

ERIC

Education and
Resources for
Improving **C**hildhood
continence

About

- ERIC is a Bristol based charity aimed at helping children and teens with continence problems.
- They currently have a website with plenty of information that can be found at <http://www.eric.org.uk/>
- They have asked us to design a phone application to be used mostly by teens or children with their parents.

Requested/Suggested Features

- Information pages.
- Questionnaires and charts for children to complete to help them understand why they're wet at night and what might help them to get dry.
- Top tips.
- Guideline amounts that children should be drinking.

More...

- **Bedwetting diary** for children to record their dry and wet nights which could be linked to a ...
- **Drinking diary** allowing them to records when and what they have drunk in the day and to see if there is a connection between the two (i.e. fizzy drinks have been known to cause a problem).
- **Bedwetting alarm chart** for those

Points to remember

- Information recorded by teens and children using this app is **personal** and should be treated as such.
- This is an app that will be **used by both teens and children** so it should be appropriate for all age groups.
- **All information** on the application should be **accurate** and from ERIC's website or another reliable source (i.e. NHS).

Finally...

- ERIC have been very flexible about the design so please use your imagination! They have asked that you surprise them (pleasantly...).
- ERIC will have representatives at the presentations tomorrow, so make something that will impress them!
- I have some more links I can send to students that choose to work on this project with more information.

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