

SENIOR FIVE SELF STUDY WORK

C.R.E 4

DAY 1

TOPIC: SEX

Sex is a state of being a male or female.

Or it is a biological difference that exists between male and female for purpose of completing each other.

In other words, it is the intimate physical union between male and female organs.

THE PURPOSE OF SEX

- ❖ Sex can be used for stability of the family. It is only through sex that a female can remain stable with no disagreement between husband and wife.
- ❖ Sex is for pro-creation. God commanded man to pro-create according to the Genesis teachings and this is not to be achieved without sex playing.
- ❖ Sex is a sign to indicate one's inner feeling. That is to say, he man and woman show love to one another through sex playing.
- ❖ Sex can be used for enjoyment of leisure. This is a common characteristic among the youth who want to enjoy their leisure time in the most joyful ways.
- ❖ Sex can be used by people as the way of securing jobs. This is commonly carried out by women who accept to have sex with men (to have sex with employers who promise job only after sex playing with them)
- ❖ Sex is a sign of companionship. In other words, it is through enjoying sex as partners that you can fully extend companionship to one another.

- ❖ Sex seals marriage or prevents divorce cases in the family.
Where there is sex playing among partners in the family, it is very rare to hear cases of divorce.
- ❖ Through sex activity, some people are able to practice their manhood. That is to prove whether they can produce or not.
- ❖ Sex enables a person to control his/her lust (high sex desires) which could have led you into committing sins like bestiality/mounting on animal.

TRADITIONAL UNDERSTANDING AND PRACTICE OF SEX

- Traditionally, Africans considered sex to be a secret ‘holy’ and had it high esteem. Any form of its abuse was prohibited and punishable. Sex offences included fornication, homosexuality, adultery, in case of a woman for example among the Bakiga of Western Uganda; people who abused sex were drawn at Kisiizi falls.
- Sexual organs were highly respected and referred to by nicknames for example among the Baganda of central Buganda called them small animals ‘Akasolo’.
- Sex was restricted to adults who were directly ready for marriage and sex before marriage was a taboo therefore sex in marriage was not shameless.
- Sex offenders were usually punished by death or ex-communication or isolated from society or castrated for example among the Baganda of central Buganda, a girl was isolated from family and a small grass thatched house was built for them at the end of her parents’ land.
- In central Africa a girl could be tied on the tree on the forest and left their wild animals to eat.

- Even after this punishment ritual were performed to cleanse the land of people or else gods would destroy the society and misfortunes could be there for the people for example among people of central Uganda called the ritual ‘amawemukirano’ meaning shame.
- Virginity was preserved until marriage and rewards were given to the parents of the girls for keeping her with good morals. For example, among the Baganda, the girls’ parents would receive a goat in an appreciation of protection and good care of a girl however in some cultures old virgin women were regarded as a curse and their brothers had to arrange men for them to have sex before marriage.
- Sex was expected to be between people of opposite sex. Any other form sex was considered as an abuse and punishable. For example, homosexuality, lesbianism was not allowed.
- Sexual activities and playing sex was alone in late hours and not in the hearing of children.
- Sex was meant for procreation. It was through sex that new human beings were brought into existence hence leading to expansion of the clan and society.
- The youth were systematically and secretly introduced into sexually brought in sexual matters by uncles, aunties and this was mainly through story-telling and other practices like circumcision among eastern Uganda in Mbale.
- The male dominated the female because they could contribute to security of the society. Women were left for domestic work denied several food stuffs and were not allowed to talk in public gathering of elders.

- Both young and old were advised to sit properly and cover their sexual organs therefore it was a taboo for private parts to be exposed.
- Men with high ‘libido’ high sexual desires were allowed to marry many women.
- It was a sign of hospitality in some tribes like among the Bahima of western Uganda, the host could give in his wife to the visitor to spend the night together. **“Okwalirirana”** in some case where circumstances forced the husband to leave away from his wife for a long time. May be sickness, wars, imprisonment arrangements would be made for his brother or a close friend to have sexual intercourse with his wife in order to satisfy her and rise children for him.
- In other societies sex was a sign of brother-hoodness. For example, among the Masai and Bagisu members of the same age group were entitled to sexual relationships with wives of their colleagues from the same age group.

ACTIVITY 1

1.Examine the traditional African understanding and practice of sex.

DAY 2

SEX EDUCATION

It refers to ways through which elders passed on sexual matters. Elders include aunties, grandparents, and uncles.

- Sex education was compulsory at early stages and most importantly at puberty stage before marriage the youth were given a doze on matters of sex education.
- Sex education mainly centered on morals, rules and responsibilities of the young in their marriage.

- Sex education was regarded through riddles, proverbs, myths which were told by elders to young children at fire places tonight. This mainly emphasized sex ad cleanness.
- Girls were entrusted by their aunties and they could teach them their sexual roles and practice like behaviours towards opposite sex, cooking, proper care of children and husband, being approachable, reaction to sexual reaction.
- Initiation rites were carried out at puberty stage candidates would then be taken to separate areas and be treated their wounds and taught them about sex.
- Boys and girls who reached the adolescents stage were separated and slept in different rooms and houses. They were discouraged in close contact like holding hands or spending time in lonely laces. All these measures were to prevent them cases of incest.
- Proper sitting was emphasized so as not to expose the private parts. Peeping or looking at someone's genitals was regarded as abnormal and misfortune may too search a person.
- Taboos were used to scare those who had intentions of engaging in premarital sex. They reminded them that if they do so they get burnt.
- To instill sexual discipline among the youth punishments were given the sexual offenders depending on the sex committed.
- Vulgar language was not allowed especially when one was referring to private parts rather petty names were used.
- Discipline was a major component of sex education. That is to say, young people were told danger of sex.
- Making love was the major component of sex education in African traditional society. For example, girls were told how to satisfy their husbands among the Batooro and Banyoro girls

were advised to give changes to husband. In Buganda, girls were advised to put beads (Obutiti) around the waste.

- Boys' hygiene or health was emphasized they were taught how to clean their bodies especially during adolescence stage. For example, they were also advised to clean their bodies during menstruation period at least twice a day.
- Closely related to the above boys and girls were told to clean their bodies with medicine like “**ebombo**” which will be used to prevent smell.
- Sexual roles were identified to young ones during sex education periods. For example, in Bantu tribes, girls were educated on the practice of visiting the bush where they learnt how to pull the clitoris.

METHODS OR WAYS OF TRANSMITTING SEX EDUCATION IN AFRICAN TRADITION

Knowledge concerning sex in African tradition was complex and a long process and it was every one's responsibility in society. The following were some of the ways how sex education was passed on in African tradition;

- Child games like hide and seek exposed young ones to sex. For example, girls hide in dark corners and boys looked for them and upon seeing they could resolve each other to extent of exposing private parts.
- There were poems and riddles which assisted in passing over information about sex. For example, in Buganda there was a popular proverb that says “**Lumonde omuto akulira ku miggo**”.
- Related to the above there were courtship and dances In African traditional society as another method of passing over sex information for example among the Batooro of western Uganda,

they had songs and dances of Lunyege Ntogoro during kadodi dance for Bagishu like (Sita omwana omwana babawe)

- It was primarily responsible of close relatives of African traditional society to give knowledge about sex to young ones. For example, in Buganda, the aunties passed on sex education to daughters of their brothers before marriage.
- Fire places were a good avenue for imparting sex education to young ones in African traditional society when the parents of these children were seated around fire places they could reveal knowledge about sex.
- Initiation rituals were source of imparting education to young ones in African tradition. For example, in Buganda the twin dances.
- Since work was done communally in African traditional society people were free to talk about sex while working. For example, among the Bakiga of Western Uganda women could teach newly married girl to please their husbands in bed.
- Big sisters, brothers for example, elder sisters in Busoga could visit the bush and sometimes assist their young ones to bush schools.
- Parents in African tradition revealed to their children to sex education in form of abusing them as a way of passing on sex education. For example, mothers could tell them that they are like to get pregnant if they lack discipline.
- In African traditional society young ones also get to know about sex after seeing animals and birds make noise in sex.
- In African traditional society peer groups facilitated sex education whenever girls of same age came together; they would

exchange knowledge about sex offenders controlled immorality among the youth.

- The young were told their responsibilities according to sex and this made them ready for marriage.
- The young people get to know about the biological changes in their lives during puberty stages through sex education. For example, menstruation cycles, change in voices for both boys and girls therefore this reduced stress among the youth.
- Sex education also assisted in avoiding cases of unwanted pregnancy therefore was highly respected.
- Parents benefited in sex education by acquiring high dowry from their children who preserved their virginity. Those who lost their virginity before marriage were considered as second hand and could get less dowry.
- Through sex education young children were given sex techniques to be used in their future marriage and this helped their marriage be stable.
- It helped young people not misuse sex like in homosexuality, incest and many others
- Sex education promoted cleanness among people. For example, girls during their menstruation cycles were advised to bath twice a day to avoid smelling.

ACTIVITY 2

1. How was sex education passed over to young ones in African tradition?
2. Discuss the methods of sex education in African traditional society.
3. Analyse the ways through which sex education was passed on to young ones in African tradition

DAY 3

IMPORTANCES OF SEX EDUCATION IN AFRICAN TRADITION

- Sex education was compulsory in African traditional society because it valued virginity and indeed virgin girls brought a lot of wealth (dowry) to parents. So African elders made all possible ways of teaching children especially girls the dangers of pre-marital sex. Sex issues were sensitively handled.
- Sex education was vital because it discouraged misuse of sex in acts like incest and homosexuality that were greatly discouraged.
- Sex education helped to control immorality in society like fornication and rape to avoid unwanted pregnancy.
- It was to maintain virginity among girls which was greatly valued. For example, among the Banyoro and Batoro, a girl who lost her virginity would be sent back with a bark cloth which had a hole implying it was a sign of disgrace.
- Sex education helped to teach responsibilities regarding each sex. Boys were taught how to handle women especially in a polygamous family likewise girls were taught by the aunts how to make nice bed and be responsible ceremoniously in sexual acts.
- It provided sex techniques in marriages and train young people for marriage. For example, visiting the bush among the Baganda.
- It was to teach young people how to behave towards their parents.
- Sex education in African traditional society helped to have people who know what to do at a right time in the right place with the right people.

- Sex education helped the children to know or learn about their cultural background and expected behaviors. For example, circumcision among the Bagisu people.
- Sex education helped children to prepare in advance how to go about their bodily changes as they grew for example menstruation period.

SOURCES OF SEX EDUCATION TODAY

- Sex education is transmitted through the idea of practice make perfect by involving in sex practically because of curiosity. Young people use try and error method of knowing about sex especially children in schools and higher institutions.
- Some people have come to know about sex today by watching television programs concerning sex education for example in Buganda people come to know about sex by watching certain dramas played in theatres and televisions for example the hostel, sex in the city.
- The idea of bush schools it still being emphasized among the Bantu tribe where girls are being sensitized by their aunties about sex education.
- Today many programmes are being organized by different sectors to teach about sex education. For example, “ekisakate” organized by the Queen of Buganda “**Nabagereka**” where young boys and girls come to know about their sex roles.
- Cultural ceremonies have been organized to assist the young ones know about sex for example ‘**embalu**’ among the Bagishu.
- Sex education is taught to young ones in schools as part of the curriculum or content of some subject like biology, literature and some -times general paper.

- To some schools have gone on extra miles of having senior woman teacher who normally discuss to do with sex on particular days.
- Relatives and some elders in the society still play an important role in imparting sex education to the young ones like in Buganda, aunties, uncles, elders, brothers are still used to this.
- There are some non-government organizations with trained counselors who teach young people how to deal with sex. They normally visit schools. For example, straight talk clubs, true love waits and many others
- The media both input electronic house contributed to sex education though printing the news papers, the internet, radio and television programmes.
- Today sex is no longer a private because the environment is immoral which makes people know about sex. For example, desire Luzinda a musician ended posting nude pictures which was the sign of immorality.
- Since we are living a permissive society young people have been exposed to sex at a tender age like in urban centers where people watch sex with their mothers like big brother where they play sex in public.
- Sex education is passed over by peer groups who talk about sex in dormitories and discuss tips of making love. For example, in 2005 a young girl was suspended in a catholic school because she was caught telling her friends in the dormitory that eyes must be closed when kissing because love is blind.

CHALLENGES PARENTS OR ELDERS FACE WHEN PASSING ON SEX EDUCATION

- Parents are reluctant to educate their young ones about sex and sexuality. They spend much of their time at work places in that they are under the control of house girls.
- The high levels of poverty. Because many people are too poor and always search for avenue of survival, it becomes hard to convince people including young ones to avoid acting adultery.
- Influence of mass media: these put the mind of the young ones into films of doing some of the practices what they see or read about hence becoming an obstacle.
- Great permissiveness in the society today is uncontrolled because of the weak society laws in society where people want to do what they want whenever they want at any time without fearing the outcomes. For example, some people who are in disgrace children by kissing one another in public.
- Impact of shyness which comes from both teachers and parents who are supported to extend the message of the youth tend to fear to talk about sexual issues towards the young ones.
- Ignorance is a big obstacle in extending sex education. Many parents in actual sense who are supposed to teach children sex education are ignorant about what they are supposed to teach.
- The influence of peer groups especially in schools when the youth talk more about sexual issues. They educate are another about making love affairs. It becomes hard for teachers to change his/her mind.
- High curiosity (great) love to know about sex has also made it difficult for teachers of sex education to convince the young ones to avoid sexual related issues until the time of marriage.

- Generation gap, the youth today tend to give little attention to advice of the elders saying that they move with change of global world.
- Low levels towards religion which people up to today have also proved in the society that is the basic obstacle. Very few people have fear towards almighty God so they don't give a chance towards teachers of sex education.
- High influence of pornographic materials where the youth watch blue movies have made the work of extending sex education to the young ones.
- The law attitudes of the traditional customs and beliefs In African traditional society. It was easy for the elders to teach the young about sex education because people respected so much their traditions prohibiting involving in sexual actions before marriage. In some societies it was even punishable by death. However today it is a shame to mention that one is a virgin at the age of 18 and above.

ACTIVITY 3

- 1.How is sex education passed to the youth in the present situation?
- 2.Discuss the challenges parents face when passing on sex education to their children.

DAY 4

PERMISSIVENESS IN SOCIETY

This means a kind of society where people do whatever they want to their own will without necessarily potting attention to the existing law or the norms and customs. In many words this society

have a saying that “if I am enjoying it”. In other words, this society is associated with a lot of rebellions against the existing authority.

FACTORS LEADING TO PERMISSIVENESS IN SOCIETY

- ❖ The influence of pornography: many times the youth who have been exposed to the pornographic materials. For example, blue movies, literature; have developed sexual instincts which make it bad for the parents to guide them. They are found to behave sexually the way they want.
- ❖ The decline in religious values in society today; there is a lot of lazy fare life among the youth because they have given little attention to God. Many of them even say God is not there so they grew up with a culture of rebelliousness. The decline in the traditional customs and norms. In African tradition, the youth behaved so well because they observed strictly the custom and norms. In African traditional society, the youth behaved well because they observed strictly the customs and for breaking a single custom but today even relatives marry themselves hence shoeing a lawlessness society.
- ❖ The separation of education from religion. Students today behave so permissive because the studying syllabus has somehow been separated from religious studies. To some who study science too much they even opposed the existence of God as the creator of heaven and earth. This also brings about a society of rebellious people.
- ❖ The poor home background of people who commonly behave the set rules and regulations are because they are of poor background.
- ❖ The weak laws in the society. Laws are set up to guide people's behaviors in a given society but if the laws are not strict and

even people break them without serious punishments, and then society will become hard to control.

- ❖ The influence of peer group members. Some students come from home with good behaviors but when they reach school and meet with students who come from very poorly guided homes, their behaviors also change and they sometimes learn bad behaviors.
- ❖ Low moral guide. This has brought about more disorder in the society by the youth. The elders grew up immorally upright way they wish.
- ❖ Lack of sex education. Many youths today behold the way they do because they have not received sex education lessons either at school or at home.
- ❖ Too much freedom. The universal declaration of human rights granted the youth too much freedom which makes it hard for the elder to control them. The youth think they are free to do what they want.
- ❖ Too much unemployment/poverty. Some people behave immoral in a society. For example, the prostitutes; because of too much poverty and high standard of living. They break the laws because they want to get food for a living.
- ❖ The long separation of parents. Sometimes cases of divorce in the family have the only parent take to meet their children for guidance and counseling may cause them to develop bad habits.

CHARACTERISTICS/MANIFESTATION OF A PERMISSIVE SOCIETY

The following are the main characteristics of a permissive society;

- ❖ There are increased sexual immoralities like fornication (pre-marital) adultery (extra – marital sex), prostitution and homosexuality.

- ❖Corruption and embezzlement of government funds is a common habit in this of society. It is unfortunate that due to the weak laws, many people have not been funded.
- ❖Favoritism and nepotism are also common because the laws may not deny one from favoring his/her family members or tribal members.
- ❖Un-employment is a core characteristic because some people neglect some jobs while others do not go to school to attain good education for future white collar jobs.
- ❖Development of slum is common because where people cannot live the high costs of living in towns.
- ❖Poor hygiene is also associated with society where people do not respect the laws. This is because such people especially the youth do not want to do hard labor.

SEX MISUSES / ABUSES OF SEX OR SEX DEVIATIONS

Sex abuse is the term used to refer to the unlawful ways of having sex by people

It is sometimes known as sexual deviations /sexual disorder or misuse of sex.

This contradicts with the original purpose as a gift from God.

That is to say, sex is for pro-creation, happiness and love to fully married people therefore the following are some of the ways sex was misused;

- **Incest;** This refers to sex between two people with close blood relationship. It may be a sister and a brother and this can be related to the case of incest in Uganda for Muhoozi, Kahine Rugaba and his causin Charlotte Kuteesa their mothers were biological sisters.
- **Masturbation;** This is where individuals drive sexual satisfaction through touching sexual organs or by playing with

one's sexual organs. The practice is common among the unmarried where boys rub their skins and girls use test tubes or finger nails.

- **Prostitution;** This is where a woman trades her sexual facility in exchange for money and other material veins. This practice is common in urban areas like Katwe, Kabalagala, Abayita ababiri near new vision.
- **Lesbianism;** This is where two females involve themselves in acts of sexual intercourse and it is normally done by school students. In single schools lesbians have no feelings to opposite sex. It is alleged that the late Brenda Fasie admitted before the public.
- **Beastility;** This was where a human being involves himself into having sexual relations with animals like cows, pigs and goats. The practice is common in rural areas of Uganda among the herdsmen. For example, in 2000 the New vision paper reported a story of a white man who gave a woman 150,000 in Jinja to sleep with his dogs. This affected the woman health wise and was later taken to hospital where she later died from shortly.
- **Rape;** Sex between woman without her acceptance or consent. It is characterized in 3 categories;
 - **Ordinary rape;** Forced in rape by a man she does not know or ever seen. It involves people knowing each other but they have never agreed to have sex.
 - **Marital rape;** This kind of sex abuse takes place in marriage settings. In other words, between lovers in a marriage life style.
- **Adultery;** This is sexual intercourse outside official marriage where the unmarried person involves him/herself with another

person apart from real partner. This practice sometimes is known as cheating.

- **Anal sex;** This is getting sexual pressure or satisfaction by a man into another person's anus either man or woman. It is believed that most men in Denmark can't satisfy sexually not until they practice anal sex.
- **Homosexuality;** This is the form of abuse where a man involves in sexual intercourse with a fellow man or woman. It is practiced by people in developed countries and recently it's developing in Africa too.
- **Oral sex;** This is where people attain sex satisfaction by use of their lips and tongues. It involves sucking and leaking the sex organ of the partner. In 1994 president Bill Clinton of USA admitted that they were having oral sex with Monica Lewinsky in his office.
- **Defilement;** This is where a man of eighteen years and above with a girl of below 18 years involves in sex intercourse without acceptance of the girl. It is on record that Uganda primary teachers are reaching the list of defilement cases in many districts of Uganda.
- **Pedophilia;** This is the sex intercourse between adult and a baby. This is a serious disorder especially are attracted to babies for example, in 1999 Fred Muwanga of Matugga village pretended to be baby- sitting the neighbour's daughter and ended up defiling the baby.
- **Voyeurism;** This is where an individual fall into sexual affairs and reach his satisfaction after secretly watch naked people or people having sex and such people are believed to be mentally disturbed. For example, Mafias in Italy secretly watch and

record people having sex and this make them to get money from them.

- **Promiscuity;** This is an act of having sexual intercourse with many partners which is commonly practiced by the youth and the so called celebrities and many others
- **Sugar mummies/daddies.** This is where young boys and girls agree to become sexual partners of other people much older than them either for money or marital gains.

CAUSES OF SEXUAL DEVIATIONS

- **Poverty.** It has forced some people to end up into prostitution in order to make ends meet.
- **Peer group influence.** That is to say, boys and girls of same age bracket encourage each other to be sexual active before marriage and this has made young people end up into fornication. The existence of contraceptives like pills, condoms, injections encourage many young people to end up abusing sex by fornication since they are sure of being protected from STDs and girls can't become pregnant easily.
- Permissiveness in society has also contributed to sex deviations like fornication since it is seen to be a normal practice in the society.
- The desire for money among girls mainly in urban areas have forced many end up into prostitution in order to fulfill their needs hence cause of sex deviation.
- Lack of sex satisfaction has also resulted into sex deviations in our country today. For example, it is alleged that the former wife of Pastor Kiganda, Hadijah Nassejje ended up having sex with a chapatti maker called Mukwasi most probably due to lack of sex satisfaction from her husband.

- Drug abuse. Some people use drugs like marijuana, kubber and cocaine. This makes them to lose their sense and sometime end up into rape and defilement.
- Lack of parental guidance since parents today have no time for their children as they struggle to look for what to eat there by leaving their children victims of fornication.
- The influence of mass media in form of radio, television programmes, news -papers, internet which carry pictures of people making love hence making young people sexually attracted. For example, Ssanyu FM radio station play romantic songs “turn me on” and actually young people are turned on where they end up into fornication which is a sexual abuse.
- Poor government policies have also caused sex deviation today since the government has no clear policies to deal with people who abuse sex. The government through its courts of law and police normally grant bail to suspects of rape and defilement which give them opportunity to interfere with the investigation.
- Long separation of married couples due to work or education may lead to sexual unfaithfulness and man to married partners.
- There is a lot of exposure through pornography in literature films slum environment and this has given chance to many people abuse sex through fornication adultery and many others
- The general break down (decline) in morals has also given chance to sexual abuses in the country.
- Decline in religious values and condition has also created way for sex misuse among people today.
- Lack of self-control
- Decline in cultural norms

ACTIVITY 4

- 1.(a) Discuss the causes of sex deviation in the modern society.
(b) Examine the ways in which the society can address the problem of sex deviation.
- 2.(a) Explain the various forms of sex deviation
(b) Discuss the Christian teaching to any form of sex deviation.

DAY 5

MAJOR EFFECTS OF SEXUAL MISUSES/DEVIATIONS

- ❖ Sexual misuse like homosexuality and lesbianism can lead to school dropouts and also acquiring of sexually transmitted diseases like Syphilis, Gonorrhea and HIV/AIDS.
- ❖ The persons involved in sexual deviations like prostitution are likely to lose respect in the society.
- ❖ Sexual deviations like fornication lead to unwanted pregnancy. Most times causing the girl to drop out of school if she was a student.
- ❖ Sex deviations can cause imprisonment of the boy in case he is noticed especially if he impregnated a school girl.
- ❖ Cases of sex misuse like prostitution may lead to death of the girl as she may try to carry out abortion.
- ❖ Sex deviations in form of like fornication, rape and defilement leads to loss of virginity.
- ❖ Sex misuses like adultery and prostitution have led to increased cases of divorce.
- ❖ Some people have been killed through mob justice when caught with other people's

- ❖ Some sex deviations incest, prostitution, rape and defilement cause public shame or disrespect to the individuals being caught in the act.
- ❖ Masturbation as one of the forms of sex deviations may cause inferiority complex for a man to approach a woman.
- ❖ Sex misuse cause some times barrenness to women who engage into fornication and then keep using family planning methods like use of pills.
- ❖ Prostitution as an example of sex deviation undermines God's command regarding sex and procreation which says sex should be for procreation and only practiced in marriage.
- ❖ Sometimes sex misuse like prostitution and adultery leads to family instabilities. That is to say they divorce.

SOLUTIONS TO SEX MISUSE

- ❖ A Christian can avoid falling into sexual immoralities through living a prayerful life. He or she always pray asking for God's guidance and protection even when you are forced to move alone through dark corners at night.
- ❖ A Christian who feels tempted to fall into sexual traps like fornication can seek for guidance and counseling from religious leaders or any other senior personnel that can generously counsel him or her.
- ❖ A Christian can control him/herself from sexual deviations like incest through the efforts of the parents. They have to bring up the children in a morally up right way so as they do not learn bad habits fornication.
- A married Christian can control himself against sex abuses like adultery through having enough sexual appetite from the

partners. This may prevent one from carrying out adultery or even prostitution.

- Taking enough time of leisure reading the bible can also help a Christian to avoid falling into sexual traps like masturbation. The bible gives spiritual nourishment of a person who would engage in immoral acts like rape or defilement because he is idle.
- A Christian can also avoid falling into sexual traps by making rightful choices. One should avoid bad companies such as those who are much interested in watching pornographic pictures or just reading and conversing along such lines.
- A Christian should keep her / himself busy with work. Such work like reading and interpreting the bible, or some house work like cooking can reduce cases of people who are always trapped into sexual activities like fornication.
- Married Christians can avoid falling into sexual traps by being faithful to each another. In case of any sexual misunderstanding, partners should solve their problem through forgiveness or seeking for assistance from the elders especially those experienced in marriage.
- A Christian can avoid being trapped into sexual deviations through using his/her leisure time constructively. For instance instead of one remaining idle or watching blue movies, he/she should go for games and sports with others in the field to be busy.
- A Christian just like any other person can avoid practicing sexual immorality like rape and defilement by avoiding taking dangerous drugs like kubber and cocaine. Such drugs sometimes

give courage to people to carry out such immoral sexual acts like rape and defilement.

- In order for a male Christian to avoid falling into sexual traps, she should dress decently in order to dodge the eyes of the sexual offenders like rapists.
- A Christian youth can abstain from falling into traps of sexual abuse by avoiding practicing sex before marriage.
- A good Christian can avoid being trapped into sexual immorality like incest by trying always to have proper sitting postures that do not expose her private parts to the boys if present even if they are relatives.
- Christian parents and religious leaders can prevent the young ones from getting involved in sexual abuses by always offering them free guidance and counseling services.

REASONS WHY THERE WAS NO SEX DEVIATIONS WHY SEX DEVIATIONS WERE RARE IN AFRICAN TRADITIONAL SOCIETY

People in African traditional society were guided by morals and highly respected the institution of sex. Different societies had specific factors that guided against the misuse of sex and these include the following;

- Sex promiscuity did not exist in African tradition because marriage was considered to be a very important institution. Anyone who wanted to have sex would do so after marriage that's why boys and girls in African traditional society married at a tender age.
- Several punishments could be given to those who abused sex. For example, the Bakiga of western Uganda people who abused sex were drawn in Kisiizi falls.

- The inheritance of widows in African tradition was so common and this also solved a lot the problem of sex misuse although this was a primitive practice but saved the widows from misusing sex because brothers of the deceased married the widow in order to meet the sexual needs on demands.
- In African tradition, people regarded sex to be holy and a private affairs practiced mainly at night. Therefore because of this people could not misuse the gift of sex before their children.
- More so, even sexual organs could not be called by their real names. They were given petty names to block the young ones from getting to know about sex at a tender age. For example, among the Baganda in central Uganda, the penis was called **Akasolo**.
- During adolescence stage, young people were educated by the elders in the community on issues to do with sex. Therefore, this minimized the practice of sex abuse in the society since it was a concern of all elders in the community.
- In African tradition, families were extended in nature where many members related by blood and distant relatives lived together. For example, grandmother, aunt, grand father and uncle and biological parents would take over the responsibility of watching the behaviors of the young ones and made sure that they respected sex.
- In African tradition, there was fruitful use of leisure time and both the young and old had to participate in leisure activities. For example, girls would spend their leisure making baskets whereas boys could go for hunting and this saved them from thinking about sex.

- In African traditional families, everything was free and people were not desperate for money to extent of offering their bodies for sex therefore there was no reason for women to get involved into prostitution because food and other need could easily be got in society.
- Sex education was part of preparation before marriage. At the age of puberty, both boys and girls were introduced to the mystery of sex.
- Boys and girls who had reached adolescent stage were separated to sleep in different houses or rooms. This was intended to eliminate cases of incest that would occur.
- Proper sitting postures were emphasized especially to the girls to avoid exposing their private parts to the others especially the boys. Otherwise this could result into incest.
- The elders like the brothers and sisters would tell stories to the young ones to discourage them from engaging in promiscuous sex relations. For example, the Bakonjo people had a belief that a woman carried fire between her legs and a man had a hissing cobra between his legs.
- Taboos were attached to sexual intimacy and these discouraged sexual abuses. For example, among the Bahima the newly wed wife's hair was partly shaved with an intention of keeping sexual purity. This was called **“okutega ekihara”**.
- To look at an elder's genitals was regarded as a misfortune. The young were scared that they would be struck blind if they did so.
- Virginity before marriage was stressed and rewarded. In Buganda aunts of girls who were virgin before marriage were given unblemished she goat for bride wealth acquisition.

- The young were initiated into different stages of life. This involved acts like circumcision among the Bagisu and removal of clitoris from the Sabinu people.
- The young were prevented from sex before marriage to the extent that children who endeavored to see the private parts of the opposite sex before marriage could be cursed. In Ankole this was called “**okutera enkunamo**”.
- Was sharing was commonly carried as one of the ways how sexual abuses like prostitution was reduced in African tradition. This even encouraged sex satisfaction and child bearing.
- Sex deviations were rare in African tradition because even interactions between males and females at whatever level especially those that were unmarried were so limited. This reduced chances of having sexual talks that could lead to sexual abuses like fornication and incest.
- Sex abuses were limited in African tradition because polygamy was permitted. This helped men with high sexual appetite called “**libido**” to achieve their sexual satisfaction.
- In African tradition sex deviations were rare because marriage was compulsory. Therefore, instead of one thinking of acts like fornication or prostitution, she would be forced to get married.
- Courtship controlled by the elders in the family and the community at large played a big role to prepare the youth for marriage.
- Divorce was generally discouraged, hence limiting cases of sex misuse related with divorce like prostitution and adultery

ACTIVITY 5

1. How can a Christian avoid falling into sexual traps or practicing sexual immoralities?

2.Account for the limited sexual abuse in the African traditional society?

DAY 6

CASE STUDIES OF SEX DEVIATIONS

PRE-MARITAL SEX (FORNICATION)

Fornication is sex before marriage and this is a common practice today among the youth especially in secondary school and higher institution of learning like universities colleges. This practice is sometimes known as pre-marital sex and today boys and girls of 14-18 are already fornicating and to them they think that it's their right to do what they want.

CAUSES OF PRE-MARITAL SEX/FORNICATION

- Peer group influence. That is to say, boys and girls of the same age bracket encouraged each other to be sexually active before marriage. For example, in secondary schools virgin girls are always despised by their fellow girls and boys influence their friends to fornicate by calling them cowards and impotent.
- The false belief of 'practice makes perfect' has made many boys and girls fornicate. Boys and girls decide to have sex before marriage so that they become experts after marriage.
- Fornication is blamed on adequate sex education simply because most parents have enough time to stay with their children. For example, in rural areas most parents are occupied with problems of routine work and fail to get time to teach their children of sex values.
- Influence of mass media in form of radios, television programmes, news-papers which carry pictures of people

making love hence making people sexually attracted and some FM radios play romantic music.

- Modern leisure activities such as western music and dance have become a hazard and an accelerator of these evils and women who squeeze each other stomach and mouth to mouth.
- The existence of contraceptives like condoms, pills, and injecta plans encourage many young people to fornicate since they are sure of protection from STDs and early pregnancy.
- Most parents are not warned about the language they should use with their children therefore end up using horrible (obscene words) which change minds of children and attitude hence leading into pre-marital sex.
- The fear to be rejected by their boy -friends. This is especially true for girls hence ending up into fornication.
- Permissiveness in the society is very high to extent that all forms of immorality are accepted today hence fornicating is seen to be a normal practice why society is not worried young people and as a result they end up fornicating.
- Pornography. A lot of influence due to pornographic films like blue movies, pornographic literature has made many young people end up into fornication.
- High sexual libidos in boys and girls to extent that they cannot control their sexual desires unless they involve in sex such of those girls have habits of screaming Unnecessary, sitting badly in seductive way and in Buganda such girls are believed to be suffering from “**akasagazi**”.
- Virginity has lost meaning unlike in part where girls were supposed to marry when they are virgins and rewards were given to their parents to thank them for up brining their children.

- The boy-girl relationship has increased the rate of fornication in Uganda today. That is to say, some young people get friends with sexual motive and it becomes hard to abandon them especially boys.
- During the adolescent stage, girls develop breasts, hips and their sexual organ becomes ready for sex and it is at this time that most girls do fornicate.
- The desire for money especially among girls in urban areas has led to fornication. Many girls have been deceived by man to have sex in exchange of minor things like chips, chicken, chocolate, chapatti cake.

DANGERS OF FORNICATION

- Fornication is a serious sin in eyes of God since sex is for married people that's why God blessed them 'to go produce and fill the world'
- Sex at a tender age leads to a dormant sex partner in future that's why today women have hated their husbands and do not have sex at a tender age.
- It leads to loss of respect in society for both boys and girl that's why they are given all sorts of knowing such names off layer, kibafu (basin) bathroom.
- Fornication is a serious crime in Uganda according to 1995 constitution any girl below 18 years is considered to be young and involving her in sex may lead to imprisonment of not less than 7 years old.
- It leads to unwanted pregnancies especially where a boy and girl involve themselves in unprotected which may lead to school drop-out.

- It may lead to committing of suicide assuming the boy denies the pregnancy.
- It is alleged that the late Bruno a former radio presenter on Capital Frequency modulation (FM) committed suicide after being abandoned by his long – time serving girl -friend.
- It makes one lose concentration on academics as he/she is likely to spend more of his free time writing love letters.
- Young girls especially those who have aborted may end up experiencing barrenness and this is so because the reproductive system may be damaged and she may be unable to produce.
- There are high risks of acquiring HIV and STDs are high during fornication for example syphilis and at times the aids commission they made a report that the spread of HIV is high among the youth because of fornication.
- Fornication may lead to general poverty and misuse their property where they spend a lot trying to please the girl and in this way they end up using fees or tuition in name of fornicating.

SOLUTIONS TO FORNICATION

- ❖Fornication would be solved using some of the following ways: -
- ❖Emphasizing sex education in the youth especially those in schools.
- ❖Schools should endeavor to put up laws on clubs because they help to train one another how to overcome the challenges of adolescence.
- ❖Parents should act exemplary to their children such that the young ones do not learn bad habits from them for example prostitution.

- ❖ Individuals should be advised by the elders to have safe control, guide and counsel them.
- ❖ Parents should be very strict to their children and follow up their behaviors not to leave the whole duty to the house girls.
- ❖ Patience should be encouraged among the youth such that they wait for sex to be played at the time of marriage.
- ❖ They used to be taught biblical meaning of sex which is basically supposed to be played only in marriage between man and woman.
- ❖ Pornographic materials should be banned away by the government from the access of children because they play a big role (part) instancing the youth intended.
- ❖ Schools should organize seminars for the children where qualified person in matters of marriage/engagement could come and sensitize the youth on problems of sex and sexuality.
- ❖ The government should try to put up more jobs opportunities to the youth because fornication is partly caused by idle men in the society.
- ❖ More so the schools should put more strictness on the sex rules and regulations especially mixed boarding schools.

HOW SHOULD BOY-GIRL RELATIONS BE STABILISED

- ❖ For the young girls who accept to fornicate fearing to be dropped by their partners, better than panicking and should also know that many times that men couldn't marry their first lovers.
- ❖ Those who claim to prove their sexual health should advise to consult medical doctors if they cannot keep their relation without sexual intercourse practice.
- ❖ A boy-girl relation should be helped to focus on (agape). Godly love not base on selfish aim like sex satisfaction.

- ❖ For the issue of practice makes perfect guidance and counseling should be exercised and educated to the partners that they will have more time to practice sex with their partners after marriage.
- ❖ They need to be advised to be patient for the parents who live their children in the hands of house girls or boys they should be advised to spare sometime to check on the behaviors of their children of attending visitation days at school.
- ❖ The influence of pornography can be guarded by the government by first scrutinize (checking up) how papers or magazines are imported films that scatter in the country destroy peoples' moral behaviors.
- ❖ Sex education should be re-awaked in schools and investing senior counselors on the issue of sexuality.
- ❖ The government should put up restrictive laws on the sell and use as contraceptives which are widely spread in the society and influencing the youth to engage into fornication at a tender age.

ACTIVITY 6

1. Account for the limited sexual abuse in the African traditional society?
2. (a) Account for the rampant pre-marital sex and sex out marriage in East Africa today.
(b) As a Christian what advice would you give to the perpetual of this habit?

DAY 7

MASTURBATION

This is a type of sex play which may not involve the opposite sex being in touch directly but is where a man/woman's feelings are high until one feels he/she has reduced the shape of organism. That is to say, sexually satisfied after releasing in an actual play. This

can be done by use of artificial items like artificial penis to reach the woman's sexual desires.

CAUSES OF MASTURBATION

- ❖ Absence of sexual partner to many men who are used to their women, they masturbate because they dream about them in sexual play when they are away. For example, further studies.
- ❖ **High sexual desires:** commonly men who masturbate have high level for sex in that even when they play sex with their partners, they may not be fully satisfied.
- ❖ **Pornography influence:** Some youth who practice this act are addicted to it because they watch blue movies of love stories such acts are done and then copy also.
- ❖ **The fear to control STDs like HIV/AIDS:** Many people fulfill their sexual desires through masturbation which they know will not of all let them be infected at all with any STDs.
- ❖ **Peer group influence:** many youths today who practice this act copy it from their close friends when they associate with and do practice that act.
- ❖ The long stay in single life has also encouraged many youths who would love to play sex to enjoy it through masturbation.
- ❖ **Staying in single boarding schools** has also created a chance for young girls to learn this practice from their friends.
- ❖ **The fear to approach opposite sex:** Many boys and girls who have reached the stage of adolescence and have high sexual desires may hope for masturbation simple because they fear to talk to opposite sex about it.
- ❖ **The act of drug abuse:** Influence of drugs like cocaine, kuber may encourage someone to masturbate if she or he no close partner. These drugs create sexual instincts within the person who takes them.

- ❖ **A long sickness of sexual partner** may lead the other to practice masturbation whenever he thinks of sex and does not want to go out for adultery.
- ❖ **The fear to get unwanted pregnancies:** Girls commonly do this practice may be dodging pregnancy when they are not yet set for child care.
- ❖ **Poverty:** Some men practice it because of poverty they can't afford buying contraceptives like condoms in order to sleep with a woman and at the same time fear for impregnating of women.
- ❖ **Boredom and loneliness:** The more times a youth takes staying alone and thinking about sex or sleeping for much time is likely that the chances of masturbation will be high.

THE IMPACTS OF MASTURBATION

- ❖ It may destabilize one's work rate on efficiency if he/she practices it frequently and can even realize shame in public.
- ❖ It may bring public shame to a person like in a boarding school the one who is realizing that he/she is masturbating.
- ❖ It may become a habit to somebody and even when he/she gets married it will not stop.
- ❖ One's strength of work may be reduced especially if he comes to work after wet dreams at night.
- ❖ It may lead to serious punishments to young ones if found practicing it at home.
- ❖ It may cause damages to one's property especially the bed sheets and mattresses.
- ❖ It may create high fear factor/inferiority complex especially a man to approach opposite sex for sexual affairs if he has been much used to masturbation.

- ❖ The woman who uses artificial items like wooden penis may get damages to their reproductive organs.
- ❖ At school, it may interfere with one's academic performance and one might lose concentration at studies.
- ❖ It may lead to family breakdown if one of the partners realizes the other doing it.
- ❖ It may affect enjoyment of sex in the home because if a man first masturbates before meeting the wife, the woman may not be actually satisfied.

HOMOSEXUALITY/LESBIANISM

Is a form of sex played between people of the same sex especially the men themselves.

CAUSES OF HOMOSEXUALITY AND DEFILEMENT

- ❖ The fear to approach to opposite sex. (Shyness)
- ❖ Fear to get pregnancy and the requirements associated with it. That is to say, caring for the baby.
- ❖ The influence of pornography: Many youths these days watch and see men acting upon themselves sexually. This has caused the Ugandan citizens adopt it thinking it is a sign.
- ❖ Long staying in a single life especially in pure single boys boarding schools.
- ❖ The high desire for money. That is to say, some youth have engaged in it because they are promised high sum of money and even their sponsors practice it.
- ❖ Lack of opposite sex to live with as a partner in other words, women are scarce which makes men to do it.
- ❖ Barrenness/impotence on the side of a boy may make him fear to go for a woman who may later come to realize they do not produce children.

- ❖ Fear of responsibility as a requirement of future father in the home.
- ❖ Influence of peer group members who may also be engaged in it especially at school level.
- ❖ The influence of drugs like kubber, that may create quick sexual instincts to a man who fails to get a woman but can pick a fellow woman.
- ❖ Lack of sexual education lectures both at home and school.
- ❖ It may also be disappointment from a girlfriend when they would expect to be their future partners (wives)
- ❖ Mental illness (psychological problems) that may disorganize ones brain to the extent of completely hating woman

OUTCOMES OF HOMOSEXUALITY/LESBIANISM

- ❖ Both homosexual/lesbianism led to school dropout. This is because all school rules and regulation are against such habits.
- ❖ These sex acts have led to increase of STD like HIV, Syphilis, Gonorrhea and many others.
- ❖ A number of people have been imprisoned for practicing such sexual abuse which is a lawful in many countries.
- ❖ The two vices have also negatively affected the government because they are not productive business taxes can be changed.
- ❖ One loses respect in society if he or she is known to practice such a habit
- ❖ Such people who practice the habit of homosexuality/lesbianism do not have respect towards religion and society customs.
- ❖ More so people who practice homosexuality and lesbianism have led to decline in our traditional cultural where such acts never existed. Even those who practiced sex before marriage were heavily punished.

- ❖ Homosexuality and lesbianism has led to low population in the country. This has led to shortage of labor that would be used in the development of labor that would be used in the country.
- ❖ The two sexual acts are dangerous because in such places like schools, innocent boys and girls have been influenced to adopt the habits too.
- ❖ The act of homosexuality and lesbianism is dangerous in society because it has led to number of riots and demonstrations form the damage of some property and loss of lives.
- ❖ However, one who practices it may positively gain through earning some money to help solve his or her problems.
- ❖ Some people get some experience needed in future when marriage of the opposite future comes.

BIBLE OBJECTIONS TO HOMOSEXUALITY AND LESBIANISM

- ❖ According to God's creation he created male and female to live as partner in marriage not to live between man and man or female and female.
- ❖ According to God, sex was blessed to be played only in marriage and only between man and woman not people of the same sex. This is why God created Eve for Adam.
- ❖ According to Genesis 1:26-28, it is clearly stated that God told man and woman to be fruitful, multiply, and subdue the earth but homosexuality and lesbianism do not support it.
- ❖ According to Genesis 1:9, God does not support the two acts that are why he destroyed the cities of Sodom and Gomorrah for their acts of homosexuality.

- ❖ Christianity opposes the two acts basing on the teaching in 1Corinthians 6:9-10, where Paul says that the unrighteous like homosexuals will not inherit the kingdom of God.
- ❖ Again according to Corinthians, Paul teaches the people that their bodies are temples of the Holy Spirit which they shouldn't misuse 1Corinthians 6:19.
- ❖ The teaching in 1Timothy 1:9-10 also condemns immoral acts in society like homosexuality and lesbianism.

ACTIVITY 7

1. (a) “**homosexuality** is a satanic act”. As a Christian comment on this statement.
- (b) Suggest the ways in which the church can combat this evil.
- (a) Account for the rampant acts of masturbation in youths.
- 2.(a) Account for increasing cases of homosexuality in the modern society
- (b) Examine why Christianity is opposed to the practice of homosexuality

DAY 8

RAPE AND DEFILEMENT

Rape refers to the use of violence or force to have sex with an old woman without her consent.

Defilement refers to sexual intercourse between a man who may be above 18 years with a girl below 18 years according to laws of Uganda.

Today in Uganda, there are more practices of defilement and rape and the cross section of people to be involved in rape and defilement cases include pastors, teachers and students.

CAUSES OF RAPE AND DEFILEMENT

Cases of rape and defilement have increased in Uganda mainly because of the reasons discussed below:

- ✓ The failure of courts of law and the legal system to execute their duties has given chance for many people to get involved in rape and defilement.
- ✓ There is a lot of corruption and bribery in courts of law and the police plus the suspect relatives for example in 1999 Fred Mwanga who defiled a one-year baby in Matugga was released by Kawempe police station after imprisoning him for one month.
- ✓ The decline in religious conviction and the general breakdown of morals among people he also created space for rape and defilement in the society. For example, Rev. Father Anthony Musaala was the former spoken church minister serving in Rubaga Cathedral in 2013 was accused by fellow priests of sex crimes.
- ✓ The weak and unfair punishments passed on the suspects when proved guilty have also led to rape and defilement. The maximum sentence according to the law of Uganda is a death penalty but it has never been given to any suspect which makes those practices to continue.
- ✓ The procedures/techniques used in such cases to confirm the rapist or the defiler are impossible for example the victim has to be examined by the doctor who are normally placed in Kampala yet the cases of rape and defilement mainly occur in rural areas.

- ✓ Such cases normally attract the attention of the public since they appear to be interesting which may bias the judge due to publicity. For example, it is alleged that Musa Ecweru was arrested in 2001 suspected of defiling and impregnating the girl and since the case was involving the place, the minister was set free saying that e was innocent and the case was dismissed.
- ✓ There is a lot of missing files containing evidence against rapist or defilers in courts of law and police.
- ✓ Delays in court system whenever such cases come up for hearing simply because the police force in Uganda is in poor conditions and lack equipments to handle such cases.
- ✓ Suspects of rape and defilement normally escape from police cells because of poor structures of police stations in Uganda. That is to say, in rural areas some police cells are still made of mud or built using iron sheets easy to break.
- ✓ Both national and private media lack information about rape and defilement which makes two practices to continue in society.
- ✓ Lack of sensitization by police and courts of law about the seriousness and what must be done.
- ✓ Lack of facilitation by courts of law as it is gathering evidence against the suspect. The court may require victims to appear several times assuming she came from far and she cannot show up the case should be dismissed hence giving chance to victim to continue with his habit.

DANGERS OF RAPE AND DEFILEMENT

- ❖ Rape or defilement can lead to death in case one uses too much force upon a very weak opponent.
- ❖ Rape or defilement can lead to unwanted pregnancies causing over population in the country.

- ❖ Any of the two sexual misuses can cause imprisonment in case one is caught raping or defiling.
- ❖ Rape and defilement lead to increased spread of sexually transmitted diseases.
- ❖ One loses dignity or respect in the society if noticed.
- ❖ Rape and defilement do not cause enjoyment of sex to the people.
- ❖ If one is noted involved in rape or defilement, he may lead to mob justices.
- ❖ Rape or defilement causes barrenness to the women. The woman may have productive operations at the time of abortion.
- ❖ The girls lose their virginity meaning bride wealth may be lowered.
- ❖ It can lead dropping out of school especially if one received unwanted pregnancies.
- ❖ Rape or defilement can cause abnormal birth because girls may have got pregnant at a very tender age.
- ❖ Rape and defilement can cause parental denial. Parents may chase you out of home if you are caught as a defiler.
- ❖ The two evils of sex misuse can lead to risks of abortion which may result into birth/death.
- ❖ Rape and defilement causes physiological fortune to tiresome and may hate sex throughout her life.

THE WAYS HOW RAPE AND DEFILEMENT CAN BE REDUCED

- ❖ Rapists who are caught in acts should be counseled that they change their immoral behaviors but not just killing them by putting them on decidable.
- ❖ The rapists or defilers who are well known in a society should be advised to get sexual partners at home who can reduce on their sexual appetite.
- ❖ Indecent dressing in a society especially from the women side should be completely abolished in the public.
- ❖ The religious leaders should not be shy to talk about sex abuse in society most especially rape and defilement.
- ❖ Sex education should be re-awakened both at school and at home by the parents towards their children in terms of language.
- ❖ The government put strict laws on the production of pornographic materials such that the children should not get exposed to such materials like blue movies which change their behaviors sexually.
- ❖ Heavy punishments should be offered to offenders who have been caught in the act. For example, giving them hard labor and longtime such that they learn the lesson and also threatened others from doing it.
- ❖ The government should help by eliminating a rapist from the society by putting them in a special rehabilitation centre.
- ❖ Women should also be advised to watch their movements especially at night if they are to move near males in dark.
- ❖ Women should be advised by the elders to sit well in the public such that they would not expose their private parts which can attract the rapists.

- ❖ The government should try to reduce on the maturity age for the person such that even a woman of 16 years who is not busy with studies is free to get married.
- ❖ The government should try to provide more jobs opportunities such that idleness which can force one to defile/rape a woman could be eliminated in the society.
- ❖ The government should put strict laws which can arrest the person caught in defilement.

ACTIVITY 7

1. (a) Account for the increased cases of rape and defilement in Uganda.
- (b) Suggest the ways how rape and defilement can be reduced
- 2a) Account for the practice of sexual promiscuity in Uganda today.
- b) What measures can be applied to fight against sexual abuses in society?

DAY 8

ADULTERY

Adultery is when a married person is involved in sexual intercourse with another person other than his/her real married partner.

In other words, it is sexual intercourse outside the official marriage that's why people refer to it being unfaithful.

CAUSES OF ADULTERY

- ✓ Barrenness and impotence has made very many married people to commit adultery. Some times when one fails to produce, she may decide to look for children outside the official marriage and this is termed as adultery.

- ✓ Domestic violence or conflicts in marriages shows a lot of no love between man and woman and as a result cheating may be the solution and this is normally seen as a sign of revenge between the married couples.
- ✓ It is alleged that Hadijah Nasejje a former wife to pastor Kiganda of Christianity Focus Centre in Mengo Kisenyi Kampala city separated because the wife was cheating on the husband in 2006. She was caught in sexual love with Mukwasi a chapatti maker in the neighbour- hood.
- ✓ The increased level of poverty in homes especially where the husband can't provide the basic needs like clothes, food, shelter and look after the wife a woman will look for another man who can provide the necessities.
- ✓ Women emancipation where they claim to have equal with a man and they believe whatever a man does, they can also do it. The moment a woman suspects the husband cheating on her she will also get another man to revenge.
- ✓ Lack of sex satisfaction in marriage especially men who can't mark their wives end up committing adultery.
- ✓ Some partners in marriage have sexual libido to the extent that they can't be satisfied by a single married partner hence committing adultery.
- ✓ Long separation of married people leads to temptations which may result into committing adultery. That is to say, married men in Uganda going to work abroad leaving their partners in Uganda end up being attempted to adultery.
- ✓ The presence of contraceptives in form of pills, condoms and injections has made married partners to know that they are safe from pregnancy and STDs by using pills and condoms hence adultery.

- ✓ Producing children of same sex is used as an excuse to cheat their wives expecting to get child of another sex in side marriage.
- ✓ Peer group influence has contributed to adultery also in Uganda today.
- ✓ Lack of enough time for a partner especially where one claims to be so busy and most cases one may have decided to cheat on the other as the only solution and this most cases as a sign of revenge between married partners.
- ✓ Drug abuse like alcoholism which makes married people unable to control their sexual temptations hence resulting into adultery. For example, in 2008 the Buganda kingdom organized the celebration to mark the end of the year “**enkuuka**” where a married man was caught having sex with another woman.

DANGERS OF ADULTERY

- ✓ Adultery leads to frustration and psychological torture.
- ✓ It leads to easy spread of sexually transmitted diseases for example HIV/AIDS.
- ✓ It also leads to loss of dignity and respect in community.
- ✓ Unfaithfulness among the married people.
- ✓ It leads to abortion and sometimes barrenness.
- ✓ It leads to misunderstandings between families of the couples.
- ✓ It leads to unwanted pregnancies.
- ✓ It leads to loss of property among the partners.
- ✓ It undermines god’s image in man.
- ✓ The gift of sex loses meaning.
- ✓ It shows a bad example to children when they are shared as properties.

- ✓ Adultery may lead to death especially after a man is hurt by a woman. For example, Bathsheba and David who lost their first born son.

THE PROBABLE SOLUTIONS TO ADULTERY

- ❖ The government together with the non-government organizations should try to fight against people who use drugs like Viagra, cocaine, kubber which intense people's sexual desires even when they have nobody at home to cater for it.
- ❖ The person needs to be taken for guidance and counseling so as she/ he can change behavior from the advice of counselors.
- ❖ Advise people to avoid peer group influence.
- ❖ Advice should be given to the partners to get church marriage, observe their marriage vows and practice monogamous marriage.
- ❖ The government should put up strict laws about marriage. For example, the adulterous should be killed like the mosaic laws state.
- ❖ Partners should go together to enjoy their leisure activities like in movies to discuss about their difference.
- ❖ Marriage couples should respect one another in order to have a stable marriage. That is to say, companionship should be extended between the partners as the bible stresses.
- ❖ Partners should try their level best to satisfy one another sexually so as to avoid one from moving out to get sexual satisfaction from other partners.
- ❖ Partners should get nearby jobs to their homes as to reduce on the high chances of their partners moving out due to search for sexual satisfaction from other people.

BIBLICAL TEACHING ABOUT ADULTERY

- ✓ Man and woman found committing adultery were supposed to be stoned to death as indicated in Deuteronomy 22:22 hence adultery is a serious sin punishable by death.
- ✓ King David committed adultery with Bathsheba and produced a son who later died despite David's prayers. This means that although David repented but his son died because God hates adultery.
- ✓ Although sex is a blessing from God no man is allowed to have sex with another man's wife because such a man commits adultery which is against God's commandments (2 Sam 11)
- ✓ One of the things which made a person unclean in the Israelites community was adultery (Leviticus 18:20) hence the Mosaic Law is very clear and against this practice.
- ✓ Men were warned never to be tempted by the beauty and the eyes of another man's wife (Proverbs 5:23)
- ✓ In the Ten Commandments adultery is condemned for men and women. That is to say, a man is prohibited to have sexual intercourse with another man's wife as a woman.
- ✓ According to Mathew 5:31 divorce and adultery are condemned by God himself.
- ✓ Although adultery is a sin married partners should forgive each other for the sake of marriage relationship. For example, Hosea forgave his wife Gomer whenever she came back from her lovers (Hosea 4, 3)
- ✓ When Jesus was teaching about marriage, he said that a man who divorces his wife and marries another one commits adultery and the vice versa (Mark 10:11-12)

- ✓ John 8:1-12 present Jesus forgiving a woman who was caught committing adultery thus partners have to forgive each other since there is no sin which is unforgivable when one repents.
- ✓ In 1 Corinthians 7:10-11, there is a serious warning to married people not to leave their partners and always to reconcile.
- ✓ Lev 20:10 condemns adultery and goes ahead to say that both man and woman who commit adultery should be seriously punished since it is a sin in eyes of God

ABORTION

Abortion is the deliberate expulsion of the unborn child or foetus from the mother's womb yet it is still unable to live independent lives.

- ✓ Abortion differs from miscarriage in that it is intended while miscarriage occurs under natural circumstances.
- ✓ In many countries including Uganda abortion is illegal and discouraged by Christians since it is regarded as murder.
- ✓ Women activists argue that women should be given their rights to treat their bodies as they wish and nobody should penetrate their privacy. They have tried to push the law making abortion legal in Uganda.
- ✓ In African traditional society, abortion was very limited if at all was there. This is because young girls were careful not to conceive before marriage if they did so a lot of taboos and cleansing rituals were performed and this had to be done before the girl was fully accepted in the society.
- ✓ In some communities, the girl could be killed by the brothers once discovered pregnant and in other societies the girl was forced into marriage to avoid consequences and shame.

- ✓ In some countries like USA abortion is done freely without any restriction. A woman can move to any clinic and seek abortion services since it is legal.

JUSTIFICATION OF ABORTION

- ❖ Women urge that abortion should be legalized under the following circumstances;
- ❖ If the girl's/woman's pregnancy was a result of rape and there is no knowledge or information about the father to the child then abortion should be carried out. A woman or a girl should not be forced to bear against her will and under psychological torture.
- ❖ Abortion should be accepted of which it is the best escape route in case of unwanted pregnancy (if a woman forgot to take her pills and end up conceiving).
- ❖ If the cost of saving an unborn child is the death of the mother, then the best option to be done to save the mother by carrying out abortion.
- ❖ It can be justified if the child to be produced would be an economic burden to the family as a result of having many children. An additional child may create stress and lead to family instability therefore abortion should be allowed.
- ❖ If the child expected will be biologically deformed such a child will lead to wastage of resources and time and many do not live, normalize or die soon.
- ❖ Abortion can be help if a child is likely to be the sex which is not called for.
- ❖ Women also suggest that abortion is a private matter. The unborn is an extension of their mother's bodies so they have the right to remove any unwanted part of their bodies.

- ❖ Abortion can also be justified in case the pregnancy was of incest and would bring about disrespect in society and besides curses.
- ❖ Abortion can be a great weapon to use in fighting population growth which has a lot of negative effects like unemployment therefore it should be accepted.
- ❖ Gen 2:7 declares that man became a living being only after God giving him life and since breathing does not occur until birth the unborn is not yet fully a human until birth. Hey also say that abortion should be justified because there is nowhere in the bible where it is discouraged.

CHRISTIAN ARGUMENT AGAINST ABORTION

- ✓ In Psalms 1:39 human life begins in the womb, so terminating a pregnancy means ending a life of a human being. So abortion can't be justified in any way because it is murder.
- ✓ The bible and the church recognize God as the only giver of life and therefore the only one to take it ways. Therefore, abortion is a violation of the law of church and Holy Scriptures.
- ✓ Abortion may lead to serious complication such as defective cervix. This may result into bareness which undermines God's command of pro-creation (gen 1)
- ✓ Abortion may lead to death of the would -be mother. This is because of the crude methods used which may lead to high loss of blood or if abortion is carried out during early pregnancies.
- ✓ Abortion is associated with very many evils which is condemned by both the church and scientists. Therefore, those who practice it are looked at as prostitutes spoilt children without manners.

- ✓ Abortion cause psychological and emotional imbalances which may persist on even adult life. Therefore, you end up condemning yourself for killing an innocent baby.
- ✓ Abortion may promote immorality in society especially among school children. So, it should not be supported because it is against God's commandments.
- ✓ It is also against the Ugandan law for anybody to carry out abortion or assist somebody to do so therefore Christians are expected to respect the laws.
- ✓ Abortion may lead to loss of a very important person who could be beneficial in the future therefore the unborn should be given opportunity to live.
- ✓ In case of rape, abortion will be shifting blame to the innocent person, two wrongs do not equal to right.
- ✓ Abortion leads to loss of dignity therefore those who practice it are not respected.
- ✓ It can lead to imprisonment
- ✓ It leads to divorce in case of married people.

ACTIVITY 8

1. (a) Analyse the reasons often given in the campaign to legalize abortion.
- (b) What is the church's view on abortion?

DAY 9

PROSTITUTION

- ❖ This refers to sexual relationship in exchange for economic gains like money and other material things like phones, employment, clothes, chips and chicken.
- ❖ Prostitution is sometimes known as commercialized sex where young girls or women earn a living by offering their sexual services willing to give them to men for money and other items.
- ❖ Today in Uganda prostitution is an illegal practice but in some countries prostitution is allowed.
- ❖ This is the tendency of offering one's sexual services in exchange for money or any material benefit like a job creation in other word prostitution can be defined as the tendency of women accepting to be used by man as sexual machines to fulfill their lust but for exchange of some material gains like money
- ❖ According to Christian point of view prostitution is a sin since its one way of misusing the gift of sex. That is to say, sex is a free gift from God that's why Christianity condemns it.

CAUSES OF PROSTITUTION

- ❖ Prostitution is on an increase in Uganda because of wide spread pornographic materials. Such films and magazines of making love enticed the minds of some ladies to engage in prostitution. For example, the re-known singer Desire Luzinda was captured on camera and exposed on face-book enjoying sex, exposing her private parts in public in 2014. In some way a news reporter on Bukedde television by names of Ssanyu Robinah Mweruka was also captured on camera enjoying live sex with her boyfriend in 2015.

- ❖ Indecent dressing has also increased cases of prostitution. Such bad dressings which are provocative like mini- skirts, Madonna tops, leggings and many others have encouraged some men to engage in sex with such women.
- ❖ The surrounding environment can cause a woman to engage in prostitution. In areas where there are too many men with few women or where there are wars going on, prostitutes tend to be more. This is because their normal work may be affected by wars or the high number of men in an area tends to be keep demanding females for sex hence some women tend to become normal prostitutes.
- ❖ Many people have turned to prostitution because of misuse of labour. It is common to find ladies selling their bodies for sex around discotheques or bars for example around Angenair and club silk, club night Riders - Entebbe club Rizon in Kajjansi and many others. There are many prostitutes because many men get sexually aroused while dancing.
- ❖ The high level of poverty in the country biting up people has led to increased prostitution. With little work to do for a living, many women have resorted to prostitution for survival. For example, most women living in slums like Makerere - Kivulu, Kamwokya have no job and therefore in order to survive, prostitution is the alternative business to do.
- ❖ Irresponsible parenthood is another cause of prostitution. Almost all prostitutes in Uganda are prostitutes because their parents did not extend proper guidance and counseling to the girl child at the right time. A mother herself would have been got by the father from the business of prostitution.
- ❖ Prostitution is also a result of peer pressure. When one belongs to a given group of people who practice the act, it is like

smocking that you are also likely to adopt their behaviour. For instance, there are many young girls at higher institutions of learning especially Makerere University who are prostitutes because of the influence of their friends.

- ❖ Prostitution is on increase because of relaxed government laws. Many times, the police rounds up these women in various places especially around bars but in a short while they realize them, sometimes even without giving them any bribe. Worse still some of these police officers that are supposed to stop prostitution are their customers.
- ❖ Existence of condoms has widely spread the vice. Condoms give false feelings of security among many people that they can enjoy it in sex with various people without being infected but earning some money/a living. This is why many prostitutes in Kampala in well-known areas like Kabalagala, Angenair club usually carry condoms in their bags especially in the evenings.
- ❖ The high sexual lust. There are some people with an abnormal/huge/ high sexual appetite and cannot easily be satisfied with one man or woman. These are the ones who normally turn to prostitution although they may have husbands or wives at home. In Buganda such women are said to be suffering from “**Akasagazi**”.
- Many young ladies become prostitutes because of their strong admiration and greed for material wealth. Some women after seeing their friends putting on/wearing beautiful clothes, earrings, necklaces which attract them, and could not easily get money to buy them too, such girls especially in secondary schools opt to sleep with various men in order to collect enough money to buy the items they need.

- Many women have turned to prostitution in Uganda due to family breakups. There are various women sleeping in slums of Kampala with their children like “**Kimombasa**” and were dropped by their husband. The only alternative to survive is to engage in prostitution.
- Some people become prostitutes because they have failed to be married. The women who are frustrated by men sometimes end up on streets carrying out a business of prostitution. Worse still the population of women in Uganda according to the census reports carried out in 2014 indicated that women are more than men.
- Some people have become prostitutes due to hereditary factors. To a larger extent, a girl born from a mother who was a prostitute or too adulterous is likely to become a prostitute.
- The decline in cultural values has also contributed to high levels of prostitution in Uganda. Today very few people respect their cultures as find that some girls get married to boyfriends who are from the same clan but even if the elders warn them, they don’t want to change. This also makes prostitution open to girls who engage in sex before marriage.
- Failure to get a suitable marriage partner especially women who are educated who have waited for man to marry them but all ended in vain therefore they resorted to prostitution as a way of satisfying their sexual needs.
- Many people today engage in prostitution because of economic hardship desire to acquire necessities of life.
- Decline in punishment of sex offenders has greatly increased rate of prostitution today. Traditional people who misused sex

were severely punished and that's why there was no prostitution in African tradition.

- Peer group influence among women. Many force their friends to practice prostitution to make the ends meet. For example, some girls living in hostels around universities like Makerere University and Kyambogo University are convinced by their friends to look for money from rich old men in exchange for sex.
- Poor leisure activities especially people who love dancing at night and end up misbehaving sexually as a result of prostitution and becomes a source of booming places like Club Silk, Club Ambiance, Kabalagala pubs and Nandos, Speke road and Makindye where young girls or women hang out waiting for customers.
- Lack of sexual satisfaction has also made some people especially married people to engage in prostitution in order to be satisfied sexually.
- Frustration has made people to engage in prostitution today. In case of rejection by the partner due to incurable diseases like AIDS, barrenness people end up going for prostitution.
- The introduction of contraceptives like condoms, pills has increased the rate of prostitution in the society today. Today condoms have been distributed to people freely and this has made many people engage in prostitution because they do not get pregnant and HIV virus.
- Permissiveness in society has also led to high rate of prostitution. Uganda has accepted everything whether good or bad to penetrate their society. Because of this, it is normal to have sex with many men whether ugly, disabled as long as one can play sex.

- Lack of strict laws in Uganda has led to more cases of prostitution. It is very easy to identify prostitutes and where they hang out on roads in Kampala around radio One Kisenyi, Kibaati in Bayita these are well known for prostitutes and the government is doing nothing to go out with them.
- It is also caused by the environment where one stays in areas with many people like slums are likely to experience this practice. For example, it was reported in new vision 2010 that in some camps in Northern Uganda during the civil war of Kony and his enemies, women had already turned to prostitutes because of ready market.
- It is also believed that some girl become prostitutes through genetic factor. That is to say, girls inherit this practice. Therefore, they end up becoming prostitutes.

DANGERS OF PROSTITUTION

- It may cause political instabilities especially where some prostitutes do the business under cover spying for the government.
- It can lead to sexually transmitted diseases especially if there has been no protection.
- It can lead to family divorce. That is to say, if a man finds out that the wife is a prostitute he may divorce her.
- Sometimes it leads to family neglect especially when a man is too much taken up into wasting money in buying prostitutes yet his family members may suffer a lot.
- It can lead to lack of respect/dignity in the society especially if one is caught in the act.
- It can lead to imprisonment because in countries like Uganda, it is a crime committed against constitutional laws.

- On many occasions, children born by prostitutes are indisciplined because their parents do not have much time to guide them in their duty work.
- It undermines sex according to God's command regarding that sex should only be played in marriage.
- It's always biblically condemned because it's a misuse of one's body according to St. Paul's teaching, our bodies are temples of the holy spirit so we should use it to glorify God (1 Corinthians 6:13)
- It may lead to unwanted pregnancy which may lead to production of unwanted children but sometimes end up on streets.
- It can cause one to die that in case if one was impregnated accidentally and then wanted to abort.
- Prostitution leads to easy spread of sexually transmitted diseases due to multiply sexual partners involved that's why many girls and women practicing it have either died or infected with HIV.
- Prostitution has led to unwanted pregnancy since men do not want to use condoms in most cases. They overpower young girls or women which makes them to conceive against their will. Therefore, this has increased on the number of street children since they are mothers throw them on streets.
- Girls who engage in prostitution end up dropping out of school which affects their academics.
- Since the practice is illegal the city council authority normally surrounded the areas where the prostitutes carry out their business and arrested them and charged them for idle and disorderly.
- Prostitution has also led to misunderstandings among the married couples hence leading to divorce after one of the

partner's discovery that his or her fellow is involved in prostitution.

- The practice undermines God's image in young women and girls who decide to offer themselves in exchange of money. Others have accepted to have sex with dogs.
- Prostitution has also led to loss of self - respect to people who engage in it since it is looked as a bad act by the society.
- Prostitution leads to increased crime rates. That is to say, terrorists, murderers always use the girls and end up killing them.
- Prostitution is a bad practice to the young generation that's why in some urban centres around Kampala below the age of eighteen years already in the business.

SOLUTIONS TO THE PROBLEM OF PROSTITUTION

- ✓ Sex education should be emphasized especially to the young ones that they get to know the dangers of prostitution.
- ✓ The government should create employment to young girls and women who fall victim of this habit after failing to get jobs.
- ✓ Young people should involve themselves in constructive leisure where they benefit instead of getting involved in prostitution because their bodies act as God's temple.
- ✓ Prostitutes should be sensitized about dangers of the act.
- ✓ Christians should exercise self-control because they are guided by the Holy Spirit over worldly choices like sexual immorality.
- ✓ There is need to reduce exercise of selling drugs and alcohol since the bible says that it is foolish to take alcohol.
- ✓ Husbands are called upon to treat their wives with a lot of care, love and consider lesion because they are weaker.

- ✓ Parents should bring up their children in a Godly way. In other words, parents should teach them according to Christian principles.
- ✓ St. Paul addressed Christians to stay away from immoral people and he said that they destroy good Christians.

SHOULD PROSTITUTION BE LEGALIZED IN UGANDA?

There is a big moral and social-epical debate going on in Uganda as to whether or not prostitution should be legalized. The liberals say it should be legalized for economic and practical reasons. The conservatives say such a move should not even be considered at all.

From the Christian point of view however, prostitution is wrong and should not be tolerated.

- Christians believe the human body is the temple of the Holy Spirit and should thus be used for the glorification of God. who unites his body with that of the prostitute becomes physically warn with her and this is a sin (1 Cor 6:15-19)
- Sex is supposed to be practiced inside marriage only upon the consent of an adult male and female. Sexual intercourse outside marriage is wrong and scriptures say it makes one guilty of sinning against his own body (1 Cor 6:18).
- God intended the sex institution as a conduct through which procreation of man would be possible. Prostitution should not be legalized in Uganda because it undermines God's original intention and instead makes sex as a basis for earning money (Gen 1:28).
- By creating man, male and female, God thereby ordained sex and marriage institutions to be used to glorify his almighty

name. Prostitution does not add to God's glory and should therefore not be legalized (1 Corinthians 6:20)

- Scriptures say drunkards, sexual prevents and other such people shall not inherit the kingdom to come. Prostitution should not be legalized because it makes people sin against the will of God and bars them from inheriting the kingdom of glory (Gal 5:21).
- Likewise, prostitution should not be legalized because it lowers human dignity besides dehumanizing man, man was created in the image and likeness of God and that human bodies are his residing place (terbanacle). They should not be used for prostitution (Gen 1:20).
- Legalizing prostitution will make sexual immorality among the youth and the mature people spiral out of control. There will be so much sexual immorality that all decency will be lost. This is against the will of God. John 8:11, presents an account in which Jesus forbade the women caught in adultery from sinning anymore.
- Prostitution should not be legalized in Uganda because it's not built on love but lust. It's built on selfish interest of attaining sexual gratification and the woman is a mere sex object. Christians believe that consummation should be a consequence and expression of conceptual love and lust as a sin (Exodus 20)
- Likewise, it's wrong to encourage prostitution because scriptures say unlike all other sins, the sin of prostitution is a sin against one's own body (1 Corinthians 6:18). It's therefore unacceptable for one to indulge in such a sinful behavior.

- Sexual immorality and prostitution can lead to death and a person of sound mind needs to be careful. In fact, in biblical times, the penalty of prostitution or adultery was death (Deut 22:21). Besides, these women can bring their men to sudden death (Proverbs 7:26).
- God hates prostitutes and punishes them harshly. Religious (temple) prostitution is strongly prohibited and hated by God. In the same manner, money earned from prostitution should not be brought to the presence of the Lord in fulfillment of a vow, God hates this (Deut 23:17-18).
- Prostitution ought not to be condoned because God (acting through Moses) called upon Jewish men not to dare disgrace their daughters by making them serve as temple prostitutes. For example, Ezra 23 talks of sisters Oholah and Ohalilah who were both put to death by the Assyrians for being warriors.
- Prostitution should not be legalized in Uganda because it will encourage wasteful and extravagant expenditure and life style. It involves lots of money which ought to be put to better use. This is seen from the story of the prodigal son 9Luke 15:11ff)
- It's wrong to legalize prostitution because this will stumble the weak and lead them into evil. Christians are called upon to be mindful of their weak brethren and not to sway them from the path of truth or goodness (1 Cor 8:9

Note

The subject is built on Christian principle and at such the Christian position is that prostitution is sinful and should not be legalized. Avoid handling this issue as though it is in general paper

ACTIVITY 9

1. (a) “Prostitution should be legalized in Uganda”. As a Christian comment on this statement.
(b) As a Christian discuss whether prostitution should be legalized in Uganda.
2. “The church is responsible for the increasing rate of sexual abuses.” Discuss.
3. (a) Account for the long existence and increase of prostitution in Uganda.
(b) Suggest the ways in which the church can combat this evil.

ACTIVITY 10

4. (a) Account for the rampant pre-marital sex and sex out marriage in East Africa today.
(b) As a Christian what advice would you give to the perpetual of this habit?
5. a) “Parents are responsible for the increasing number of immoral children in Uganda” Discuss.
b) What is the Biblical teaching on parent-child relationship?
6. (a) Examine the African traditional view on Sex.
(b) How did the African provide sex education to their young ones?
9. (a) Account for the high-rate of fornication among the youth today.
(b) Explain the ways how Christians can address the problem of fornication in our society