

FRITJOF J JOHNSON

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EDUCATION

San Antonio College
Paramedic Certificate

San Antonio, TX
Aug 2018 - July 2020

EXPERIENCE

ActionCare Ambulance
Paramedic

Centennial, CO
February 2021 - May 2022

- Provided 911 overflow for Denver Health Paramedics and 911 backup coverage for Southmetro EMS services
- Cared for patients who activated the 911 system in high and low stress situations according to Denver Metro protocols
- Performed non-emergent interfacility transports for local contracted hospitals
- Operated ambulance to local regulations including maintaining appearance and stock standards
- Provided Phlebotomy services for local nursing and rehabilitation facilities

SuperiorCare Ambulance
Paramedic

San Antonio TX
August 2020 - January 2021

- Provided emergent and non-emergent care to locally contract nursing facilities
- Provided critical transports for local standalone emergency departments and intensive care units using Alaris Medsystem 3 IV pumps and Allied AHP300 transport ventilators
- Attended monthly continuing education classes held by companies medical director

Med Care Ambulance
EMT-B

San Antonio TX
June 2019 - August 2019

- Provided scheduled non-emergent transports for non-ambulatory patients
- Maintained appearance and grooming to company standards

UPS Freight
Dockworker/Forklift Operator

San Antonio TX
June 2018 - January 2019

- Loaded and unloaded LTL freight trucks in a timely manner for daily deliveries
- Lifted heavy materials frequently including fallen freight and wooden pallets
- Maintained dock safety at all times identifying and preventing any dangerous situations

Schlitterbahn Waterparks
Lifeguard

New Braunfels TX
Jun 2015 - September 2017

- Monitored for and recognized emergency situations
- Performed CPR to American Heart Association standards
- Quickly administered first aid to anyone that required it

Bexar County
Public Information Intern

San Antonio TX
June 2016 - August 2016

- Worked close to the county judge, manager, and public information officer and attended and oversaw press conferences
- Accessed public documents upon publics request and organized spreadsheets of data

SKILLS

Works well in fast paced and high stress environments

Fluent in computer technology and Microsoft Office Suite

Great leader with concise communication

Enjoys training and educating students and new hires while also being very receptive to training myself

ACCOMPLISHMENTS

2021s Fastest Stroke Alert TPA time

Swedish Medical Center

Was the fastest door to needle time at arguably the Denver areas best stroke center. Also, was tied for all time fastest at seven minuets.

June 2021