

Registering for a Family Physician in Québec

In Québec, access to a family physician or a primary care nurse practitioner (Infirmière praticienne spécialisée en soins de première ligne – IPSPL) is mainly provided through the Family Physician Access Point (Guichet d'accès à un médecin de famille – GAMF). This government service allows individuals who do not currently have a family physician to register and ensures that requests are prioritized based on health status.

Step 1 – Register with the Family Physician Access Point (GAMF)

Registration can be completed:

1. Online, through the official Government of Québec website:

<https://www.quebec.ca/en/health/finding-a-resource/quebec-family-doctor-finder>

2. By telephone, by contacting the access point for your region.

Find your regional contact information: <https://sante.gouv.qc.ca/en/votre-gaco/>

Note: During registration, certain health-related questions may be asked to assess your level of priority.

Step 2 – Assignment of a Physician or IPSPL

Once registered, your request is reviewed. Individuals with greater medical needs may be given priority. Waiting times vary depending on the region and the availability of family physicians or IPSPLs.

Important Information

- Registration with the GAMF is free of charge
- You may update your file at any time
- Contact the *Guichet d'accès pour la clientèle orpheline* (GACO) if you believe that a change in your health status could affect your level of priority

For more information, please consult the website of the Québec Ministry of Health and Social Services or contact your local CLSC.

Register with the Family Physician Access Point (GAMF)



Quick link to GAMF



Find your regional GACO contact

Book an appointment in a clinic through the Primary Care Access Point (GAP)



Quick link to GAP numérique



By phone: 811, option 3

8:00am to 8:00pm on weekdays + 8:00am to 4:00pm on weekends/holidays