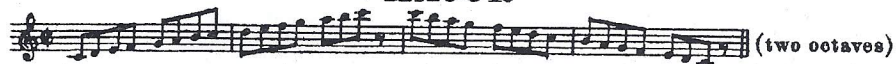


# DIATONIC SCALE PROGRESSIONS

## MAJOR



(Follow the numbers downward)

1  R L R L R L R L R <i>Observe rests strictly</i>	12  L R L R L R L R L
2  R L R L R L R L R L	13  L R L R L R L R L R
3  R L R L R L R L R R L R	14  L R L R L R L R L R L
4  R L R L R L R L R L R L	15  L R L R L R L R L R L R
5  R L R L R L R L R L R L	16  L R L R L R L R L R L R
6  R L R L R L R L R L R L R	17  L R L R L R L R L R L R L
7  R L R L R L R L R L R L R	18  L R L R L R L R L R L R L
8  R L R L R L R L R L R L R L	19  L R L R L R L R L R L R L R
9  R L R L R L R L R L R L R L	20  L R L R L R L R L R L R L R
10  R L R L R L R L R L R L R L R	21  L R L R L R L R L R L R L R L
11  R L R L R L R L R L R L R L R	22  L R L R L R L R L R L R L R L

Repeat each exercise 20 times.



## DIATONIC SCALE PROGRESSIONS

### MAJOR



(Follow the numbers downward)

1

L R L R L R L R L R L R L R L R

11

2

L R L R L R L R L R L R L R L R

12   
R L R L R L R L R L R L R L R L

3

13 

R L R L R L R L R L R L

4



L R L R L R L R L R L R L R L R

14 

R L R L R L R L R L R L R L R L

5



L R L R L R L R L R L R L R L R L R L R

15 

6   
L R L R L R L R L R L R L R L R L R L R

16

7

17

RRLRLRLRLRLRL RLRLRLRLRLRL

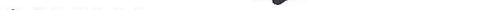
8 

18

9   
L R L R L R L R L R L R L R L R L R L R L R

19   
R L R L R L R L R L R L R L R L R L R L R L

[illegible]

20 



## DIATONIC SCALE EXERCISES

17

[illegible]