

# MY SOFT SKILLS CV



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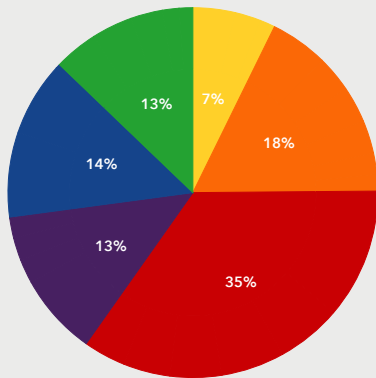
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## BEHAVIOURAL PROFILE

The Praise profile consists of 6 behavioural types illustrated with 6 colours. The distribution is shown in percentages and is calculated based on my own assessment and feedback from my network.

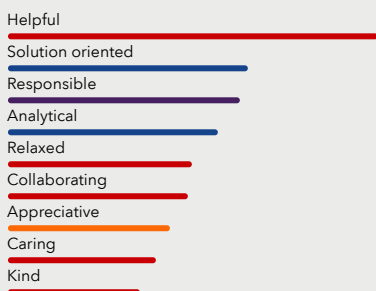


People in my network who provided feedback:

8

## SOFT SKILLS

The Soft Skills graph shows a distributed and weighted list of my top Soft Skills (behavioural traits) based on my own assessment and feedback from my network. There are 36 different Soft Skills in total, of which you see my 9 highest ranked.



## INTRODUCTION TO MY SOFT SKILLS CV

My Praise Soft Skills CV is automatically created based on my own assessment and input from my network. It describes my behavioural type, my strongest Soft Skills (behavioural traits) and how I use these to add value as a colleague.

A Praise Soft Skill profile consists of 6 behavioural types, each illustrated with its own colour, and 36 underlying Soft Skills. Most people have a dominating behavioural type but have behavioural traits from several types. If you are curious to learn more about Praise go to [www.praise.com](http://www.praise.com)

## HOW I ADD VALUE

As a colleague, I want to contribute to creating a positive working environment, and I am open towards everybody. At the same time, I think in a democratic way and I like to discuss my thoughts with my colleagues before deciding.

As a person, I work best in harmonious working environments with an informal and non-competitive atmosphere. In my opinion, a lot of important learning is lost if everything focuses on colleagues orchestrating themselves at the expense of the group.

## HOW I AM MOTIVATED

I am significantly the red colour; therefore, I mainly focus on creating inclusion for the people in my proximity, meaning that I am motivated by giving and receiving true care. If the empathetic brain is to work at its best, there must be a cosy and non-competitive environment.

## MY BEHAVIOURAL TYPES

### RED - HELPFUL

As a red person, I am good at creating a comfortable atmosphere. I empathise with others, am good at listening and am generally tolerant towards other people.

### ORANGE - INCLUSIVE

As an orange person, I am happy to take on the leading role. I show an interest in other people and am generally good at recognising others.

## MY TYPE COMBINATIONS

### RED + ORANGE

To me, the most important thing is that I and the people surrounding me have the best possible work conditions, and I am happy to take the lead in terms of ensuring everybody's well-being.

## MY 4 STRONGEST SOFT SKILLS

### HELPFUL

I like helping others whenever needed. In my work, this means that I am willing to support others and lend a helping hand, even if this is not necessarily expected of me. In addition, I might even compromise my own goals if this helps others to achieve theirs.

### RESPONSIBLE

I am good at fulfilling my obligations. In my work, this means that I like to be up front and make things happen, and that I am motivated by process developments. I am conscientious and I fulfil those requirements that I believe others to have of me.

### SOLUTION ORIENTED

I am good at presenting concrete proposals. In my work, this means that I want to make sure that the processes used have a practical goal. I am not good at working with hypotheses and processes that turn too theoretical or vague.

### ANALYTICAL

I am good at considering tasks and problems from various viewpoints. In my work, this means that I am good at analysing my topic thoroughly and considering advantages and disadvantages of a given situation or challenge. I might not work quickly but my assessments are usually correct.