D) for the school project. To solve the argument, your class teacher assigned you as the group manager to make research and present the findings on a diagram and hence use it to decide. You questioned a group of 40 students from different classes of which product they prefer and below where there responses:

S	C	S	P	P	S	D	P	S	C
P	P	S	P	D	C	S	D	P	S
P	S	P	S	C	P	S	P	S	P
D	C	S	S	S	P	S	S	D	S

### TASK:

- Fulfill the teacher's assignment.
- Which product do you think you and your fellow students will end up producing?

### Item 2

Five girls whose homes when marked on a grid make a trapezium, wanted to buy clothes. They realized that if they buy them in a bunch, it will be cheaper. So they mobilized themselves and each person contributed as follows:

Girl 1: Contributed one hundred thirty-three thousand two hundred fifty shillings.

Girl 2: Contributed 20% more than that of girl 1

Girl 3: Contributed  $\frac{1}{2}$  of the amount girl 1 contributed.

Girl 4: Contributed a fraction that is  $\frac{1}{5}$  less than the fraction of girl 3 of the amount of girl 1

Girl 5: She contributed the balance required to make the Shs.800, 000 required.

**TASK:**

- a) Locate the homes of the girls on a grid while labeling their coordinates.
- b) What amount did each girl contribute?
- c) In which other way could they contribute the amount required fairly and according to that way, how much would each contribute?

**Item 3**

You have a piece of wood that is 12cm in length and 12cm in width. You to use it to make a simple money bank that is in shape of a cube and you use it to save your coins. You want to make it in such a way that to remove your money, you don't break it but rather you unfold it and then fold it back. You plan to start making it on 27th November 2023 and you want it to be done in one week!

**TASK**

- a) Accurately illustrate how many pieces of wood you would cut out of the piece of wood you have for your money bank clearly showing their width and length.
- b) Show how you will arrange them on the floor such that when you start folding them, they form the shape you want.
- c) What space will your money bank occupy?
- d) On which date will your money bank be ready for use?

**Item 4**

You are a store's manager in your school bakery project. You missed two days of school due to an emergence. On returning, you found out that the total wheat used in the two the two days was 24 packets. You want to find out the exact amount of wheat used on those two respective days but the student who was getting the wheat from the store didn't attend school! So you went to those in the production department and they told you that all they know is that the packets of wheat used they on day two multiplied that of day one by the same number.

**TASK**

- a) Use the information you have gathered at the moment, to find out the amount of wheat used on day one and day two respectively.

b) The number of new students who enroll in the school each term is about 40. If currently you're in term three and the number of students are 500. How many students will the school have by term three of the following year?

### Item 5

You are going to host some friends for a movie night. You have four options you can choose from: **C= comedy, A= animation, M= musical, R= romance**. You decided to ask them which one they would love to watch so that you choose one that is preferred by most of them. Below where their preferences:

C	A	A	R	R	M	M	C	M
R	C	R	R	M	A	A	R	M
A	A	R	A	R	R	R		

TASK:

- Summarize your data.
- Represent your data.
- Which movie will you choose to show your friends?

### ITEM 6

At school you are requested to use a piece of wood to create a rectangular photo frame with a circular space in it where the photo will be put. Your parents have no money to buy you a new piece of wood but you have a piece of wood that is in shape of a parallelogram. Two of its angles are made up of an obtuse angle and two of them are made up of an acute angle. One of the sides is 6cm and the other 4cm.

TASK:

Illustrate accurately how you will cut the piece of wood you have to create what the teacher assigned you to do clearly showing and labelling the:

- Obtuse and acute angles of the piece of wood you have.
- The length and width of the rectangular piece of wood you will be able to cut out of the wood.
- The circular space.

### Item 7

Your facilitator gathered information on the ages of some few learners in the school from different classes. Below are his records:

14	15	16	17	18	21	18	17	15	16	21
21	17	14	18	15	17	17	15	16	21	18
18	21	17	15	14	21	16	17	16	21	16
15	16	21	17	18	16	17	21	18	15	17

#### TASK:


- In which other way can the facilitator record the information above such that even another person looking at it can easily tell the number of learners in each age group?
- Illustrate your suggestion in (a) above.
- State which age are the majority of the learners in the school.
- Your facilitator wants to sell either cartoon stickers or stickers for different singers in the school. According to the above records, which stickers do you think will be suitable?


**END**





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## AGRICULTURE PACKAGE

### Item 1.

a) In Kamuli village, farmers were provided with potato vines, cuttings and a few tree seedlings. However, due to their ignorance some did not bother to use them in their gardens. Up to now, these farmers still complain about the low yields, prolonged maturity rates and low quality of their crops. And others have persistently continued to use their locally produced seeds in planting and other planting materials thus continuous low production.

#### TASK

Basing on the above scenario, what advice would you give to these farmers?

b) Kanyere a farmer in Kisozi Sub County in Uganda was advised to start a dairy farm on his one-hectare piece of land. He planted elephant grass and Congo signal grass in plots A and B respectively at the same time. He expects to receive in-calf dairy heifers in six months' time and both pastures have already reached their flowering stages. Therefore, there is no likelihood of him feeding the current pastures to the heifers which are yet to come. At the same time, he is not interested in selling his pastures in a green state to other farmers. In his first attempt to conserve the pastures, the final product was rotten, black in colour and produced an unpleasant smell.

#### TASK

What advice would you give to Kanyere on how to conserve his pastures?

### Item 2.

As a result of the increased demand of vegetables in your community, you decided to venture into vegetable growing. However, some areas of your community are rocky with shallow soils while other areas are gently sloping with deep, well drained and fairly fertile soil. Due to those differences, the seedlings that were

raised in the nursery came out bent, small sized and some were diseased. This led to poor quality and low yields realized by these learners.

### **TASK**

Suggest the improvements you should do to ensure profitable vegetable production.

#### **Item 3.**

Mr. Kagoda is a poultry farmer producing both eggs and meat on a large scale. Recently he got a new farm manager and instructed him to establish a poultry breeding unit using the parent stock he has to produce chicks for sale. However, the farm manager was not getting the expected number of chicks from the hatchery. The farm is located in an area with many other poultry farmers and there is free movement of chicken from one farm to another. Birds from the neighboring farms were observed with cough, blood-stained faeces, mucus discharge and scratch marks on their bodies. Operation Wealth Creation has provided tools and equipment to livestock farmers in the community especially for disease and parasite management.

### **TASK**

Write guidelines to help the farm manager meet Mr. Kagoda's requirement.

#### **Item 4.**

Bizimana, an agricultural extension officer from Kabanyolo Agricultural Research Institute visited Karungi's farm and in his report, he indicated that the roof of a calf pen was blown off and the walls were full height. Also, the cows were bonny and their dung contained worms. The adult animals could hardly find what to eat and were grazing on woody natural pastures. The only source of water had snail shells, algae and dung. The lactating cows had cracks on their teats. Hair-like substances were seen in the milk which was filtered using an old cloth. The farm owner uses a basin for mixing the acaricide.

## TASK

Basing on the report from Mr. Bizimana, how can the farm owner improve on the productivity of his livestock farm?

### Item 5.

The maize farmers in Uganda experienced low yields in 2021. This was generally attributed to the changing weather patterns, the up surge of pests and disease attacks, the poor-quality seed used, poor soils and the poor post-harvest handling methods employed. The demand for the grains became eminent and this translated into increase in the price to shs. 2,000/= per kg from shs. 1200/= per kg in various markets of Arua City. Trucks bearing labels of different schools were seen packing at various market lanes as the loaders kept filling the trucks with sacks of maize grains and posho. The high prices of maize at this time caused a lot of pain to the farmers whose yields had been lowered in the previous season and they were discouraged from venturing into maize growing ever again. In addition, farmers who had plenty of maize in stores, started witnessing changes in color of the grains; bad smell through rotting as a result of attack by bacteria and fungi.

## TASK

You are the quality assurance officer in Arua City. Write a newsletter that will benefit the farmers and improve on the maize production in Arua City.

### Item 6.

A vegetable farmer decided to grow a hectare of tomatoes. He set up a nursery bed in a free draining area near a water source. After preparing the nursery, he broadcast the seeds, covered them well with soil and watered the bed. The seeds germinated well and seedlings covered the entire soil surface. He maintained all the seedlings up to the time of transplanting. Transplanting began at twelve noon on a sunny day as the farmer had to attend a meeting at 2.00 pm the same day. After a week, some empty spaces were noticed within the crop rows. The plants which survived had many branches and leaves. When the farmer inspected his garden before the crops reached maturity, he observed dark brown patches on the leaves and stems. Dark brown circular spots were also covering large parts of the fruits. At a later stage, holes were also observed on some bigger fruits. At harvest,

farm workers picked the fully ripe red fruits, packed and sealed them in plastic bags. The packed fruits were to be delivered to the market in a week's times.

### TASK

Write a message to the vegetable farmer advising him on how he should carry out tomato production efficiently.





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## GEOGRAPHY

### Item 1: Photograph Skills

Study Fig. 1, a photograph taken from Ruwenzori area in Western Uganda, and the text provided below it.



You are a geography teacher who has taken learners for a field trip to Kasese specifically Ruwenzori areas. One of the learners is very inquisitive about knowing how landforms in the background were formed and how their impact on the lives of local people in the area.

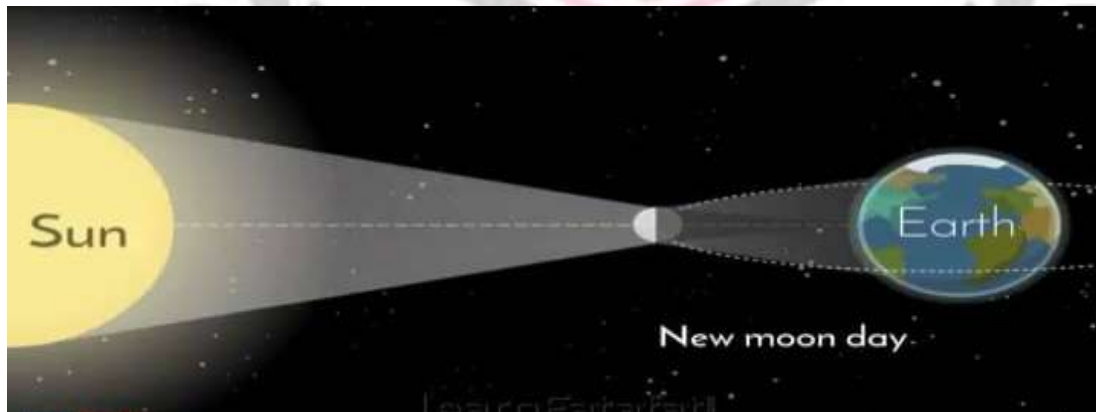
**Task:**

- a) Draw a landscape sketch of the photograph and on it mark and name the features found in the area shown in the photograph.
- b) Explain to learners the mode of formation of the major landform found in the area shown in the photograph and how they affect the local people.

**Item 2**

A total solar eclipse happened on 8<sup>th</sup> April 2024 had many eulogies. Many local and international media platforms written informing people that it will take almost six days when the world is in total darkness. Such eulogies worried many of African countries because they're backward in terms of technology and emergency handling. However, on the eve of the eclipse, it was observed in North America, Mexico, US and Canada. Here in Uganda people were observing it from the television and other websites. It started at 2:07p.m EDT (Eastern Day light Time) along Mexico's Pacific coast when in Uganda it was 8:00pm EAT (East African standard Time.)

Your friend in Canada observed the eclipse from the start to the end. However he doesn't know how it happen and why it was not visible to the rest of the world particularly Africa.

**Support material:****Task**

As a geography student, write a letter of about 250-300 words you will send to your friend via email helping him understand this matter well.



### Item 3

During Uganda's mineral exploration, many valuable minerals were discovered in different parts of Uganda such as Gold in Kaabong and Kassanda, oil in Albertine region and wolfram in south western Uganda. However, in a bid to exploit these minerals like Oil from Albertine flats, many infrastructures has to be set like pipeline, drilling station, roads leading to the area etc. this leads to displacement of people in order to create room for infrastructural set up.

People in some communities are against this attempt besides all compensation plans. This is because they lack information about the impact of mineral exploitation particularly oil to their communities and the country at large.

### Support Material

September 27, 2023 • Energy



### TASK

As a minister for mineral development, organize a community meeting and prepare a written speech of 400 words which you will present to convince these communities to embrace the government program.

### ITEM 4

Uganda's population has continued to increase rapidly over time. It increased from 9.5 million in 1969 to 24.2 million in 2012. The provisional results from the 2014 national population and Housing census were 34.9 million. As we talk today, Uganda's population is estimated to be over 49.6 million people. 11.7 million People are urban population. According to the previous census, urban population is seen increasing rapidly at a rate of 5.74%. This is due to a number of factors. This rapid urban population has not been addressed for the past years and local people are worried.

### Support material:

Year	Population (in millions)
1969	9.5
1980	12.6
1991	16.7
2002	24.2
2014	34.6
2023	48.6

Source: from population census count and UBOS 2023 with minor changes.

### Task

- Draw a suitable graph to show the information in the table.
- Using the information provided in the text and table, in not more than 300 words, write an article to be published in one of the local newspaper showing why people are worried.

### ITEM 5

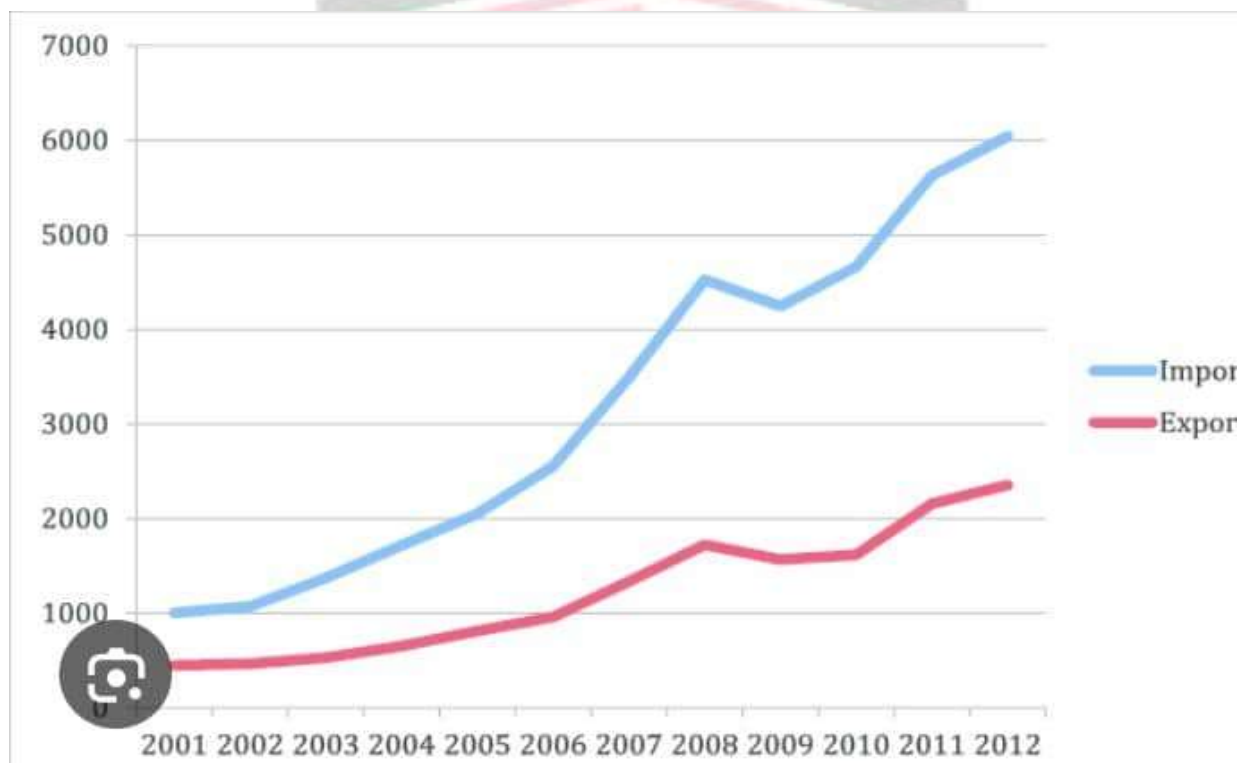
Uganda is open to foreign trade, which accounts for 35% of its GDP (World Bank). The country is a member of numerous international organizations, such as the WTO, COMESA, EAC ETC. Uganda mainly exports coffee, fish, beans and legumes and others whereas imports are led by petroleum, medicaments, road vehicles, and plastics, iron and steel and others. Uganda exports with U.A.E, China, Japan, India, USA, UK and African countries..

Uganda's trade balance is structurally in deficit. In 2022, exports of good decreased to USD 3.9b from 4.1b while imports reached USD 9.3b. This imbalance in trade has threatened members in your community because they don't know how to support the government



## Support material

### A COMPARATIVE LINE GRAPH SHOWING UGANDA'S INTERNATIONAL TRADE FOR THE YEARS 2001 AND 2012.



Source: UBOS, import and export trade 2012.


## TASK


- Using evidence from the graph and the information provided in the above scenario, explain the trend of this trade in the respective years and the likely effects on the development of the country.
- If you're a student of statistics at Makerere University, which kind of advice would you give the finance ministry that can rescue the situation? Use 250 words.

END



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TELL: .....

## ENTREPRENEURSHIP

### Item 1

Musoke is a trader in Kampala and has faced challenges of not keeping proper books of accounting, poor customer care, low sales, among others however, he keeps some transactions in an exercise book. Assuming you paid him a visit and he asked for your advice.

#### TASK:

- (i) Which innovations can you suggest to him to adopt?
- (ii) As an Entrepreneurship student, how can the subject help you to overcome such challenges?

### Item 2

Kanyere has an acre of land next to a lake. He has saved UGX4, 000,000 and would like to use these resources to start a business. However, he is not sure of what to do.

#### TASK:

Use your entrepreneurial skills to guide Kanyere;

- (a) Select a viable type of business.
- (b) Budget for the selected business.
- (c) Register the business.

### Item 3

Mariam is operating a tailoring business in her home town. She employs five workers who usually conflict on their roles especially when taking measurements, cutting, sewing, fixing button or zips and ironing clothes of customers.

The business has three manual sewing machines. When Mariam gets many orders from her customers, she fails to complete the work in time and sometimes fails to finish sewing them neatly. Other customers are also complaining that their orders are either forgotten or given clothes that are not theirs. This has made many customers to take their clothes to other tailors. Mariam is planning to buy more machines but she is not sure from where to buy them.

**TASK:**

- (a) Identify the qualities demonstrated by Mariam as an Entrepreneur.
- (b) How can Mariam solve the challenges in the scenario as an Entrepreneur?

#### **Item 4**

Joseph owns a bakery in a trading center in his home area. He recruited employees who start working from 5:00 am to 11:00 pm at a pay of UGX1, 500 per day yet none of them has a working contract. The town council authorities have threatened to close Joseph's business for not paying taxes. Joseph does not know the taxes to pay. At times, customers return bread bought to Joseph claiming that it weighs less than what is indicated on the label.

Last week, there was a short circuit that caused fire in the bakery. An oven was destroyed and production in the bakery stopped for two days. The bakery delivery van which had a comprehensive insurance policy was also stolen. Joseph is now confused and is wondering whether he should close the business or continue with it.


**TASK:**


- (a) What are the likely effects of Joseph's behavior on the business?
- (b) Explain to Joseph how he should solve the challenges in the scenario.

**END**



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## HISTORY AND POLITICAL EDUCATION

### Item 1

For over three decades, a number of people have moved to Uganda settling in different parts of the country including your community. Their coming has largely led to conflicts with the local people in the area they have settled. The local leaders of these areas have identified you to work with them to resolve this conflict and encourage the natives to accommodate them.

#### TASK

How would you convince the natives to accommodate the above settlers?

### Item 2

Two families in your community have been fighting for two years. Every day they argue, fight and abuse one another. They are not greeting each other anymore. Their fights will never be resolved and there is something which needs to be done.

#### TASK

How best can you help the local leaders on the steps they can follow to address the above issue.

### Item 3

Currently, we see many Christian groups such as Catholics, Anglicans and Protestants in east Africa but originally these groups were not in east Africa. They come from England, France among others but as they come, they performed certain activities that created an impact on east Africa which we still see even today. Our past has it that these groups on their coming made a lot of activities which impact Ugandans.

#### TASK

Do you think our past is right? Support your response?



#### **Item 4**

In 1986, the National Resistance Movement captured power to rehabilitate the country after a civil war. President Museveni Kaguta established a ministry of Rehabilitation and the Ministry of local government to support, recover and enhance political consolidation of the NRM in power. Over 35 years in power, the local government governs councils and committees which are still weak and centers of corruption.

#### **TASK.**

Advise the government on best the local government can be used to improve the standards of living among the members of your community

#### **Item 5**

In 2020-2021 Budget, the Kampala Capital City Authority Set up 9 billion shillings to punch up the potholes on different city roads. The Minister for Kampala Betty Amongi told the Journalists at Uganda Media center that they had seek permission from the Minister of Finance to have all the meant for infrastructures works that were dedicated to the emergency road repairs. Betty Amongi said that 38 roads, 8 were in Rubaga division, 5 in Nakawa division, 8 in Makindye division including salaama road which is in bad condition, 8 in Kawempe division and 9 roads in central division were to be worked on. Unfortunately, in 2020-2021 Budget the Minister of Finance Matia Kasaijja told the parliament committee that the money meant for repairing these roads was not there. The parliamentary committee chairperson was shocked with his members on the committee.

#### **TASK**

How better can the government do to prioritize the road construction and Maintenance through better allocation of funds?

#### **Item 6**

In a small, remote village in Eastern Uganda, the majority of villagers practice a traditional Ugandan religion centered on ancestral worship and appeasing spirits for good harvests. However, a Charismatic Pentecostal Pastor has recently arrived and established a church. The Pastor strongly criticizes traditional practices, calling them primitive and demonic. The villagers think these attacks disrespect their ancestors and heritage. Others, caught between their ancestors and the pastor's promises of salvation, become withdrawn and avoid participating in traditional rituals. Villagers who convert to Pentecostalism stop contributing to communal activities centered on

traditional beliefs. This strains the social fabric and threatens the future of these cultural practices. The conflict has worsened, leading to arguments, dismissal of converts, and even violence.

### TASK


How better can you resolve the situation mentioned in the scenario.




**END**



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## ART AND DESIGN HOLIDAY PACKAGE

Answer all items



Fig 1.1

### Item1

Our school director approached me this morning and showed me the above artwork from his phone. He has admired it so much and asked whether the art students of senior four can make it in school compound. He wants a report about the artwork so that he can plan to finance it

Task

Write a report about the artwork



**Fig 2.2**

This art is admired throughout the world and it's the expensive art work the world has ever known. The head teacher wants to know the history about this art work.

**TASK**


Write about the history of the art work and submit it to her


**END**





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TELL: .....

## ICT

### Item 1

As a senior four ICT learner, Boston local council has sent you to Karamoja to sensitize masses about the good farming methods that can help them do away with famine in their region. You have been tasked to use a presentation programs to conduct a presentation.

#### TASK:

- Explain why the Local council is deciding that you should use electronic presentation other than papers.
- Identify five challenges you are most likely to face while using the software in the villages of Karamoja.

### Item 2

During times of Covid-19, schools were required to conduct online lessons (distance learning) as physical lessons had been banned.

#### TASK:

You are required to;

- Explain how ICT is used in distance learning.
- Discuss the advantages of online (distance) learning in this 21st century.

### Item 3

Your friend went to United Arab Emirates one month ago but she complaining that she is being mistreated. She has sent you photos via WhatsApp of how she lives under harsh conditions and she wants you to keep them on a CD for future reference.

#### TASK

Explain how;

- You will copy pictures from WhatsApp to your laptop

- b) You will burn the files on a CD for future reference

#### **Item 4**

Your school director wants to fully stock the computer lab by purchasing more computers.

#### **TASK.**

As an ICT learner, you are required to;

- a) Give guidance on how the computers can be cared for such that they work efficiently and last longer
- b) Give five health problems caused by prolonged use of computers.

#### **Item 5**

Mr. Bulesa Saul uses a computer to capture information about his business. Of late, his computer started to slow down and hang during use.


#### **TASK**


- a) Explain an appropriate solution that Mr. Bulesa Saul can use to solve the problem with his computer?
  - i) Identification of the problem, the computer could be infected with viruses with the OS and a number of programs corrupted.
  - ii) Needs to back up all the work on the computer
  - iii) Re-install the OS and all other programs
- b) In a school computer laboratory, senior one learners directly access the files of their fellow students. What appropriate measure can be used to improve security of the computer files?
  - i) Identify the various users and create user logins.
  - ii) Provide backup options where copies of deleted files can be retrieved.

END



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## CRE

### Item 1

My name is Kanyuma; my first day to see that people pray in different ways was when I visited my aunt. Aunt favor stays in Kampala and prays from St. Charles church. I went with her to the church and after the Revland finished teaching the word of the God, it was time for prayer, people started praying in different ways, others prayed silently from their hearts while others shouted, others were crying others where banging walls, others were closing their eyes, others were moving up and down and others were stamping the ground.

In my former church, prayers were led in such a humble way by priests and we read prayers already written. I realized that people pray differently.

#### TASK:

- According to the story, mention the ways people prayed
- Do you think there are prayers which are more important than others? Explain why?
- Generate a list of the ways Christians in your local church pray?

### Item 2

One morning, my friend Jackie was coming from school. She heard voice of an old person crying in the nearby bush close to the premises of St. Johns secondary school. He was shouting ‘help, help’. Although Jackie was rushing home, she checked to see who could me crying and she found a blind, old woman who had lost her way back home. She had fetched firewood and she had fallen in a shallow hole around the school, Jackie carried the firewood and led the old woman to her

relatives in the village. The relatives were very happy about Jackie's act. After that Jackie went home and told us what she had done, am telling you every one thanked her so much.

**TASK:**

- a) From the story above, how do you describe Jackie's act?
- b) Explain the benefits associated with Jackie's act?
- c) Which act of charity did Jackie do?
- d) As a Christian which lessons do you learn from the story?

**Item 3**

St. Balikuddembe church of Uganda is well known for baptism young children every Sunday service to those that are ready to convert into Christianity in order to increase on the number of believers in the community because most of the people in our village, kiruddu believe so much in ancestral spirits. They worship the gods daily and they offer human sacrifices, fowls, foodstuffs like cassava, sweat potatoes to the goddess in the shrine for such a purpose, the spirits are pleased and the blessings befall the village.

**TASK:**

- a) In your own opinion, how is baptism conducted in your church?
- b) With examples, describe the steps taken during this ritual?
- c) In your own view, explain the benefits of baptism ritual to a Christian?

**Item 4**

In some village in Uganda, existed a polygamous marriage, in which a man had two wives with six children. However, he had not yet fulfilled marital obligations of bride price payment and Church wedding with any of the wives. The man separated with one of the wives due to marital unfaithfulness (adultery). She left behind her children with the man and the co-wife. The remaining wife then took responsibility for all the six children but she now feels that the step children should leave the home for her convenience. The husband is not in agreement with her idea and feels all the children should stay in his home.



## TASK

(a) Explain the Christian values that the scenario teaches young people about marriage.

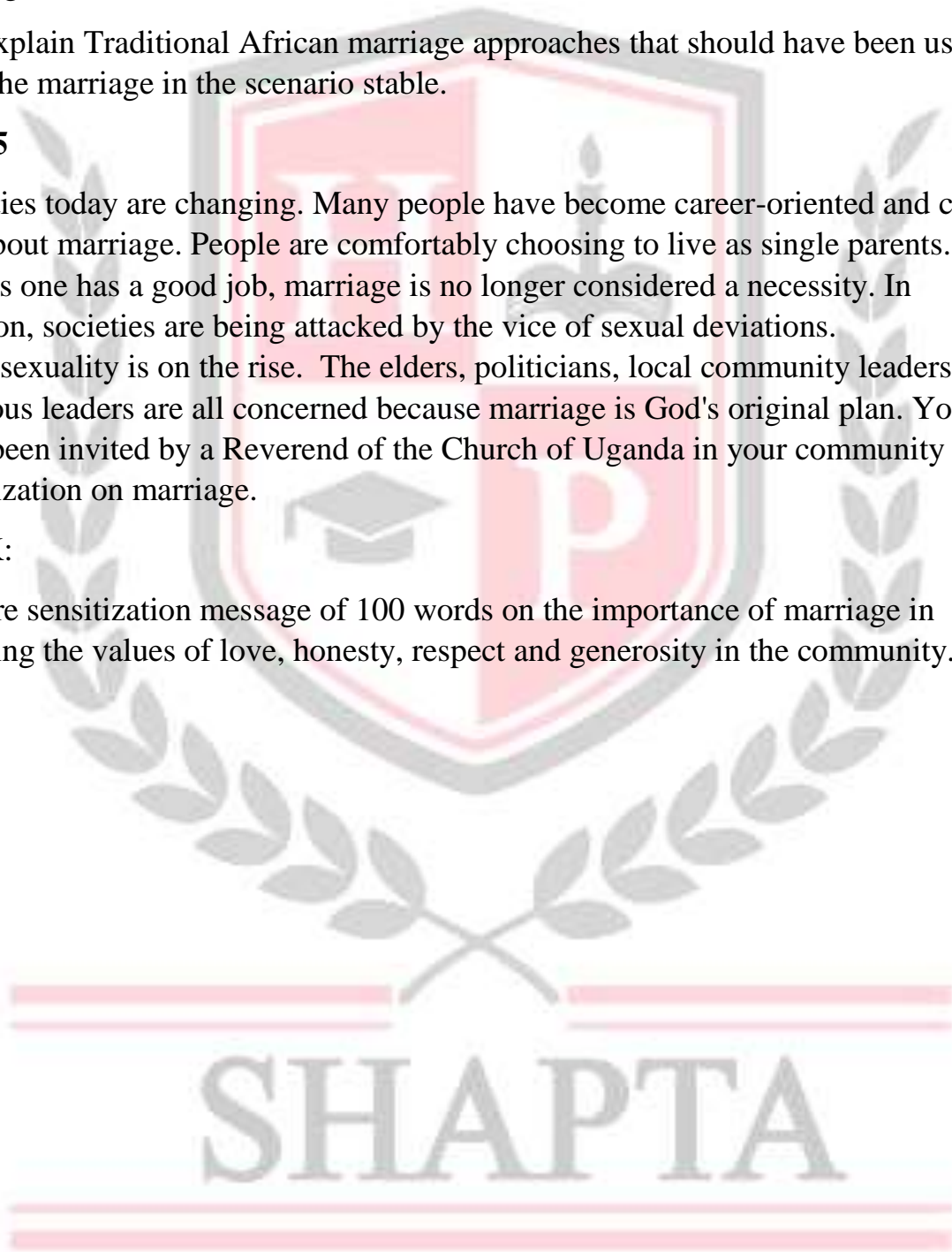
(b) Explain Traditional African marriage approaches that should have been used to keep the marriage in the scenario stable.

### Item 5

Societies today are changing. Many people have become career-oriented and care less about marriage. People are comfortably choosing to live as single parents. As long as one has a good job, marriage is no longer considered a necessity. In addition, societies are being attacked by the vice of sexual deviations. Homosexuality is on the rise. The elders, politicians, local community leaders and religious leaders are all concerned because marriage is God's original plan. You have been invited by a Reverend of the Church of Uganda in your community for sensitization on marriage.

## TASK:

Prepare sensitization message of 100 words on the importance of marriage in fostering the values of love, honesty, respect and generosity in the community.





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## IRE

### Item 1

Read and answer items that follow.

Islam teaches that angels are heavenly, immortal beings, God's first creation. According to the Quran, human was formed from clay, but angels were made out of light. They are God's messengers, the channels through which we can become aware of his laws and his purpose in our lives. They are God's servants and they can take on many without sin and so they can enter into God's divine presence, and they can also communicate with humans. Muslims believe that, although angels are invisible, they exist everywhere, thought the whole universe. They are never far away and they are always in contact with humans especially when someone prays or thinks about God. They have no physical bodies but the Quran describes them as having wings and they are always described as male. The Quran says, "Whoever is an enemy to Gabriel- it is (none but) he who has brought the Quran dawn upon your heart, (Mohammad), by permission of God", confirming that which was before it and as guidance and good tiding for the believers. Quran 2:27.

#### TASK

- As a believer, mention the unique nature in which Allah created his angels in reference to the passengers.
- Mention and give the duty of each.

### Item 2

The mosque near your school has got very many new converts. As adults they have to immediately start practicing the Islamic culture and norms. The converts have written a letter to your school requesting for any senior one learner to teach the converts about the culture of Islam.

### TASK

a) As a religious leader representing senior one of your school, Prepare a written speech that you will use to address the new converts.

### Item 3

Akutex is an energetic and skilled person. However, he does not want to work and spends most of the day time sleeping. He begs for money and other necessities from his friends. When he gets the money, he spends it in night clubs, sports betting and other games of chance.

#### TASK:

Explain the;

- (a) Islamic views that can address Akutex's attitude towards work.
- (b) Traditional African ways of using free time that can be of help to Akutex.

### Item 4

Joshua was once a healthy and wealthy hardworking young man with a happy family in Bukomansimbi village. As time went on things changed as a results of group influence and Joshua started engaging in taking alcohol, smoking, and using illicit drugs like Shisha. He later got lung cancer and almost reached at the verge of death. Joshua lost all the wealth he had accumulated and couldn't spend time with family and friends anymore.

#### TASK

- a) In what ways did Joshua abuse the gift of Life?
- b) What were the effects of his actions of abuse of life?
- c) In what other ways do people abuse the gift of Life?
- d) If you were Joshua's friend, what advice would you give to him so as to respect life?

### Item 5

At kanyere secondary school, two learners had a disagreement resulting from one stealing the other's property in the dormitory. This turned into a bitter quarrel during which the two learners exchanged unpleasant words. All this led to hatred. The two learners stopped greeting and even avoided

each other. The classmates have shown concern about what is happening between the two learners and would like the disagreements to be resolved.

**TASK:**

Explain ways in which the two learners in the scenario above can resolve their disagreements.





END





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## LUGANDA HOLIDAY WORK

1. Kyusa ekitundu kino okizze mu Luganda. (Obubonero 15)

### CHALLENGES FACED BY WORKING PARENTS

A number of working parents say that their parental responsibilities greatly affect their job performance since they are expected to work hard to meet the domestic and workplace demands. Some employers give much work to their workers every day, which forces most parents to put in extra hours in order to impress their bosses. "You can't leave work at 5:00 P.M when your desk is full simply because you have to go back home early to attend to your children. My conditions of service stipulate that in order to keep my job, my work comes first", a female employee said.

The school system in Uganda also puts a lot of pressure on the children and even if the parents tried to create time to be with them, the children would not be available due to the heavy school workload in form of homework. Other parents are however of a different view, saying that there is much time to spend with their children after work but the problem is lack of money to cater for their needs. "We would want to spend time with our children, but what do you do with them when you don't have money? When you are given time off to be with them, you begin to see your own children as a burden and hence you resort to hiding at a drinking place with your friends hoping that you will find them in bed by the time you go back home", said a male parent working with a factory.

**(Extracted with minor modifications from: Situational Analysis of Workers with Parental Responsibility by UWONET)**

Kola 2(a)oba 2(b)

2. (a) Ku mitwe egikuweereddwa londako gumu oguwandiikeko emboozi ya bigambo **380-400**.

(Buli gumu gwa  
bubonero 30)

- i. Ezaamuweerera zaafa busa.
- ii. Okupangisa lumbe lwa kubiri. Kubaganya ebirowoozo.

- iii. Obukulu bw'okwekebeza omusaayi ku kawuka ka siriimu.
- iv. Okubbula abaana mu Buganda.

### Oba

- (b) Ku mitwe gino wammanga londako ebiri (2) buli gumu oguwandiikeko embozi nga bw'olagiddwa. (Buli mutwe gwa bubonero 15)
- i. Kitwale nti Ssaabasajja Kabaka asiimye n'akuwa obwami. Wandika by'onooyogera nga weeyanza obwami obwo. (Kozesa ebigambo nga **200**.)
  - ii. Ggwe mwogezi omukulu mu musomo ogutegekeddwa nga gukwata ku by'entambula. Wandika by'onooyogerera mu musomo ogwo ku mutwe guno. "Ebyentambula mu Uganda". (Kozesa ebigambo nga **200**.)
  - iii. Kitwale nti ggwe mukulu wa Kampuni emu mu ggwanga. Mwalanga omulimu ogw'okujjuza ekifo ekimu mu Kampuni eyo. Wandikira omu ku bantu abaali basabye omulimu ogwo ng'omutegeeza ng'okusaba kwe bwe kutaayitamu. (Kozesa ebigambo nga **120 - 150**.)
  - iv. Ggwe mukulu w'ekibiina ky'enkula n'enfaanana y'ensi mu ssomero lyammwe (Geography Club). Wakulembedde bayizi banno okugenda okusomera ebweru w'ekibiina (Field Work). Wandika alipoota gy'onoowa omukulu akulira eby'ensoma mu ssomero (Director of Studies) nga mukomyewo. (Kozesa ebigambo nga **200**.)

3. Soma ekitundu kino n'oluvannyuma oddemu ebibuuzo ku nkomerero yaakyo.

### BUGANDA

Kabaka Kimalempaka Bukulu bwe yalaba ng'akaddiye nnyo obwakabaka n'abuwa mugandawe Ntege Nalusiri Buganda alamule mu kifo kye. Ntege naye teyagaana n'alamula ensi Muwawa nga ne mukulu we Bukulu akyaliwo. Kabaka Kimalempaka bwe yafa abataka baayita Kabaka Ttumbaali Ntege okugenda e abikke akabugo ku mukulu ng'akalombolombo ak'okusikira obwakabaka. Ntege yagaana ng'agamba nti, "ndi Kabaka, mukulu wange obwakabaka yabumpa akyali mulamu, era nze nnamula n'olwekyo tewali nsonga endeeta nga Kabaka ate okubikka akabugo." Abataka baawuliriza ne balaba nga Buganda Ntege mutuufu.

Abataka kwe kuyita Nankere Kiwuttakyaasooka I agende abikke akabugo ku kitaawe olw'okutuukiriza akalombolombo ako akaali katalekeka. Mu kukola kino, Nankere yasikira omusaayi gwa kitaawe ate kitaawe omuto Ntege n'asikira obwakabaka bw'ensi Muwawa. Olw'okulongoosa obulungi omukolo, abataka baasaba Nankere okukakasa Ntege okukakasa ku Bwakabaka ng'amusumikira ng'amutala n'ejjoba. Yaddira engule gye baali bamutikkidde

olw'okubikka akabugo ku kitaawe Bukulu n'agitikkira Ntege okumukakasa ku bwakabaka. Nankere yasooka kugyetikkira n'agyeggyako n'agitikkira Buganda.

Wano we waava akalombolombo aka Nankere n'okulangirira alidde Obuganda okuba Kabaka. Era Nankere y'omu ku bataka abatafukaamirira Kabaka. Kabaka Ntege olubiri lwe yaluzimba Kazo kumpi ne Jjinja Kaloli mu Kyaddondo, so si Ttimbaali mu Busiro kubanga mukulu we Bukulu yali akyalulimu nga tannafa. Mukulu we ng'amaze okufa, Kabaka Ntege olubiri lwe yaluggya e Kazo n'alukuba e Lunnyo mu Busiro.

Mukulu wa Ntege, Kimalampaka Bukulu yali mufuzi mulungi nga tafubutukira nsonga. Yasookanga kusirika n'azekkaanya. Ekyo "Bukulu kye kyamutuuma KIMALEMPAKA (kusirika). Yatendeka Ntege bulungi ddala mu kwekenneenya ensonga ne mu kulunganya abantu mu mirembe okutuusiza ddala lwe yamuteera Obwakabaka ye ng'alaba akaddiye. Kabaka Ntege Nalusiri Buganda y'omu ku bakabaka ab'oluse lwa Tonda abaasingira ddala okufuza amagezi, obwenkanya n'emirembe. Abantu baamwagala nnyo era n'abeera mututumufu nnyo olw'enfuga ye ennungi. Kabaka Ntege ye jjajja w'Abamafumbe. Mutabani we Ntege Walusimbi yasenga ku lusozi Kisirikikadde mu Busiro gye yasimbira omutuba, era ye mukulu w'Akasolya k'Effumbe.

Kabaka Ntege ne bwe yakisa omukono teyava ku myoyo na mitima gya bantu ba nsi ye. Yali Kabaka wa 33 mu Bakabaka ba Buganda era yafuga okuva mu 1120. Bakabaka abaamuddirira nga ensi ekyayitibwa Muwawa mulimu Namusera eyali 34 (1140 - 1160), Mudandali owa 35 (1160 - 1180), Bemba owa 36 (1180 - 1200), n'abalala. Abamu baali balungi naye nga tebenkana Ntege, naye ate ye Bemba yali mubi okuzaama. Bemba yali mutabani wa Kabaka Mudandali era ye Kabaka eyasemba mu luse lwa Tonda. Yali wa nkwe nnyo. Yasigala mu Lubiri lwa kitaawe e Nnaggalabi (Buddo) nga kitaawe amaze okufa. Yanyaganga ebintu by'abantu, ngabattira n'obwereere. B'atattanga ng'ababonyaabonya okuzaama.

Bwe yabakaabya ennyo akayirigombe ne baagala okumuggya ku bwakabaka bamusikize omulangira omulala. Ekyo olwakimanya n'atandika okutta abalangira be yali alowooza okumusikira kyokka yabattanga mu mankwetu. Olwo kwe kumuyita "omusota." Abalangira abasinga obungi baddukira Ssesse nga bwe bagamba nti tudduke si kulwa ng'omusota gutubojja.

Mu kiseera ekyo ne Kintu mwe yatuukira mu nsi Muwawa natabaala Bemba. Kabaka Kintu ye Kabaka omubereberye ow'oluse olwaddirira olwa Kabaka Tonda. Bwe yatabaala Bemba, Abalasangeye bangi baamwegattako mu lutalo sinziggu olwo. Kabaka Bemba baamuwangula n'okumutta ne bamuttira



e Nnagalabi (Buddo) mu lubiri lwe. Mu ntujjo ey'ekitalo ne mu mizira emiyitirivu, Kato Kintu Abalasangeye baamufuula Kabaka waabwe. Abantu baatoowolokoka nga bwe bagamba nti “kati emirembe gizzewo nga ku Kabaka BUGANDA.” Omuntu bwe yabuuzanga munne nti "mirembe" oli ng'amuddamu nti "egya Buganda". Okuva olwo Muwawa n'eyitibwanga Buganda (ensi ey'emirembe), ate abantu baayo ne bayitibwa Abaganda (Abantu ab'emirembe.)

**(Bisimbuddwa mu:** Ennono n'enkulakulana ya Buganda ekya

Bro. A. Tarsis Nsoby)

**Ebibuuzo:**

Nyonnyola amakulu g'erinnya Buganda. (Akabonero 01)

Nsonga ki eyagaana Ntege okubikka akabugo ku Kimalempaka? (Obubonero 02)

Nyonnyola ensibuko y'akalombolombo ka Nankere okutikkira Kabaka. (Obubonero 03)

Nyonnyola ensonga ssatu ezaaviirako Abalasangeye okukyawa Kabaka Bemba.(Obubonero 03)

Leeta ensonga ssatu eziraga nti Ssekabaka Bukulu Kimalempaka yali mufuzi mulungi.(Obubonero 03)

Laga ebbanga Kabaka Buganda lye yafugira Muwawa onyonnyole n'engeri gy'olituuseeko. (Obubonero 02)

Nyonnyola ku makulu g'ebigambo bino nga bwe byeyambisiddwa:

- (i) .... tafubutukira.
- (ii) .... ab'oluse.
- (iii) .... akayirigombe.
- (iv) .... mankwetu.
- (v) .... n'atabaala.
- (vi) .... Abalasangeye.

(Obubonero 06)

**EKITUNDU D**

Funza ekitundu kino mu bigambo nga **100**.  
(Obubonero 20)

**ESSIMU**



Munnange ggwe akozesa essimu zino ez'omungalo oba ziyite buliwendinkufuna bino bibyo. Essimu yo giteeke mu ddoobozi etonotono ereme kuleekaanira balala. Naye gwe munnaffe essimu n'ogiteeka mu ddoobozi nga n'ali mu mayiro ekkumi okuva w'oli awulira!

Bw'ogenda mu kifo ekiteetaaga kutaataganya balala ka tugeze nga mu kusinza, mu lukiiko, mu ddwaliro oba mu nkunjaana ezitali za ngeri zimu, ggyako essimu yo oba kendeeza eddobozi oleme kugireekanyiza balala. Mu ssimu yo kozesa akayimba akagya mu myaka gyo era nga tekaswaza. Lumu twali tutendereza Omutonzi, essimu y'omukulu omu n'evuga ng'eyimba "Akabina kagenda kapaapaala". Buli muntu yakyuka n'amutunuulira, n'aswala!

Singa omuntu akukubira essimu n'otogiwulira, kya mpisa okuddamu okumukubirako omanyere ky'abadde agamba. Kino kiraga omuntu alina obuvunaanyizibwa ate era afaayo ennyo ku balala. Ne ku bubaka obuwandiike era kola bw'otyo. Munno muddemu amanyere nti obubaka bwe wabufunye ate era omusiime bwe kiba kyetaagisa.

Nga tonnaweereza bubaka buwandiike sooka obusome ate weetegereze ennamba kw'ogenda okubuweereza si ku lwa nga buwaba. Olumu oyinza okuweereza omuntu omulala obubaka obwandigenze ew'omuntu ow'ekinywi kyo, okukkakkana ng'obotodde kyama oba ng'omuwwemudde! Olaba! Weegendereze.

Bw'ofuna essimu ng'oli mu bantu, mwattu yogera bulungi ate mpolampola. Leka kuwogganira balala ate era totumbula simu yo buli muntu kuwulira bye mwogera. Ogenda n'owulira omuntu ng'aleekaana ng'akirako ali emmanga mu lusuku eteri bantu oba gamba nti ali mu ttale. Leero bwe muba mu takisi, oyinza okutunuulira omuntu ng'awogganira ku ssimu n'osoberwa!


Bw'oba tolina budde bwogera na muntu akukubidde, osaana oyogere naye, omwetondere era omugambe nti onoomukubirako edda. Si kya mpisa kumala gamuggyako ayinza okulowooza nti tokyamwetaaga mu bulamu bwo.


Bwe muba mutambudde wamu ng'abaagalana oba ab'emikwano leka kubeera ku ssimu lugenderezo. Ekyakuleese mu banno kunyumya kati ekikubeeza ku ssimu kiki? Obwo si buntu bulamu. Leero nno wali zino ezookukoonako obukoonyi! Ha! Omuntu n'adda mu kusonga obugalo n'osinwa! Nyumyako ne banno oba toyagala genda ewuwo onyumye n'essimu yo.

**END**



# SECONDARY HISTORY AND POLITICAL EDUCATION TEACHERS ASSOCIATION

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## KISWAHILI HOLIDAY PACKAGE

**Pindua**

**SEHEMU A**

**UTUNZI WA INSHA**

**Ama**

1. Kuanzia mwaka huu wa 2024, Jumuiya ya Afrika Mashariki inapanga kutumia Kiswahili kama lugha rasmi ya mawasiliano.

Eleza jinsi wananchi wa Uganda watafaidika na mpango huo.

**Au**

2. Katika shule yako inayopatikana katika wilaya ya Mpigi, wanafunzi wanapanga kugoma kwasababu ya kunyimwa haki zao shuleni. Wewe mwenyewe haujafurahishwa na mambo mengi shuleni kwenu.

Mjulisha au mweleze baba yako anayefanya kazi nchini Kenya kuhusu yale wanafunzi wanapanga kufanya na shida zako zingine shuleni.

**SEHEMU B**

**UFUPISHO**

**3. Kwa mujibu wa taarifa, usafiri wa zamani unatofautina vipi na ule wa siku hizi?(maneno 70-80)**

Usafiri ni upelekezi wa watu na bidhaa au mizigo kutoka mahali pamoja hadi mahali pengine. Tuseme kutoka kituo A na kuenda kituo B.

Katika ulimwengu wa leo, watu na bidhaa husafirishwa barabarani kwa mabasi au motokaa za kila aina au kwa kutumia magari moshi yanayopita juu ya reli, au meli zinazopita majini, kadhalika, usafiri unaweza kufanyiwa hewani.

Hivyo hali haikuwa hivyo zamani. Usafiri uliojulikana sana kale ni usafiri wa miguu. Watu waliposafiri kutoka eneo moja hadi jingine walilazimika kufanya hivyo kwa miguu. Kadhalika, watu waliposafirisha mizigo mizito kutoka eneo

moja hadi nyingine, iliwabidi kubeba mizigi hiyo wao wenyewe. Mpaka leo usafiri huu upo.

Wanyama vilevile walitumiwa kama njia moja ya usafirishaji. Huku Afrika ya Mashariki kulitumika wanyama wengine kama vile punda. Punda ni mnyama anyependwa sana kwasababu anaweza kuenda mwendo mrefu pasipo kunywa maji. Mpaka leo, mnyama huyo hutumika na jamii nyingi kwa usafirishaji.

Mnyama mwengine aliyetumiwa sana na mpaka leo anaendelea kutumika ni ngamia. Ngamia anafaa sana katika usafiri wa jangwani. Kwato za ngamia huweza kusafiri kwa urahisi jangwani ama popote penye mchanga mwingi kwasababu kwato zake hazizami kwenye mchanga. Isitoshe ngamia wanaweza kwenda mwendo mrefu bila maji au chakula huku wakitegemea mafuta yaliyohifadhiwa kwenye nundu zao.

Katika ulimwengu wa kisasa, binadamu amepiga hatua kubwa sana katika masuala ya usafiri. Baadhi ya maendeleo hayo ni ya kustaajabisha. Kwa mfano, binadamu anaweza kusafiri kwa kutumia vyombo vya angani kwenda kwenye anga za mbali. Katika karne iliyopita binadamu amefika mwezini kwa kutumia vyombo hivyo. Kuna tetesi kwamba sasa anajaribu kuzizuru sayari zilizoko mbali na ardhi.

Ama kwa hakika, usafiri bora ni kipimo mojawapo cha maendeleo ya nchi yoyote katika ulimwengu wa sasa. Bila njia ya kisasa za usafiri, baadhi ya mambo yanayofanyika katika nchi zetu hayangefanyika.




SHAPTA


**MWISHO**





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## KISWAHILI HOLIDAY PACKAGE

### Pindua

### SEHEMU YA A: UFAHAMU

Soma kifungu cha habari kifuatacho kisha ujibu maswali yanayofuata:

### FAIDA ZA MICHEZO

Michezo ni muhimu sana katika maisha ya binadamu. Michezo inawasaidia watu kuishi bila magonjwa hususani yale yasiyoambukizwa. Unapotembelea sehemu mbalimbali ulimwenguni utaiona michezo tofautitofauti. Lakini, michezo mikubwa inayojulikana ni mpira wa miguu, mpira wa kikapu, mpira wa wavu, kuogelea na michezo ya riadha. Michezo hii ina washiriki wengi kuliko michezo mengine.

Michezo ina faida nyingi kwa binadamu yeyote awe mdogo, mtu mzima au mzee. Michezo hujenga mwili wa binadamu na kuufanya uwe mkakamavu. Mwili unaweza kuimarishwa na chakula unachokula lakini pia michezo huimarisha mwili zaidi. Unapochunguza vizuri utawaona watu ambao hawafanyi mazoezi ya michezo wakiwa na miili isiyo na nguvu ya kutosha. Kama mtu hana nguvu kwa kiwango hiki mwili wake huweza kupatwa na magonjwa mbalimbali kwa urahisi. Michezo ni njia moja ya kujilinda na magonjwa kama vili kisukari, shinikizo la damu, mfadhaiko, unene wa kupindukia, na kadhalika.

Michezo hufurahisha wachezaji wenyewe na hata watazamaji. Mtu anapocheza hufurahisha nafsi yake na kustarehesha roho yake mwenyewena kuburudisha mwili wake. Hali kadhalika, michezo huwachangamsha watazamaji na kuwafurahisha kila wanapoitazama. Mashabiki wengi hupenda kuitazama michezo mbalimbali kwa kujifurahisha na kujistarehesha. Kwa hiyo, wao huweza kunufaika pia kwani kupumzika ni jambo muhimu sana katika maisha ya binadamu. Unapopata muda wa kupumzika na kijistaresha unaweza kuongeza kiwango chako cha kufikiri na uwezo wako wa kutenda kazi kwa ufanisi. Aidha. Unaweza hata kusuluhisha matatizo muhimu yanayojitokeza katika maisha ya kila siku.

Michezo pia hujenga uhusiano mwema kati ya mtu na mtu, wilaya na wilaya, na hata taifa na taifa. Kunapokuwa na mchezo wa kimataifa, wachezaji wa timu ya



taifa moja hukutana na wachezaji wa timu nyingine na kujenga uhusiano wa karibu. Urafiki baina ya watu wengi huweza kuanzia michezoni. Ili kuielewa vizuri suala hili, chunguza vizuri idadi ya watu wanaokuja kuitazama michezo katika eneo unapoishi. Mtazamaji mmoja akaapo na mtazamaji mwingine hawawezi kumaliza vipindi vyote vya mchezo bila kuambiana mambo kadhaa kuhusu mchezo huo. Watu wawili wasiofahamiana huweza kukutanishwa na mchezo wa timu yao na kuanzisha urafiki unaoweza kuwachochea kuanzisha pia miradi mingine ya kudumisha ushirikiano na mshikamano baina yao. Mathalani, mtu huweza kusifika katika nchi yake au kiwango cha kimataifa kwa kuwa mchezaji hodari katika mchezo wa kukimbia, kucheza mpira, kuendesha baiskeli, kuogelea, ndondi, mieleka na michezo mingine. Mtu akipata sifa kama hizo, hufurahia na kuridhika moyoni mwake. Aidha sifa hizi huweza kumnufaisha anyecheza michezo hiyo kwa kumletea pato kubwa kiasi cha kuwa tajiri. Taifa nalo hujulikana na kupata sifa kutokana na uhodari wa raia wake ambaye ni mwana michezo.

Kutokana na faida hizo zilizotajwa, tunapaswa kulitilia maanani suala la michezo duniani ili tuwe na maisha mema. Tujenge miili yetu kwa kucheza michezo ya aina mbalimbali hata kama hatuna uhodari wa kutosha kutokana na michezo Fulani.

Tujistareheshe na kupumzisha akili zetu kwa kucheza michezo hata kama hatuna uwezo mkubwa katika michezo hiyo. Tujenge uhusiano mwema kati yetu kwa kushiriki katika michezo mbalimbali.

### **Maswali:**

Michezo ina faida gani kwa binadamu? Taja faida tatu.

Ni madhara gani yanyoweza kupata mtu asiyecheza?

Ni namna gani urafiki kati ya mtu na mtu unavyoweza kuanza michezoni?

Fafanua aina nne za michezo zilizozungumziwa katika kifungu cha habari hiki.

Ni vipi taifa huweza kunufaika kutokana na michezo?

Mtu anafaidika vipi kwa kujistarehesha na kupumzika?

### **SEHEMU B**

### **UCHAMBUZI WA FASIHI**

**DIAMOND:** Tafadhali Zari. Huyu ndiye yule msichana nilikuambia nataka kumuoa.

**ZARI:** (*Akitaka kumpiga kofi, lakini Diamond anamshika*) Niache!! Niache! Nimwonyeshe huyo msichana wako. Hebu mwangalie ni mweusi kama makaa na makalio yake kama “flat screen”

**DIAMOND:** (*Anajaribu kuleta amani kati yao*) Unajua Zari, nilifikiri itakuwa vizuri sisi sote watatu tukutane ili tuelewane vizuri. Tafadhali wacha matusi.

**ZARI:** (*Akivuta pumzi na kuhema*). Hakuna haja ya kuelewana. Ninawaomba nyote mtoke hapa haraka. Lito e hili Malaya lako humu ndani, tena upesi.

## **PINDUA**

**ZUCHU:** (*Kwa hasira*) Malaya? Mimi Malaya? Chunga ulimi wako mwamamke wewe. Una nini kunizidi mimi hapo ulipo, hata nishindwe kuwa mke wa Diamond. Kama ni elimu nimesoma hadi chuo kikuu. Kama ni kazi, mimi ni mwimbaji tena nina pesa nyingi. Wewe kazi yako ni kukaa nyumbani kumngojea Diamond akuletee pesa. Mtaka cha mvunguni ni sharti ainame.

Usiniite kahaba tena. (*Zari anamrukia. Wanashikana kupigana, bali Diamond anaingilia kati upesi kuwatenganisha*)

**DIAMOND:** Ngoja, ngoja, ngoja. Wacheni! Hasira huleta hasara. Nyote wawili ni bibi zangu. Wewe Zari ni mke wangu wa kwanza. Lakini sikusema utakuwa mke wangu wa pekee.

**ZARI:** Ee! Mungu wangu nisaidie. Shetani gani ameingia katika familia yangu. Mume wangu ambaye nimempenda sana maisha yangu yote. Nimezaa naye watoto wanne wasichana. Haya tokeni nje. Haya yamenitosha.

**DIAMOND:** (*Anamshika Zuchu pole pole na kumsaidia kuketi kwenye kiti*) Nataka muelewane wewe na Zuchu huyu, ambaye atakuwa mke mwenzako. (*Anajipiga kifua na kujigamba*). Kwa mtu mwenye mali kama mimi: mtu

anayetaka kuwa mbunge wa eneo la Mityana, hakuna shida kuoa mke wa pili au wa tatu ama zaidi.

**ZARI:** (*Anasimama, anashika kiuno na kuelekeza kidole chake kwa Zuchu*)

Wewe! Wewe ni mwanamke uliye na bahati sana. Umempata mwanamke mpenda amani, mnyenyekevu na mwenye subira. Waswahili wana methali isemayo: “ukiona vyaelea vyaundwa”. Vitu vyote unavyoona hapa, runinga, friji, zulia, makochi na mali yote uavyoona na usivyooona, tilivitengeneza. Tulivitengeneza, mimi na huyu bwana, mume wangu, ambaye waelekea kuwa umemwangukia kufa. (*kwa mkazo*) siwezi kukuruhusu kuingia kati yetu, kuvunja nyumba yetu na kutuharibia maisha yetu kabisa. Mtoto wa juzi kama wewe, enda ukatafute tineja mwenzio mkajenge maisha yenu. Na kwa mara ya mwisho kabla sijawaonyesha kilichomkataza kuku kukojoa, naomba wewe na jibaba lako mtoke. Sitaki kuwaona humu nyumbani mwangu.....(Diamond na Zuchu wanatoka nje. Zari anabaki peke yake sebuleni na kuanza kuimba)

**Akili itazunguka, zunguka, zunguka**

**Itazunguka ukiniacha mwenzako,**

**Maana nitaumbuka, umbuka, umbuka, umbuka**

**Nitaumbuka, yote kwa ajili yako hee!**

**Kwikwi kwikwi, nitalia!**

**Kwikwi kwikwi, ukiniachilia**

**Kwikwi kwikwi, nitaliaaa!**

**Kwikwi kwikwi, sio kwa unavyonipatia.**

**Maswali:**

Eleza sifa tatu za wahusika wowote katika dondoo hili.

Chambua mbinu za uandishi zilizotumiwa katika dondoo hili.

Kwa maoni yako, kwanini Diamond alitaka kuoa mke wa pili.

Eleza shida zozote tano ambazo wanawake wanapata katika ndoa.

Unajifunza nini kutokana na dondoo hili?



**MWISHO**



