

1. On the other hand if the neighbouring Kingdoms were not at peace the king would marry from the other Kingdom to ensure peace and harmony.
2. Sex was meant to strengthen the marriage relationship. It was encouraged in order guard against sex abuse especially on the side of the man .It is for this reason that a man with extra sexual appetite was allowed to marry more than one wife.Widows were inherited as well in order to avoid sexual temptations.
3. There was a male domination of the females (women were not treated as equals). They were considered to be inferior as compared to men.Their work was basically domestic and was denied some foods e.g. chicken, eggs, lungfish, pork etc.
4. Mock sex –“Okugyezaempango in Bakiga”
5. Sex a sign of love, a woman loved most had many nights spent by the husband in her house.

## IMPORTANCE OF SEX

### Biblical teaching on Sex.

- (1) Sex is intended to be done in the marriage bond: Any sex before or outside marriage is condemned.(Gen.2:24)
- (2) Sex is meant for the production of children, children are believed to be a gift from God/blessings from God.
- (3) Sex is for companionship when God created Adam, was lonely and needed a partner so God made him fall into a deep sleep and created for him a suitable companion woman called Eve.
- (4) Sex is intended to guard against sex abuse /misuse .In 1Cor7:2-5 Paul shows that partners should not deny each other except for the purpose of prayer lent that should not take long periods
- (5) Sex is meant to be 1:1 man and woman (It should be hetero –Sexual. It is for this reason that God created woman for man –not man for man(as in case of homosexuality) or woman for woman (as in lesbianism)
- (6) Incest is condemned and severely punished in the Bible .1Cor 5:1-13. Paul condemns it and says that the victim should be ex-communicated from society. Incest is further condemned in Lev 18:6-19. Sexual purity –man who cannot control their sexual desires should go ahead marry whoever looks at a woman lustfully commits sin.

## SEXUAL SINS ARE FORGIVABLE

- (7) Sex is for the purpose of strengthening the marriage relationship and it should be out of mutual consent. It should be played regularly in marriage.
- (8) Sex offenders i.e. adulterers fornicators, incestuous people, prostitutes will never inherit the kingdom of God. 1Cor 6:8-10, However if a sexual offender repents, she/he can enter Gods Kingdom.
- (9) Sex is for expression of mutual love in marriage 1Cor 7 and should be only for married people.
- (10) Virginity is highly valued and is to be kept until the time of marriage. Fornication is condemned.
- (11) Sex is a God given gift which should not be misused.
- (12) The Bible also advances that it is for reconciliation. After a period of separation the two partners should reconcile with one another .1 Cor7:11.
- (13) Sex with more than one sexual partners (Polygamy) is condemned. Sex should be 1.1 one man to one woman who are married. The marital
- (14) According to the Biblical teaching Sex is sacred bed should be kept holly (Hebrews 13:4? It should be free from sexual evils like adultery or prostitution. Thus there should be faithfulness in marriage.
- (15) Sex is complementally. Man cannot be complete without the woman and vice versa.1Cor 7:4.

NB St. Paul teaches that sexual immorality is the thing of the body (flesh) yet Christians have to live by the spirit according to Galatians 5:19-22.

## IMPORTANCE OF SEX

1. Sex unites the couples together and gives marriage a deep meaning and strengthens the couple's relationship. It is for this reason that sex should be played regularly in marriage.
2. Sex leads to happiness and joy in bed .Sex is a natural instinct which the couple enjoys.
3. Sex is a special gift from God, stabilises marriage by having it often. The absence of sex may lead to divorce, quarrels, fights, hatred.
4. It enables the couples to procreate (produce children) .It is means of transmitting life from one generation to another. Children are blessings of the home and the marriage without children is miserable one.
5. Having children is a divine commandment of God. Gen 1:28.
6. Sex is the deepest expression of human affection in which man and woman make a long or ever lasting relationship with each other.

7. Sex is good for companionship when God created Adam, he was lonely God made him companion which meant sex gives married people company.
8. Sex helps to control prevent temptation to adultery prostitution. Many of those who fall victim to sexual offences usually are those who are not married.
9. Sex compliments what man misses. This was fulfilled by God who created a female partner for Adam.
10. Through the sexual act partners are in position to show how they respect one another. (Eph 5:21-25).
11. This union gives psychological satisfaction to the couple thereby avoiding divorce.
12. During the act of sex there is normally openness, sincerity giving advice to one another, and there is tolerance.

However if sex is badly handled or misused it becomes bad but it is meant to be good.

### SEX EDUCATION

1. This is the kind of education that was given to the young girls and boys in order to prepare them in their roles in society and their future marriage life.
2. It is during this education that sexual roles and techniques were emphasised so as to groom an individual in all spheres of life .Elders in society were the ones responsible ,but basically it was the wire of Aunties, Uncles and parents.

### HOW SEX EDUCATION WAS PASSED ON IN THE TRADITIONAL AFRICAN SOCIETY.

1. Sex education was an important part of an African person. It was done in the following ways:-
2. Young people approaching adulthood were separately educated about specific values, roles to their society and skills of belonging to their specific sexes.
3. Boys were exposed to the mystery of sex through their uncles. They were educated on how to satisfy their wives. In the same way girls were taught by their aunties. They were taught how to clean themselves during menstruation, how to play good sex and how to look attractive before their husband.
4. Sex education was given according to age. Age mates of the same sex were put in one group and taught facts about sex. This meant that the right package was given to children of different age brackets. In Bagishu the boys who had been circumcised the same time and year “Bamagoji” were grouped during sex education.

5. There were puberty rituals in which the young people were sexually educated. It is during this time that young girls (Ganda) were introduced to bush schools.
6. During this sex education initiation ceremonies (rites) were carried out .Among the Gishu circumcision, clitoridectomy (female circumcision) especially among the Sabiny (people of Sebei). Clitoridectomy was done to reduce sexual sensitivity among their girls, this would control the rate of immorality when they get married.
7. Sex education could begin as early as possible. It was imparted to children through folk tales up to the time when they are ready for marriage.
8. During this education virginity was taught the young the importance of good sexual conducts because premarital sex was not accepted for girls. They taught the young the importance of good sexual conduct because premarital sex was not acceptable .Punishments to sexual deviations were heavily emphasised with the aim of sanctifying human life
9. In this education marriage was encouraged as a stage to adulthood. Penalties for one who stubbornly refused to marry were shown. Such a person would be minimised in society, would not interact freely with those who are married and would be denied positions of responsibility in society.
10. Girls were separated from boys when imparting sex educational values to them in order to avoid the possibility of incest.
11. Myths stories were created and thought to the young during this period in order to scare them off from the act of sex. e.g. the Bakonjo believed that a woman carried fire between her legs and a man had a hissing Cobra between his legs. This scared off whoever would think of that act.
12. During this education girls were thought to sit properly to avoid exposing their genital because it can lead to sexual temptations.
  - a. -Young children were encouraged to play games which define their responsibilities.
  - b. -There were night fire classes.

- c. -Herbs among Banyankole “Kibwankulata”- Love booster to man to love his wife.

## HOW SEX EDUCATION IS CARRIED OUT TODAY

Today people get to know matters concerning sex through the following ways the young:-

1. Aunties, Uncles, and Grandmothers to day still pass on sex education to their young ones. They have continuously advised the youth on matters concerning sex.
2. Some youth today get to know matters concerning sex from their fellow peers. In their various groups they continue discussing sex during their idle talk.
3. Church leaders also do a great job in imparting education especially to partners intending to marry. This education also extends to other age groups during Church sermons.
4. Non-government organizations are also directly involved in the work of educating people about sex as a way of controlling AIDS and other sexually transmitted diseases. These include: - CONCERN, WORLD VISION, TASO YEAH AIC etc. which are widely spread all over the country. These talk at length about sexual matters.
5. In schools, sex is part of the syllabus. Students are introduced to information about sex as early as primary. The example of these subjects are Biology/Science and Divinity /CRE especially P245/4. The Government also has plan to introduce sex education as an independent subject right from primary.
6. Senior women and senior men teaches in schools carry out responsibility of teaching some sex education to students in schools.
7. Today some traditional value that were emphasised in the past are still being emphasised in the past are still being emphasised today and upheld today e.g. circumcision among the Bagishu, the bush school among Baganda. Before these were carried out the youth are first of all educated on sex.

8. The youth (some of them) get sex information through romantic songs. These songs incite the youth to the extent of abusing misusing sex. (E.g. Trying out what they hear in the songs e.g. Love does not ask why) sang by Celine Dion
9. However some young people get to know facts concerning sex from careless and irresponsible parents (Immoral) Some parents play sex with their children and others discuss or have sex when their children are listening.
10. Some people today read pornographic materials and get the educated about sex. These include Play boy, Orumuli newspaper (Nshwenkazi) Ssenga in Bukkedde, Chick, Spice, Red pepper etc.
11. Others get to know about sex by watching the television movies, listening to Radio talks especially on F.M. E.g. Capital doctor on Capital F.M. Strain talk presenter from on Radio one, SsengaNakibuule on Radio Simba etc. However this kind of sex education is very dangerous to the young because the young end up spoiled (trying out what they have heard even if they are below age) Abayitaababiri on CBS.
12. The modern technological advancement has made it possible for the youth to get educated on sex. Many youth go to internet cafes to surf more information about sex and indeed they are educated. There are particular websites which deal with sex only eg [www.sex.com](http://www.sex.com). NB. Dram ways had a direct message to teenagers about each challenges of sex. E.g. Bakayimbiras popular play “Ndiwulira with its elaborative exposure of each facts on sex that each young people battle with in life.
13. Some people come to know about sex through political leaders. On many occasions they teach the youth of responsible sex and the dangers of sex misuse. E.g. President Museveni wherever he goes he talks something about responsible sex.

**PIASCY:-PRESIDENTIAL INITATIVE ON AIDS STRATEGY FOR COMMUNICATION TO THE YOUTH 2002.**

### **SEX MISUSE / SEX ABUSE**

Sex misuse refers to bad ways of using sex engaging in sex in a way that is not approved of by society, Church or people. Sex that goes against the proper use of sex.

Today people abuse sex in the following ways:-

- i. Fornication.
- ii. Prostitution.
- iii. Incest.
- iv. Homosexuality/Lesbianism.
- v. Adultery.
- vi. Rape.
- vii. Bestiality.
- viii. Voyeurism (voyeur) a person who gets pleasure from watching others undressing or engaging in sexual activities.
- ix. Paedophilia-condition of being sexually attracted to children.
- x. Masturbation

#### FORNICATION (PRE-MARRITAL SEX).

This refers to sex before marriage or sex between unmarried persons. In most cases it is referred to as pre-marital sex.

Modern youth to the present generation find it exciting to involve themselves in pre-marital sex as an attempt to establish their social status. Most fornicators look at those who still cherish their virginity as backward, ancient and outdated.

#### CAUSES

There are a number of reasons as to why young people get involved in fornication and some of these are given

Here below: -

1. Sexual curiosity; Many young people wish to find out what the sex thing is all about. As a result they end up getting partners in order to satisfy their curiosity.
2. Lack of self-control; some people are born with very high libido. Some people may find it hard to control the temptation to fornication. It is worse if such a person lacks sex education.
3. Lack of sex education on part of the youth is another cause of fornication. Unlike in the past where Uncles, aunts and the concerned elders used to give the necessary package of sex education today the elders have shielded away from their

noble duty leaving it to the youth to find out for themselves. No wonder many have ended up fornicating.

4. Many youth today have a belief that "practice makes perfect". They want to explore the sex field early enough such that by the time they get married they have attained the experience needed. This is why they end up fornicating.
5. Others do it in order to prove their manhood. Long ago this proof was given during initiation e.g. during circumcision (for the Bagishu), visiting the bush for the (Baganda and others) etc. Today the youth try to find out by engaging in pre-marital sex. They want to prove whether they are okay not impotent and are in position to produce children.
6. Moral degeneration is also responsible for the increasing fornication rate in the modern society. Many people dress, sit and look provocatively. Worse still even the- would be sex educators, like teachers and parents are immoral. Some daughters and mothers dress half naked and no guidance is given at all because society looks at it as normal. No wonder fornication rates are very high.
7. Other people want to test their fertility in order to know whether they will be in position to produce in future or not. This is done because like we were in the past children are very important today and no one would wish to marry someone who cannot produce. This is what has accelerated the rate of fornication today.
8. Some youth do fornicate in order to protect their love. After getting threats from their lovers they give in to fornication in order not to be rejected. (They do it to please their prospective husbands/wives)
9. The desire to get money and material wealth. Due to the existing competition among the youth to attain social status they look for money at all costs in order to remain recognised in a given community. No wonder the phenomena of sugar mummies and sugar daddies has become common.
10. Peer group influence is also another cause. Much as some parents try to hide sex affairs from their children these young ones get into contact with their peers at school yet some of them are serious fornicators who may end up encouraging them to have sex before marriage.



11. Modern leisure activities that prevail today also lead others into fornication. Such include listening to western music participating in western dance (show) where men and women squeeze themselves at zero distance. Such practices stimulate sexual instincts and may lead to fornication.
12. The permissive society. Many people today have a mentality that they are free to do whatever they wish with themselves without any interruption be it from parents, teachers or other elders. They feel that they must enjoy life at all cost after all they will die. This rebellion due to permissiveness has made it possible for people to fornicate.
13. Many youth today look at virginity as something that is backward. Some youth struggle to get rid of their virginity as early as possible in order to appear modern and recent. Hence fornicating.
14. Some people are naturally sex-maniacs that they cannot control their sex passion whether they have received sex education or not. Such people upon looking at members of the opposite sex they warm up and get and get involved in fornication.
15. The liberalisation of the use of contraceptives like pills and condoms has also contributed to the increasing rate of fornication. People feel safer these days to engage in fornication after all they are sure that they will not get pregnant or AIDS.
16. Sometimes such people are involved in fornication due to so much idle talk and the use of obscene language. People's mind get pre-occupied with sex and end up fornicating.
17. The influence of alcohol and drugs also lead some people into fornication. When the youth take alcohol and drugs their reasoning capacity is compromised to the extent that they lack proper sense of judgement. These drugs include; Marijuana, Mira, Bhang, Thinner etc. Such addicts find it easier to get in fornication.

#### WHY IS FORNICATION BAD?

(Why do Christians condemn pre-marital sex?)

Fornication causes sexually transmitted diseases. Such as gonorrhoea, syphilis and worst of all AIDS which has no cure.

1. All sexual relations out of marriage (fornication inclusive) are condemned in the Bible. In 1Cor 6:9 sexual perverts will never possess the kingdom of God.
2. Fornication is bad because it is not aimed at procreation (reproduction). This is against God's original plan in Gen 1:28 "Go Produce fill the world and subdue it".
3. Sexual intercourse before marriage can cause guilt conscience if the victim concerned. At times this guilt has a long lasting effect on some people which becomes a problem when one gets married. Some people never live for enjoying Sex when they get married.
4. Fornication can keep someone on trial for a long time as he is trying to find the right person for marriage basing on sexual expertise. It may lead one to get a partner basing on sexual techniques without considering other qualities.
5. Pre-marital sex can lead to unwanted pregnancies (children). Usually the victims are not ready for children but want to satisfy their sexual desire. When such children are produced they will lack proper parental love and care. Some are thrown in latrines. This distorts God's image in which human beings are created.
6. Sexual intercourse before marriage can create the spirit of distrust between the partners who fornicated. Normally the girls will appear "too loose" Even when they eventually get married they may continue distrusting each other and such a family may never be stable.
7. Fornication makes one lose his/her dignity in society. Girls who have given in to sexual demands are normally nicknamed demeaning names like "daily food" "common plate" "Bathrooms" "Public socket etc. Such people may find it hard to get partners for marriage in future.
8. Sex before marriage is a sin According to Christians St. Paul in 1COR 6:18-20 a person's body is the temple of the Holy Spirit. Therefore fornication defiles God's temple.

9. Fornication can lead to other problems or sins like, abortion which is against Gods commandments. “Thy shall not kill” (EX.20:13).
10. Premarital sex is selfish love against the Godly Agape love .Most boys who fornicate with girls do not actually love them. A person who loves the other well always wish her the best. But fornication aim at satisfying their selfish sexual urge.

What Church leads can do to avoid fornication (how to control fornication).

1. Church leaders should teach the value of sex in marriage. They should teach the people that sex in marriage is the best and it is God ordained.
2. Parents should be reminded of their noble duty of being exemplary to their children. (Other parents are not exemplary in behaviour).They need to show a good example to the young ones.
3. There is need for guidance and counselling to the children during adolescence. Adolescence is a period of uncertainty which need a lot of guidance .This will give the youth a proper sense of direction.
4. The Church should give proper sex education depending on the stage as the case was in the traditional. African society. This will help children to grow up systematically from one stage to another which will help them control social changes and cope with the temptation to fornication.
5. Christians must also avoid mixing Western culture with the Biblical teaching. Today many women have copied the western dressing that involves mini-skirts and see-me through dresses etc. These practices have been copied by their children especially the girls which has encouraged fornication. They need to put on decently so as not to provoke others into sexual temptations.
6. Christians have to be reminded of their responsibility of protecting the weak brothers/sisters
7. 1Cor 8. The youth should avoid anything that lead others to fornication (some people lack sexual control)

8. Church leaders should encourage people to develop a spirit of self-control in order to allow the spirit and love of God to control their lives. Those who lack self-control should pray to God to get it. This will enable them avoid pre-marital sex and other related sexual abuses.
9. There is need for Christian leader to sensitize the young on proper use of sex and danger of sex misuse. This will go a long way to reduce formation and sex misuses.

## INCEST

This is sex between blood related (intercourse between close relatives i.e. father and daughter, son and mother between cousin brother and sister etc.

Incest was uncommon in the past and it was a taboo. The punishments for such evil practice were severe e.g. being ex-communicated from society, killing either the children born or the two victims involved etc.

Generally those who got involved in incest were despised in society.

## CAUSE OF INCEST

(Why incest is on the increase in the modern society)

1. High sexual appetite among some people at times lead to incest.  
Some relatives who stay together find it hard to control their sexual desire and end up having sex with their daughters, sisters, cousins, brothers, grandmothers etc.
2. Lack of sexual satisfaction. Some people who are not sexually satisfied in their marriage relationship normally resort to relatives at home so as to get sexual satisfaction.
3. Inadequate housing facilities have contributed to the increasing cases of incest.  
When there is congestion in the home.
4. The influence of drugs and alcohol.  
People who take this end up intoxicated and their reasoning capacity is compromised. This is when a father will find it normal to have sex with a daughter because his reasoning is abnormal.
5. The break Down of the African culture.

Long ago cultures were very much respected and strong punishments were attached to breaking such cultures. Today many youth look at the traditional African culture as useless, and backward in the modern society. No serious punishments are given to offenders as the case was in the past.

6. Permissiveness in society.

People today are taken up by modernity. There is a way society has given people freedom to do whatever they wish without any interruption. Such liberated people will not find problem in committing incest.

7. Lack of proper upbringing and poor family background can also cause incest.

8. These are children who grow up undisciplined and lack proper guidance from their parents /guardians. Such will see no trouble in committing incest after all they are unruly.

9. Lack of religious conviction.

Some people do not have faith in God and therefore not committed to Christianity at all. Such people will have no respect for Biblical teaching e.g. the fact that incest is condemned in the Bible. 1Cor 5:1-

10. These may get involved in incest without feeling any sense of guilt.

11. Mental disturbance or disorder.

Such insane people have no proper control of themselves especially in as far as making the right decision is concerned. These are people who will rape or defile their relatives' without knowing it.

12. Some people become incestuous out of frustration.

13. Some people who are infected with AIDS normally become frustrated and jealousy of their relatives who are still okay. These are the ones who will fall in love with their relatives or force them into sex such that they do not die alone.

14. Loose talks about sex among the peers or relatives.

15. Loose talks about sex among the peers or relatives at times prompt some young people to engage in incest in order to quench their curiosity. Some after watching the blue movies or reading pornographic materials they get excited and the only remedy will be the immediate relatives hence incest.

## DANGERS/EFFECTS OF INCSET IN SOCIETY.

(Why incest is condemned)

- i. Incest destroys the image of the family from where the victims come. Society minimises such a family and it may be very hard for boys and girls from that family to get partners elsewhere.
- ii. Incest (sex between relatives) may result in unwanted pregnancies and abominable children are likely to be born. This is a shame to the family .Scientists say that such children may not be strong genetically. In some societies such children are killed.
- iii. Incest at times leads to abortion in case one conceives. Society does not approve the existence of such children. So what people do is to get rid of the unborn. This is murder that is condemned not only in the Bible but the society as well.
- iv. Sexual relationship between close relatives in a home may lead to divorce. If one partner realises that another has been having sex with a relative divorce may result.
- v. Incest destroys the general morals in the society. Moral decadence becomes part of the society where people feel like having sex with anybody relative or not.
- vi. It leads to the general loss of trust in the family members .A mother may fear to entrust her daughter with a brother or father and this is very dangerous.
- vii. According to the Uganda's constitution 1995 section 14 sub-section 1 of the Penal code, a person who is found guilty of incest is liable to imprisonment for seven years and worse still if this kind of sex is with some body below the age of consent(18) then the punishment goes to life imprisonment.
- viii. Incest is wrong because it can never result into proper marriage.
- ix. According to the Penal code section 144 sub-section (ii) marriage contract between relatives are null and void. So sex encounters outside marriage remains a misuse.

Incest may lead to ex-communication of the victim involved from the family .According to most cultures in Africa and Uganda in particular incest is not tolerated and among the many punishments given to the victim ex-communication is among. It is a sin such victims may never inherit the kingdom of God 1 Cor 6:9.

#### WHAT CAN BE DONE TO REDUCE /CONTROL INCEST?-

1. Introduce children to relatives.
2. There is need to revisit the African cultures since this evil was condemned in many societies.
3. Why incest is on the increase today is because people picked on the western cultures many of which find no trouble /problem with incest.
4. Parents should avail their children and dependants adequate accommodation such that they do not have to share rooms. This will save society from those who commit incest due to poor accommodation.
5. There is need for the Government or the society to punish heavily all those found guilty of this evil practice (incest). This will scare off the would be offenders.
6. Family members should be sensitized on the problem of heavy drinking. This is needed because some people go incest due to the influence of alcohol and other related intoxicants like drugs.
7. Parents need to be reminded of their noble duty of bringing up the children grow up as God fearing there are least chances of incest and other related immoralities.
8. Church leaders should come out and condemn this evil practice by bringing out Biblical teachings against the thing e.g. in 1Cor 5:13. This will help some people to know that incest is bad and punishable by God. People should be made aware that all sexual coverts will never inherit Gods kingdom as in 1Cor 6:15-20.
9. Parents and elders in society should educate the family members' especially the youth on the dangers of idleness idle sexual talk and redundancy. They should be encouraged to use their leisure time effectively in football, netball, athletics, etc. since it is known that (An idle mind is the devils workshop).

10. The young people should be taught on the right purpose of sex. Those who have excessive sexual desire should be encouraged to expense off some energy by actively involving themselves in drama, dancing, outdoor or indoor games like chess, scrabble. Such that their minds are not always fixed on sex. This will save society from incest and other sexual abuses. People ought to be taught that sex should be marriage.
11. Those evolved in incest should be advised to pray for Gods guidance such that they become better Christians and citizens as well. They should seek Gods mercy and forgiveness etc.

### MASTURBATION.

Masturbation is a situation where one achieves sexual satisfaction and gratification by manipulating his /her sexual organs. This is very common among the adolescents (youth). It is also common with adults who are not satisfied in their marriage bond. Gils normally use external objects like carrots, test tubes, eggplants (bbiringanya), fingers or something similar to a male organ.

Boys /men normally play with their male reproductive organ (penis) until when they reach orgasm.

### CAUSES

1. Lack of sexual satisfaction. Some parents do not get the required level of satisfaction from their partners or lovers as a result some resort to masturbation.
2. Fears of catching AIDS and other related deadly sexual diseases. When some youth get the urge, other than look for members of the opposite sex (who may even be infected) they resort to masturbation which is safe.
3. Fear of opposite sex. Some people fear to approach members of the opposite sex, so when they get the urge they resort to masturbation.
4. Some people lack self-control. They have completely failed to tame their sexual desires yet they cannot continually bother their partners. Such are the people who masturbate.
5. The influence of phonography. Some people after reading and watching phonography feel incited and normally want to have sex. Unfortunately, some of



these have no partners at all so, some of these resort to masturbation in order to quench their thirst.

6. The permissive society. Many young people do masturbate because other people in society support it. eg Newspapers like Straight Talk, on FM Radio stations e.g. Capital Doctor on Capital FM etc. Other do it because they feel they have freedom and do whatever they want with their bodies.
7. No serious punishment to masturbation. So the young resort to it because unlike other sex misuse in society which have serious punishments attached to them) no one ever punishes masturbators because it is done in privacy and no evidence is there to show that it has been done etc.
  - Lack of religious conviction.
  - Bad examples from elders and peers.
  - Poor upbringing.

#### CRITISMS OR DANGERS OF MASTURBATION (WHY IT IS CONDEMNED)

1. Masturbation is a sex abuse for it does not fulfil the intended aim of sex. Sex relationship is intended to be between two married people of the opposite sex who are in love. Achieving sexual gratification alone is ungodly and it is a selfish act.
2. Masturbation is an outside expression of an immoral person whose minds are taken up by sexual desires. This is wrong because human beings are called upon to have self-control because they are created in the image of God.
3. Masturbation undermines the idea of marriage. Married people are called upon to be dependent on each other after all one can never be complete without the other.
4. Masturbation kills / distorts God's plans of fulfilling one another's needs hence an abuse.
5. Masturbation always brings a sense of guilt to the person involved. One feels that it is wrong to have sex alone therefore a sin.
6. If one insists on masturbation, such a person will see no essence in marriage, This is very wrong because the reason as to why God gave people that sexual urge is to inspire them to look for mates (members of the opposite sex) for companionship.

7. Masturbation is wrong because it does not lead to the production of children. It shows one's irresponsibility-when people will seek sexual satisfaction while avoiding the responsibility attached to sex i.e. children and looking after one another.
8. It may lead to immorality in the society, Young boys and girls in schools may end up being taken by this evil practice-hence a high level of immorality.
9. Masturbation while in marriage may cause divorce. If either of the partners is taken up by the practice, she/he may hate sex with his /her partner and may stealthily masturbate thereby ignoring the other partner's sexual advances. This is wrong because St. Paul in 1Cor:7 Says that those in marriage should not deny each other.

However despite the criticisms some people find masturbation advantageous at times.

Below are some of the advantages:-

1. It is healthy because it lets off steam and pressure, causing relaxation of muscles without interfering with anyone. In male it is said that it helps to dispose off weak and tired sperms.
2. It is a great weapon against sexual temptation instead of being tempted to rape, defile, fornicate etc. many people find it safer to masturbate other than commit sexual crimes.
3. It saves many people from sexually transmitted diseases like syphilis, gonorrhoea, and AIDS. One gets sexual satisfaction without getting involved with any one, etc.

#### **HOMOSEXUALITY/LESBIANISM.**

Homosexuality refers to the sexual relationship between males yet lesbian is the sexual encounter between two women/girls

#### **CAUSES**

1. Confinement of members of the same sex in the same place for long time (long sedition) e.g. Those in army barracks, prison, single sex schools, detention camps etc. can either lead to homosexuality or lesbianism.
2. Need for adventure; some people desire to have a new sexual experience hence they end up exploring trying out home sexuality or lesbian.

3. Some people have lost confidence in the members of the opposite sex (men/women, boys/girls). So out of frustration they end up picking on members of the same sex for comfort (sexually).
4. Family upbringing / background; some people have grown from families where they were disappointed either by their fathers or mothers. Such people may end up losing trust in all men/ women depending on how they saw their father or mother behave. It will be very easy for such people to go for lesbianism or homosexuality.
5. Some people especially males fear members of the opposite sex and lack the techniques of getting suitors. If a failure meets another failure (coward) they end up consoling each other by practicing homosexual.
6. Failure for one to get a marriage partner may prompt one to either get involved in lesbianism or homosexual. Traditionally women do not have to propose to men. Their task is to wait and wait for partners. If they fail to come their way, such people may seek sexual satisfaction from fellow girls.
7. The level of moral decadence in society has also contributed to homosexuality or lesbianism. Society has a way it has tolerated this behaviour and whoever talks about it is either intimidated or silenced.
8. Bad example from people in influential positions is another factor responsible for the increasing rate in homosexuality /lesbianism. Some people tend to sympathise with the gays saying that they are a minority group whose rights need to be protected as well. E.g. Bishop Sennyonnjo protected expressed his sympathy to the homosexuals and somehow he was mistaken to be one of them.
9. Some people are born with hormonal imbalance in that they naturally hate sexual encounters with members of the opposite sex. Such people will find it very comfortable with members of the same sex.
10. The fact that homosexuality is legalised in some countries that are admired to be super powers has also kept the practice on the increase. It is said that homosexuality is legal in the USA.

11. Some people engage in this practise due to the influence of alcohol or drugs. These affect ones reasoning capacity and such a person may easily be driven into this practice. The drugs included, bhang opium, marijuana etc.
12. Some go in for homosex or lesbianism due to the need to get money. Just like prostitution homosex or lesbianism is not free. Some do engage in these practices so as to get quick money.
13. Some people are influenced into the practice due to watching and reading pornography. Some people after reading or watching pornography they end up excited and somehow some may carryout homosex or get fellow girls/women (lesbianism).
14. Influence of the mass media. Some Radio stations or the Newspapers are in support of homosexuality or lesbianism. Many participants discuss in favour of the practice which encourages others to get involved in the practice.

#### DANGERS OF HOMOSEXUALITY.

There are a number of factors that make the practice unbecoming and condemned, some of which are:-

1. Homosexuality is a bad practice and normally people who get involved in it are isolated or rejected in society (Nobody would wish to associate with them).
2. If a man is married and gets involved in this practices he may become a very poor lover to his wife and this may result into divorce.
3. It causes physical damage to people involved .Sex was designed in a way that a man's penis enters in a woman's vagina and God created a natural lubricant to make the exercise more enjoyable and less painful. However if a man chooses to enter through the anus, there may be physical harm. Worse still even the lubricants that are used sometimes do damage the alimentary canal.
4. A man who practices homosex may find it hard to get a marriage partner. Such a person may develop disliking for members of opposite sex.
5. Sometimes this practice leads to self-condemnation of the people involved which may prompt some of them to commit suicide due to lack of social identification.

6. Homosexuality is heavily punishable in some countries where it is not yet legalized. Victims are normally subjected to a long prison sentence in order to scare away potential criminals.
7. Homosex is condemned because it diverts from the original purpose of sex. Sex was intended to be between members of the opposite sex with the purpose of procreation. Homosexuality is not intended for reproduction but just used anyhow hence a misuse.
8. It distorts Gods image in which man was created .It demeans human being even below the level of animals. Human beings with their reasoning capacity are not expected to have sex with members of the same sex because it is against the law of morality.

#### WHY IS HOMOSEXUALITY CONDEMNED IN THE BIBLE?

1. In Romans 1:26-29, homosexuality is among the shameful lusts that St. Paul criticises. He undermines men who go for fellow men instead of women. According to him such people will be punished.
2. In 1Cor 6:9-10, homosexuality is out lined among the many immoralities that are going to deny people heaven. Such sexual perverts will never inherit Gods kingdom.
3. In Tim 1:9-10 Paul referred to homosexuals as perverts rebels, ungodly people, sinful, unholy, and irreligious. In other wards he has no tolerance for such people.
4. In Isaiah 5:20 the prophet equated condemned homosexuals to people who called evil good and good evil; put darkness for light and light for darkness .He condemned the practice.
5. In Lev.18:22 Moses warned the Israelites that man was not too get a fellow man for sexual relationship. The punishment for this act was that to be stoned to death.
6. It is against Gods plan of creation. God created woman for man and not man for man or woman for woman.

7. One of the reasons as to why God destroyed Sodom and Gomorrah was homosexuality. It is therefore bad and condemned in the Bible.
8. In Gen 2 God saw that it was not good for man to stay alone. He therefore created woman(a female) to be a suitable companion for him and not a follow man
9. God created sex for the purpose of procreation and this cannot be possible in homosexual's acts.
10. The Bible calls for proper sex use, homosexuals abuse the purpose of sex according to God's plan.

## PROSTITUTION

Prostitution is the effect of one's body for sexual purpose in return for money and other material gains.

## CAUSES

1. The sex ratio. It is said that the number of women is bigger as compared to that of men. To make matters worse many people today have resorted to monogamy due to the economic pressure. This has made it worse, so some people (woman) have ended up floating hence prostitution.
2. The highest rate of school drop outs today has increased prostitution. This has caused unemployment yet some people have no means of survival. As a result, many resorted to prostitution in order to earn a living.
3. Urbanisation and the development of shims is another cause of prostitution. These have led to the degeneration of moral and the decline in the cultural values .It is therefore not surprising that most public prostitutes are concentrated in urban areas and slums.
4. Family problems which sometimes end up in divorce and separation People have ended up frustrated and resorted to prostitution in order to earn a living and satisfy their sexual urge.

5. Laziness especially among women is another cause of prostitution. Some women do not want to work or perform their duties effectively, these may mind so much about remaining employed after all they can go for prostitution.
6. The use of drugs and alcohol affect people reasoning capacity and may easily get involved in prostitution.
7. The long education system where some women spend a lot of time studying yet they need to get married thereafter .By the time they complete studies they have no men ready to marry them they resort to prostitution
8. Uncontrollable sexual desire always lead people into prostitution whether one is married or not. When one is naturally a sex maniac he/she can resort to prostitution as a way of satisfying his /her uncontrollable sexual urge.
9. Physical disabilities or defects can lead some men or women into prostitution. Some people are disabled and have no one to pick them for marriage .Since sex is a natural desire these people other than die with passion, decide to join prostitution.
10. Pornography and mirthless women advertisements entice other women to do wrong things and desire what may be hard to get. In the long run they may resort to prostitution in order to satisfy their reckless demands like perming their hair buying good clothes etc.
11. Frustration. Some people especially the victims of AIDS are forced to join prostitution because they are desperate .Others do not want to die alone so they join prostitution in order to spread the disease to other people.
12. Poor upbringing. Some people have grown up in families or environments where prostitution is not taken as bad. Such people find no trouble in prostitution.
13. Long distance between the married partners. At times some partners due to their work schedule cannot stay together yet still have the sexual urge. These are people who resort to prostitution. Such include businessmen tailor drivers.
14. Failure to get a suitable partner for marriage. Some people take long to marry or get married. One of the alternatives for such people is prostitution.

15. Some do it out of prestige or need for adventurism. Some people don't know how it feels like to have sex with people of different tribes, so they end up in prostitution.
16. Some people have lost their partners (they are widows or widowers). Many of these do not go in for prostitution because they want to but because of circumstances i.e. they want to get money to sustain them and their families. So they end up prostituting.
17. Lack of sex satisfaction. Many partners are poor lovers in bed and leave their spouses unsatisfied or intentionally staved them. As a result the unsatisfied partner end up on the street looking for sexual satisfaction.
18. Presence of irresponsible husbands is another cause .Some husbands fail to provide the necessary basic needs of their families and this may force the women to turn to prostitution in order to solve their family problems.
19. Death of partner forces some children to join prostitution. Some parents die due to AIDS or wars and the children remain helpless. Such may easily be tempted to join prostitution to earn a living
20. The moral general degeneration in the society is another factor .Many people have neglected the traditional norms and values that helped people live a moral life .No wonder many have ended up in streets (in prostitution)
21. The permissive society. Today people have a belief that they are free to do whatever they want with themselves without any body interfering .So because of this belief, people join prostitution without any sense of guilt.

#### DANGER OF PROSTITUTION/WHY IS IT BAD?

1. Prostitution undermines the real intention of sex .Sex enjoyed with a prostitute lacks love and is not aimed at procreation. Instead her main aim of a woman is money while the man is looking for sexual satisfaction (to satisfy his sexual desires). This is against Gods original plan for sex which is love.



2. Children produced by prostitutes lack proper parental love and care and many of such children –become failures in life.
3. In most cases prostitution leads to sexually transmitted diseases like gonorrhoea syphilis and AIDS which leads to death.
4. Prostitution lead to family break ages for instance if a man is very much involved with prostitutes his wife is likely to be denied the normal family life and divorce may occur.
5. There is uncalled for expenditure on things like cosmetics, pills, condoms hiring lodges, buying very expensive clothes that will attract customers. Such amount of money would be used in alternative ways rather than spending it on prostitution.
6. Prostitution lowers dignity of individuals in a society. People who are engaged in this kind of affair will always lose respect in the public sight. The men and women involved in prostitution are reduced to levels of being like sex machines in which are tuned on and off regardless of their feelings. This is a way of degrading man and God because man is supposed to do things that are pleasing to the lord.
7. People involved in prostitution abuse the glory of God. By using their bodies in prostitution they abuse Gods plan because their bodies are temples of the Holy Spirit.
8. The act of prostitution is illegal in our society and so whoever practices it becomes a criminal as far as the law of the country is concerned.
9. Prostitution may cause fighting and crimes in a society. If a man fails to pay the agreed amount it may end up in such crimes
10. Prostitution as a business can be short-lived because a woman's beauty is just for a short time. Though women use cosmetics, expensive dresses treat their hair etc., their beauty will soon be no more,
11. They will grow wrinkles and lose market. It is for this reason that prostitution should never be legalised.

12. Prostitution can lead to abortion which is murder. Women prostitutes do not wish to produce children but very often they become pregnant. Once they conceive, the prostitutes fear to lose market and therefore abort which is a sin and even a danger to their healthy.
13. Prostitution also brakes the unity of husband and wife. There is denial of one's right over the body of her husband or his wife. If one partner is involved in prostitution the other partner may find a way to compensate for the lost love.

#### WHAT SHOULD BE DONE ABOUT PROSTITUTION?

1. The Government should remove the economic and social problems through availing employment to people there should be restrictions on the mirthless advertisement of luxury goods for women in order to avoid prostitution.
2. Counselling and guidance should be intensified so that people can know the right purpose of sex
3. Church leaders must openly come out to condemn prostitution by themselves being exemplary. They should not take party to this evil.
4. The Government should use its authority to censor the press and imported films, pictures and films that incite people into prostitution should not be allowed to be published and those who publish them should be dealt with according to the law or their industry should be banned.
5. Charitable organizations should be encouraged and even assisted by the Government to open up schools where children of prostitutes can learn and have an opportunity to live like other normal children
6. The role of parents in bringing up their children as God fearing people should be taken as one of the important roles they have in bringing up good citizens of the country.
7. The Government through Police should arrest and charge those suspected to be perpetrators of prostitution in order to do away with the evil completely.
8. The Government, the Church, parents and other concerned bodies should encourage people to be hardworking and to carefully spend their leisure time.

## ADULTERY

Adultery is defined as sexual intercourse 1.1 a married person and someone other than the officially married partner. It is sex outside marriage it is at times referred to as extra marital sex.

### CAUSES.

1. Long separation between the married partners may cause adultery some people are employed in places far away from their homes so they end up tempted to committing adultery due to starvation.
2. Long sickness can cause adultery also long sickness in most cases leads to loss of appetite in sex and the other partner ends up starved. The partner who is not sick may try seek sexual satisfaction elsewhere hence adultery.
3. Pregnancy is yet another cause. Sometimes pregnant women sickly and lose interest in sex. Other times some husbands do not want to have sex with their wives when pregnant. This can lead to adultery on either side.
4. Irresponsible husbands either deliberately or not fail to provide the basic needs of their family. This puts their wives into tricky situations which may lead them into committing adultery
5. Lack of sexual satisfaction can cause adultery. Some people are born with high sexual desire (libido) in that no amount of sex can satisfy them. However some men or women intentionally do not satisfy their partners thereby tempting them to get involved in adultery while seeking sexual satisfaction.
6. Quarrels and fights at times causes adultery. When they quarrel or fight they end up minimising one another. So the minimised partner may look for another companion who can respect him/her hence adultery.
7. The influence of drugs and alcohol. Normally when these items are taken in excess amount one is affected and forced to be aggressive towards his/her partner. This aggressiveness may bring about adultery. On the other hand drugs and alcohol do take a lot of money that would have been used to run the affairs of the home. Others resort to adultery so as to make ends meet.

8. Peer group influence can be a cause for adultery. Birds of the same feather flock together. One who befriends adulterous people in case ends up in the same boat. This is very common with people who have little regard for marriage.
9. Low religious conviction among the married partners. When the partners have very little time for God, such a marriage will lack the guidance of the Holy Spirit. As a result it may be very hard for such people to resist temptations when they come hence adultery.
10. The liberalisation of contraceptives is another factor perpetuating adultery. A married woman may have no trouble having sex with another man since he is assumed of no danger due to the contraceptives. These include pills condoms etc.
11. Modern leisure activities like disco dances entertainment and drinking places have exposed enough temptations to the married people leading them into committing adultery.
12. Lack of proper and adequate sex education before people are married off. In a way people enter marriage when they are half-baked. No wonder many working and even some who are not working have delegated their responsibilities to housekeepers and maids or house girls. So many men have been tempted to have sex with girls hence adultery.
13. Pornographic films and literature can be another cause of adultery. Married people who watch these films without partners at times end up stimulated and tempted into adultery.

Why is adultery condemned? Many people of good will Christians and non-Christians condemn adultery because of the following reasons;

It breaks the unity between the husband and wife and denies the other partner proper conjugal rights.

- i. It is an offence against the marriage wedlock because it means that one of the partners is devoting his/her energies or resources to some outside family denying them proper upbringing, love and care.

- ii. A child born of adultery will always be looked at as an illegitimate child and will suffer to some extent. Such a child may be isolate on grounds that he /she on grounds is an “out sider”.
- iii. Adultery brings financial problems in the family. Now that the man has more than one home to run the fact that he has to support other women he goes out with, makes his resources inadequate there by neglecting some of his family obligations.
- iv. Quarrels and fights are normally common in such relationships. Other times these quarrels end up in modern, bewitching and some develop very strong hatred between the wife and husband or the wife and the “other woman”
- v. A partner who practices adultery is normally not respected in society, such a person is looked at as loose especially if it is a woman. Such people never get positions of responsibility in church because they are not reliable.
- vi. Adultery at times brings the aspect of sexually transmitted diseases such as; AIDS, Syphilis etc.
- vii. This is so because the other partner may not easily be trusted, he/she could be going out with other people as well. The spread of STDS is very easy here.
- viii. Adultery is a sin before God .It is forbidden in the Bible according to Exodus 20:14 and it is punishable by death if found (Deut.22:22)
- ix. Children born out of adultery may never respect the holy institution of marriage and may end up adulterous as well.

#### THE ROLE CHRISTYINS CAN PLAY IN MINIMISING ADULTERY (EXTRA-MARRITAL RELTIOONSHIP)

- i. Christians should advise married couples to stick to the marriage vows to stay together till death does them part) in other wards Christians should be faith to one another.
- ii. Married partners should know that adultery is an offence against their children and an abuse to themselves. Parents are to be exemplary to their children.
- iii. Christian husbands should endeavour to provide for their families as much as possible to avoid temptation to adultery.

- iv. Parents should give the necessary sex education to their children before they get married such that they know what is expected of them in marriage. This will stop men from moving out looking for concubines or house girls.
- v. Church leaders should go ahead and emphasise the virtue of self-control tolerance and forgiveness among the married couples such that none of them goes out for adultery due to revenge.
- vi. Married couple should follow the Biblical teaching which emphasise love patience and total such mission to one another as in Ephesians 5:21-25. This will go a long way in preventing adultery in homes
- vii. Christians should be encouraged to pray together since the family that prays together remains together Christians should be reminded that adultery is a sin and condemned in Mat 5:27-30.
- viii. Christians should be reminded of the dangers of adultery like divorce, STDs like the incurable AIDS etc. This may scare them away from the act.

## RAPE

Rape can be defined as having sexual union or relationship either forcefully or giving the other partner worse alternatives during the act.

Rape can also be in a situation where one touches the parts of the others body without his/her consent.

## CAUSES.

1. Some people refuse to get married even when they are mature enough even when
2. Such people will lack sexual outlets and end up raping others in order to meet their sexual desires.
3. Drunkardness and drug abuse can also cause rape. Excessive drinking weakens ones reasoning capacity and stimulates Ones sexual appetite and may end up raping.

4. Masculine superiority. Some men feel that they have a born right to get whatever they want (including sex) any time they want without being denied. Such area people who may end up raping their wives. They have a belief that a woman has no right to say no to sex.
5. Pornography some people are exposed to dangerous romantic literature regarding sex others watch blue movies, magazines like Bella ,Play boy, Chic , secrets and end up stimulated. Some who can't control such a situation end up raping others as a way of releasing sexual steam?
6. Poverty. Some people are too poor that they cannot look for marriage partners or even buy prostitutes. These are the people who may end up raping in order to satisfy their sexual desires.
7. Revenge. Some people do rape out of revenge. In the modern society there has developed a group of "dethootheers" women /men who eat people's things or get money from people but in the end fail to give in for sex. Those who are offended may end up raping as a way of satisfying their anger.
8. Lust. Some people have high sexual desire (high libido) that they cannot contain. Such people even if they are married or not they will continuously want to play sex. Some may be forced to rape to satisfy their need.
9. Poor and provocative dressing. Some people put on poorly, the way they sit leaves a lot to be desired. The mini-dresses skirts and see-me through clothes at times tempt men into raping women. As if that is not enough, some girls or women look provocatively tempting men to rape them.
10. Mental disturbances. Some people are mentally sick and have lost their proper reasoning. Such mad people may end up raping women.
11. Another possible cause of rape is the long seduction of members of the same sex. This is where boys and girls /men or women kept together for a long time without interaction with members of the opposite sex may starve them both psychologically and physically.

12. So when such people get a chance to interact with others of the opposite sex may just rape them. Victims of this situation may be those in single sexed school those in army barracks and prisoners.

#### DANGERS OF RAPE.

1. It is a health hazard because at times it leads to extreme bleeding especially on the side of the woman.
2. Rape leads to sexually transmitted diseases STDs because in most cases such sex is not safe. These include AIDS Syphilis etc.
3. Rape at times results into un-wanted pregnancies which in most cases prompt the girls to carryout abortion together with associated problems.
4. It reduces the dignity of the rapist and the raped. Such an act is so demeaning and in very low self-esteem.
5. Rape is a crime according to the Ugandan constitution and may lead to long imprisonment or even death.
6. It is a sin before God. It is against God original plan of sex. Sex is to be out of love not force.
7. It can lead to death. The rape due to the fear of being looked at with disrespect, under mined and this may force to feel unworthy thereby resorting to committing suicide. Other times the raped can die in the process (if it is brutally done).
8. There is no sexual enjoyment derived from rape by both the rape and the rapist because it is normally a painful experience.
9. Rape may provoke then reaction of mob justice. The rapist stands the risk of being killed by the angry public on realising that he has committed such a sexual scandal.
10. In case of children born out of rape, such children may lack the love and care from their parents (because normally they are not lovers). If at all the rapist end up



marring the raped, they may be affected psychologically and this problem may affect the children as well.

#### THE POSSIBLE SOLUTION TO RAPE

1. The rapist need to be taken for medical treatment because some of them are mentally sick, once treated, they may not rape again.
2. People in position of responsibility like political leaders, teachers and parents should be sensitised on how to control themselves sexually in order to avoid children that are entitled to them.
3. There should be strict censorship of pornographic literature or films. Blue movies should not be screened and magazines with a lot of pornography should be banned.
4. The victims of rape need to be treated with love, sympathy and understanding so that they do not look out casts. They should be helped to live a better life afterwards.
5. The public should be sensitized on matters regarding descent dressing, walking or looking so that they do not tempt others to stumble.
6. There should be political stability in all areas of the country (it should be encouraged) since it is known that during the time of instability people are normally raped.
7. The church and social workers should advise rapists and the raped to have a spirit of reconciliation. The raped should pray for the rapist and at the same time the rapist should pray for God's forgiveness and guidance such that he can have self-control.
8. There should be heavy prison sentence given to rapists in order to scare away potential rapists. This will minimize the evil.

#### THE BIBLICAL VIEW ON SEX ABUSE OR SEX ABUSE. (JONH 20:11 MARY MAGDALENE)

1. In Leviticus 20:10-16, sex abuse in form of adultery, homosexuality, incest, beastility etc. are condemned in the Bible people can be ex-communicated
2. Sex misuse is punishable in the Bible (Lev 18). Disaster visited king David's family after his sin of adultery. In the same way Ammon the son of David who slept with his half-sister Tamar (2Sam 13:14).
3. The Israelites were sent to exile because God could not tolerate their level of immorality e.g. a father and a son were said to have slept with the same slave girl (Amos 2:7ff) God does not approve incest.
4. In Genesis 19:1-29. God destroyed the cities of Sodom and Gomorrah just because of sexual wickedness (homosexual) and punished homosexuality because from the time of He intended that man should be united to his wife and have children (Not man and man or woman and fellow woman).
5. In Proverbs 7:6-26 the young men are warned against being misled by prostitutes. In Proverbs 5:1-2 there is another warning on adultery.
6. In Exodus 20:14 adultery is condemned. Adultery should be avoided because it is a sexual offence,
7. In Hosea 1:3-3:20 Gomer is condemned because of marriage infidelity, meaning that sex is meant to be within the marriage bond.
8. In Mt 5:27-30 Jesus taught that adultery is bad. It is said that when a man looks at a woman lustfully, then that is equivalent to adultery which leads to eternal death.
9. In Paul's letter to the Corinthians (1Cor 6:9 he says that those who commit adultery, the homosexuals and all the wicked will never inherit God's Kingdom.
10. In Gal 5: 16-25 sex abuse is one of the evidences that those who do it lack the holy spirit but are just directed by bodily desires,
11. In 1Cor 5:1-13 Christians are cautioned not to associate or even sit down to eat with such people who have a lust for sex through incest.

12. In Mk 7:20-22. Sexual immorality and adultery are mentioned among the practices that defile people.
13. Sexual immorality or obscene talk should not be mentioned among God's people (Eph 5 :3)
14. In John 8:1-11 is the story of the adulterous woman that was brought to Jesus. Jesus forgave her but told her not to sin again.
15. In 1 Cor 6 :15-17 Paul condemned prostitution and advised the Corinthians that it was bad for them to practice prostitution because doing so would defile their bodies yet these are temples of the Holy Spirit.  
NB- Prov 7:25-27. Shows that sex misuse is a short cut to death. Prov 23:27, Deut 22:22.

#### THE PERMISSIVE SOCIETY.

The permissive society is the kind of society where people in that society live on the principle of freedom where they should be allowed to do whatever they want regardless of its effects on the other people. They believe that personal and physical pleasure must be satisfied at whatever cost.

In such society there is a rebellion against the established authority and the absolute moral principle which they reduce to being unless and unfair.

This is basically found in the Western world but this permissiveness is increasingly characterising the African society especially in urban areas.

The causes of increased permissiveness in Uganda.

1. The decline in religious conviction.
2. People claim that religion is a private affair People fail to get satisfied with religious morals which don't seem to pay immediate material benefits. It is for this reason that people decide to do whatever pleases them.
3. The formal education acquired in schools tend to encourage people to question the traditional morals and accepted norms. E.g. most girls today see no importance in virginity. In fact they regard virginity as old fashioned and outdated, so they end up straggling to get rid of it as early as possible.

4. The loosening of family ties has also led to increased permissiveness.
5. Due to increased mobility and the widening gap 1.1 the young and the old, permissiveness has gone to threatening heights. The young leave their parents in the village and go to town where they acquire permissive tendencies. Such people normally ignore the advices of their parents who they brand old fashioned and backward.
6. Affluence. This is the situation where one develops the desire to accumulate and acquire a lot of wealth so as to be in a particular recognised class. Such people struggle to maintain high class and so they get involved in unacceptable acts like stealing, prostitution, gambling, drug abuse, murder, etc. all of which are characterised in a permissive society.
7. The influence of mass media; Today 's media tolerates pornography unscrupulous advertisements and publish immoral behaviour especially found in Magazines like Bella play boy ,Ssenga ,Bukkedde ,Nshwenkazi, Orumuli, Red pepper etc. These stimulate the sexual urge of many youth and adults forcing them into pre-marital sex, rape, defilement and these are characteristics of a permissive society.
8. The progressive change of cultural influence causing a breakdown in the traditional order is also another cause of permissiveness. Many people today have abandoned their valuable traditional cultures in favour of the western style e.g. men of late have picked on funny styles of dress like putting on necklaces, bandannas, earrings etc. This is a sign to show that people are permissive.
9. Bad examples from respected adults in enviable or respected position is another cause. Some people from respectable positions have failed to be exemplary to the people they lead some dress poorly and get involved in immoral acts e.g. the former us president Bill Clinton was involved in a sex scandal with Monica Lewinsky, the former L.T.V. chairman of Iganga, Patrick Bagaya the late minister of information, BasogaNsadhu etc.
10. Political instabilities which cause a breakdown in morality in security institutions is another cause the life in refugee camps where there is no privacy at all. There is a lot of intermingling that breeds immorality.

11. Too much leisure today is another cause of permissiveness. Due to corruption embezzlement of funds and mismanagement of public enterprises, more money have been available for excessive leisure. Many leisure sports are centres of immorality e.g. the prostitutes who stand by Speke Hotel, Angerminio discotheque and other places. In the need for leisure, some people engage in unlawful acts to get money.

#### EVIDENCE OF PERMISSIVE SOCIETY

1. It is true there is permissiveness in many developed and developing countries, Uganda inclusive. The following factors prove this;
2. Sexual immorality. This is in form of pre-marital sex, extra-marital sex, defilement e.g. Muwanga of Matugga in 1999 who defiled a three(3) month old baby girl, beastly etc.
3. Pornography—this is sex information that are all over the country. These have exceeded the normal limits. The Red pepper newspapers published a teenage couple having sex at Heritage Park-Entebbe road in 2001.
4. There is a high rate of drug abuse. Many people are involved in taking drugs for reasons best known to them. They smoke bhangi, take marijuana etc. and these affect them physically and psychologically so they end up doing whatever they want.
5. Drunkenness and the increasing cases of addiction is enough to show the permissive nature of our society today. Many people drink themselves silly and have even failed to do their work properly.
6. Violence and the disrespect of the established law and order. This is evident in the act of mob justice the continuous use of acid as a tool of revenge e.g. Mr Sserunjogi had his face damaged on the Nandawula saga. In courts of law some people are released before completing their sentences etc.
7. Some people take pride in high risk ventures e.g. fight steal murder, kill, etc. All these show that Uganda is already a permissive society, 2009 Draru of Namuwingo murdered Kazini army officer.

8. There is a lot of importance attached to money and excessive leisure and these show that Uganda is permissive. People are determined to get the money at whatever cost. Again many people especially the youth prefer leisure to work and others have a negative attitude towards work.
9. The increasing cases of sexually transmitted diseases like syphilis, AIDS, Gonorrhoea, also shows that Uganda is permissive. These are many, widows, widowers and orphans in society today.
10. There is unscrupulous and ruthless advertisements which is common in Uganda today. These are intended to promote the consumption of dangerous commodities like Cigarettes e.g. "Rex, is the fastest of success", "Embassy smooth all the way". Beer –"Pilsner has got what you want" ESB-"The beer you cannot afford to miss".
11. These shows that Uganda is already permissive –people do whatever they feel like. Worse still the Government has tolerated it because it gets all of revenue in form of taxes.
12. There is increased cases of abortion. Many foetuses are aborted and thrown either in latrine or dust bins, People no longer have respect for human life and have continued to be immoral after all when they get pregnant they can abort.
13. Adolescent is a stage of growth 1.1 childhood and adulthood (It is a period of transition from being a child to becoming an adult. It is usually a dangerous stage in an individual's life, full of chaos and madness and this is why people prefer to call it a period of uncertainty).

#### CHARACTERISTICS OF THE ADOLESCENCE STAGE.

1. People at this stage sometimes behave like children while some other time they behave like adults.
2. They are very sensitive thus they can easily be upset yet they are also easily excited.
3. They spend much of their material time trying to improve on their personal appearance in order to look attractive especially to members of the opposite sex. They use oils perfumes, put oil fashionable clothes etc.
4. Adolescents are ambitious and always have hope in everything. They are so ambitious to the extent that they want to change the whole world in their favour in a matter of seconds.

5. They are normally rebellious and this rebellions is directed towards their parents, teachers, school administration etc.
6. Their rebellion is basically caused by their desire to be independent.
7. Sex attraction increases rapidly during this stage. The adolescents need to meet members of the opposite sex socially and get to know them better. This is a period when adolescents don't want to miss dances clubs seminars, lathes sports, parties etc. Such would give them the chance to interact with fellow adolescent s of the opposites. This is when the boy/girl friendship develop.
8. Dating and going out together with members of the opposite sex is commissioned at this stage.
9. Shyness and embarrassment during this period is another characteristic. It is therefore good that a natural relationship 1.1 the boys and a girls develops so that the boys and girls are not isolated from each other
10. It is a period when the adolescents tend to put their parents to test e.g. they may begin escaping and spending nights out to test the reaction of their parents or elders. Boys and girls tend to invite their friends at home to see what their parents can say
11. During adolescence, adolescents always have frequent physical complaints because they are not always satisfied with life.
12. The adolescents want to be treated with sympathy. They normally look at other people like fools who have failed to make the world a better place
13. Adolescents feel that they are very intelligent to be advised and so they advise instruct and direct affaire but not to be advised or instructed.
14. They position themselves in places where they do not fit. Their characters are geared towards impersonation. They begin thinking that they are fit to be called husbands or wives. However they realise that they cannot sustain marriage life.
15. They normally enjoy teasing members of the opposite sex.
16. There is false and self-pride among adolescents which is infested by showing off
17. During this period adolescents have a great appetite for knowledge and wish to challenge ideas.
18. Letter writing and gifts giving is very common among adolescents. When they get close associates i.e. girlfriends/boyfriends their relationship are characterised by quarrels ,abuses, excessive love for each other and other when the relationship breaks, there is bitter hatred between the friends.
19. Hysteria is quite frequent among the adolescents.
20. Many adolescents drop in their academic performance due to various pre-occupations of the mind on sexual matters and other future hope.

21. They normally find it hard to adjust to the new environment in case they happen to stay away from home.
22. They normally face problems of depressions, they get night mares due to the worries of life.

#### WHAT CAN BE DONE TO HANDLE ADOLESCENTS?

- They should be given enough sex-education to alter them of the changes that they should expect during this period. This will help them know that these are normal occurrences and hence take them maturely.
- Adolescents should be allowed to mix freely amongst themselves but with limitations. This will enable them overcome the nightmares they normally get about members of the opposite sex.
- Through disruptions the adolescent s should be told all about the world –the problems and good things about life.
- Leisure activities should be provided games like football, volleyball, table tennis, chess draft etc. should be introduced because they can tame the madness.
- Society should be groomed in a spiritual way. Moral Christian ethics should be imparted to the young in the society.
- The church should come up with evening Bible studies and fellowship to occupy the young ones who might fail to control themselves during adolescence.
- In case adolescents misbehave or commit crimes that may affect the society greatly, the extreme case or culprits should be handed over to the law in an effort to create fear in other wards such step would put others in their rightful senses.

#### ADOLESCENCE AND PUBERTY

Puberty usually begins at the age of ten (10)years for girls and twelve (12) years for boys .This period may last for two-three (2-3) or more years in abnormal cases.

Among boys the following are common during puberty;

1. Grow of hair in the armpit and around the penis and later it grows in the chest, the beard and most aches also begins to grow.
2. The testicles grow and produce the male reproductive seeds (sperms)
3. The voice begins to change from alto to bass (from high tone to deep/low tone).
4. The rate of growing increases; the shoulders widens. The pimples normally develop around this time.
5. There is slight swelling of the breasts.
6. At this stage adolescents normally have greater appetite for food.
7. The penis grows in size.



8. The boys become aware of the sexual emotions and begins to be interested in the opposite sex.
9. The boys become muscular and stronger.

#### ADOLESCENCE AND PUBERTY IN GIRLS.

1. Breasts begin to increase in size.
2. They begin to look attractive to men.
3. There is a change in the general physical appearance.
4. Good appetite for food.
5. Pubic hair develop around the vagina and some hair also develops in the armpits.
6. The voice changes- it may become more sweet/soft.
7. Menstruation begins.
8. Sex emotions also develop-they begin getting feelings for members of the opposite sex.
9. Some girls tend to be rude.

#### THE GENERATION GAP

1. The term generation gap refer to the failure or inability of the younger and old generation to communicate and understand one another's ideas. The major cause of trend are:-
2. The formal education that is given in schools today does not stress morals and the emphasis is put on academics and aim at passing exams. This has widened the gap between the young and the old.
3. The old feel that the young are manner-less hence the conflict.
4. Today many children spend most of their time in schools and very little with their parents. Even when they are at home they do not go to visit their relatives like Uncles, Aunts, who are expected to give them informal education. This kind of education helped the youth in shaping their morals in the past, so modern children miss it yet can't at schools, it is not very emphasised hence the clash.
5. To days education system has aroused arrogance in children, making them think that they are better than their parents. This has worsened the situation because parents have withdrawn after all their children no longer respect them.

6. Many parents today have given up their roles of disciplining their children thinking that schools and teachers will do it for them. This is very unfortunate because many teachers are more pre-occupied with other things, especially looking for means of improving the academic excellence in their schools, so neglecting the disciplining of their children has widened the gap between the young and the old.
7. Many parents today have become work lunatics and have no time to spare for their children.
8. So children have no one to share their problems, comities, worries and questions with. This therefor had played a very big role in widening of the gap between the youth and the old.
9. There is a lot of permissiveness on society today. Many youth feel that they have the freedom to do anything without being stopped not even by their real parents. This has also widened the gap.
10. Luck of parental love is yet another reason-Irresponsible parents. Many parents do not mind about their children and actually show a very bad example to them, they dress poorly quarrel in the presence of their children, get drunk etc. yet when the youth pick on the same examples there is normally conflict between the two.
11. There many social changes in the world today and this is also possible for the widening gap.
12. Many things take place in entertainment places today and drinking places today.
13. Many of these modern invents are not blessed by the elders yet the young are dying to have them whole-sale, this has intensified the clash.
14. The breakdown of the African culture. Today many youth look at things of the past as useless, back-ward and ancient. This is a problem because the old still attach a lot of importance to these things e.g. kneeling (among the Baganda) Virginity, honesty etc. This has widened the gap.
15. Many parents today have given up parenting their children. Long ago parenting was a special attachment between the parents and the children. However today due to the work schedule most parents leave their children in care of house

helpers (boy/girls) These have not done their work properly,(SOME PAGES MISSING)

16. Their parent' will. This has brought about disagreement between the two.
17. Too much emphasis on children's rights by the Government. This is really a problem because some parents have been imprisoned because of disciplining their children instilling morals in the young (teachers inclusive). So for that matter some parents/teachers have given up guiding the young morally which has widened the gap.
18. Another responsible for this widening gap is the conservativeness of some parents who resist change that is instant in the modern world. Such changes include fashions in hair styles e.g. parting for men, fashions in dress e.g. hot pants /jeans, bandanas, the damage, for both men and women, kundi shows, miniskirts and dress etc.
19. The influence of peer groups is another factor. Many youth prefer to get answers to their problems from fellow youth other than the elders or parents. From these groups they end up influenced into bad behaviours like smoking, fornication, drinking, drug abuse which are not approved of by the parents and elders. This has widened the gap further.

#### THE GENERATION GAP BRIDGING USING A CHRISTIAN APPROACH.

The following can be done by Christians to bridge the existing gap between the youth and the old.

1. The Christian couple ought to be reminded of their responsibility of bringing up their children and do that exactly. This will save the cases of children that are brought up by house helpers in a careless way.
2. Both parents should take up the responsibility of looking after their children other than leaving it to one person especially the mother.
3. The parents should remember that children are a blessing from God and so look after them properly.
4. Parents should stay with their children for a reasonable time and send them to school or other relatives when they are relatively old (old enough).

5. Sending children to school or elsewhere when they are too young affects them psychologically they miss the parental love that is needed at such tender age.
6. Parents should co-operate with the school and the teachers to discipline their children. It is wrong to assume that teachers can help their children in all ways e.g. disciplining them giving them moral and academic guidance.
7. Parents should give spiritual moral guidance to their children's a basis of bridging between the parents and their children.
8. In case both parents are saline workers they should compromise on ways of giving their children sufficient attention.
9. Parents should be exemplary on moral standards and where possible avoid exposing children to destructive films, literature and talks
10. Parent should avoid provoking their children into mischief and anger. This may destroy the good relationship between them (Colossians 3:21)
11. It is important for parents to understand the need of the young generation today which should be met cautiously. They should be aware that failure to give them some of the basic needs may prompt them into looking for them which may not be good.
12. Parents should try to discipline their children as a way of expressing love and care for them. Not beating to kill, there the punishment loses meaning.
13. Parents should always try as much as possible to know their surrounding community in order to know it's impact on their children, This will help them to appreciate and accommodate the new changes in society other than remaining very conservative
14. Children should obey their parents in order to please God .This is recommended in the Bible as quoted in Exodus 20:12
15. Parents should discipline their children as a way of expressing their love and care for them.
16. Parents should correct their children where they go wrong/have rebelled without giving up.
17. They should take the example of responsible parents e.g. Hosea with his rebellious sons, David and his son Absalom.
18. Parents should accept children to admit their mistakes and ask for forgiveness. They should take the example of the prodigal son in Luke 15:11-32
19. Parents must respect their children. They are called upon to carry out their God given responsibility of instructing and disciplining them as shown in Eph,6:4
20. Parents are called upon to counsel their children instead of ruling over them.

21. Children should be humble and submissive before their parents and other elders  
1Pt5:5
22. Parents should advise their children to seek company of good and well behaved children so as to avoid bad company which is likely to ruin their future.
23. Parents in Christian families should continue praying for their children so as to get Gods guidance throughout their life.