

555/2 Inst. Sch.

PHYSICAL EDUCATION.

Paper 2.

MOCKS 2024.

AUGUST.

Time: 2 Hrs: 15 Min



MEBU EXAMINATIONS CONSULT

Uganda Certificate Of Education

MOCK ASSESSMENTS 2024

PHYSICAL EDUCATION PRACTICAL INSTRUCTIONS

Paper 2

Time: 2 Hrs: 15 Min

CONFIDENTIAL

This information is given only to facilitate preparation for the examination.

Great care should be taken to ensure this information does not reach the candidates directly or indirectly.

The teacher responsible for preparation must ensure that candidates are provided with the necessary sports equipment and materials for optimal performance and safety.

1. Games: Mini Game Situation

Prepare a play area and equipment for a mini game with 5 players per side. Each candidate will be assessed in one mini-game only.

Note: A candidate chooses only one game to play.

2. Games: Game Situation

(Tennis/Netball/Soccer/Handball/Badminton)

Prepare the play area and equipment for demonstrating skills in any game listed. Each candidate will be assessed in one game only.

Note: A candidate competes in only one game.

3. Gymnastics

Prepare a play area and equipment for performing gymnastics.

4. Athletics

(Running, Jumping, and Throws)

Prepare the play area and equipment for:

- Jumping: Triple Jump and Pole Vault.
- Throws: Discus Throw and Hammer Throw.

5. Aerobics/Swimming

- (a) Prepare a play area and equipment for conducting an aerobic session for at least 6 persons.
- (b) Prepare a play area and equipment for demonstrating swimming skills such as the Butterfly stroke and Backstroke.

Note: A learner chooses either swimming or aerobics.