**CENTRAL BUILDING: PHOTO SLIDESHOW**

**Photo: CentralBuilding01**

**Shop**: Lower School Art combines two-and three-dimensional skills-oriented programs.

**Photo: CentralBuilding02**

The Shop especially is considered an experiential room of possibilities. Friends’ interdisciplinary approach teaches children to use three-dimensional expression to enhance creativity and understanding.

**PHOTO: CentralBuilding03**

Peeking through the Shop window, you’re likely to see Lower School students donning goggles as they confidently wield hammers, saws, and drills to create three-dimensional art, or perhaps they’re immersed in printmaking, collage, construction, and textile work as they learn by doing.

**PHOTOS: CentralBuidling04 and CentralBuidling05. Repeat below caption for both these photos.**

For example, in second grade, the Science, Technology and Art Departments collaborate on a trebuchet—more commonly known as a catapult—project where students connect their knowledge of simple machines with their own designs to build and test their trebuchets, a project that supports and affirms their comprehension, skill, and, most importantly, their confidence.

**PHOTO: CentralBuilding06**

**Cafeteria**: Each morning, the school doors open to the inviting smells of freshly baked muffins coming from the cafeteria. But the cafeteria is not just a place to eat; it’s a lively community hub where all members of the Friends community—students, parents, caregivers, faculty, and staff— gather for conversation and connection before the school day begins. Delicious, nutritionally-based menus are prepared daily and always offer nut-free, dairy-free, gluten-free, and vegetarian options. For all students at Friends, meals are included in tuition, which means that each student gets to enjoy the variety of meals our dedicated staff prepares. A multicultural menu of hot dishes rotates daily, and a full salad bar and sandwich station offers additional options for our Middle and Upper School students to choose their lunches. Lower Schoolers enjoy supervised family-style dining based on the daily menu.