

# WRIGHT BRACE & LIMB INC

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## ASPEN VISTA TLSO USE AND CARE INSTRUCTIONS

An Aspen Vista TLSO Spinal orthosis is prescribed to help relieve thoracic or thoracic and lumbar back pain or to provide support to the spine following spinal surgery or injury. It works by supporting the back and abdominal muscles and by limiting motion.

### HOW TO USE YOUR ASPEN VISAT TLSO

- Wear a snug fitting undershirt under your orthosis, it will absorb perspiration, protect your skin and help keep the orthosis clean.
- To apply your Aspen Vista TLSO, refer to the instructions on the back or attached page.

### HOW TO CARE FOR YOUR ASPEN VIST TLSO

- Wash the orthosis by hand in cool or cold water with a mild soap.  
Rinse well and allow to AIR DRY. DO NOT PUT YOUR ASPEN VISTA TLSO ORTHOSIS IN DRYER.

### IMPORTANT NOTES ABOUT YOUR ASPEN VISTA TLSO

An Aspen Vista TLSO is a specialized device. It is VERY important to keep all follow-up appointments made by your orthotist. Schedule an appointment at our office if any problems with your Aspen Vista TLSO occurs.