

Pet Wellness Plans

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Hello, and welcome to your pet's wellness plan. Everything listed below is 20% off, and we include spay and neuter services if required. We aim to make sure your pet is as healthy as he or she can be at affordable prices!

Spay/Neuter

Spaying or neutering your pet helps avoid breeding-related problems, as well as genetic issues that can be passed down from mother to puppies or kittens. It will also prevent your pet from contributing to the current overpopulation problem. Spay and neuter services include:

- Pre-anesthetic physical exam/blood test
- Spay or neuter surgery
- Post-op and post-anesthetic care

Puppy

Exam schedule

Exams ensure your puppy is in tip-top shape, checking weight, checking for lumps and bumps, listening to your puppy's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your pup's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

Puppy	Heart Rate	Respiratory Rate	Mucous Membranes	Capillary Refill Time	Temperature in Celsius
Parameters	60 - 180	10 - 30	Salmon pink	<2.5	38.3 – 38.7
6 – 8 weeks					
10 – 12 weeks					
14 – 16 weeks					
Dog					
Yearly					
Senior Dog					
Every 6 months					

Vaccine Schedule

Vaccines offer extra protection against disease infection. As the antibodies from the mother's colostrum wanes, vaccines are given to help your puppy create its own immunity by stimulating its immune system with modified live, recombinant, or killed pathogens. Below you will find a timetable of vaccines given, and when.

Core	Type	Route	Age & Dose	Booster
Combination: Canine Distemper (or recombinant) + parvovirus + adenovirus-2 ± parainfluenza	Modified live/recombinant	SQ	<16 weeks -3: 6, 10, 14 or 8, 12, 16 weeks; >16 weeks - 2: 16 & 20 weeks; 1 dose: HIGH RISK over 20 weeks	1 year; 3+ years after
Rabies	Killed	SQ or IM	12+ weeks or state, provincial, or local requirement	1 – 3 years
<i>Non-core</i>				
Bordetella bronchisepta (virus ± calicivirus or bacteria)	Live/cellular antigen extract/outer surface protein	IN, SQ, or oral	<16 weeks - IN @ 8 – 16 weeks, earliest 3-4 weeks with high exposure risk; 1 dose IN high exposure risk; sustained risk annually after initial; >16 weeks - 2 SQ doses @ 8 weeks 2 – 4 weeks apart, 1 IN dose 3 – 4 weeks, or 1 buccal (cheek) dose @ 8 weeks; 2 SQ doses 2 – 4 weeks apart; 1 IN dose; 1 buccal dose	Sustained exposure risk: annually
Canine influenza virus-H3N8/H3N2	Killed	SQ	2 doses 2 – 4 weeks apart 6 – 8 weeks +, start 4 weeks prior to anticipated exposure risk	Sustained exposure risk: annually

(Sirois, 2021)

Dental Cleaning

Dental cleanings are as essential to tooth and pet health as daily brushings are and are usually recommended once a year. Factors causing deviance from yearly dentals are age, as senior dogs need cleanings more often than younger dogs, size, as smaller dogs require more frequent cleanings due to mouth overcrowding, and lifestyle, as harder food and frequent brushings can extend the time between cleanings. Adversely, soft food will decrease the time between cleanings. Pre-anesthetic exam and bloodwork for dental cleaning is included, along with scaling the teeth above and below the gumline and polishing after scaling. (Antioch Veterinary Hospital, n.d.)

Nail Trim

Regular nail trims prevent nails from becoming too long and interfering with normal pet activities. Puppies and dogs are recommended to have nail trims every 3 – 4 weeks. (Pet MD, 2022)

Kitten

Exam Schedule

Exams ensure your kitten is in tip-top shape, checking weight, checking for lumps and bumps, listening to your kitten's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your kitty's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

Kitten	Heart Rate	Respiratory Rate	Mucous Membranes	Capillary Refill Time	Temperature
Parameters	110 - 180	20 - 30	Salmon pink	<2.5	38.0 – 38.5
6 – 8 weeks					
10 – 12 weeks					
14 – 16 weeks					
Cat					
Yearly					

Senior Cat					
Every 6 months					

Vaccine Schedule

Vaccines offer extra protection against disease infection. As the antibodies from the mother's colostrum wanes, vaccines are given to help your kitten create its own immunity by stimulating its immune system with modified live, recombinant, or killed pathogens. Below you will find a timetable of vaccines given, and when.

Core	Age & Dose	Booster
Feline panleukopenia virus (FPV), feline herpesvirus-1 (FHV-1), feline calicivirus (FCV)	≤ 16 weeks - 6 weeks +, 3 – 5 weeks until 16 weeks, > 16 weeks 2 doses 3 – 4 weeks apart	1 dose 1 year after initial, then 3+ years
Rabies	≤ 16 weeks - 1 dose @ 12 – 16 weeks, > 16 weeks – 1 dose	1 – 3 years according to state or local ordinance
<i>Non-core</i>		
Feline leukemia virus (FeLV)	≤ 16 weeks – 2 doses 3 – 4 weeks apart, 8+ weeks; < 16 weeks – 2 doses 3 – 4 weeks apart	Highly recommended to 1 year of age; booster recommended for exposure risk – only FeLV cats vaccinated
Feline immunodeficiency virus (FIV)	≤ 16 weeks - 3 doses when indicated 8+ weeks, 2 doses 2 – 3 weeks apart after 1 st ; > 16 weeks – 3 doses when indicated 2 – 3 weeks apart	Annual for sustained risk

(Sirois, 2021)

Dental Cleaning

Dental cleanings are as essential to tooth and pet health as daily brushings are and are usually recommended once a year. Factors causing deviance from yearly dentals are age, as senior cats need cleanings more often than younger cats, and lifestyle, as harder food and frequent brushings can extend the time between cleanings. Adversely, soft food will decrease the time between cleanings. Below is a sample dental cleaning schedule. Pre-anesthetic exam and

bloodwork for dental cleaning is included, along with scaling the teeth above and below the gumline and polishing after scaling. (Antioch Veterinary Hospital, n.d.)

Nail Trim

Regular nail trims prevent nails from becoming too long and interfering with normal pet activities. Kittens and cats are recommended to have nail trims every 2 – 3 weeks. (All About Cats Veterinary Hospital, 2021)

Adult Dog – Indoors

Exam schedule

Exams ensure your dog is in tip-top shape, checking weight, checking for lumps and bumps, listening to your dog's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your pup's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

Puppy	Heart Rate	Respiratory Rate	Mucous Membranes	Capillary Refill Time	Temperature in Celsius
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10 – 12 weeks					
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Yearly					
Senior Dog					
Every 6 months					

Vaccine Schedule

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Combination: Canine Distemper (or recombinant) + parvovirus + adenovirus-2 + parainfluenza	Modified live/recombinant	SQ	<16 weeks -3: 6, 10, 14 or 8, 12, 16 weeks; >16 weeks - 2: 16 & 20 weeks; 1 dose: HIGH RISK over 20 weeks	1 year; 3+ years after
Rabies	Killed	SQ or IM	12+ weeks or state, provincial, or local requirement	1 – 3 years

(Sirois, 2021)

Dental Cleaning

Dental cleanings are as essential to tooth and pet health as daily brushings are and are usually recommended once a year. Factors causing deviance from yearly dentals are age, as senior dogs need cleanings more often than younger dogs, size, as smaller dogs require more frequent cleanings due to mouth overcrowding, and lifestyle, as harder food and frequent brushings can extend the time between cleanings. Adversely, soft food will decrease the time between cleanings. Below is a sample dental cleaning schedule. Pre-anesthetic exam and bloodwork for dental cleaning is included, along with scaling the teeth above and below the gumline and polishing after scaling. (Antioch Veterinary Hospital, n.d.)

Nail Trim

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Adult Cat – Indoors

Exam Schedule

Exams ensure your cat is in tip-top shape, checking weight, checking for lumps and bumps, listening to your cat's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your kitty's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make

sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

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10 – 12 weeks					
14 – 16 weeks					
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Yearly					
Senior Cat					
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Rabies	≤ 16 weeks - 1 dose @ 12 – 16 weeks, > 16 weeks – 1 dose	1 – 3 years according to state or local ordinance

(Sirois, 2021)

Dental Cleaning

Dental cleanings are as essential to tooth and pet health as daily brushings are and are usually recommended once a year. Factors causing deviance from yearly dentals are age, as senior cats need cleanings more often than younger cats, and lifestyle, as harder food and frequent brushings can extend the time between cleanings. Adversely, soft food will decrease the time between cleanings. Below is a sample dental cleaning schedule. Pre-anesthetic exam and bloodwork for dental cleaning is included, along with scaling the teeth above and below the gumline and polishing after scaling. (Antioch Veterinary Hospital, n.d.)

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Adult Dog – Outdoors

Exam schedule

Exams ensure your dog is in tip-top shape, checking weight, checking for lumps and bumps, listening to your dog's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your pup's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

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10 – 12 weeks					
14 – 16 weeks					
Dog					
Yearly					

Senior Dog					
Every 6 months					

Vaccine Schedule

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Rabies	Killed	SQ or IM	12+ weeks or state, provincial, or local requirement	1 – 3 years
<i>Non-core</i>				
Bordetella bronchisepta (virus ± calicivirus or bacteria)	Live/cellular antigen extract/outer surface protein	IN, SQ, or oral	<16 weeks - IN @ 8 – 16 weeks, earliest 3-4 weeks with high exposure risk; 1 dose IN high exposure risk; sustained risk annually after initial; >16 weeks - 2 SQ doses @ 8 weeks 2 – 4 weeks apart, 1 IN dose 3 – 4 weeks, or 1 buccal (cheek) dose @ 8 weeks; 2 SQ doses 2 – 4 weeks apart; 1 IN dose; 1 buccal dose	Sustained exposure risk: annually
Canine influenza virus-H3N8/H3N2	Killed	SQ	2 doses 2 – 4 weeks apart 6 – 8 weeks +, start 4 weeks prior to	Sustained exposure risk: annually

			anticipated exposure risk	
Borrelia burgdorferi (Lyme)	Killed/recombinant	SQ	2 doses 2-4 weeks apart @ 8 – 9 weeks +; last dose 2 – 4 weeks before anticipated exposure risk; 2 doses 2 – 4 weeks apart, last dose 2 – 4 weeks before anticipated exposure risk	Sustained exposure risk: annually
Leptospira	Killed	SQ	2 doses 2 – 4 weeks apart @ 8 – 9 weeks +; 2 doses 2 – 4 weeks apart	Sustained exposure risk: annually
Crotalus Atrox (Western diamondback rattlesnake vaccine)	Toxoid		Recommendation may depend on dog size & exposure risk level; current: 2 doses 1 month apart @ 4 months +; recommendation may depend on dog size & exposure risk level; current: 2 doses 1 month apart	Annual re-vaccination may depend on prior exposure, dog size & exposure risk; refer to manufacturer label

(Sirois, 2021)

Dental Cleaning

Dental cleanings are as essential to tooth and pet health as daily brushings are and are usually recommended once a year. Factors causing deviance from yearly dentals are age, as senior dogs need cleanings more often than younger dogs, size, as smaller dogs require more frequent cleanings due to mouth overcrowding, and lifestyle, as harder food and frequent brushings can extend the time between cleanings. Adversely, soft food will decrease the time between cleanings. Below is a sample dental cleaning schedule. Pre-anesthetic exam and bloodwork for dental cleaning is included, along with scaling the teeth above and below the gumline and polishing after scaling. (Antioch Veterinary Hospital, n.d.)

Nail Trim

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Adult Cat – Outdoors

Exam Schedule

Exams ensure your cat is in tip-top shape, checking weight, checking for lumps and bumps, listening to your cat's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your kitty's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

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Rabies	≤ 16 weeks - 1 dose @ 12 – 16 weeks, > 16 weeks – 1 dose	1 – 3 years according to state or local ordinance
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Feline leukemia virus (FeLV)	≤ 16 weeks – 2 doses 3 – 4 weeks apart, 8+ weeks; < 16 weeks – 2 doses 3 – 4 weeks apart	Highly recommended to 1 year of age; booster recommended for exposure risk – only FeLV cats vaccinated
Feline immunodeficiency virus (FIV)	≤ 16 weeks - 3 doses when indicated 8+ weeks, 2 doses 2 – 3 weeks apart after 1 st ; > 16 weeks – 3 doses when indicated 2 – 3 weeks apart	Annual for sustained risk

Feline infectious peritonitis (FIP)	Not generally recommended – known negative FIP vaccinations offer some protection	
Chlamydomphila felis	Follow manufacturer recommendations	
Bordetella bronchisepta	Follow manufacturer recommendations	

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Dental Cleaning

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Senior Dog – Indoors

Exam schedule

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Yearly					
Senior Dog					
Every 6 months					

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Nail Trim

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Senior Cat – Indoors

Exam Schedule

Exams ensure your cat is in tip-top shape, checking weight, checking for lumps and bumps, listening to your cat's heart and other organs, checking mucous membranes to make sure they're a healthy colour and have a normal capillary refill time, checking for a normal temperature and respiratory rate, and checking to see if your kitty's blood pressure is normal. We will also do blood panels, urinalysis, and fecal test in addition to the physical exam to make sure everything is ok at a cellular level. Exams will be scheduled for the same time and date as vaccines. Sample schedule with normal species parameters is below.

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Senior Dog – Outdoors

Exam schedule

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Rabies	Killed	SQ or IM	12+ weeks or state, provincial, or local requirement	1 – 3 years
<i>Non-core</i>				

Bordetella bronchisepta (virus ± calicivirus or bacteria)	Live/cellular antigen extract/outer surface protein	IN, SQ, or oral	<16 weeks - IN @ 8 – 16 weeks, earliest 3-4 weeks with high exposure risk; 1 dose IN high exposure risk; sustained risk annually after initial; >16 weeks - 2 SQ doses @ 8 weeks 2 – 4 weeks apart, 1 IN dose 3 – 4 weeks, or 1 buccal (cheek) dose @ 8 weeks; 2 SQ doses 2 – 4 weeks apart; 1 IN dose; 1 buccal dose	Sustained exposure risk: annually
Canine influenza virus-H3N8/H3N2	Killed	SQ	2 doses 2 – 4 weeks apart 6 – 8 weeks +, start 4 weeks prior to anticipated exposure risk	Sustained exposure risk: annually
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Crotalus Atrox (Western diamondback rattlesnake vaccine)	Toxoid		Recommendation may depend on dog size & exposure risk level; current: 2 doses 1 month apart @ 4 months +; recommendation may depend on dog size & exposure risk level;	Annual re-vaccination may depend on prior exposure, dog size & exposure risk; refer to manufacturer label

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Nail Trim

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Senior Cat – Outdoors

Exam Schedule

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Rabies	≤ 16 weeks - 1 dose @ 12 – 16 weeks, > 16 weeks – 1 dose	1 – 3 years according to state or local ordinance
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Feline leukemia virus (FeLV)	≤ 16 weeks – 2 doses 3 – 4 weeks apart, 8+ weeks; < 16 weeks – 2 doses 3 – 4 weeks apart	Highly recommended to 1 year of age; booster recommended for exposure risk – only FeLV cats vaccinated
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References:

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(Pet MD, 2022)

(Sirois, 2021)