

Soft Body - 99.99% of Reality

3 forms of energy bodies / (potentials)

Master Mind: The mind that is capable of <sup>hold a group</sup> engaging a group in achieving a definite aim'

Human Energy Field / Potential / Soft Body

- 1 Emotions / feelings
- 2 Thoughts
- 3 Action

Grandhi Autobiography

Identify energy field development through emotions, thoughts and actions

Culture has thorough impact on energy field.

People who are sensitive readers can view feelings in others easily.

Who? People with pure feelings

Emotion: What we do with our feelings. (act on feelings)

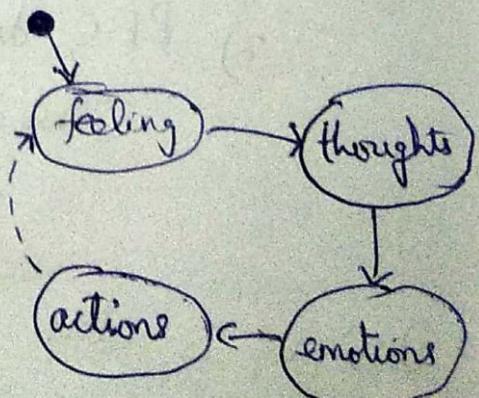
Anger is an emotion

To be controlled

First, feelings happen

Then thoughts emotions

Then actions (emotions)



## Right Brainers

Daniel Pink

Gandhi Teaches  
Decode  
the message

Right side emphasises on context.

Left brain performs analysis of details.

Right half is involved in combining the big picture. It imbibes characteristics such as artistry, empathy, play and transcendence (spirituality).

KN 2

is required  
Right directed thinking in humanities

What is PFC very capable of doing?

Major fn of PFC. (But starts with right brain)

Chief Features

1) PFC dares into the unknown

Creative: When there is chaos, putting things in order is creativity.

(A Thought is responsible for this).

Permutations & Combinations

Seeing the connections b/w things.

2) PFC does things that are new.

This is Soul of innovation.  
creativity

Design is the innovation required in today's world

Technology of redefining life. ✓

Why need to beautify things?

What is charm of beauty?

why we fear of beauty?

of our own tastes

Beauty becomes part of you. It enhances quality of

life. It helps give richness to life.

Design, Luxury

Design is not a luxury,  
we are not utilitarian society.

Whatever human beings take in life, they beautify it

Beautification helps things to be a part in our life

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Humans want quality of life.

Lost connectivity with growth and spirituality

We can't have hyper active career along with  
emotional bonding/family.

Reason: Fast life.

We need to slow down to cherish relations.

How AI has  
influenced the  
experience of our

KQ 3

Logic wants to keep a clear total  
we don't want to be treated logically.

e.g. Courtroom

Person complaining about another person who hit him.

Judge won't give punishment with this.

Need to go deeper. (Intention).

what the first person did  
which triggered the other

Humans love stories. (feelings, thoughts, emotions, action)

Story grasps total scope of human being.

1/3/19

→ Reason doesn't explain life.

We see a complete piece of life in stories.

Only people who have rich experience of 99.999%.  
(Consumers)

Symphony is fitting every small part in every suitable place.

Only in big picture, we know value of small part. Alone,  
the small part may not have a value.

Broader scope of things than merely delivering specific answers

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Multi-taskers people attending to many things at once.

Conceptual age: synthesising diff things into one  
big picture

Who are multitaskers?  
Right Brainers

Why are relationships imp?

Opinion: Isolation is death

The more you are in a relationship, the more we know our worth.

The person who shares his/her creative potential and helps people to become good (positive), they will be strong people having a strong team.

Hindi

Savjanya - courtesy

Destroying relationships will make us amputated.

Even in bad relationships, with good behaviour, we can create good image for them.

Stories make you realise importance of multi-tasking.

Your attention goes to several things happening in the story which leads to the ending.

Multi-taskers: Highly resourceful people

Resourcefulness: For our work, not just working with limited resources. we should be aware of how we can link with other departments and how other resources can be used for our work.

KQ4: Resourcefulness.

e.g.: Conducting workshop

Find connections and harness them

Leadership Attribute: Viewing world from someone else's shoes

Empathy is the ability to see the world from other people's perspective.

Depressed (pit)

live in the past

Stressed

Multi taskers energetic

never hit depression

enjoy . see big picture

Depression:

People getting up to meet boss and asking him to change your team.

Philosophy: Never say No

Energy potential

thoughts, emotions and actions put in order in a creative way.

Melody of from diff notes -  
fit for everything. ] Multi taskers

To play is to act out

Reaction

Creation

Bolly, good, lovely people - almost finished bad habit  
of reaction.

They developed their mind  
that they are ever in  
creation.

मिथ्या के तरीके

Points to be discovered in stories of Gandhi

1) Human Energy locus (HEL)  
place

Buddha: Thought makes you

Feelings happen w/o active participation in it.

EQ/emotions is in my charge

Action: Thorough impact on energy

Greetings, Standing when guest/teachers come

Wonderful writers

The one who leaves writing unadulterated

Problems attract attention  
humans are nervous about problems → leads to death  
(extreme)

Stories start with problems. (problem-teller)

Bad habits initially are very attractive

Falling is very easy

Rise up and to maintain yourself and to develop oneself  
is tough.

2/3/19 Human Energy Locus Another term for Soft Body

(प्रसातिष्ठ) Atonement - make

Emotions: What we do with our feelings

To be brave, we have to be a strong person.

Stealing coppers from servants

Desperate  
Pleasure

Feelings might happen but we  
can do away without any action.

Feelings: I will also do what uncle is doing.

Emotions have capability to  
hijack us (mind).

Emotions become debilitating when  
we have strong feelings and  
they can make us do things

Elders have a reign of discipline on children.

### Impatience

Gandhi: suicide

What kind of soft body? Feeling of getting independent.

Why do elders need to guide younger generation?

Teenage kept in control by elders

Adults have tough time handling teenagers. More fights

Stories written in a way such that ultimate is written in between the lines.

Damaging a person who moves around us makes life difficult for one who damages.

Causing harm to brother more impact than causing harm to servant.

Why elders guide young people?

→ wild world

→ PFC not developed

→ easily attracted to both good & bad

Showing in their own way

Feelings and emotions  
to unresigned

not able to have clear mind

Emotions

Reptilian brain - no concern for others

Self induced transformation - very important

Love is the factor

(bond b/w brothers)

Why confess to father and not brother?  
or mother

Why do we need to confess?

8/3/19

Why respect for elders?

When you respect elders,  
you don't cross question.

Gandhi committed mistake after mistake

Difference b/w mistake and sin?

Sin: Action done consciously

No cleansing without confession

take responsibility  
for the wrong that  
we have done

(needs high  
(moral awakening))

Reason:

Love for his  
brother  
(only to cm)

Brother: Might react

Mother:

Father:

Resolved to never steal again

Why he can't directly say?

fear of beaten up

1) Shame

2) Afraid of causing pain to father ✓

Gandhi Family:  
Ahimsa

Sensitive - Gandhi

Acknowledge dirty monster in him.

wants to cleanse himself.

(sense of love)

(we don't try to bring cruel details of our life in front of mother)

Ahimsa

Not inaction

Action of highest order

(only strong people can wield this)

why?

Paper torn

why father in agony?

People who love us have pure feelings for us.

Father took no action?

Because his feeling for Gandhi was pure

People of India

Feelings were not dependent on how a other person is.

independent of other being good or bad.

You are same irrespective of what other person is,

High order of understanding life,

so blame - lofty - high  
order  
(tough to understand)

If father had gold hands

Beats him

He will go in protection mode

Father cries

PFC growth stops

protect from insults -

Start getting demoralised -

and argue with elders

protective mood

speaking ill behind their backs

broken family

Father was responsible for shaping Gandhi.

Relationship

spiritual development

relationship

positively

sharing spark of soft body develops all involved

e.g. burning log, another log added

Topics to be covered

Soft Skills  
Master Mind

Soft Skills - Operation of EQ

You can't understand energy body, w/o literature

soft body

Slice of life is known.

what factors impact soft body

(thoughts - feelings - actions)

① What is to be indifferent & Passionate

People who fail to get involved - indifferent

snowflake over the leaf - indifferent people damage the company

Give reason for their inaction

Company is also your home

Presence is the sole reason. You need to involve and

Contributory

Passionate ↓

They never compete

passionate × indifferent

↓  
alive  
to  
surroundings

Highly passionate can gather more info than others

Company

passionate

Caring about  
other's lives

appreciate  
support  
motivate  
advise

② We are in charge of every situation

Becoming a brand ✓ A+ X

Being in memory of people

Daniel Pink

Read article

9:05am

Conker of untruth

Friday 9am

Team 1

- 1 Pragati
- 2 Sanya
- 3 Tejaswi
- 4 Priyanshu

Team 2

- 1 Navneet
- 2 Vishal
- 3 Sandeep
- 4 Pratyush
- 5 Koushik
- 6 Shrikumar

Rahul

Shubham  
Vats

Prakarsh  
Kanika  
Dhiman  
Himani  
Revati

Don't be a horse in a race. [People supporting in the stadium leave.  
Reach to certain standards set by society]

Passionate people are driven by love)

Passionate people can make any situation when come across any situation come out fertile

Branding skill

Do anything you are doing. But leave an impression

Create an irreversible brand in whatever you do

29/3/19

retentive - little to talk  
reserve

dissemble - hide your true feeling

Liberal Arts shine in the age of Artificial Intelligence

## Canker of Untruth

Canker - a disease

Canker of untruth - disease of speaking and living in untruth

↳ Being a lie is actually slow death'

Saying a lie kills you - Dr Daniel Amen

Kills Brain

Kills PFC

(HEL) Human Energy Locus  
(place)

Shun  
Leave

① Central Character  
② Theme

### Summary

③ Course of events

→ Problems related to speaking a lie

Hiding behind curtain of untruth kills you from inside

weight of untruth in mind

Token of kindness & gratitude

Gandhi moves to England to study. He finds cultural difference between Indian youth and youth of England.

Why Gandhi hid truth of child marriage?

Taken away by fear      Cure of lie

Fear that girls might not talk with him if he reveals the truth. Wants to be like other and follows suit

Conceal it. Don't Reveal it

Gandhi is being reserved. Feeling guilty about lying to a girl

and ditching her

→ Comes from belief system

Killing himself      We should not deceive anyone

Truth has made Gandhi enter into internal strife

Protection mode      (Flight mode)  
(run away)

Lie: Locks your PFC

Chandhi slow while going with daughter of bethle

Brain is locked  
Protection mode

Full strength not being put into use

Lie: You don't have your brain to function

Locking your own self  
In bitter company, we don't work well.

(Fear of getting insulted)

He felt bad deceiving the young lady who was so kind to him.

In the company of young lady, he came to enter growth mode.

Oxytocin secreted

Makes us think about others

If he left her, girl might have bitter feelings for men.

In any relationship if someone leaves,  
the other person feels he/she doesn't deserve it

Why confession in letter?  
proof

We do something bad and in return the other person does good.

and last, when do you feel bad about someone?  
(Oxytocin)

You equally like them

It's never too late to mend  
(right at 22:41:13)

Lie brings in the pain  
disease — small death

to lying made gandhi unable to use his brilliant power

To take responsibility of wrong things.  
— Evolution

Drafting letter

It was not easy to gandhi to do it

Responsibility of owning of our mistakes

Lying is not weapon in our hand.

Lying is our own coffin

Why did old woman write such a letter to him?

does

quandary - एफ एफ  
moral dilemma

## Soft Skills - Spiritual Quotient

UN Security Council Why India is not in it?

debating & discussion lines are getting blurred.

→ Most deaths due to Road Rage → India

→ India according to Business records is not conducive for businesses.

Oppressive Behaviour by seniors & work culture

Countries Skeptic about working with Indians

Unappreciative of young talent.

No freedom to dissent.

Mind Energy — Thought Power

placid = reserved

dented = hurt

eagle: clearest view

Who are eagle? Air sways itself

Surroundings

present

Information) Most advantageous of its

Tolerance / Patience

Tell truth in a way best used

Connect with people

Networking

non-diplomatic (foolish)

Human touch

(people present)

Poojash  
Rahul  
Shubham  
Siddhant  
Katyayoni  
Sayali  
Aniksha  
Ranika

Tejaswi  
Dhanashree  
Shubham  
Borley  
Harshith  
Malyaj

Pride is not my Energy - Tarak Patel

complex country (diverse) → appr.

economic progress | upper middle class - no concern for India  
more individual development and not of community / society

Criticism of lower strata

Verbal assault

status quo class system (colour system)

poor short  
fas (Dark colored, thin) - lower strata

Indian Women - better, Motherhood

Economic inequality

No long term vision.

Classes till 23<sup>rd</sup>

rich  
strong  
tall  
white

### Office

freedom to dissent  
for junior

India recognises people only if other countries recognise them.

Body Lang 2

Inferential Comm & Logical Fallacy 1

Chakra System

Soft Skills - Soft Body in operation → they are in power  
of now.

Passionate - → alive to the environment / life  
→ driven by love  
→ so interested, they are not competitive

Indifferent - Not interested in component of life

Competitive

undermining inferior

Skeptic

welsh  
self-defeating  
every root / leaf is important

Gangrene

- infection (generally toes)  
infection in capillaries → spreads  
we end up amputating part

- 1) passionate Vs Indifferent  
2) becoming a brand

(Soft Skills)

Leaving a memory of us in every task we do

Is it becoming a showman?

why do we want job?

Job

### Professional

- Make graph of life
- Contribute in development of from associated with picked up

### Service

Wait for 1<sup>st</sup> of month  
do work and leave  
No connect placed

Intention is attention  
Involution evolution  
Known by your work

PFC develops when you are passionate in whatever you do.

### 3) Networking Skills

Connecting on Internet?

Developing bonds

Social networking doesn't deserve the attention we currently give it.

I need to be in present, with people, in the now!

### Workplace

Hot Spot

PFC creative - If waves emitted oxygen is fuel to the fire in PFC

value for life  
money comes to those who value life.

### fellowship

turbo engine - looked by companies

team → fusion of energy complex

bias Do work wholeheartedly

### Interpersonal Skills

When you move out of bias (man-woman),  
we can develop.

If you want team to deliver, you need to love  
& respect

Insult leads to protective mechanism

Poorer in team work

Proper cultural grooming

4) Interpersonal Skills <sup>\* [No. 1 soft skill]</sup>  
What we speak becomes thought

5) Communication Skills in others

6) Stress Management

Reward  
More of responsibility, more the chances of getting stressed

How do you manage with your stress? Corporate interview ques

Ravati

Hierarchy  
Oppression

One nation

Myopia

Batyush

Complex  
diversity

Man & Woman  
Indifferent

Sanya

Standards  
Vision

Economic  
disparity  
Top 1% (74-84%)  
in  
country's share  
of GDP

Audience

Economic growth  
along with social  
justice

→ dignity of Labour

Why Indians

Lost empathy?

passivism - differences

Separation - our clinging to our narrow limited identities

Separateness - constant protection mode

2<sup>nd</sup> most (economic inequality sector) - India

1<sup>st</sup> Russia -

myopic → verbal assault → separateness → inequality

Empathy

Direction lies in sympathy.

Referee

Two India

① Rich	Men	Powerful
② Poor	Women	Not powerful

Burial of the Dead ~Subroto Bagchi  
Chief Minister Gold Medal Awardee

11/4/19

Group Discussion

Participants who keep men disqualified

Mind Tree Subroto Bagchi

what kind of Soft Skills does Subroto possess

Presentation

BOB, Upanashads

claypoint → people who can see au<sup>ta</sup>  
clairevoisance Chakra System

Sat: 9-10am

Friendship that becomes sour,  
the friend becomes more dangerous than enemy.

Breaking of relationship — an amputation

Fight for causes  
Don't fight for with people

Proof:

Chakra System

Indian Classic Music

heals/ develops

Nadi

L Important Part

Chakras operate through  
my thoughts

# Stress Management

How do you handle stress?

Friend knows everything about us

Friendship - love - no hiding  
open (share everything)

⑦ Hobby - Defeats Stress → imbalance in energy system  
Everyone needs a hobby Hijacks energy

Hobby: What we enjoy doing.

Eminent people have most cultivated hobbies.

Hobby - Self Discovery

Arts (Associate ourself with art)

Never drop off a hobby.

Hobby - Heals,

Develop ones interest

Holding on to home  
relationship  
job } expense  
output

Music  
Painting  
Reading

Hobby is input.

→ Parachute in times of stress

Mahader  
dead body / bodies a big place.

Dangerous job:

Mahader  
dedication  
care  
concern

undertaker

Do your job however small with earnestness and dedication,  
you will be a star

How is Mahader a high performer?

What makes Mahader diff from professionally qualified ?  
a professional

Care & concern

white sheet  
garland

12/11/19

We hear well when we are interested

Burial of the dead

Integrity

Empathy - Care & Concern white sheet & garland

Unsupervised - Initiative

(ability to certify one's own work)

Becoming a brand - Soft Skill involved

Professionalism - values

Who is a professional ?

→ Set a standard

prefers something  
↳ to follow  
something

7 slides  
20 upanishads  
10 Assignment Topics

1 Sincerity  
2 Dedicated  
3 Professionalism  
4 Value based operation



Who is professional?  
Professionalism comes with Personality quotient.

White collar job

You are the one who <sup>will</sup> decide how the work will be done.  
Boss is concerned with output.

What is personality?  
Vibes that we carry

Older generation is responsible for behaviour of younger generation

Old man who adopts  
Personality quotient

Value based operation

- Pure Intention

You build your energy complex  
when Pure Intention is present

When do we respect?

admiration / Character of the person  
affection ↓  
Qualities we possess  
shine as vibes Personality

We respect people who are superior in character

great people form a league

Why did people ~~buy~~ buy Mahadev an auto?

Mahadev started a culture - Promoted good feelings

Professionals make the culture in the empire they are working in.

values are promoted by value based work.  
setting a trend  
setting a standard  
people can't do without us  
life is lived in a good way, business is now to flourish  
institute - give values

work - bad parenting  
children

personality → League → Standard  
People join

ability to certify one's own work

Satisfied with our own work      self certified  
standard in the work  
done

### Master mind technique

Master	Servant
Set Standard	Needs supervision Follows the standards
Free with new ways of the work	

Be a master

12Cs (Compensation causing  
guy can also be a  
servant)

You own the job

# Master Mind Technique

① Definite Chief aim in Life - Progression

(Plan of growth) - most promising people      Purpose

Think Big. Firm base

Wield teams / authorities -

For this, we need to have progression planner

Work is to be shared

② Strong Team

13/4/19

③ Grooming the Talent

How it helps in master mind?

Talent is key to our success

Talent: special orientation

How we groom talent in a person?

Recognise talent in every common situation.

Parents & Teachers should give exposure

Talent: Brick of your career

④ Carrying your rule of Justice

Working relationships

comes with loads of stress)

do what the work requires. Don't expect returns

Dwyantha Intention

Impure

- Always thinking about himself

no concern for dharm

'do' is the requirement  
we need to try in order  
to understand our orientation

March 1982 Richard Chamberlain  
classic

horrible appeal - business interest in people

sense of justice - not looking for return

provoke, move, evoking people to give the work what it <sup>needs.</sup> goes

Human Energy Complex

Don't invite people for work by offering some incentive

Time Mgmt Power of Now

Harmony

Stocks Mgmt

Schools

80-90% teachers  
women

Higher Institutes

80-90% teachers  
men

① What impact will it have on students by gender of teacher?

2

China plans gender parity in schools.

Brazil constitution school teachers - second mothers

Parties - boys acting as female

tomboys - females acting like boys