

ABC Veterinary Clinic

123-456-7890

Dr. Roe, Dr. Morton, Dr. Larsen

Post Anesthesia Release Sheet

Please provide clean, dry bedding and a quiet place for your pet to recuperate. Please notify the hospital with any concerns.

DIET:

- ☐ Wait a few hours after arriving home to offer your pet water. Please give only a small amount. If no vomiting occurs, you may offer more water about an hour later. You may feed a small amount (1/4 normal amount) if water stays down.
- ☐ You may continue to feed your pet normally.
- ☐ Special diet instructions _____

ACTIVITY:

- ☐ Restrict exercise for 1 day. NO RUNNING, JUMPING, CLIMBING, OR BATHING.
- ☐ Restrict exercise for 7 days. NO RUNNING, JUMPING, CLIMBING, OR BATHING.
- ☐ Other _____

OTHER:

- ☐ Please use paper strips or pinto beans in place of litter for 7 days.
- ☐ Please return for booster vaccines in 3-4 weeks.
- ☐ Your pet's metabolism may permanently decrease after surgery. You may need to decrease the amount of food you feed in order to prevent obesity.

INCISION:

- ☐ Watch for swelling, redness, or drainage. Prevent scratching, rubbing, and licking of the incision. Please ask for an E-collar if you think your pet will lick the site.
- ☐ Ice incision for 5 minutes, 3 to 4 times daily for the first 72 hours.

MEDICATION:

- ☐ Give pain medication _____
- ☐ Give antibiotics _____
- ☐ Give other medication _____
- ☐ Start medication _____

FOLLOW UP VISITS:

- ☐ Recheck in _____ days.
- ☐ There is no need to return for suture removal; the skin was closed with absorbable suture or tissue adhesive.
- ☐ Not necessary unless you feel there is a problem.

Comments:

Doctor _____ Tech _____ Client _____ Date _____